

# The Respiratory, GI Lab (lecture ) Review

D.HAMMOUDI, MD

Prince George community college

Tutoring Center Lago



PRINCE GEORGE'S  
COMMUNITY COLLEGE

<http://sinoemedicalassociation.org/anatomyphysiology>

# Respiratory Models part 1



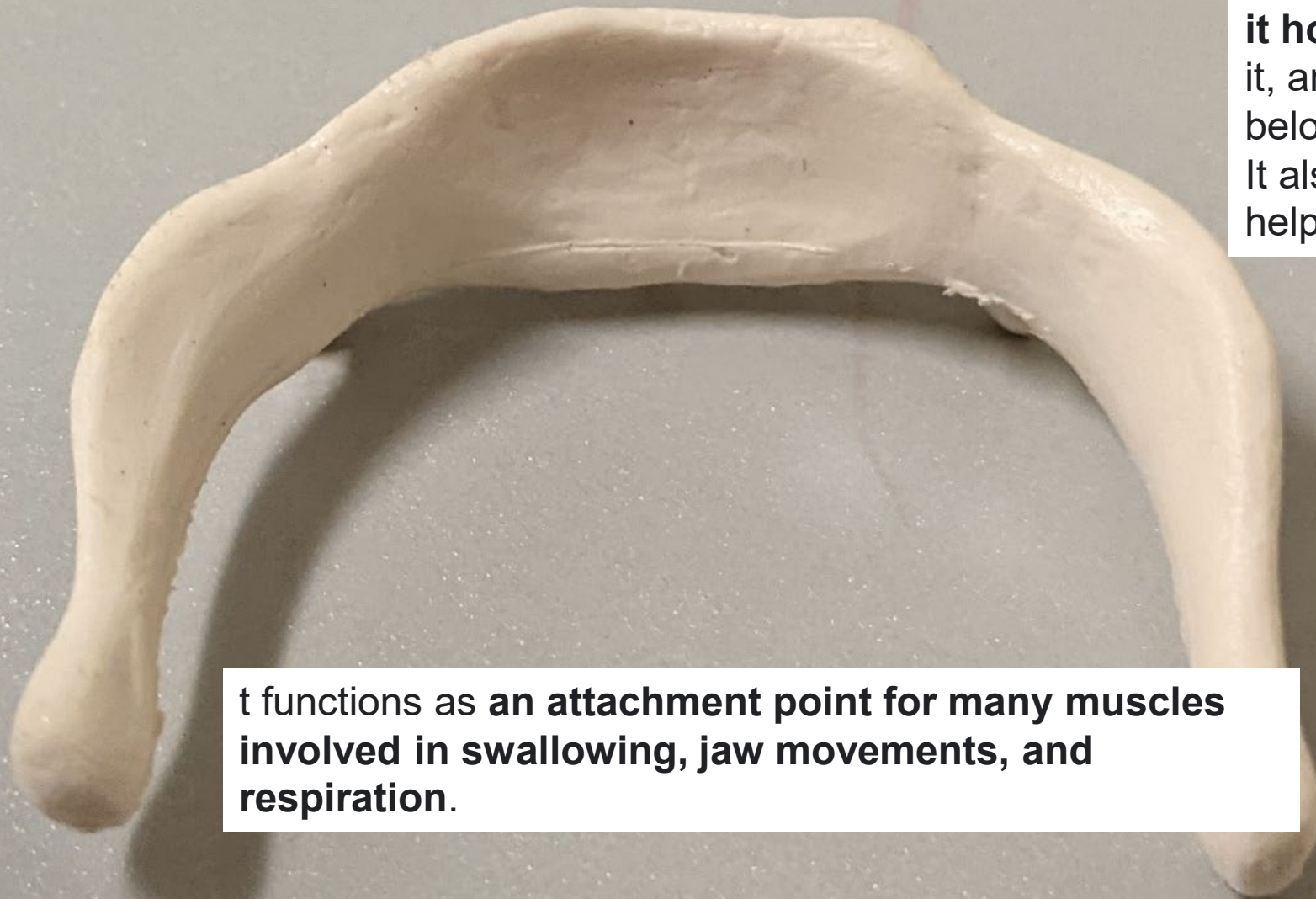
Identify and function?



Identify and function?

**it holds up the tongue**, which sits above it, and it holds up the larynx, which hangs below it. Opening the airway  
It also transmits the force of muscles that help to open the jaw.

It functions as an **attachment point for many muscles** involved in swallowing, jaw movements, and respiration.





# Respiratory Upper Conducting Passageway

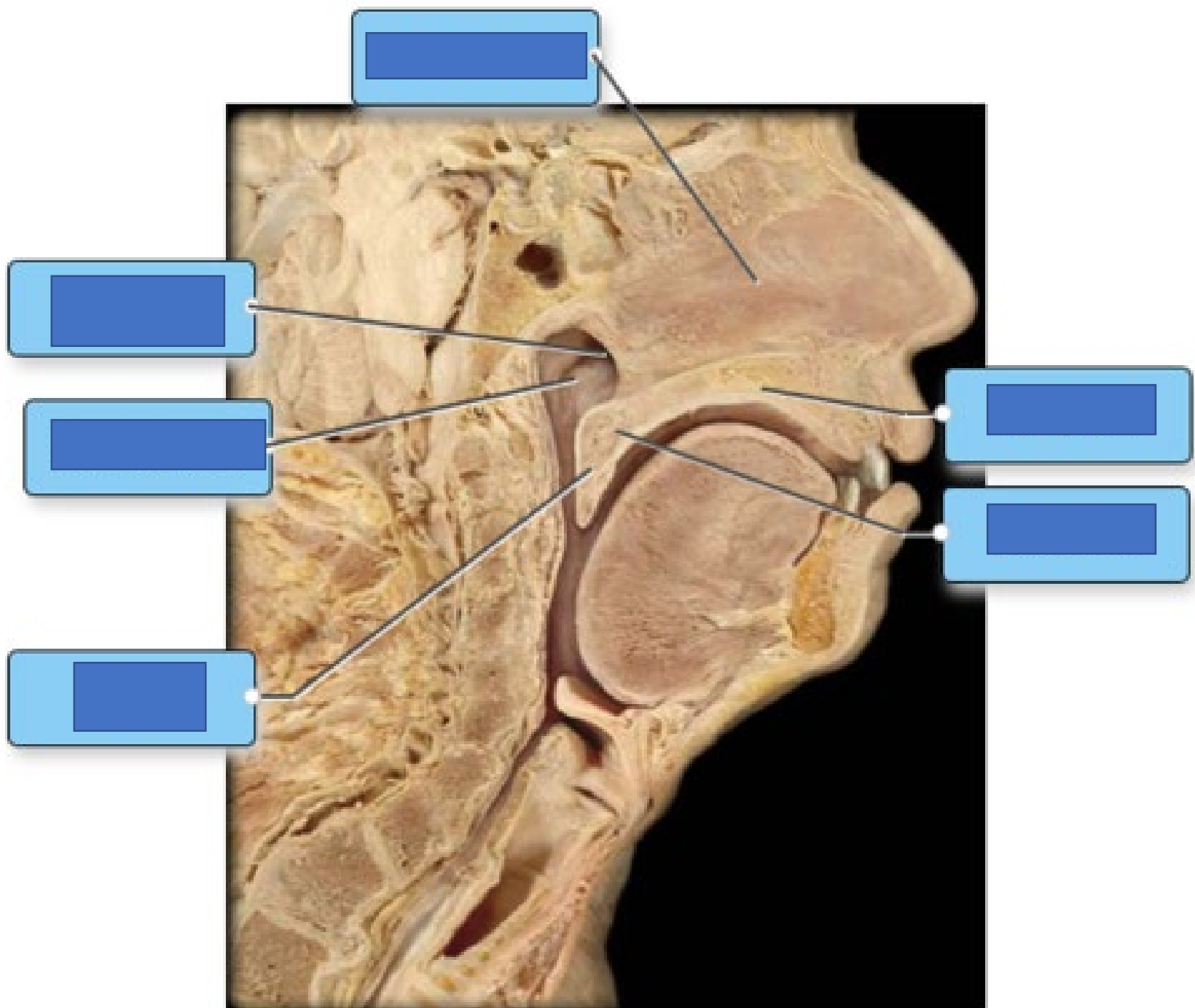


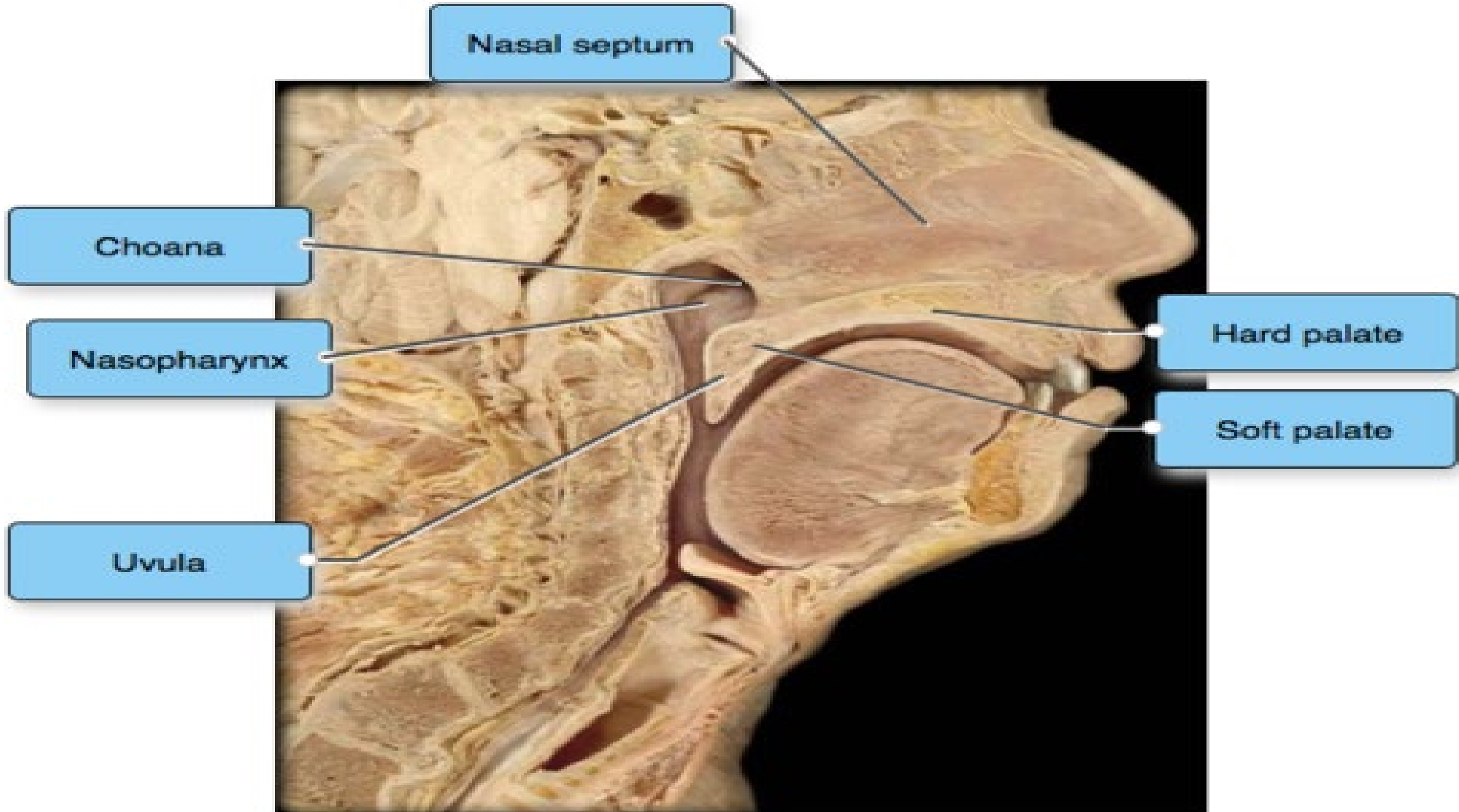
## Respiratory Upper Conducting Passageway



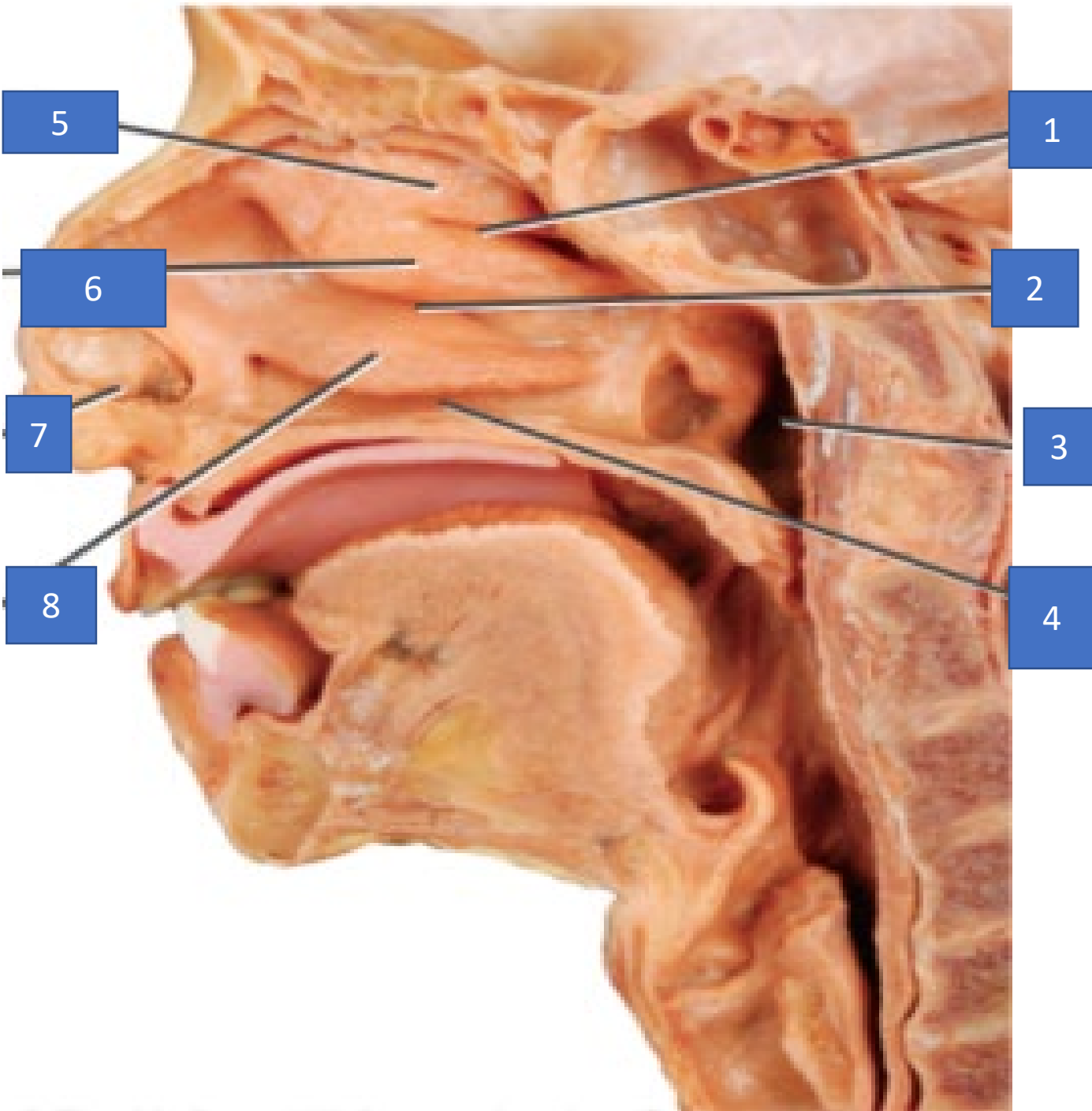
Nasal Conchae



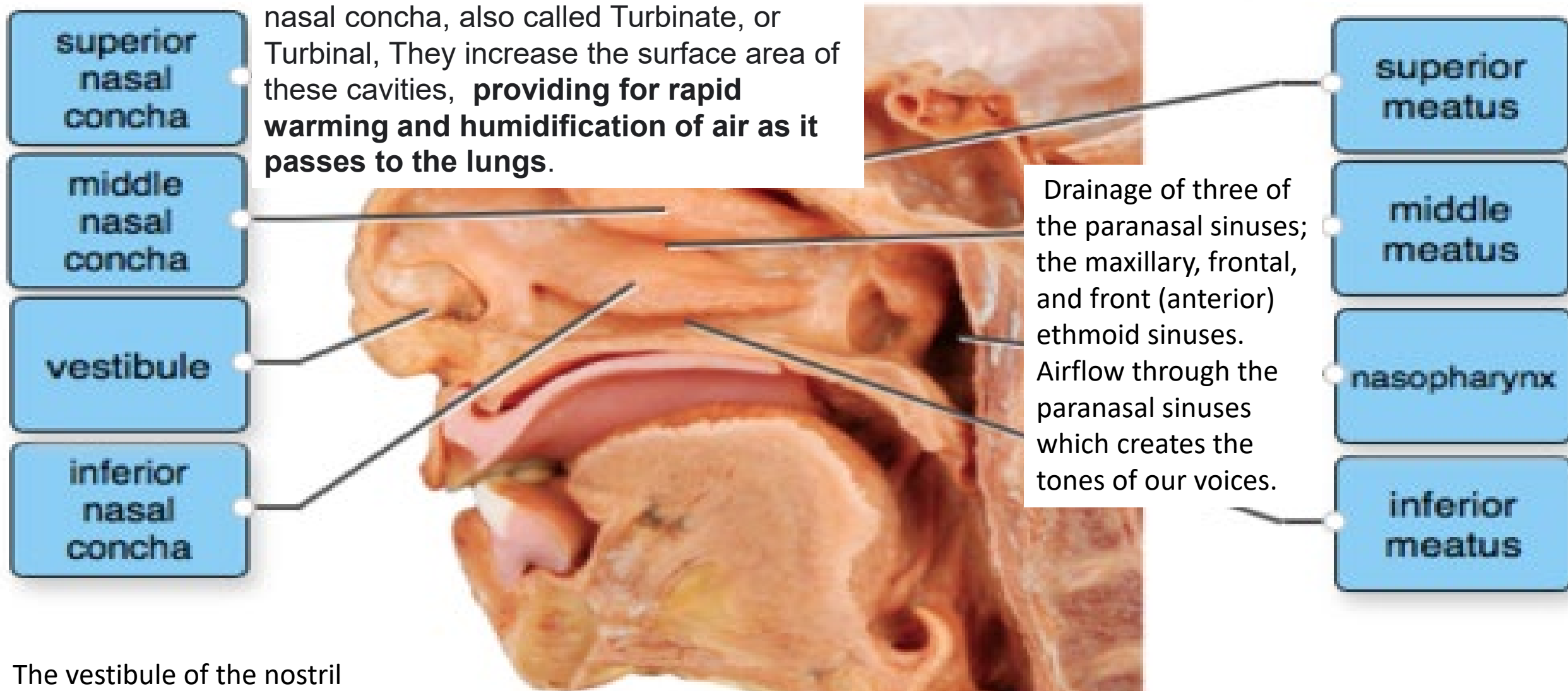








Identify these structures?



superior nasal concha

middle nasal concha

vestibule

inferior nasal concha

nasal concha, also called Turbinate, or Turbinal, They increase the surface area of these cavities, **providing for rapid warming and humidification of air as it passes to the lungs.**

superior meatus

middle meatus

nasopharynx

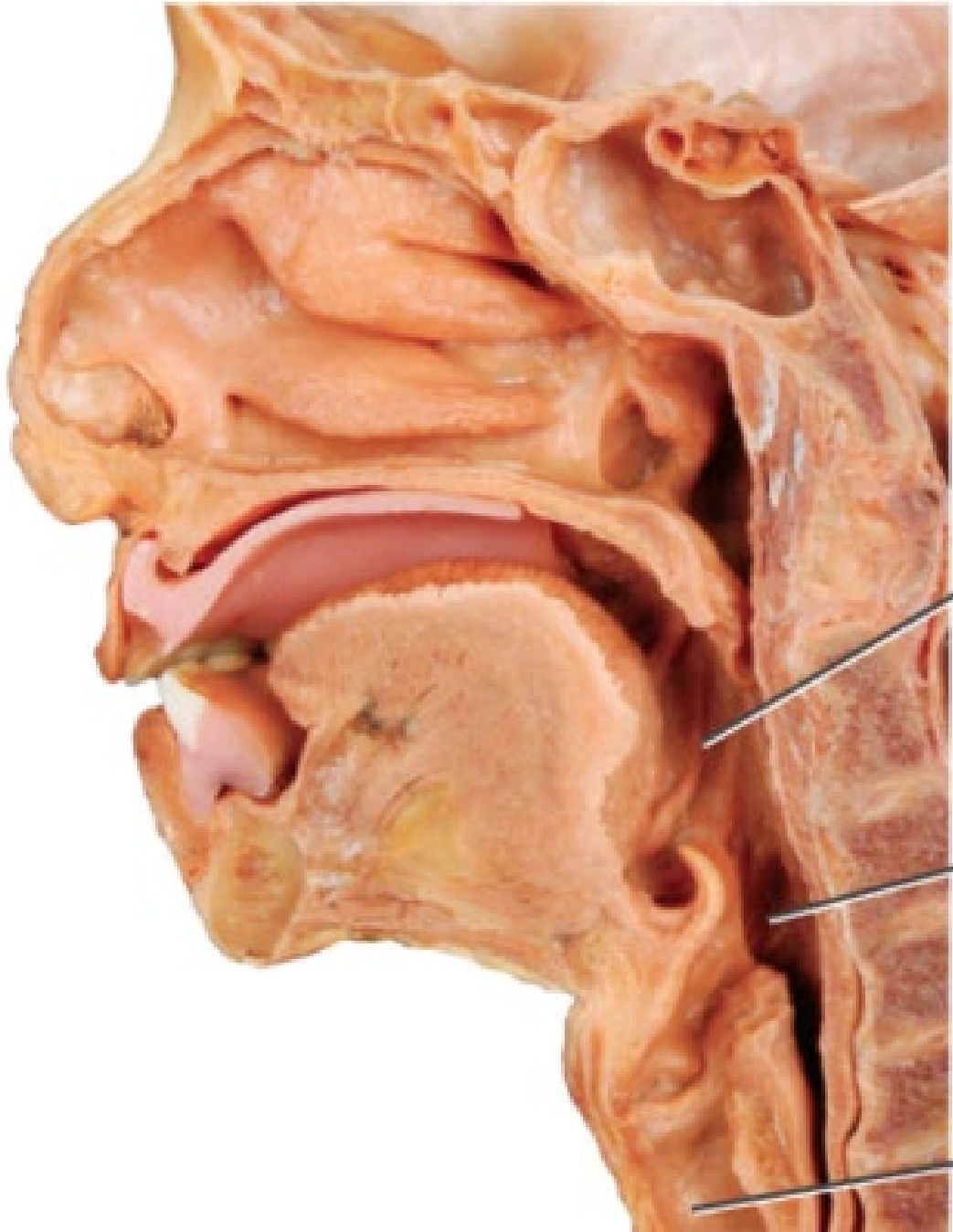
inferior meatus

Drainage of three of the paranasal sinuses; the maxillary, frontal, and front (anterior) ethmoid sinuses. Airflow through the paranasal sinuses which creates the tones of our voices.

The vestibule of the nostril contains small, coarse hairs. These hairs help filter dust, sand, and other particles to keep them from entering the lungs.

The nasopharynx functions as an airway in the respiratory system. Also contained within the nasopharynx are the adenoids, or pharyngeal tonsils. The oropharynx is the middle portion of the pharynx, working with both the respiratory and digestive systems.



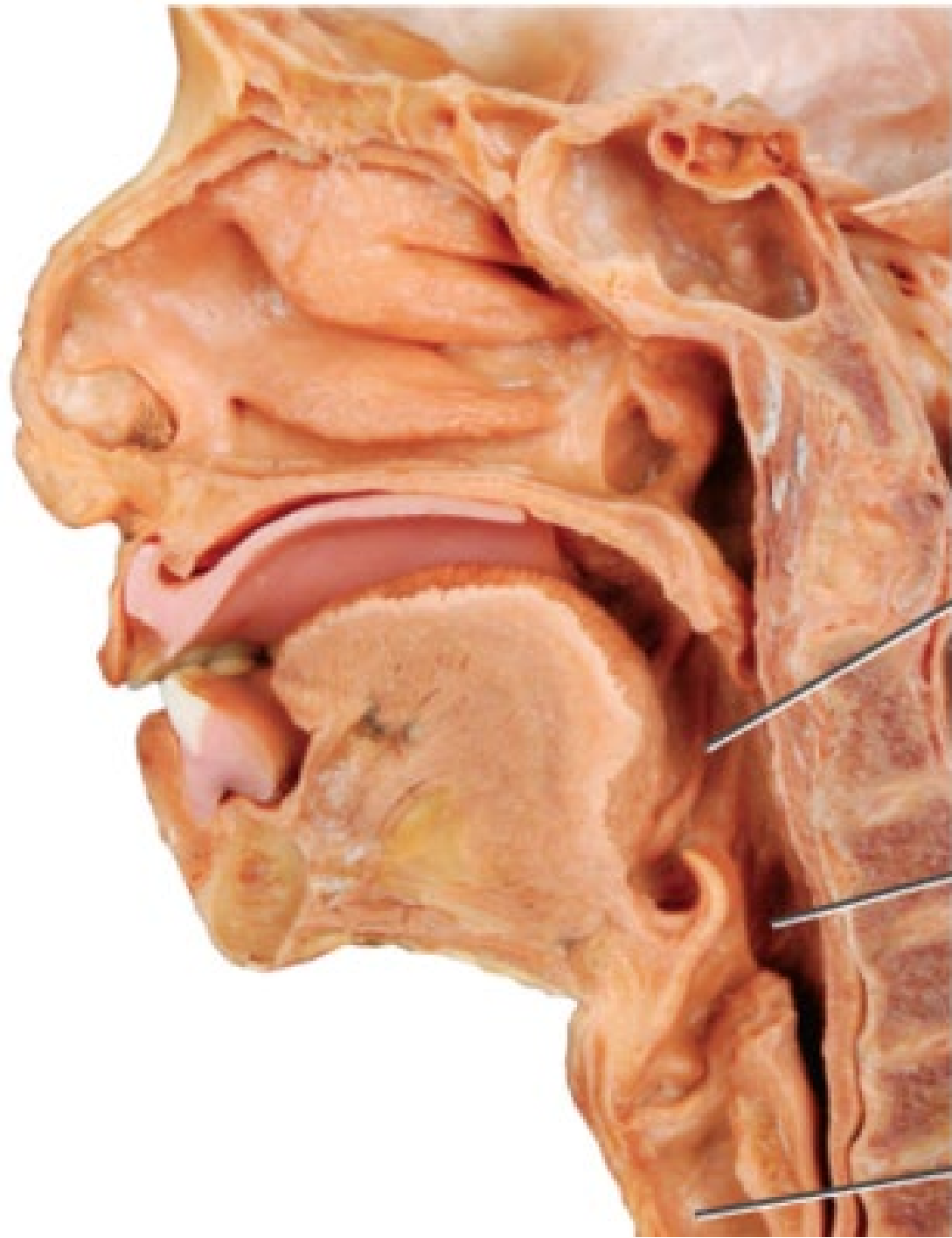


Identify the laryngopharynx, oropharynx, and lumen of larynx.

1

2

3



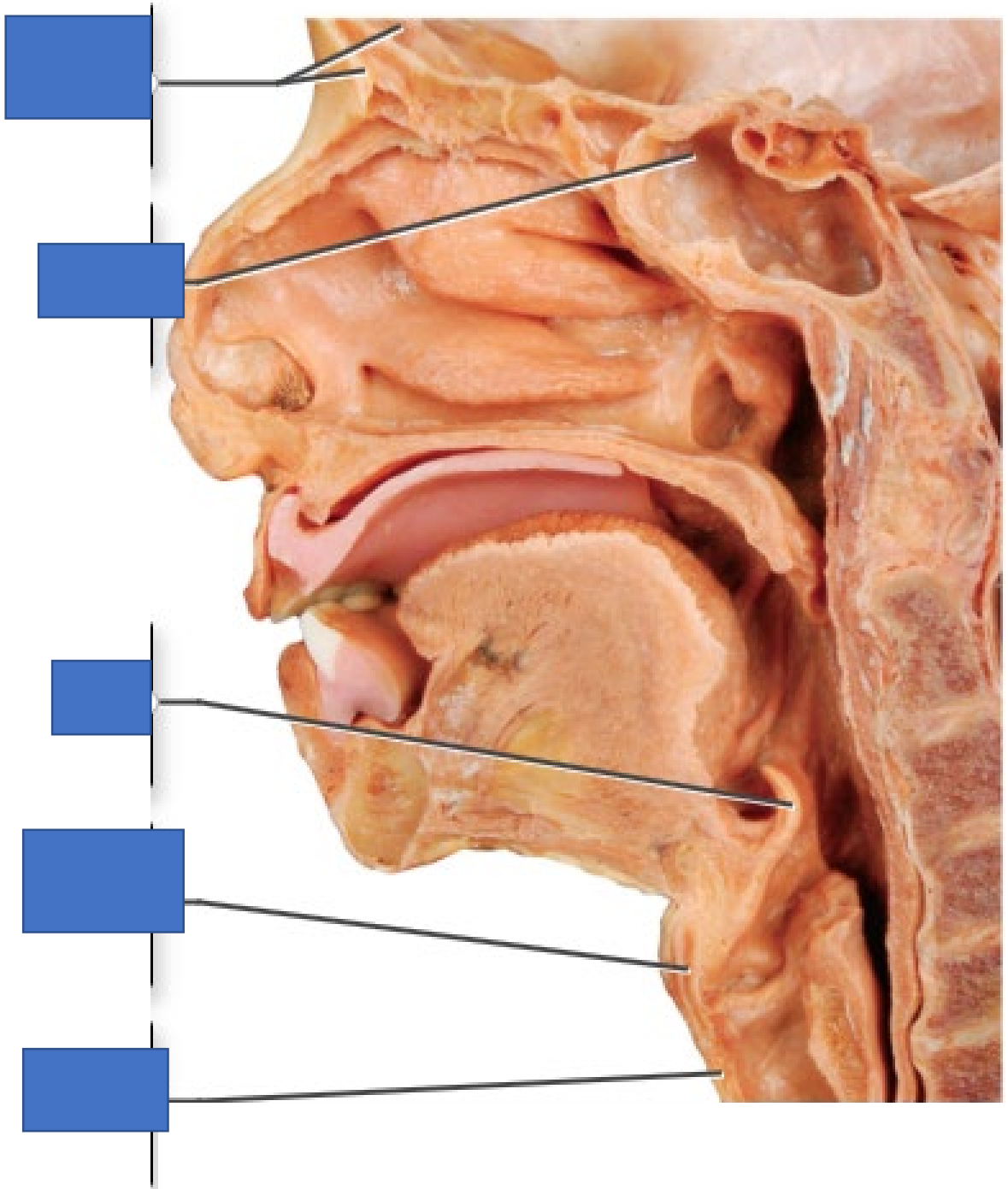
oropharynx

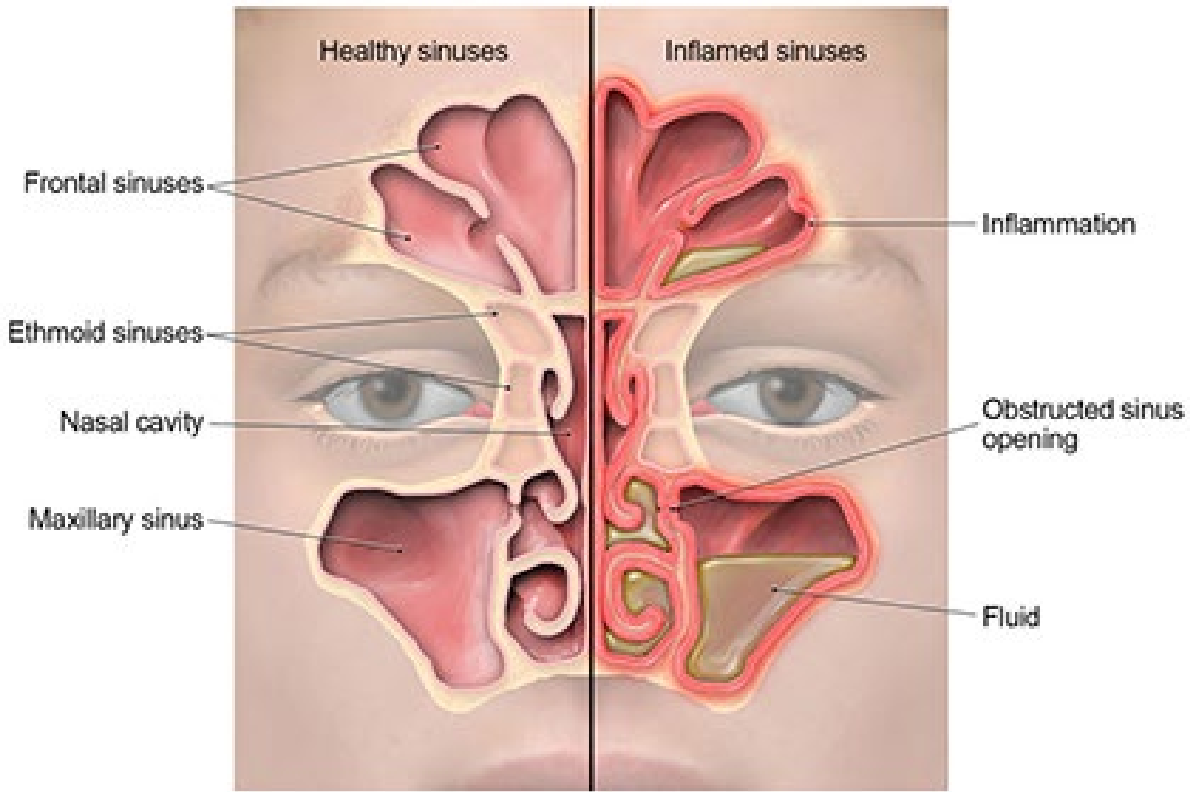
**The oropharynx** serves both the respiratory and digestive systems. The oropharynx is the critical region that joins the oral cavity and nasopharynx with the larynx and hypopharynx.

laryngopharynx

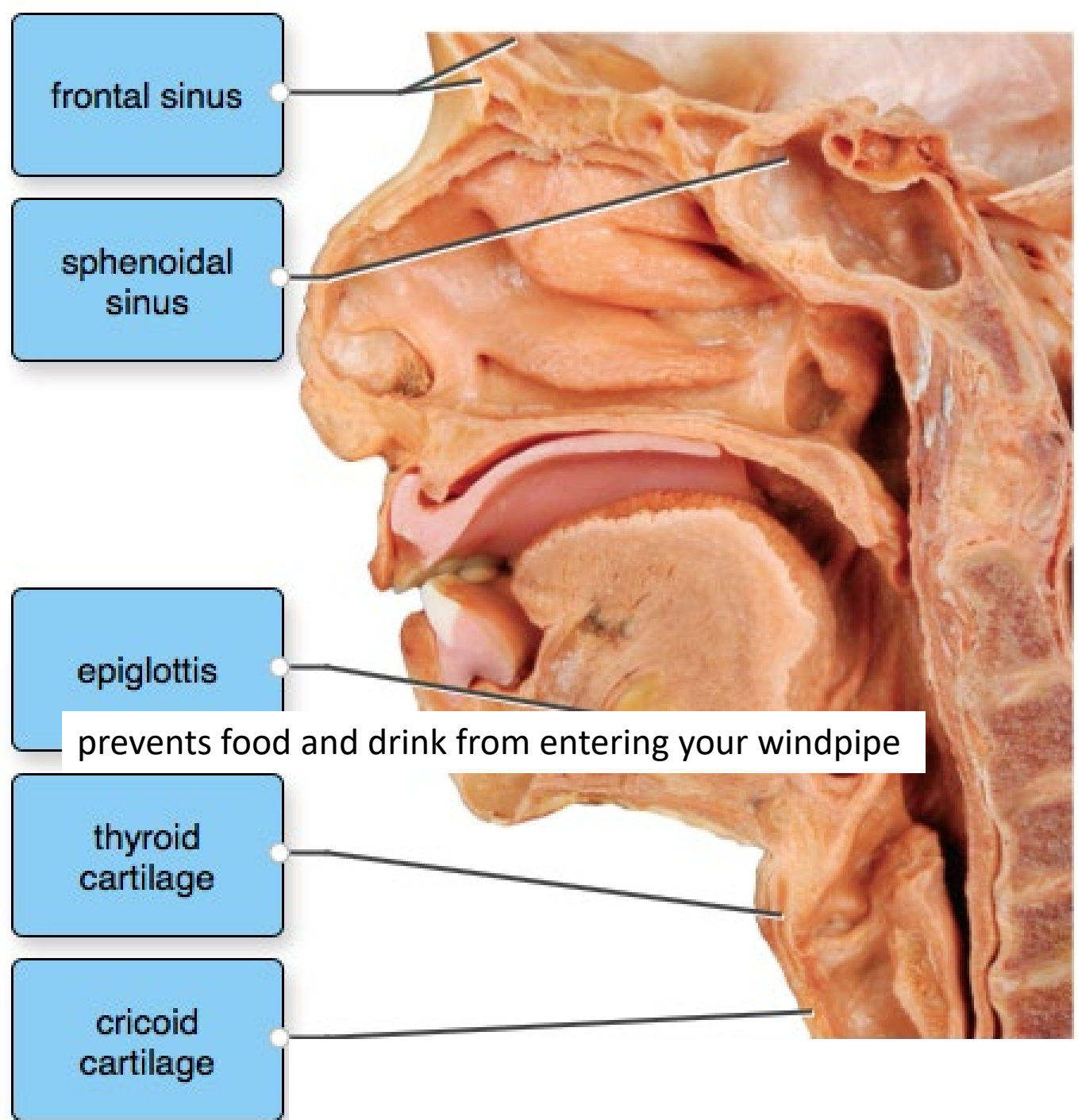
**The laryngopharynx**, also referred to as the hypopharynx, is the most caudal portion of the pharynx and is a crucial connection point through which food, water, and air pass. Specifically, it refers to the point at which the pharynx divides anteriorly into the larynx and posteriorly into the esophagus.

lumen of larynx





The sinuses make thin mucus that drains out of the channels of the nose. This drainage helps keep the nose clean and free of bacteria. Normally filled with air, the sinuses can get blocked and filled with fluid





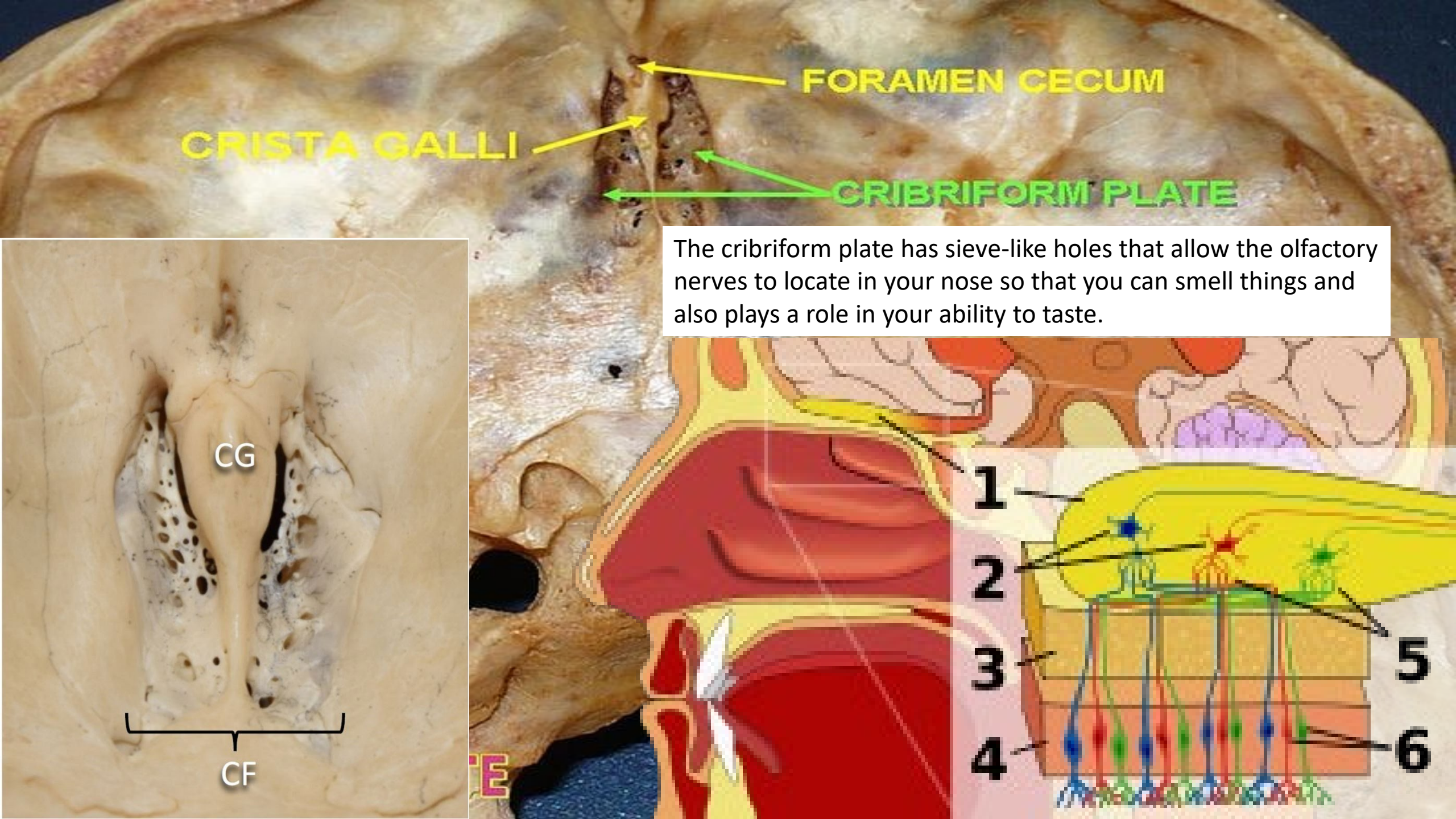
**FORAMEN CECUM**



**CRIB**







**CRISTA GALLI**

**FORAMEN CECUM**

**CRIBRIFORM PLATE**

The cribriform plate has sieve-like holes that allow the olfactory nerves to locate in your nose so that you can smell things and also plays a role in your ability to taste.

**CG**

**CF**

**1**

**2**

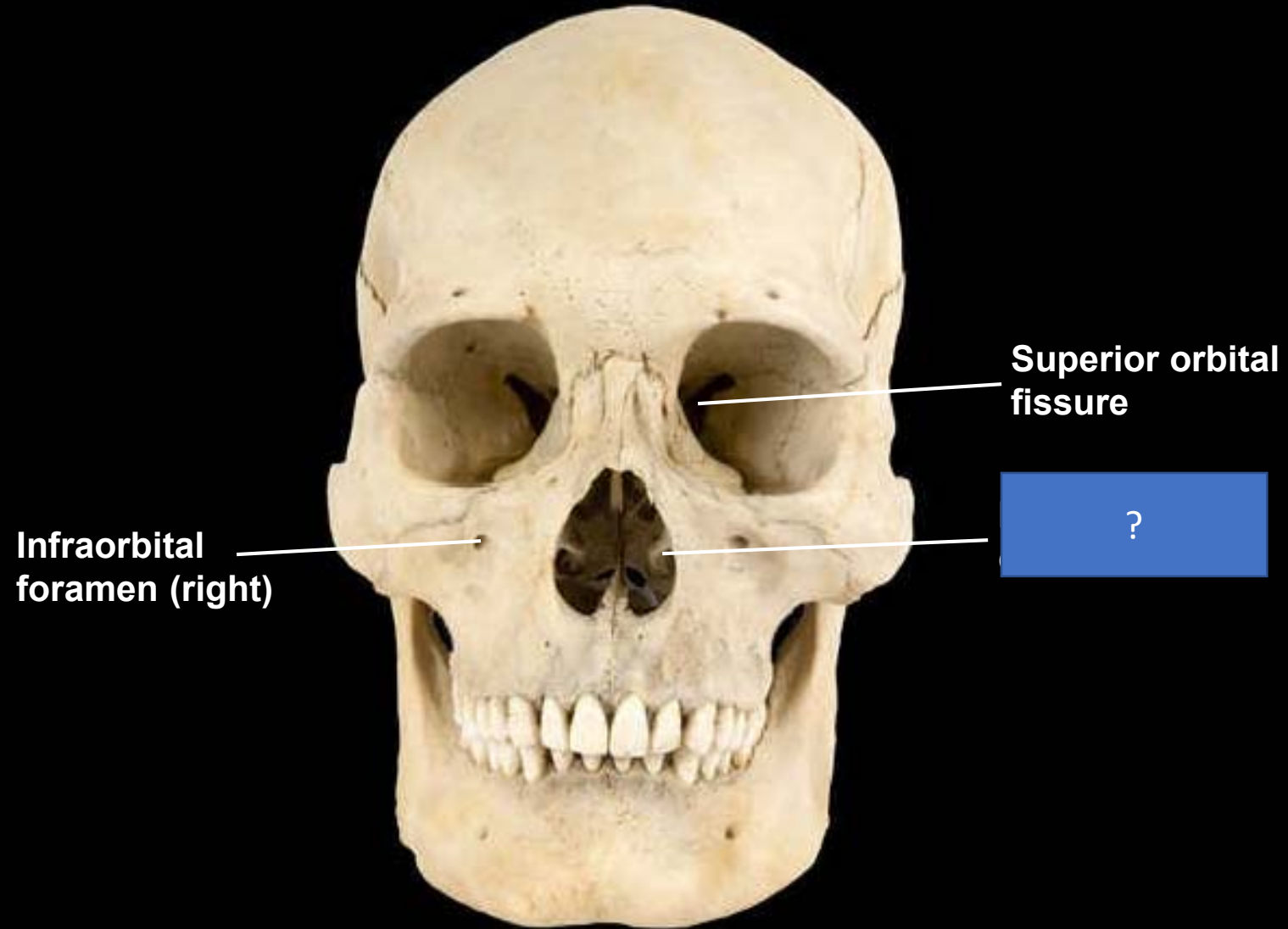
**3**

**4**

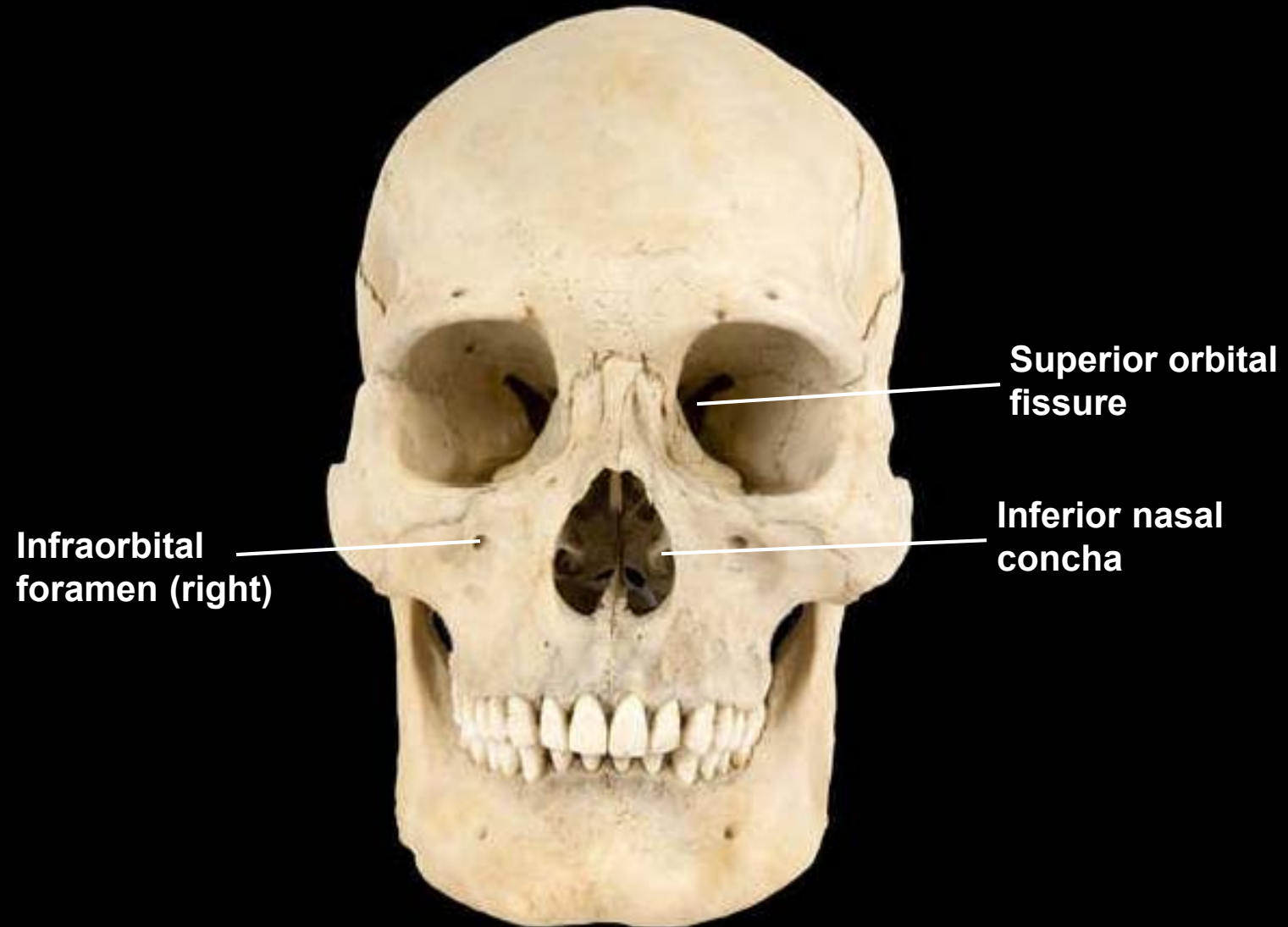
**5**

**6**

Skull, anterior view

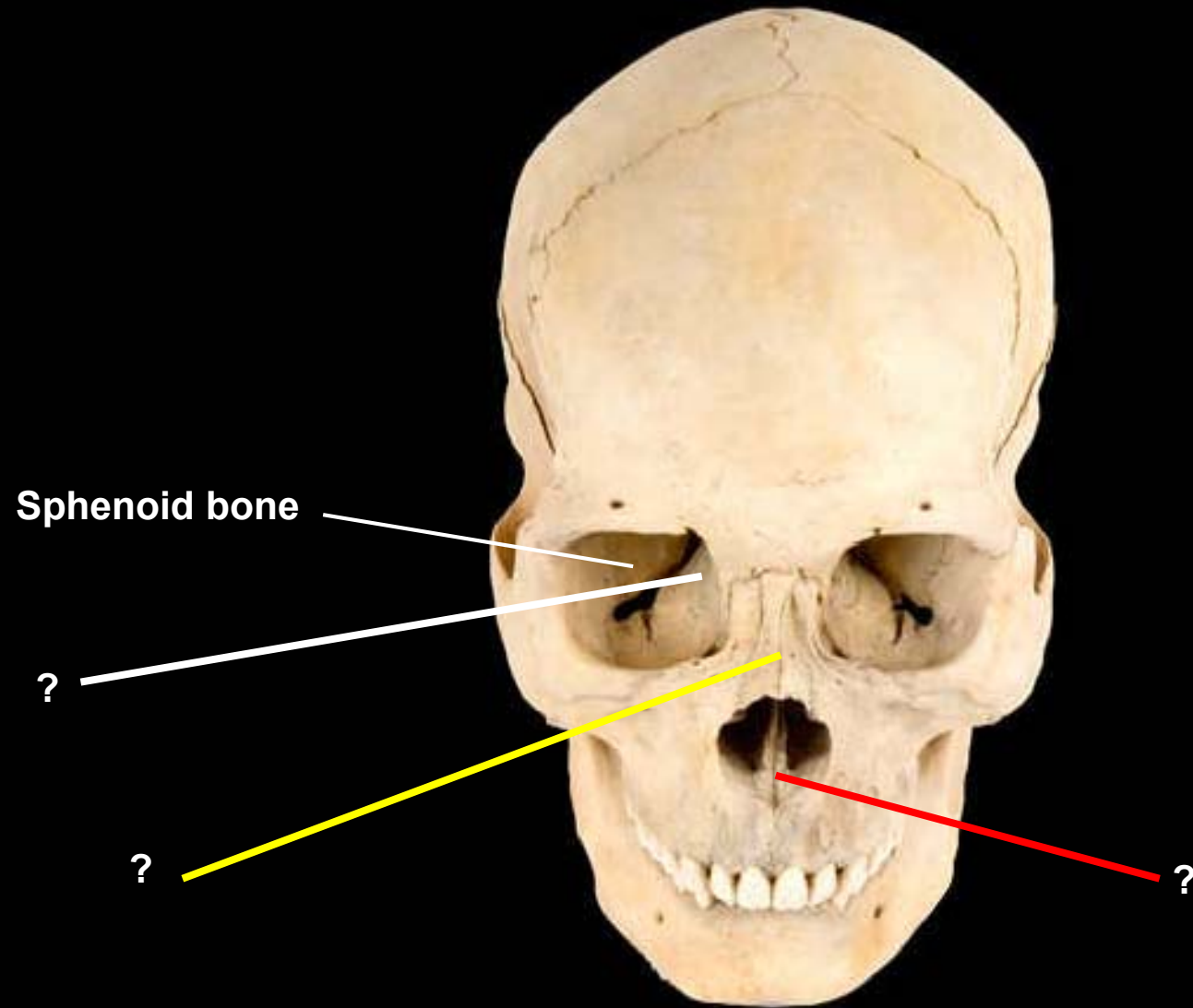


Skull, anterior view

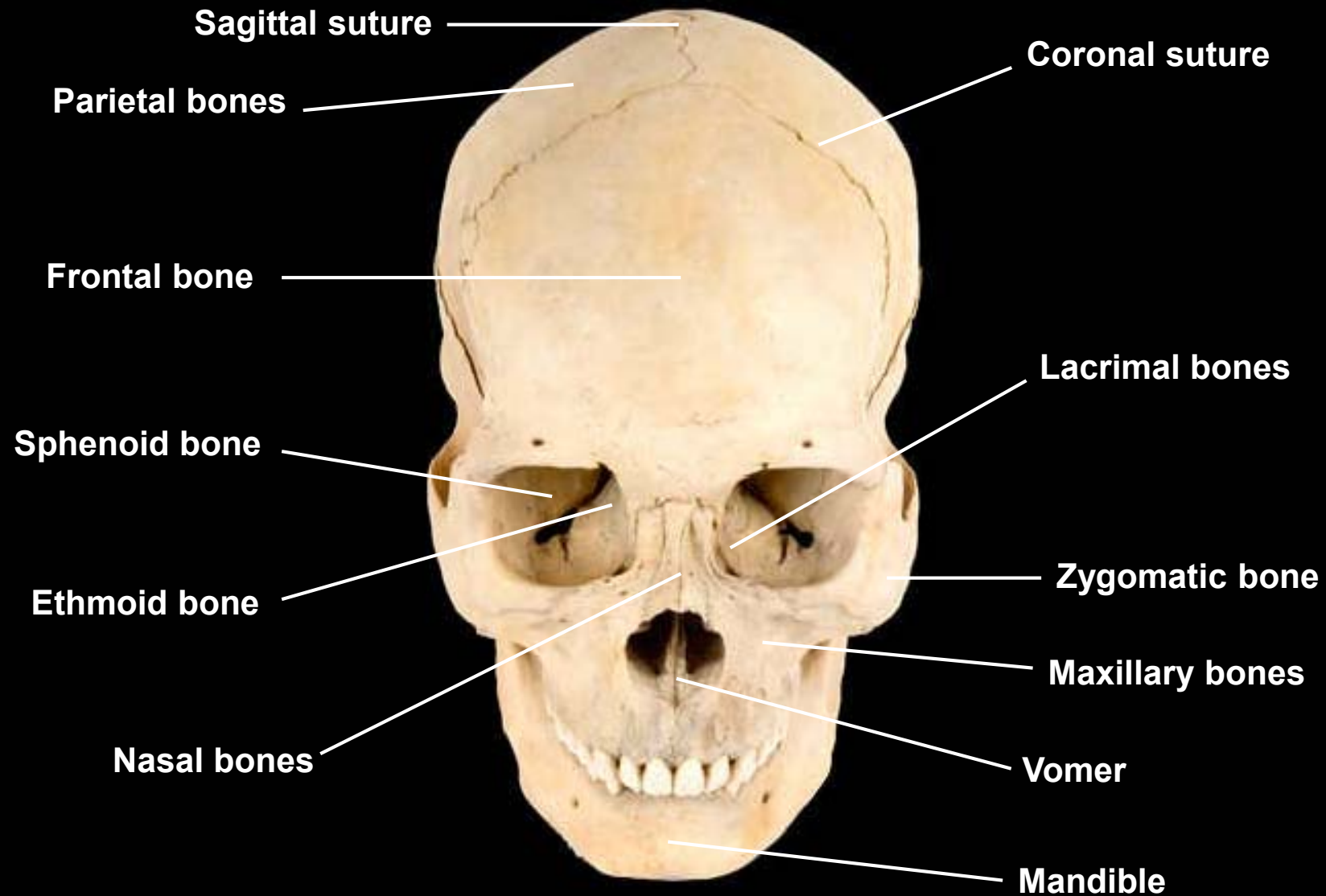




Skull, superioanterior view



Skull, superioanterior view





?

13.

14.

15.

16.

17.

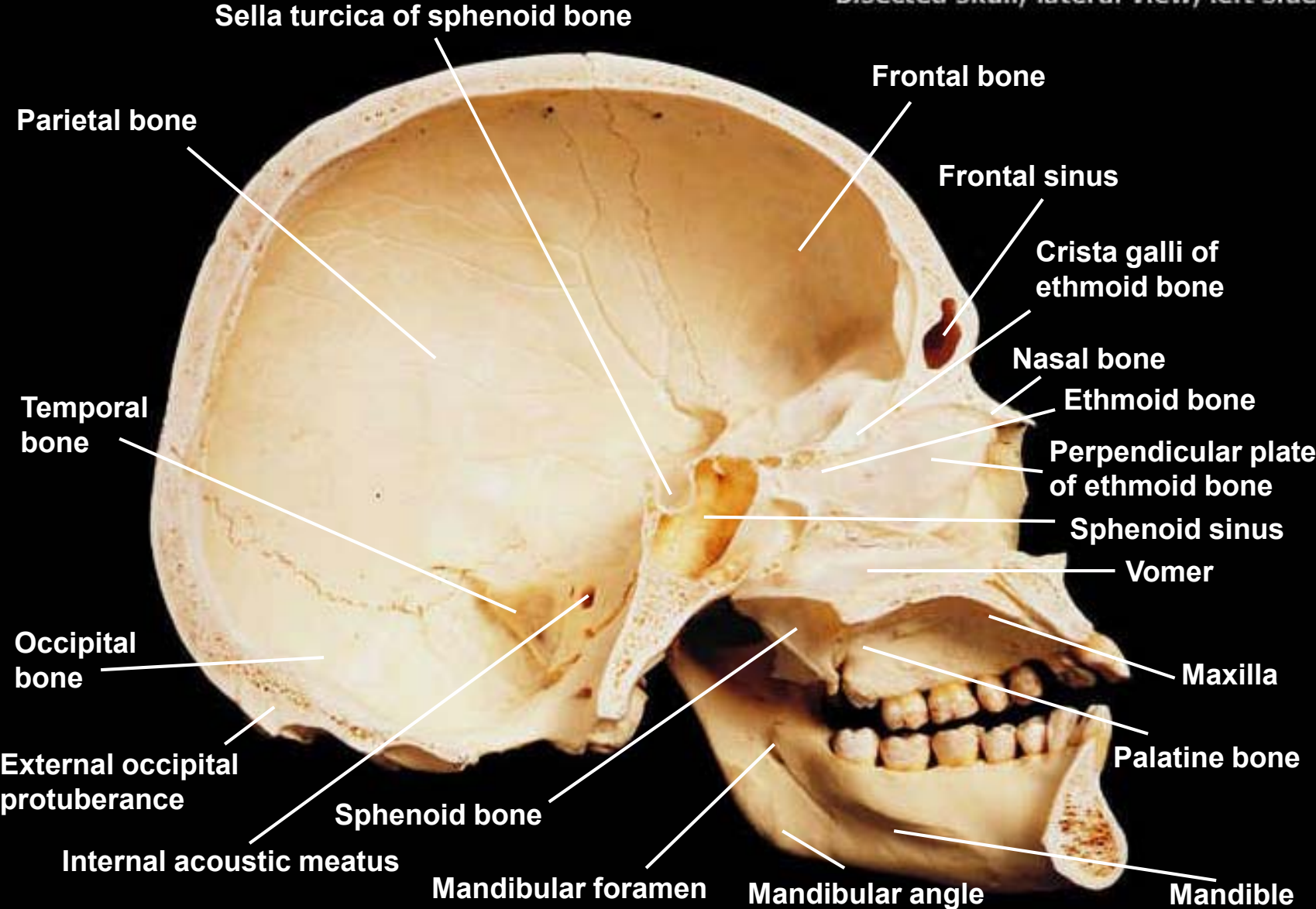


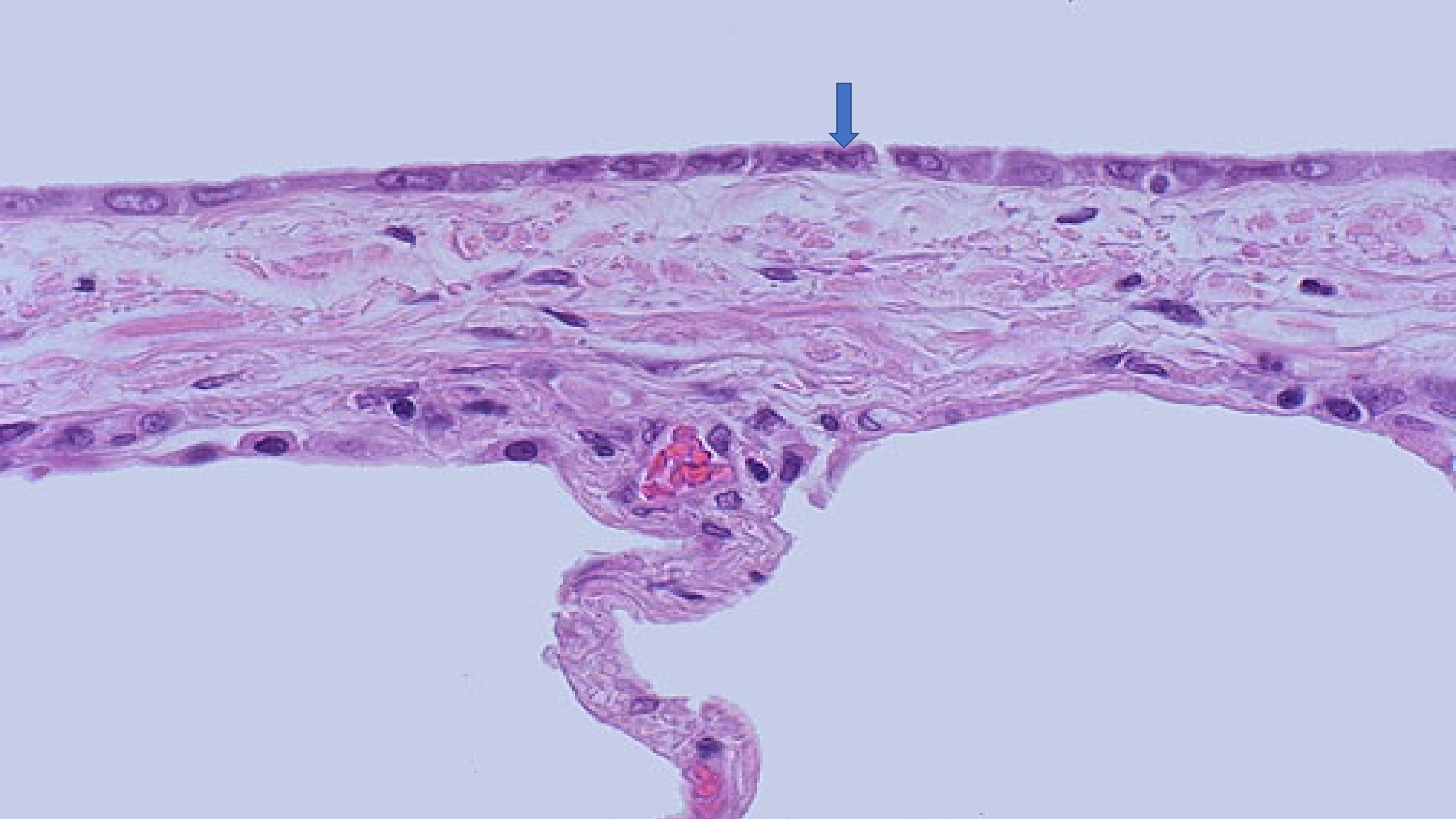
- 13. Vomer
- 14. Inferior Nasal Concha
- 15. Middle Nasal Concha
- 16. Perpendicular Plate of Ethmoid
- 17. Nasal Bone



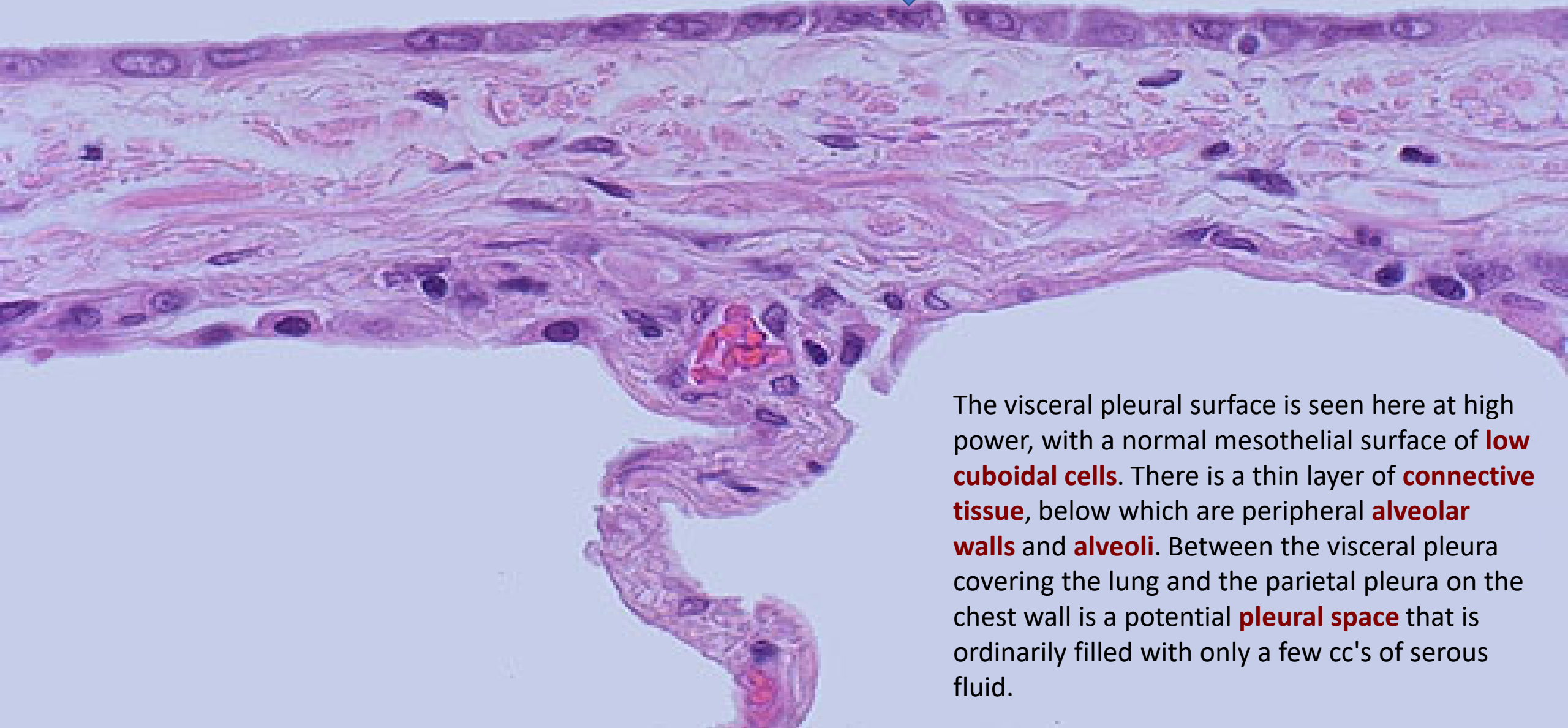


Bisected skull, lateral view, left side



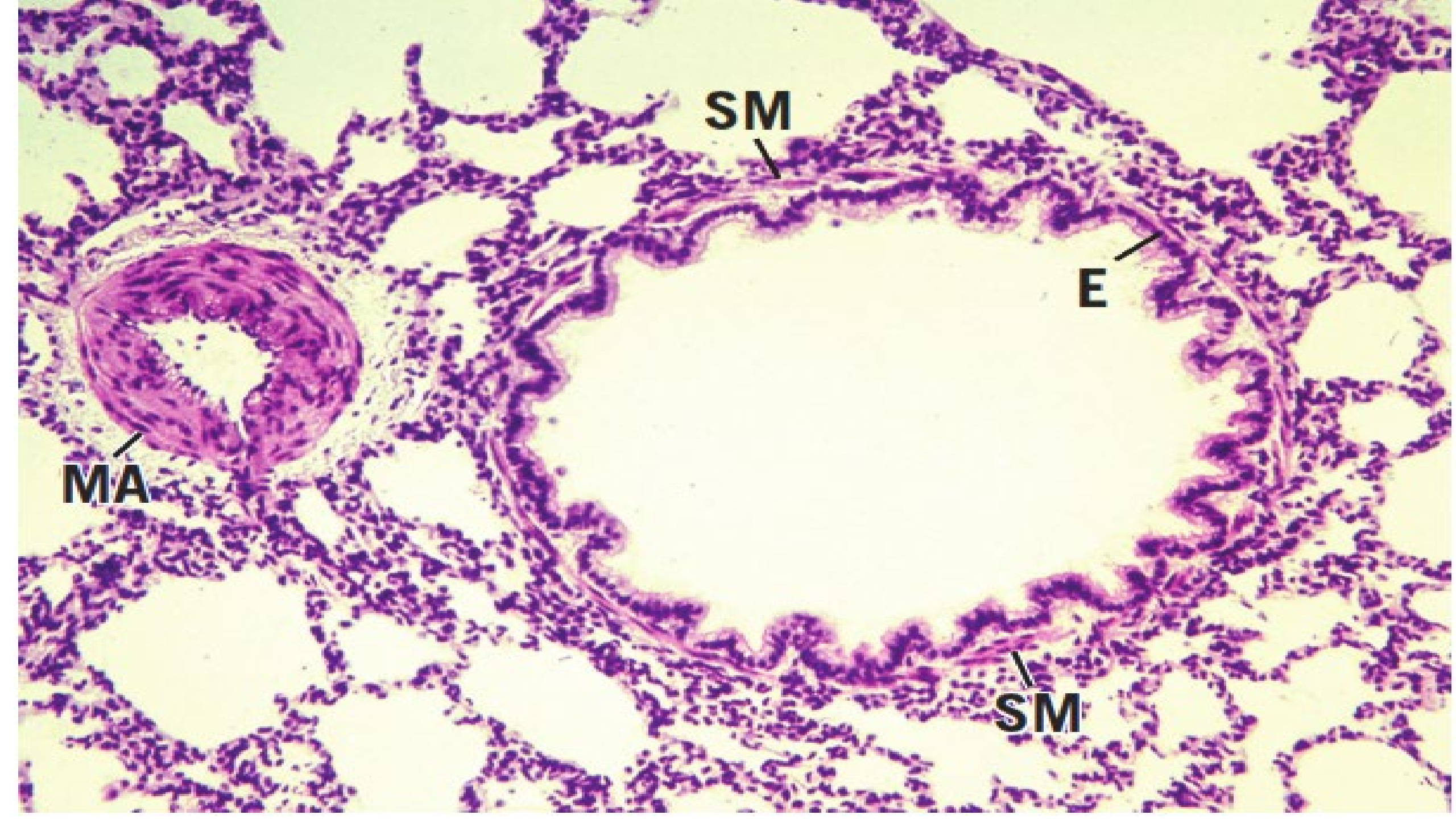


Visceral pleura = serous membrane = mesothelium



The visceral pleural surface is seen here at high power, with a normal mesothelial surface of **low cuboidal cells**. There is a thin layer of **connective tissue**, below which are peripheral **alveolar walls** and **alveoli**. Between the visceral pleura covering the lung and the parietal pleura on the chest wall is a potential **pleural space** that is ordinarily filled with only a few cc's of serous fluid.



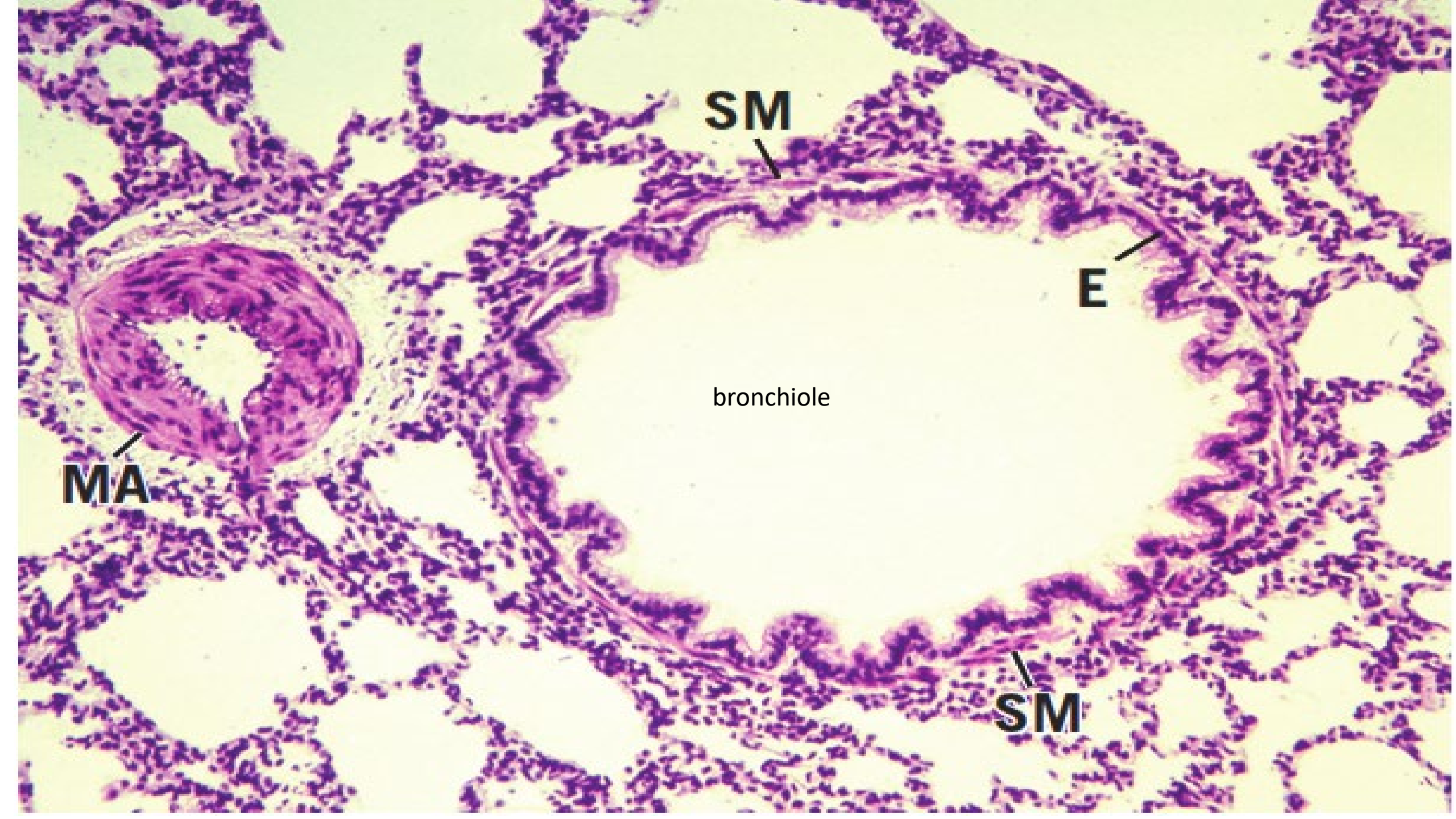


**SM**

**E**

**MÁ**

**SM**



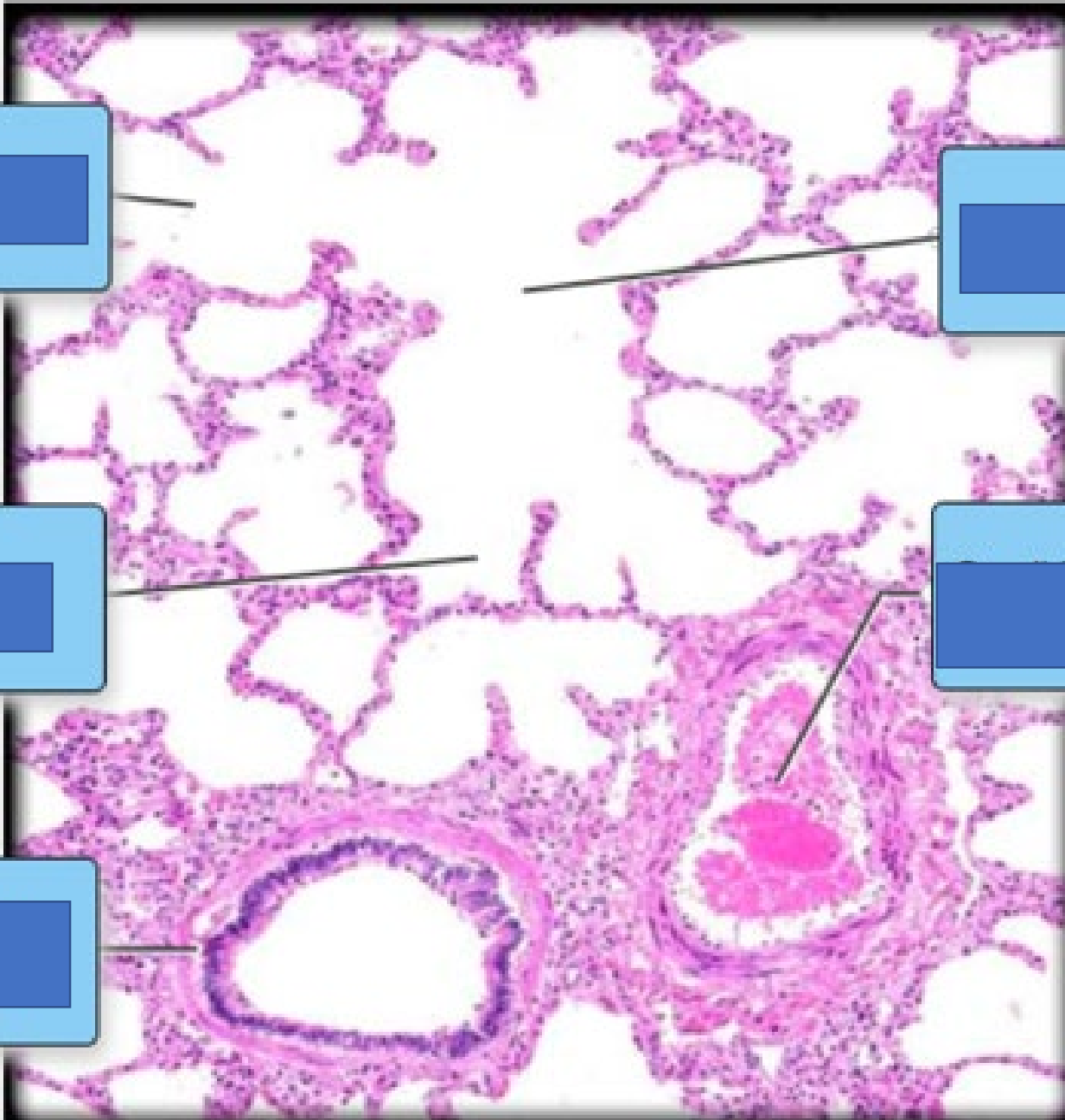
**SM**

**E**

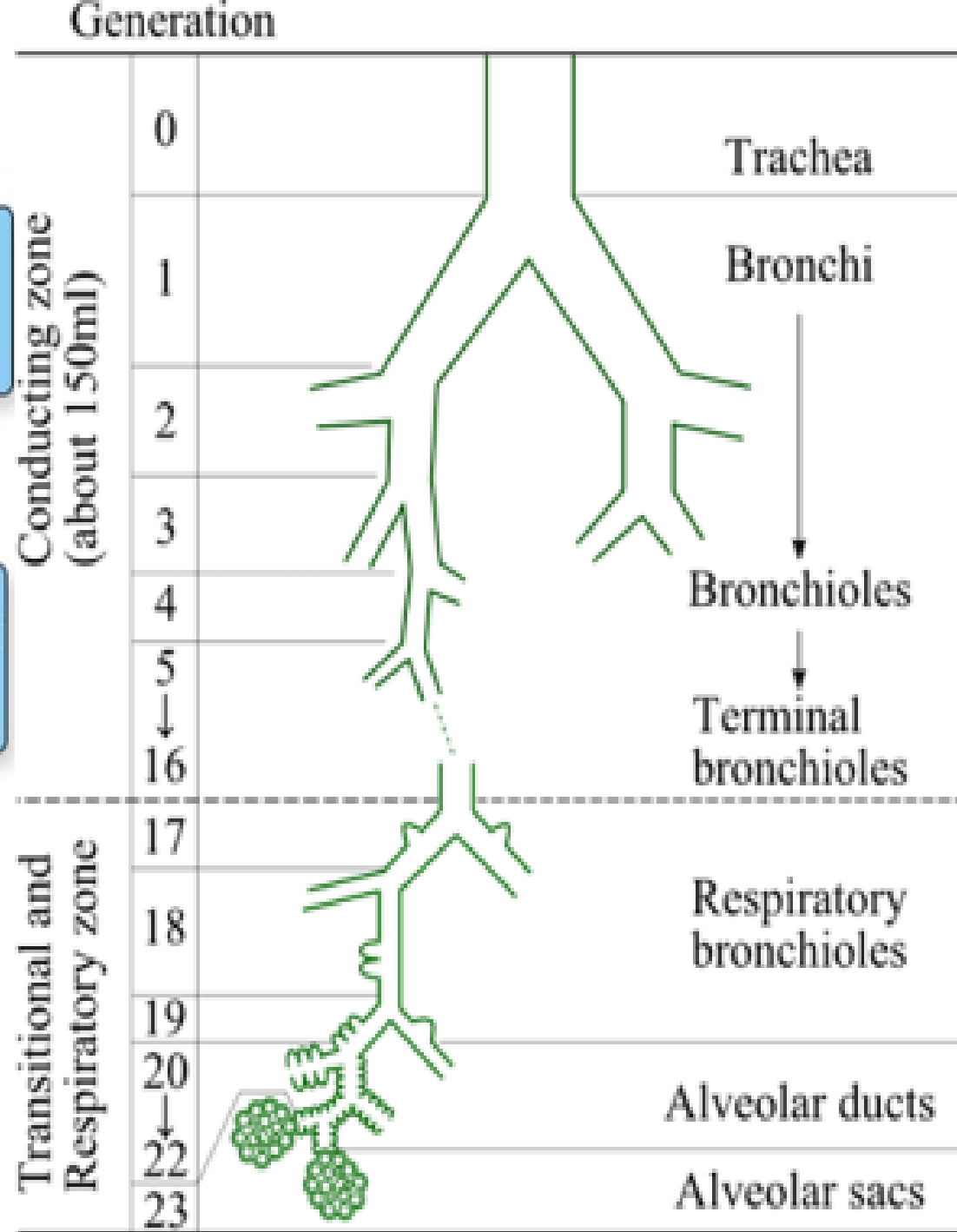
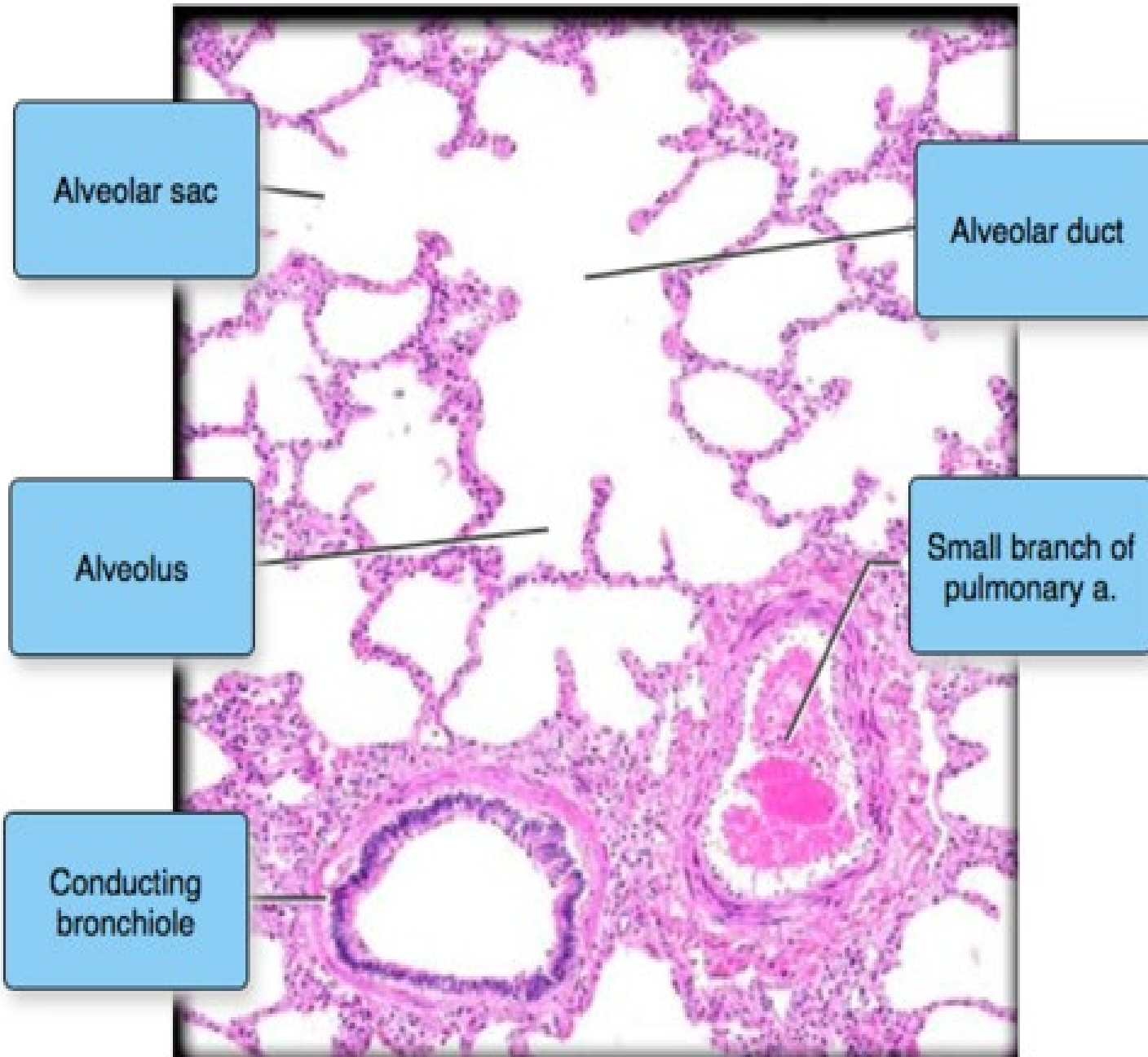
bronchiole

**MA**

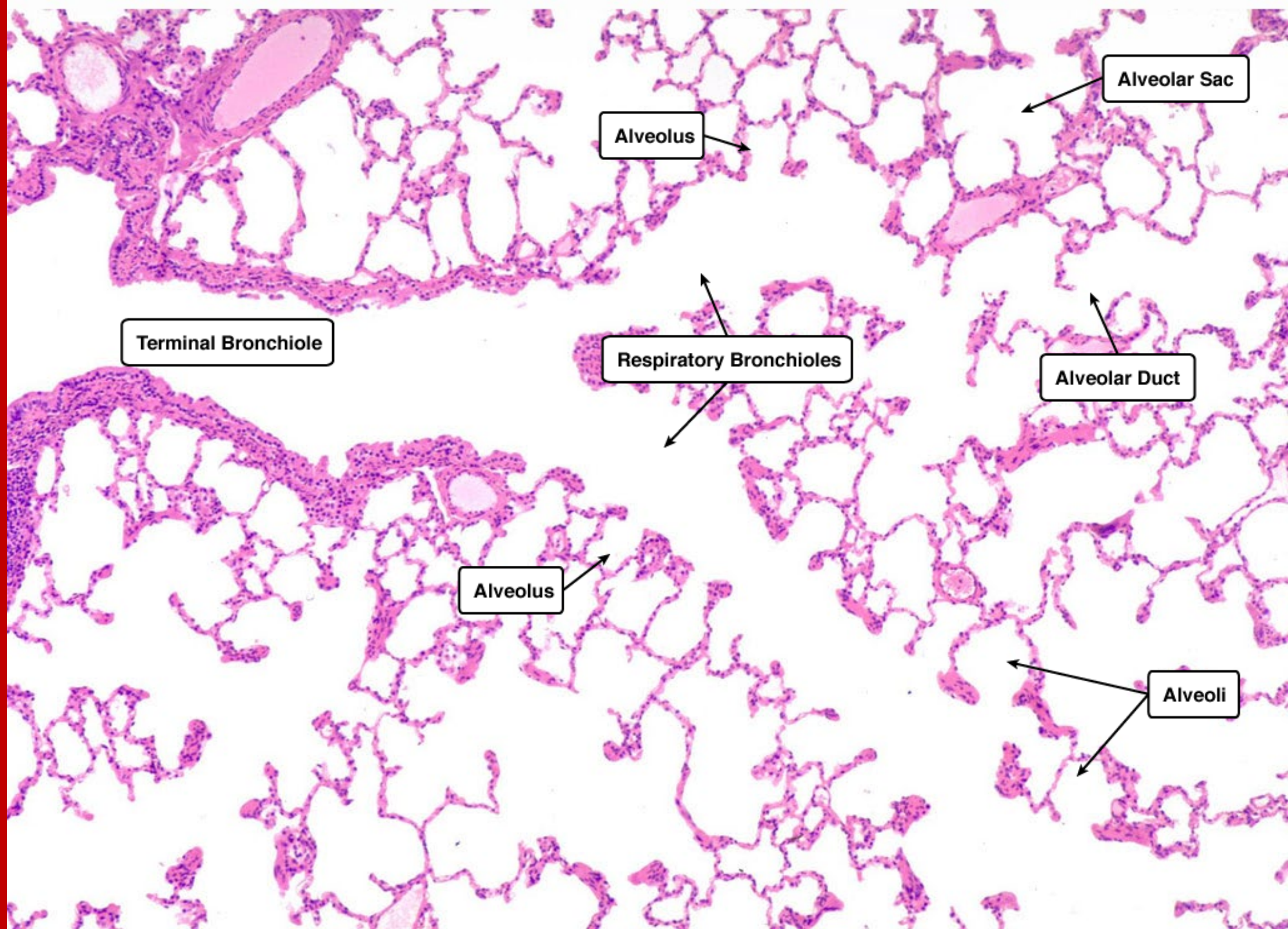
**SM**



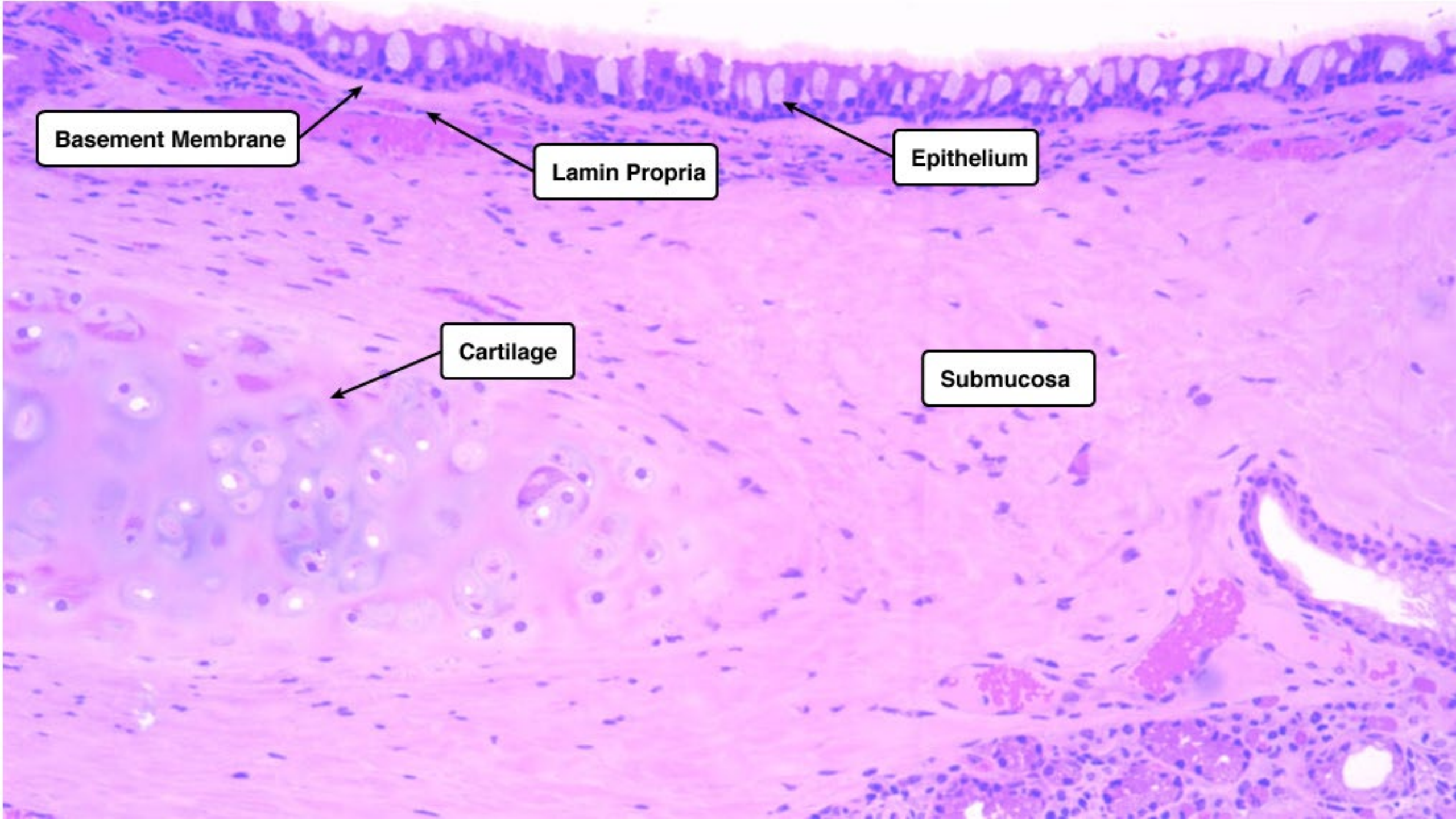
Label the following histo slide?











Basement Membrane

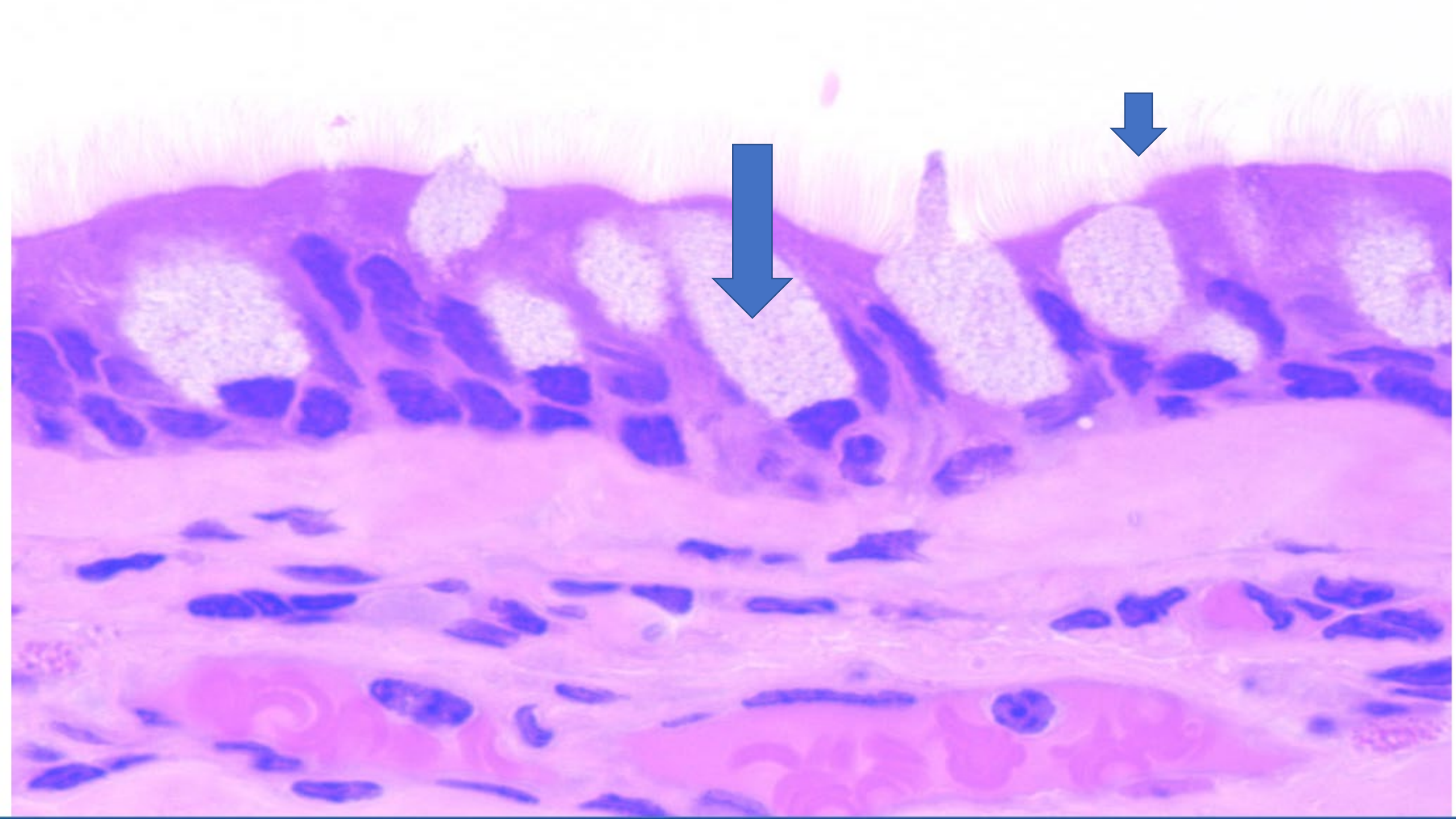
Lamin Propria

Epithelium

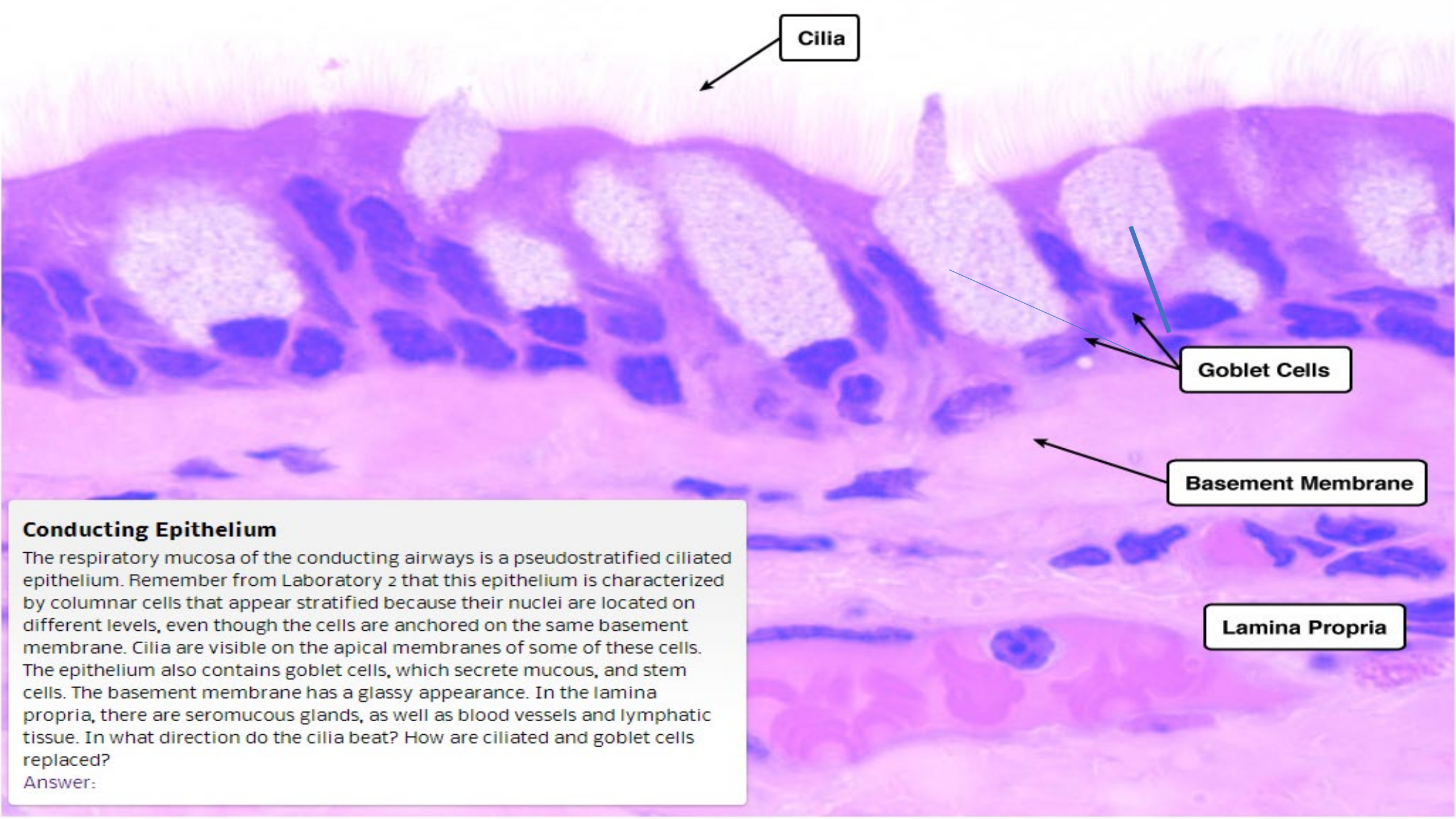
Cartilage

Submucosa









Cilia

Goblet Cells

Basement Membrane

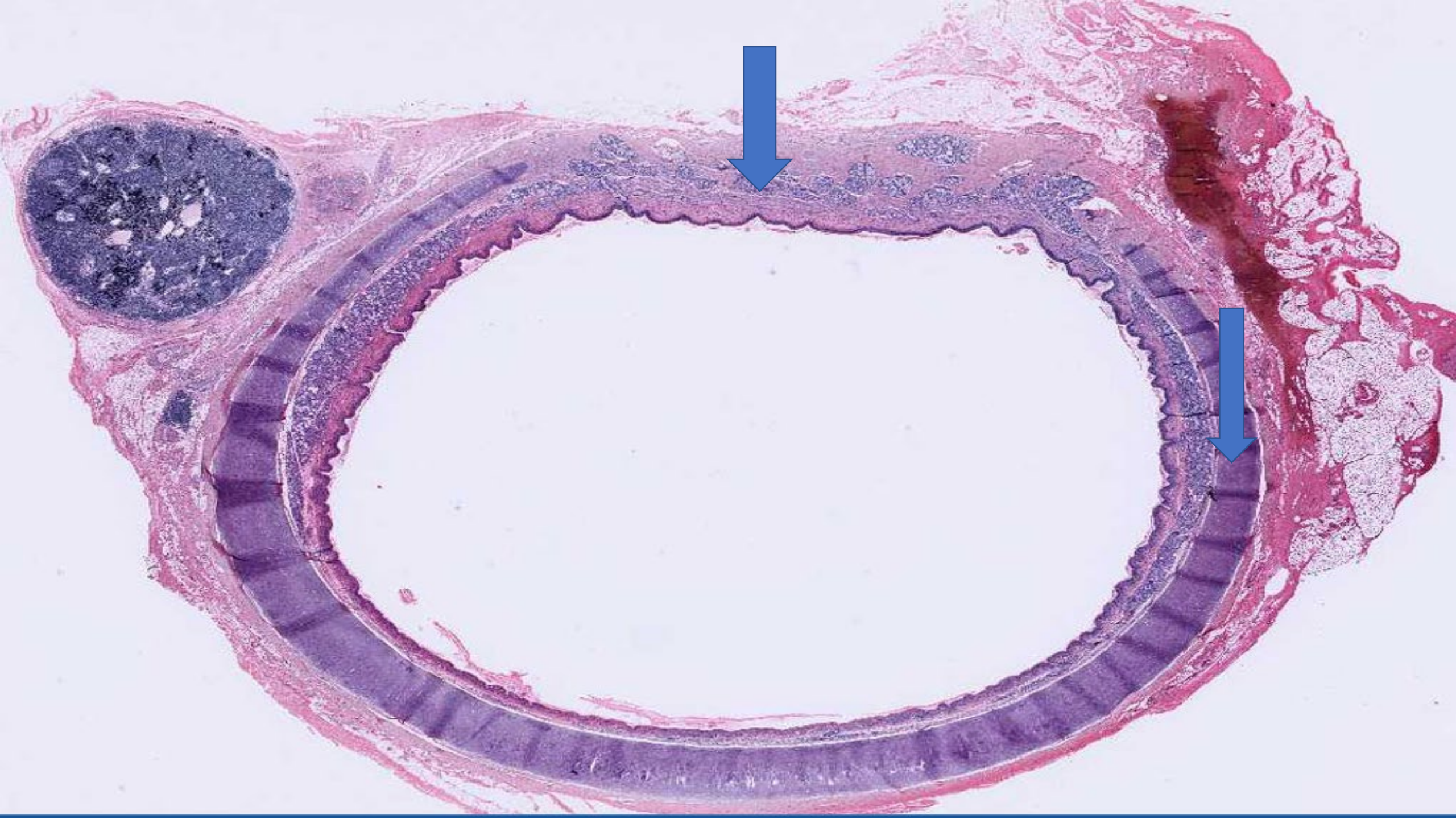
Lamina Propria

### Conducting Epithelium

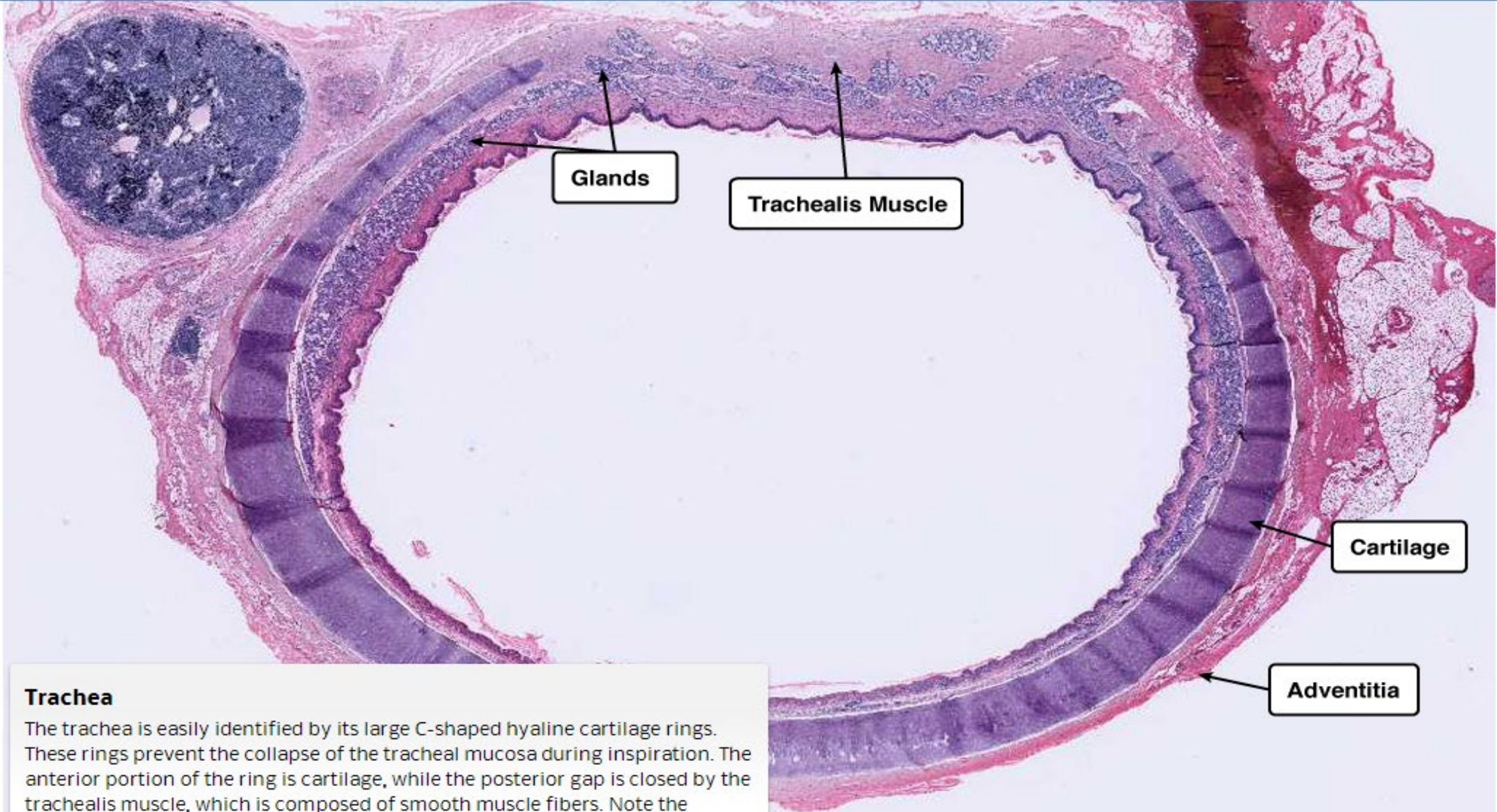
The respiratory mucosa of the conducting airways is a pseudostratified ciliated epithelium. Remember from Laboratory 2 that this epithelium is characterized by columnar cells that appear stratified because their nuclei are located on different levels, even though the cells are anchored on the same basement membrane. Cilia are visible on the apical membranes of some of these cells. The epithelium also contains goblet cells, which secrete mucous, and stem cells. The basement membrane has a glassy appearance. In the lamina propria, there are seromucous glands, as well as blood vessels and lymphatic tissue. In what direction do the cilia beat? How are ciliated and goblet cells replaced?

Answer:





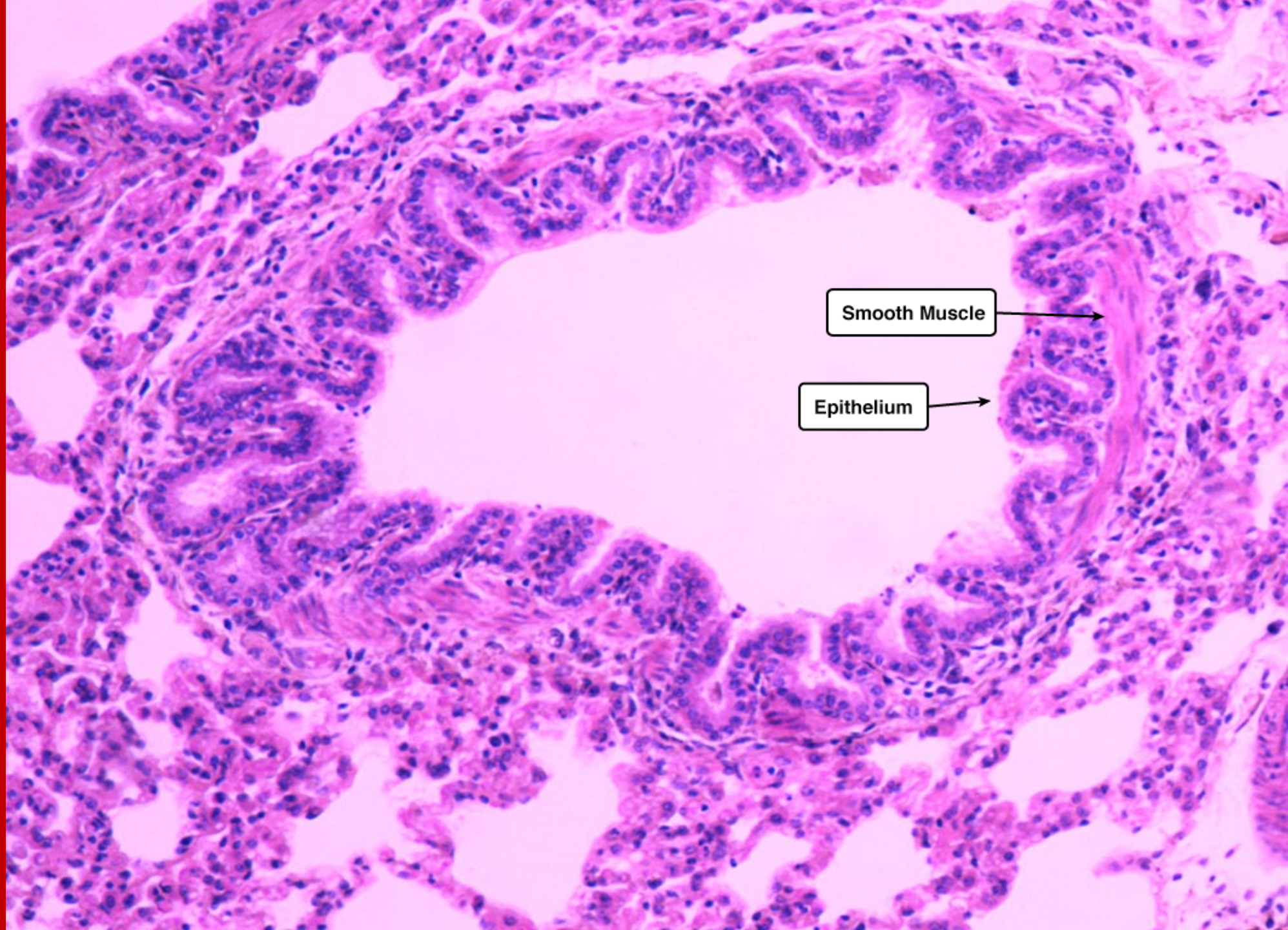




## Trachea

The trachea is easily identified by its large C-shaped hyaline cartilage rings. These rings prevent the collapse of the tracheal mucosa during inspiration. The anterior portion of the ring is cartilage, while the posterior gap is closed by the trachealis muscle, which is composed of smooth muscle fibers. Note the presence of glands in the submucosal layer of the trachea.

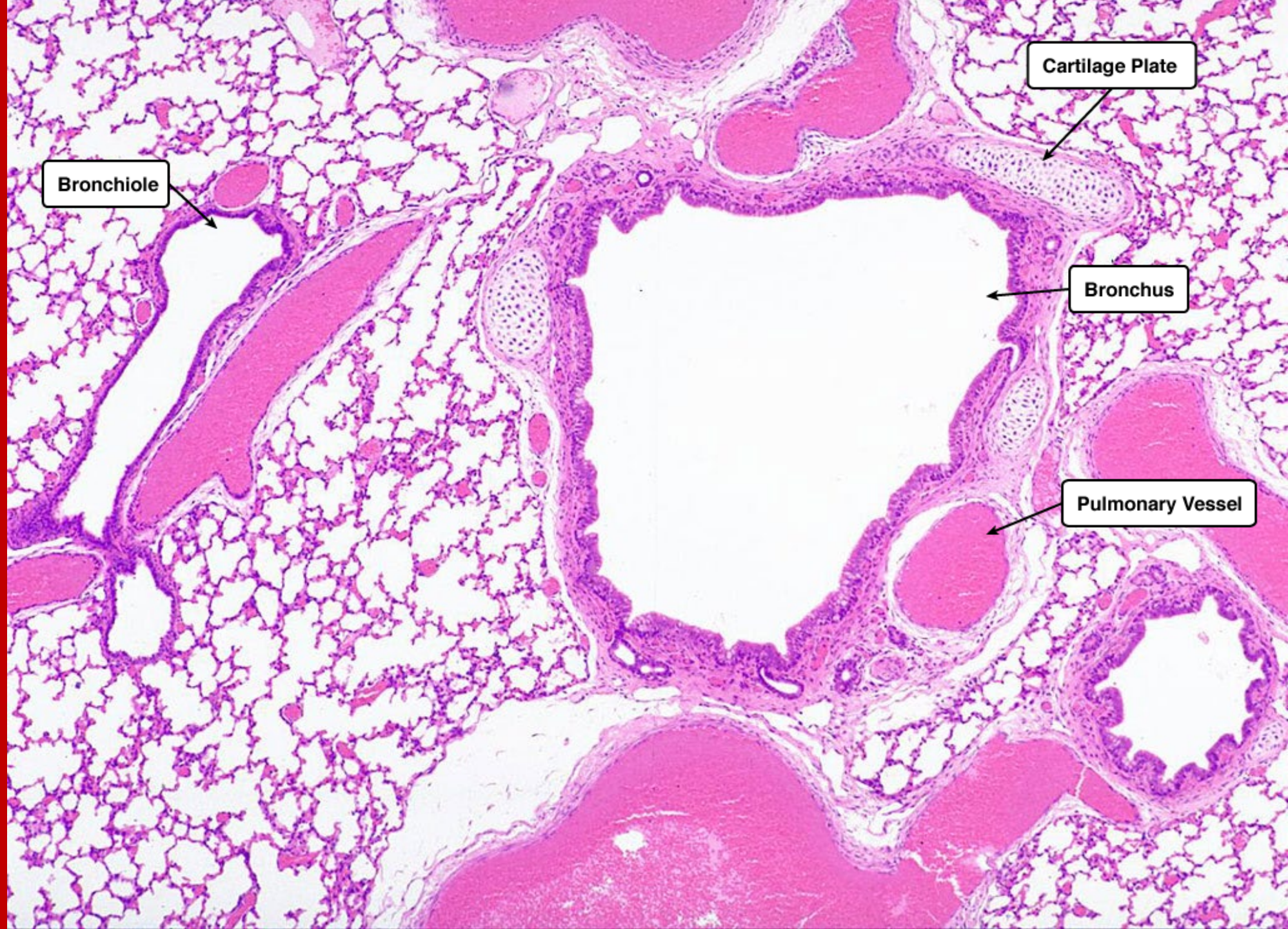




Smooth Muscle

Epithelium





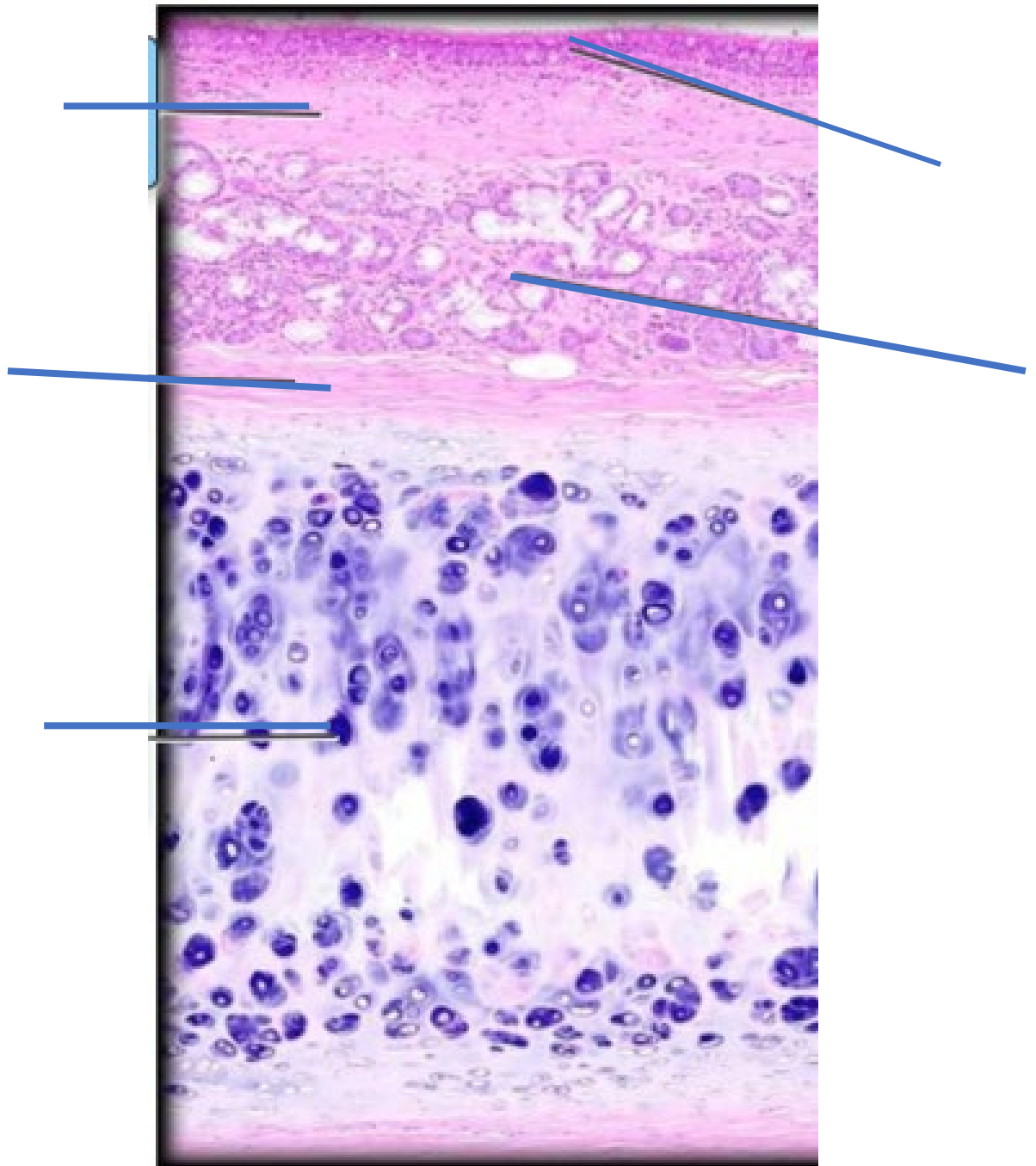
Bronchiole

Cartilage Plate

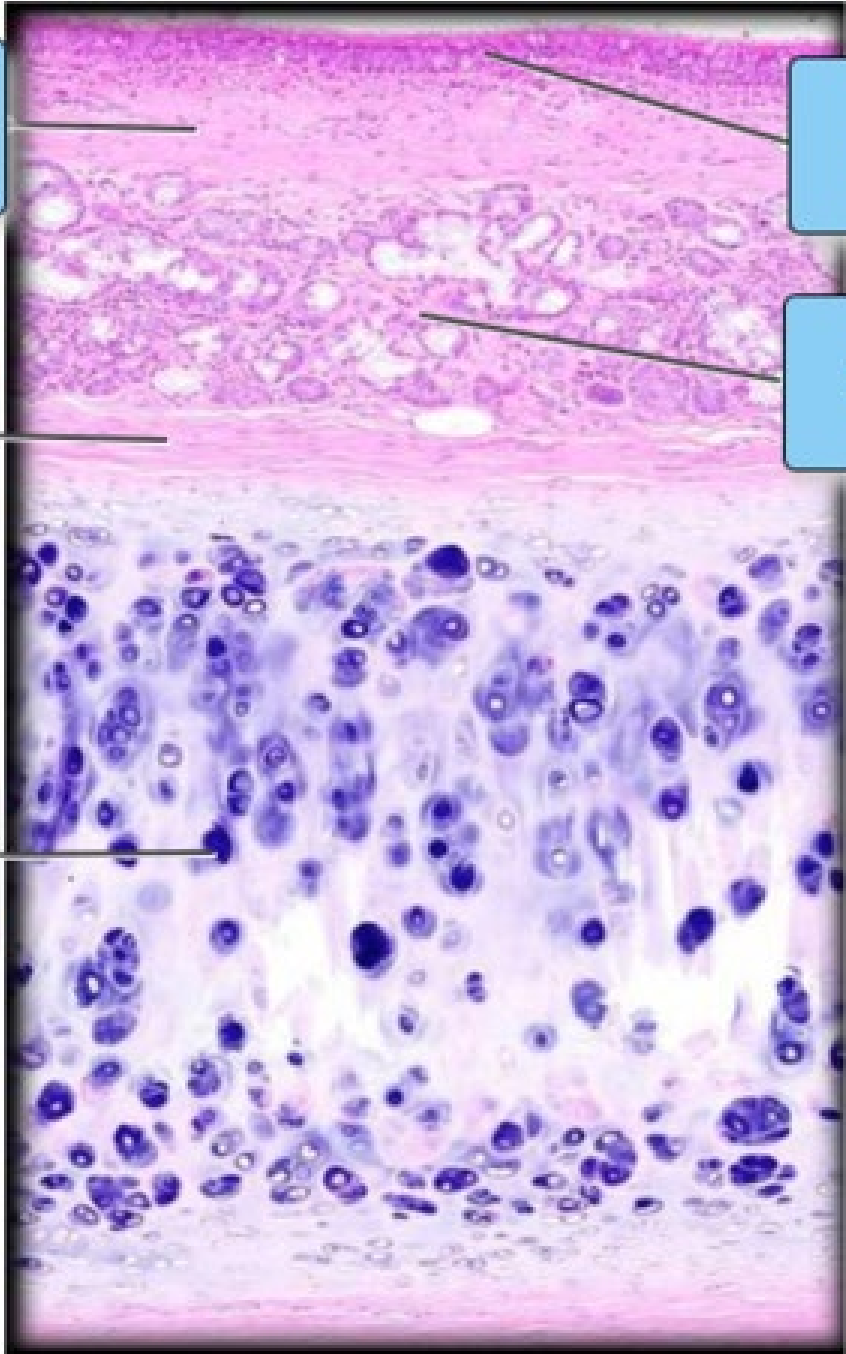
Bronchus

Pulmonary Vessel









Lamina propria

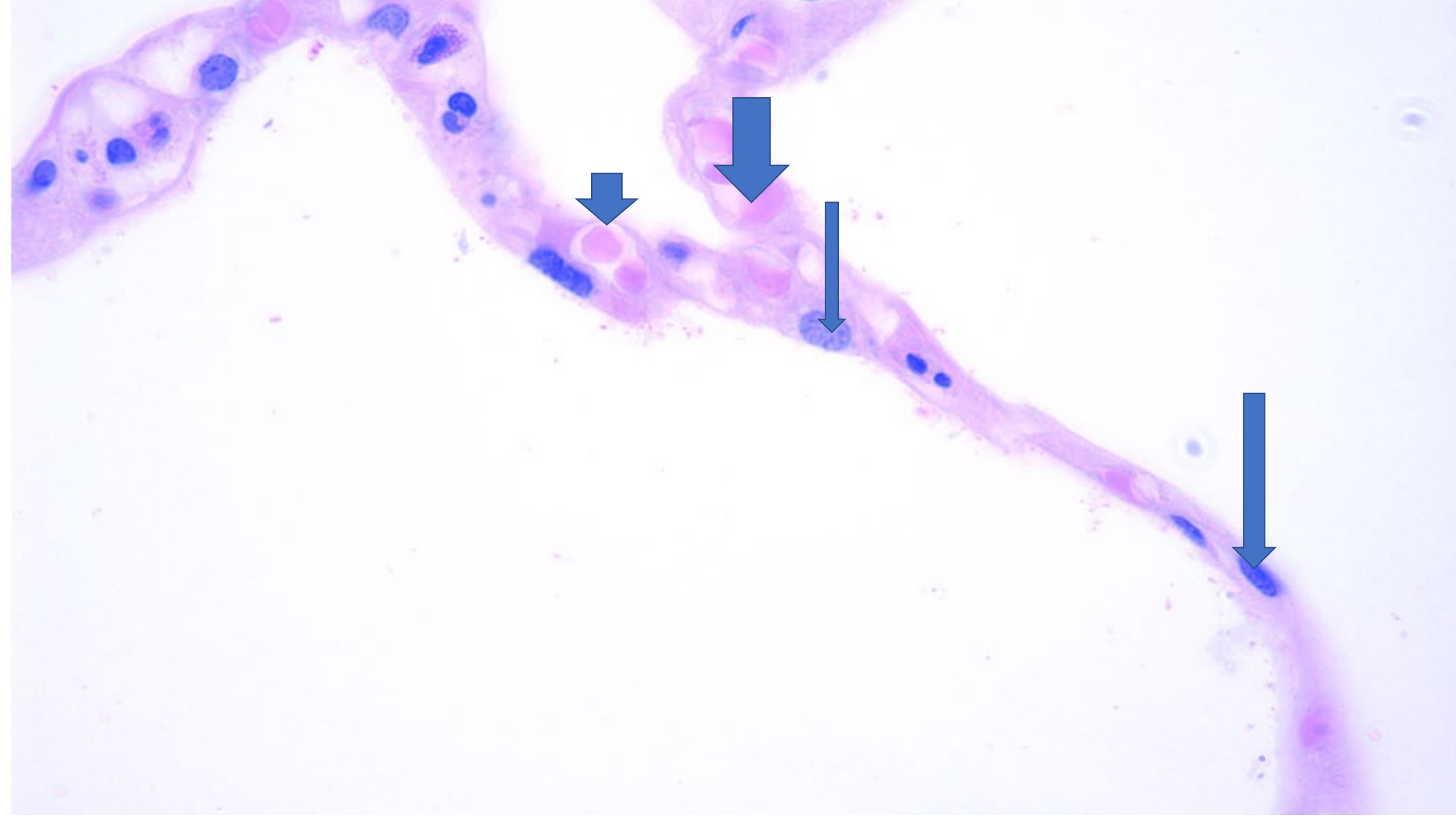
Epithelium

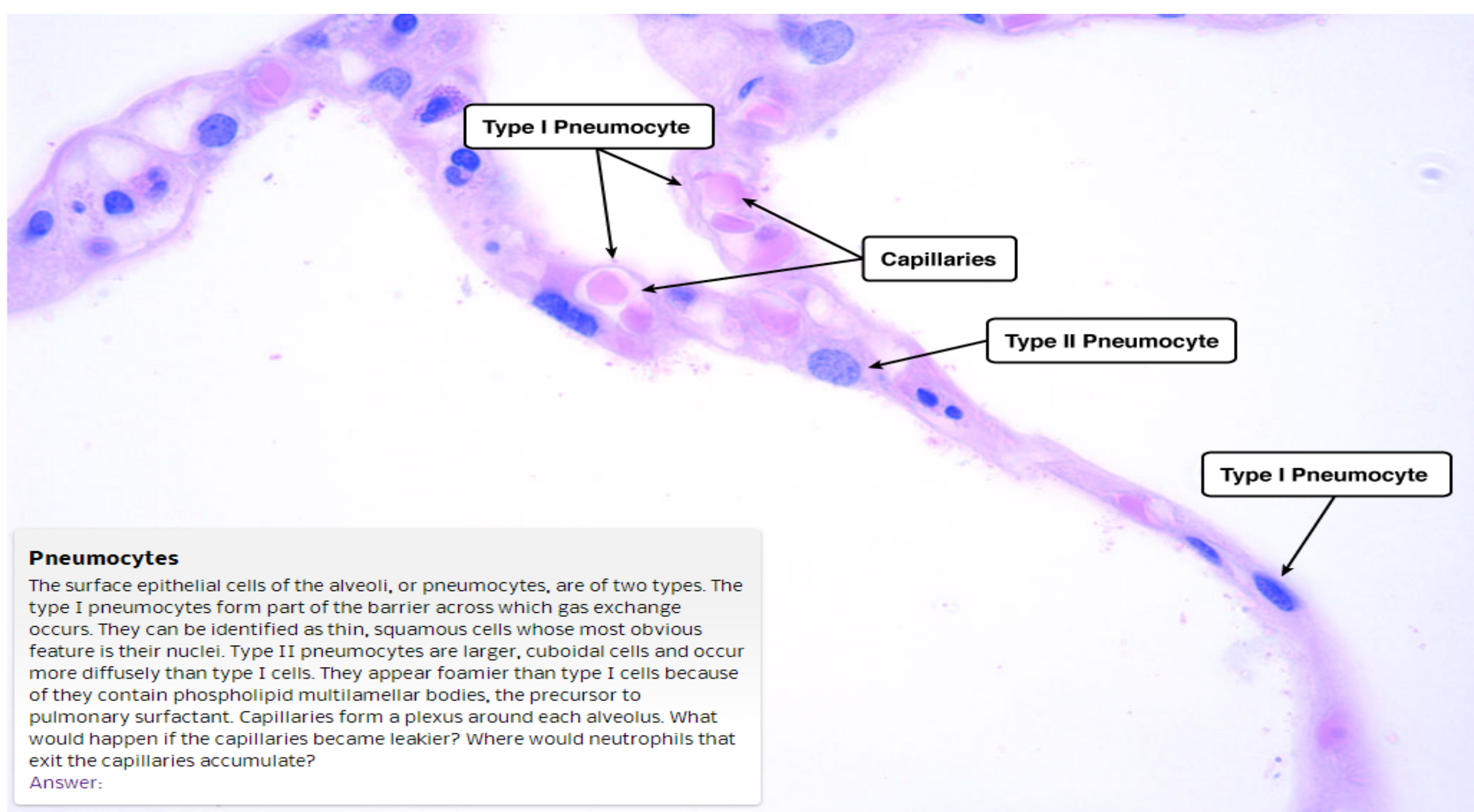
Ciliated pseudostratified columnar epithelium

Submucosa

Perichondrium

Cartilage  
Hyaline

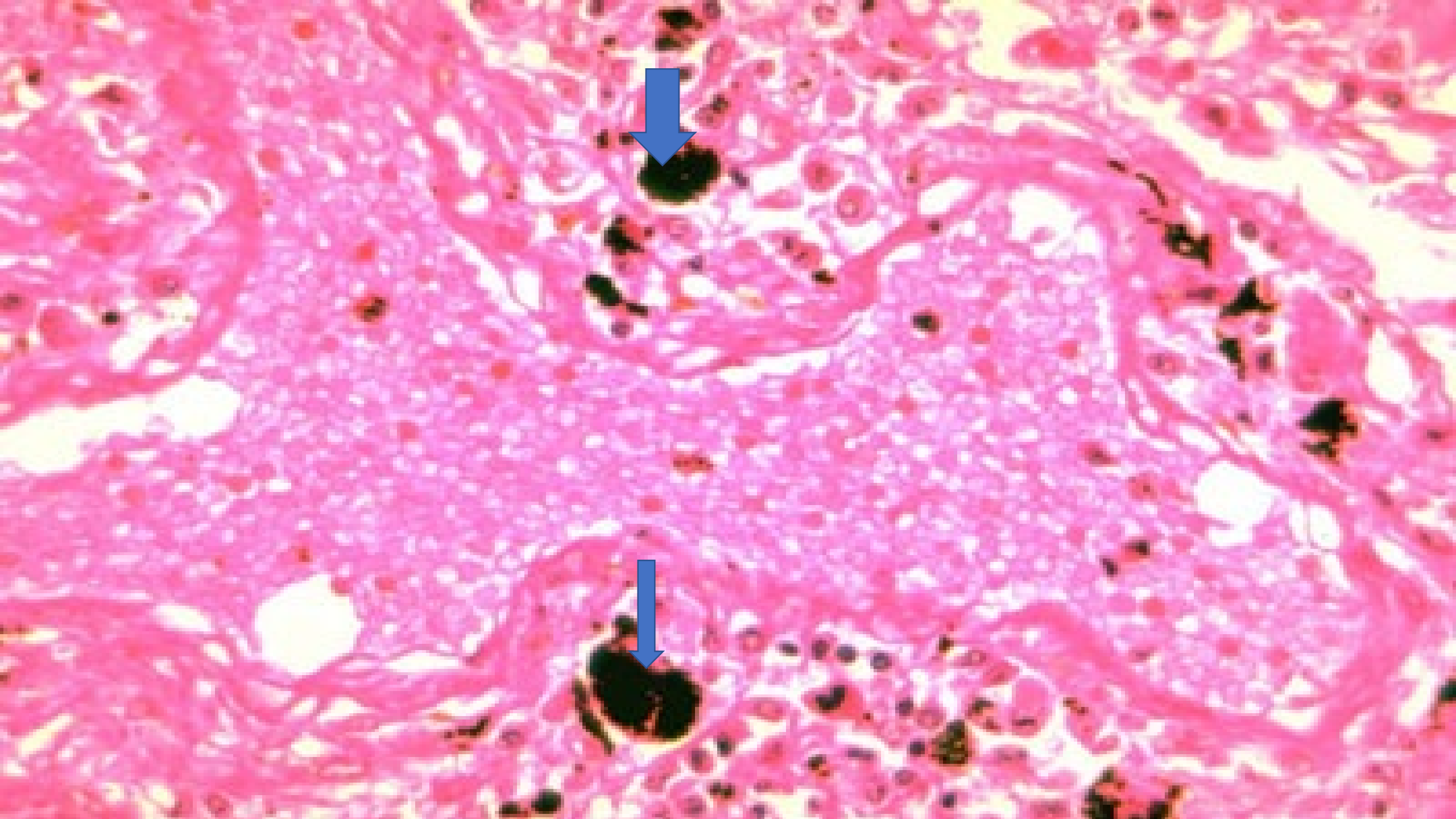




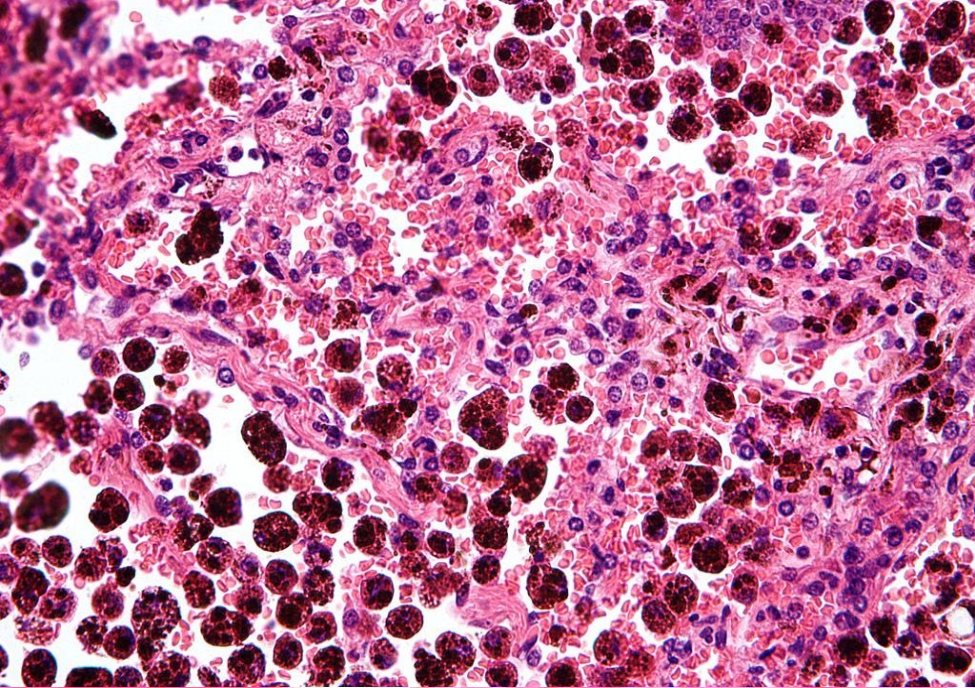
### **Pneumocytes**

The surface epithelial cells of the alveoli, or pneumocytes, are of two types. The type I pneumocytes form part of the barrier across which gas exchange occurs. They can be identified as thin, squamous cells whose most obvious feature is their nuclei. Type II pneumocytes are larger, cuboidal cells and occur more diffusely than type I cells. They appear foamier than type I cells because of they contain phospholipid multilamellar bodies, the precursor to pulmonary surfactant. Capillaries form a plexus around each alveolus. What would happen if the capillaries became leakier? Where would neutrophils that exit the capillaries accumulate?

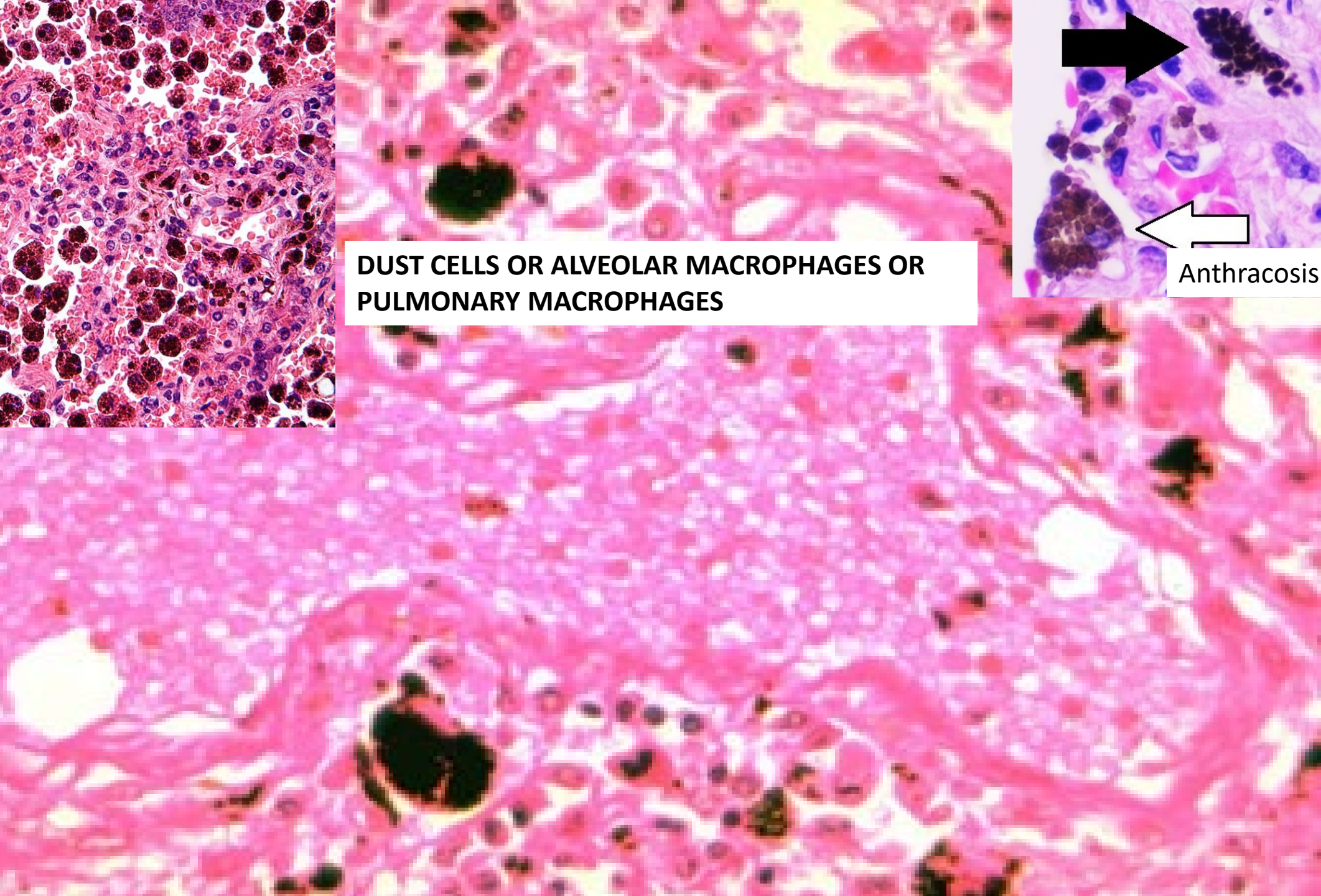
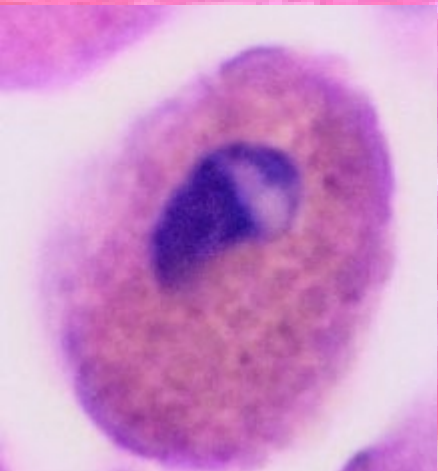
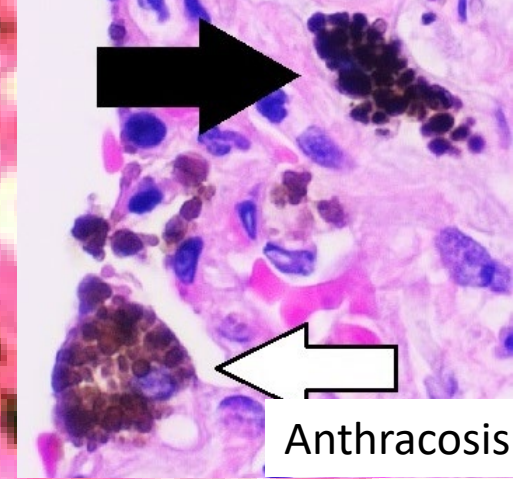
Answer:

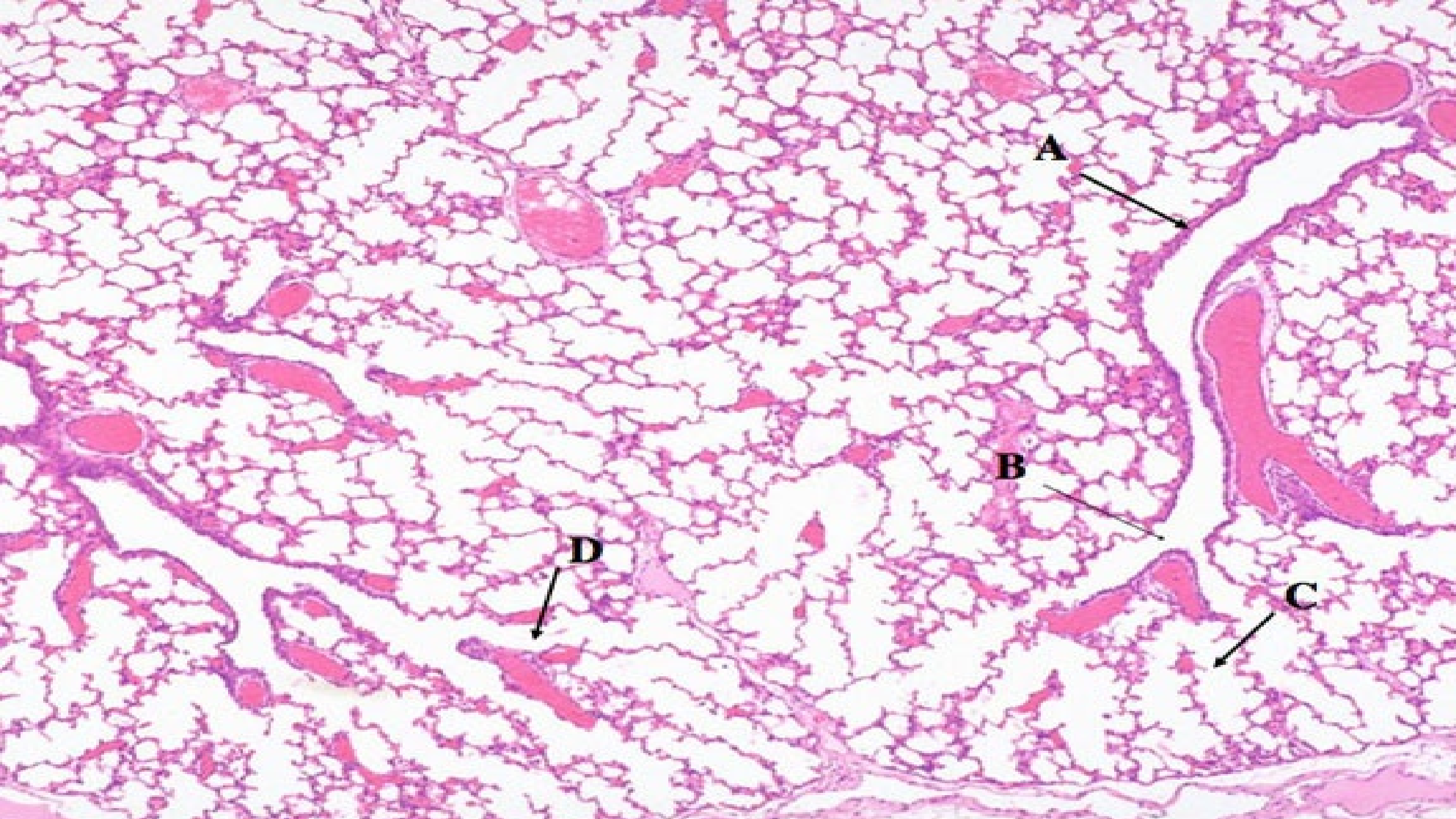




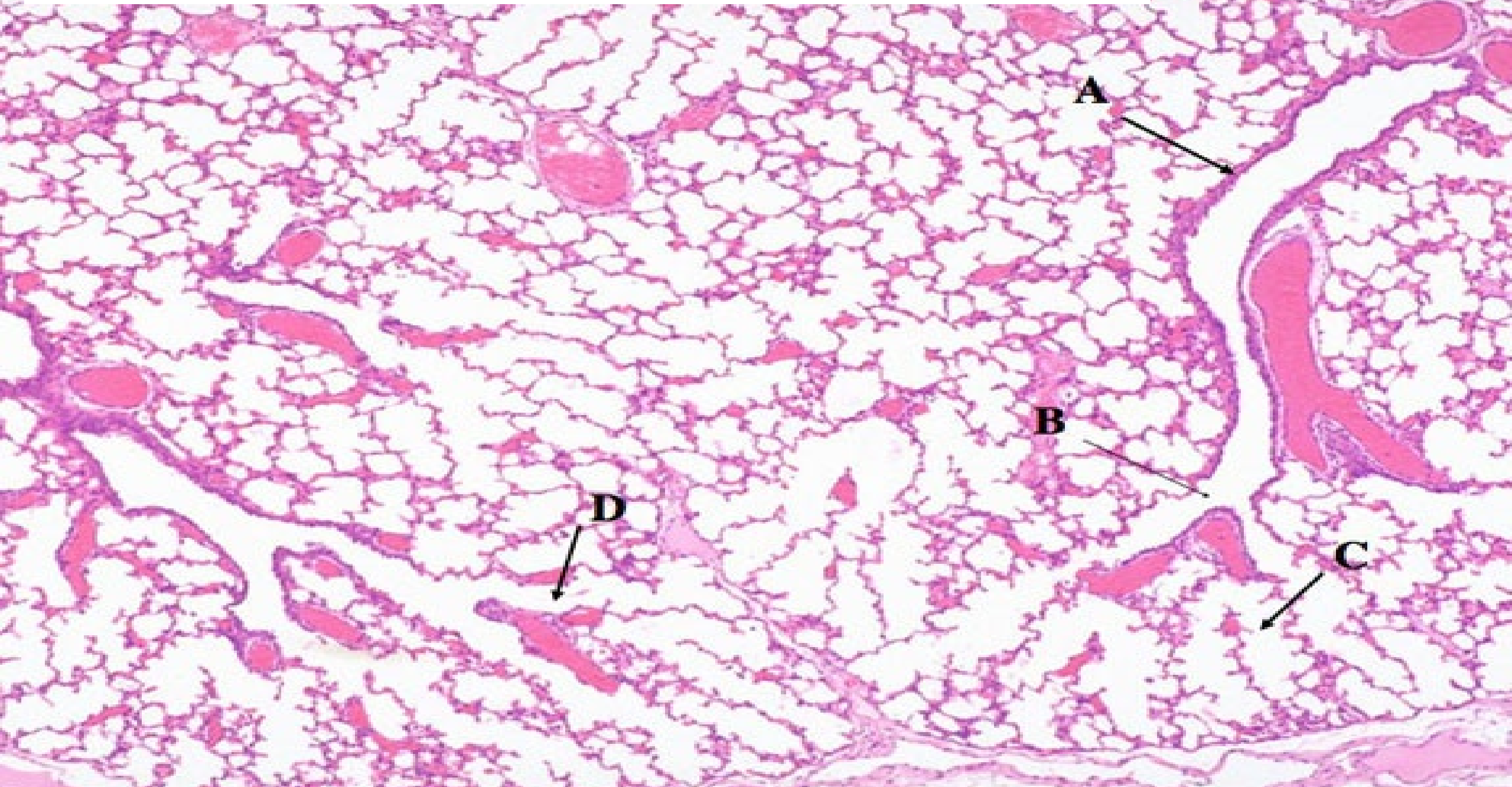


**DUST CELLS OR ALVEOLAR MACROPHAGES OR PULMONARY MACROPHAGES**

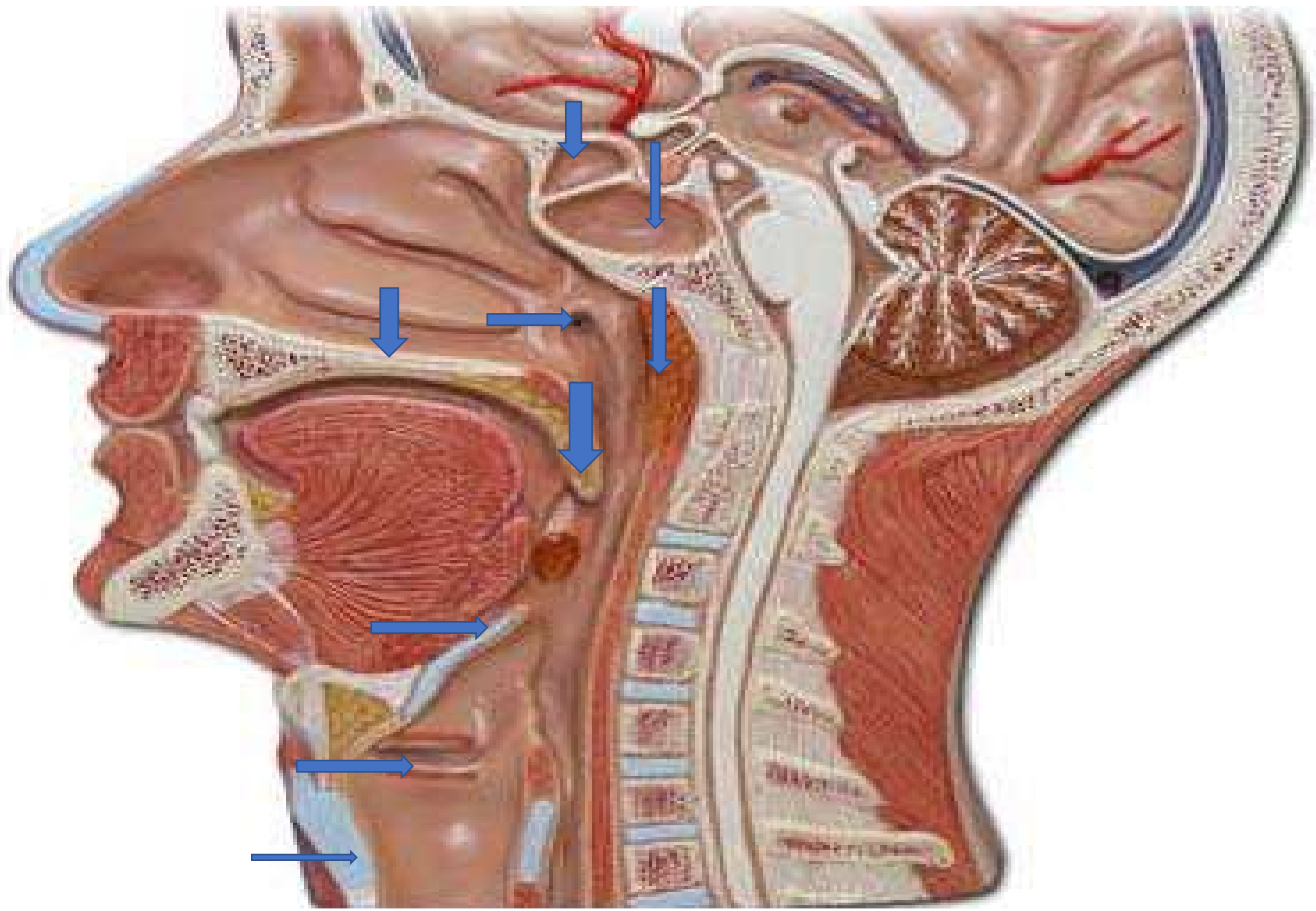




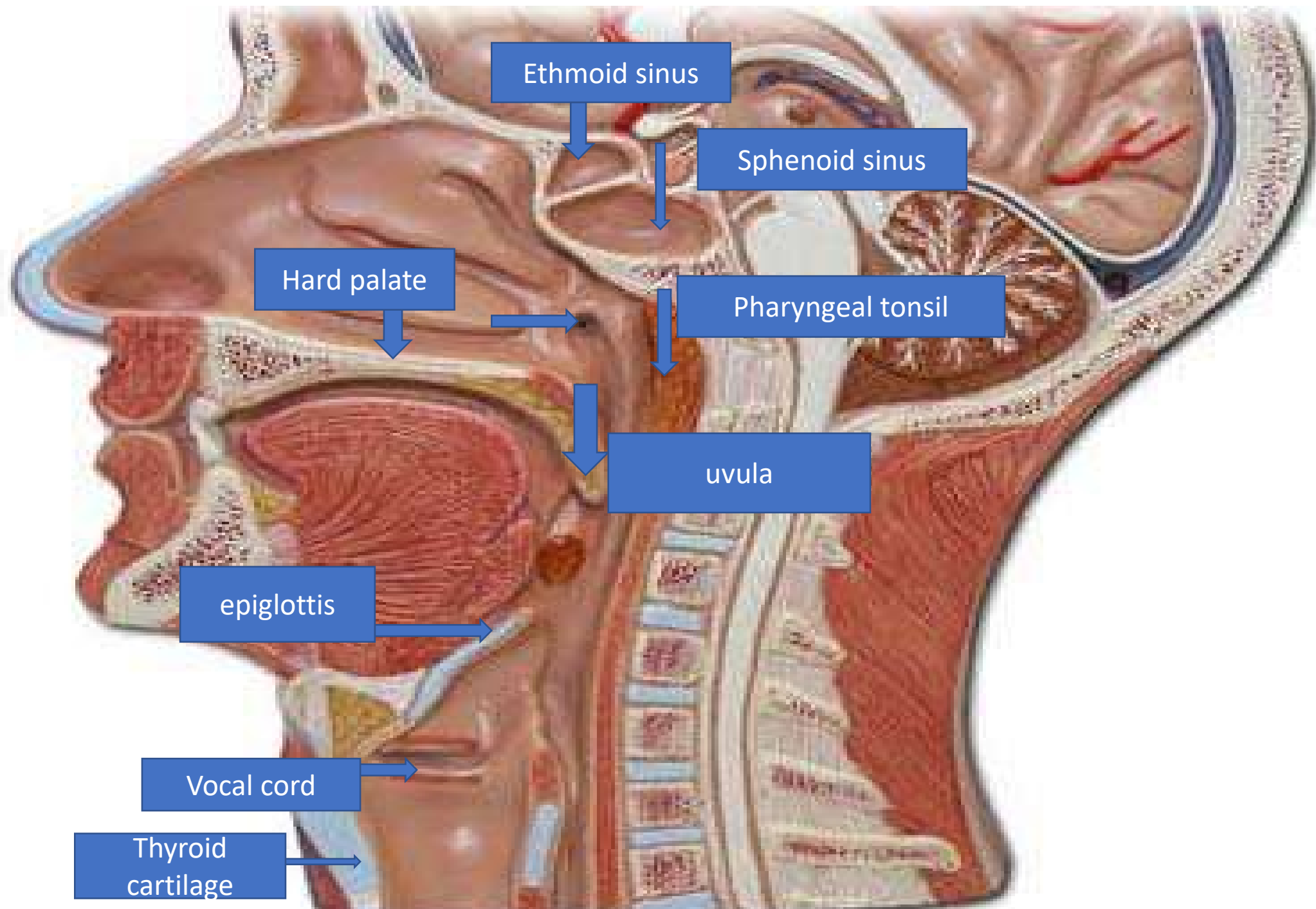
**A: Terminal Bronchiole B: Respiratory Bronchiole C: Alveolar Sac D: Alveolar Duct**



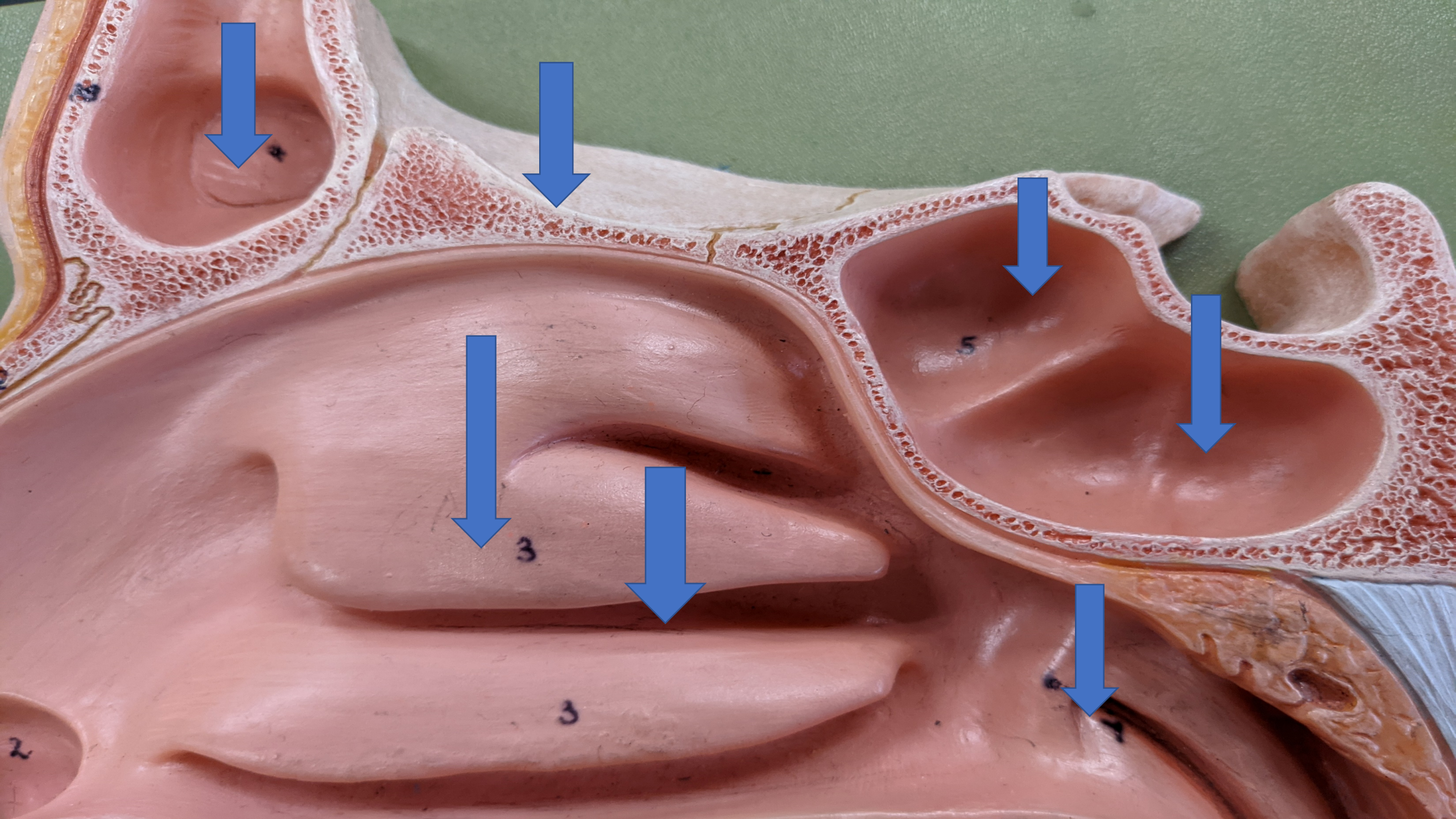




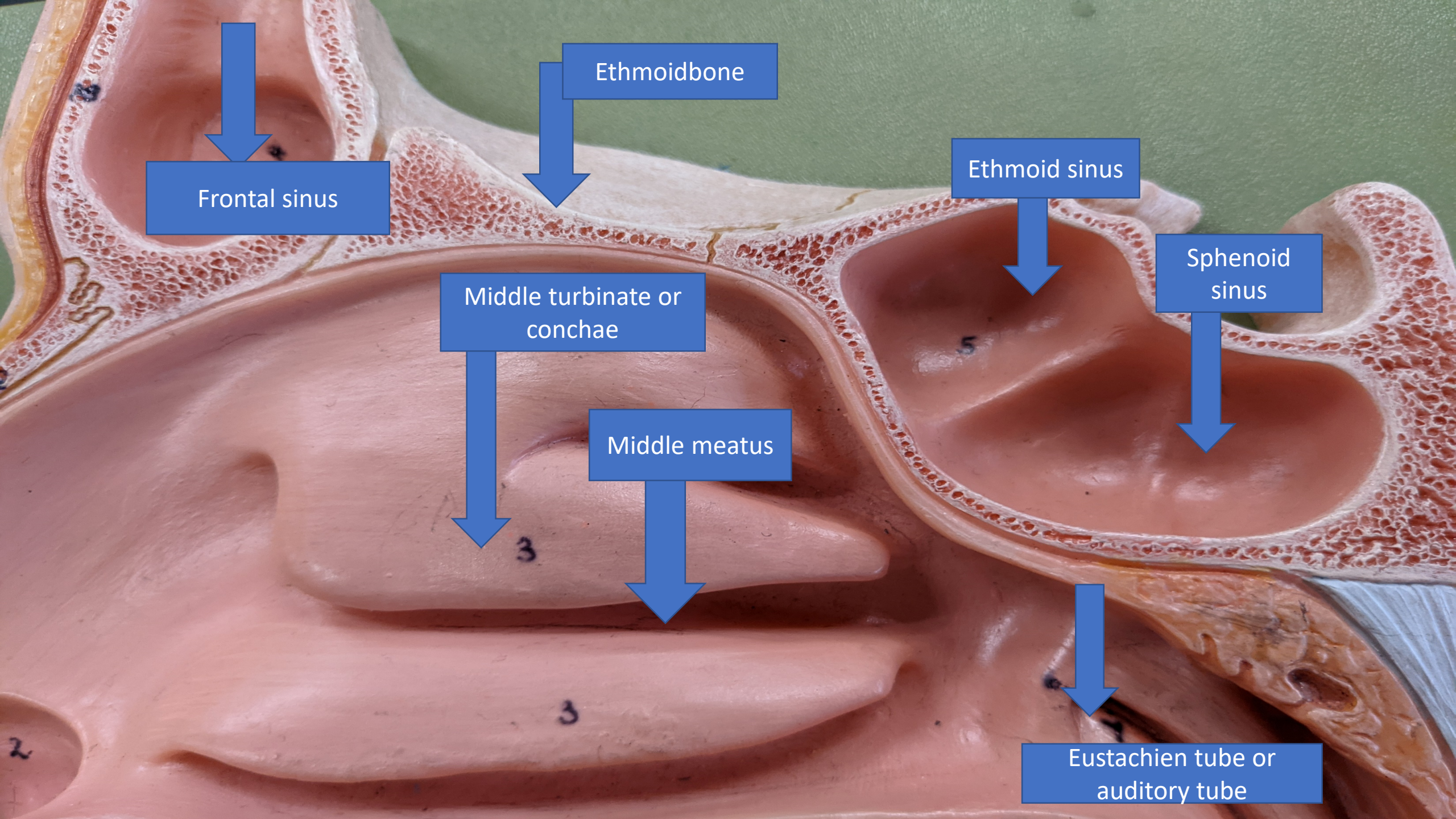












Frontal sinus

Ethmoidbone

Ethmoid sinus

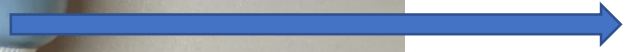
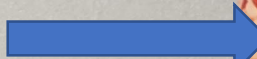
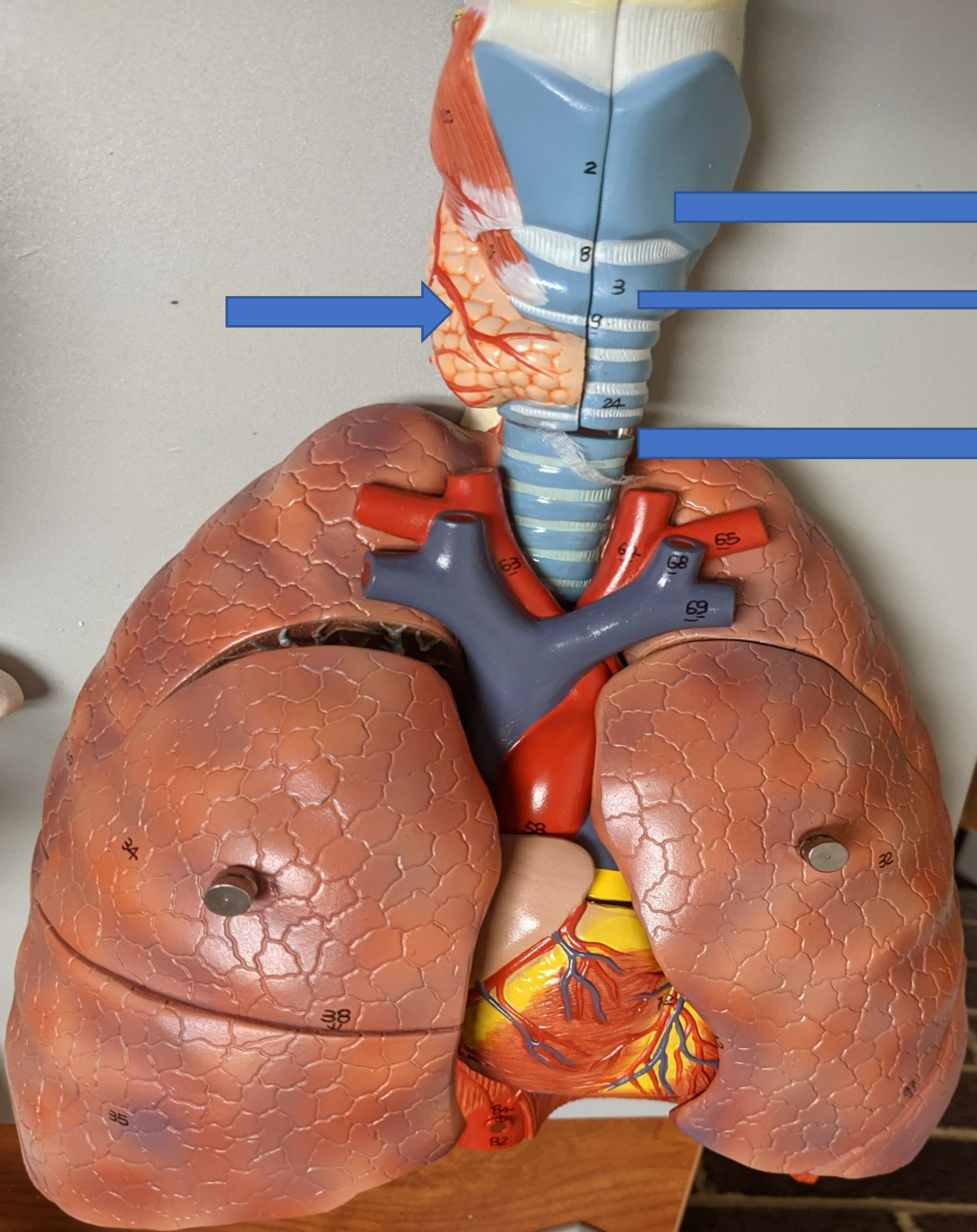
Sphenoid sinus

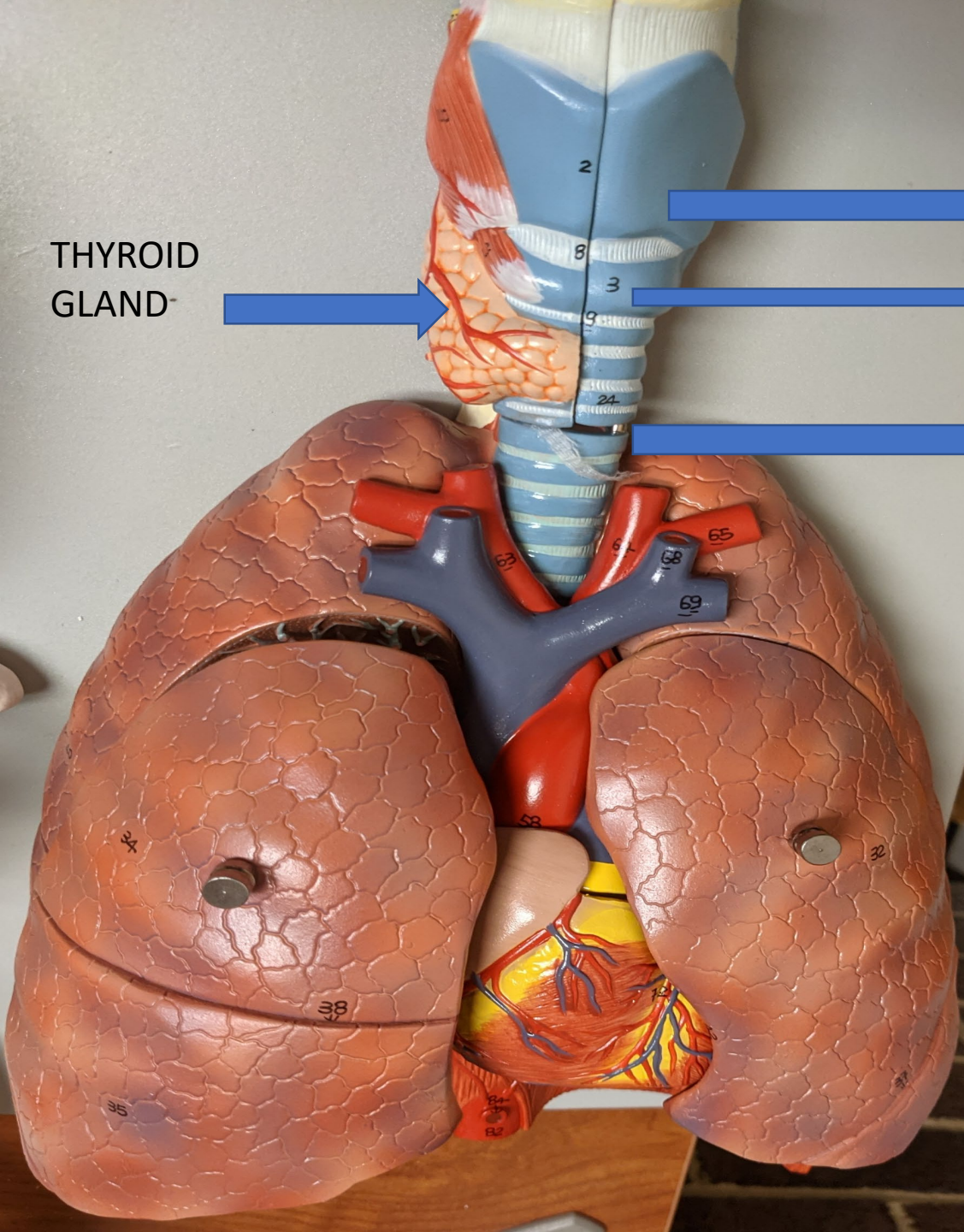
Middle turbinate or conchae

Middle meatus

Eustachien tube or auditory tube







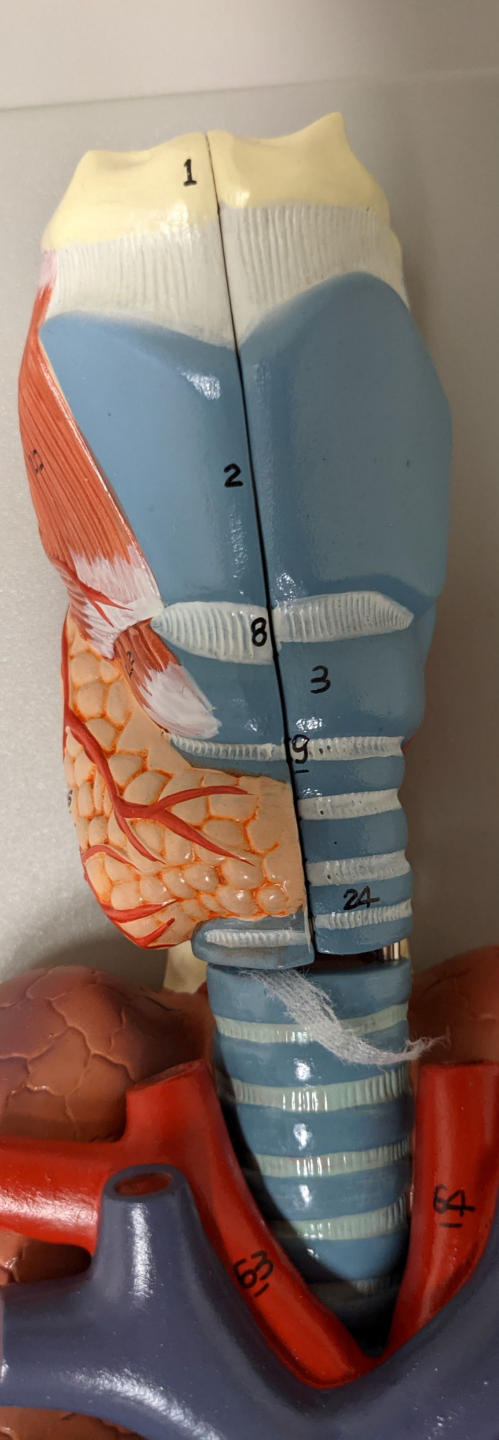
THYROID  
GLAND

Thyroid cartilage

Cricoid cartilage

C RING CARTILAGE OF  
THE TRACHEA





Identify the cartilaginous anatomical structures shown in the anterior view of the superior portion of the lower respiratory system.

2?

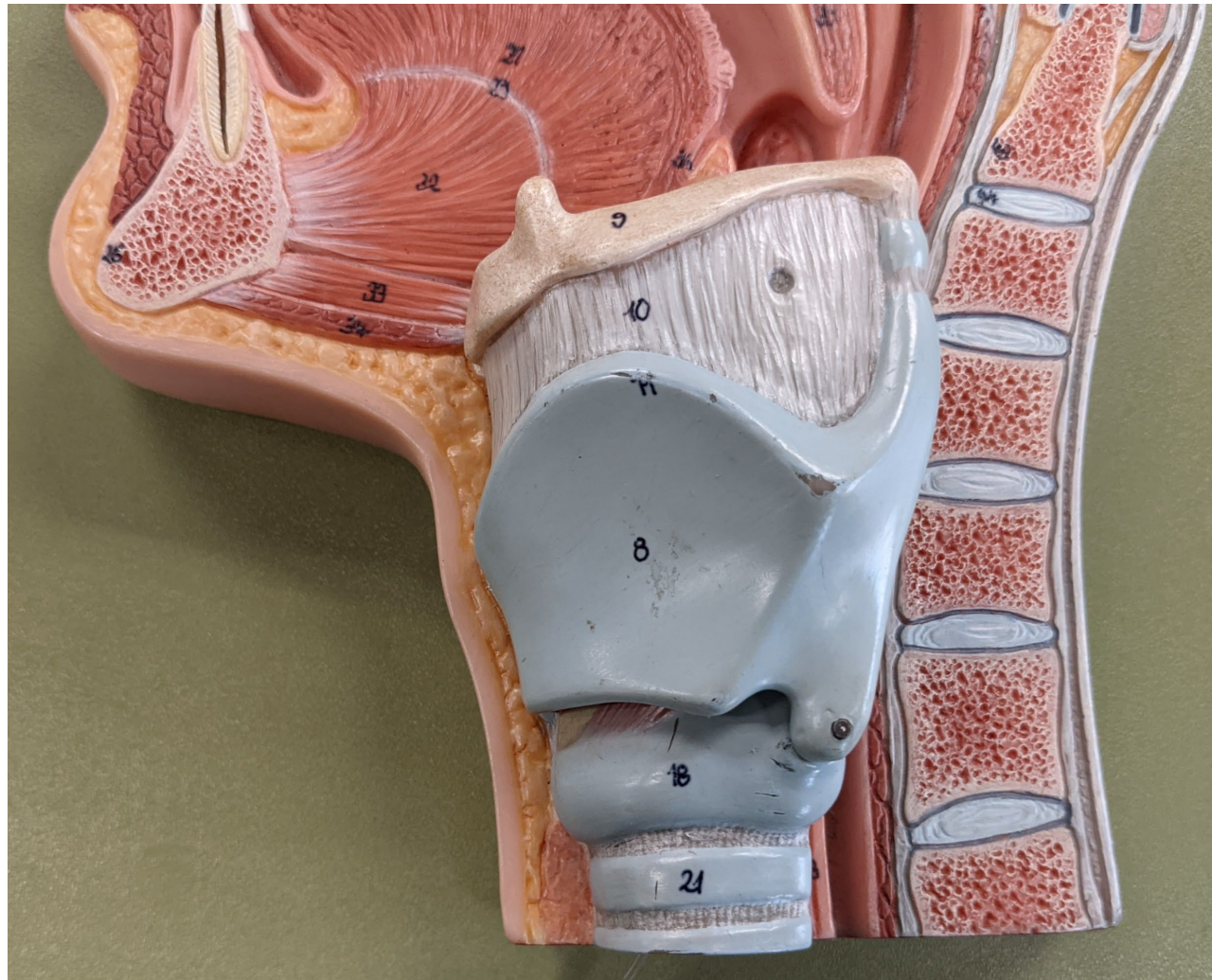
3?

24?

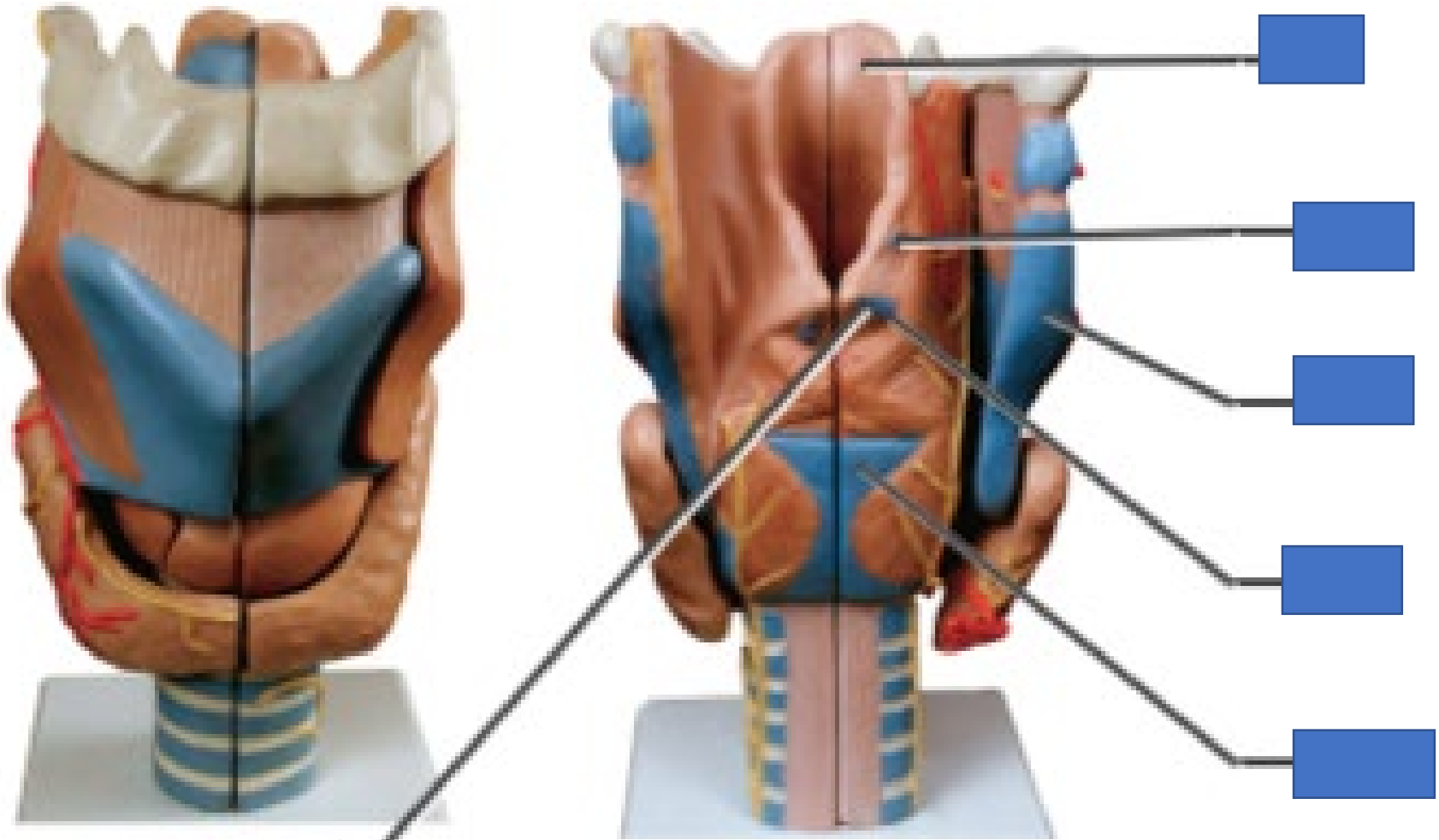


Identify the cartilaginous anatomical structures shown in the anterior view of the superior portion of the lower respiratory system.

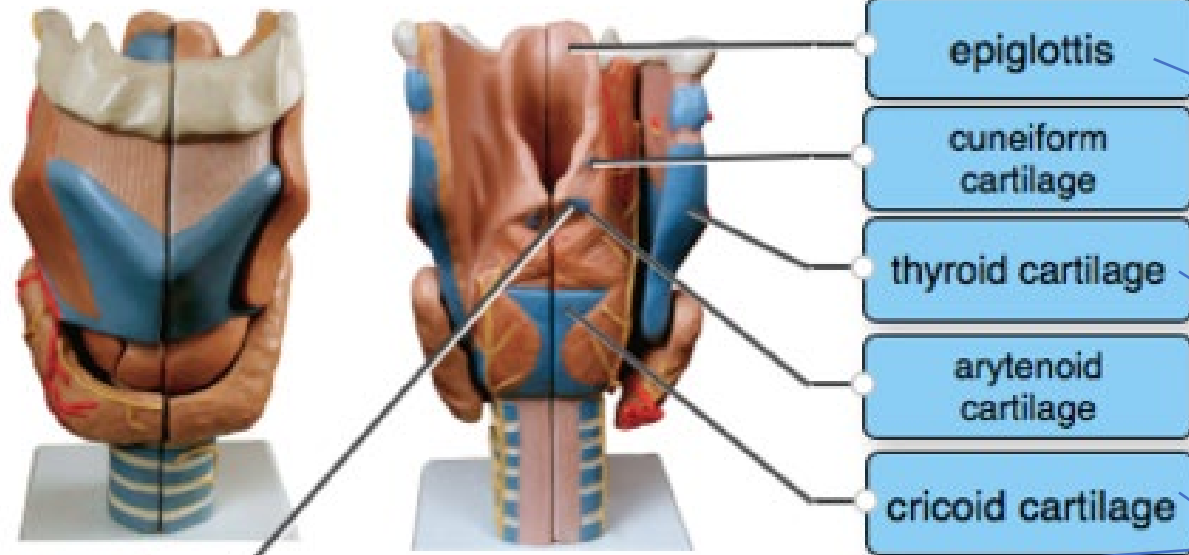
- 2. Thyroid cartilage
- 3. Cricoid cartilage
- 24. C ring of the trachea



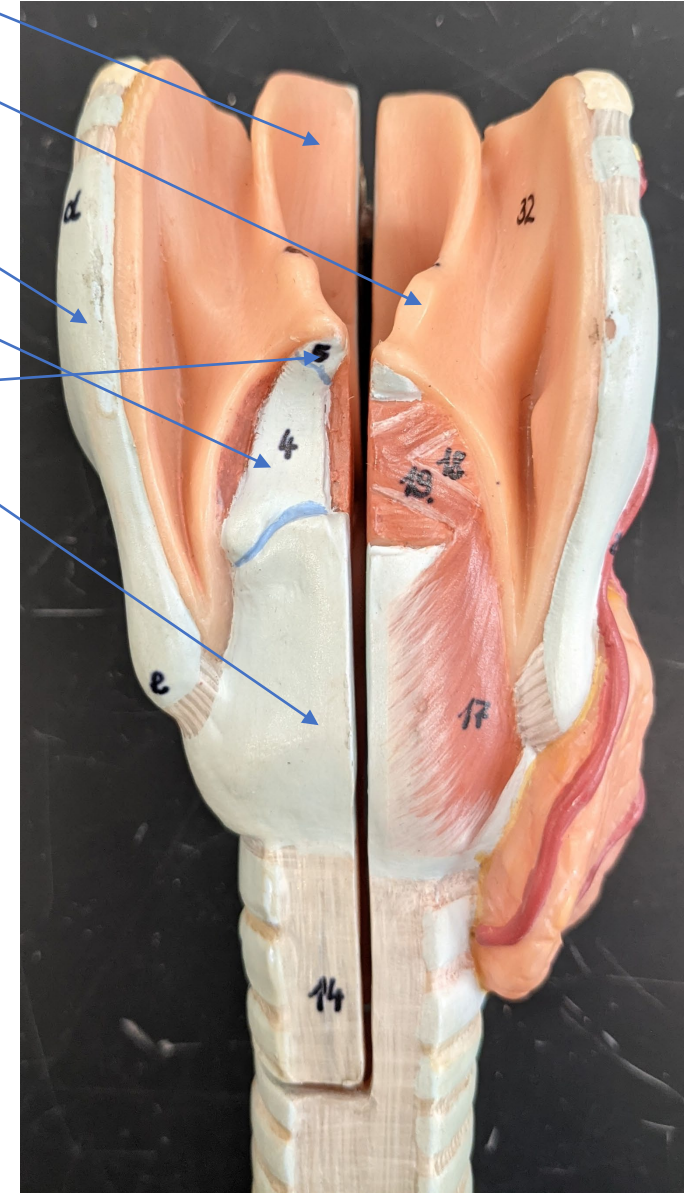
Identify the cartilaginous anatomical structures shown in the posterior view of the superior portion of the lower respiratory system.



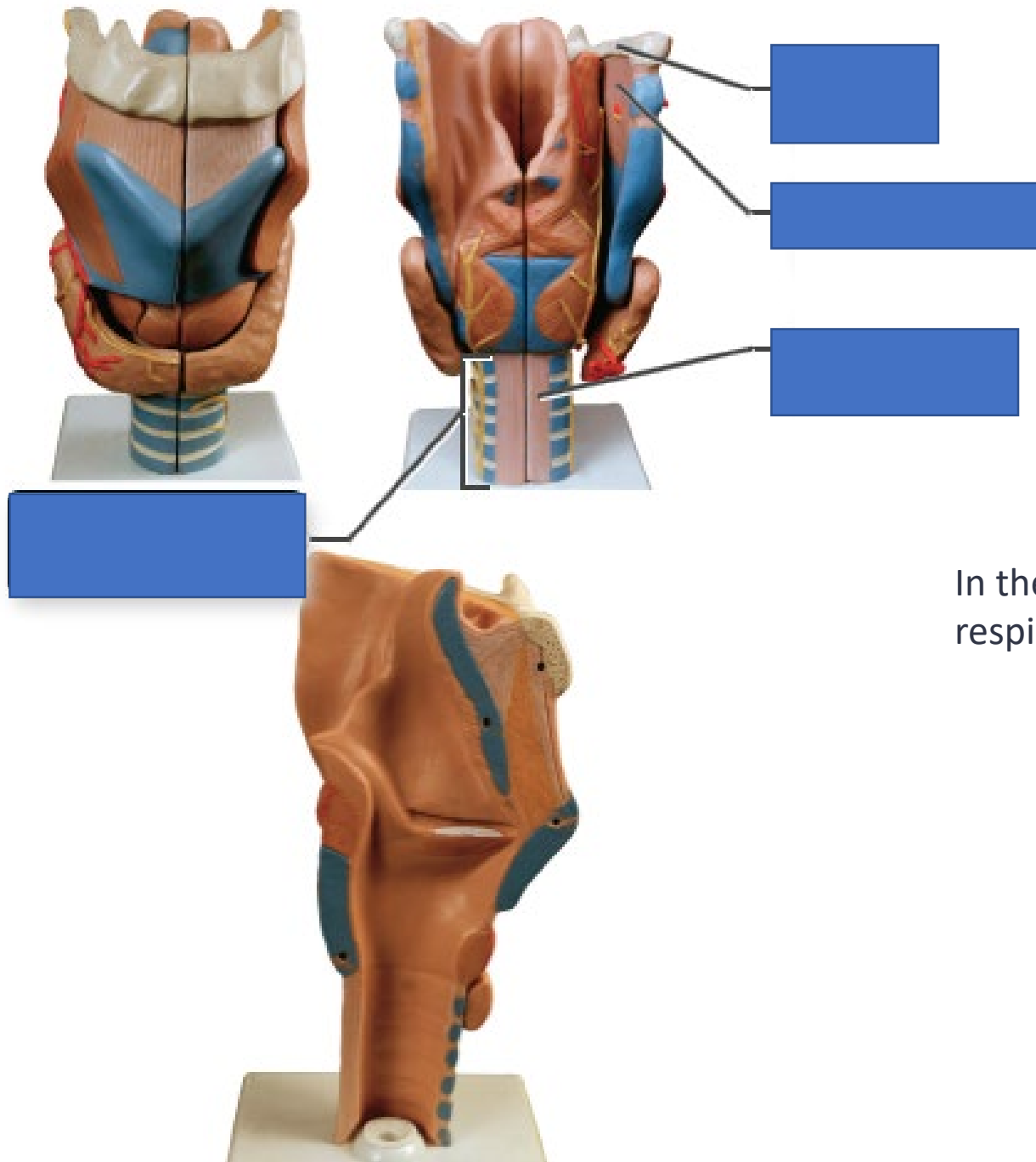
Identify the cartilaginous anatomical structures shown in the posterior view of the superior portion of the lower respiratory system.



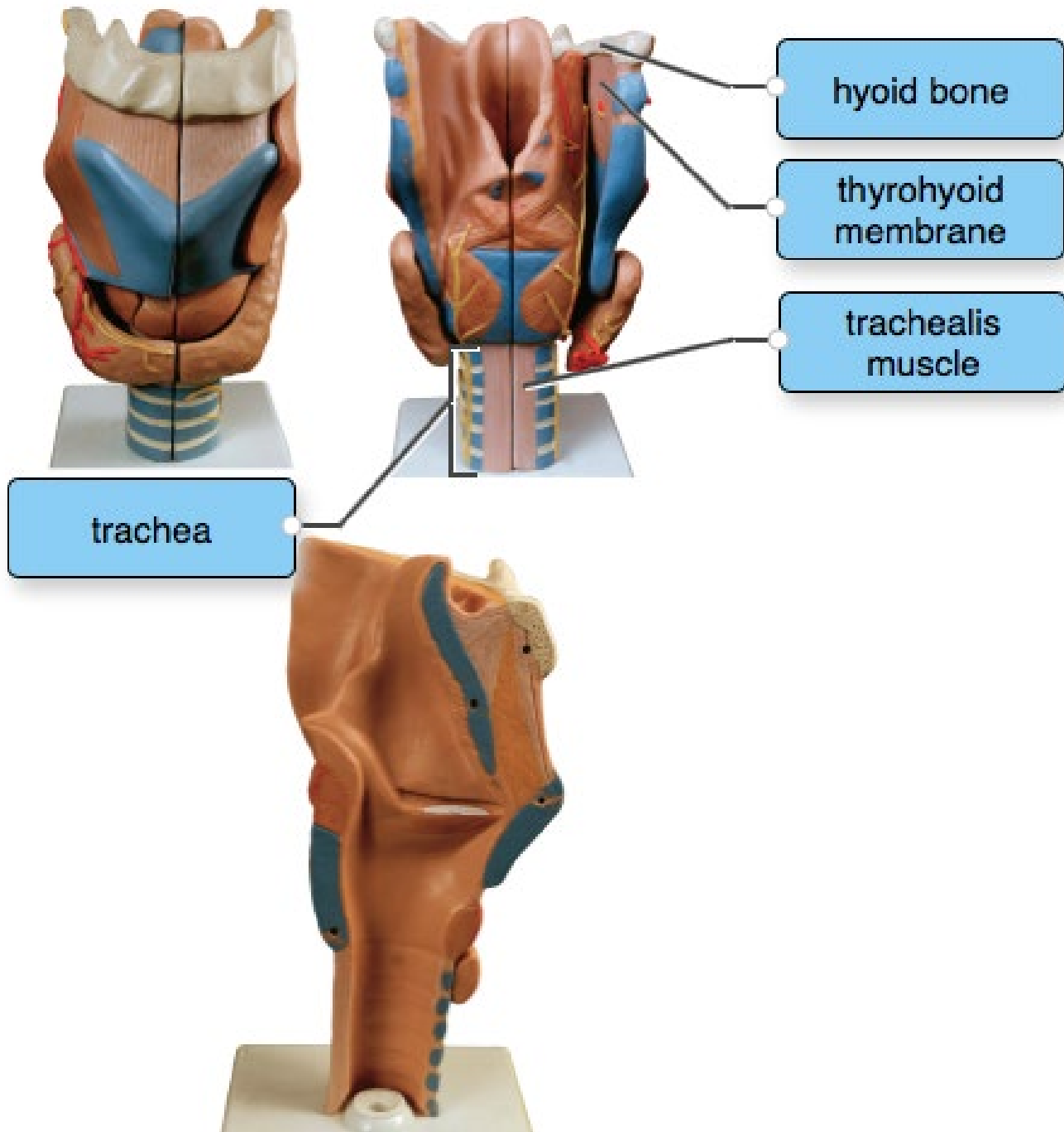
corniculate cartilage

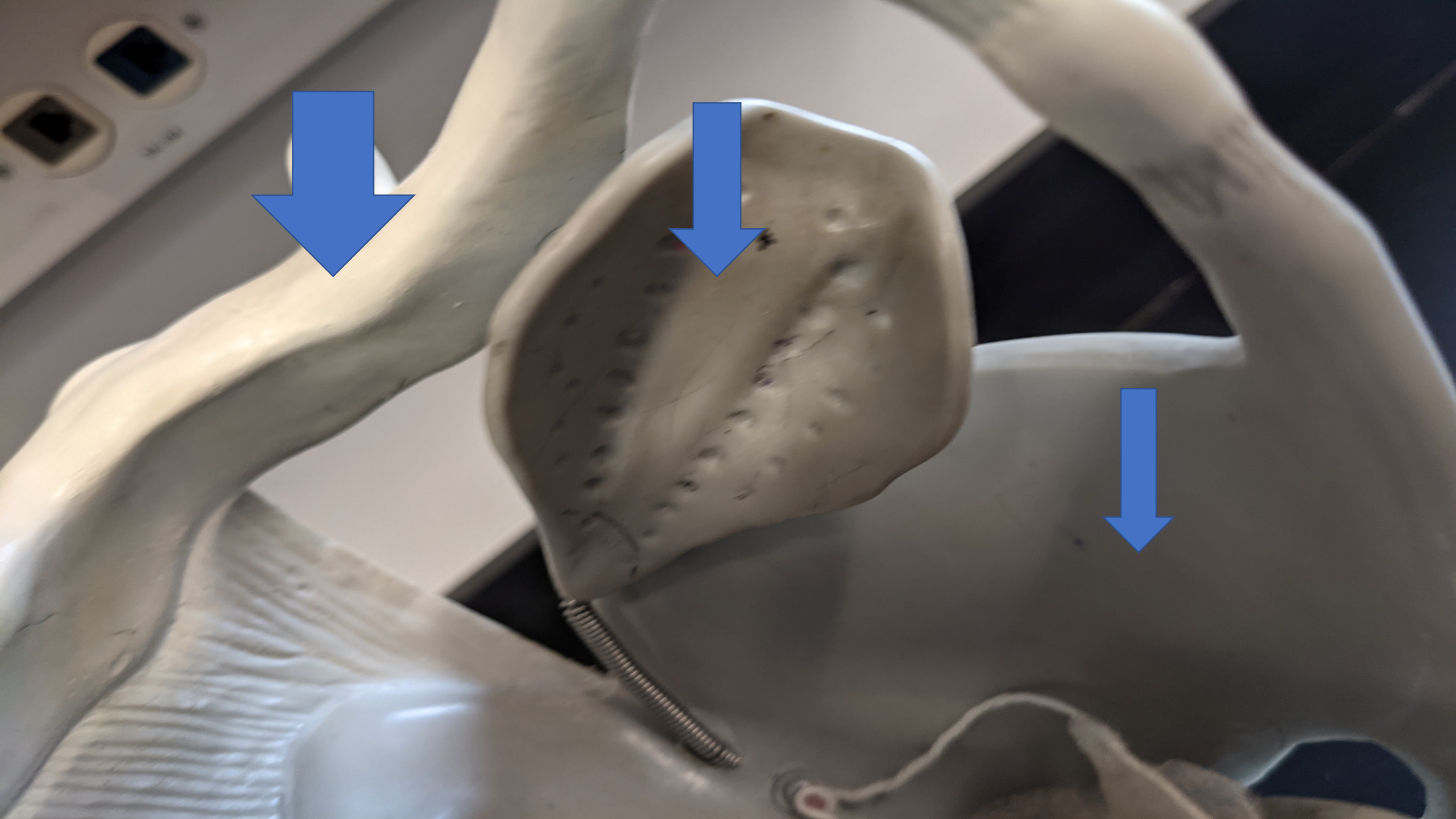




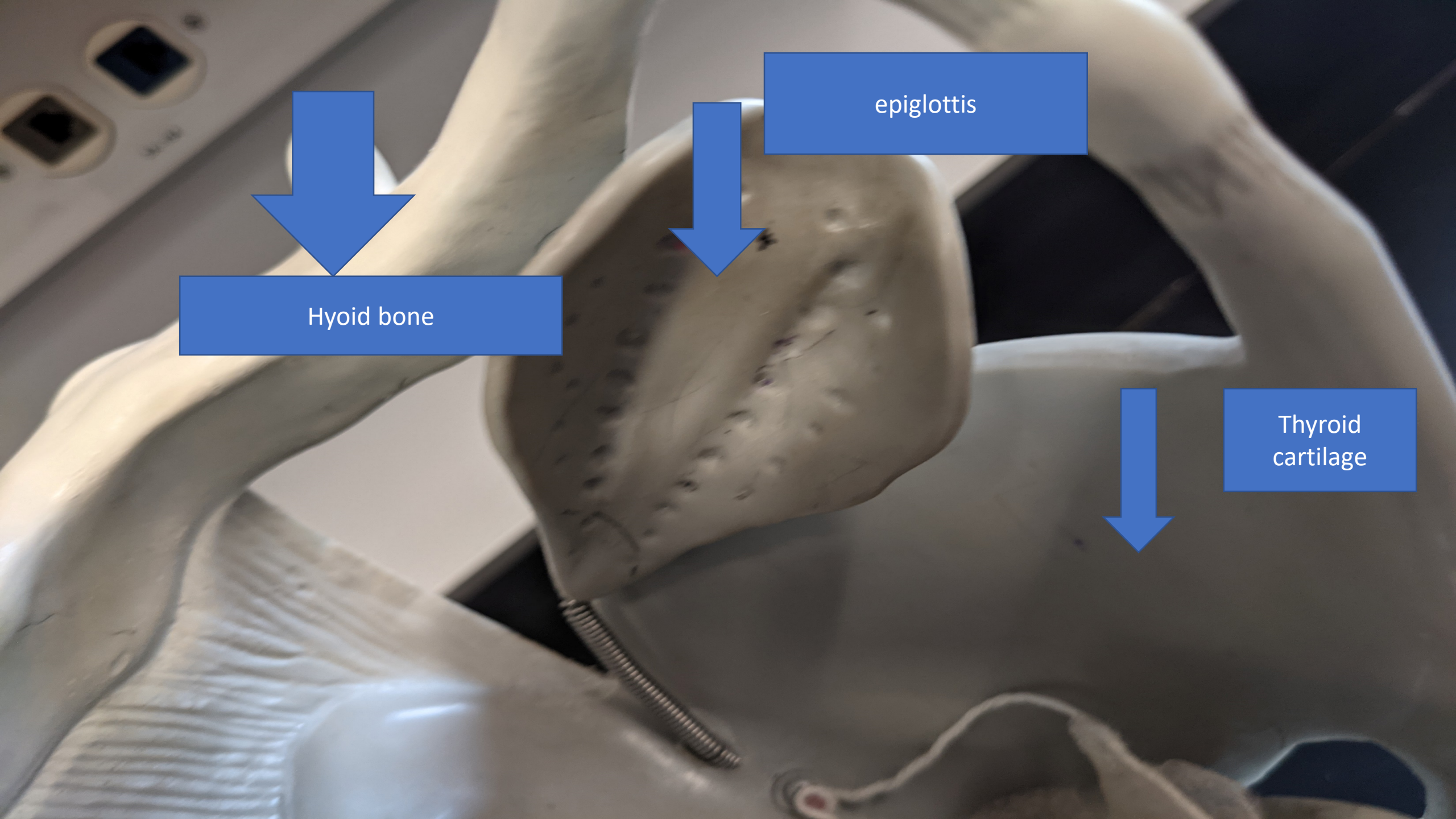


In the posterior view of the superior portion of the lower respiratory system, identify these structures.





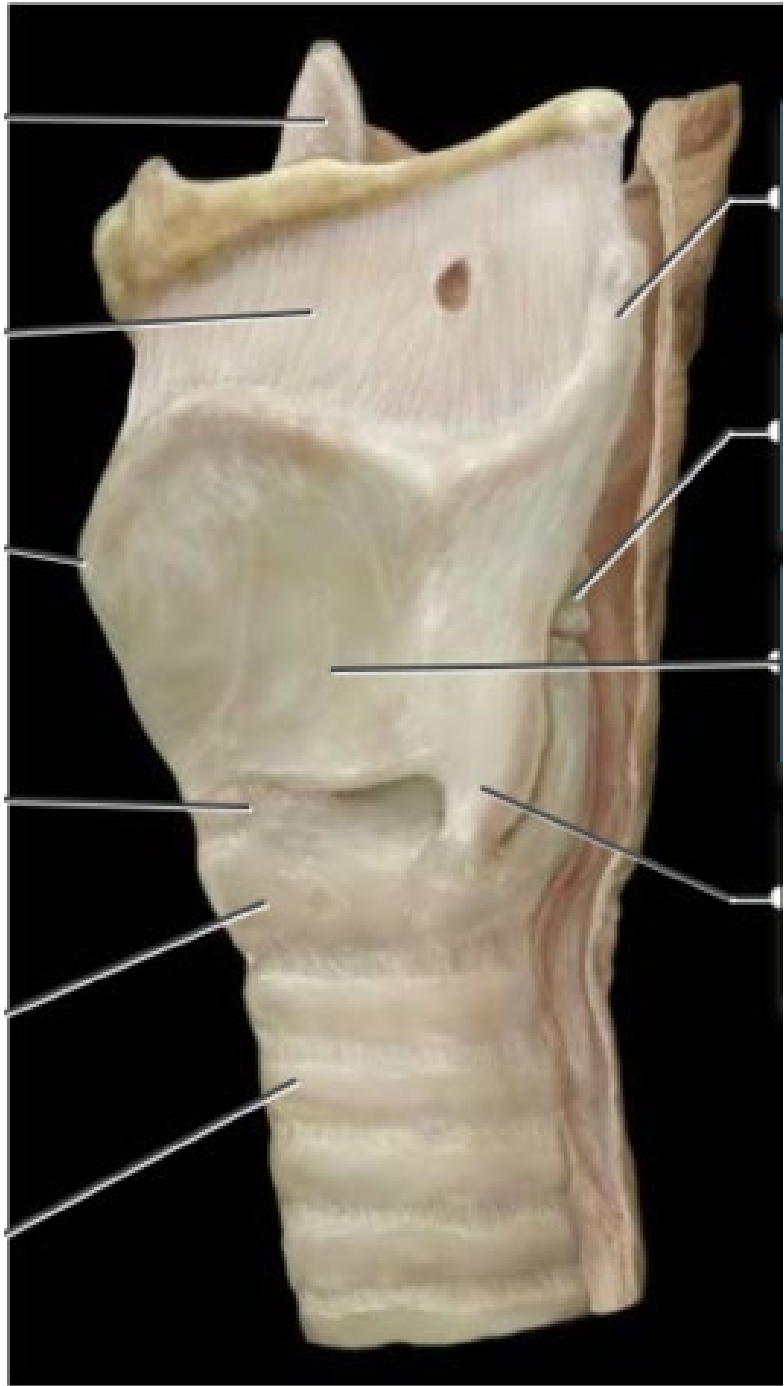




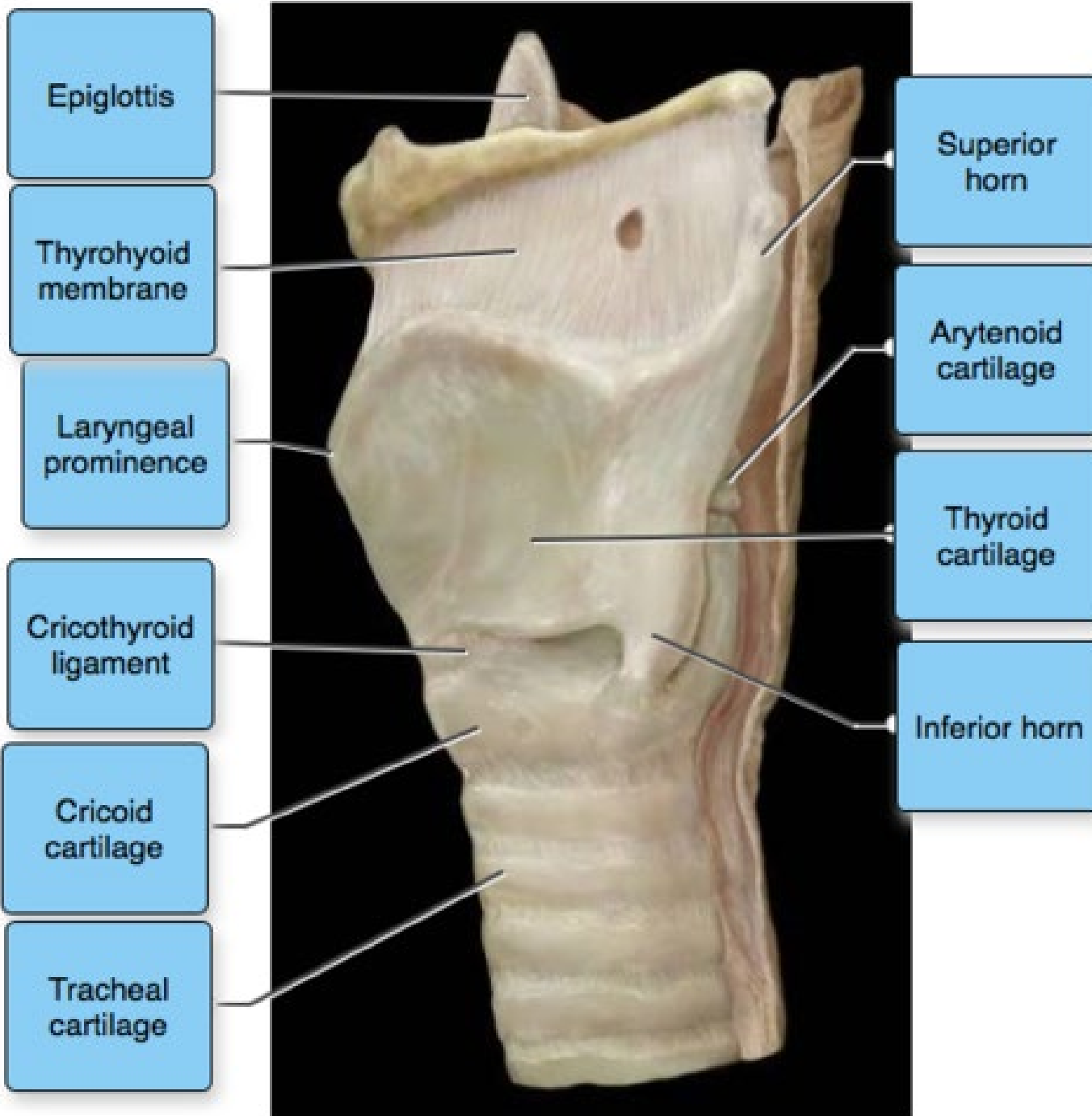
Hyoid bone

epiglottis

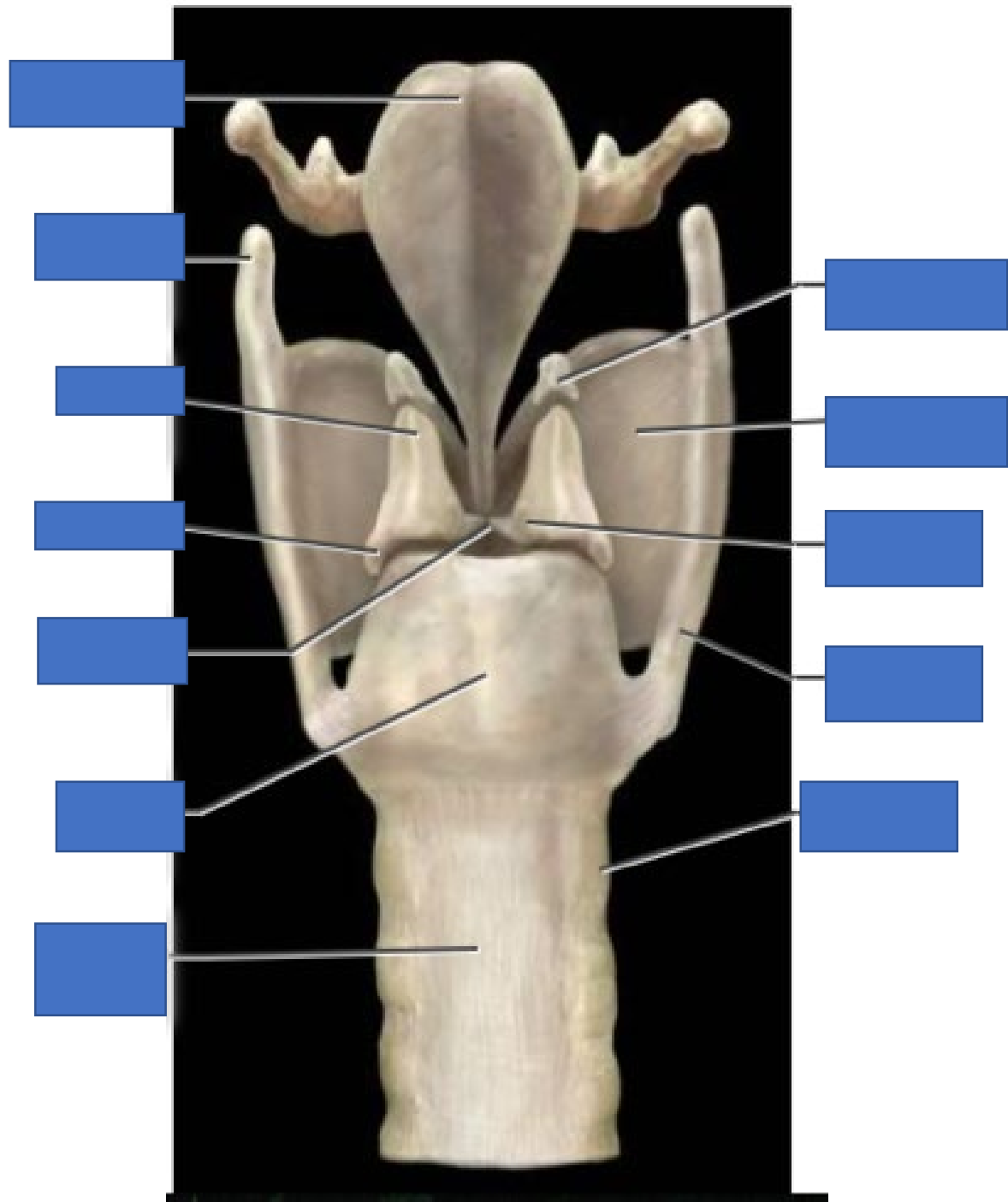
Thyroid cartilage

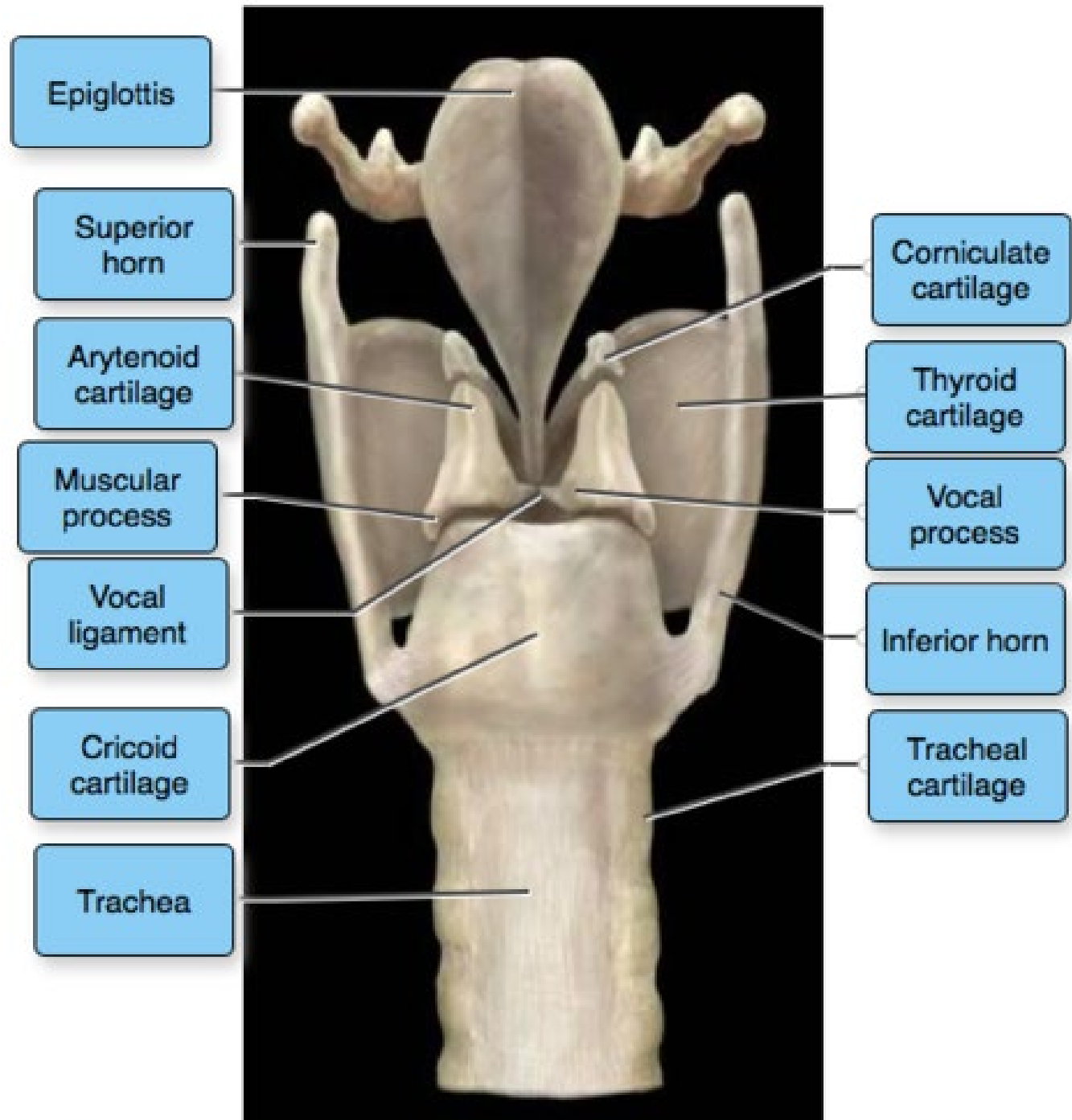


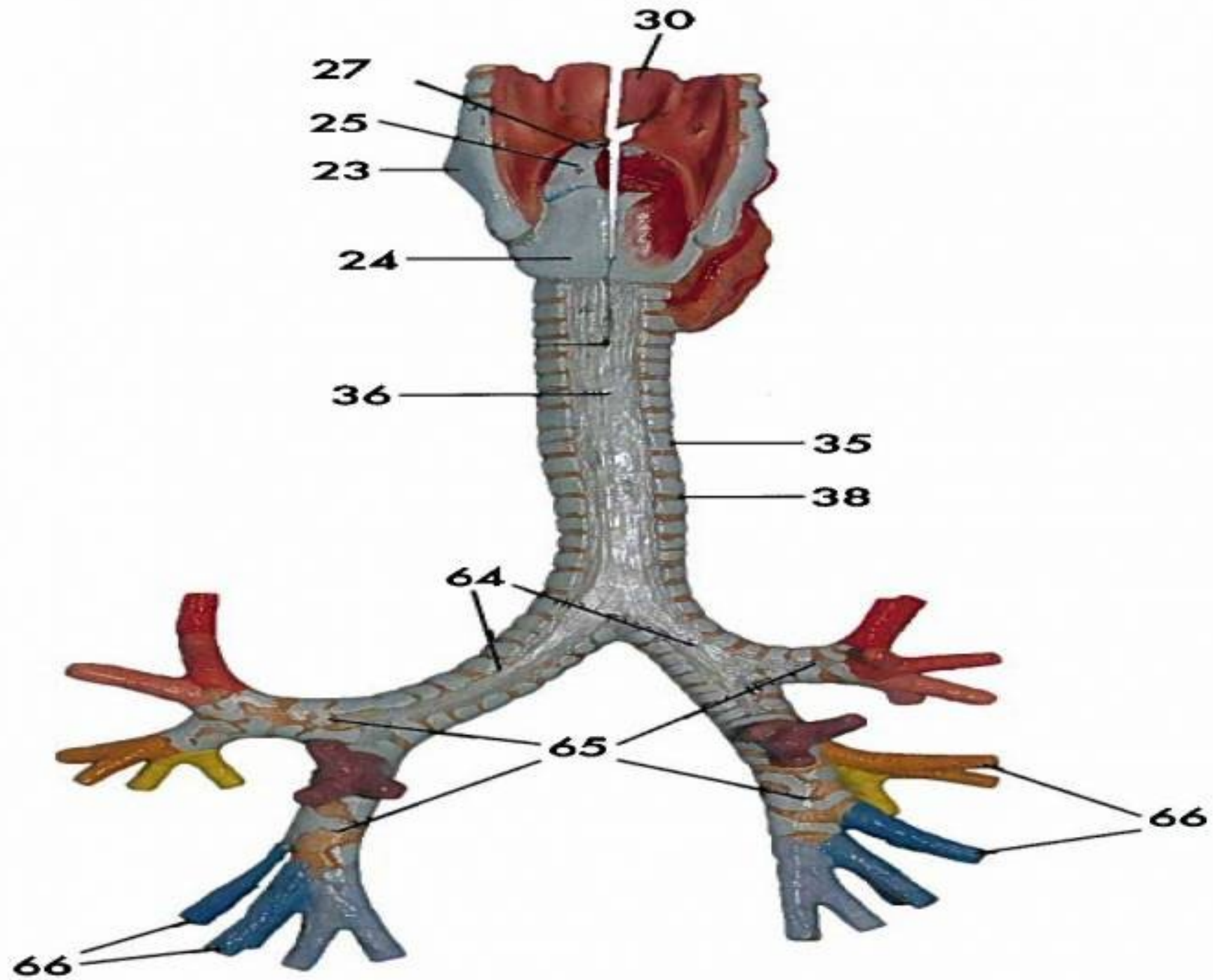
Label the lateral view of the larynx based on the hints if provided.



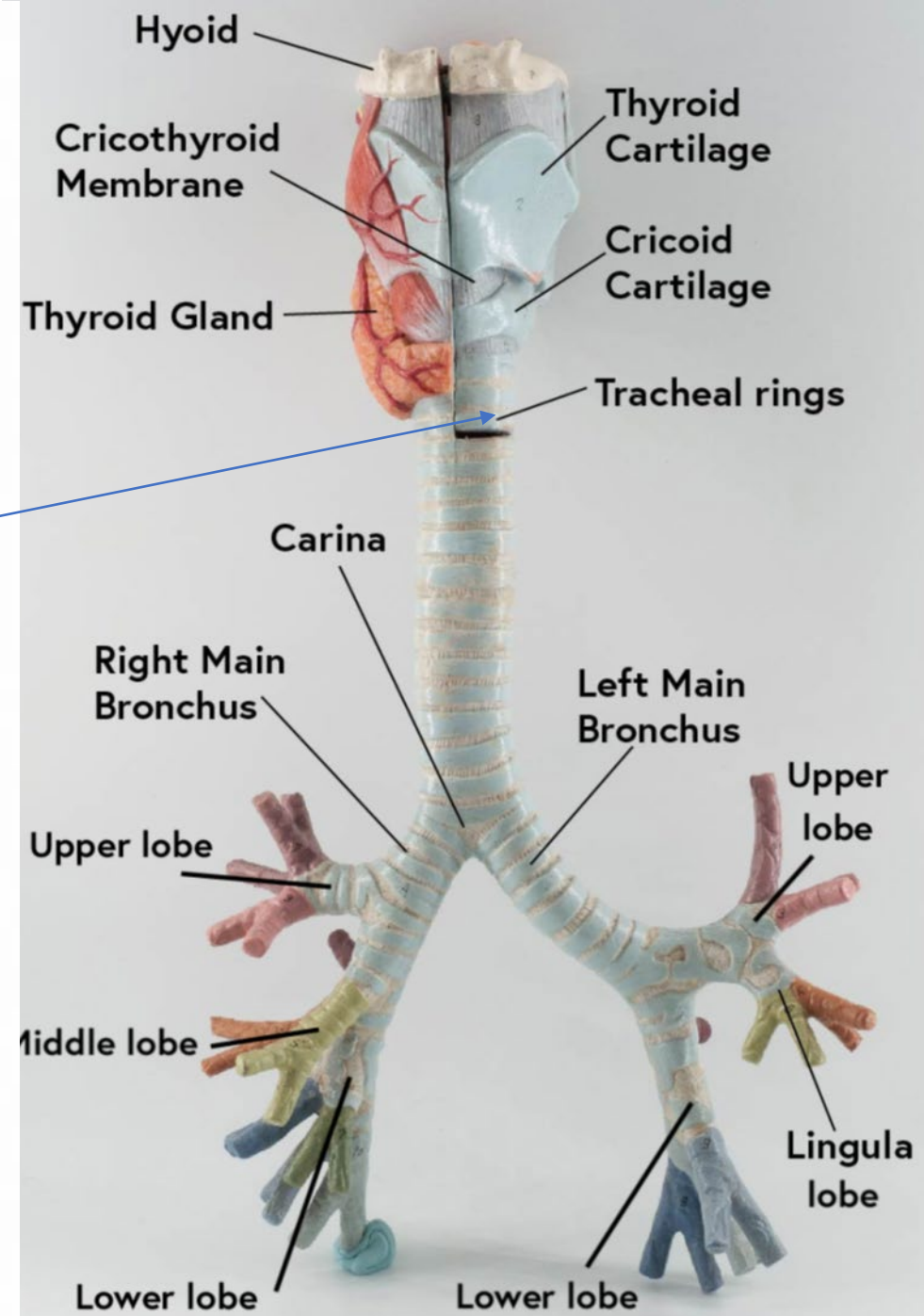
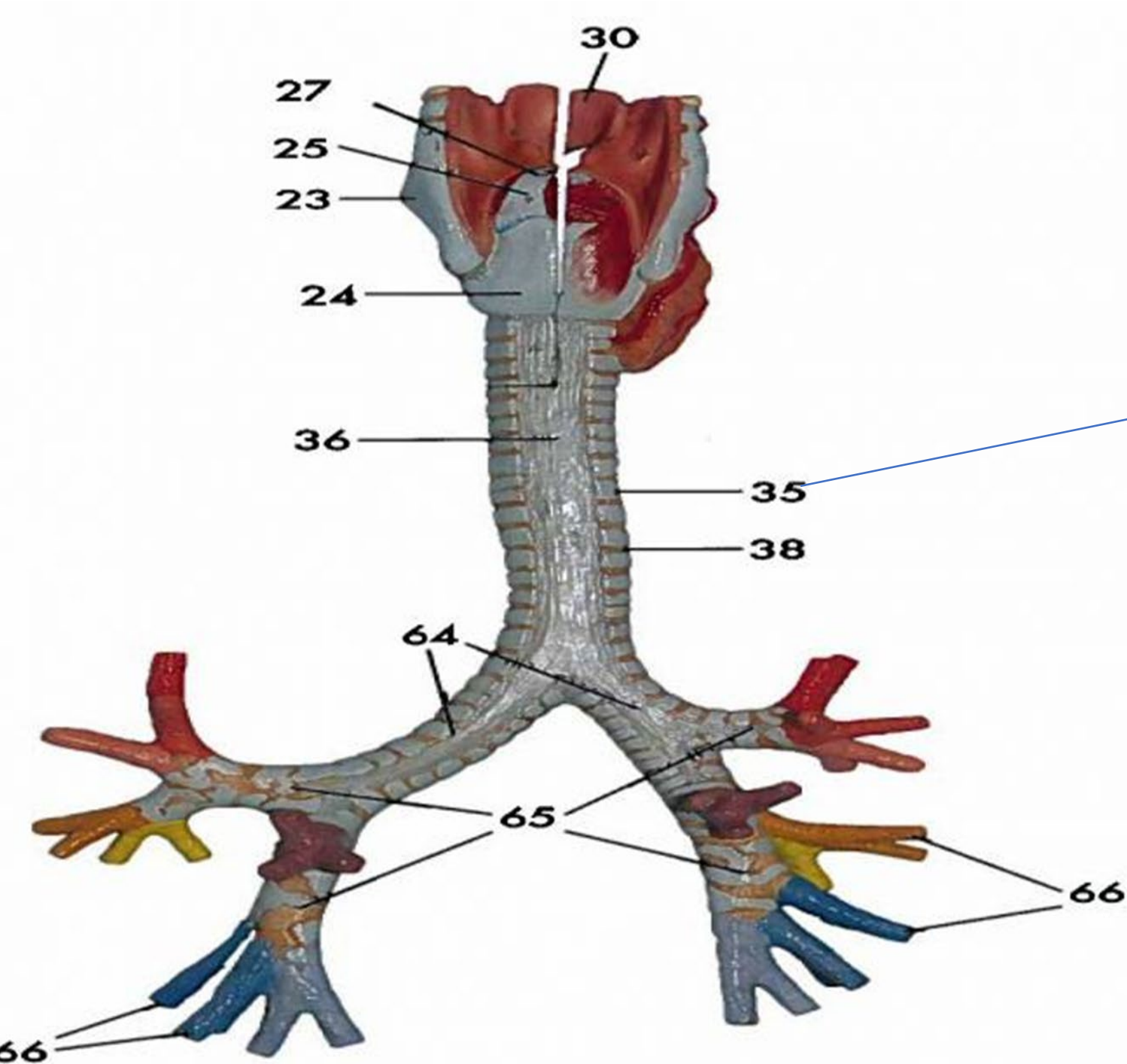


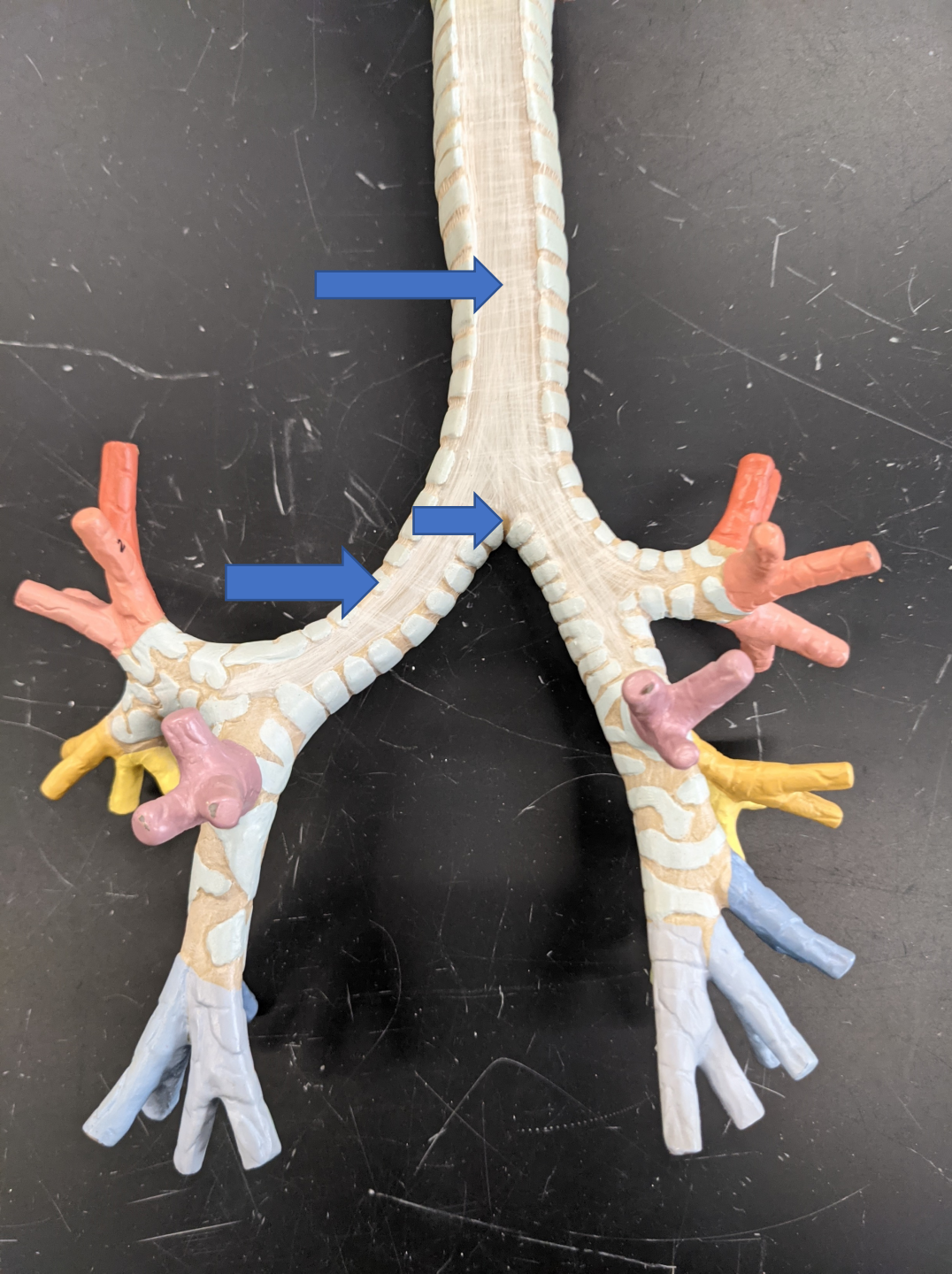




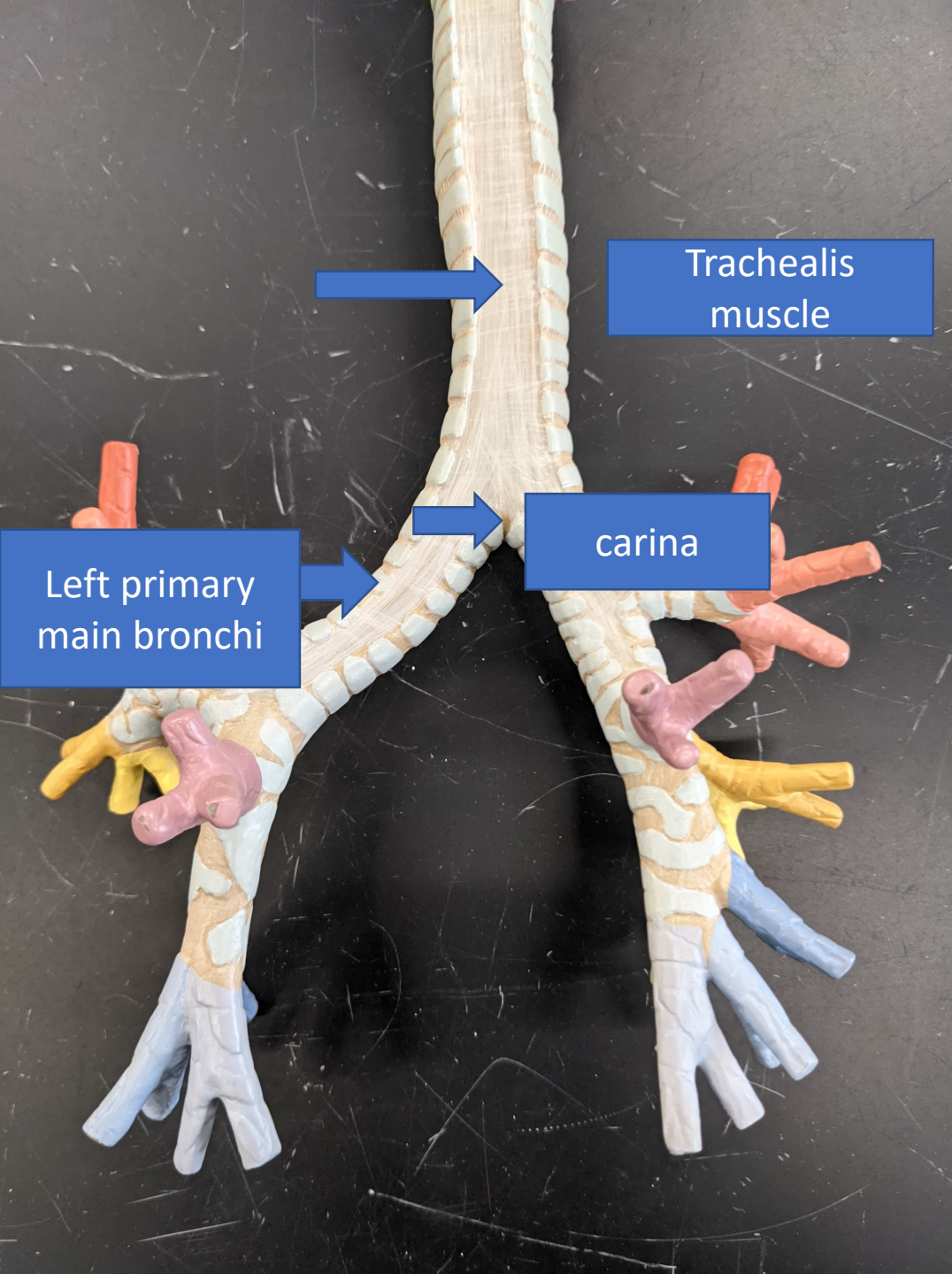










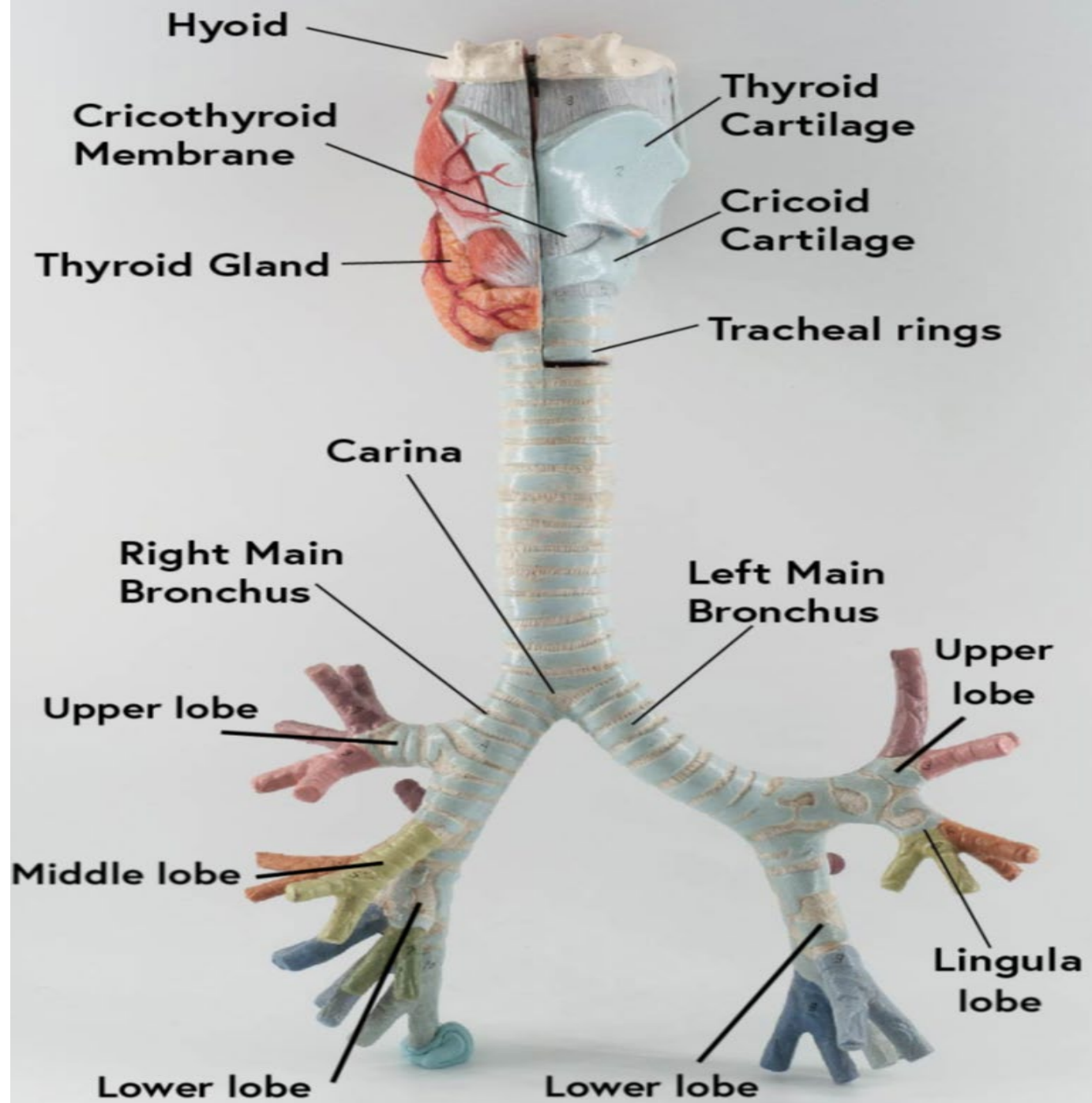
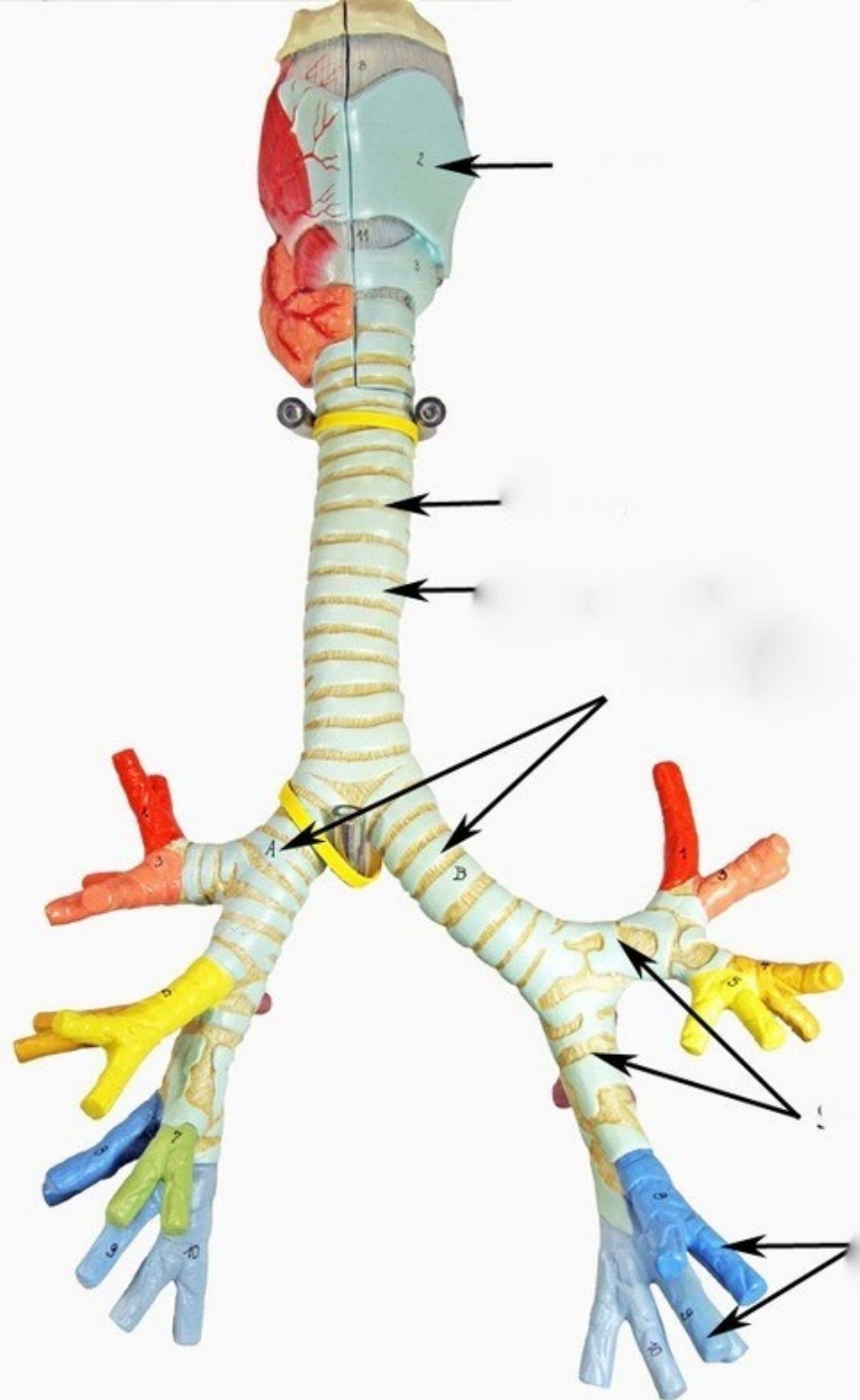


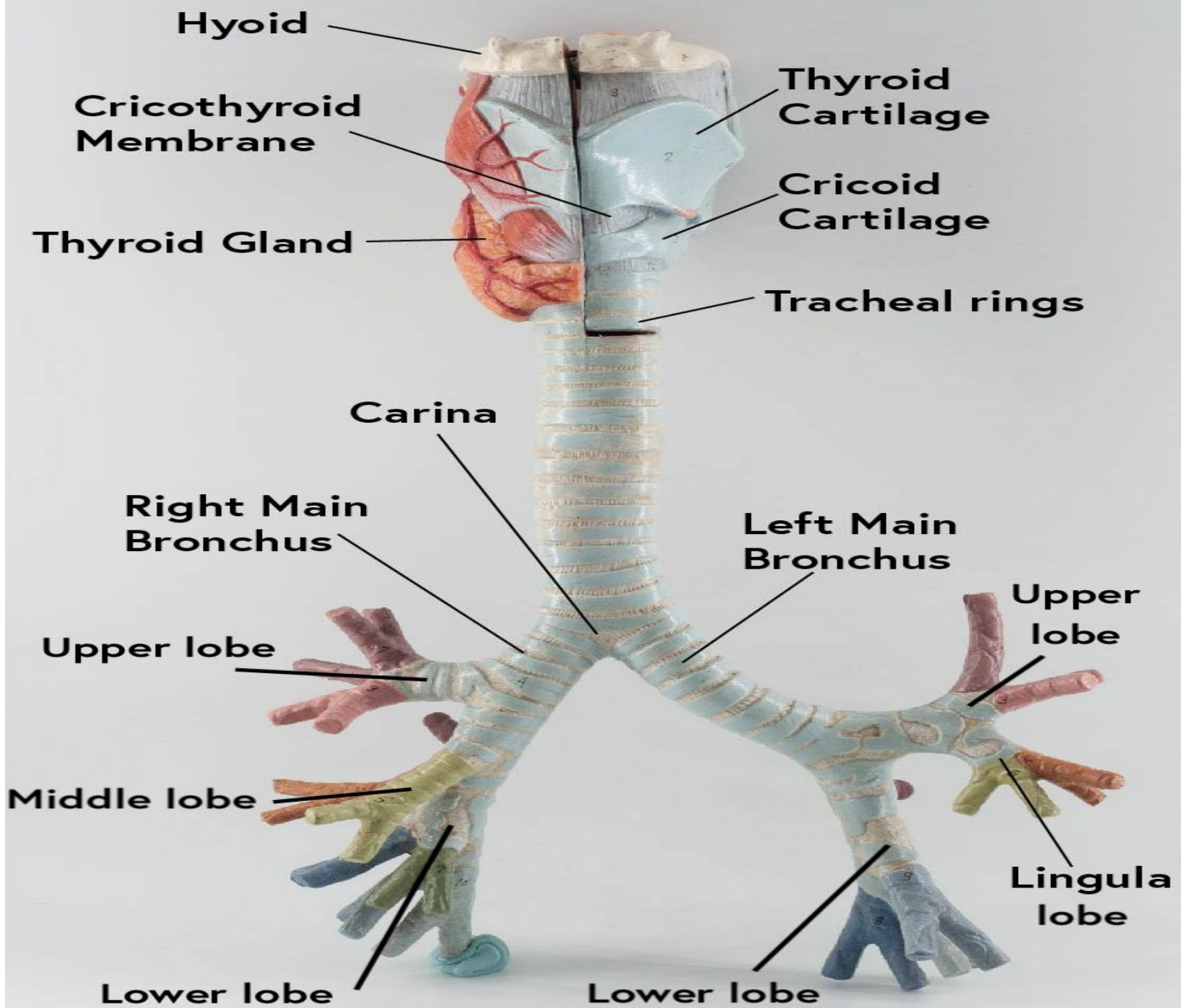
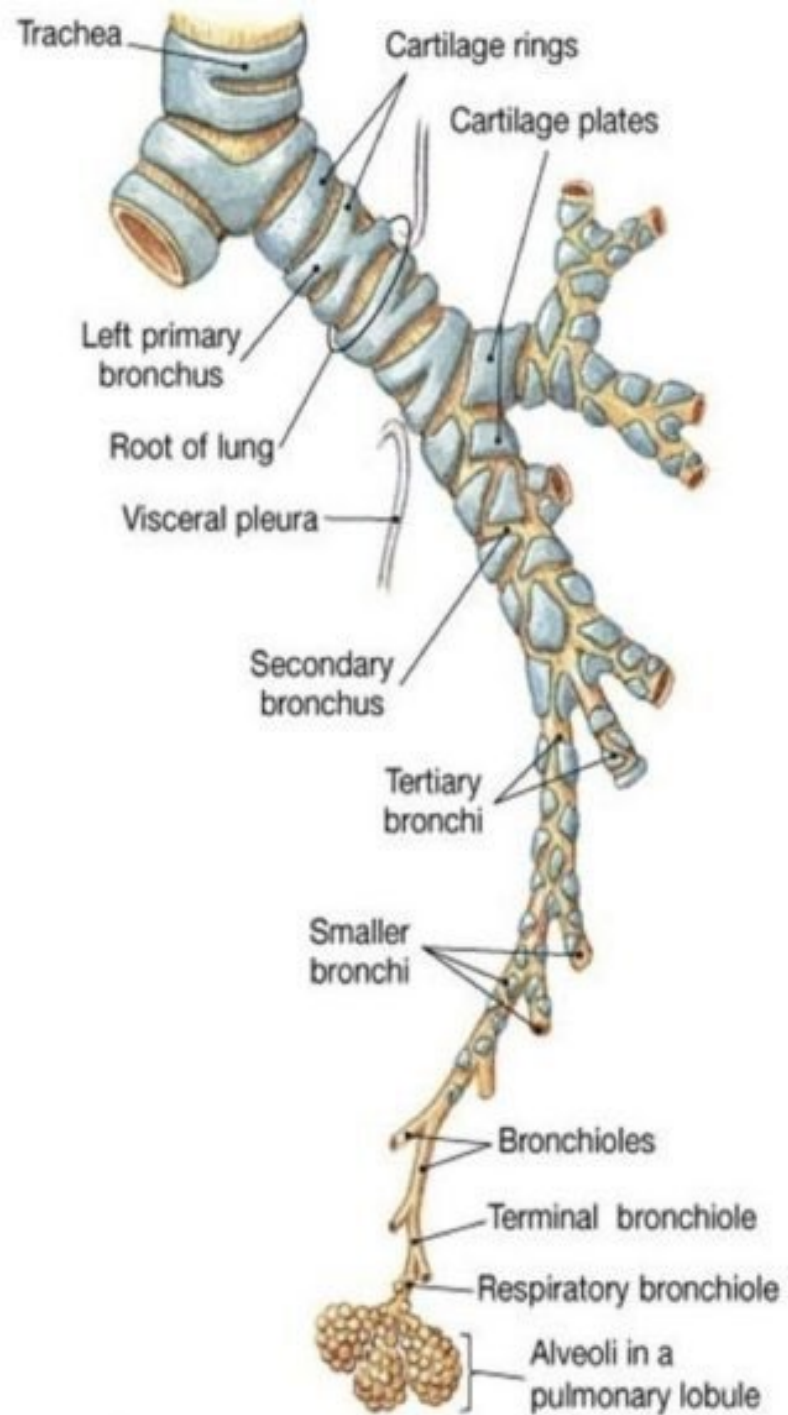
Trachealis  
muscle

carina

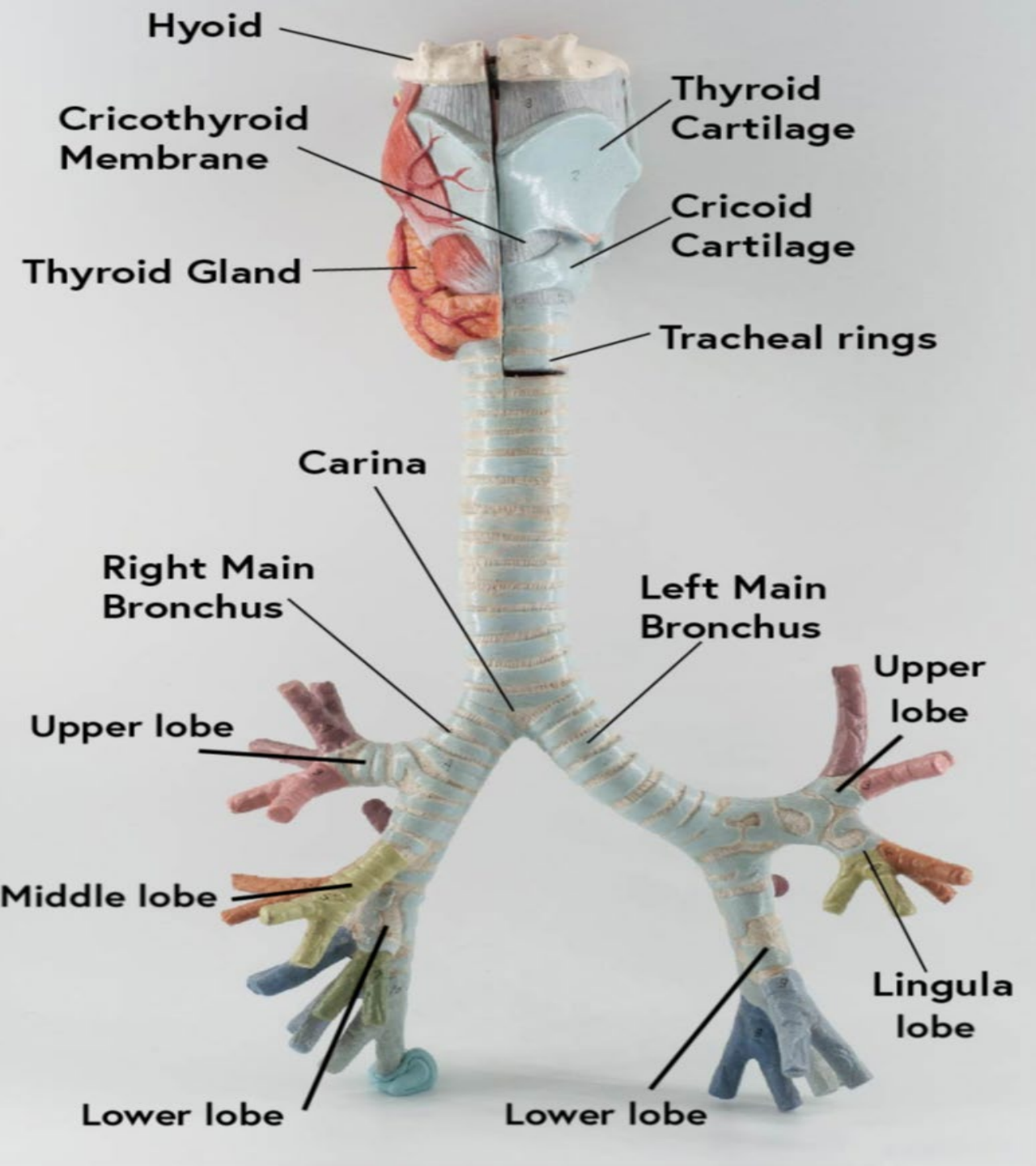
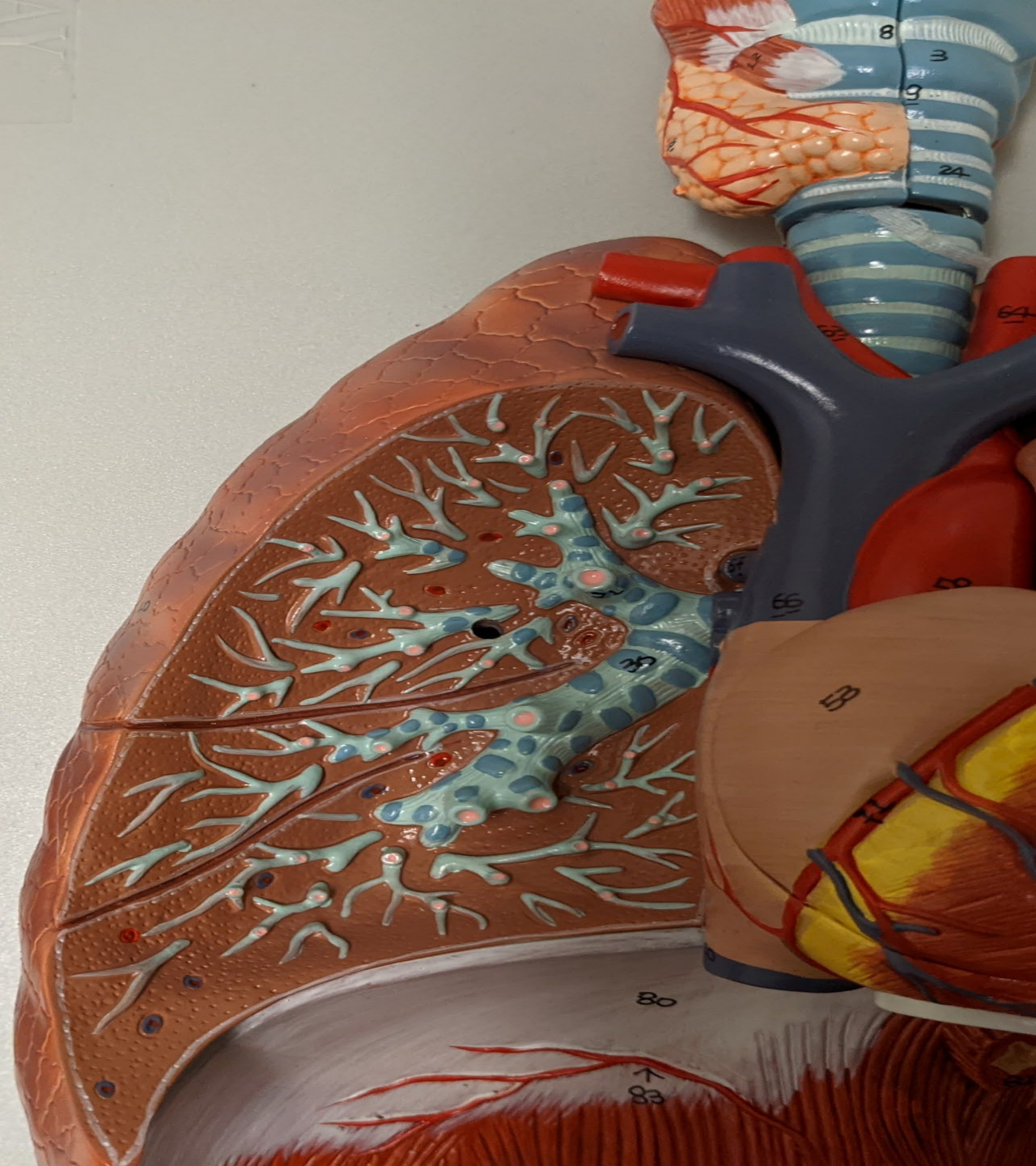
Left primary  
main bronchi



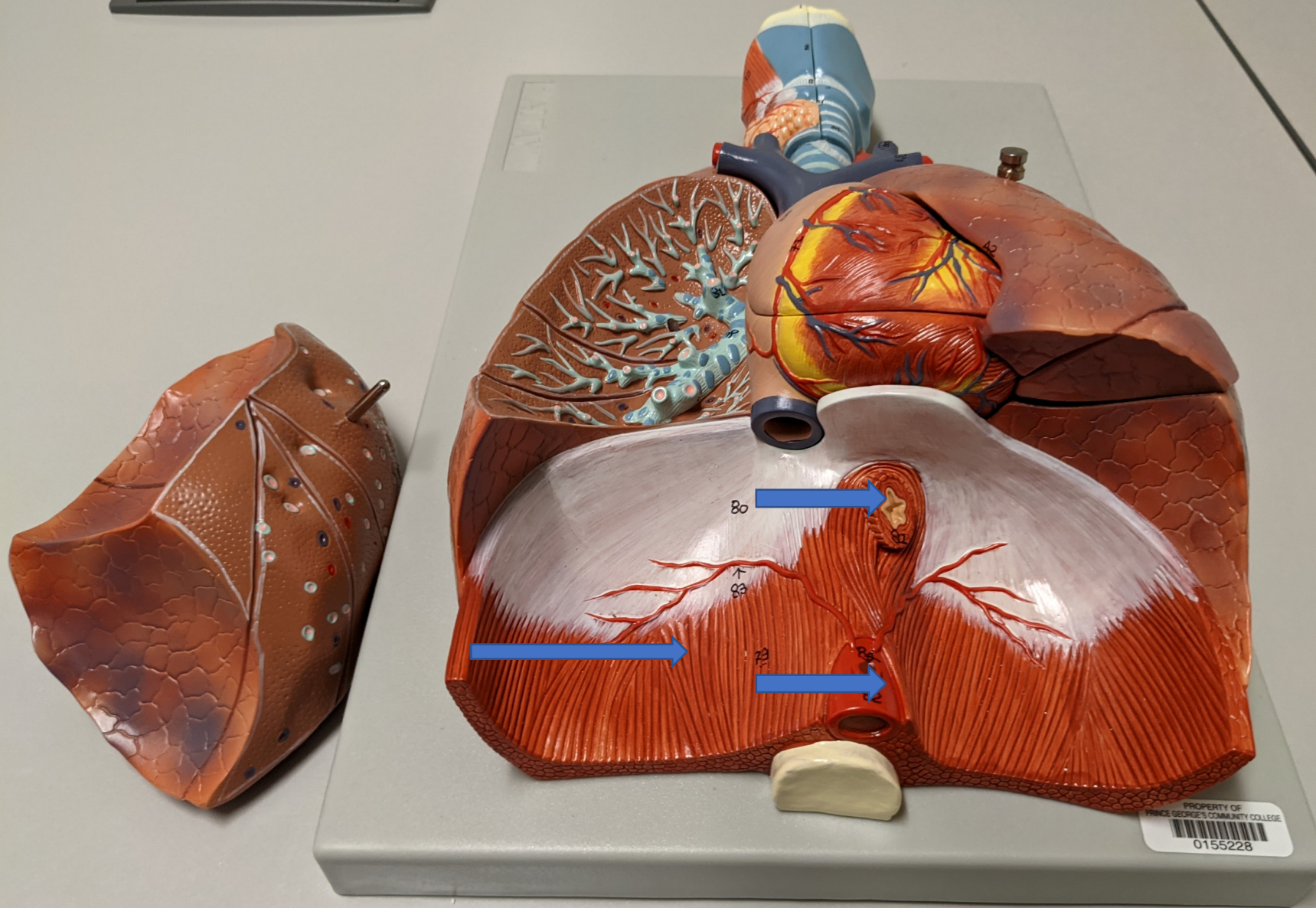




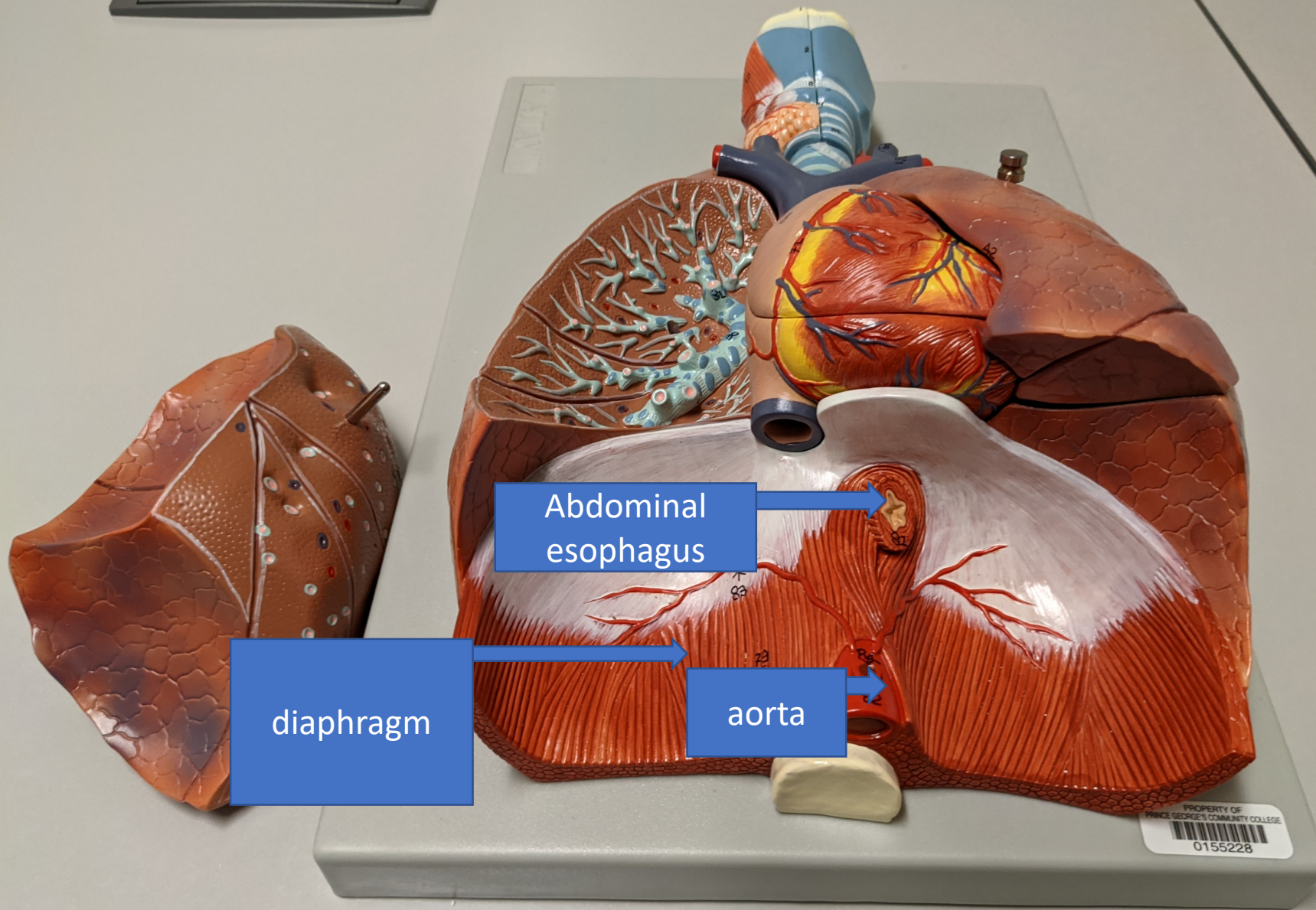








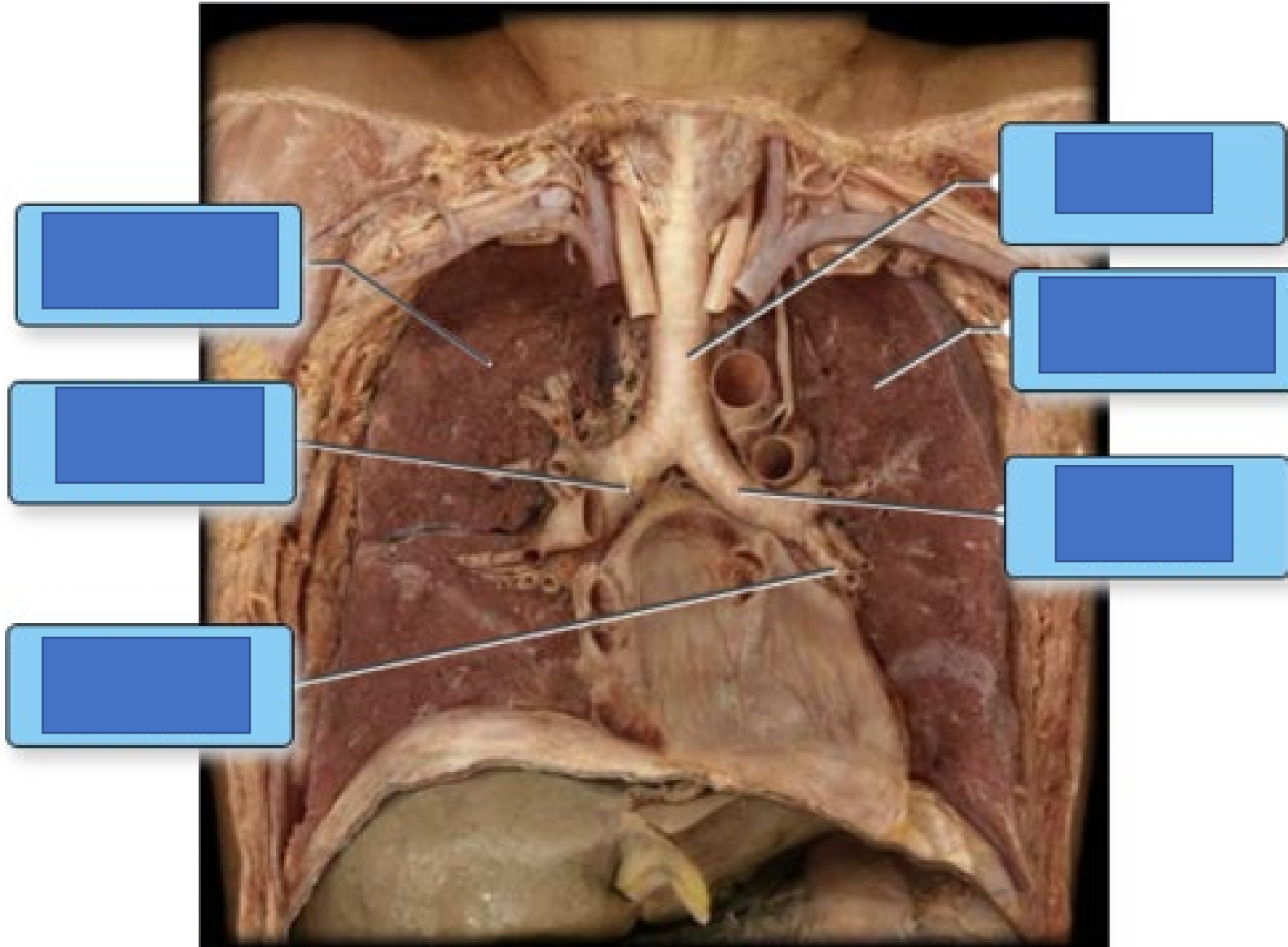




diaphragm

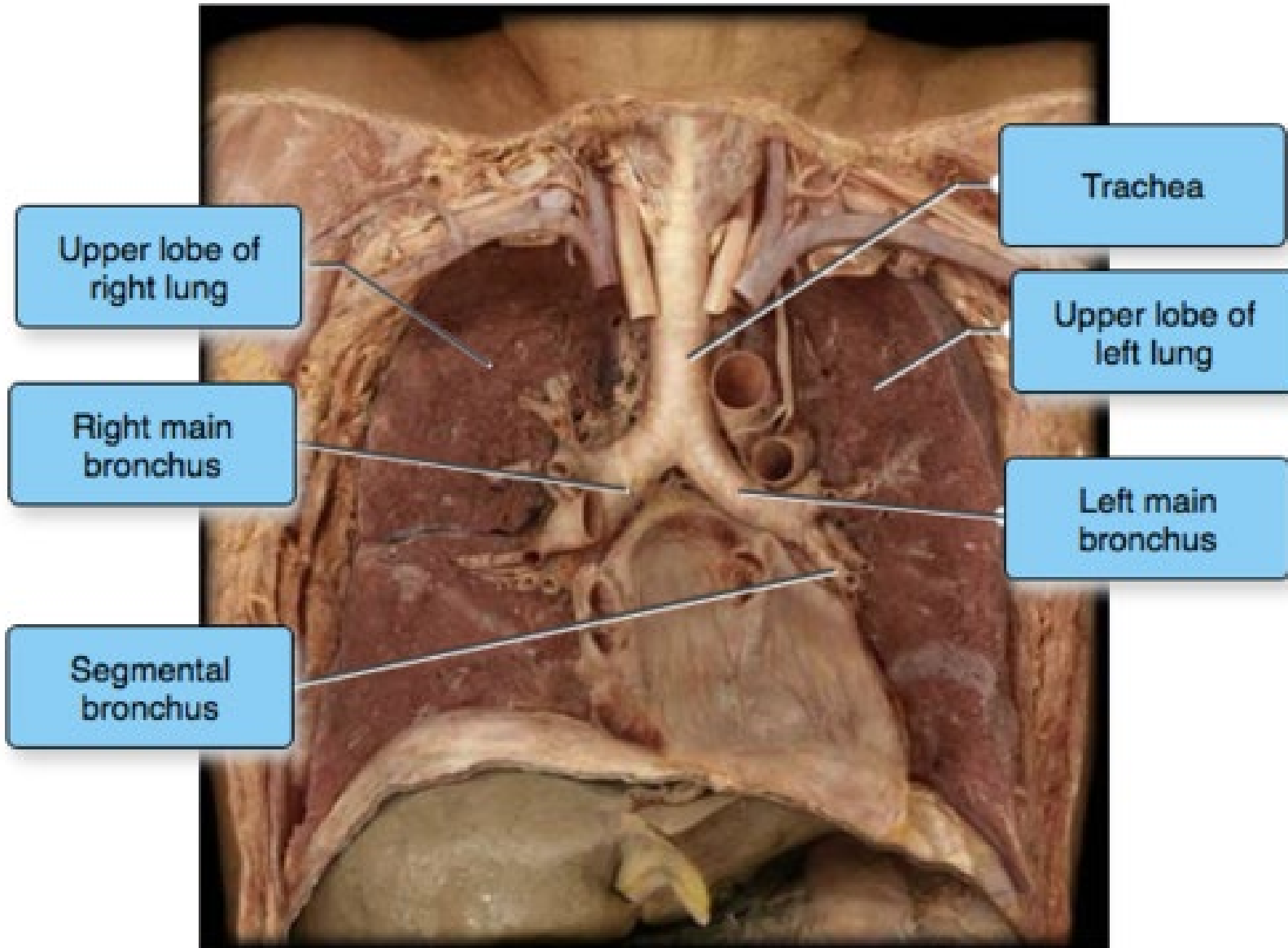
Abdominal  
esophagus

aorta



Label the anterior view of the lower respiratory tract based on the hints if provided.

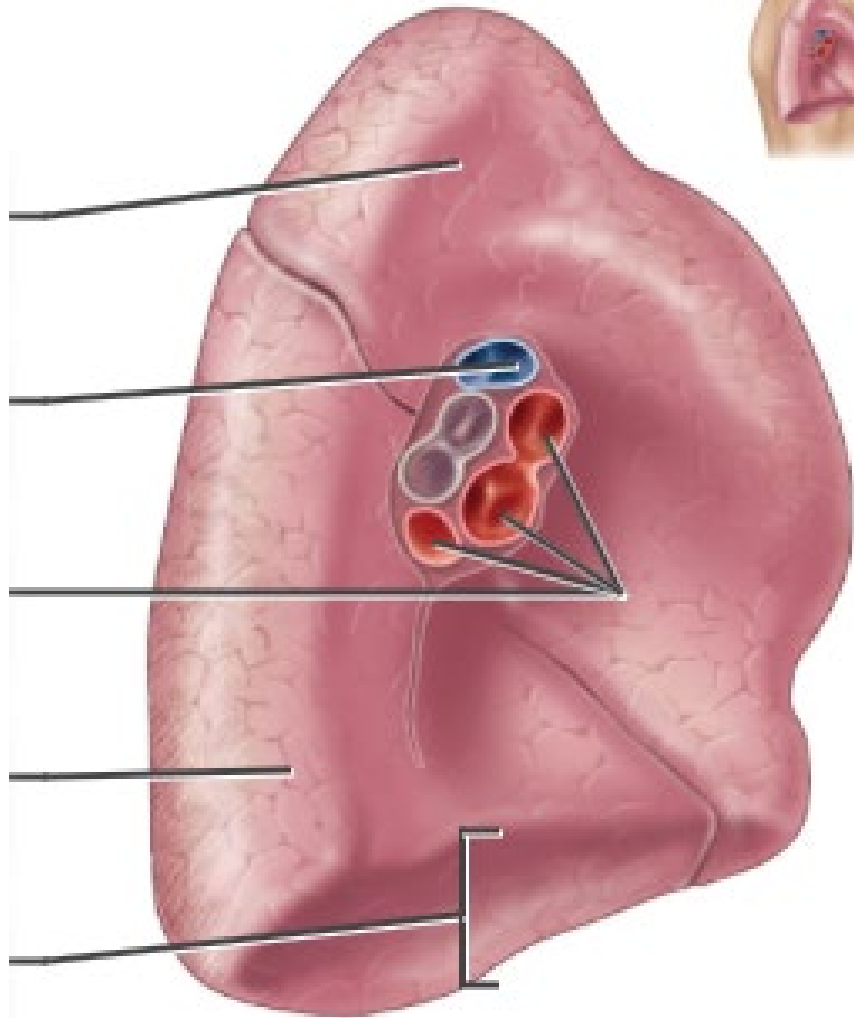




Label the anterior view of the lower respiratory tract based on the hints if provided.

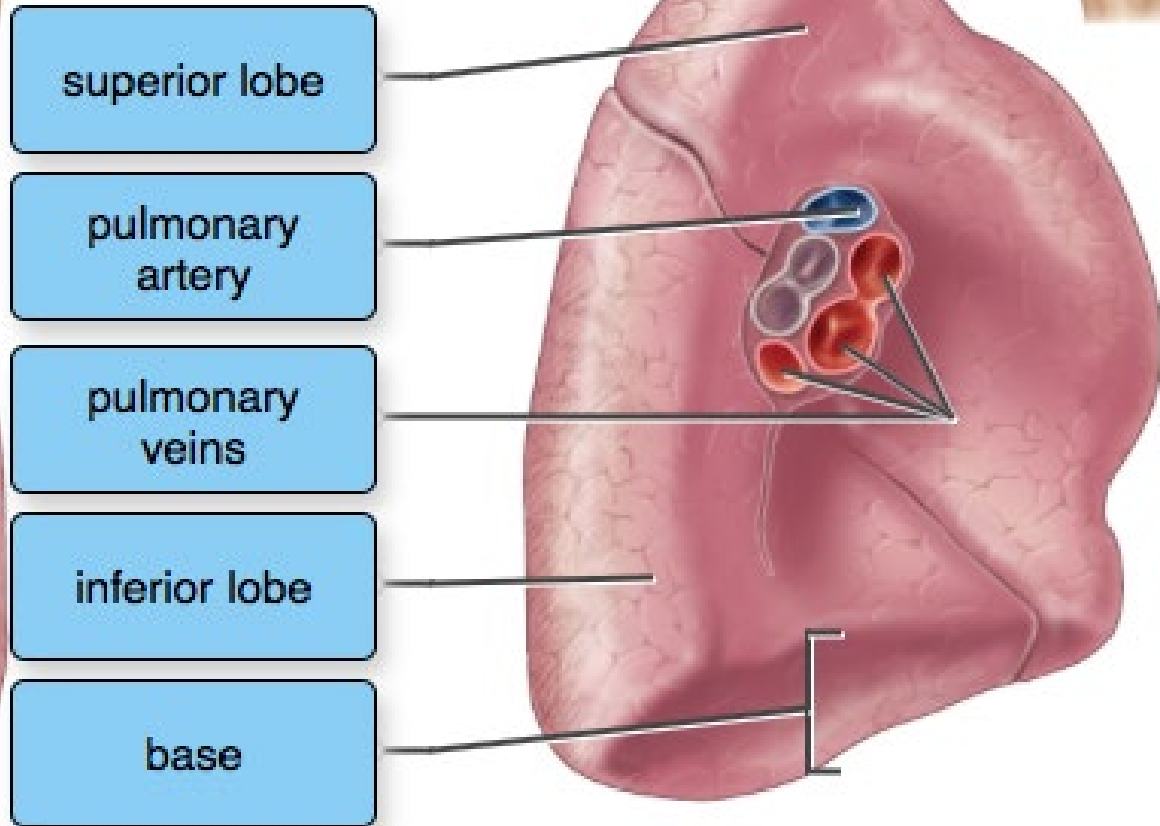


In the medial view of the left lung, identify the lobes of the lung, blood vessels, and lung base.

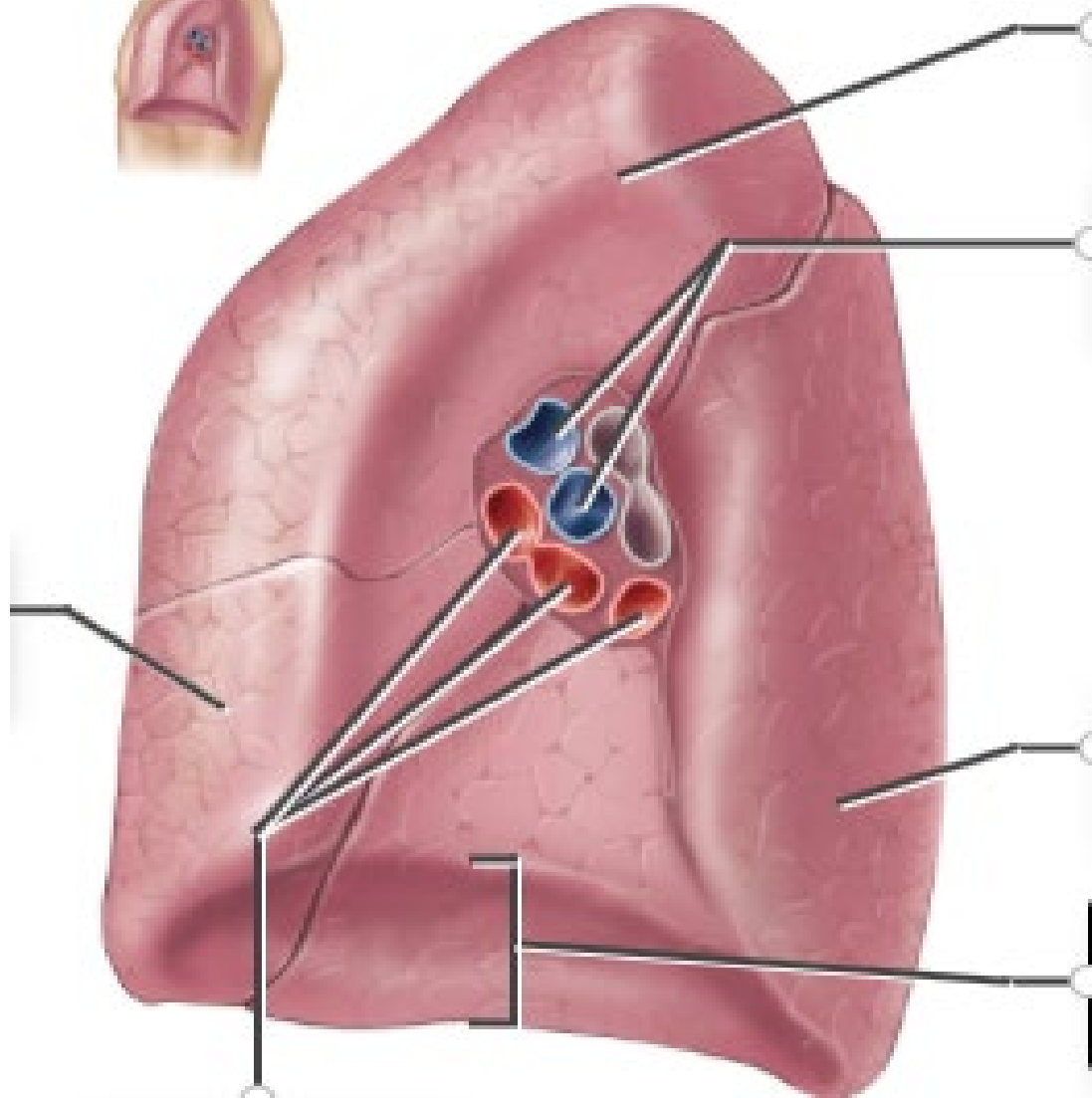
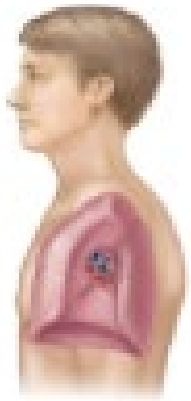




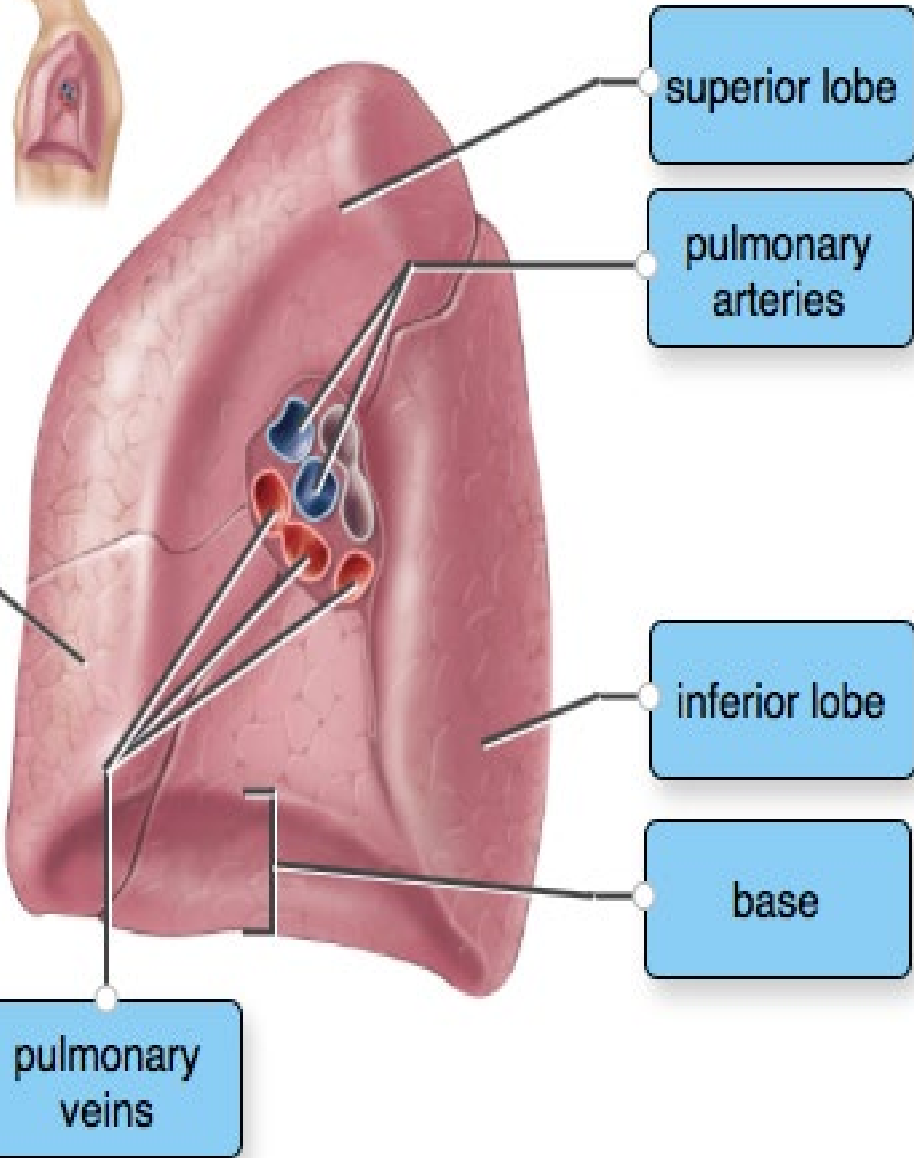
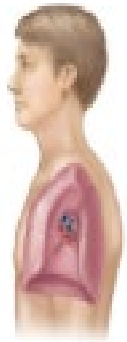
In the medial view of the left lung, identify the lobes of the lung, blood vessels, and lung base.



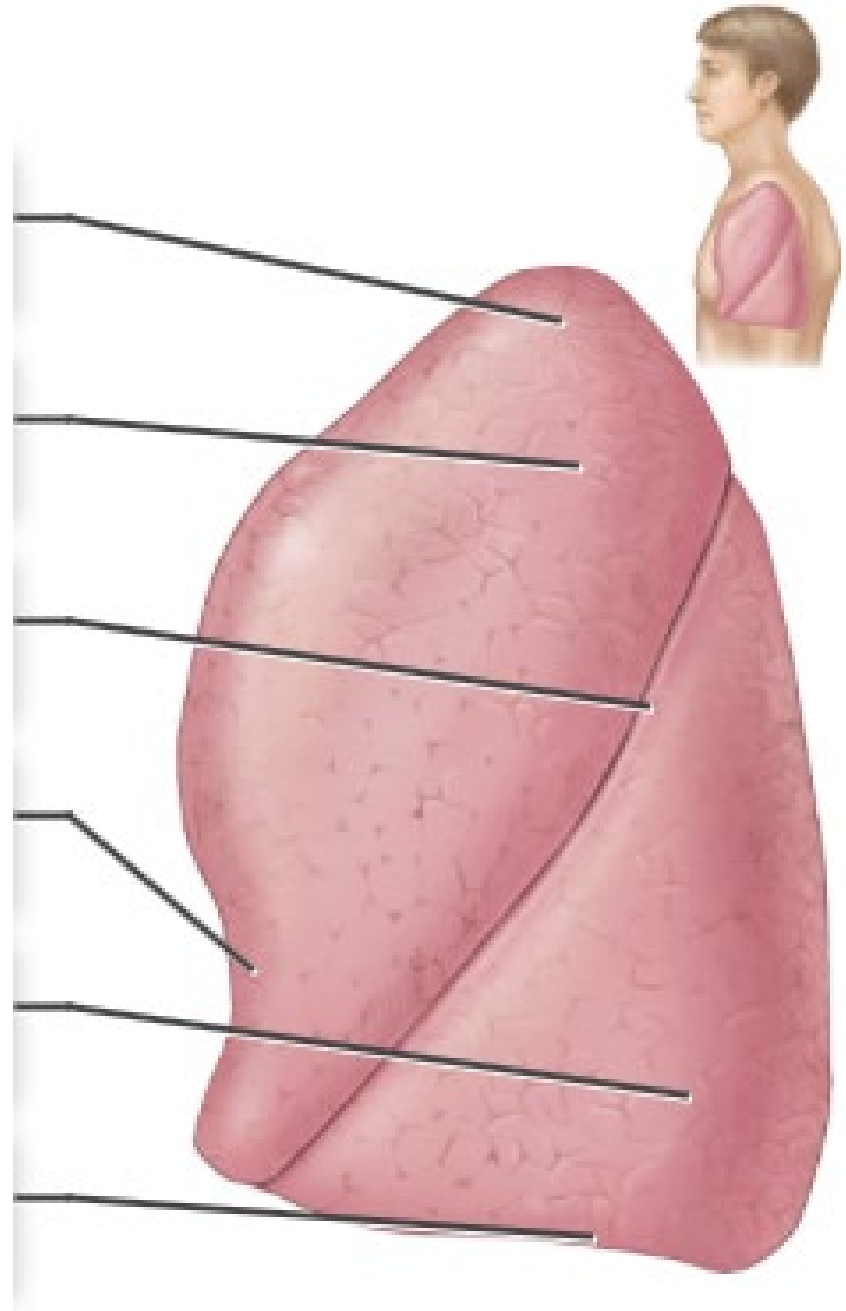




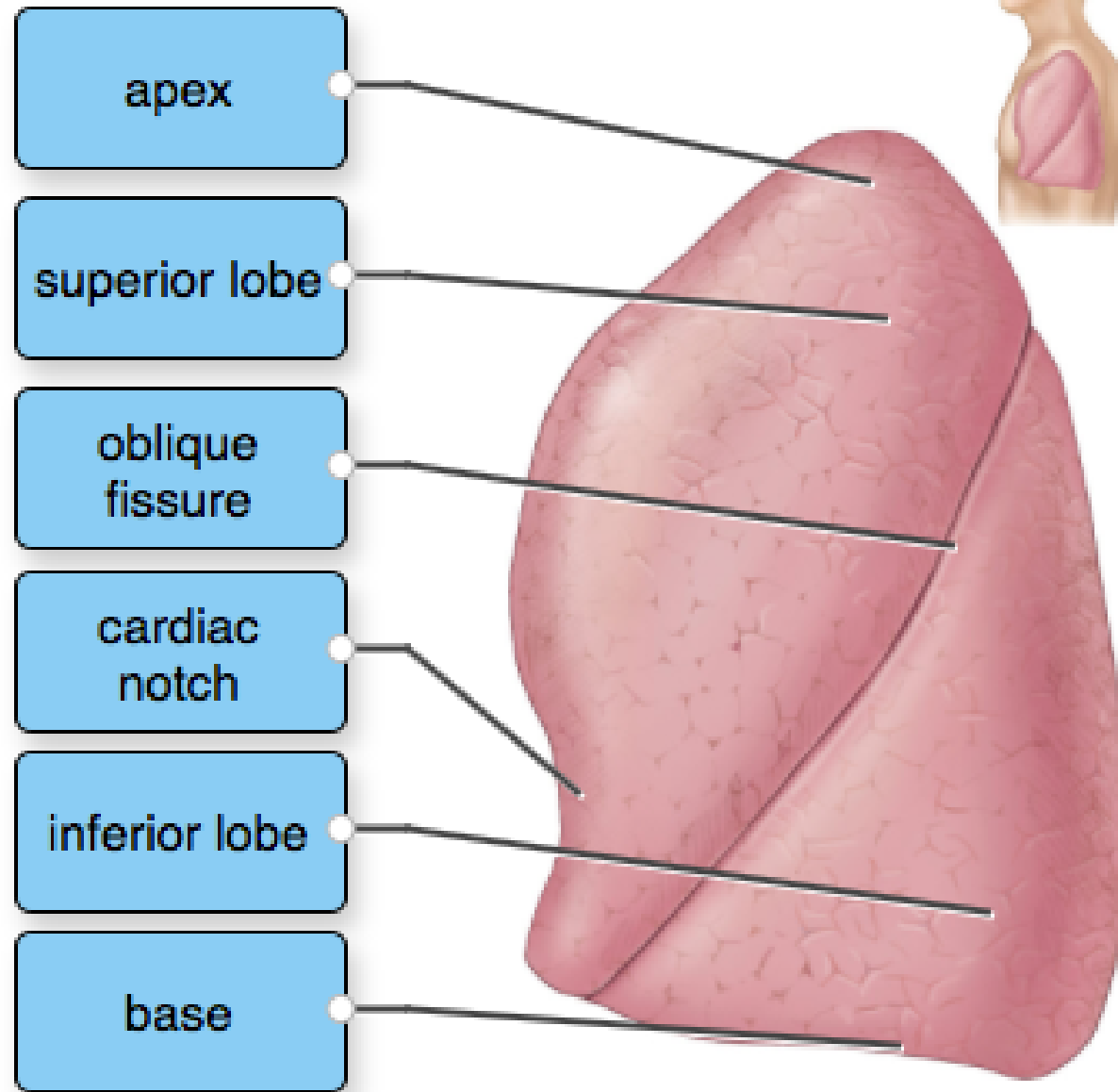
In the medial view of the right lung, identify the lobes of the lung, blood vessels, and lung base.

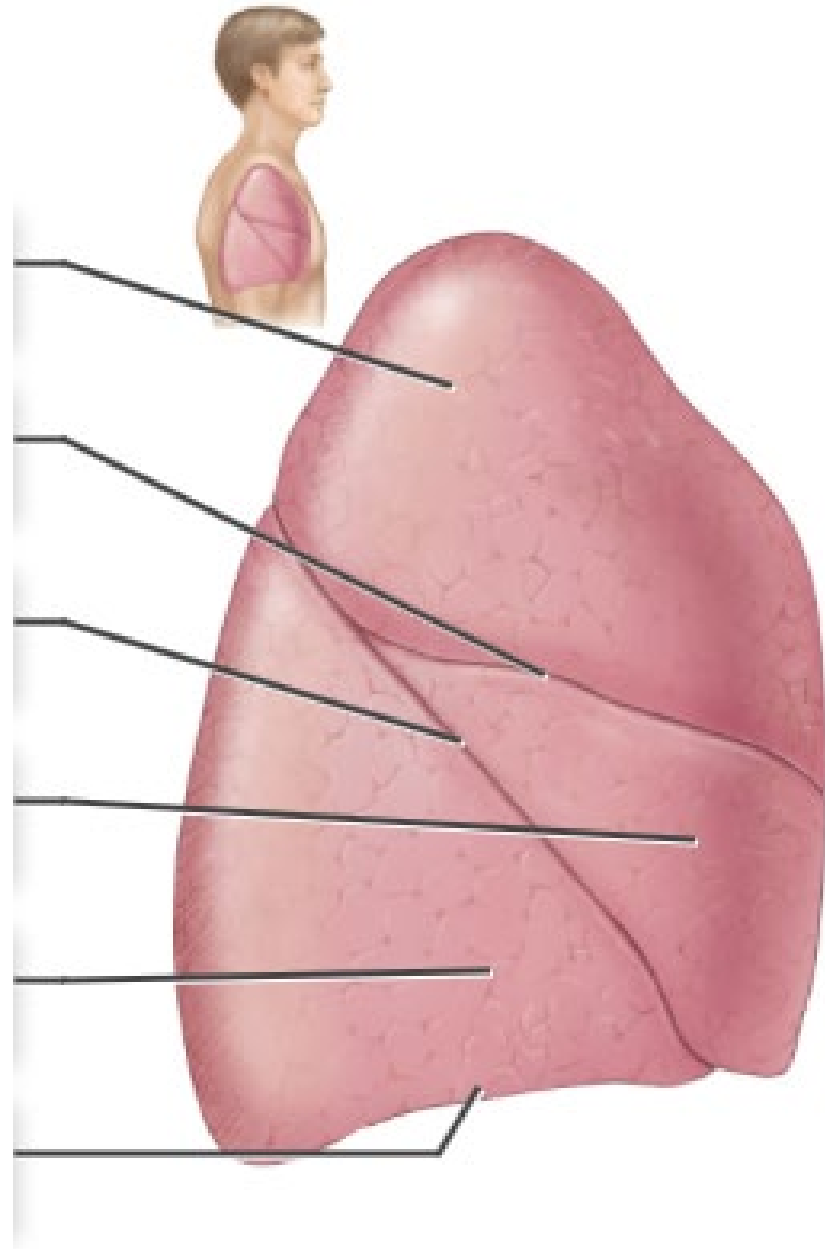


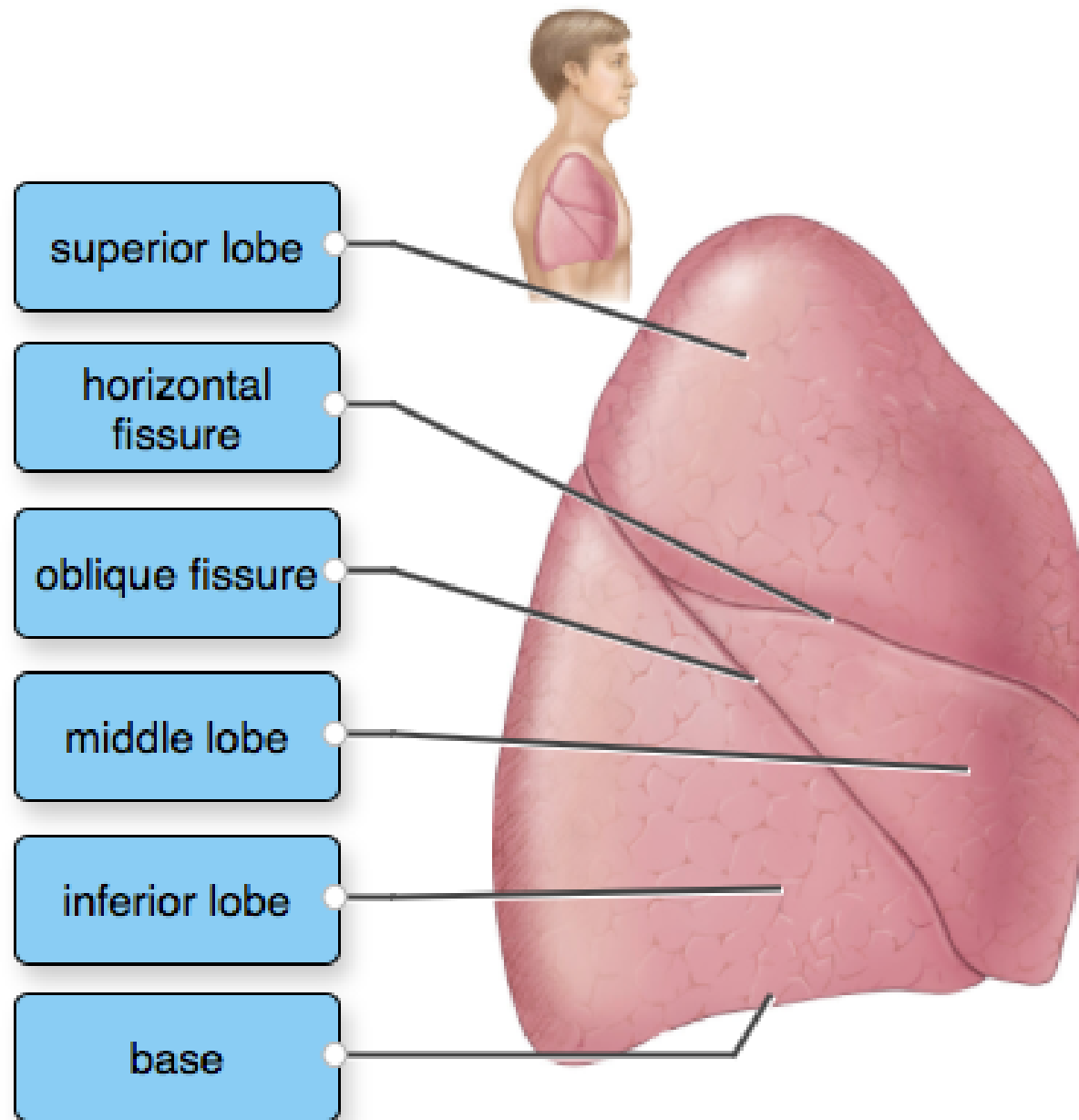
In the medial view of the right lung, identify the lobes of the lung, blood vessels, and lung base.











superior lobe

horizontal  
fissure

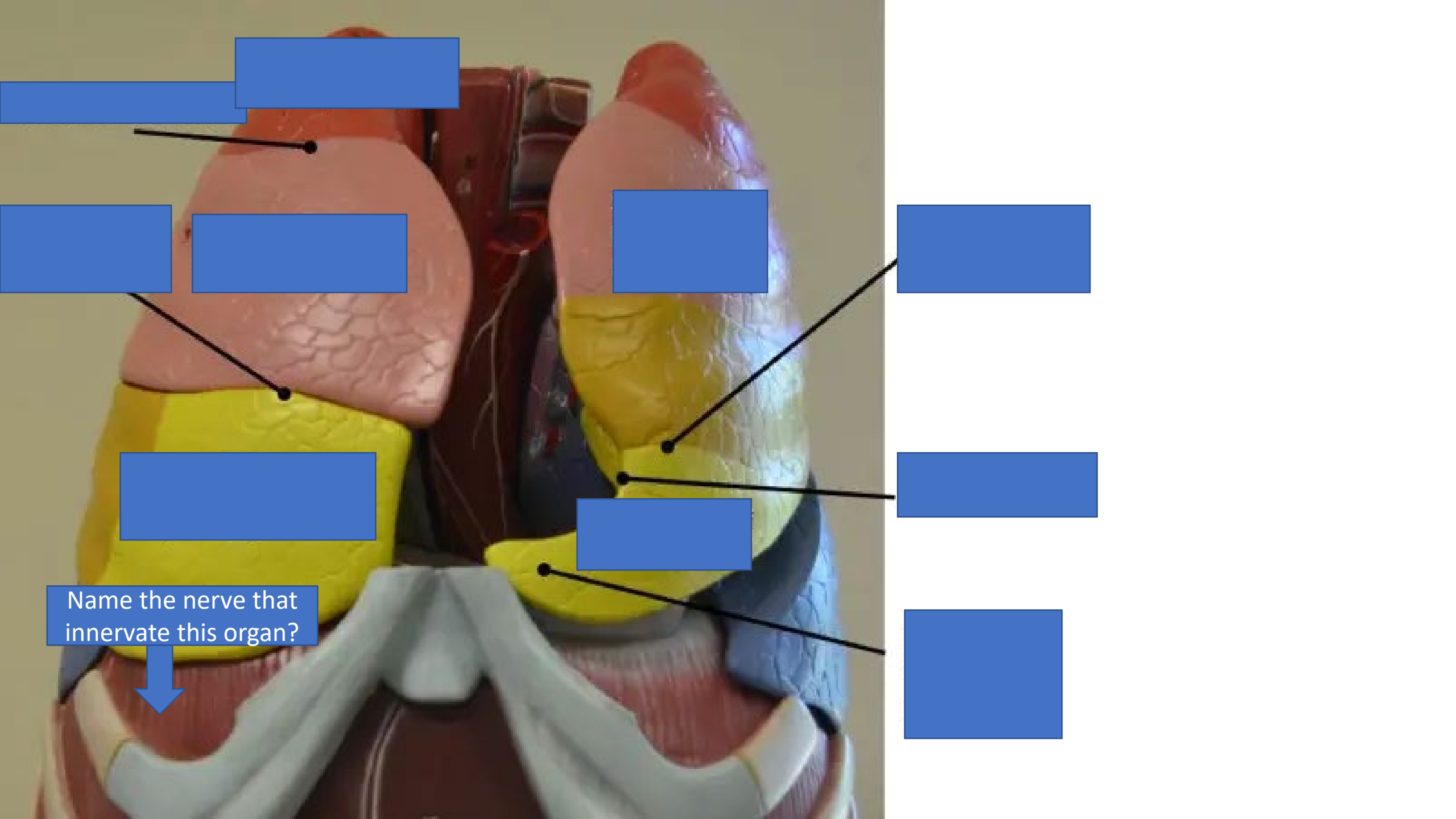
oblique fissure

middle lobe

inferior lobe

base





Name the nerve that innervate this organ?



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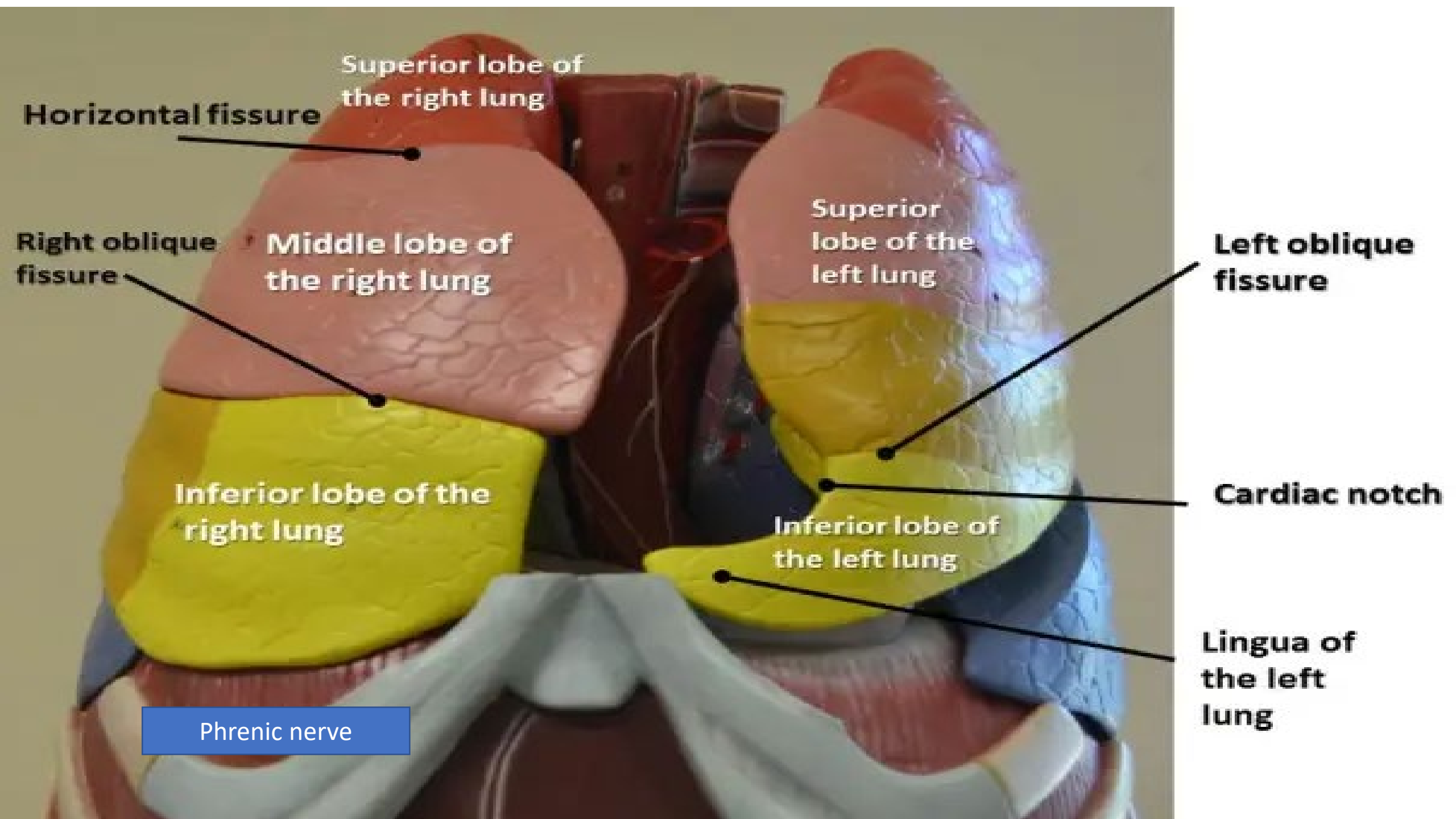
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Superior lobe of the right lung

Horizontal fissure

Right oblique fissure

Middle lobe of the right lung

Inferior lobe of the right lung

Superior lobe of the left lung

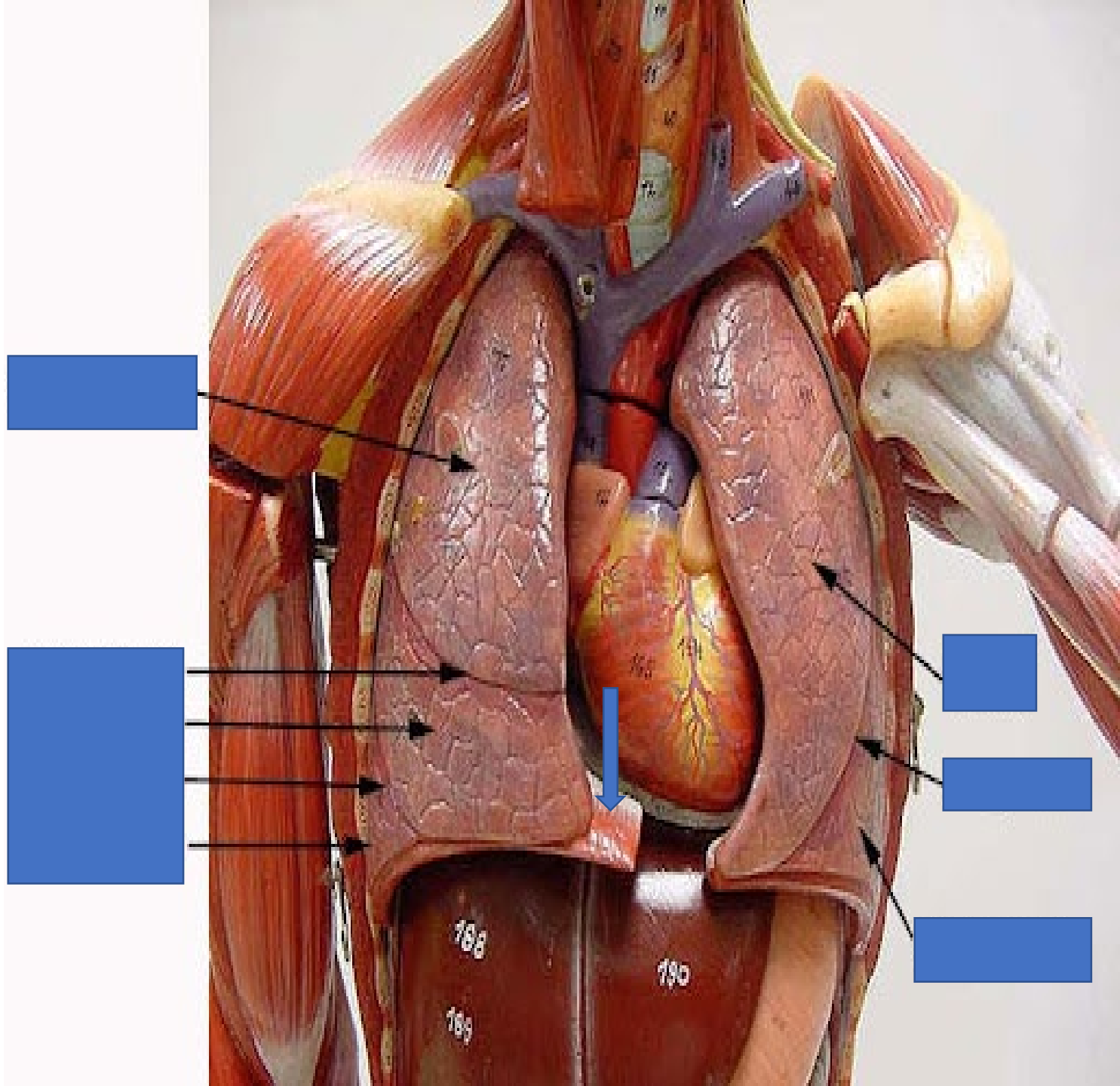
Inferior lobe of the left lung

Left oblique fissure

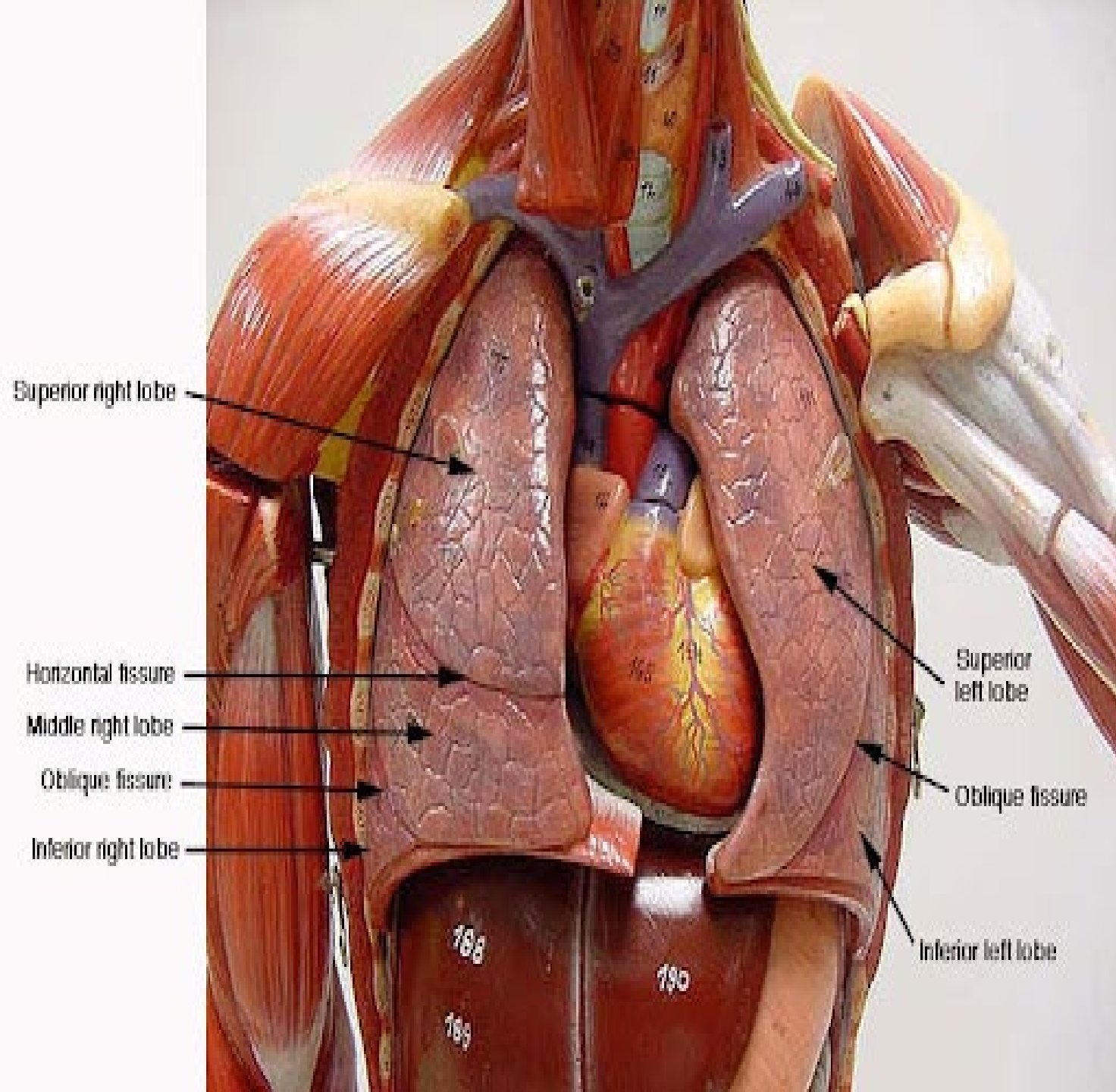
Cardiac notch

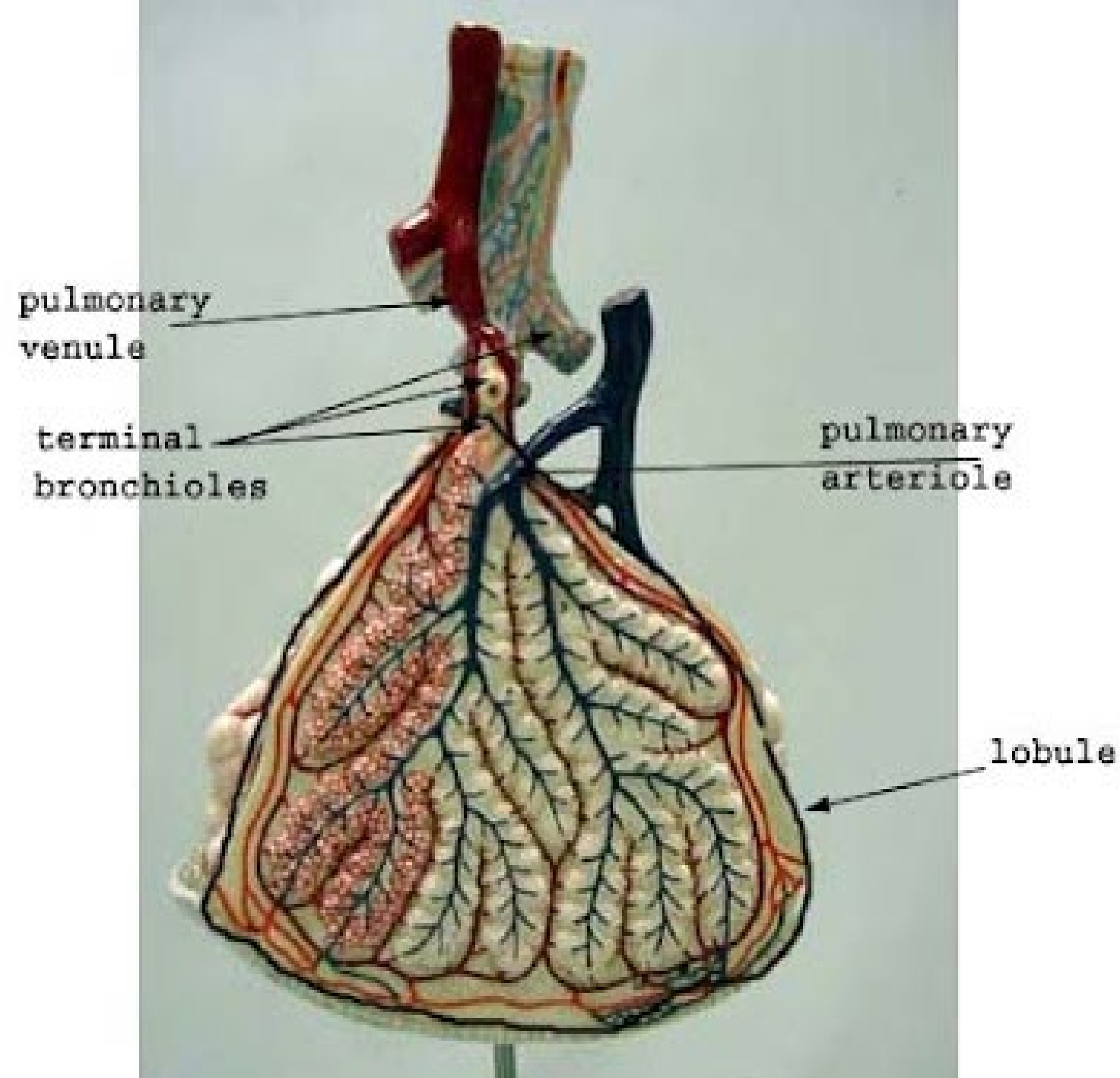
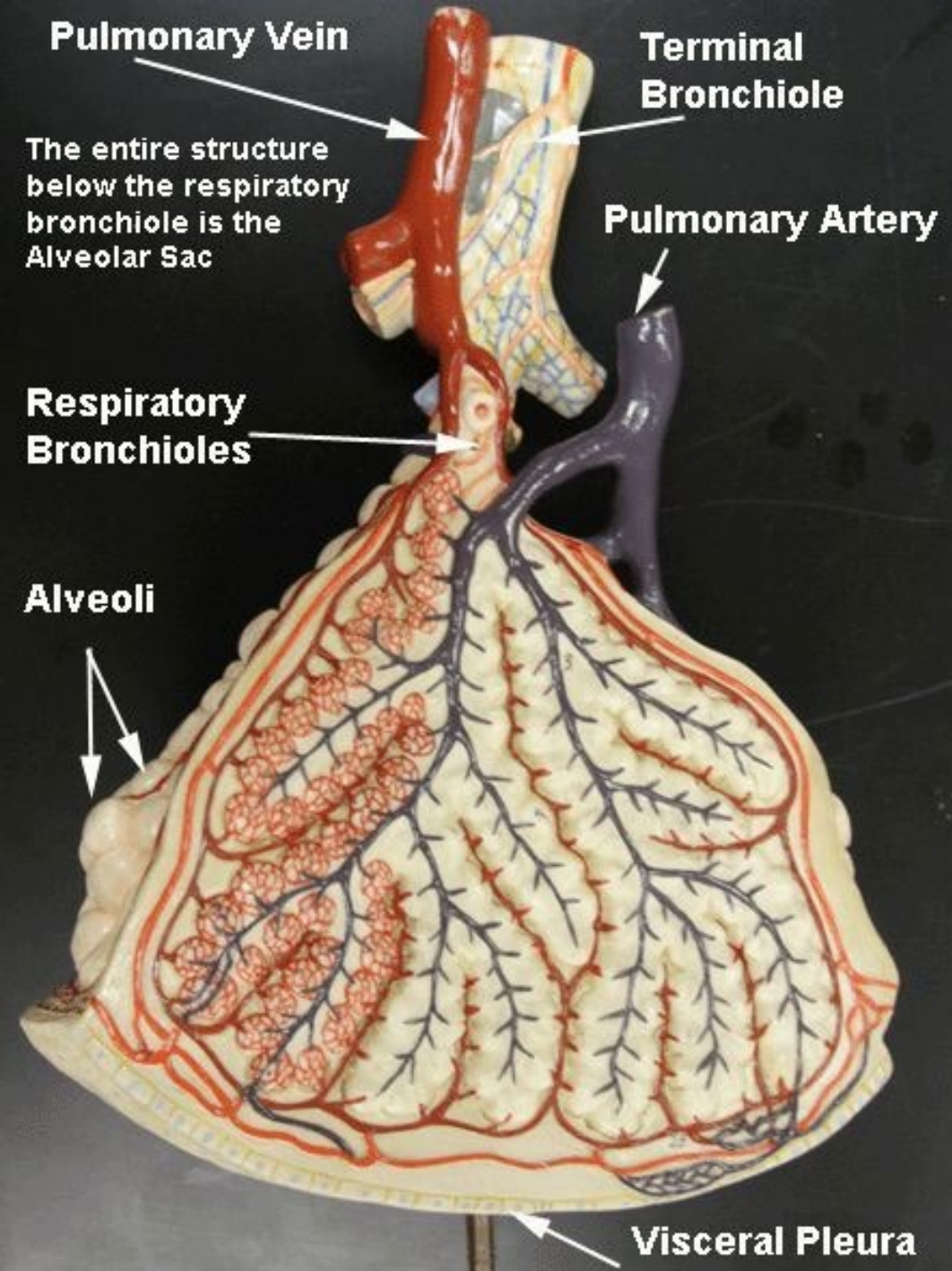
Lingua of the left lung

Phrenic nerve









# Respiratory calculation part 2



Division	Support	Glands	Epithelium	Ciliated Cells	Goblet Cells	Special Features
<b>Nasal cavity</b>						
Vestibule	Hyaline cartilage	Sebaceous and sweat glands	Stratified squamous keratinized	No	No	Vibrissae
Respiratory	Bone and hyaline cartilage	Seromucous	Pseudostratified ciliated columnar	Yes	Yes	Large venous plexuses
Olfactory	Nasal conchae (bone)	Bowman glands	Pseudostratified ciliated columnar (tall)	Yes	No	Bipolar olfactory cells, sustentacular cells, basal cells, nerve fibers
<b>Nasopharynx</b>	Muscle	Seromucous	Pseudostratified ciliated columnar	Yes	Yes	Pharyngeal tonsil, entrance of eustachian tube
<b>Larynx</b>	Hyaline, elastic cartilage	Mucous, seromucous	Stratified squamous nonkeratinized, pseudostratified ciliated columnar	Yes	Yes	Vocal cords, striated muscle (vocalis), epiglottis
<b>Trachea Primary bronchi</b>	C-shaped hyaline cartilage rings	Mucous, seromucous	Pseudostratified ciliated columnar	Yes	Yes	Trachealis (smooth) muscle, elastic lamina, two mucous cell types, short cells, diffuse endocrine cells

<b>Intrapulmonary bronchi</b>	Plates of hyaline cartilage	Seromucous	Pseudostratified ciliated columnar	Yes	Yes	Two helically oriented ribbons of smooth muscle
<b>Primary bronchioles</b>	Smooth muscle	None	Simple ciliated columnar to simple cuboidal	Yes	Only in larger ones	Clara cells (club cells)
<b>Terminal bronchioles</b>	Smooth muscle	None	Simple cuboidal	Some	None	Clara cells (club cells)
<b>Respiratory bronchioles</b>	Some smooth muscle	None	Simple cuboidal except where interrupted by alveoli	Some	None	Occasional alveoli, Clara cells (club cells)
<b>Alveolar ducts</b>	Smooth muscle at alveolar openings, some reticular fibers	None	Simple squamous	None	None	Linear structure formed by adjacent alveoli, type I and II pneumocytes, alveolar macrophages
<b>Alveoli</b>	Reticular fibers, elastic fibers at alveolar openings	None	Simple squamous	None	None	Type I and II pneumocytes, alveolar macrophages

## **Boyle's Law:**

For a fixed mass of gas at constant temperature, the pressure (P) and volume (V) are inversely proportional, such that  $P \times V = k$ , where k is a constant.

**Physiologic dead space (VD):** volume of inspired air that does not participate in gas exchange  
**VD** is the sum of the anatomic dead space and the alveolar dead space

**Anatomic dead space:** the volume of air in the conducting zone, e.g., **mouth, trachea (approx. 1/3 of the resting tidal volume)**

**Alveolar dead space:** the sum of the volumes of alveoli that do not participate in gas exchange (mainly apex of the lungs); These alveoli are ventilated but not perfused

**Bohr equation determines the physiologic dead space :  $VD = V_T \times (P_aCO_2 - P_eCO_2) / (P_aCO_2)$**

**In a healthy lung, VD equals the anatomic dead space (normal value: approx. 150 mL/breath).**



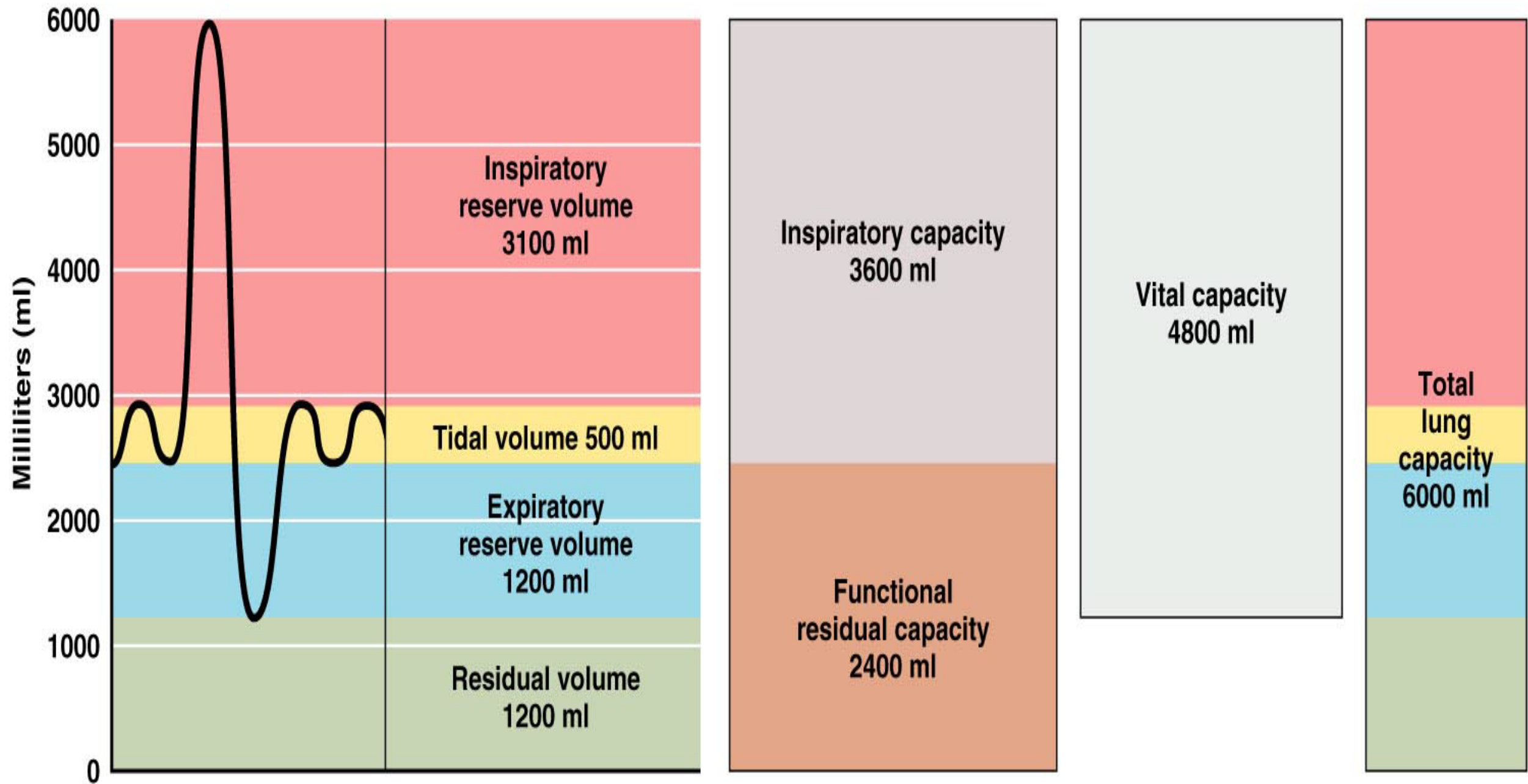
**Respiratory volumes**

Measurement	Adult male average value	Adult female average value	Description
Tidal volume (TV)	500 ml	500 ml	Amount of air inhaled or exhaled with each breath under resting conditions
Inspiratory reserve volume (IRV)	3100 ml	1900 ml	Amount of air that can be forcefully inhaled after a normal tidal volume inhalation
Expiratory reserve volume (ERV)	1200 ml	700 ml	Amount of air that can be forcefully exhaled after a normal tidal volume exhalation
Residual volume (RV)	1200 ml	1100 ml	Amount of air remaining in the lungs after a forced exhalation

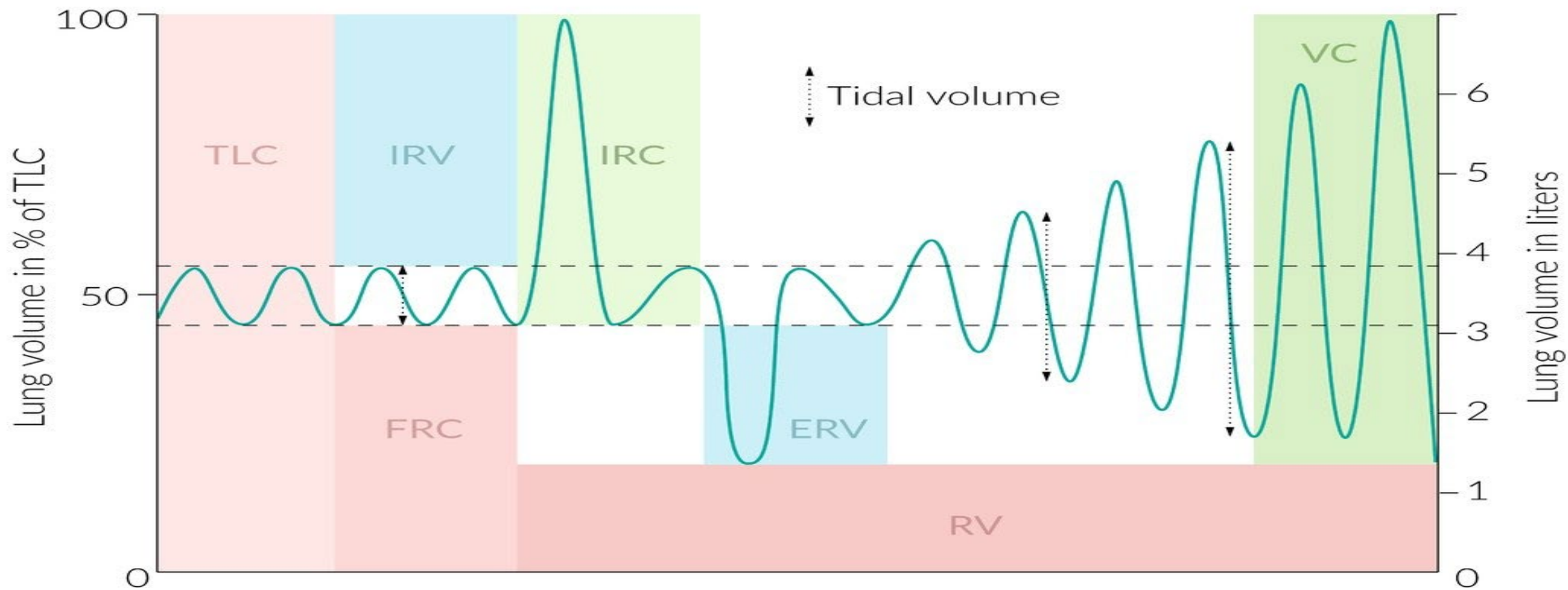
**Respiratory capacities**

Total lung capacity (TLC)	6000 ml	4200 ml	Maximum amount of air contained in lungs after a maximum inspiratory effort: $TLC = TV + IRV + ERV + RV$
Vital capacity (VC)	4800 ml	3100 ml	Maximum amount of air that can be expired after a maximum inspiratory effort: $VC = TV + IRV + ERV$ (should be 80% TLC)
Inspiratory capacity (IC)	3600 ml	2400 ml	Maximum amount of air that can be inspired after a normal expiration: $IC = TV + IRV$
Functional residual capacity (FRC)	2400 ml	1800 ml	Volume of air remaining in the lungs after a normal tidal volume expiration: $FRC = ERV + RV$

**(b) Summary of respiratory volumes and capacities for males and females**



**(a) Spirographic record for a male**





<b>Lung volume</b>	<b>Definition</b>	<b>Normal range</b>
<b>Total lung capacity (TC, TLC)</b>	<ul style="list-style-type: none"> <li>•Volume of air in the lungs after maximal inhalation</li> </ul> $TC = VC + RV$	•6–6.5 L
<b>Vital capacity (VC)</b>	<ul style="list-style-type: none"> <li>•Difference in lung volume between maximal exhalation and maximal inhalation</li> </ul> $VC = TV + IRV + ERV$	•4.5–5 L
<b>Residual volume (RV)</b>	<ul style="list-style-type: none"> <li>•Volume of air that remains in the lungs after a maximal exhalation</li> </ul>	•1–1.5 L
<b>Tidal volume (TV)</b>	<ul style="list-style-type: none"> <li>•Volume of air that is inhaled and exhaled in a normal breath at rest</li> </ul>	•~ 500 mL or 7 mL/kg
<b>Inspiratory reserve volume (IRV)</b>	<ul style="list-style-type: none"> <li>•Maximum volume of air that can still be forcibly inhaled following the inhalation of a normal TV</li> </ul>	•3–3.5 L
<b>Inspiratory capacity (IC)</b>	<ul style="list-style-type: none"> <li>•Maximum volume of air that can be inhaled after the exhalation of a normal TV</li> </ul> $IRC = IRV + TV$	•3.5–4 L
<b>Expiratory reserve volume (ERV)</b>	<ul style="list-style-type: none"> <li>•Maximum volume of air that can still be forcibly exhaled after the exhalation of a normal TV</li> </ul>	•1.5 L
<b>Expiratory capacity (EC)</b>	<ul style="list-style-type: none"> <li>•Maximum volume of air that can be exhaled after the inspiration of a normal TV</li> </ul> $ERC = ERV + TV$	•2 L
<b>Functional residual capacity (FRC)</b>	<ul style="list-style-type: none"> <li>•Volume of air that remains in the lungs after the exhalation of a normal TV</li> </ul> $FRC = RV + ERV$	•2.5–3 L

## CALCULATION POSSIBILITIES USING THE FORMULAS

- $IC = IRV + TV$       **INSPIRATORY CAPACITY = INSPIRATORY RESERVE VOLUME + TIDAL VOLUME = 3100+500= 3600 ml**
- $IC = TLC - FRC$
  
- $FRC = ERV + RV$       **FUNCTIONAL RESIDUAL CAPACITY = EXPIRATORY RESERVE VOLUME + RESIDUAL VOLUME = 1200+1200=2400 ml**
- $FRC = TLC - IC$
  
- $VC = IRV + TV + ERV$       **VITAL CAPACITY = INSP RESERVE VOLUME + TIDAL VOLUME + EXPIRATORY RESERVE VOLUME = 3100+ 500+ 1200 = 4800 ml**
  
- $VC = IC + ERV$
- $VC = TLC - RV$
  
- $TLC = IRV + TV + ERV + RV = 3100 + 500 + 1200 + 1200 = 6000$  ml      **TLC = TOTAL LUNG CAPACITY**
- $TLC = IC + FRC = 3600 + 2400 = 6000$  ml
- $TLC = VC + RV = 4800 + 1200 = 6000$  ml

• **Flow = volume / time.**

• **Volume = flow × time.**

• **Pressure = flow × resistance.**

• **Resistance = change in pressure / flow.**

• **Compliance = volume / change in pressure.**

• **Work of breathing = pressure × volume.**

### **Lung compliance**

• **Definition:** the ability of the lungs to distend under pressure

• **Measurement:** change in volume of the lung per unit change in pressure ( $C = \Delta V / \Delta P$ )

**AVR = frequency × (TV – dead space) = Alveolar ventilation rate**

**VE = TV × RR      Minute ventilation = total volume of gas entering lungs per min**

**Minute ventilation = tidal volume × respiratory rate (normal is 4-6 L/min)**

**Tidal volume = alveolar space + dead space.**

**the amount of air breathed per minute, which equals about 6 liters** (about 2 liters stay in the anatomic dead space consisting of the upper airway and the mouth, and 4 liters participate in gas exchange in the millions of alveoli constituting alveolar ventilation).



<b>Overview of normal and pathologic ventilation</b>			
<b>Parameter</b>	<b>Normal</b>	<b>Decreased</b>	<b>Increased</b>
<b>Respiratory rate (RR)</b>	12–20/min	Bradypnea (< 12/min)	Tachypnea (> 20/min)
<b>Tidal volume (VT OR TV)</b>	0.5 L/breath	Hypopnea	Hyperpnea
<b>Minute ventilation (VE)</b>	7.5 L/min	Hypoventilation	Hyperventilation

If alveolar ventilation increases (i.e., hyperventilation), more CO<sub>2</sub> is exhaled and the PaCO<sub>2</sub> decreases.

If alveolar ventilation decreases (i.e. hypoventilation), PaCO<sub>2</sub> increases.

<b>Partial pressure during the respiratory cycle</b> (% of total gas composition)			
<b>Gases</b>	<b>In inspired air</b> <sup>[2]</sup>	<b>In alveoli</b>	<b>In expired air</b>
<b>N<sub>2</sub></b>	593 mmHg (≈ 79%)	573 mmHg (≈ 75%)	593 mmHg (≈ 79%)
<b>O<sub>2</sub></b>	160 mmHg (≈ 21%)	104 mmHg (≈ 14%)	116 mmHg (≈ 16%)
<b>H<sub>2</sub>O</b>	3.0 mmHg (≈ 0.5%)	47 mmHg (≈ 6%)	47 mmHg (≈ 6%)
<b>CO<sub>2</sub></b>	0.3 mmHg (≈ 0.04%)	40 mmHg (≈ 5%)	28.5 mmHg (≈ 4%)
<b>Total of all gases</b>	760 mmHg (= 100%)		

<b>Partial pressure of O<sub>2</sub> and CO<sub>2</sub> across the blood-air barrier</b>		
	<b>In the alveoli</b>	<b>In the pulmonary capillaries</b>
<b>Partial pressure of O<sub>2</sub></b>	104 mm Hg	40 mm Hg
<b>Partial pressure of CO<sub>2</sub></b>	40 mm Hg	45 mm

- **Mean pulmonary arterial pressure** (mPAP): normal 10–14 mmHg
- **Pulmonary capillary pressure:** ~ 8 mmHg

Pulmonary vascular resistance (PVR): the resistance offered by the pulmonary circulatory system that must be overcome to create blood flow

$$PVR = \frac{P_{\text{pulm artery}} - P_{\text{L atrium}}}{CO}$$

$P_{\text{pulm artery}}$  = pulmonary artery pressure

$P_{\text{L atrium}}$  = left atrial pressure (pulmonary capillary wedge pressure)

CO = cardiac output

Ventilation-perfusion ratio (V/Q ratio): the volumetric ratio of air that reaches the alveoli (ventilation) to alveolar blood supply (perfusion) per minute

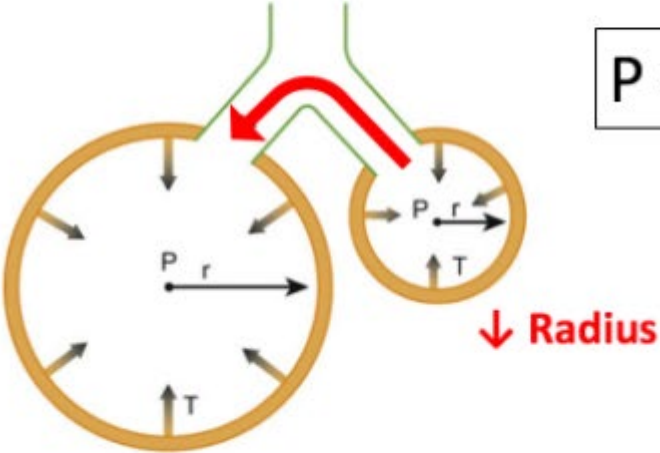
- **Ideal V/Q ratio = 1**
- **Average V/Q ratio = 0.8**
- **At the apex = 3 (V > Q)**
- **At the base = 0.6 (Q > V)**

In an upright position, the lung bases are better ventilated and perfused than the apices (apex of the lung)



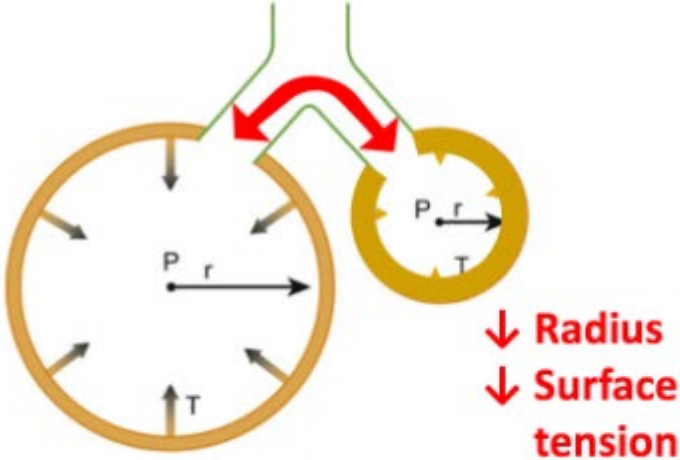
Laplace law

↓ Surfactant



$$P = 2T / r$$

↑ Surfactant



The FEV1/FVC ratio is the ratio of the forced expiratory volume in the first one second to the forced vital capacity of the lungs.

...

Formulas

1. FEV1 = Race x 1.08 x [(0.0395 x Height) - (0.025 x Age) - 2.6]

2. FVC = Race x 1.15 x [(0.0443 x Height) - (0.026 x Age) - 2.89]

3. FEV1/FVC Ratio = FEV1 / FEVC.

**FEV1/FVC Ratios <70% are indicative of chronic obstructive pulmonary disease (COPD) or lower than 65% in patients older than 65 years.**

**Normal range FEV1 is between 3.0 and 5.0 L whilst normal range FEV1 is between 2.4 and 4.0 L.**

**Lower FEV1 values are indicative of obstructive lung disease, such as asthma or COPD.**

**if your FEV1 is 50%, your lungs are able to handle only half as much air as they should.**

If your FEV1 is 33%, your lungs are able to handle even less—only a third as much.

The lower your FEV1 percentage, the less air your lungs are able to handle.

**Flow = volume / time**

**Volume = flow × time**

**Pressure = flow × resistance**

**Resistance = change in pressure / flow**

**Compliance = volume / change in pressure**

**Work of breathing = pressure × volume**

# Pulmonary Vascular Resistance

$$PVR = \frac{80 (MPAP - PAWP)}{CO}$$

**Where:**

**MPAP: Mean Pulmonary Arterial Pressure**

**PCWP: Central Venous Pressure**

**CO: Cardiac Output**



# Questions and MCQ Respiratory part 3

- 1. What is Tidal Volume?**
- 2. What is Total Lung Capacity (TLC)?**
- 3. What is Vital Capacity (VC)?**

**1. What is Tidal Volume?**

The volume of gas breathed with each normal breath (in L or ml).

**2. What is Total Lung Capacity (TLC)?**

The volume of gas in the lungs at the end of a maximal inspiration (in liters, L).

**3. What is Vital Capacity (VC)?**

The volume of gas exhaled from maximal inspiration to maximal exhalation, this may be forced (FVC) or relaxed (in liters, L).



**4. What is Residual Volume (RV)?**

**5. What is Functional Residual Capacity (FRC)?**

#### **4. What is Residual Volume (RV)?**

The gas remaining in the lungs after a maximal expiration (in liters, L). This volume of gas cannot be expelled, regardless of the maneuver performed.

#### **5. What is Functional Residual Capacity (FRC)?**

The total volume of gas remaining in the lungs at the end of a tidal exhalation, equaling the sum of the RV and ERV (in L).

**6. What is Inspiratory Reserve Volume (IRV)?**

**7. What is Expiratory Reserve Volume (ERV)?**

**8. What is normally recorded in either liters (L) or milliliters (ml), and reported at body temperature, pressure, and saturation (BTPS)?**

**9. When does the spirometer not need to produce a graphic display?**

**10. Two acceptable vital capacity maneuvers should be obtained within what parameters?**



**6. What is Inspiratory Reserve Volume (IRV)?**

The volume of gas that must be inhaled at the end of a tidal inspiration to reach total lung capacity (in L).

**7. What is Expiratory Reserve Volume (ERV)?**

The volume of gas within the lungs that could still be exhaled after the end of a tidal exhalation (in L).

**8. What is normally recorded in either liters (L) or milliliters (ml), and reported at body temperature, pressure, and saturation (BTPS)?**

Vital Capacity (VC).

**9. When does the spirometer not need to produce a graphic display?**

If only the vital capacity is to be measured.

**10. Two acceptable vital capacity maneuvers should be obtained within what parameters?**

The volumes should be within 150 ml.

- 11. What is the maximum volume of gas that can be expired when the patient exhales as forcefully and rapidly as possible after a maximal inspiration?**
- 12. What are the three distinct phases to the FVC maneuver?**
- .
- 13. What two ways can the FVC be displayed?**
- 14. Can spirometry measure gas exchange?**
- 15. What does it mean when we say that spirometry is effort-dependent?**

**11. What is the maximum volume of gas that can be expired when the patient exhales as forcefully and rapidly as possible after a maximal inspiration?**

FVC.

**12. What are the three distinct phases to the FVC maneuver?**

Maximal inspiration, a "blast" of exhalation, and continued complete exhalation to the end of the test.

**13. What two ways can the FVC be displayed?**

Volume-time recording and flow-volume recording.

**14. Can spirometry measure gas exchange?**

No, we can infer gas exchange from spirometry but not directly measure it. Spirometry only measures gas volumes and time (flow = volume/time) – no direct assessment of gas exchange (as does a diffusion capacity measurement).

**15. What does it mean when we say that spirometry is effort-dependent?**

Spirometry is highly effort-dependent. Poor effort leads to poor quality data and poor effort spirometry will result in an underestimation of true values (e.g. FEV1, FVC).

**Is the spirometry test more focused on inspiration or expiration?**

**What values cannot be measured from a spirogram?**

**What is the difference between TLC and RV?**



**Is the spirometry test more focused on inspiration or expiration?**

Expiration, because of airflow diseases. Especially ones that cause obstruction, somewhat disproportionately affect expiration.

**What values cannot be measured from a spirogram?**

Residual Volume and Total Lung Capacity.

**What is the difference between TLC and RV?**

Vital Capacity.

**What is FEV1?**

**What does normal spirometry mean?**

**What is the amount of air that the patient expelled if she/he inhales as deeply as possible and then blows the air out until he/she cannot exhale anymore?**

**What is FEV1?**

Forced expiratory volume in 1 second.

**What does normal spirometry mean?**

FVC > 80% predicted and (80% to 120% is the normal range); FEV1/FVC ratio  $\geq$  0.75.

**What is the amount of air that the patient expelled if she/he inhales as deeply as possible and then blows the air out until he/she cannot exhale anymore?**

Vital capacity.

**What is the resting tidal volume?**

**What is the Expiratory reserve volume (ERV)?**

**What is the Residual Volume?**

**What is the inspiratory reserve volume (IRV)?**

**What is the Inspiratory capacity?**

**What is the Functional Residual Capacity (FRC)?**



**What is the resting tidal volume?**

It is the amount of air inhaled or exhaled with each breath under resting conditions. The normal value is 500 mL in both males and females.

**What is the Expiratory reserve volume (ERV)?**

The amount of air that you can voluntarily expel AFTER you have completed a normal, quiet respiratory cycle. The normal value is 1000-1200 ml. You use your accessory expiratory muscles.

**What is the Residual Volume?**

It is the amount of air remaining in the lungs even after a maximal exhalation. The normal value for males is 1200 ml while 1100 ml in females.

**What is the inspiratory reserve volume (IRV)?**

It is the amount of air that can be taken in over and above the tidal volume. IRV in males is about 3300 ml and for females is about 1900 ml.

**What is the Inspiratory capacity?**

The amount of air that can be drawn into the lungs after a quiet respiratory cycle has been completed.  $IC = TV + IRV$ .

**What is the Functional Residual Capacity (FRC)?**

The amount of air remaining in the lungs after a quiet respiratory cycle has been completed.  $FRC = ERV + RV$ .

**What is the Vital capacity?**

**What is the Total lung capacity?**

**How many breaths can you take each minute?**

**What is a Forced vital capacity?**

Measures the amount of gas expelled when the subject takes the deepest possible breath and then exhales forcefully and rapidly. The FVC is reduced in patients with a restrictive pulmonary disease.

**What is a Forced Expiratory Volume?**

It examines the percentage of the vital capacity that is exhaled during specific time intervals of the FVC test (amount of air exhaled during the first second). Healthy people can exhale 75-85% of their FVC in the first second.

All the lung volumes can be measured by spirometry *except*

- A) tidal volumes.
- B) inspiratory reserve volume.
- C) expiratory reserve volume.
- D) residual volume

The sum of the four primary lung volumes (tidal volume, inspiratory reserve volume, expiratory reserve volume, and residual volume) equals

- A) the functional residual capacity (FRC).
- B) the vital capacity (VC).
- C) the total lung capacity (TLC).
- D) the maximum ventilatory volume (MVV)



All the lung volumes can be measured by spirometry *except*

- A)tidal volumes.
- B)inspiratory reserve volume.
- C)expiratory reserve volume.
- D)**residual volume**

The sum of the four primary lung volumes (tidal volume, inspiratory reserve volume, expiratory reserve volume, and residual volume) equals

- A) the functional residual capacity (FRC).
- B) the vital capacity (VC).
- C) **the total lung capacity (TLC).**
- D) the maximum ventilatory volume (MVV)

A person normally passively inhales and exhales 500 mL of air. This is the \_\_\_\_\_.

- A. tidal volume
- B. expiratory capacity
- C. residual volume

The amount of air that a person normally cannot exhale at all is about 1200 mL. This is the \_\_\_\_\_.

- A. vital capacity
- B. residual volume
- C. expiratory reserve volume

After a person inhales normally and then forces himself to inhale some more, this is called the \_\_\_\_\_ volume.

- A. tidal
- B. residual
- C. inspiratory reserve

If a container consists of three different gases, such as oxygen, carbon dioxide, and nitrogen, which of the following would contribute to the overall pressure within the container?

- A. the gas being inhaled
- B. the gas being exhaled
- C. all three gases

•It is important in the medical world that the partial pressure of oxygen is a specific value in order to get oxygen to diffuse from the lungs into the bloodstream. Which of the following statements is correct in that regard?

- A. Oxygen has to have a high partial pressure.
- B. Oxygen has to have a low partial pressure.
- C. Oxygen has to have the same partial pressure as carbon dioxide.

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- 4/ Given the following, calculate the tidal volume.
  - Vital capacity = 5000 mL
  - Inspiratory reserve volume = 3 L
  - Expiratory reserve volume = 1500 mL

5/Bjorn is a 37yo Swedish male who stands 6'6" and weighs in at 307lbs. He is a cigarette smoker, a movie fan, an alcoholic,

- and enjoys quiet sunset walks on the beach. As he grows older,
  - 1.What will happen to his vital capacity?
  - 2.What will happen to his residual volume?

6/Define expiratory reserve volume



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  - Inspiratory reserve volume = 3 L
  - Expiratory reserve volume = 1500 mL
- ***Tidal volume=500mL***

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•a. Decrease b. Increase

6/Define expiratory reserve volume

The volume of air that can be exhaled after a normal tidal expiration

- Tasha's tidal volume is half her expiratory reserve volume. Her inspiratory reserve volume is twice as big as her expiratory reserve volume. Her vital capacity is 5250mL. Calculate her

- 7/TV

- 8/ IRV

- 9/ERV.

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- 7/TV

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- 9/ERV.

•TV = 750 mL ERV = 1500 mL IRV = 3000 mL

**A patient has the following bedside spirometry results:**

- Respiratory Rate = 12**
- Tidal volume = 450 mL**
- Dead Space = 147 mL**
- Vital Capacity = 1.2 L**

**Based on this data, what is the patient's minute ventilation?**



**A patient has the following bedside spirometry results: • Respiratory Rate = 12 • Tidal volume = 450 mL • Dead Space = 147 mL • Vital Capacity = 1.2 L Based on this data, what is the patient's minute ventilation?**

**VE= RESPIRATORY RATE X Tidal volume**

**VE = 12 x 450 VE = 5,400 mL/min Divide by 1,000 to convert mL to L. VE = 5.4 L/min**

A patient has the following bedside spirometry results: • Rate = 12 • Tidal Volume = 450 mL • Dead Space = 147 mL • Vital Capacity = 1.2 L  
Based on this data, what is the patient's minute ventilation?

$$VA = (\text{Tidal Volume} - \text{Deadspace}) \times \text{Respiratory Rate}$$

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$$VA = (\text{Tidal Volume} - \text{Deadspace}) \times \text{Respiratory Rate}$$

$$VA = (450 - 147) \times 12 \quad VA = 3,636 \text{ mL/min} \quad \text{Divide by 1,000 to convert mL to L.} \quad VA = 3.6 \text{ L/min}$$

**Describe the functions of the respiratory system**

**Upper respiratory tract location**

**Upper respiratory tract divisions**



## **Describe the functions of the respiratory system**

- Supply oxygen to blood
- remove carbon dioxide from the blood
- maintain homeostasis of pH in the body
- warms, moistens, and filters the air
- produces sound for communication
- aids in olfaction

## **Upper respiratory tract location**

- located outside thorax

## **Upper respiratory tract divisions**

- Nose
- Nasal cavity
- Nasopharynx
- laryngopharynx
- larynx

Respiration – four distinct processes must happen?

WHAT ARE THE THREE TYPE OF EPITHELIUM FOUND IN THE PHARYNX?

The pharynx or throat has two functions what are these two function :

.

1/Respiration – four distinct processes must happen

- Pulmonary ventilation – moving air into and out of the lungs
- External respiration – gas exchange between the lungs and the blood
- Transport – transport of oxygen and carbon dioxide between the lungs and tissues
- Internal respiration – gas exchange between systemic blood vessels and tissues

4/WHAT ARE THE THREE TYPE OF EPITHELIUM FOUND IN THE PHARYNX

1. Stratified squamous (moist). This type, as in other sites in the body, is found where there is considerable friction, such as from air, food or contact with other surfaces. It lines most of the epiglottis (except part of the lower, posterior surface), the aryepiglottic folds, and the true vocal folds.

2. Ciliated pseudostratified columnar. This type of epithelium, which contains goblet cells begins near the base of the posterior surface of the epiglottis and lines most of the remainder of the larynx. It lines the false vocal folds, but not the true vocal folds. The cilia are 3.5-5  $\mu\text{m}$  long and beat toward the mouth, moving foreign particles and mucus from the air passages toward the exterior of the body.

3. Ciliated stratified columnar

5/The pharynx or throat has two functions what are these two function :

. It is a passageway for both food and air, and it forms a resonating chamber for speech sounds.

# **Cells of the Olfactory mucosa.**



# **Cells of the Olfactory mucosa.**

- 1. supporting cells**
- 2. Basal cells**
- 3. Olfactory cells**

1/ Define residual volume.

2/ Name a factor that could cause someone's actual vital capacity to be less than their predicted vital capacity.

3/ Put the following in correct chronological order during **EXPIRATION**:

- A. Air rushes out of the lungs
- B. Diaphragm relaxes
- C. Lung pressure increases
- D. Lung volume decreases

- 1/ Define residual volume.
- *The vol. of air remaining in the lungs after a maximal exhalation.*
- 
- 2/ Name a factor that could cause someone's actual vital capacity to be less than their predicted vital capacity.
- *Asthma, emphysema, sedentary lifestyle, etc.*
  
- 3/ Put the following in correct chronological order during **EXPIRATION**:
  - a) Air rushes out of the lungs
  - b) Diaphragm relaxes
  - c) Lung pressure increases
  - d) Lung volume decreases
- *b-d-c-a*

Premature children do not produce adequate amounts of pulmonary surfactant. Name two cells that are involved and explain why this greatly increases the risk of death. What would you expect to see on a histological preparation of lung tissue from such an infant?



Premature children do not produce adequate amounts of pulmonary surfactant. Name two cells that are involved and explain why this greatly increases the risk of death. What would you expect to see on a histological preparation of lung tissue from such an infant?

Type II pneumocytes and Club (Clara) cells are both involved in surfactant production. The lung tissue histology of such an infant would appear with collapsed alveoli.

1. Briefly describe the structural and functional differences between the following:

- Respiratory Bronchiole and Terminal Bronchiole
- Alveolar Sac and Alveolus
- Type I and Type II Pneumocyte

**Respiratory Bronchiole and Terminal Bronchiole:** Terminal bronchioles transition from ciliated to cuboidal epithelia and are conducting passages.

**Respiratory bronchioles** also have cuboidal epithelia, but contain some alveoli.

**Alveolar Sac and Alveolus:** An alveolar sac contains many alveoli.

**Type I and Type II Pneumocyte:** Type I pneumocytes are squamous cells that support gas exchange; type II pneumocytes are cuboidal and create pulmonary surfactant

**Trace the path of a molecule of oxygen from the nose to the bloodstream. Make sure to include all major airways, as well as each layer of tissue that must be traversed.**

**Describe the changes in the type of epithelia encountered as the molecule of oxygen in the question above moves from the nose to the alveolus.**

**Name two adaptations that ensure that the airways will remain open under the normal conditions of inhalation and exhalation. How do these work?**

Trace the path of a molecule of oxygen from the nose to the bloodstream. Make sure to include all major airways, as well as each layer of tissue that must be traversed.

Nose to pharynx to trachea to bronchi to intralobar bronchioles to terminal bronchioles to respiratory bronchioles to alveolar duct to alveolar sac to alveolus to type I pneumocyte to basement membrane to endothelial cell to blood to RBC membrane to hemoglobin

Describe the changes in the type of epithelia encountered as the molecule of oxygen in the question above moves from the nose to the alveolus.

Pseudostratified columnar ciliated epithelium (nose to terminal bronchus) to cuboidal epithelium (terminal bronchus to alveolar sac) to simple squamous epithelium (alveolus)

Name two adaptations that ensure that the airways will remain open under the normal conditions of inhalation and exhalation. How do these work?

Cartilage mechanically holds the airway open. Surfactant works by decreasing surface tension



An infant born prematurely in gestational week 25 has neonatal respiratory distress syndrome.

Which of the following would be expected in this infant?

- (A) Arterial P<sub>O2</sub> of 100 mm Hg
- (B) Collapse of the small alveoli
- (C) Increased lung compliance
- (D) Normal breathing rate
- (E) Lecithin:sphingomyelin ratio of greater than 2:1 in amniotic fluid

Which volume remains in the lungs after a tidal volume (TV) is expired?

- (A) Tidal volume (TV)
- (B) Vital capacity (VC)
- (C) Expiratory reserve volume (ERV)
- (D) Residual volume (RV)
- (E) Functional residual capacity (FRC)
- (1) Inspiratory capacity
- (G) Total lung capacity

Which of the following lung volumes or capacities can be measured by spirometry?

- (A) Functional residual capacity (FRC)
- (B) Physiologic dead space
- (C) Residual volume (RV)
- (D) Total lung capacity (TLC)
- (E) Vital capacity (VC)

person has a vital capacity (VC) of 5 L, a tidal volume (TV) of 0.5 L, an inspiratory capacity of 3.5 L, and a functional residual capacity (FRC) of 2.5 L. What is his expiratory reserve volume (ERV)?

- (A) 4.5 L
- (B) 3.9 L
- (C) 3.6 L
- (D) 3.0 L
- (E) 2.5 L
- (F) 2.0 L
- G)1.5L

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Residual volume (RV) cannot be measured by spirometry.

Therefore, any lung volume or capacity that includes the RV cannot be measured by spirometry.

Measurements that include RV are functional residual capacity (FRC) and total *lung capacity* (TLC). Vital capacity (VC) does not include RV and is, therefore, measurable by spirometry.

Physiologic dead space is not measurable by spirometry and requires sampling of arterial P<sub>co2</sub> and expired CO<sub>2</sub>.

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- (F) 2.0 L
- G) 1.5L**

$$\text{ERV} = \text{VC} - \text{IC}$$

$$\text{IC} = \text{TV} + \text{IRV}$$

When a person is standing, blood flow in the lungs is

- (A) equal at the apex and the base
- B) highest at the apex owing to the effects of gravity on arterial pressure
- (C) highest at the base because that is where the difference between arterial and venous pressure is greatest
- (D) lowest at the base because that is where alveolar pressure is greater than arterial pressure

In the hemoglobin-O<sub>2</sub> dissociation curves shown above, the shift from curve A to curve B could be caused by

- (A) increased pH
- (B) decreased 2,3-diphosphoglycerate (DPG) concentration
- (C) strenuous exercise
- (D) fetal hemoglobin (HbF)
- (E) carbon monoxide (CO) poisoning

Which of the following is the site of highest airway resistance?

- (A) Trachea
- (B) Largest bronchi
- (C) Medium-sized bronchi
- (D) Smallest bronchi
- (E) Alveoli

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The distribution of blood flow in the lungs is affected by gravitational effects on arterial hydrostatic pressure. Thus, blood flow is highest at the base, where arterial hydrostatic pressure is greatest and the difference between arterial and venous pressure is also greatest. This pressure difference drives the blood flow.

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The medium-sized bronchi actually constitute the site of highest resistance along the bronchial tree.

Although the small radius of the alveoli might predict that they would have the highest resistance, they do not because of their parallel arrangement. In fact, early changes in resistance in the small airways may be "silent" and go undetected because of their small overall contribution to resistance.

Which is *not* part of the conducting portion of the respiratory system?

- A. Alveoli
- B. Trachea
- C. Larynx
- D. Nasal cavity
- E. Bronchi

The terms "upper respiratory system" and "lower respiratory system" are \_\_\_\_\_ categorizations of the respiratory system.

- A. structural
- B. functional
- C. outdated

Which region(s) of the pharynx is lined by pseudostratified ciliated columnar epithelium?

- A. Oropharynx
- B. Nasopharynx
- C. Laryngopharynx
- D. Oropharynx and nasopharynx
- E. Oropharynx, nasopharynx, and laryngopharynx

Terminal bronchioles of the lower respiratory system are lined with

- A. keratinized stratified squamous epithelium.
- B. simple cuboidal epithelium.
- C. pseudostratified ciliated columnar epithelium.
- D. stratified columnar epithelium.
- E. nonkeratinized stratified squamous.

Several things happen to inhaled air in a process called conditioning. Select the exception.

- A. The air is cooled.
- B. The air is humidified.
- C. The air is cleansed.
- D. The air is moistened.
- E. The air becomes turbulent.



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The region of the nasal cavity immediately internal to the nostrils is the \_\_\_\_\_; it contains coarse guard hairs.

- A. choanae
- B. olfactory region
- C. vestibule
- D. respiratory region
- E. nasopharynx

An air passage (valley) beneath a turbinate within the nasal cavity is referred to as a

- A. vestibule.
- B. concha.
- C. vibrissa.
- D. meatus.

Which bone does *not* contain a paranasal sinus?

- A. Sphenoid bone
- B. Frontal bone
- C. Ethmoid bone
- D. Mandible
- E. Maxilla

What structures are used by both the respiratory and digestive systems?

- A. Oropharynx and laryngopharynx
- B. Laryngopharynx and larynx
- C. Nasal cavity and nasopharynx
- D. Paranasal sinuses
- E. Laryngopharynx and esophagus

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A 43-year-old female patient has been lying down on the hospital bed for more than 4 months. Her normal, quiet expiration is achieved by contraction of which of the following structures?

- A.** Elastic tissue in the lungs and thoracic wall
- B. Serratus posterior superior muscles
- C. Pectoralis minor muscles
- D. Serratus anterior muscles
- E. Diaphragm

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- (D)** Serratus anterior muscles
- (E)** Diaphragm

Normal, quiet expiration is achieved by contraction of extensible tissue in the lungs and the thoracic wall. The serratus posterior superior muscles, diaphragm, pectoralis major, and serratus anterior are muscles of inspiration



**Inspiration PROCESS?**

## Inspiration

- Occurs when the ribs and sternum (or thoracic cage) are elevated by the following **muscles**: the **diaphragm**; external, internal (interchondral part), and innermost intercostal; sternocleidomastoid; levator costarum; serratus anterior; scalenus; pectoralis major and minor; and serratus posterior superior muscles.

- Involves the following processes:

### 1. Contraction of the Diaphragm

- Pulls the dome inferiorly into the abdomen, thereby **increasing the vertical diameter** of the thorax.

### 2. Enlargement of the Pleural Cavities and Lungs

- **Reduces** the intrapulmonary **pressure** (creates a **negative pressure**), thus allowing air to rush into the lungs passively because of atmospheric pressure.

### 3. Forced Inspiration

- Involves contraction of the **intercostal muscles and elevation of the ribs** (superolateral movement), with the sternum moving anteriorly like a **bucket handle**. (When the handle is raised, the convexity moves laterally.)

- Results in **increased transverse and anteroposterior diameters** of the thoracic cavity. The abdominal volume is decreased with an increased abdominal pressure.

**Expiration PROCESS?**

## Expiration

- Involves the following muscles: the **muscles of the anterior abdominal wall, internal intercostal (costal part) muscles**, and serratus posterior inferior muscles.
- Involves the following processes:

### 1. Overall Process

- Involves relaxation of the diaphragm, the internal intercostal muscles (costal part), and other muscles; decrease in thoracic volume; and increase in the intrathoracic pressure. The **abdominal pressure is decreased**, and the **ribs are depressed**.

### 2. Elastic Recoil of the Lungs

- Produces a **subatmospheric pressure** in the pleural cavities. Thus, much of the air is expelled. (**Quiet expiration** is a passive process caused by the elastic recoil of the lungs, whereas **quiet inspiration** results from contraction of the **diaphragm**.)

### 3. Forced Expiration

- Requires contraction of the anterior abdominal muscles and the internal intercostals (costal part).

Which volume remains in the lungs after a maximal expiration?

- (A) Tidal volume (TV)
- (B) Vital capacity (VC)
- (C) Expiratory reserve volume (ERV)
- (D) Residual volume (RV)
- (E) Functional residual capacity (FRC)
- (F) Inspiratory capacity
- (G) Total lung capacity

A person with a tidal volume (TV) of 0.45 L has a breathing frequency of 16 breaths/min. His arterial PCO<sub>2</sub> is 41 mm Hg, and the P<sub>CO<sub>2</sub></sub> of his expired air is 35 mm Hg. What is his alveolar ventilation?

- (A) 0.066 L/min
- (B) 0.38 L/min
- (C) 5.0 L/min
- (D) 6.14 L/min
- (E) 8.25 L/min

Compared with the apex of the lung, the base of the lung has

- (A) a higher pulmonary capillary P<sub>O<sub>2</sub></sub>
- (B) a higher pulmonary capillary P<sub>CO<sub>2</sub></sub>
- (C) a higher ventilation/perfusion (V/Q) ratio
- (D) the same V/Q ratio

Which of the following changes occurs during

strenuous exercise?

- (A) Ventilation rate and O<sub>2</sub> consumption increase to the same extent
- (B) Systemic arterial P<sub>O<sub>2</sub></sub> decreases to about 70 mm Hg
- (C) Systemic arterial PCO<sub>2</sub> increases to about 60 mm Hg
- (D) Systemic venous PCO<sub>2</sub> decreases to about 20 mm Hg
- (E) Pulmonary blood flow decreases at the expense of systemic blood flow



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Alveolar ventilation is the difference between tidal volume (TV) and dead space multiplied by breathing frequency.

$AVR = TV - DEAD\ SPACE$

TV and breathing frequency are given, but **dead space must be calculated.**

Dead space is TV multiplied by the difference between arterial PCO<sub>2</sub> and expired PCO<sub>2</sub> divided by arterial PCO<sub>2</sub>.

$DS = TV \times (aPCO_2 - P_eCO_2 / aPCO_2)$

Thus: dead space =  $0.45 \times (41 - 35/41) = 0.066\ L$ .

Alveolar ventilation is then calculated as:  $(0.45\ L - 0.066\ L) \times 16\ \text{breaths/min} = 6.14\ L/\text{min}$ .

Which of the following will occur as a result of residing at high altitude?

- (A) Hypoventilation
- (B) Arterial P<sub>O2</sub> greater than 100 mm Hg
- (C) Decreased 2,3-diphosphoglycerate (DPG) concentration
- (D) Shift to the right of the hemoglobin-O<sub>2</sub> dissociation curve**
- (E) Pulmonary vasodilation
- (F) Hypertrophy of the left ventricle
- (G) Respiratory acidosis

Which volume is expired in a maximal expiration?

- (A) Tidal volume (TV)
- (B) Vital capacity (VC)**
- (C) Expiratory reserve volume (ERV)
- (D) Residual volume (RV)
- (E) Functional residual capacity (FRC)
- (F) Inspiratory capacity
- (G) Total lung capacity

The volume expired in a forced maximal expiration is forced vital capacity, or vital capacity (VC).

1. Characteristics of olfactory epithelium include which one of the following?

- (A) It is located in the inferior region of the nasal cavity.
- (B) It is classified as simple columnar.
- (C) It has an underlying lamina propria containing mucous glands.
- (D) It has modified cilia, which act as receptors for odor.
- (E) It is unable to regenerate.

2. Which of the following statements concerning Terminal bronchioles is true?

- (A) They are part of the conducting portion of the respiratory system.
- (B) They function in gas exchange.
- (C) They do not contain ciliated cells.
- (D) They have cartilage plates present in their walls.
- (E) They do not contain secretory cells.

3. The trachea possesses which one of the following components?

- (A) Irregular cartilage plates in its wall
- (B) Skeletal muscle in its wall
- (C) An epithelium containing only two cell types
- (D) A thick basement membrane underlying its epithelium
- (E) Bowman glands in its lamina propria

4. Which of the following statements concerning Respiratory bronchioles is true?

- (A) No gas exchange occurs in them.
- (B) They do not have alveoli forming part of their wall.
- (C) They contain goblet cells in their lining epithelium.
- (D) They are included in the conducting portion of the respiratory system.
- (E) Ciliated cells comprise a portion of their lining epithelium.

1. Characteristics of olfactory epithelium include which one of the following?

- (A) It is located in the inferior region of the nasal cavity.
- (B) It is classified as simple columnar.
- (C) It has an underlying lamina propria containing mucous glands.
- (D) It has modified cilia, which act as receptors for odor.**
- (E) It is unable to regenerate.

2. Which of the following statements concerning Terminal bronchioles is true?

- (A) They are part of the conducting portion of the respiratory system.**
- (B) They function in gas exchange.
- (C) They do not contain ciliated cells.
- (D) They have cartilage plates present in their walls.
- (E) They do not contain secretory cells.

3. The trachea possesses which one of the following components?

- (A) Irregular cartilage plates in its wall
- (B) Skeletal muscle in its wall
- (C) An epithelium containing only two cell types
- (D) A thick basement membrane underlying its epithelium**
- (E) Bowman glands in its lamina propria

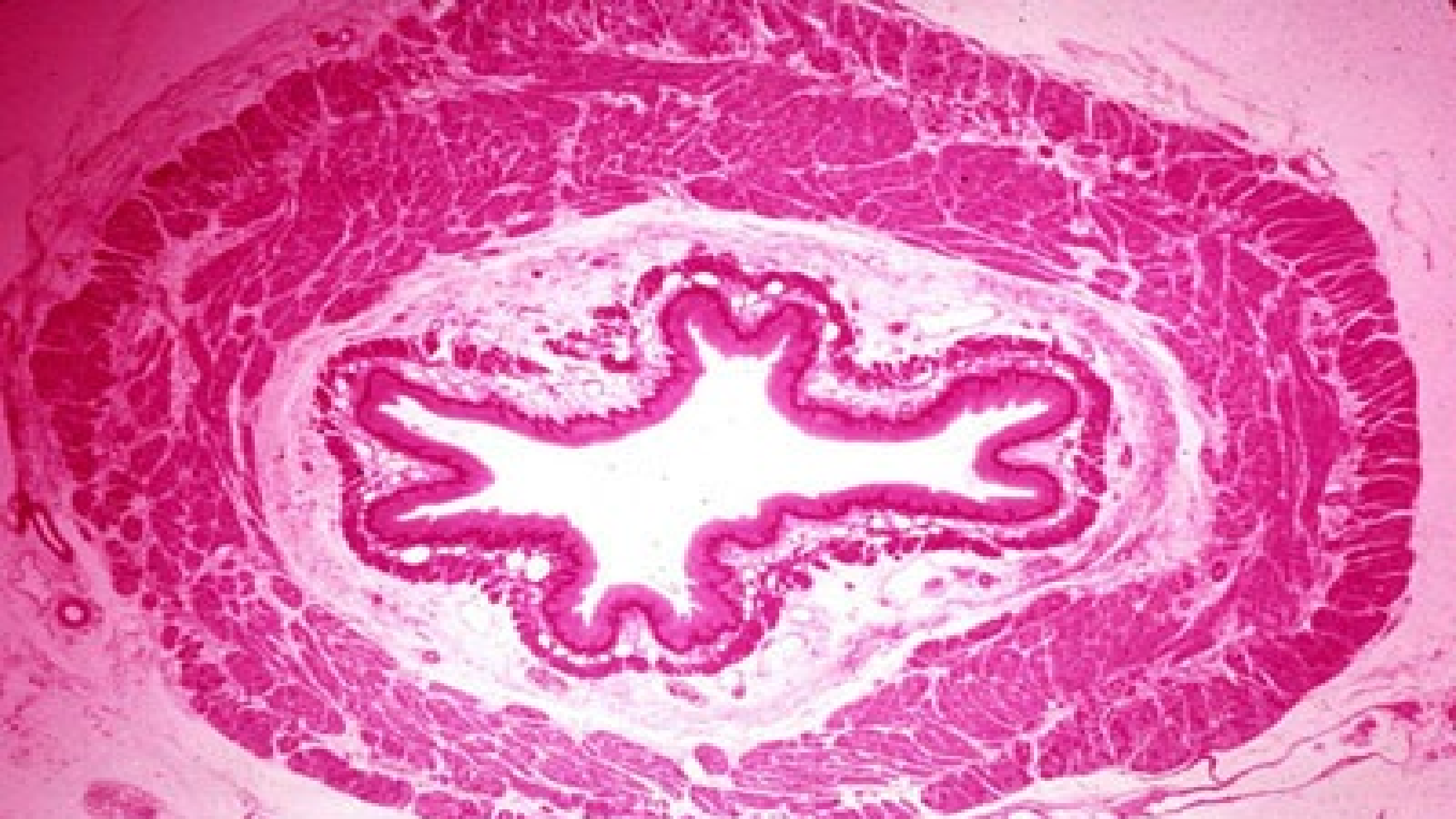
4. Which of the following statements concerning Respiratory bronchioles is true?

- (A) No gas exchange occurs in them.
- (B) They do not have alveoli forming part of their wall.
- (C) They contain goblet cells in their lining epithelium.
- (D) They are included in the conducting portion of the respiratory system.
- (E) Ciliated cells comprise a portion of their lining epithelium.**





# Digestive system

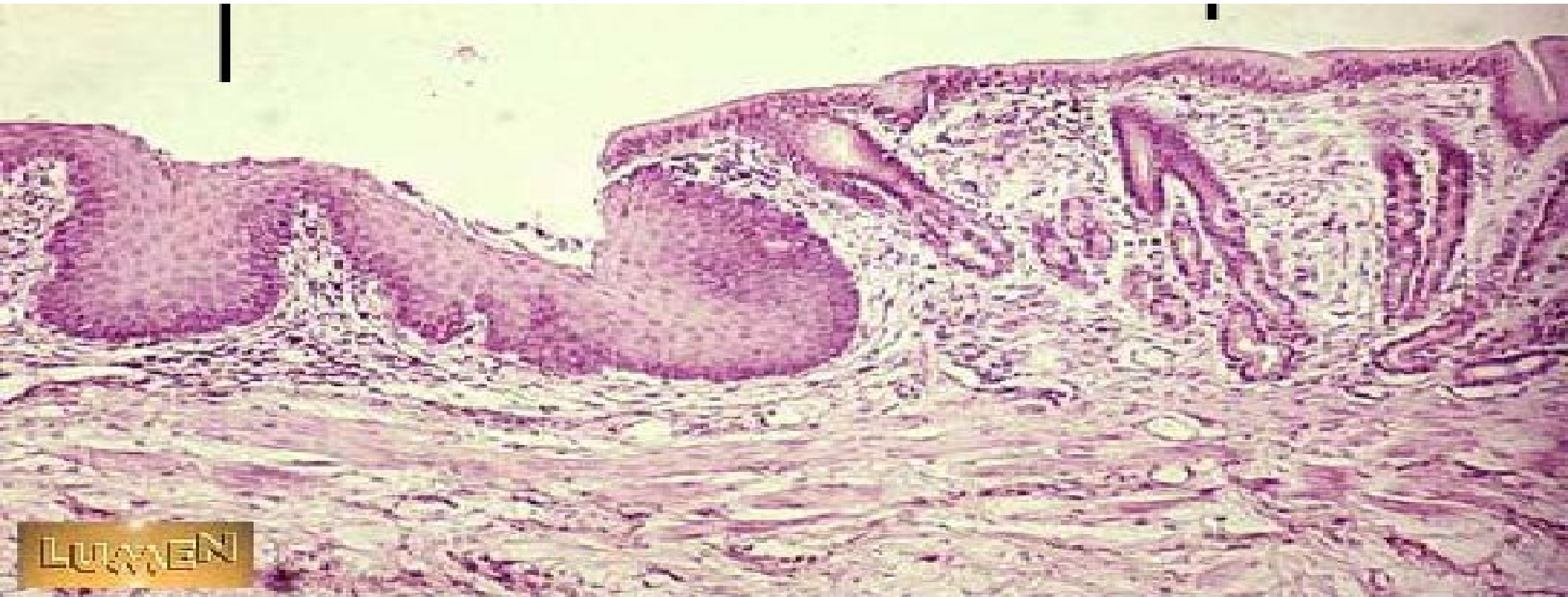


Esophagus





# Esophageal-Gastric Junction



LUMEN

Esophagus

Esogastric junction

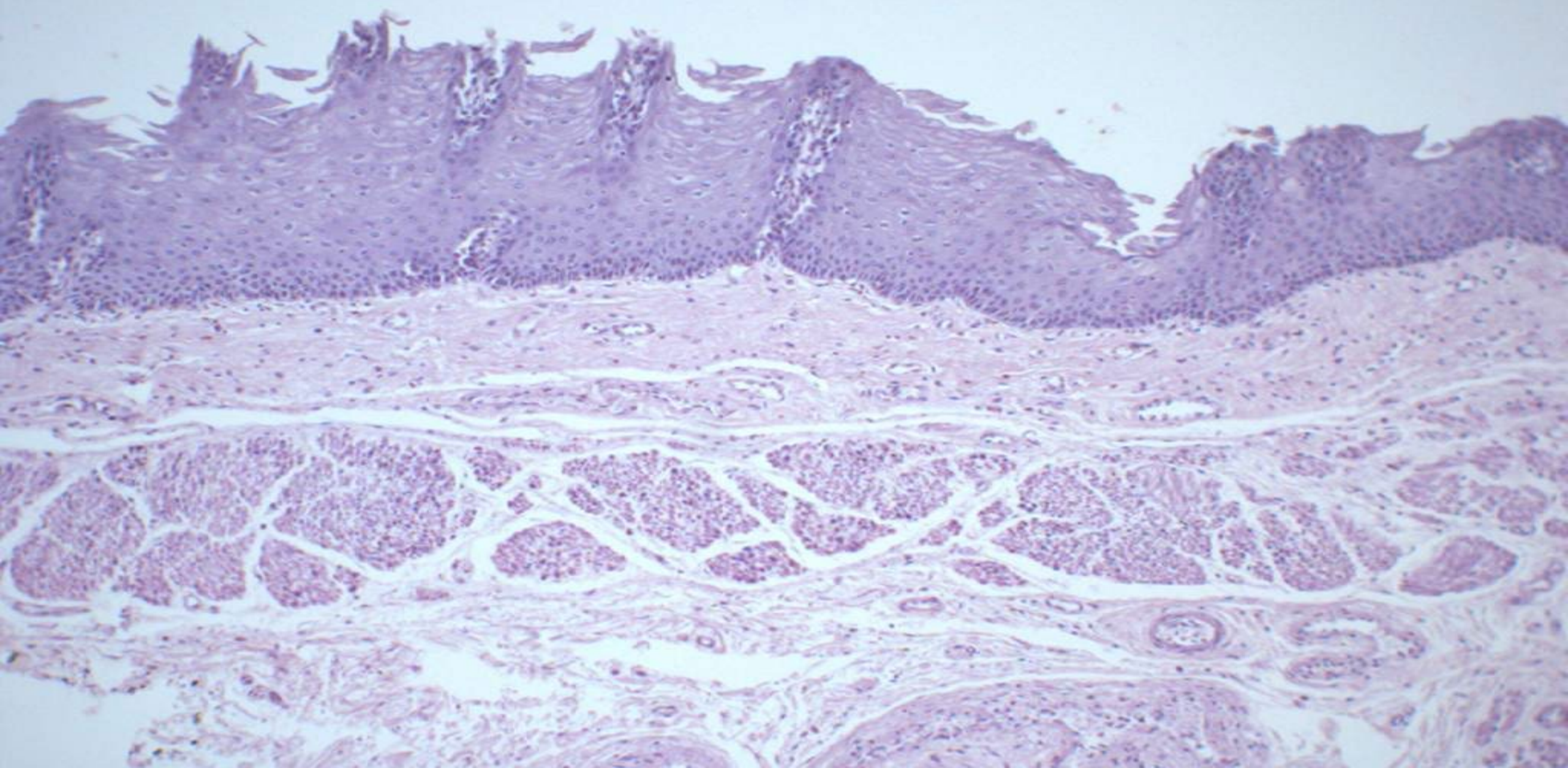
Stomach

**Histology Lab Part 17: Slide 8**



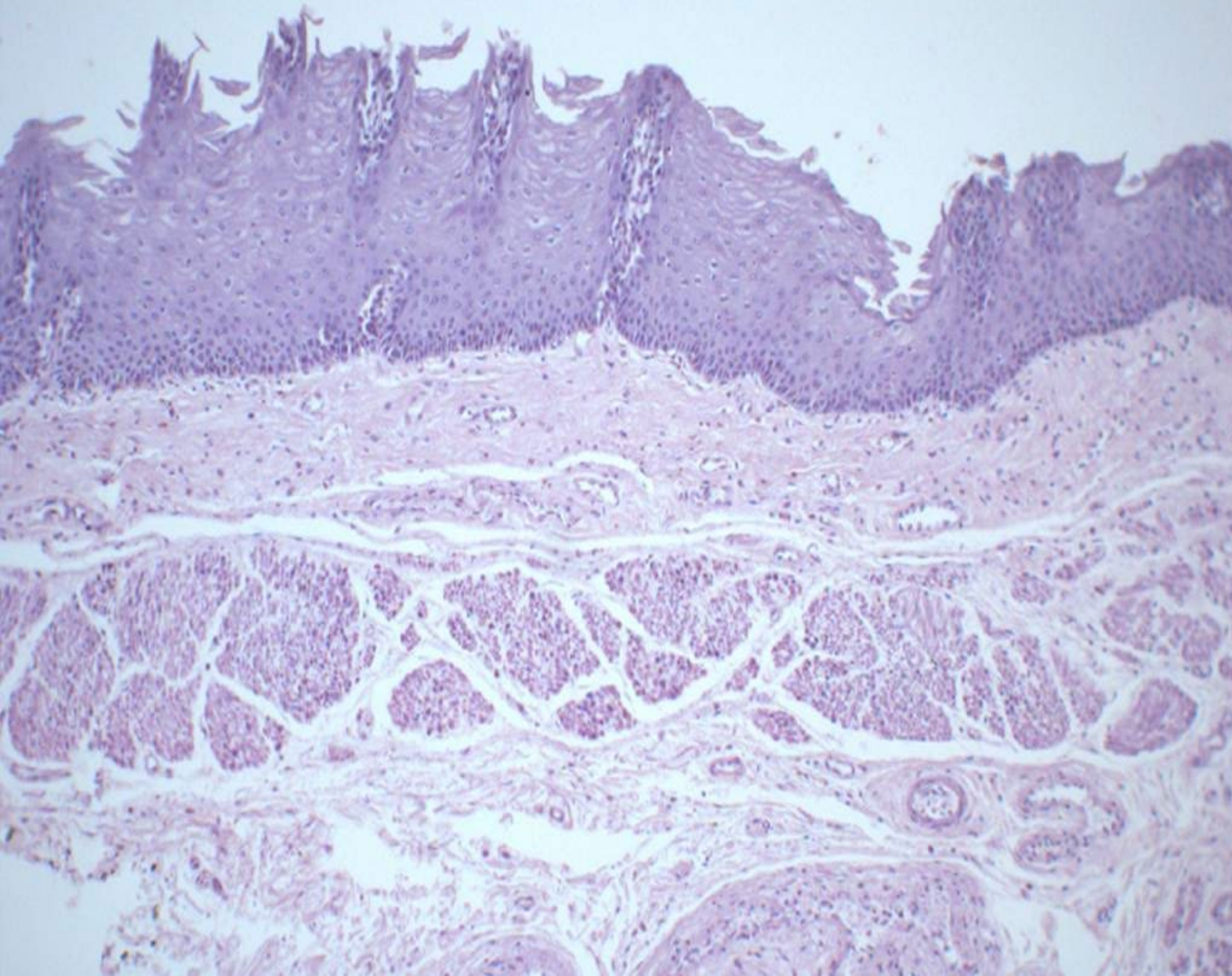
LUMEN







# ESOPGAGUS





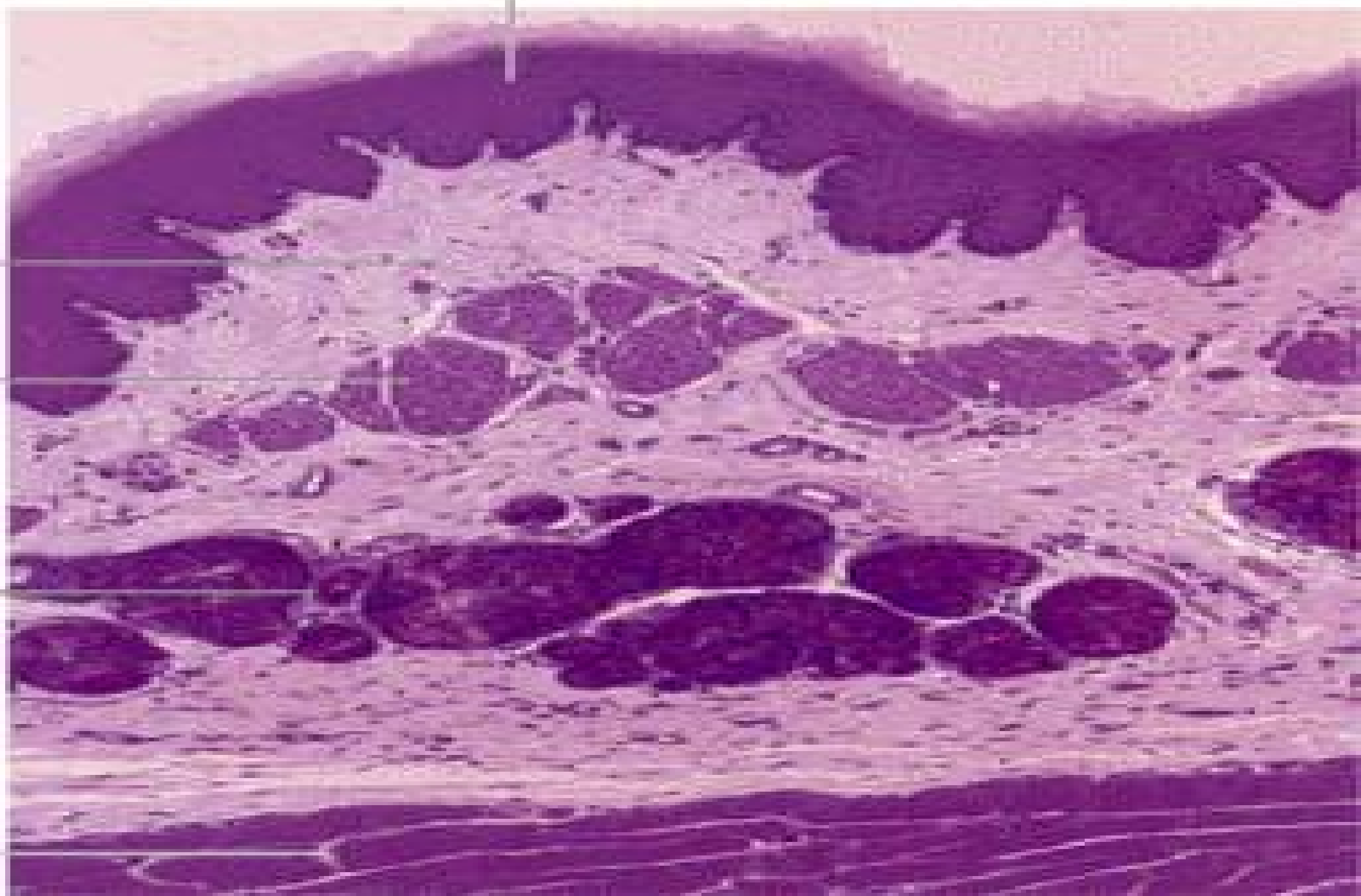
epithelium

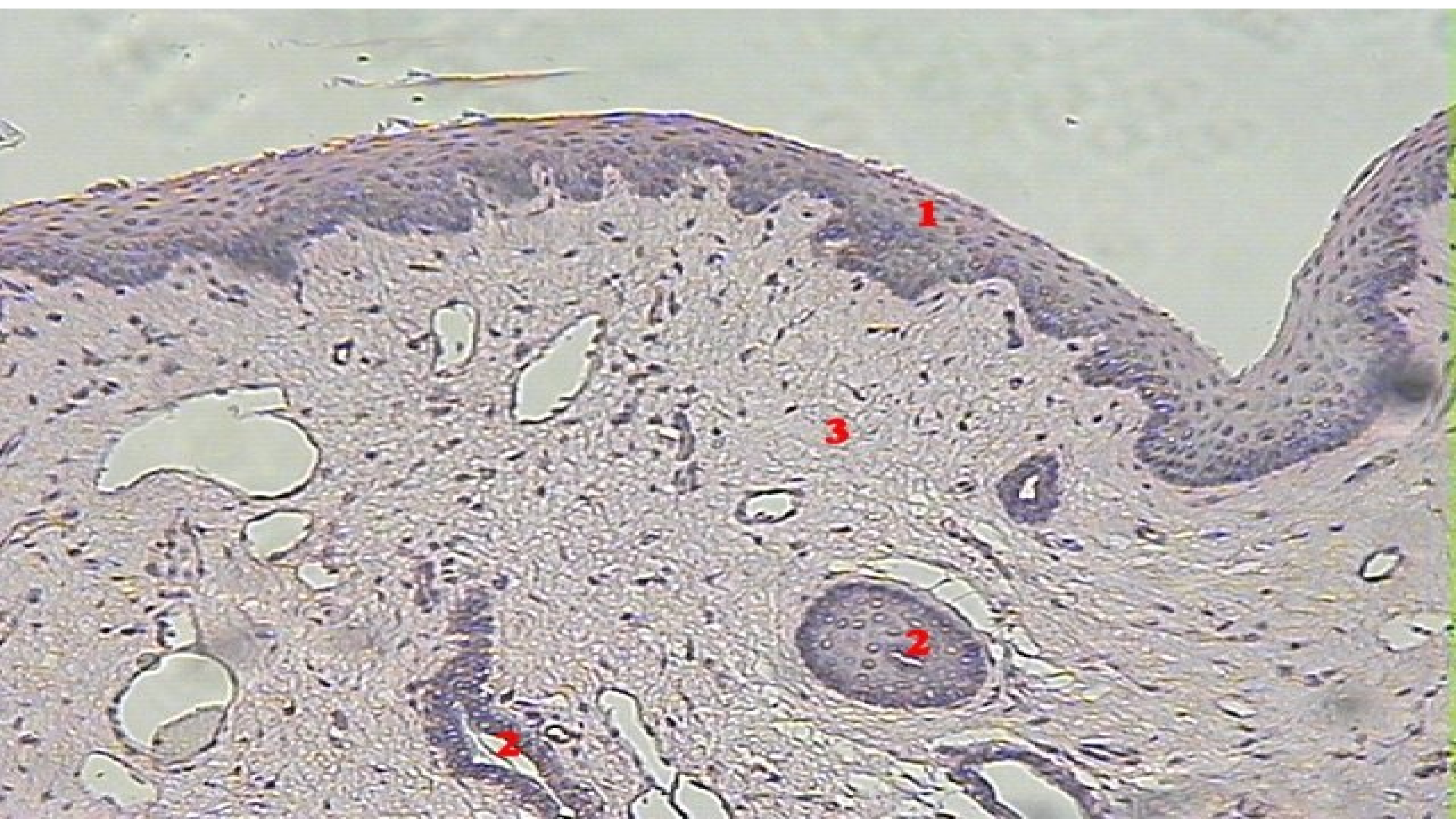
Lamina  
propria

Smooth  
muscle

Esophageal  
glands

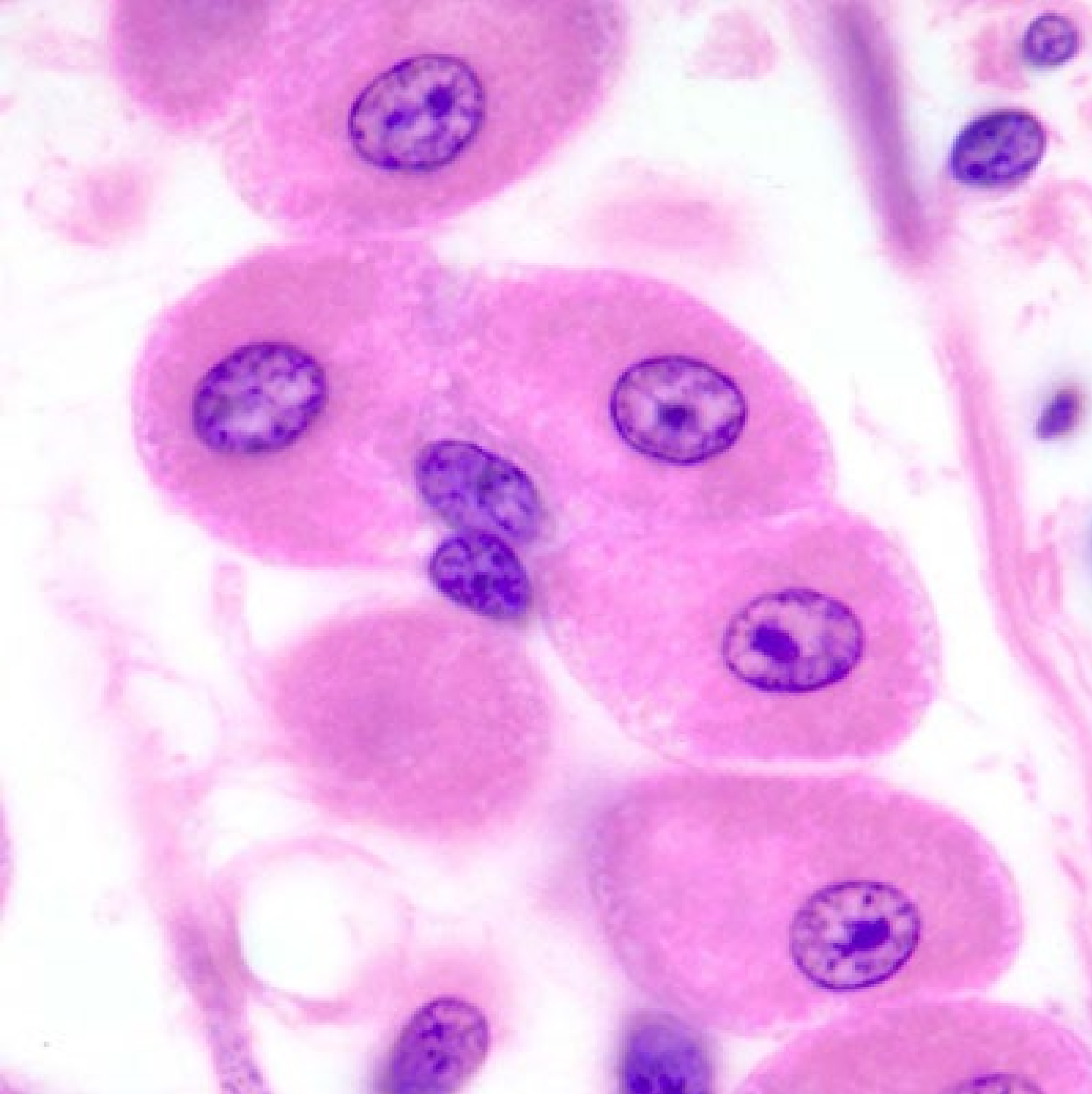
Skeletal  
muscle

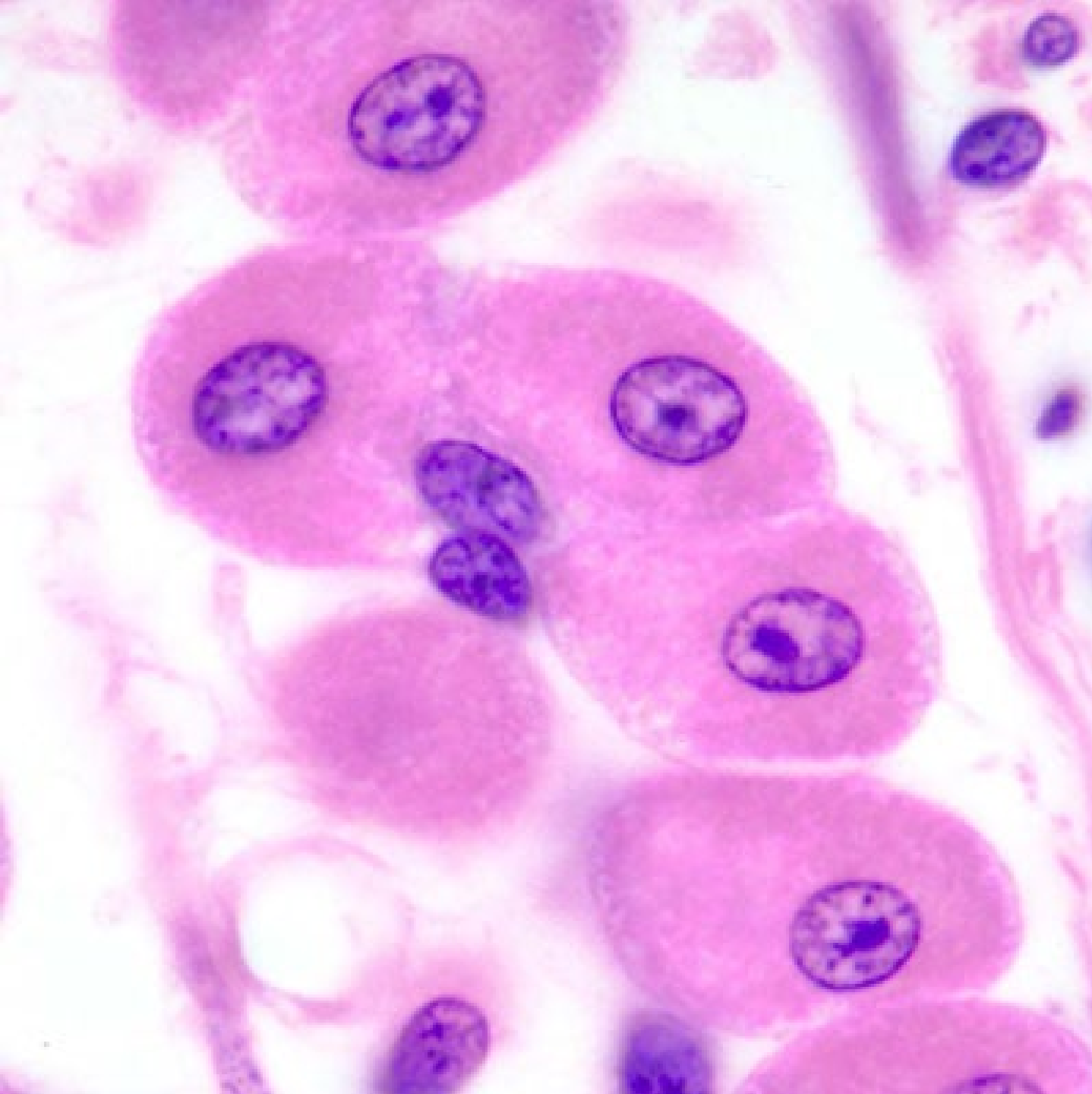






1. Stratified squamous epithelium
2. Mucous glands
3. Lamina propria

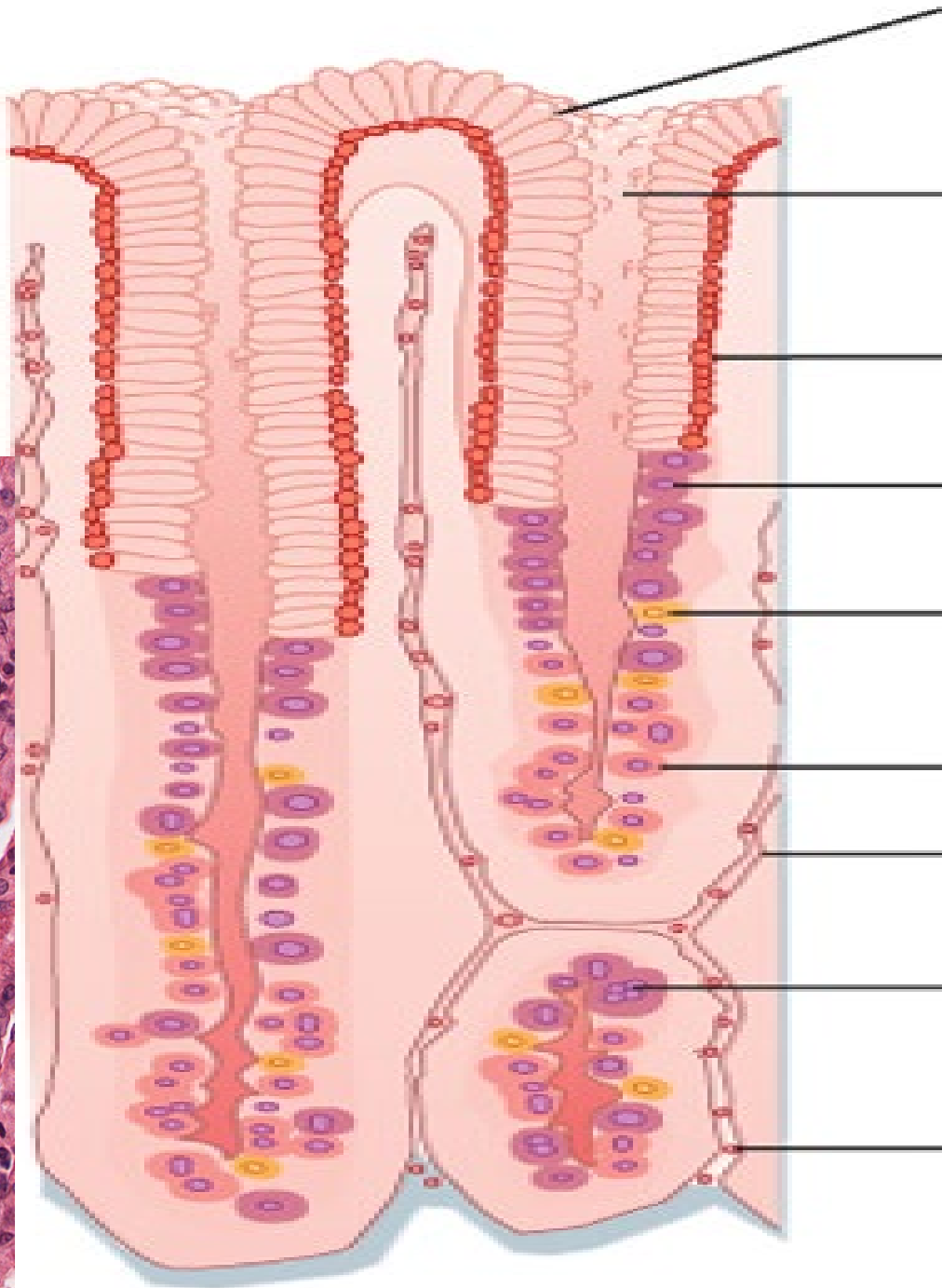
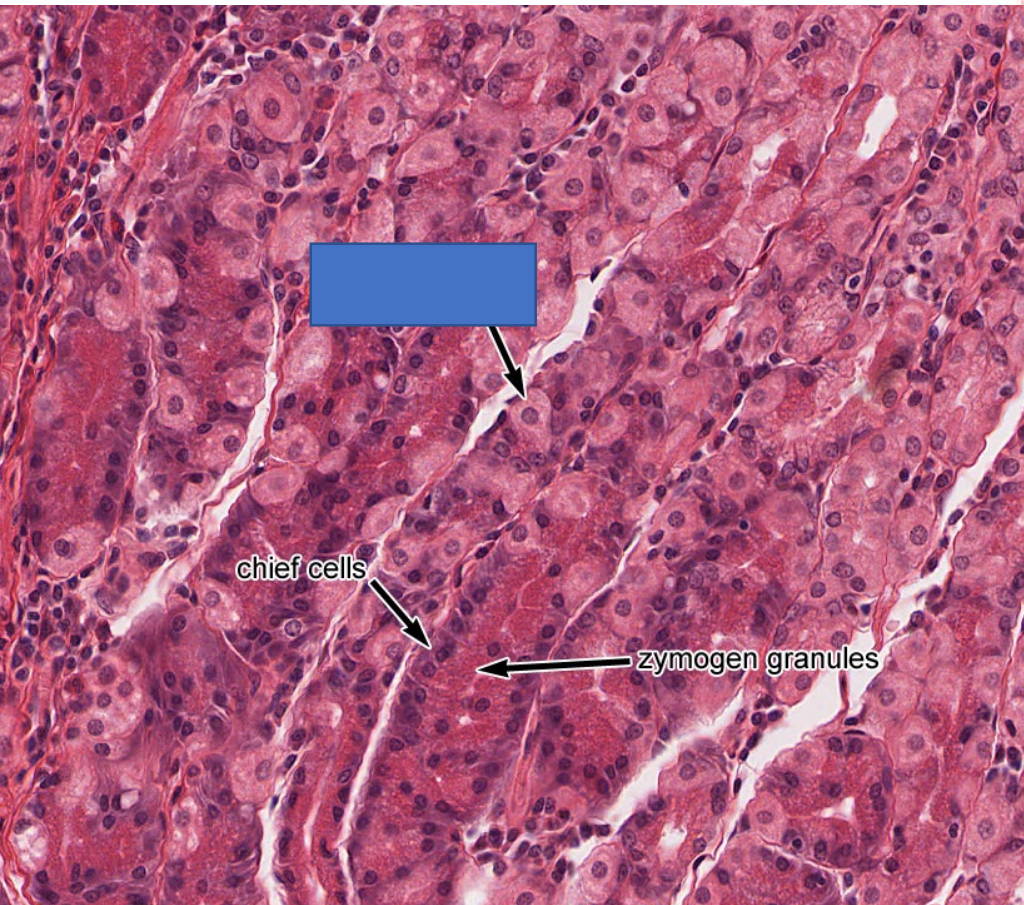


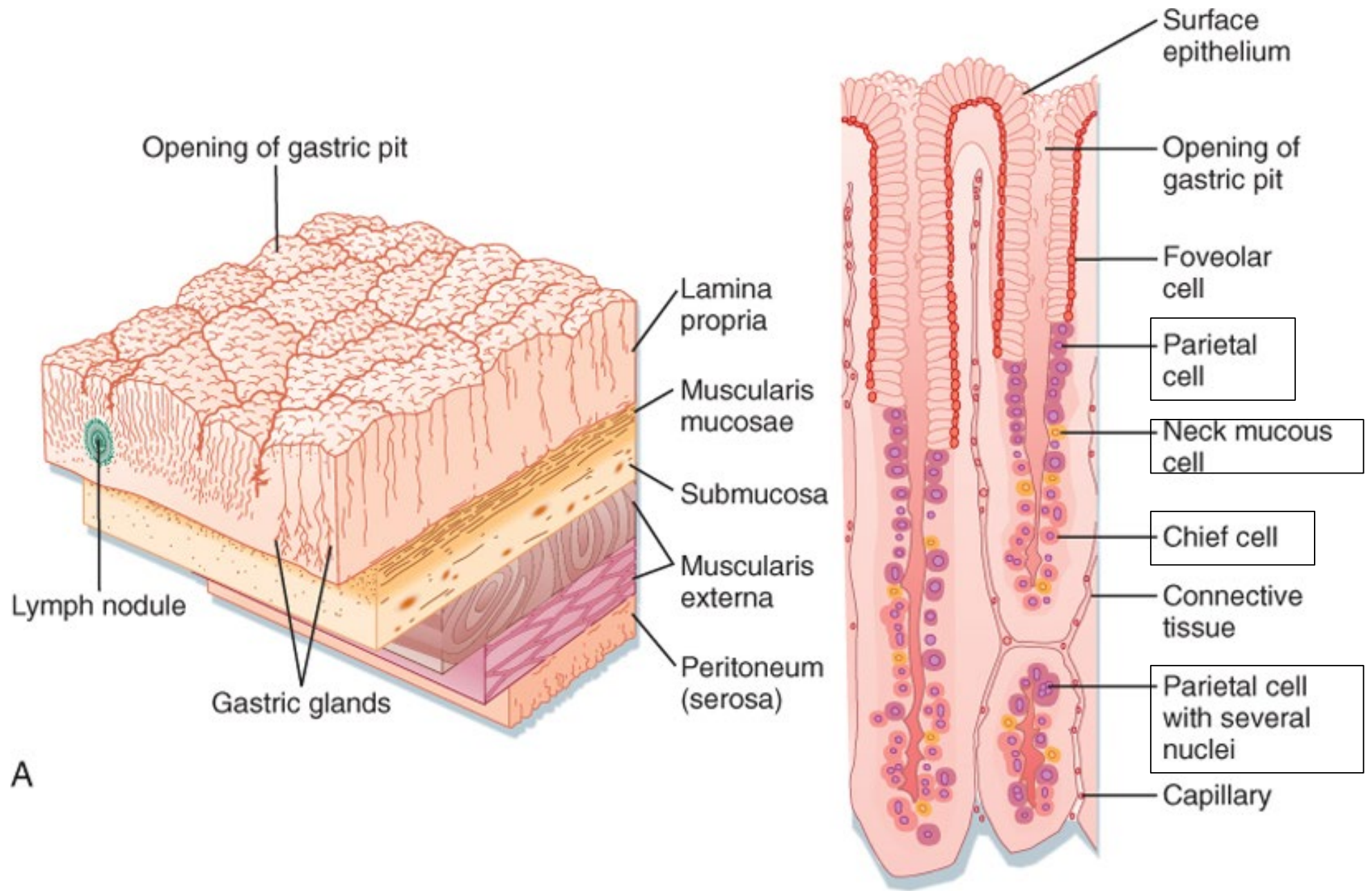


Parietal cell - HCl



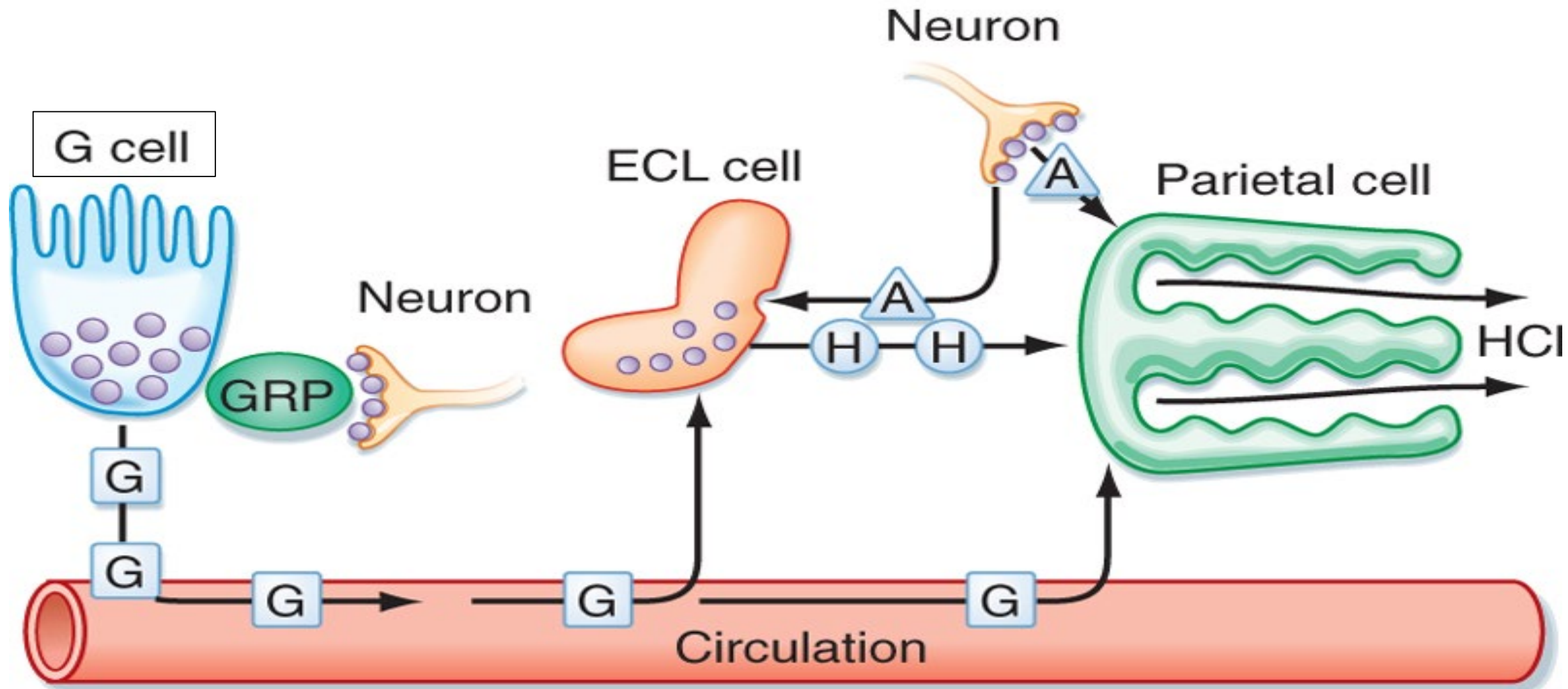
Cells of the stomach pits?







# ACETYLCHOLINE, GASTRIN, AND HISTAMINE STIMULATE THE PARIETAL CELL



# STOMACH

\* PARTIALLY DIGESTS FOOD MECHANICALLY & CHEMICALLY

→ PULPY ACIDIC FLUID = CHYME

## ANATOMICAL REGIONS

## HISTOLOGICAL REGIONS

### CARDIA

CARDIAC GLANDS secrete MUCUS

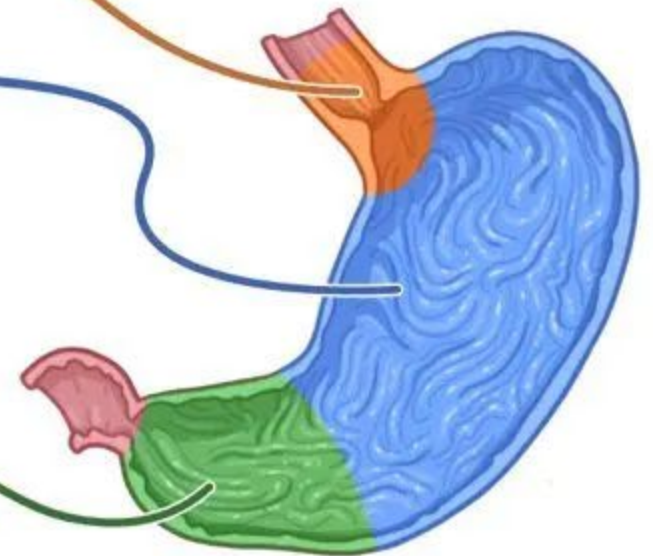
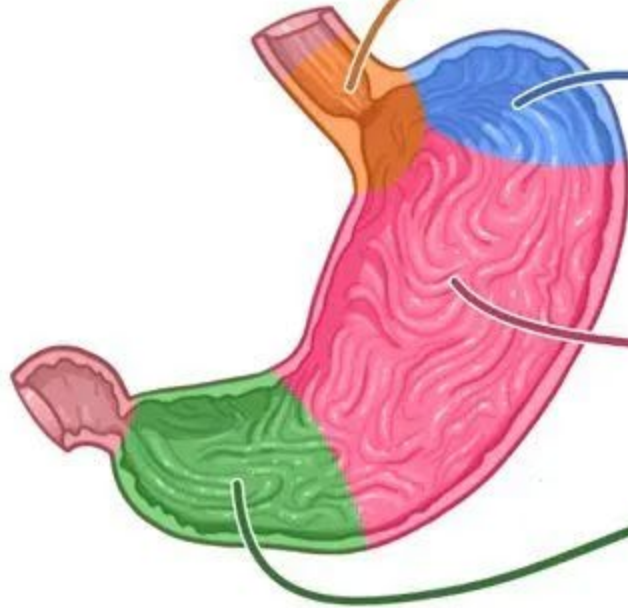
### FUNDUS

FUNDIC (GASTRIC) GLANDS secrete  
DIGESTIVE ENZYMES (e.g. pepsin) & MUCUS

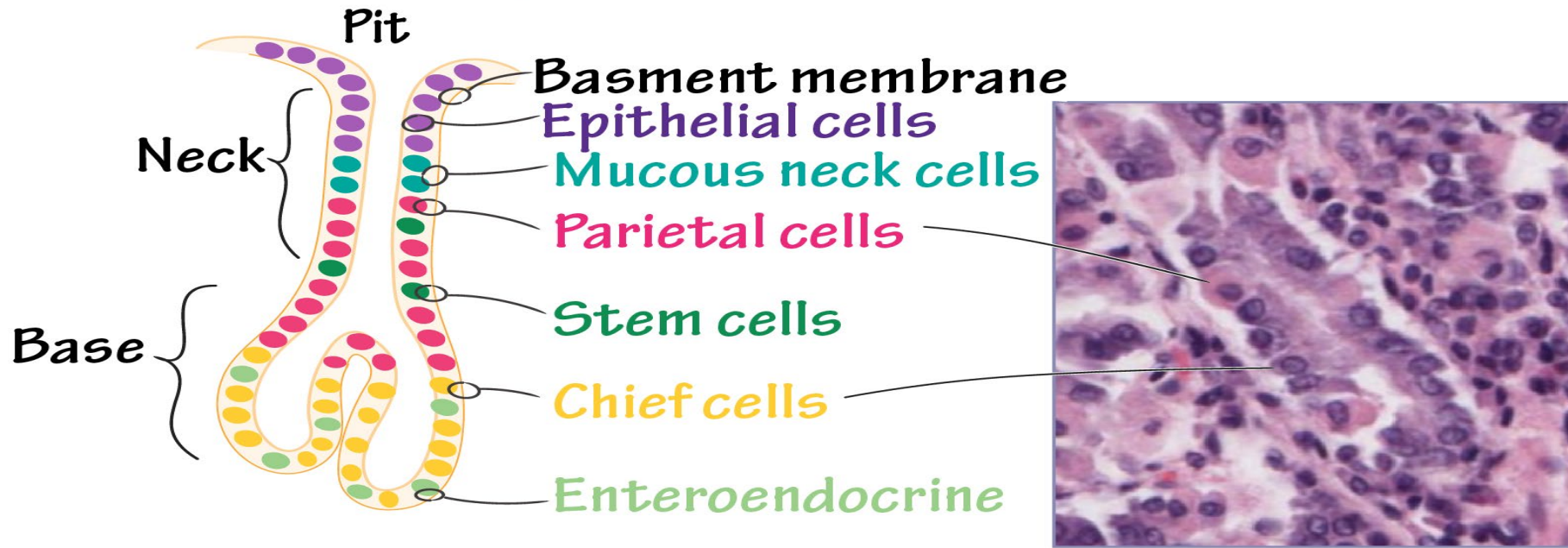
### BODY

### PYLORUS

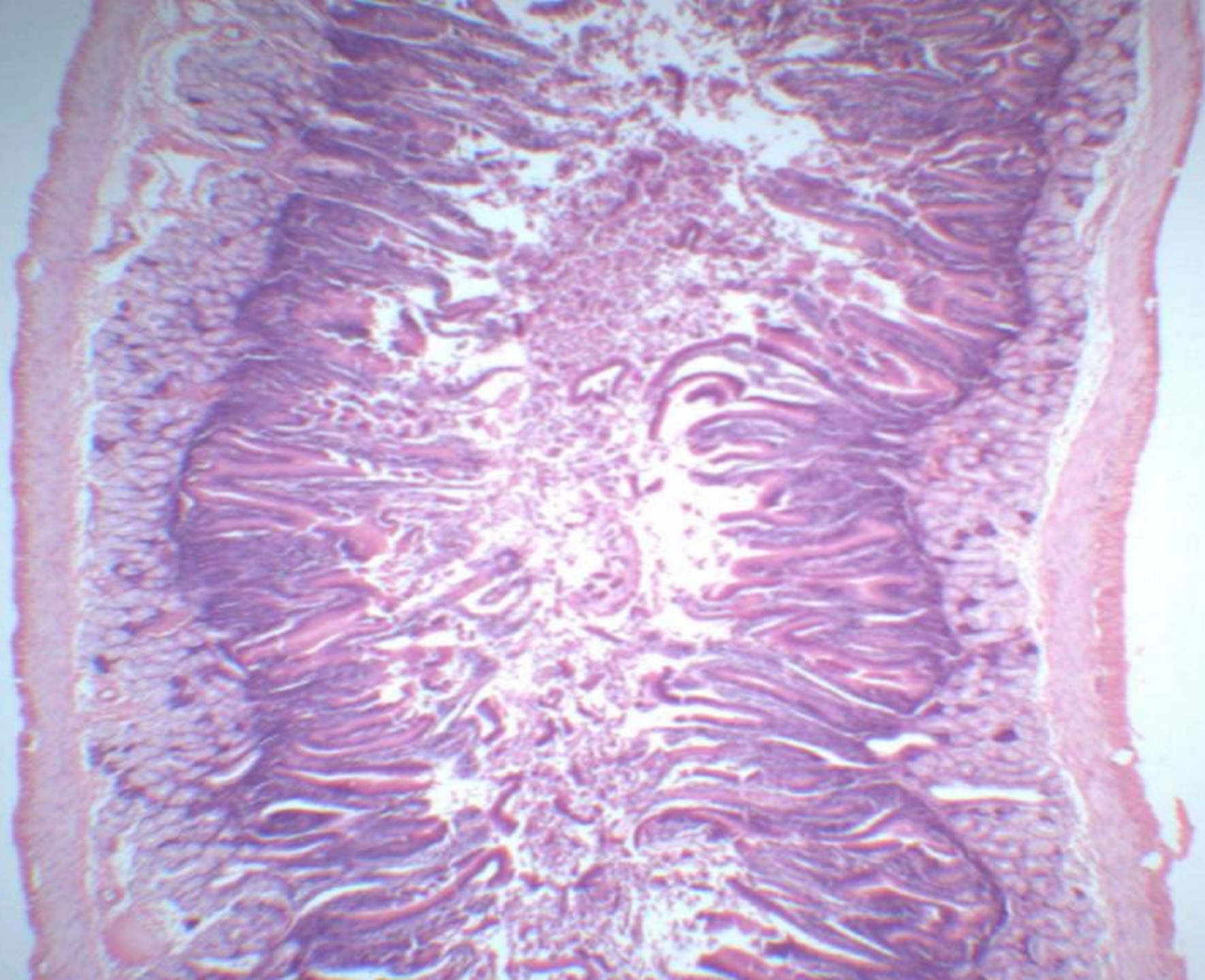
PYLORIC GLANDS secrete MUCUS &  
NEUROENDOCRINE CELLS secrete GASTRIN



## Typical Gastric Gland

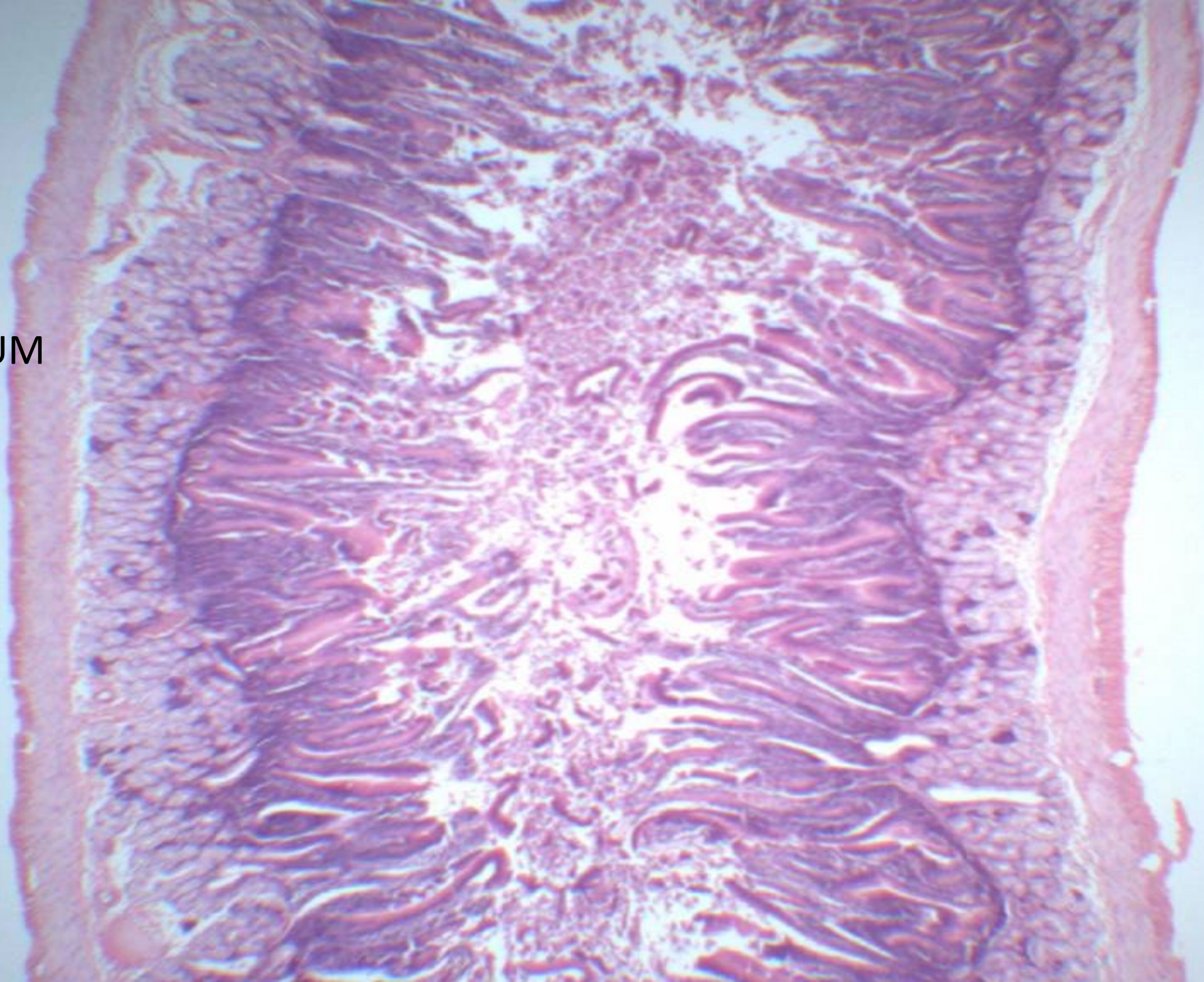




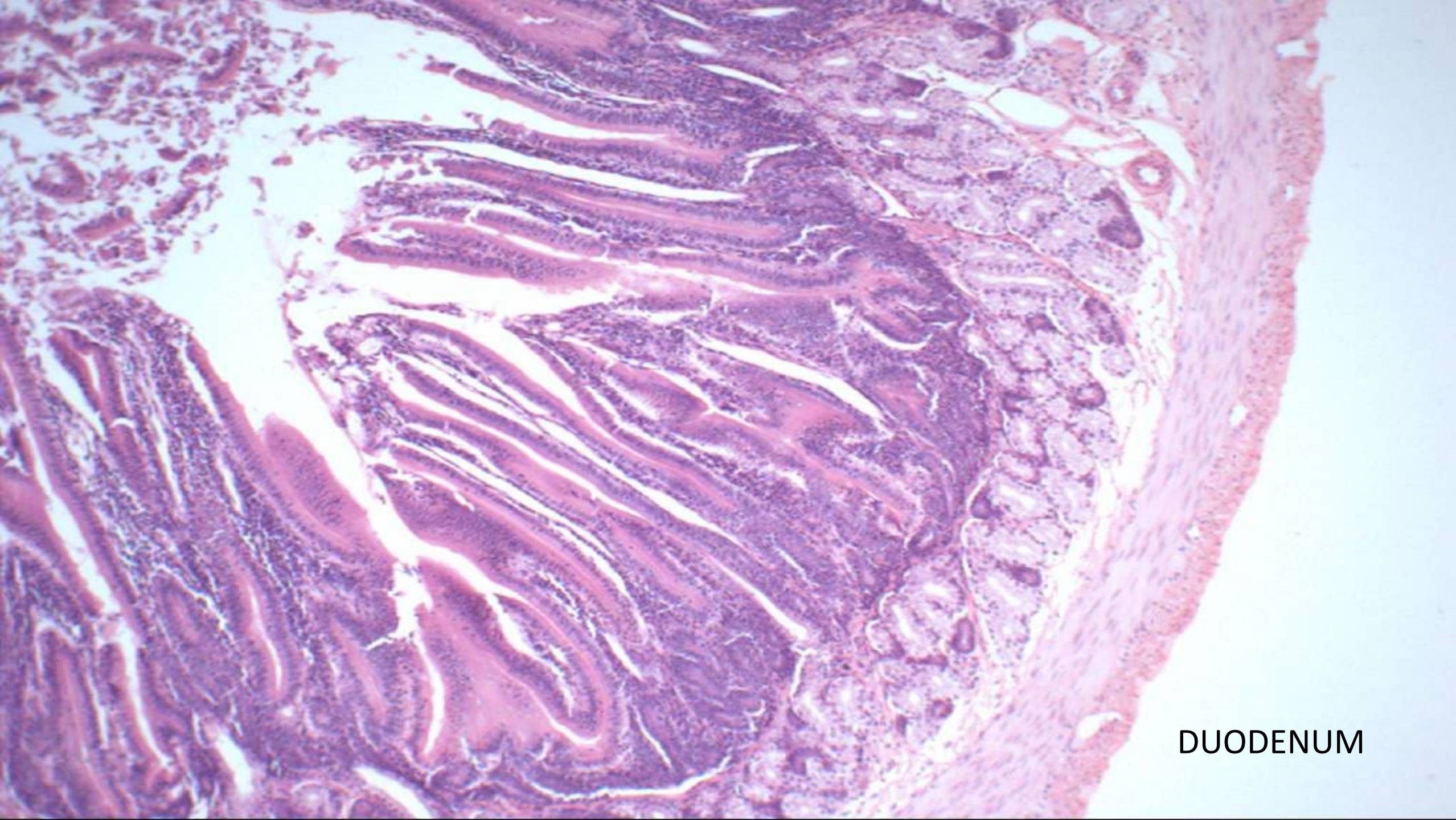




DUODENUM

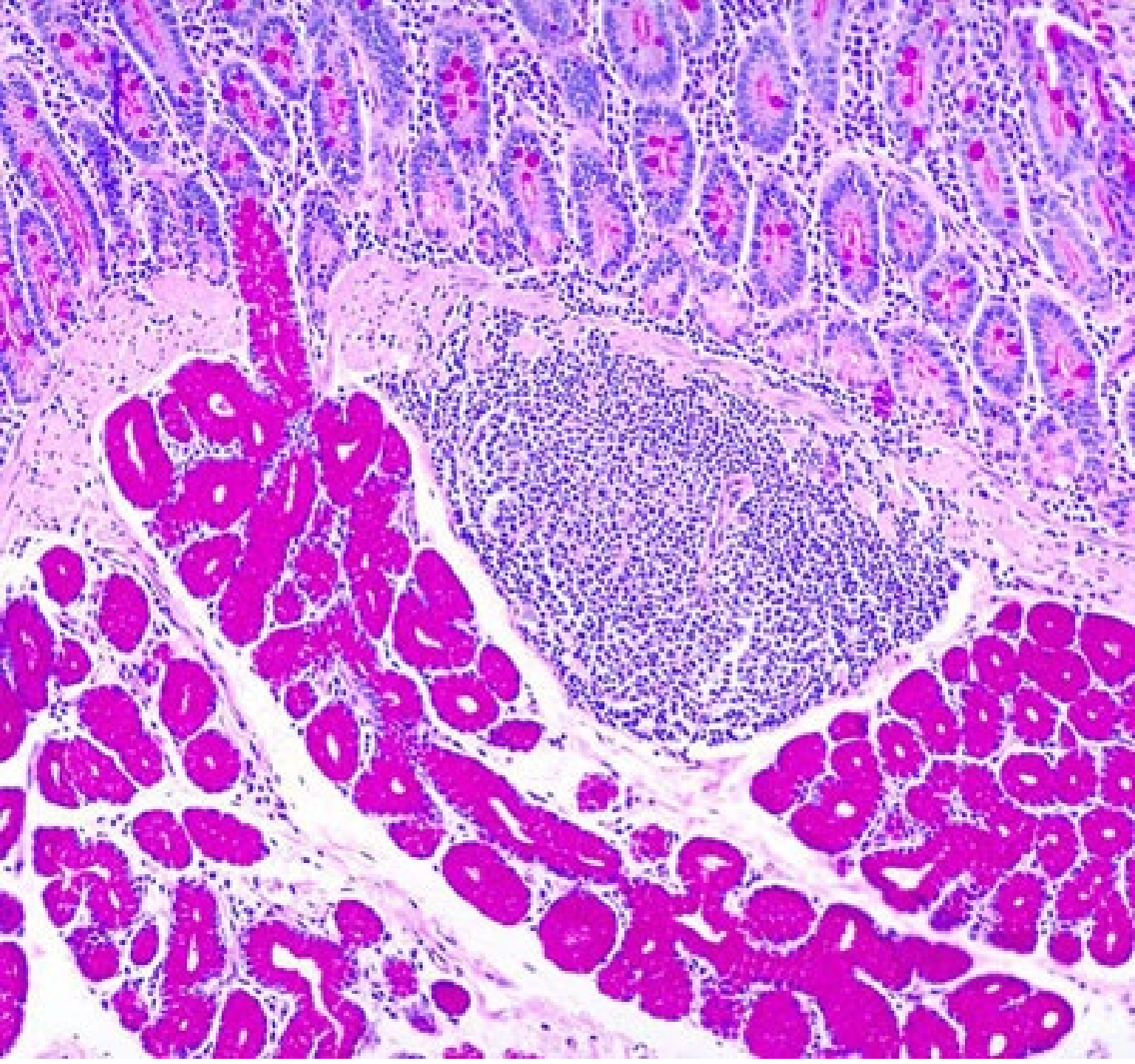


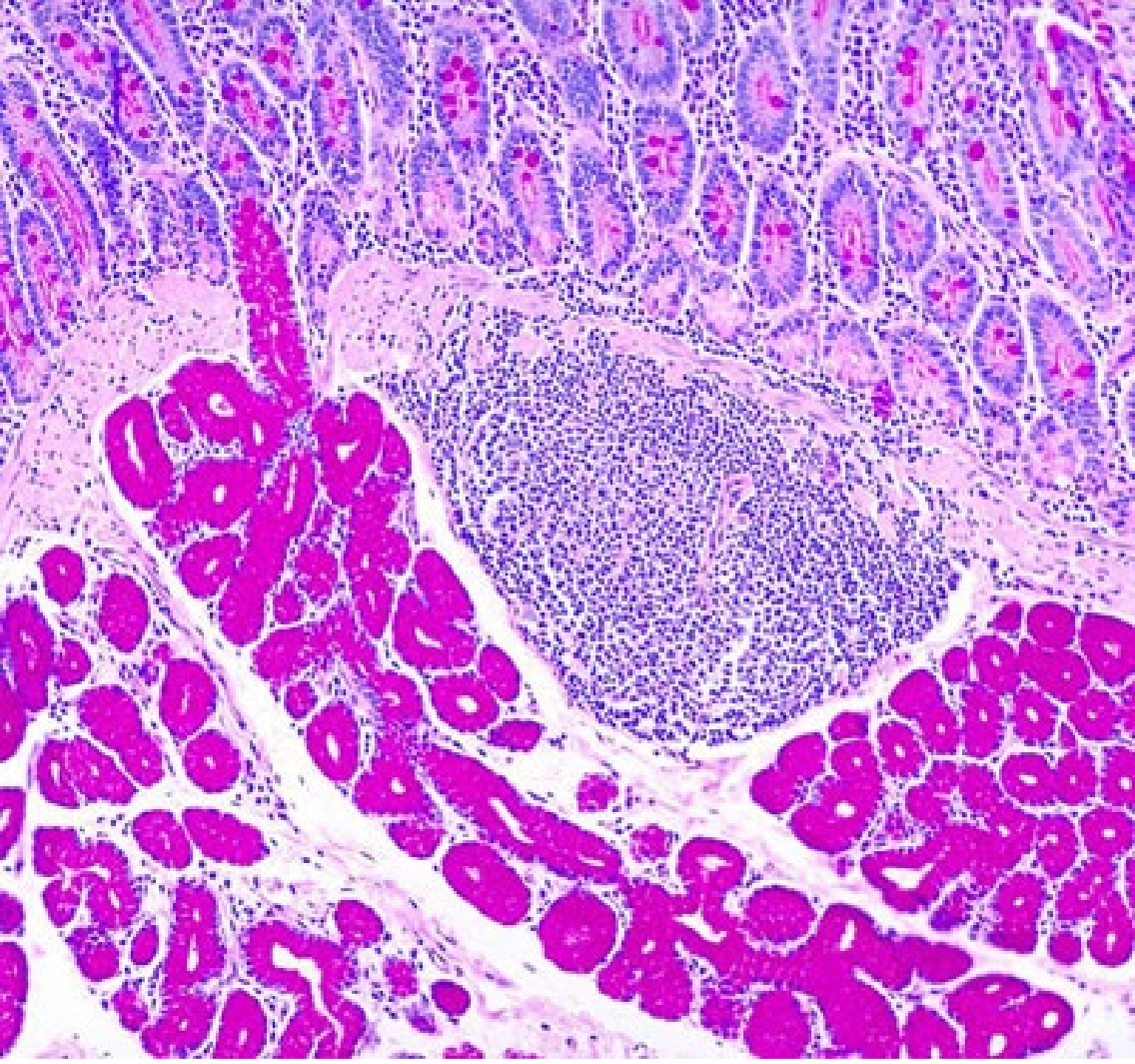




DUODENUM

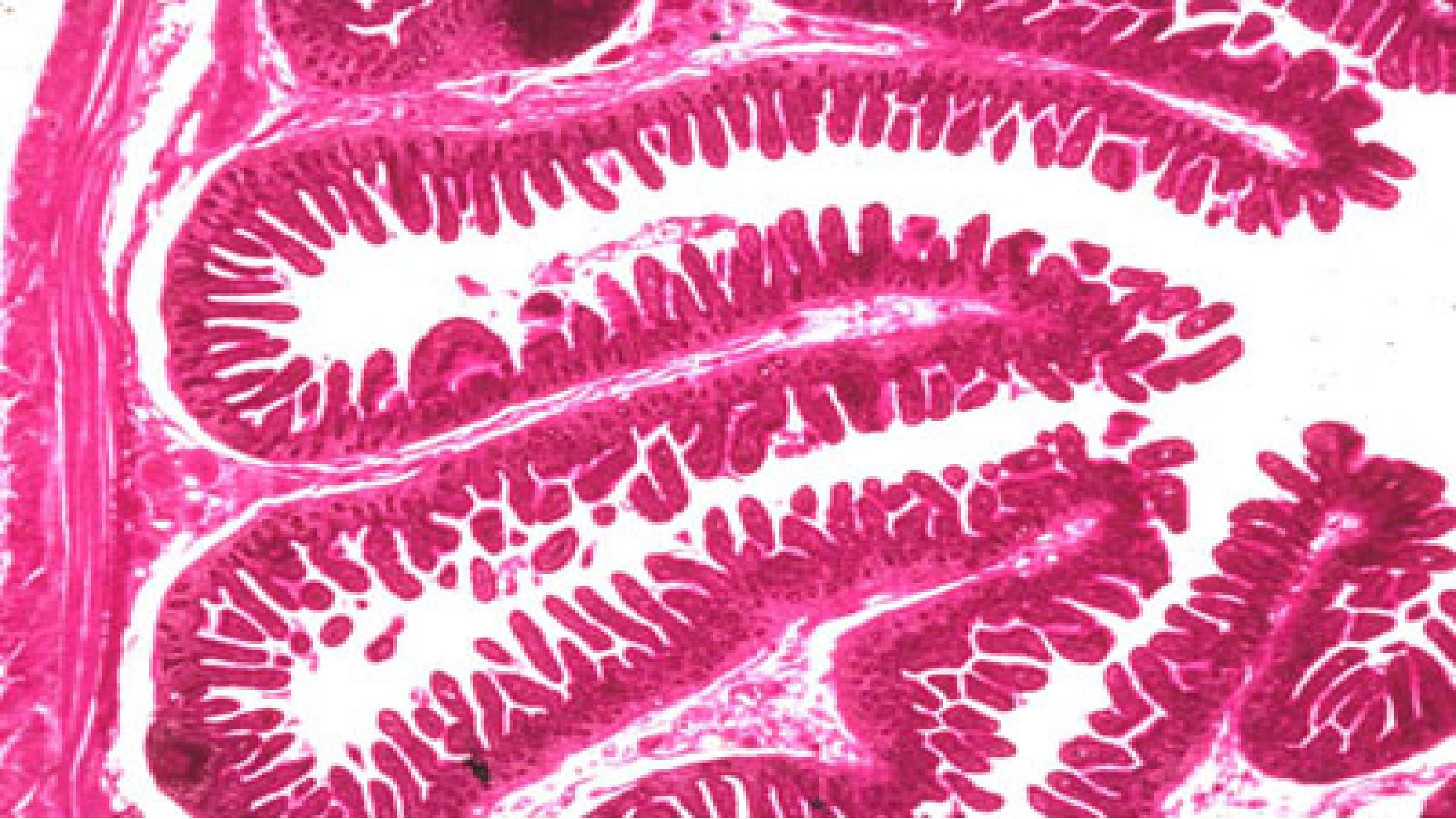




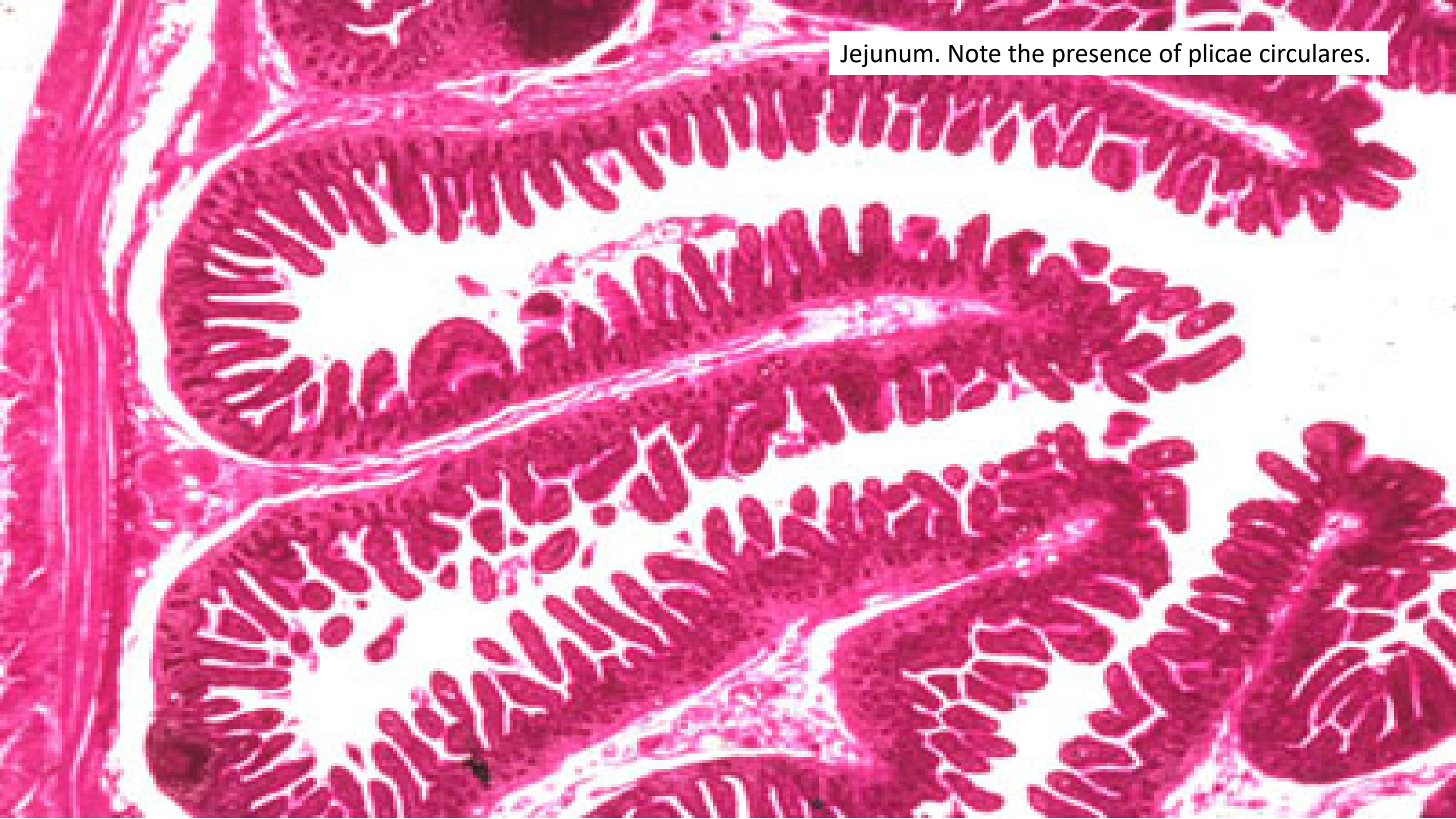


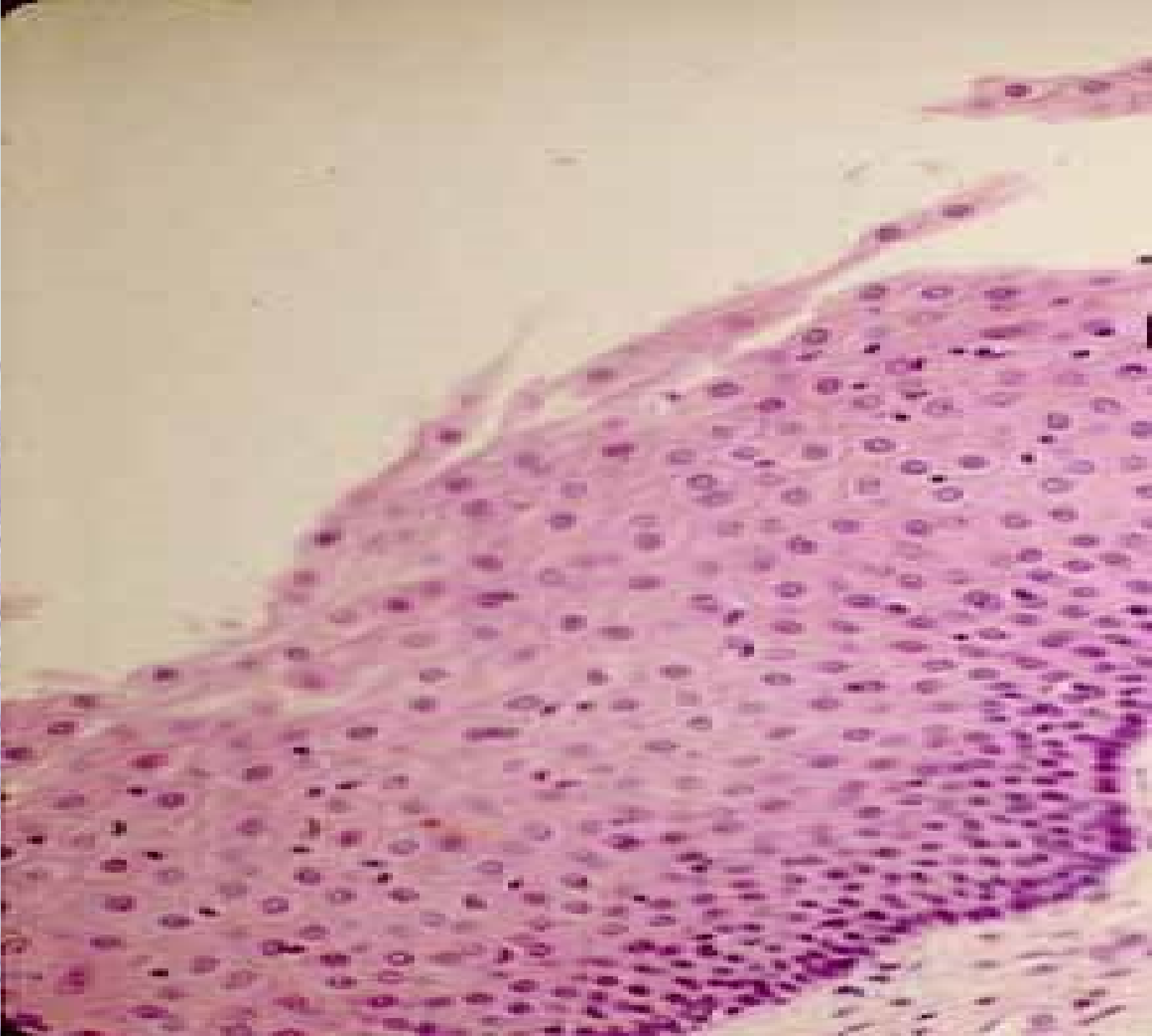
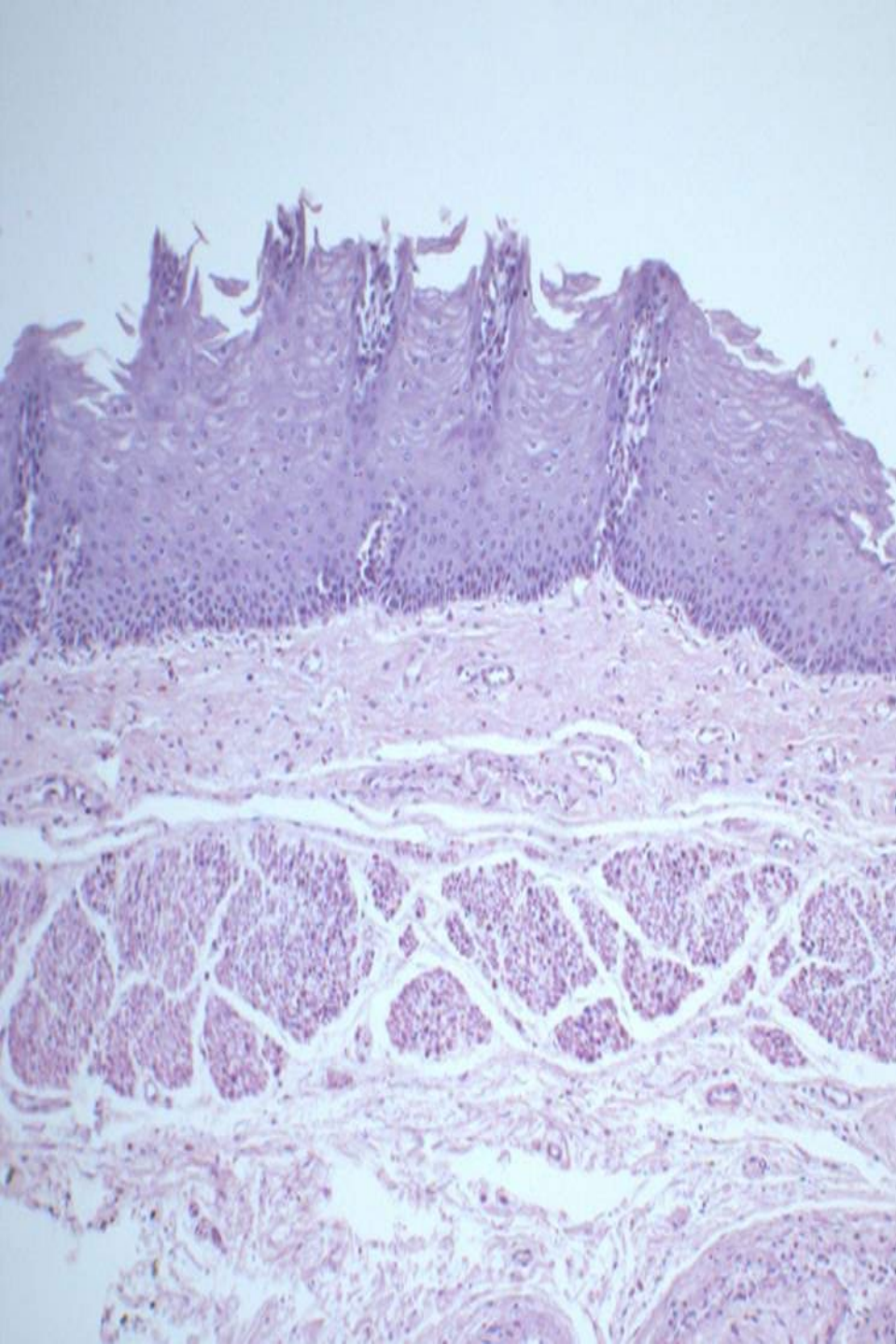
**Small Intestine -  
Duodenum. Note the  
presence of Brunner's  
Glands in the  
submucosa.**



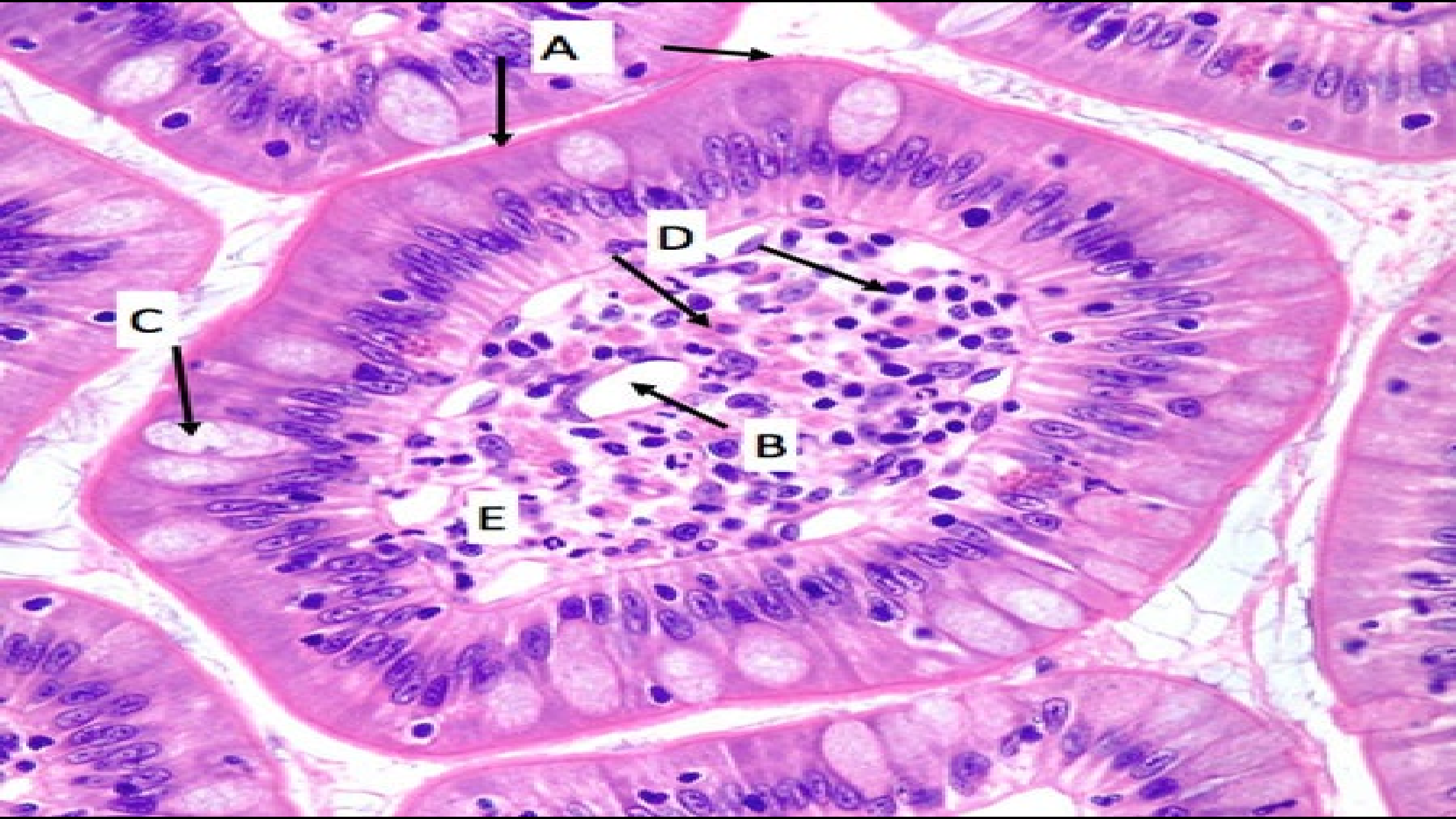


Jejunum. Note the presence of plicae circulares.

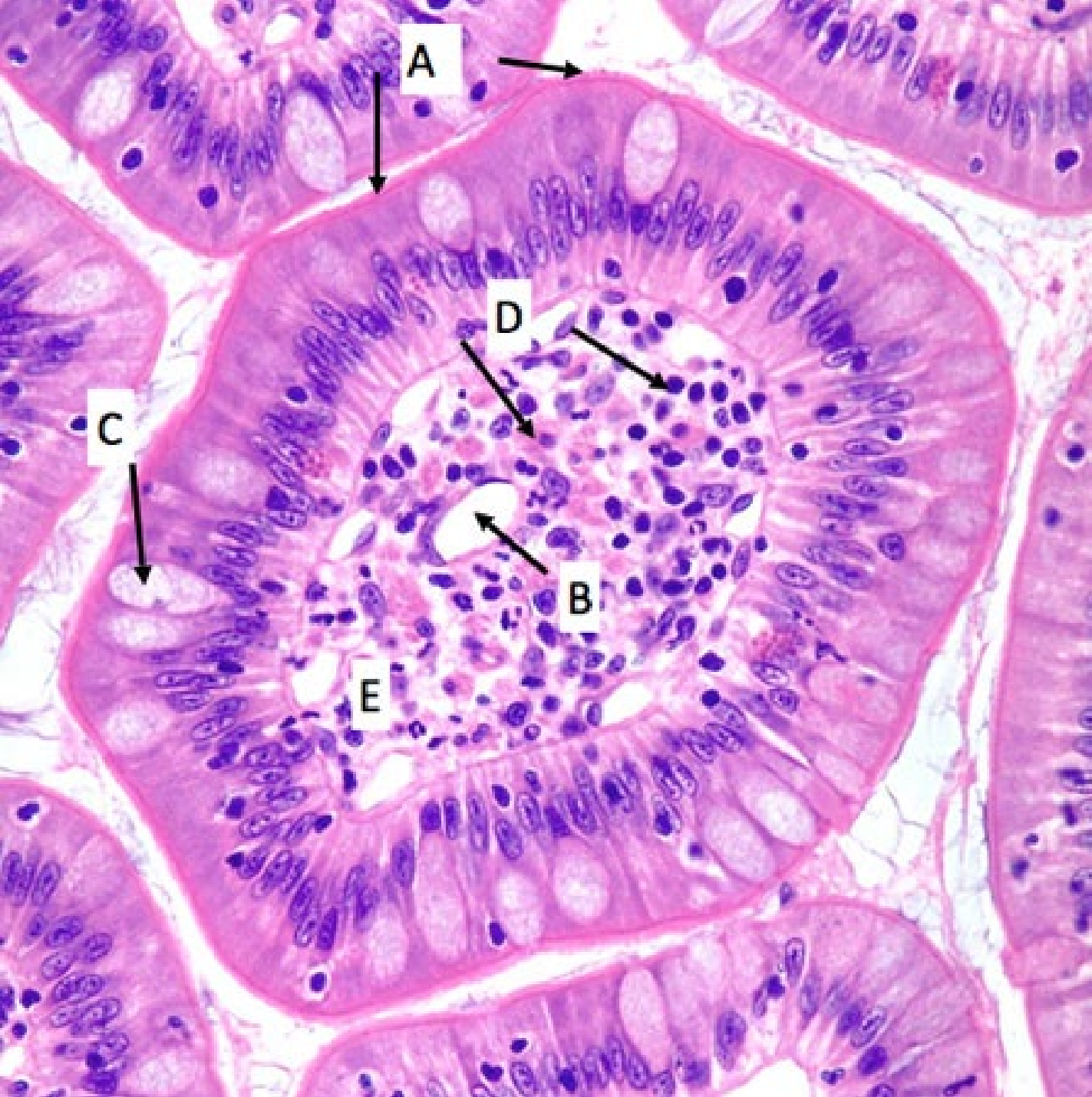




ESOPHAGUS







A = enterocyte brush border,

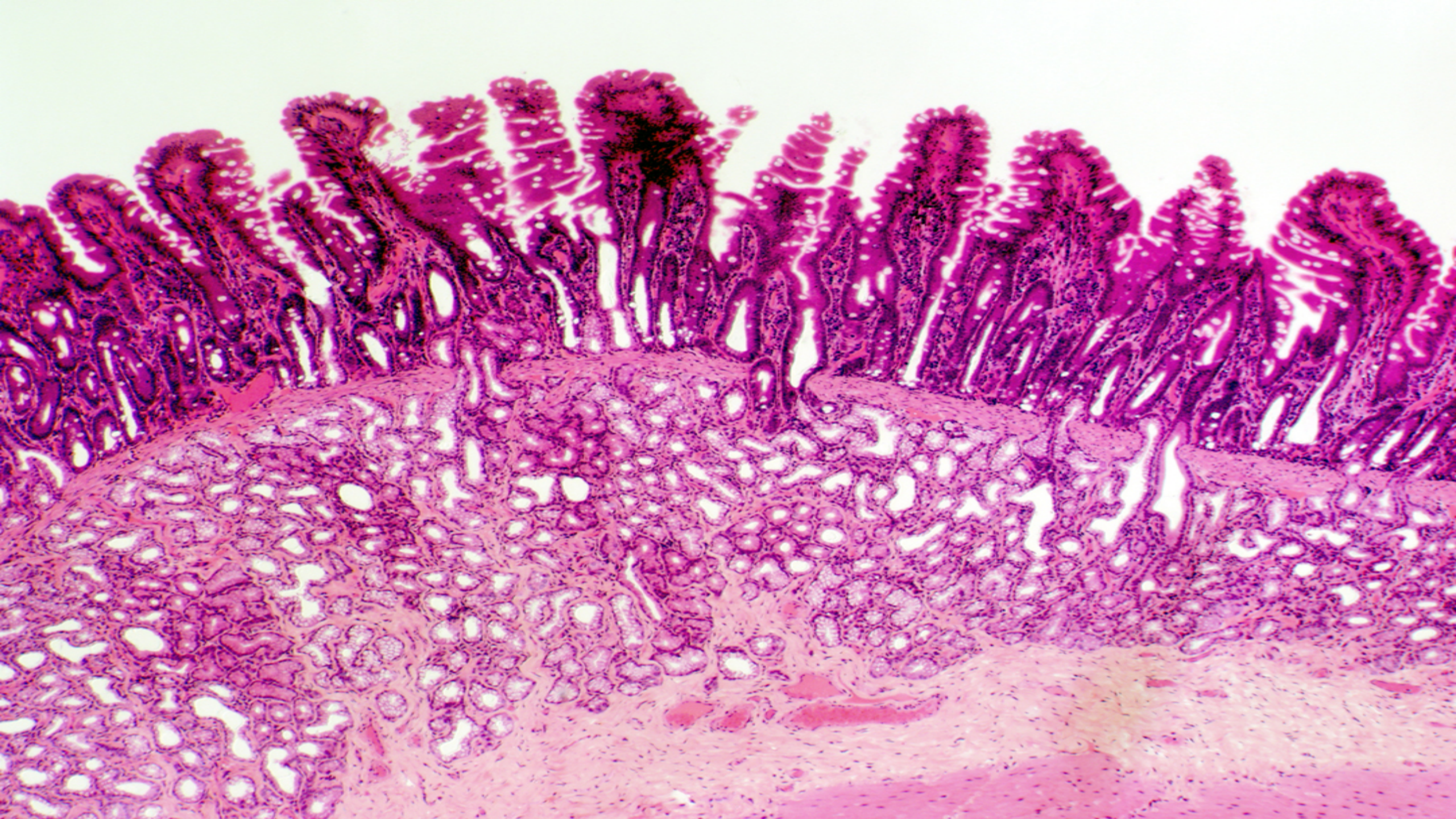
B = lacteal,

C = goblet cell,

D = immune cells (lymphocytes),

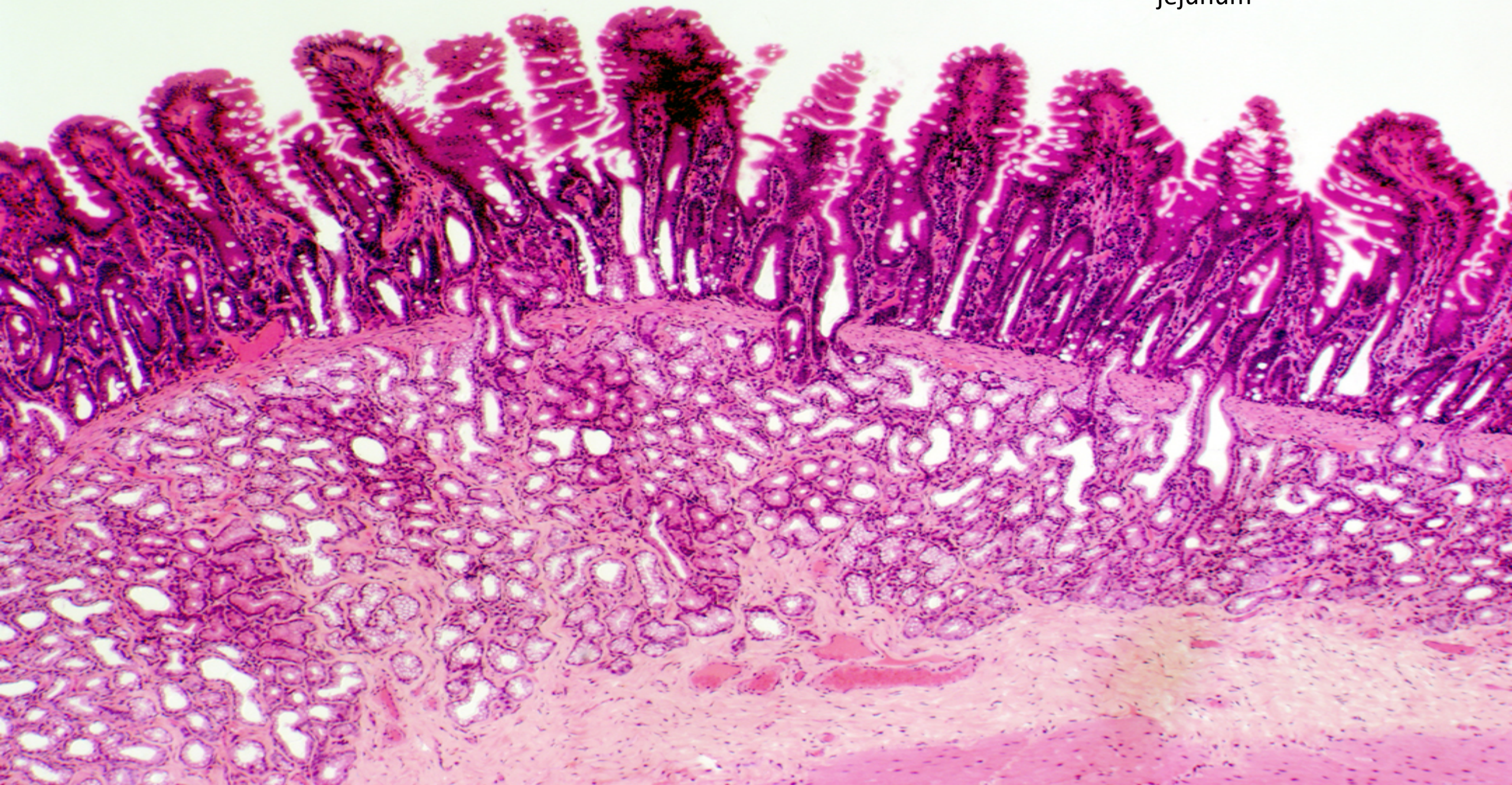
E = lamina propria





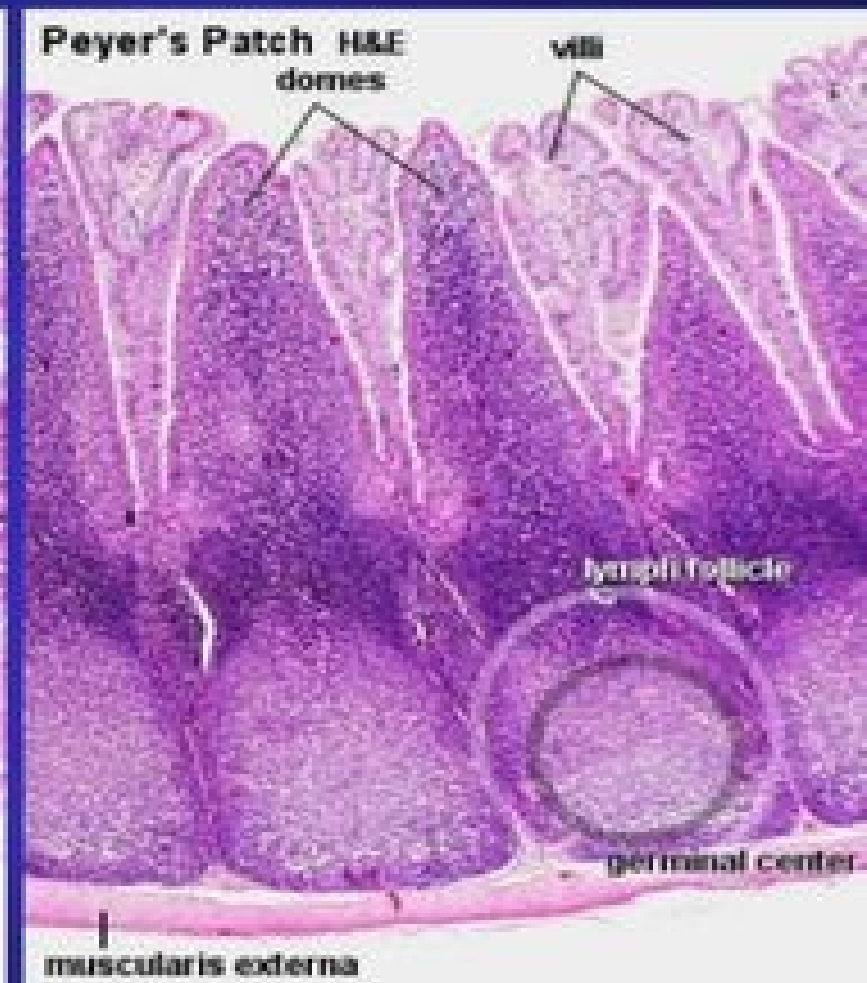


jejunum



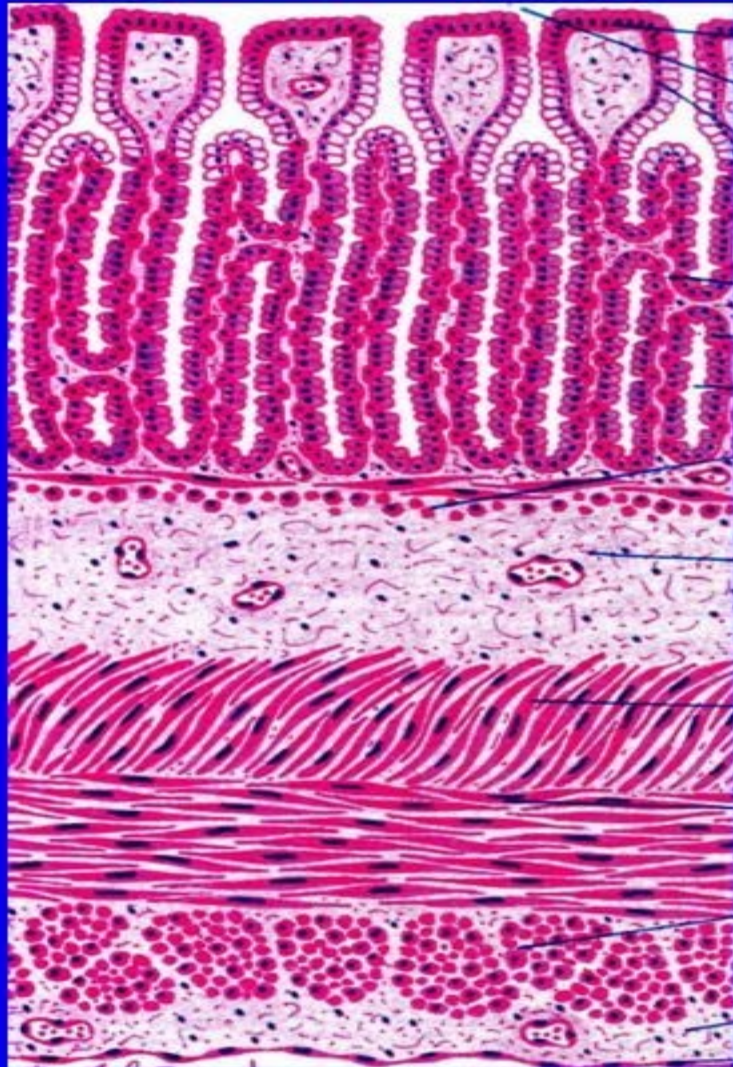


# COMPARISON

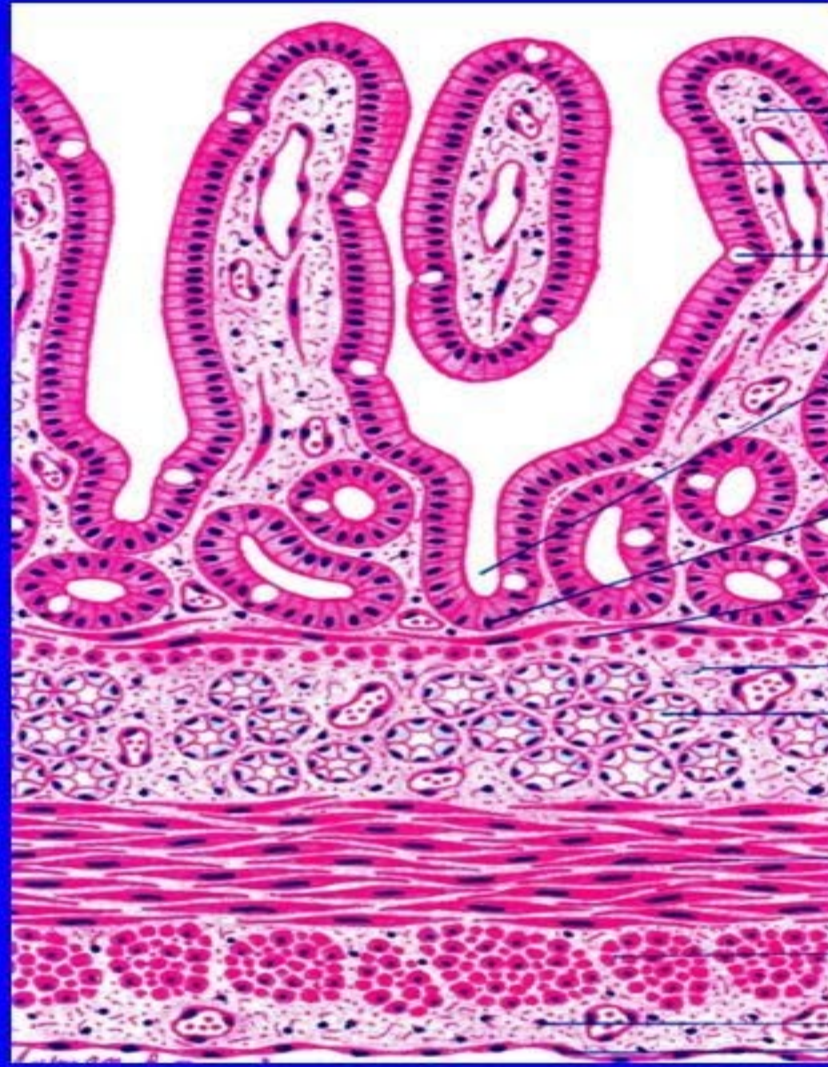




# Fundus of Stomach



# Duodenum

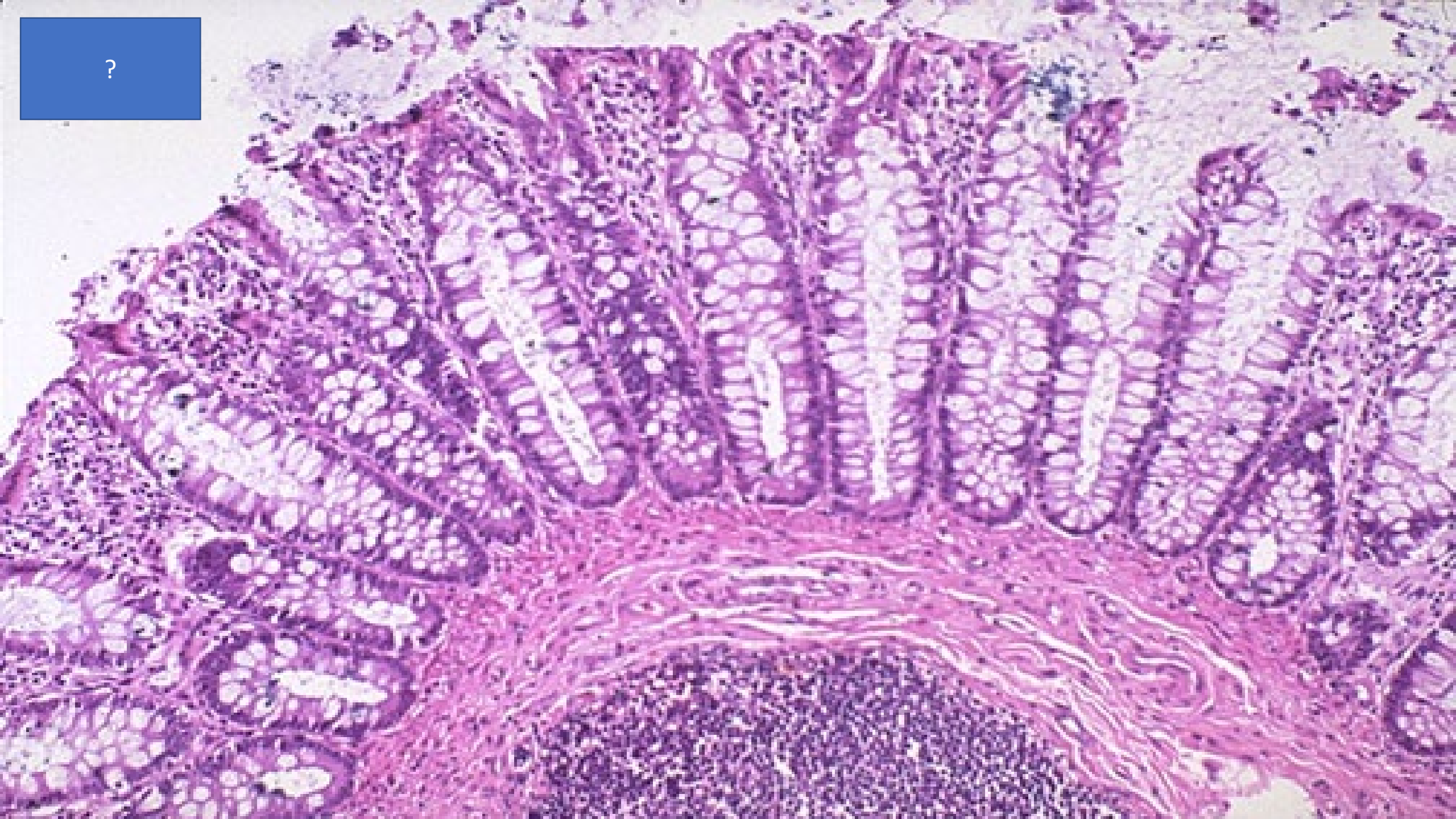


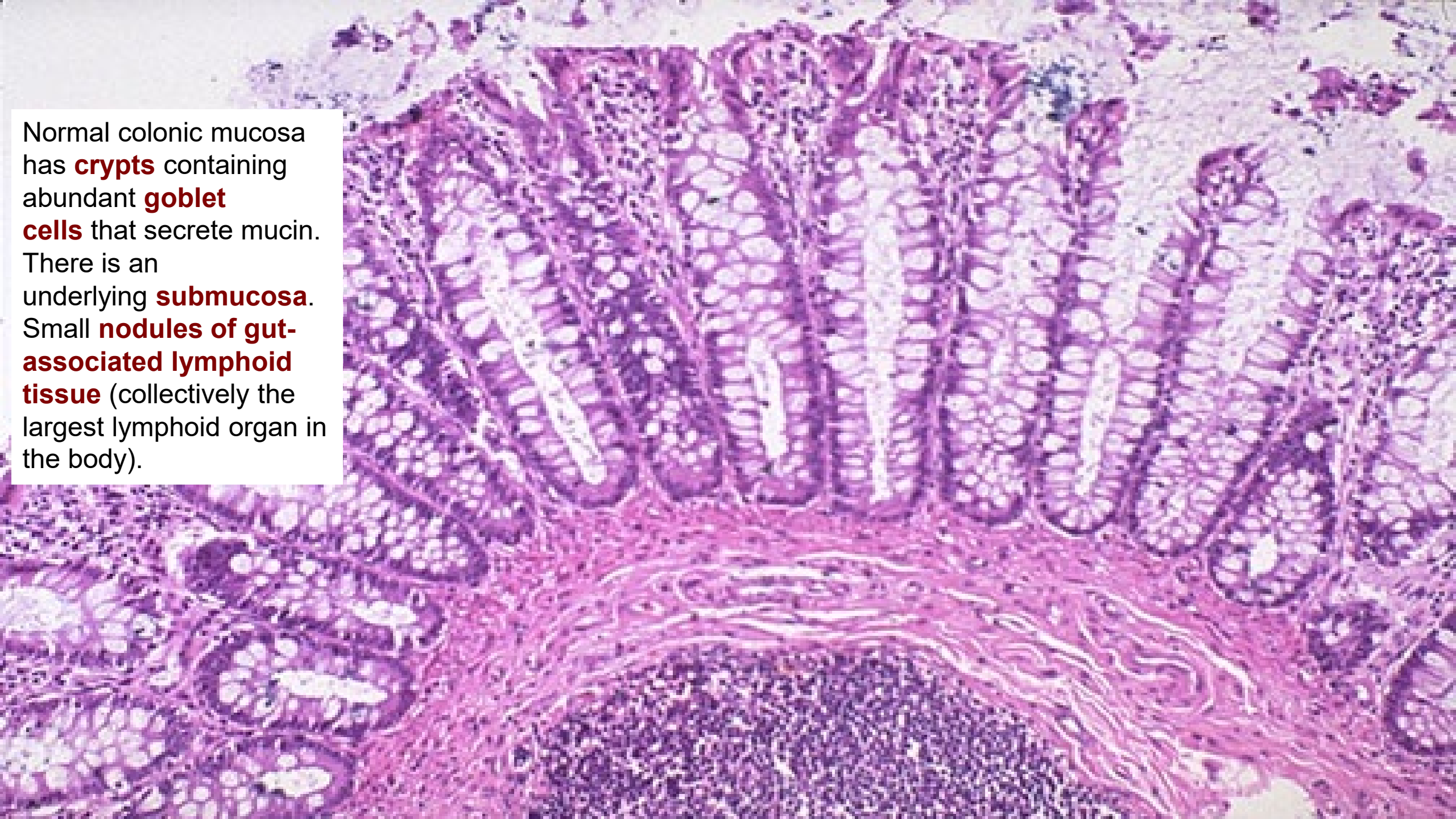
# Colon



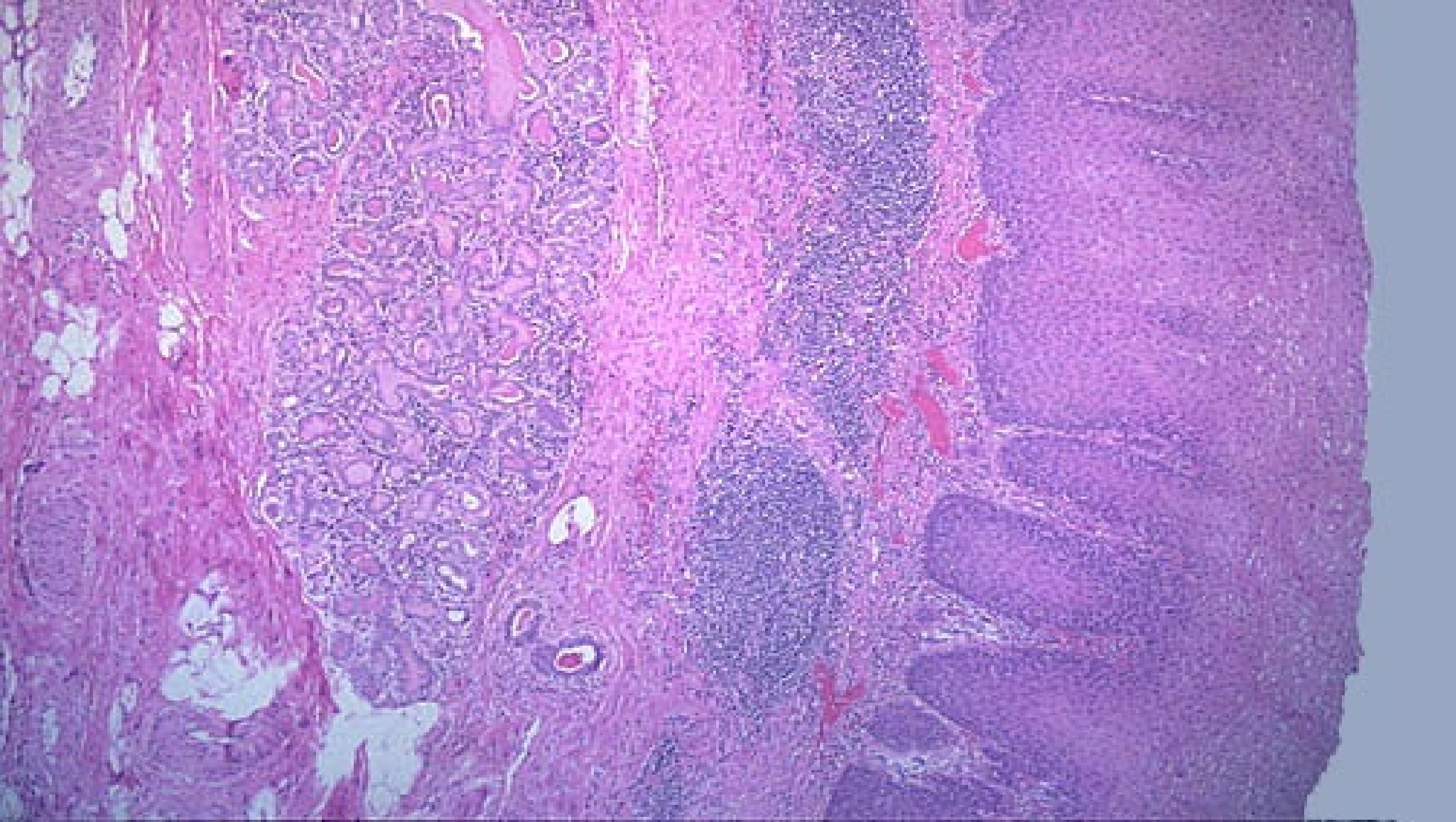


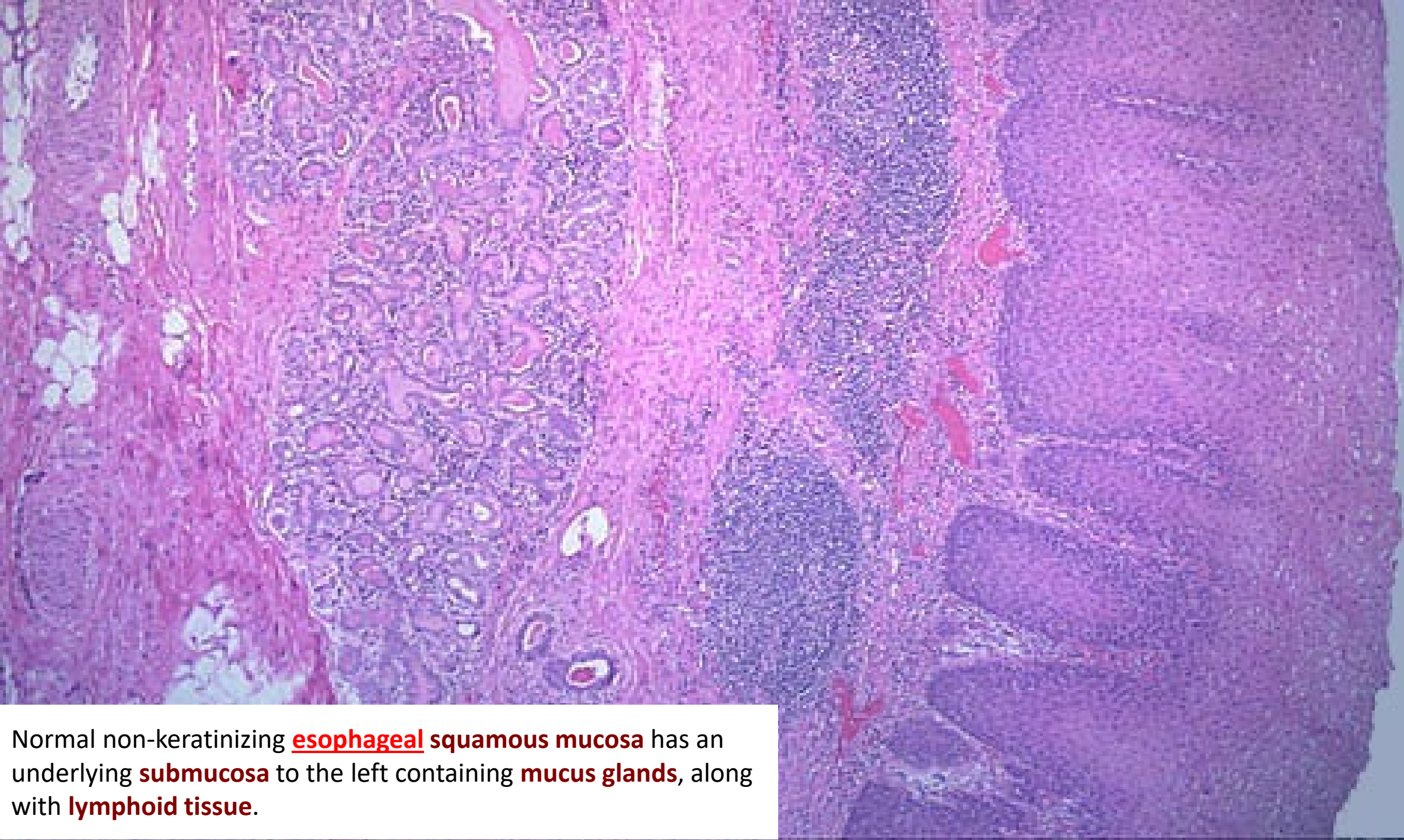
?





Normal colonic mucosa has **crypts** containing abundant **goblet cells** that secrete mucin. There is an underlying **submucosa**. Small **nodules of gut-associated lymphoid tissue** (collectively the largest lymphoid organ in the body).

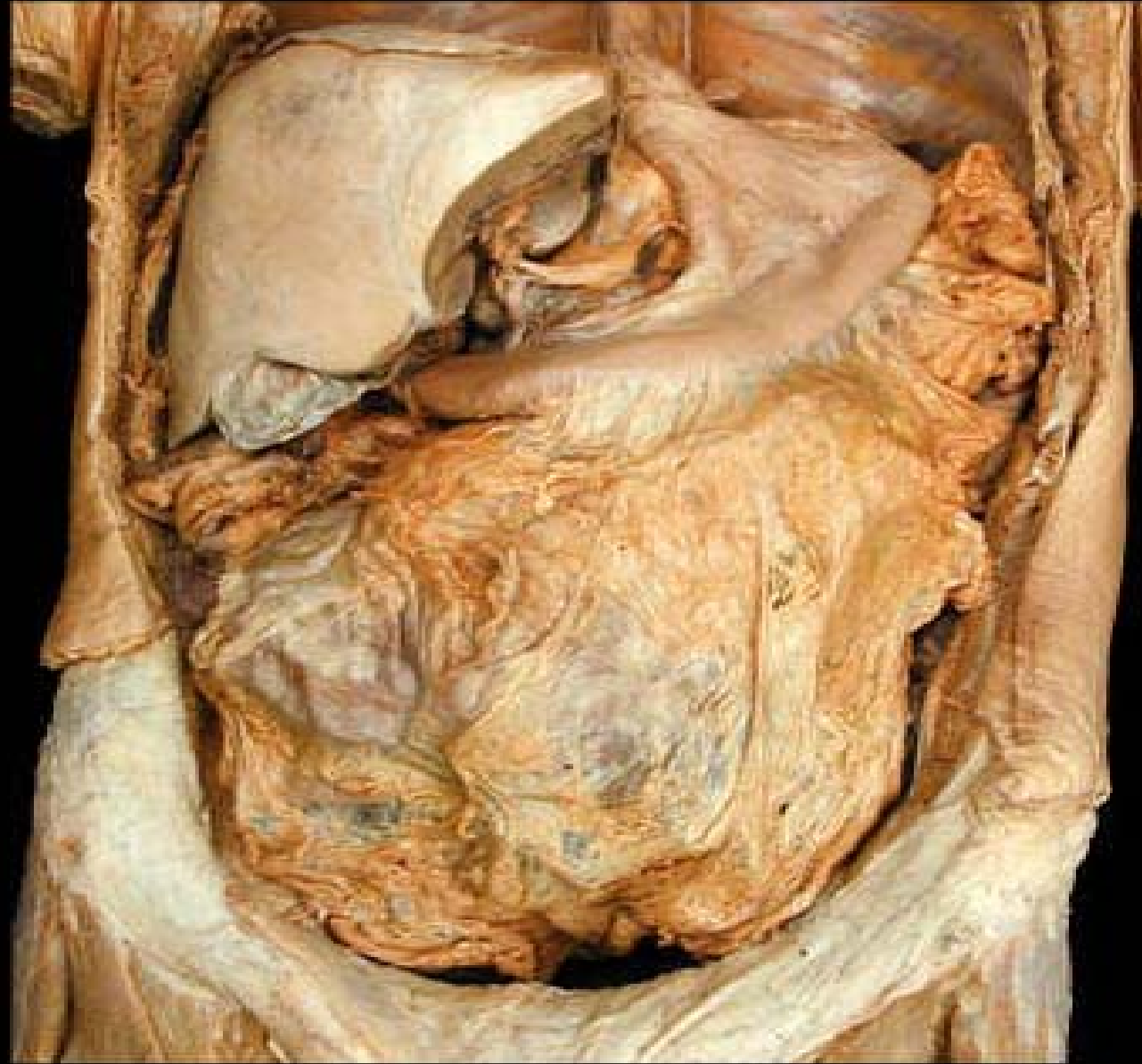




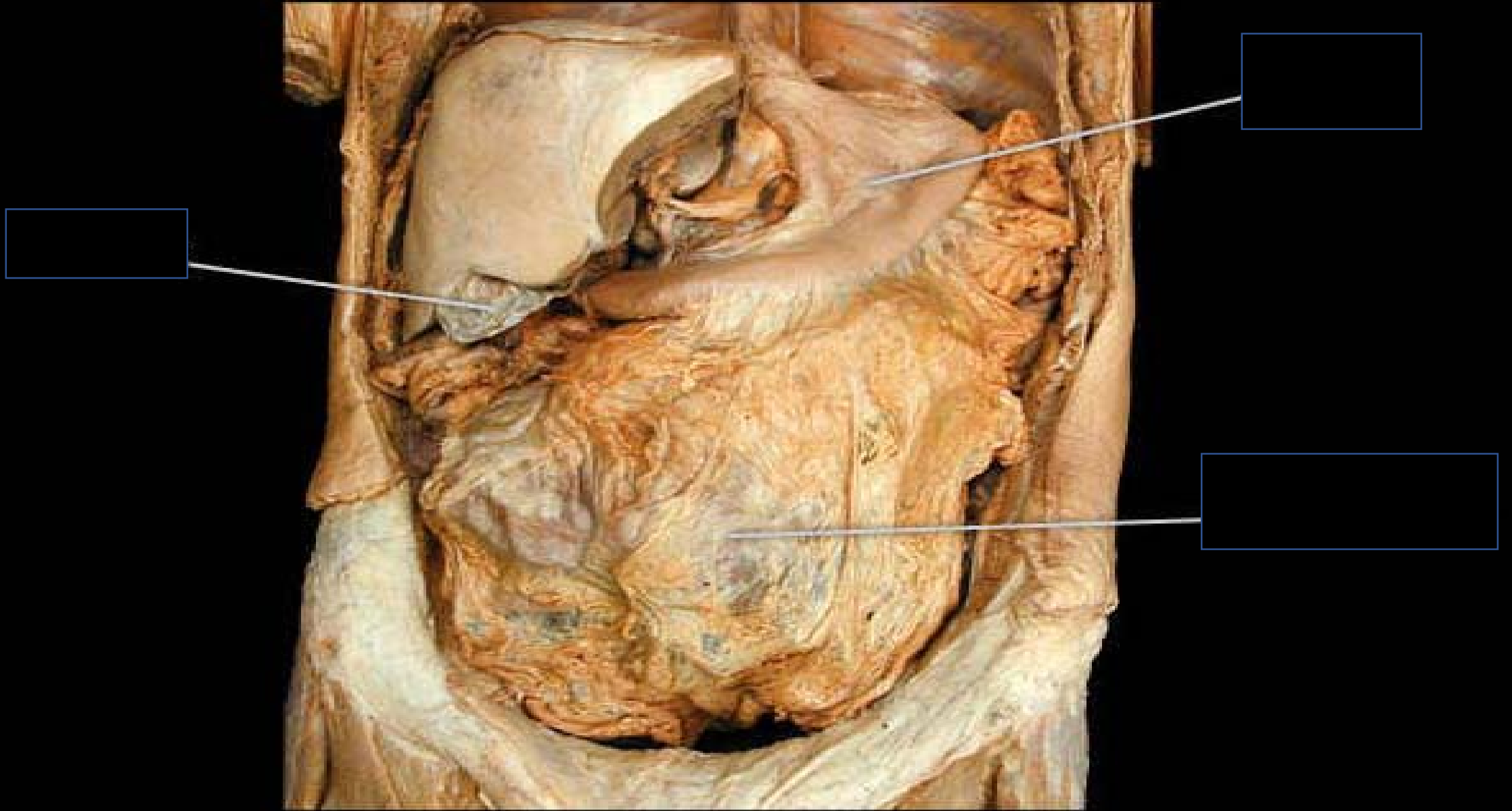
Normal non-keratinizing **esophageal squamous mucosa** has an underlying **submucosa** to the left containing **mucus glands**, along with **lymphoid tissue**.



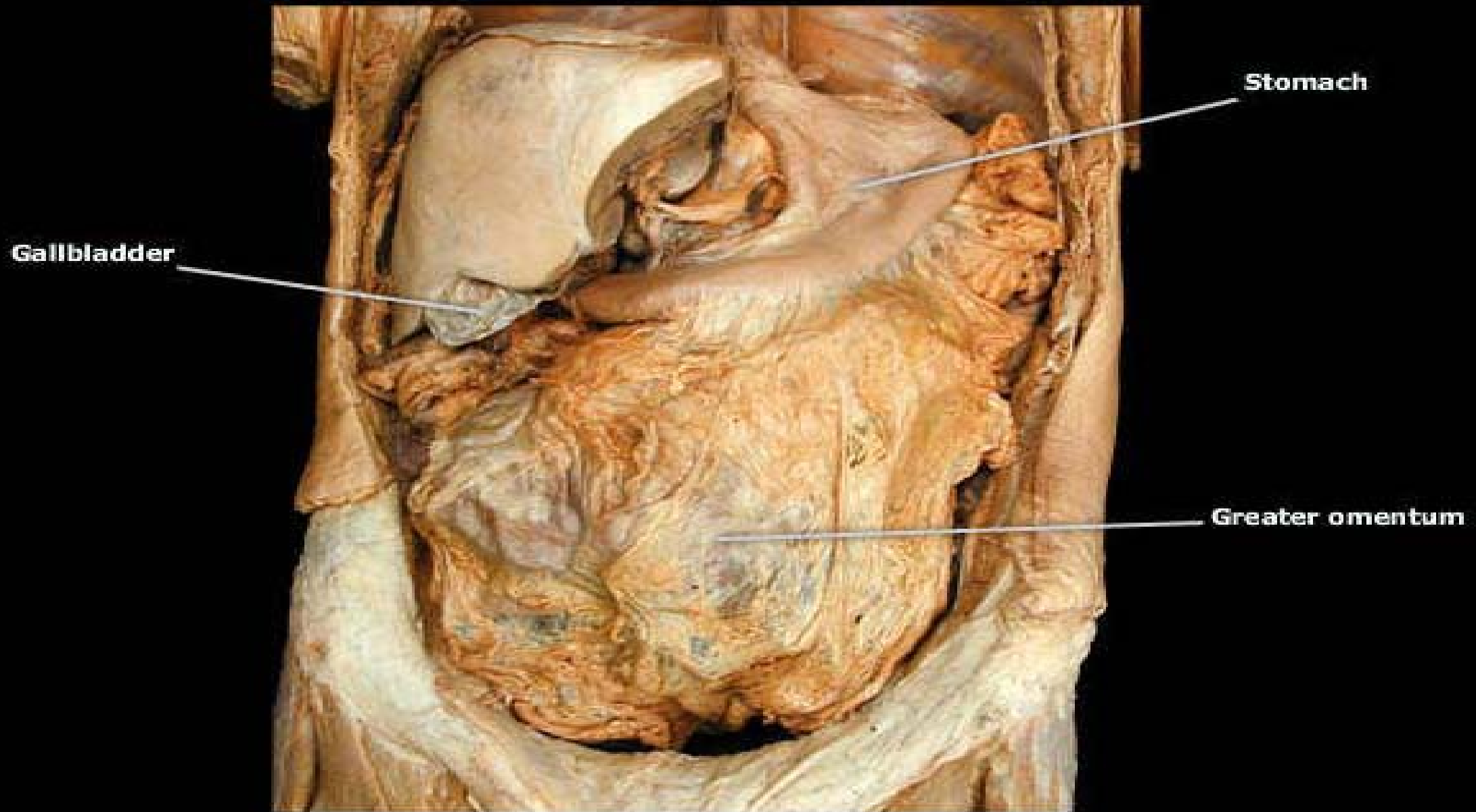




# Stomach and greater omentum



**Stomach and greater omentum**









**liver**

**gallbladder**



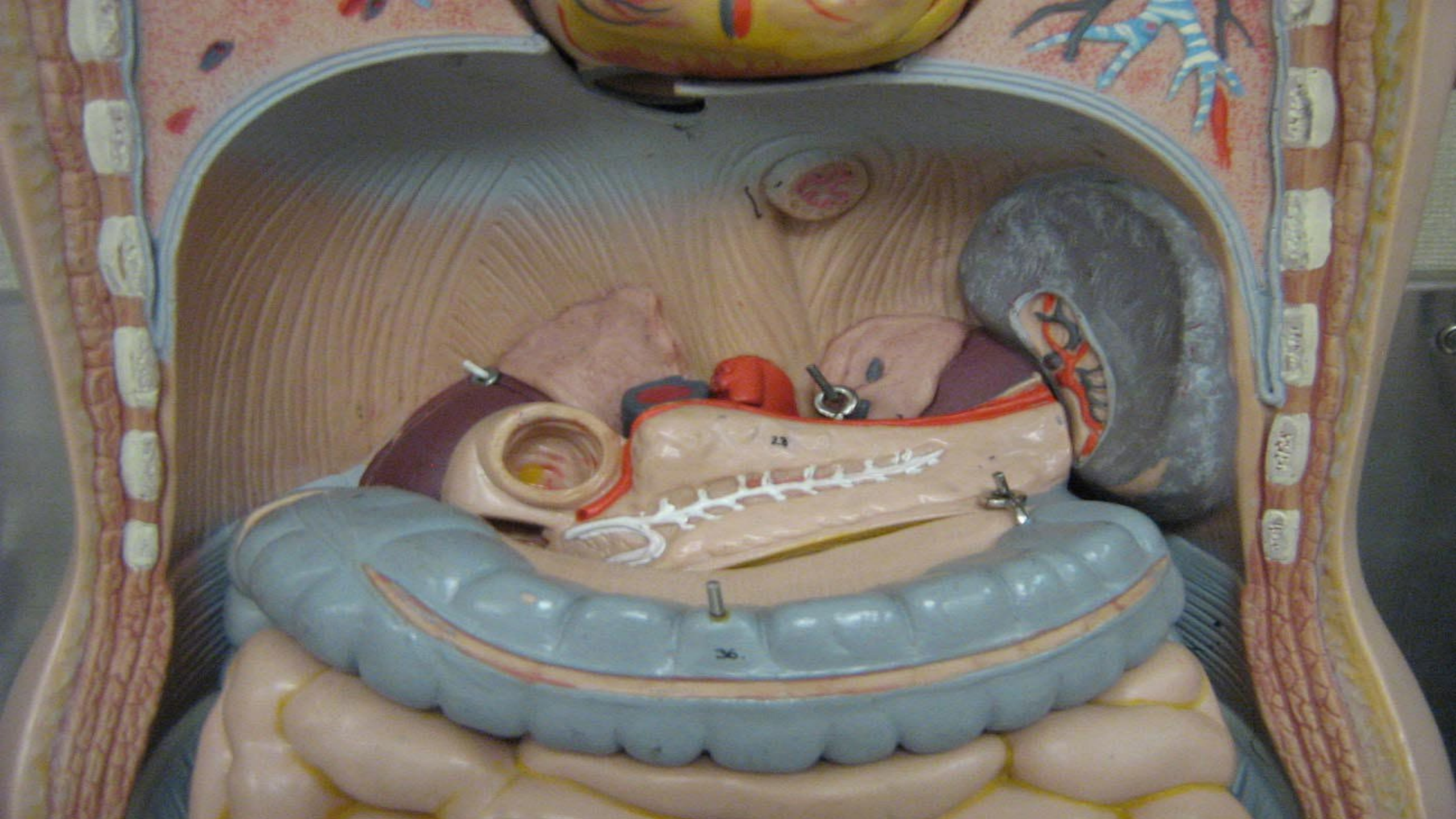
**stomach**

**large intestines**

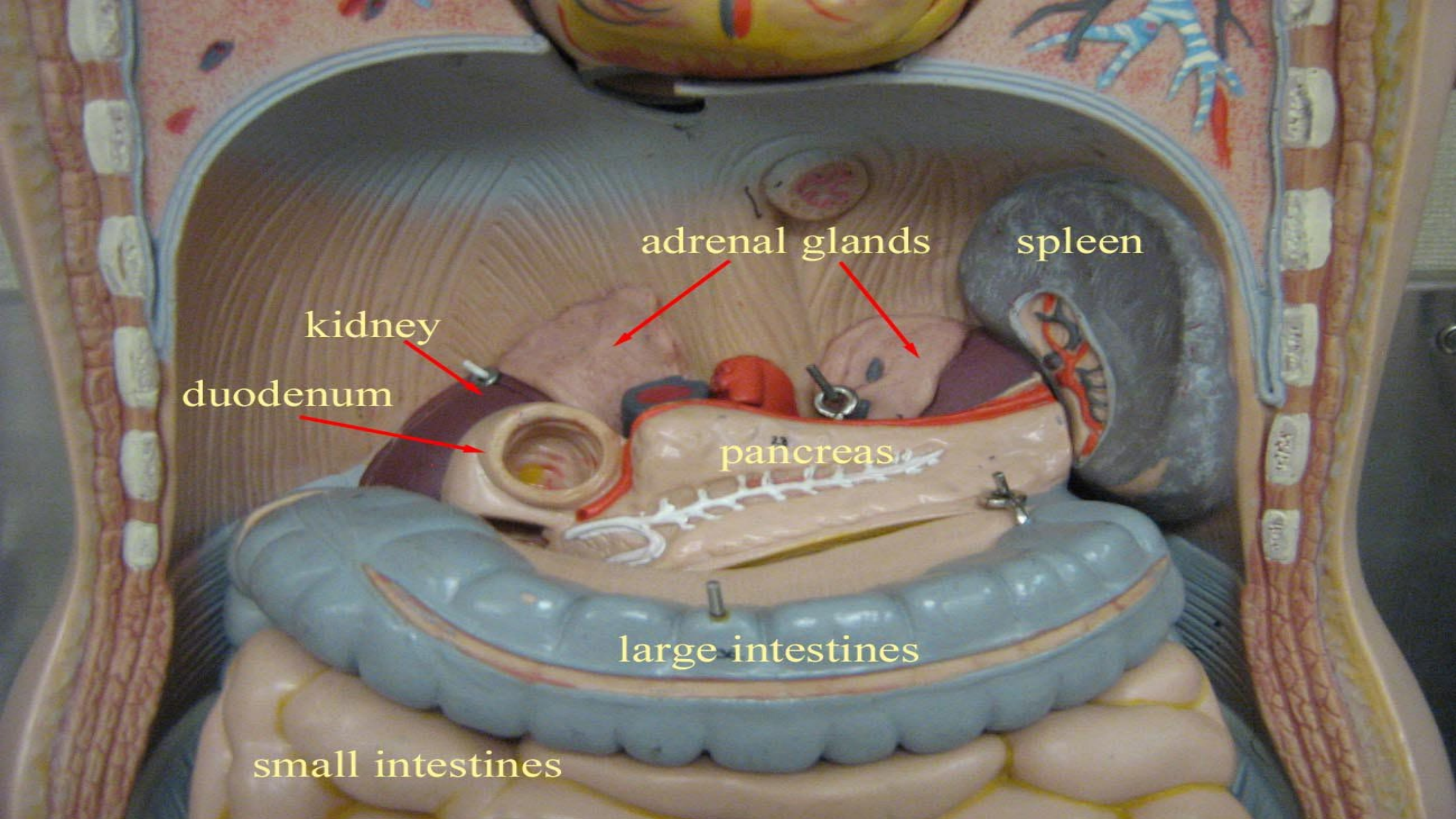
**small intestines**











adrenal glands

spleen

kidney

duodenum

pancreas

large intestines

small intestines







hepatic flexure

splenic flexure

pancreas

transverse colon

ascending colon

descending colon

mesentery

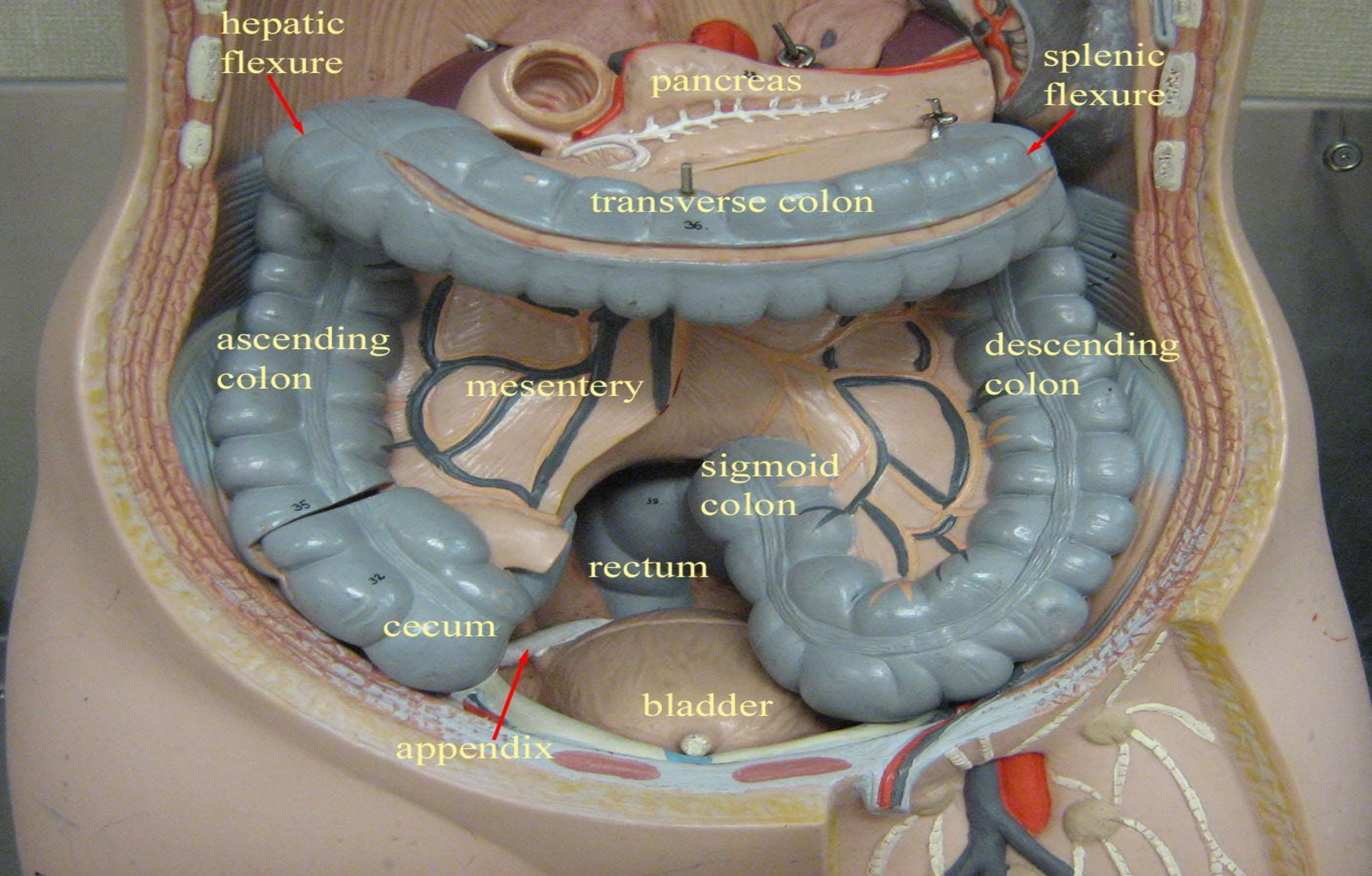
sigmoid colon

rectum

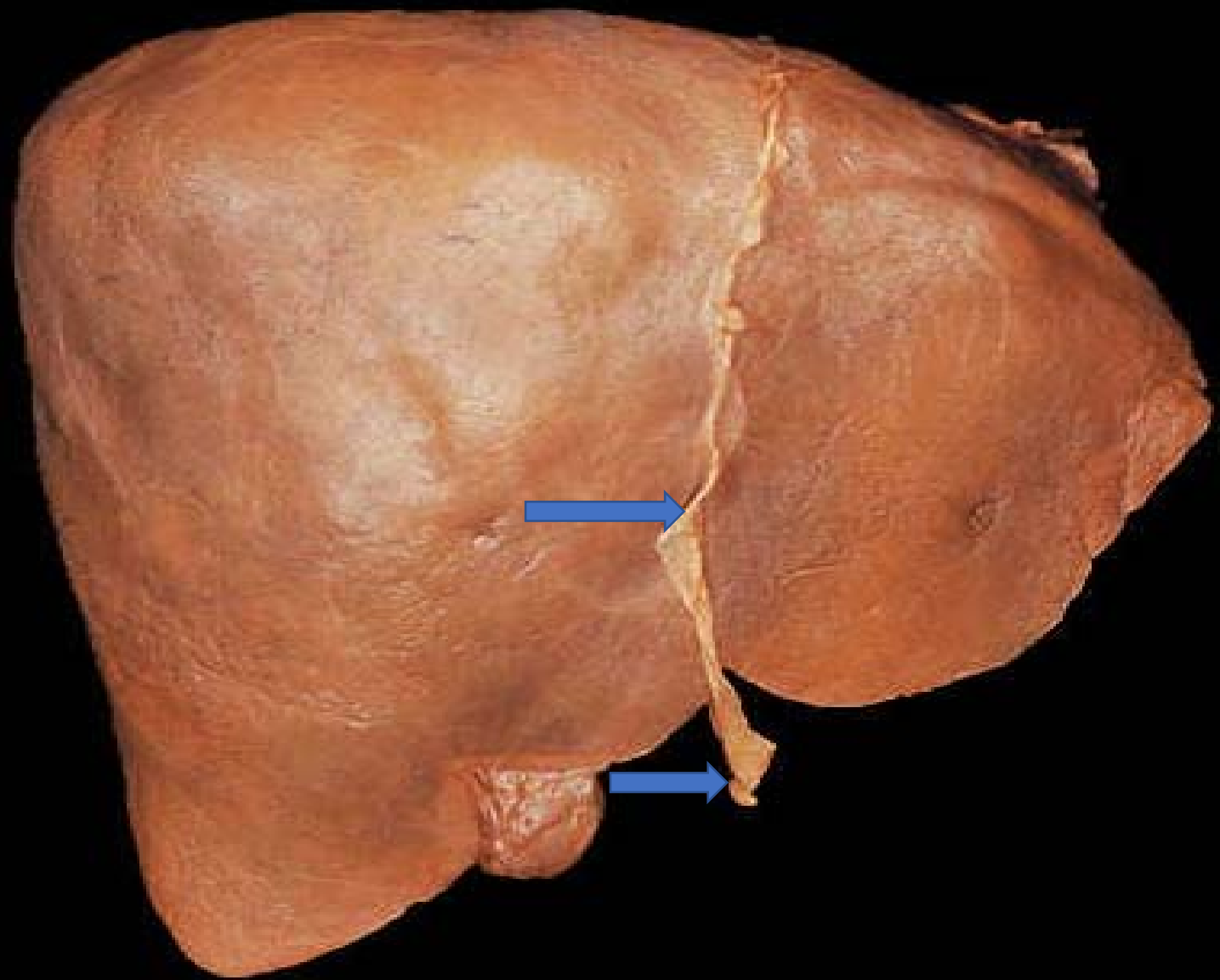
cecum

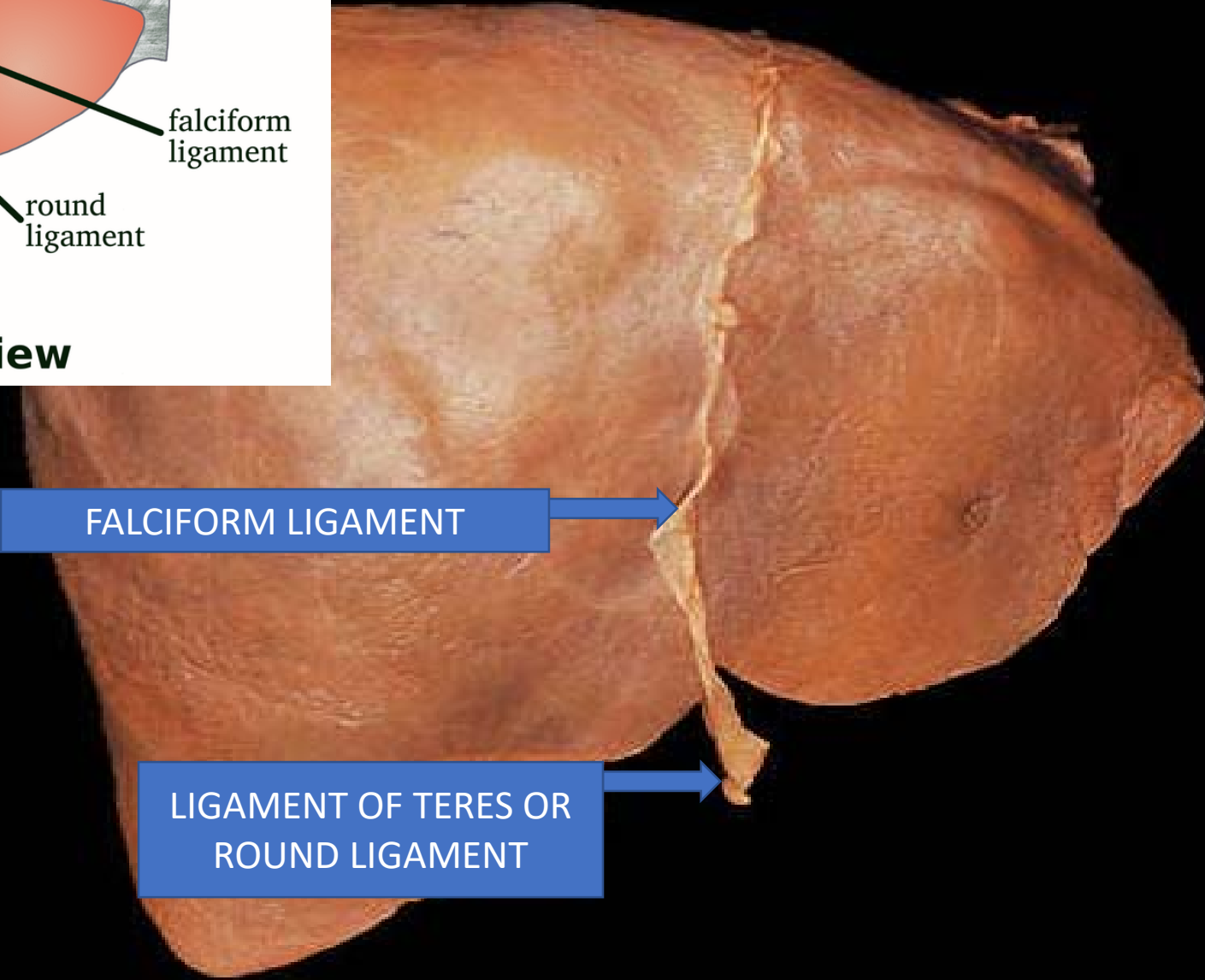
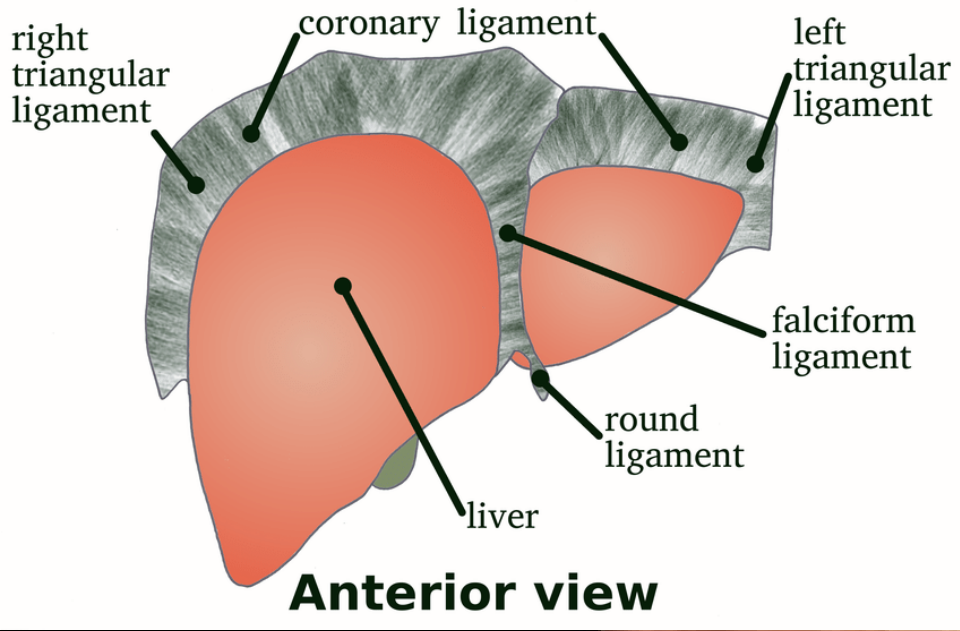
bladder

appendix

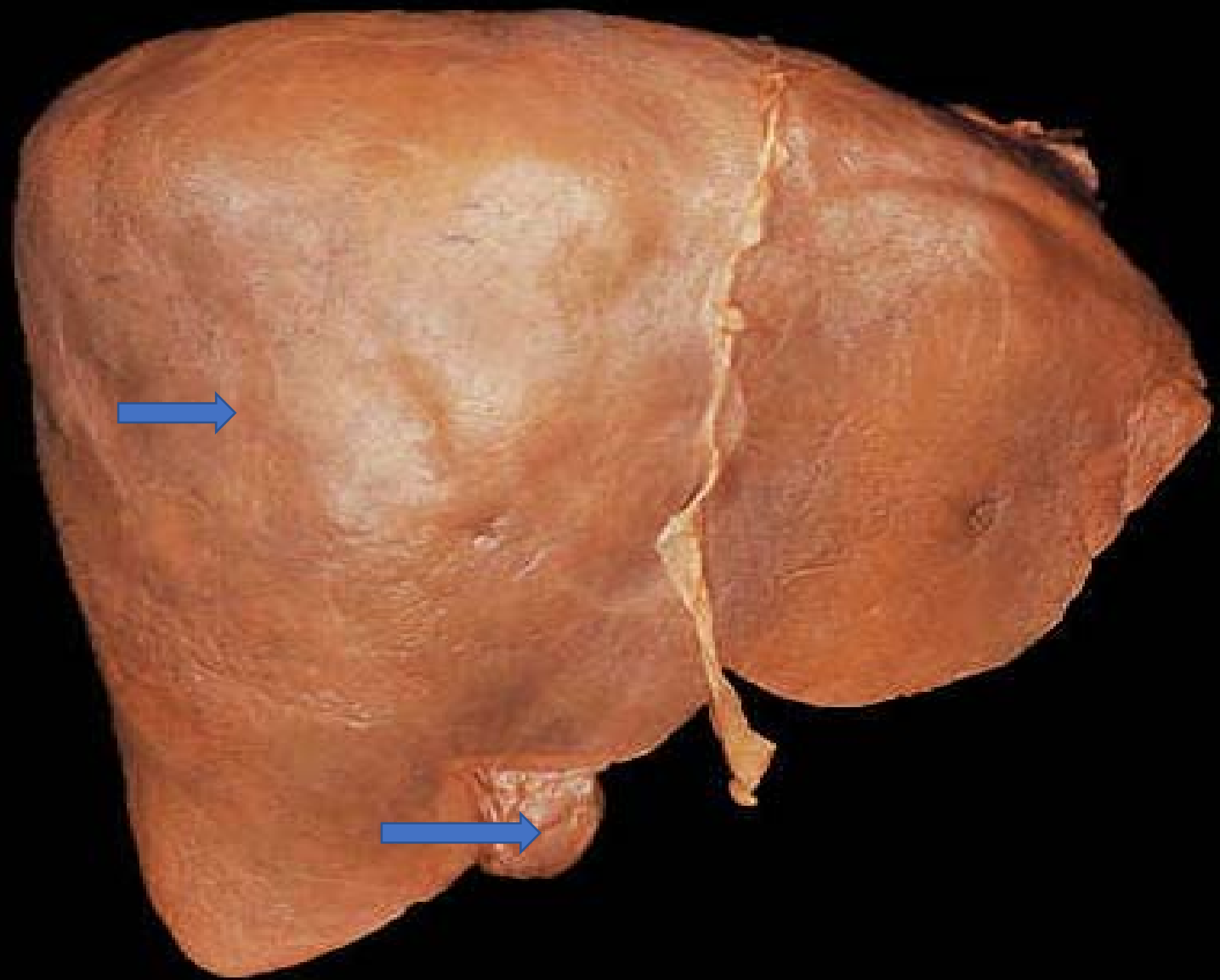


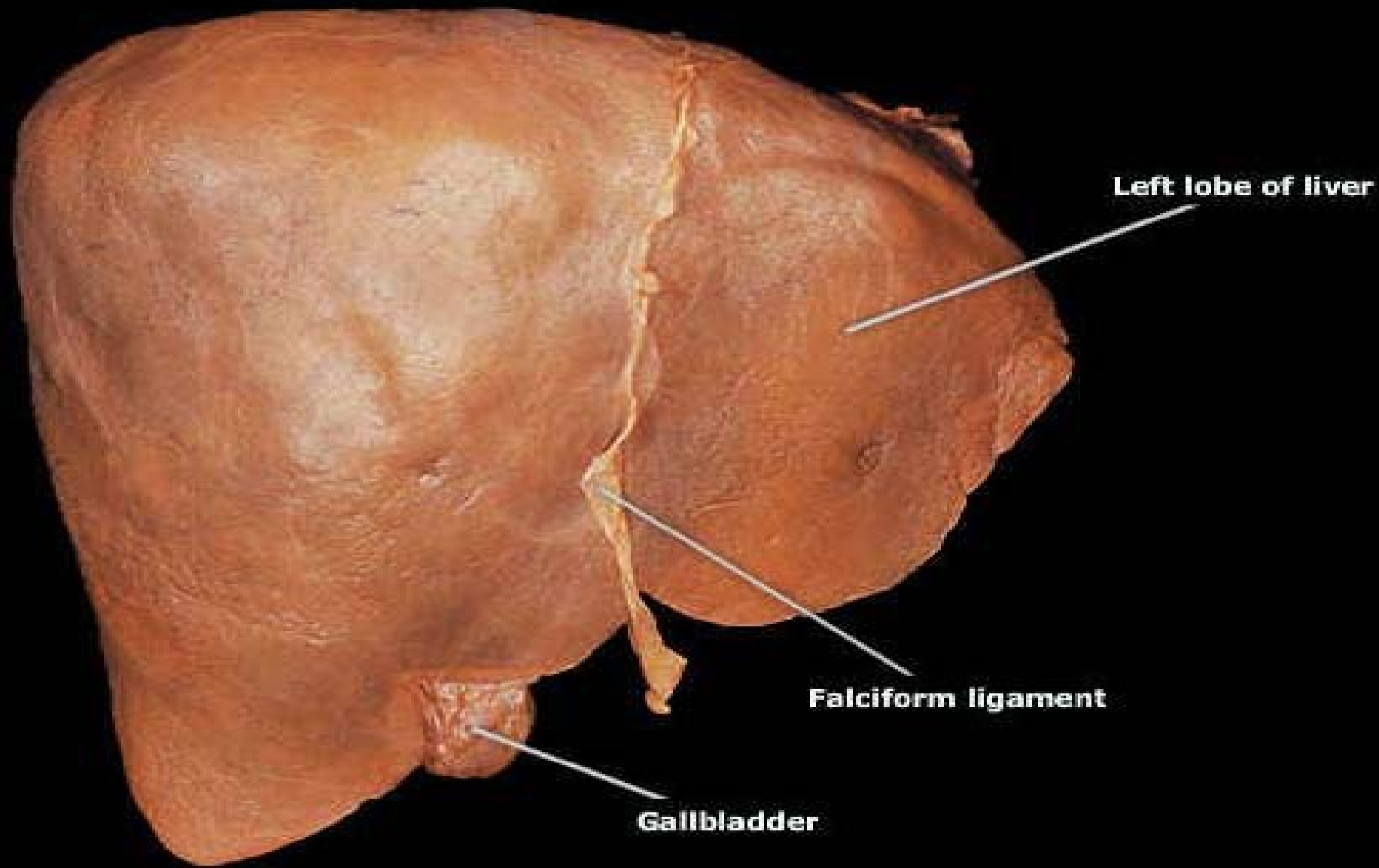








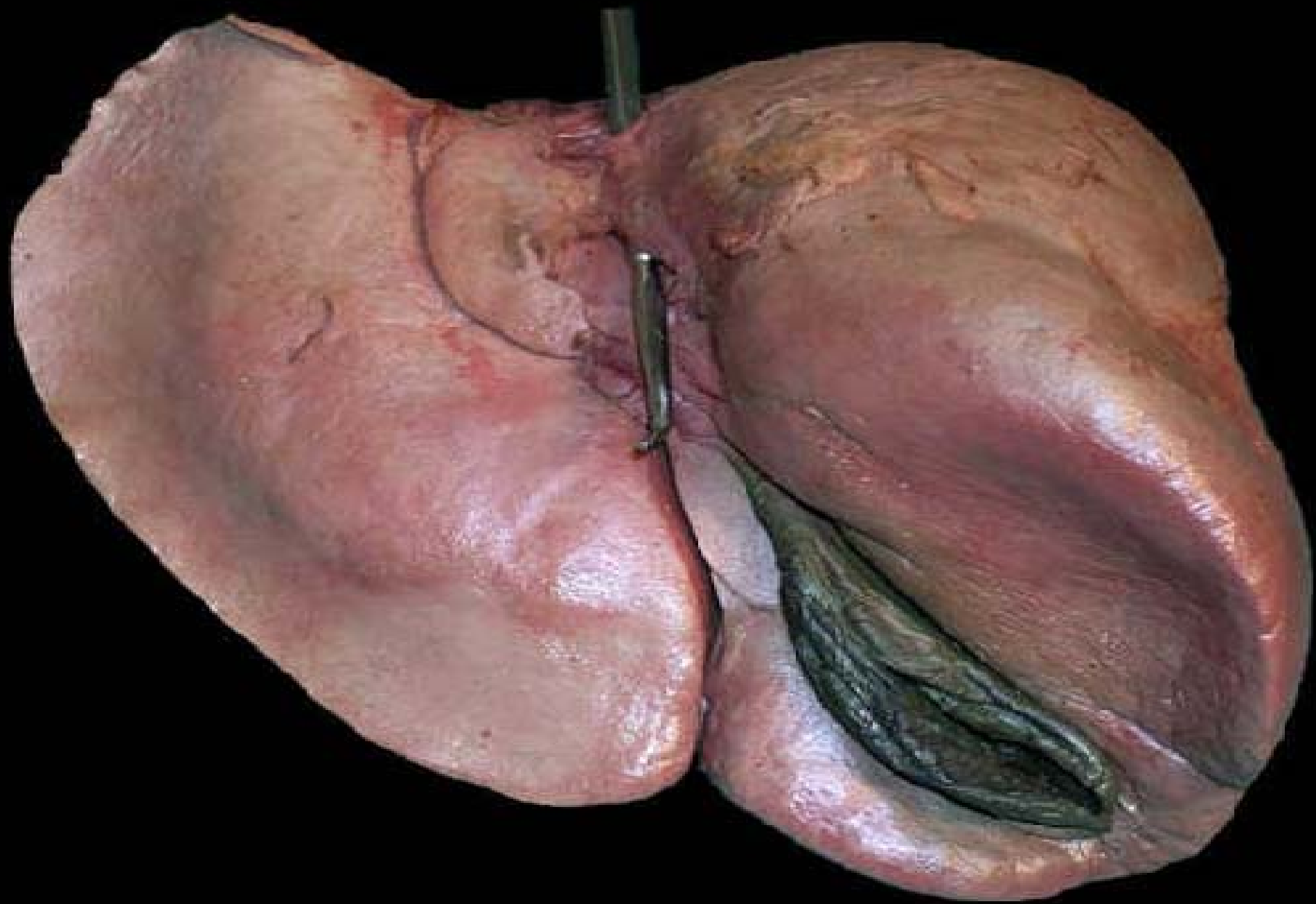


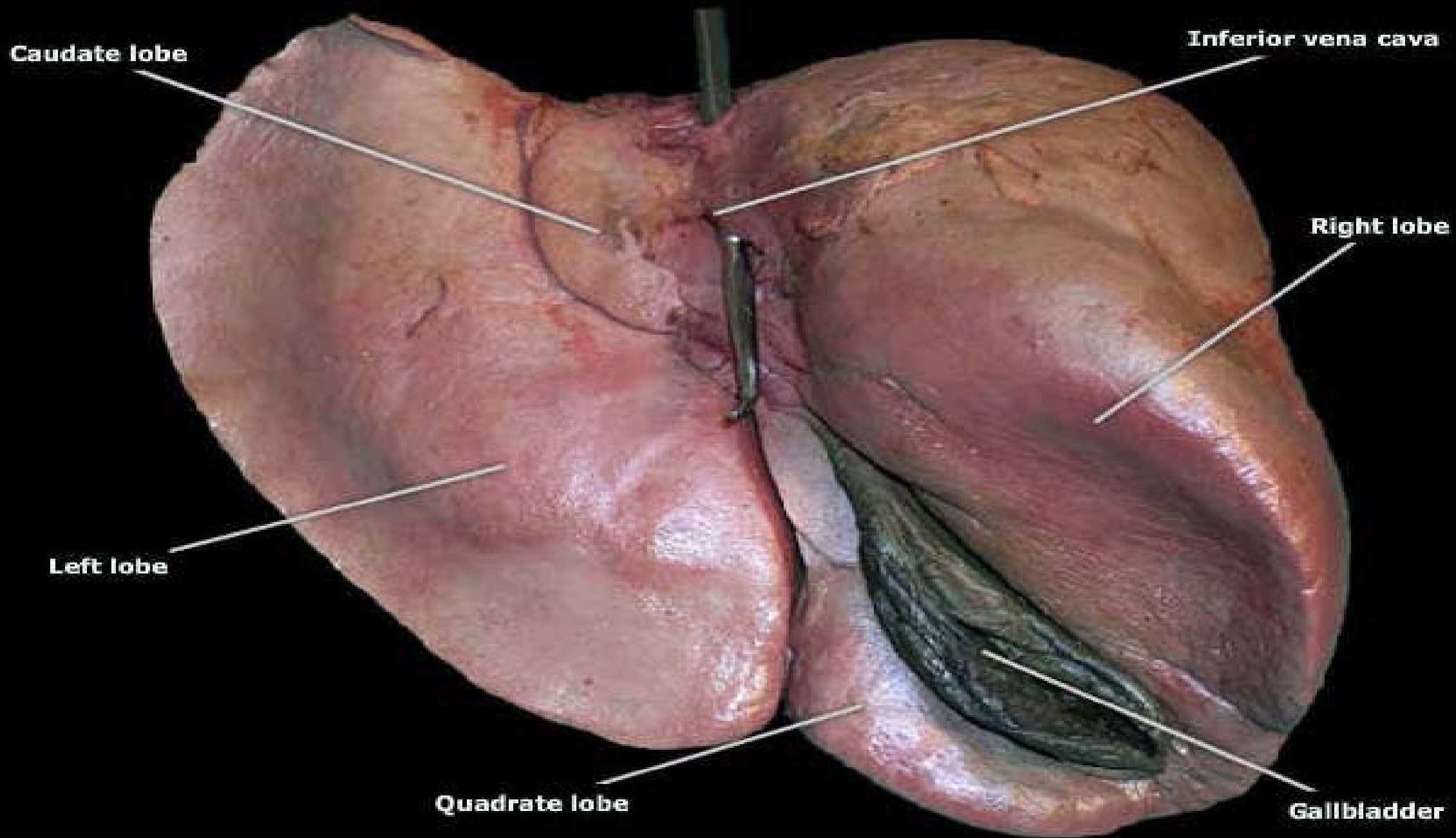


Left lobe of liver

Falciform ligament

Gallbladder

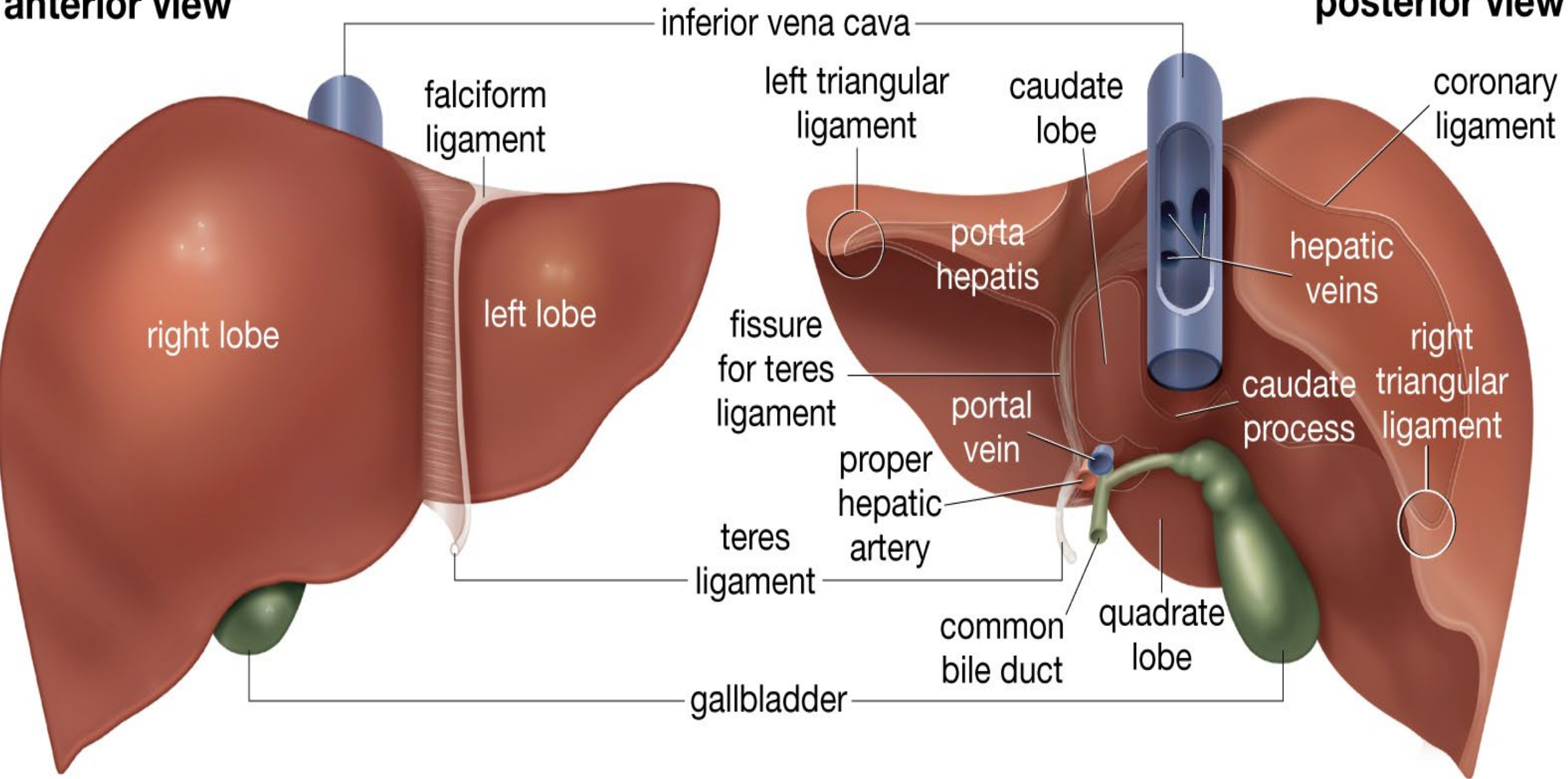




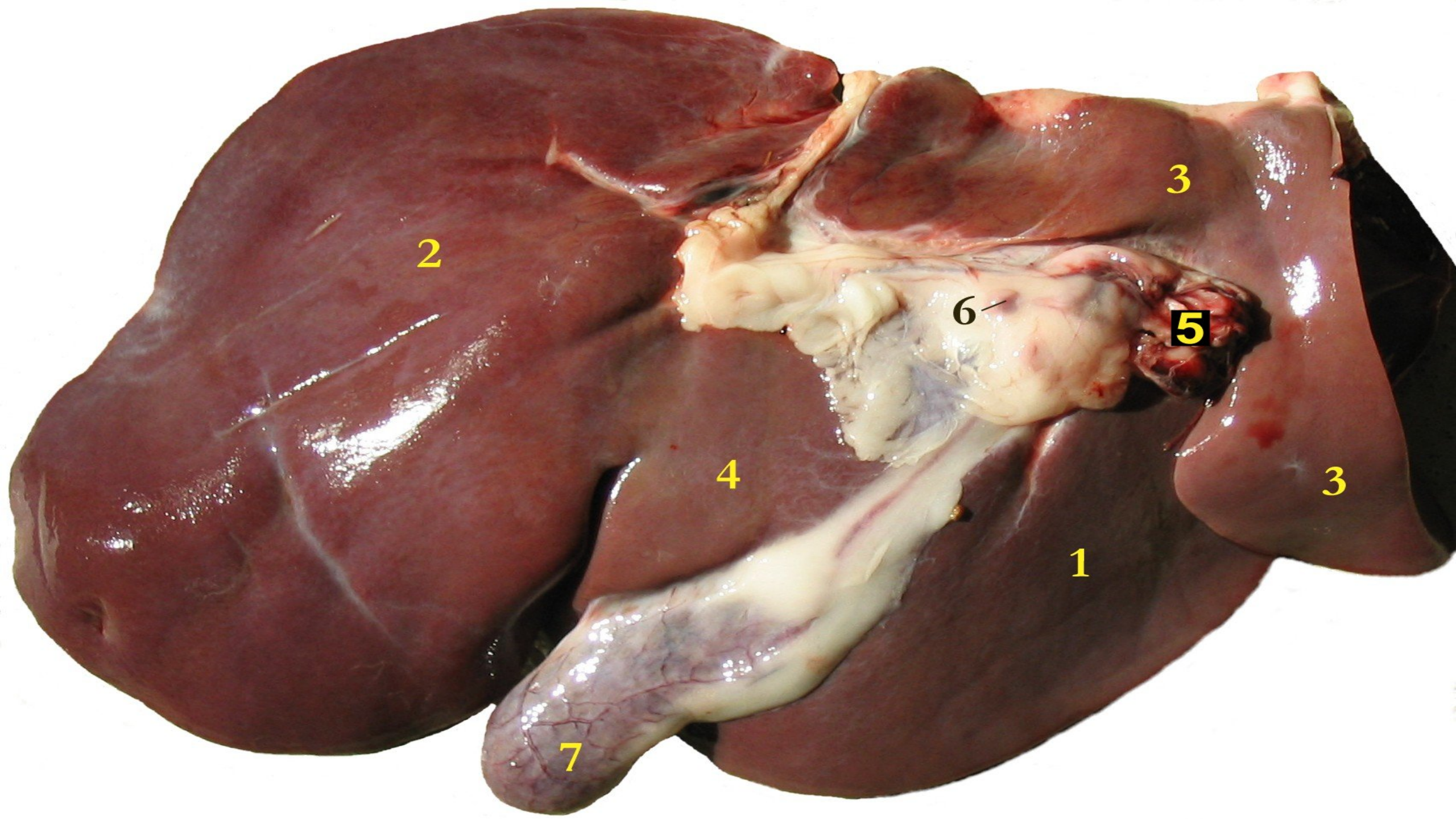


**anterior view**

**posterior view**







2

3

6

5

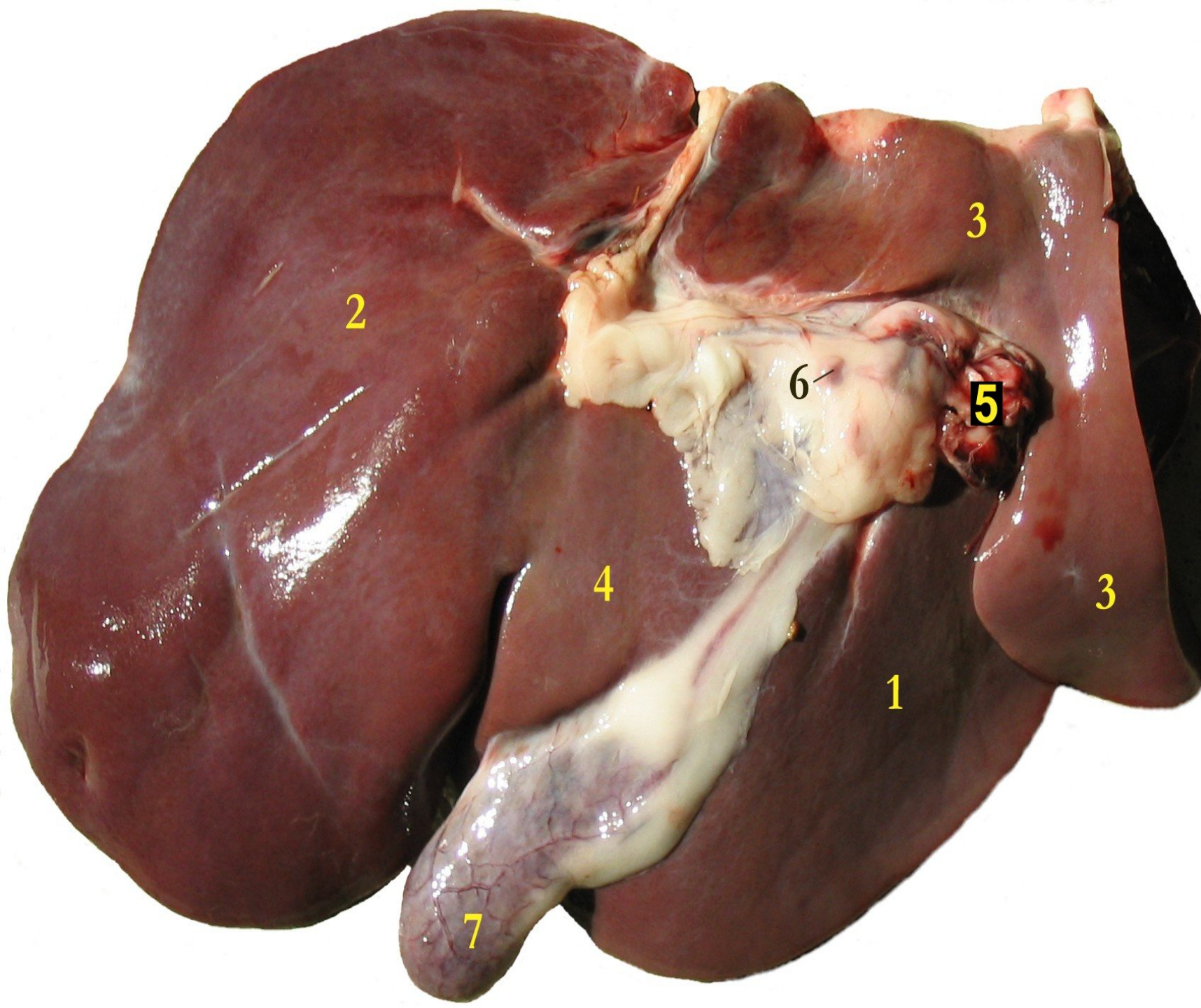
4

3

1

7

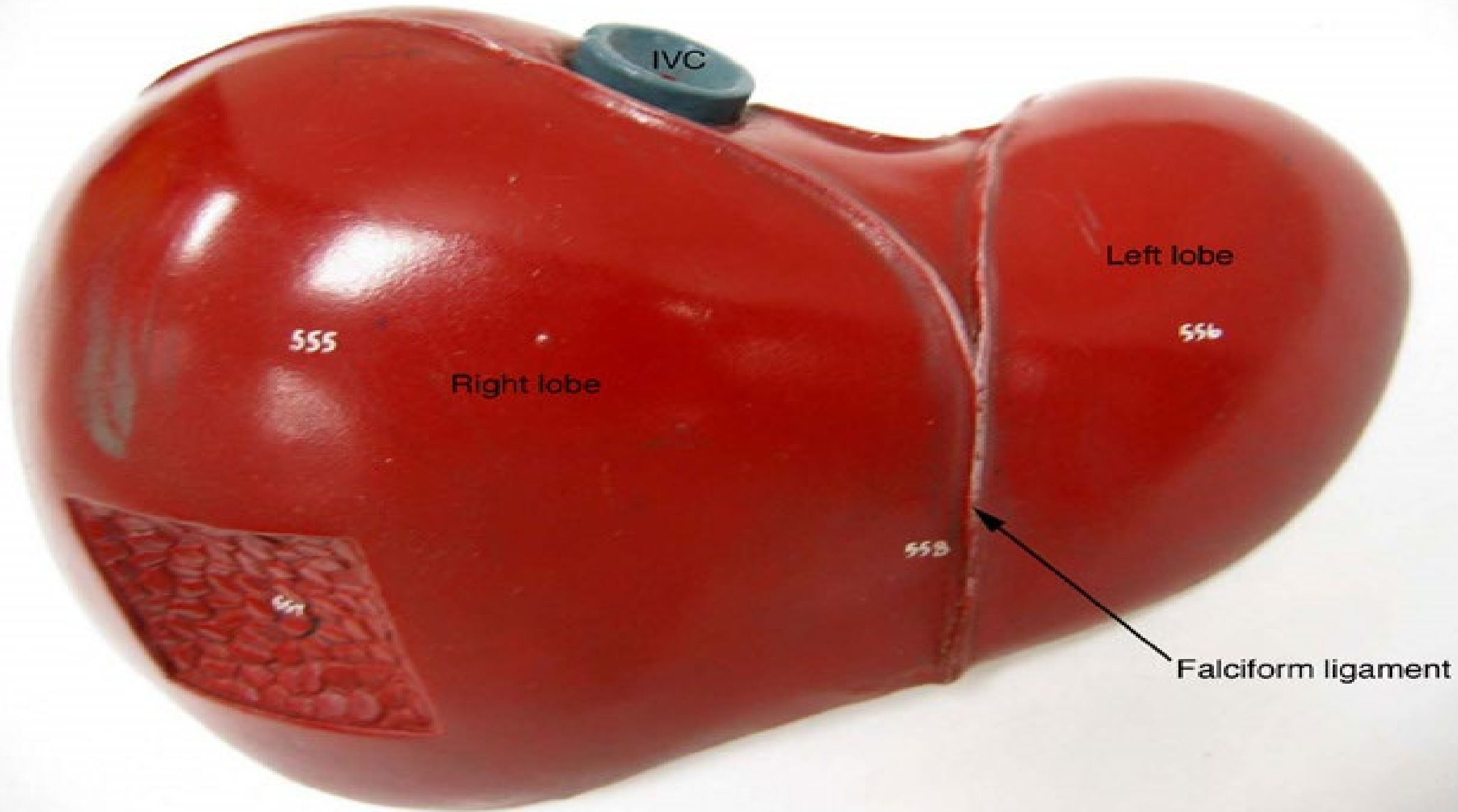




Liver of a sheep, visceral aspect  
1 left lobe, 2 right lobe, 3 caudate lobe, 4 quadrate lobe, 5 hepatic artery and portal vein, 6 hepatic lymph nodes, 7 gall bladder







IVC

555

Right lobe

Left lobe

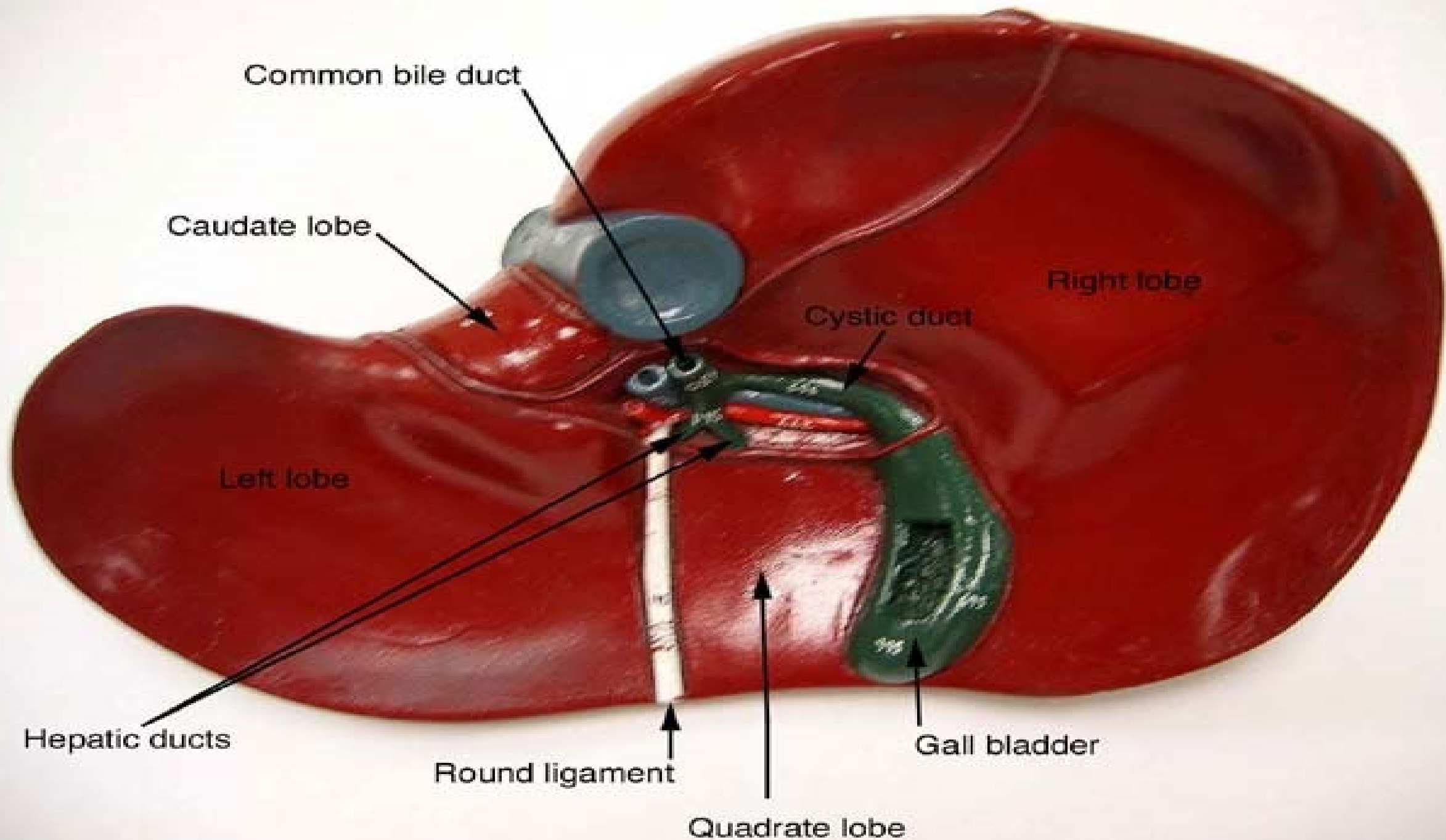
556

558

Falciform ligament

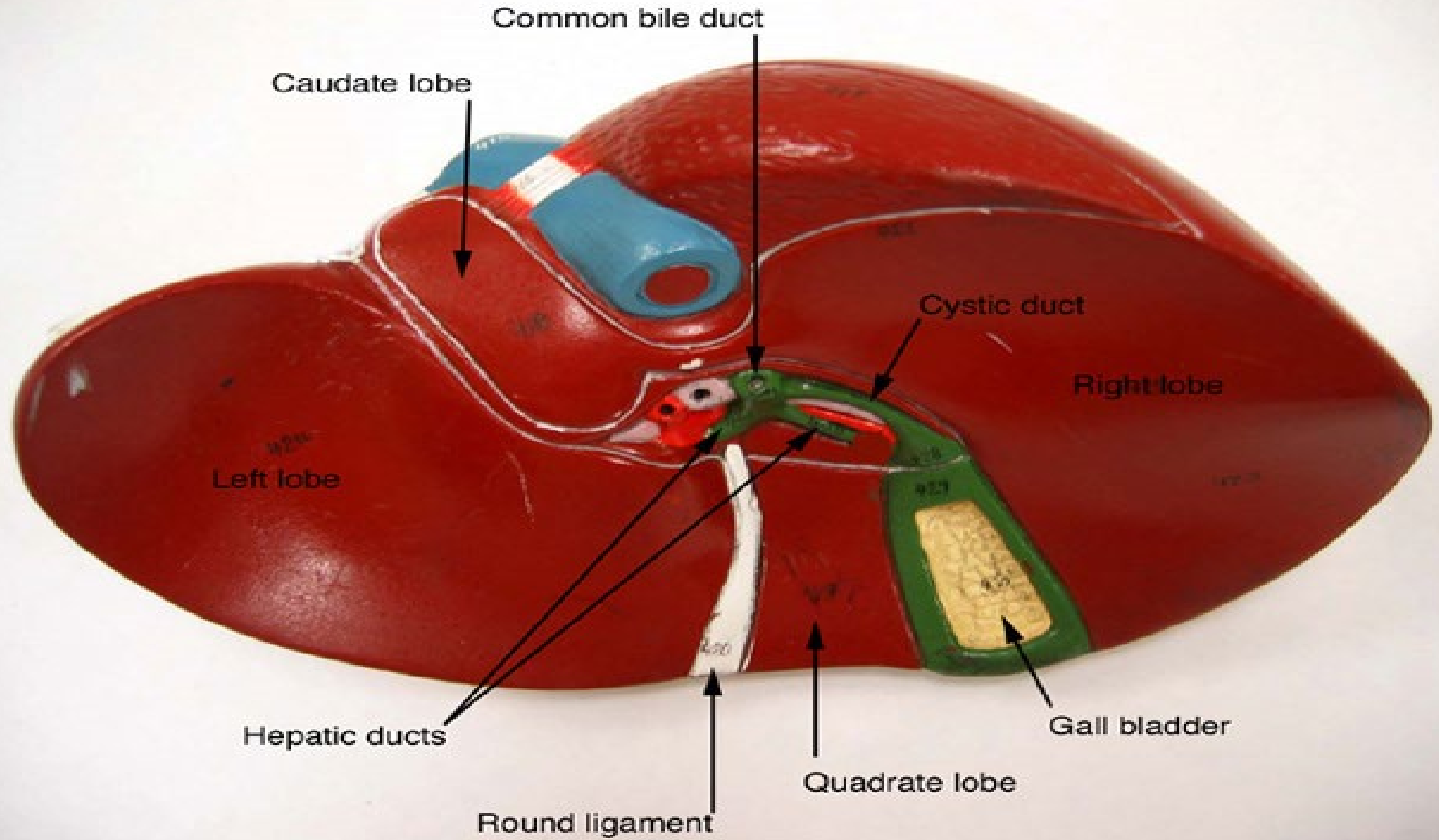
557











Common bile duct

Caudate lobe

Cystic duct

Right lobe

Left lobe

Hepatic ducts

Gall bladder

Round ligament

Quadrate lobe







left lobe

inferior  
vena cava

common  
hepatic  
duct

cystic  
duct

right  
lobe

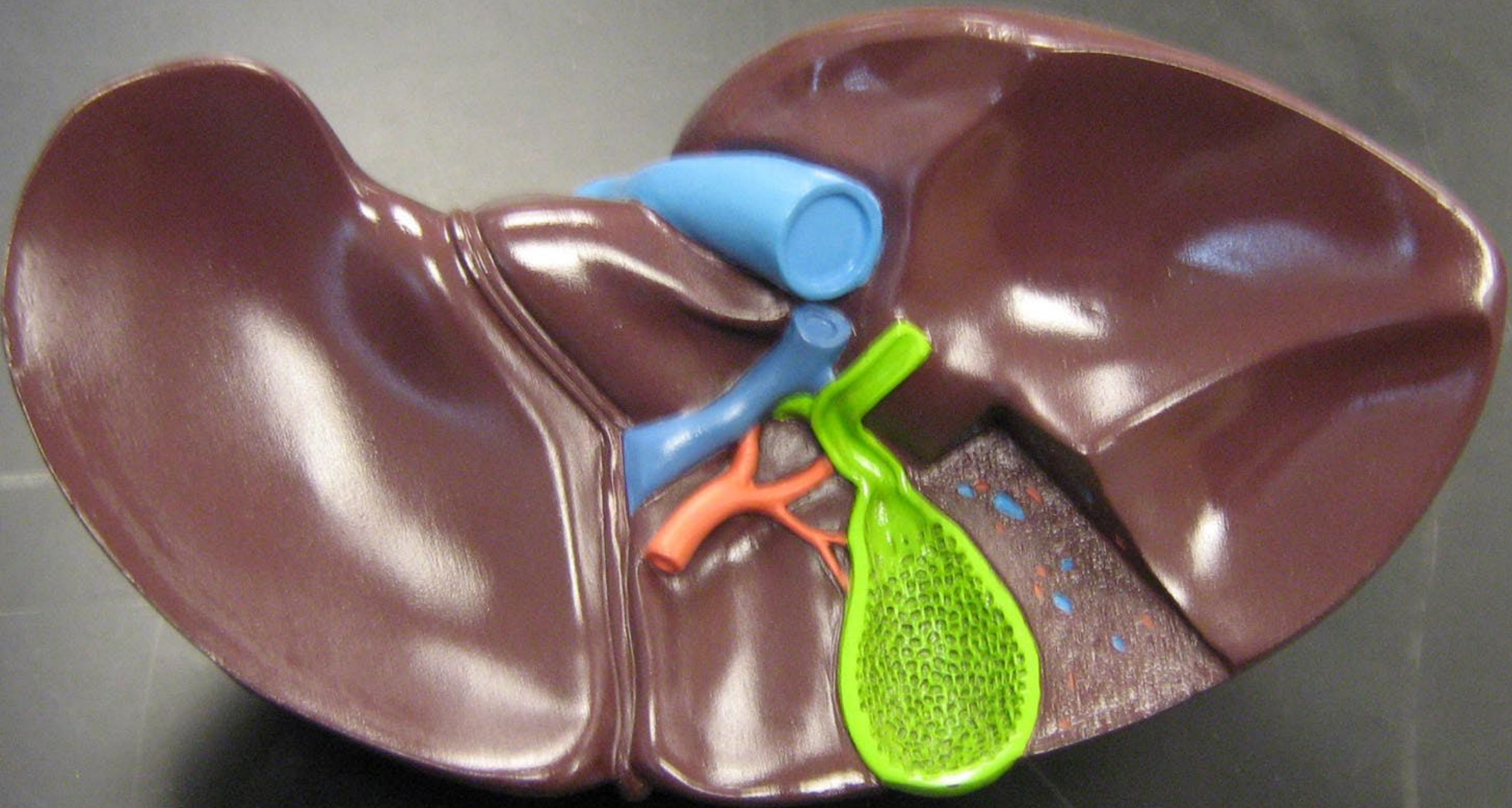
left  
hepatic  
duct

right  
hepatic  
duct

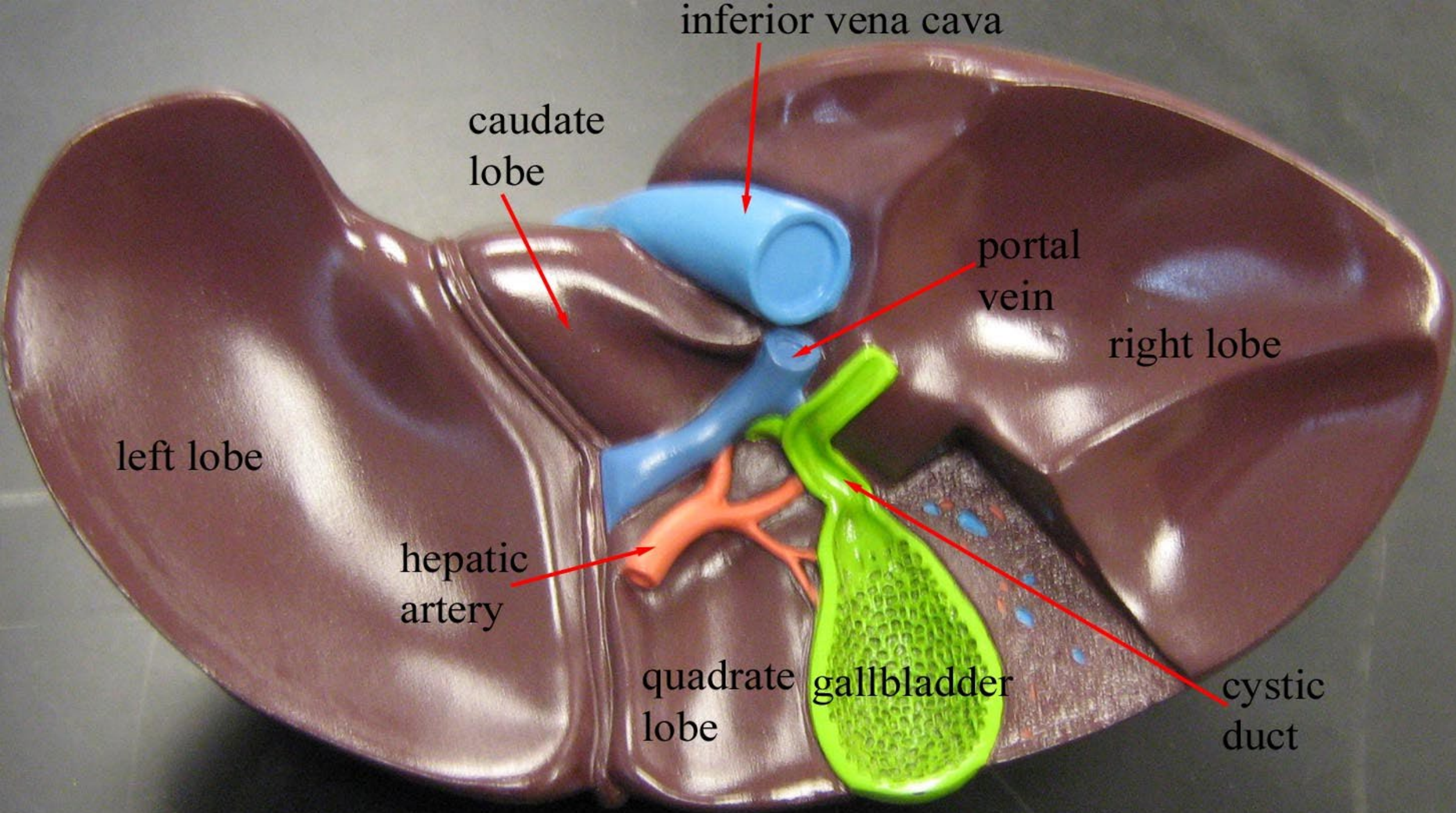
gallbladder



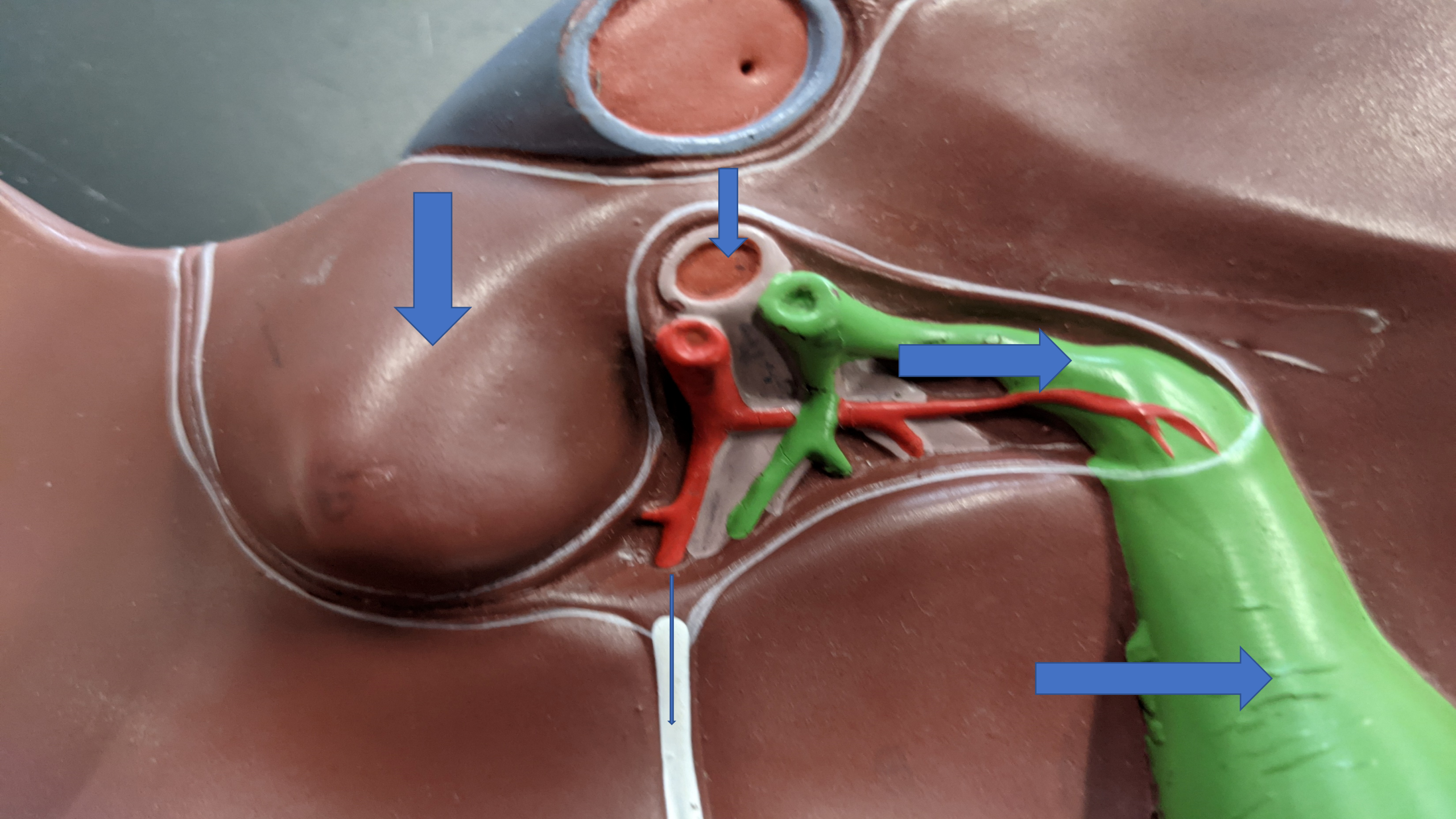












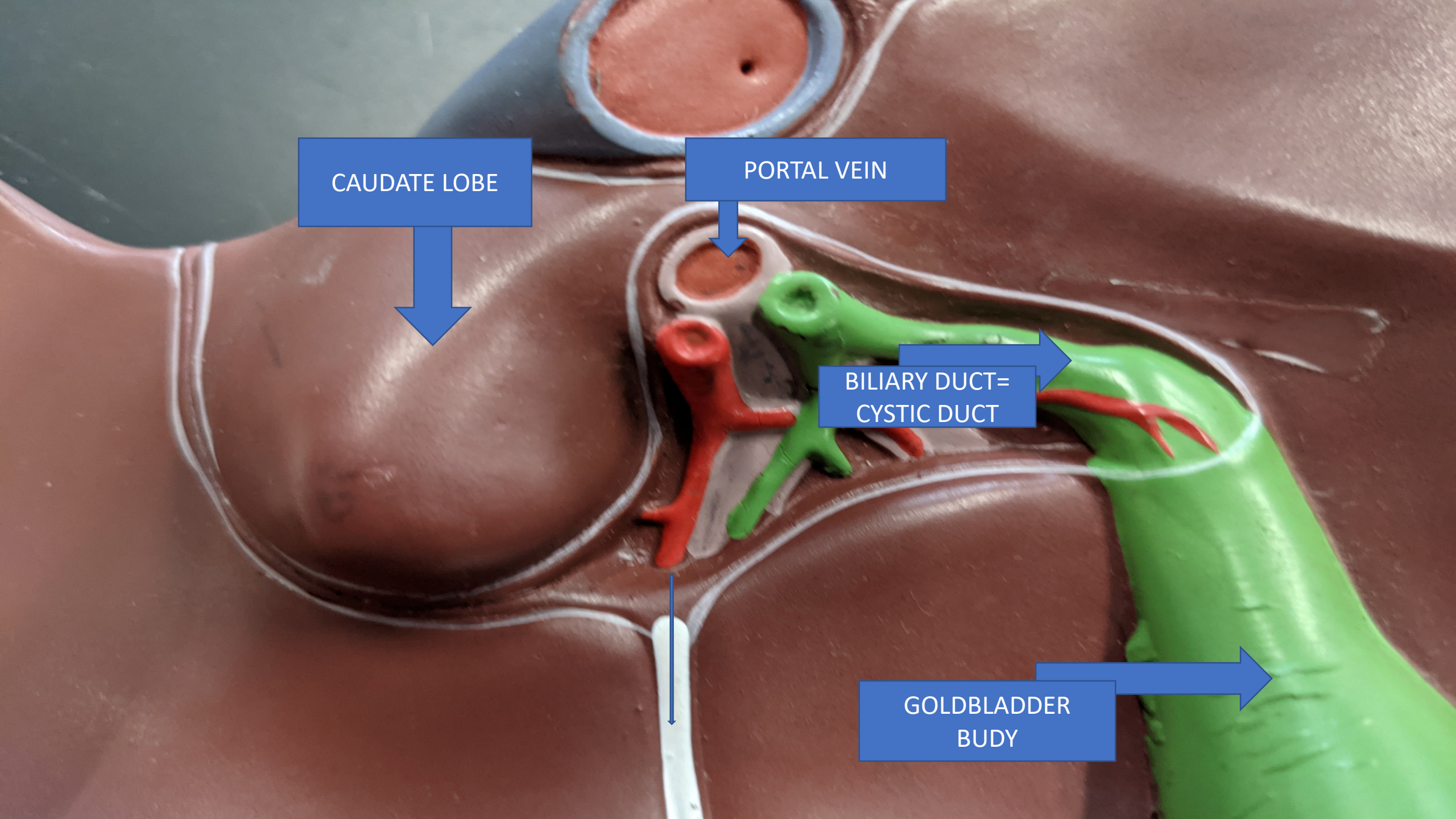


CAUDATE LOBE

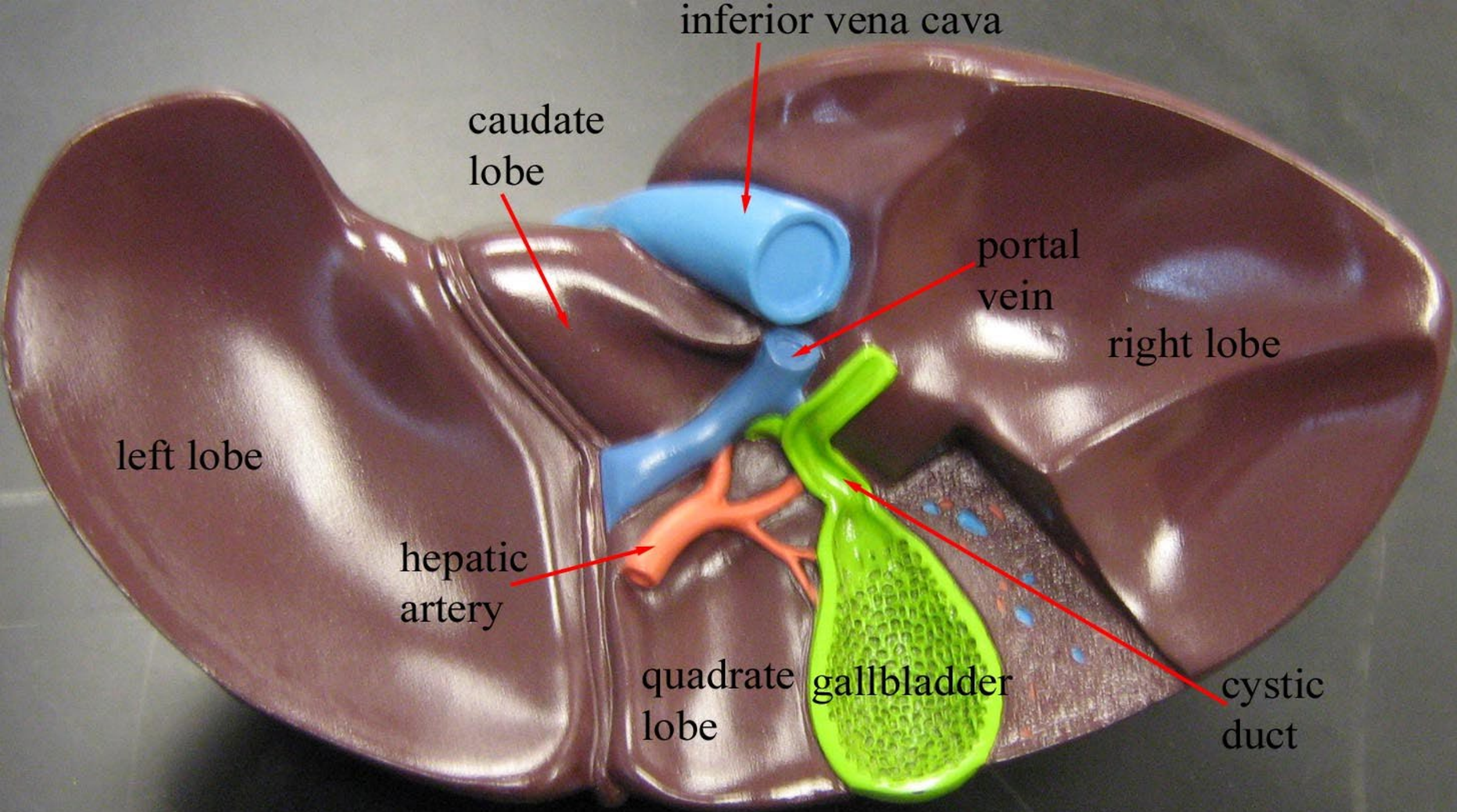
PORTAL VEIN

BILIARY DUCT=  
CYSTIC DUCT

GOLDBLADDER  
BUDY



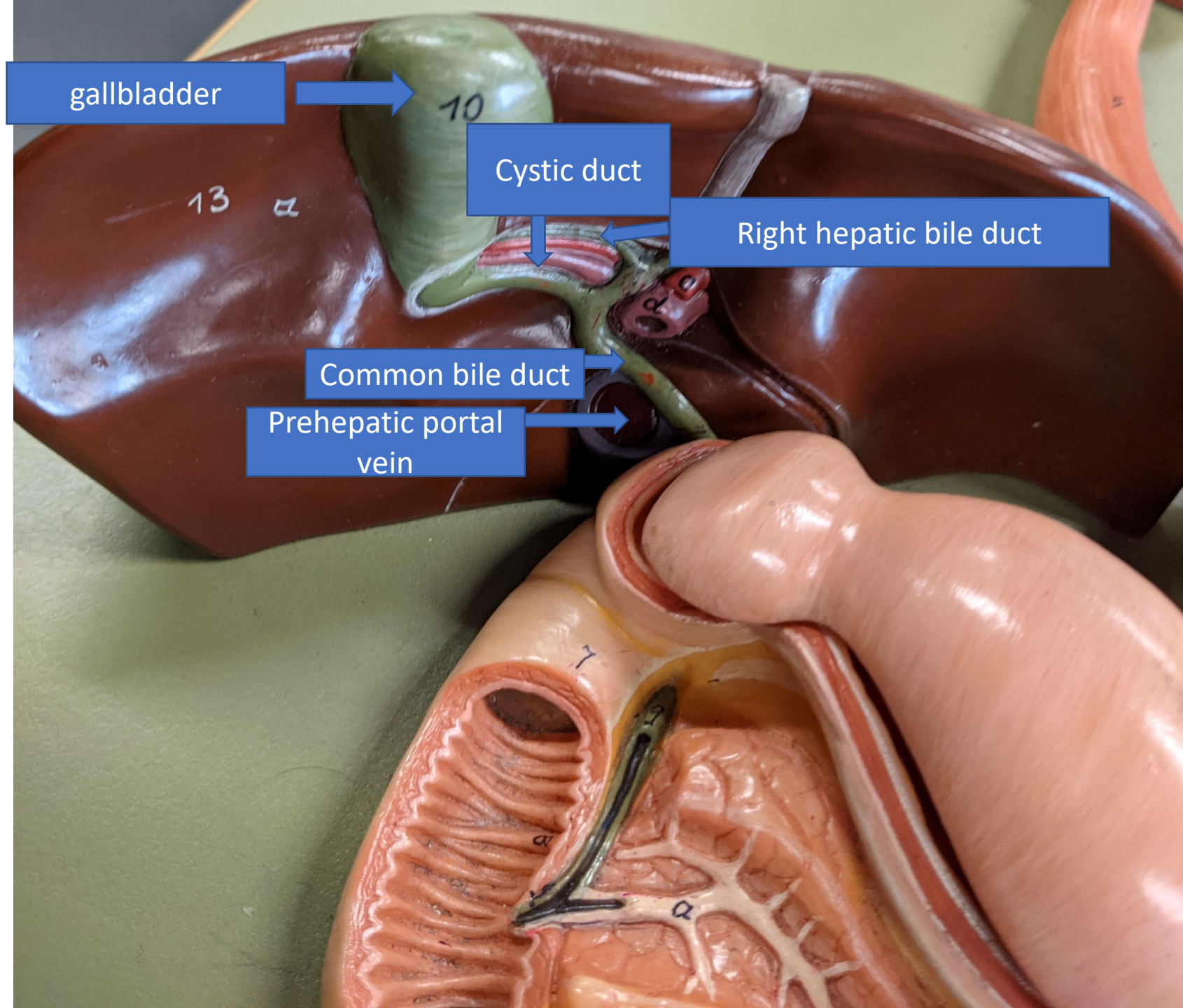
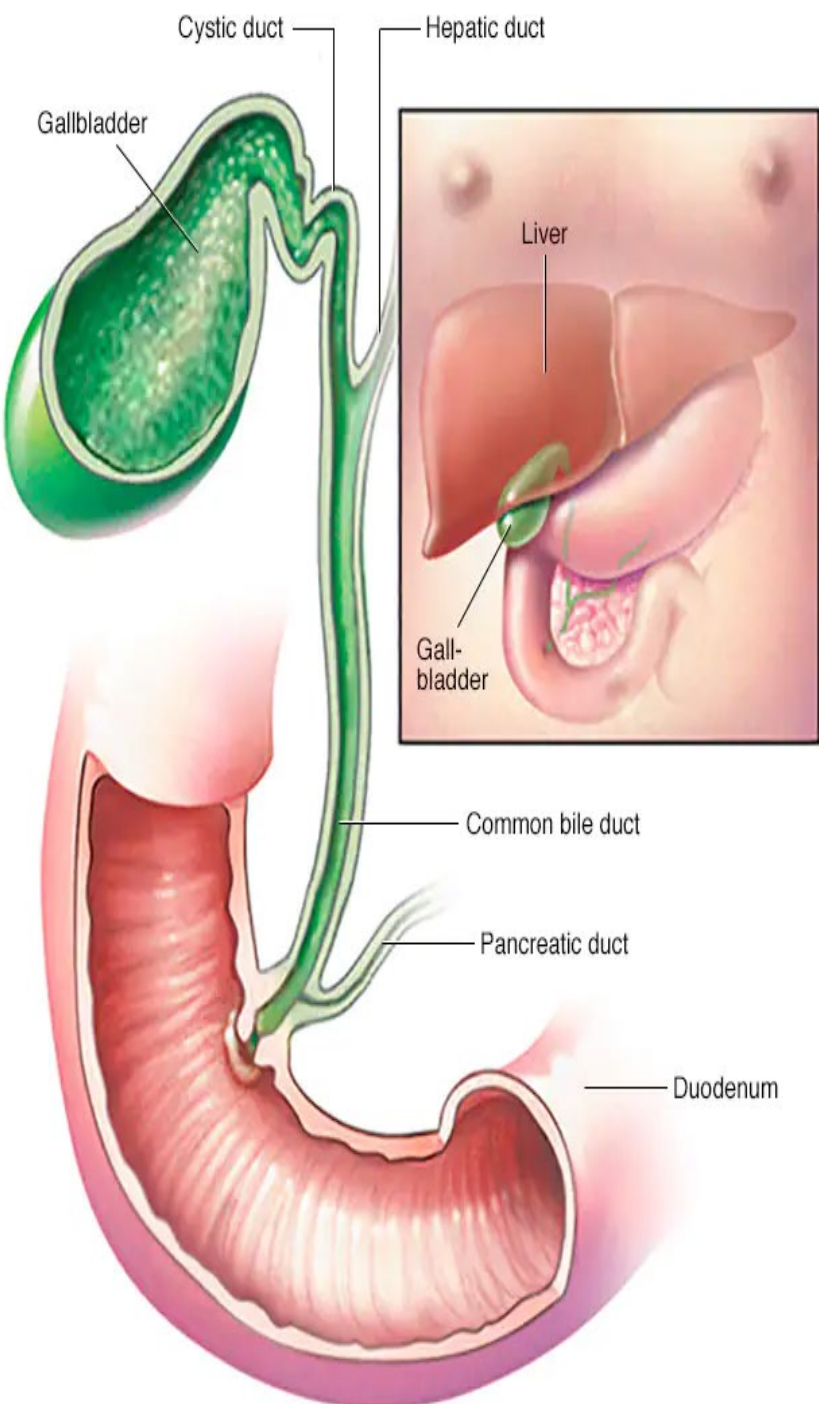


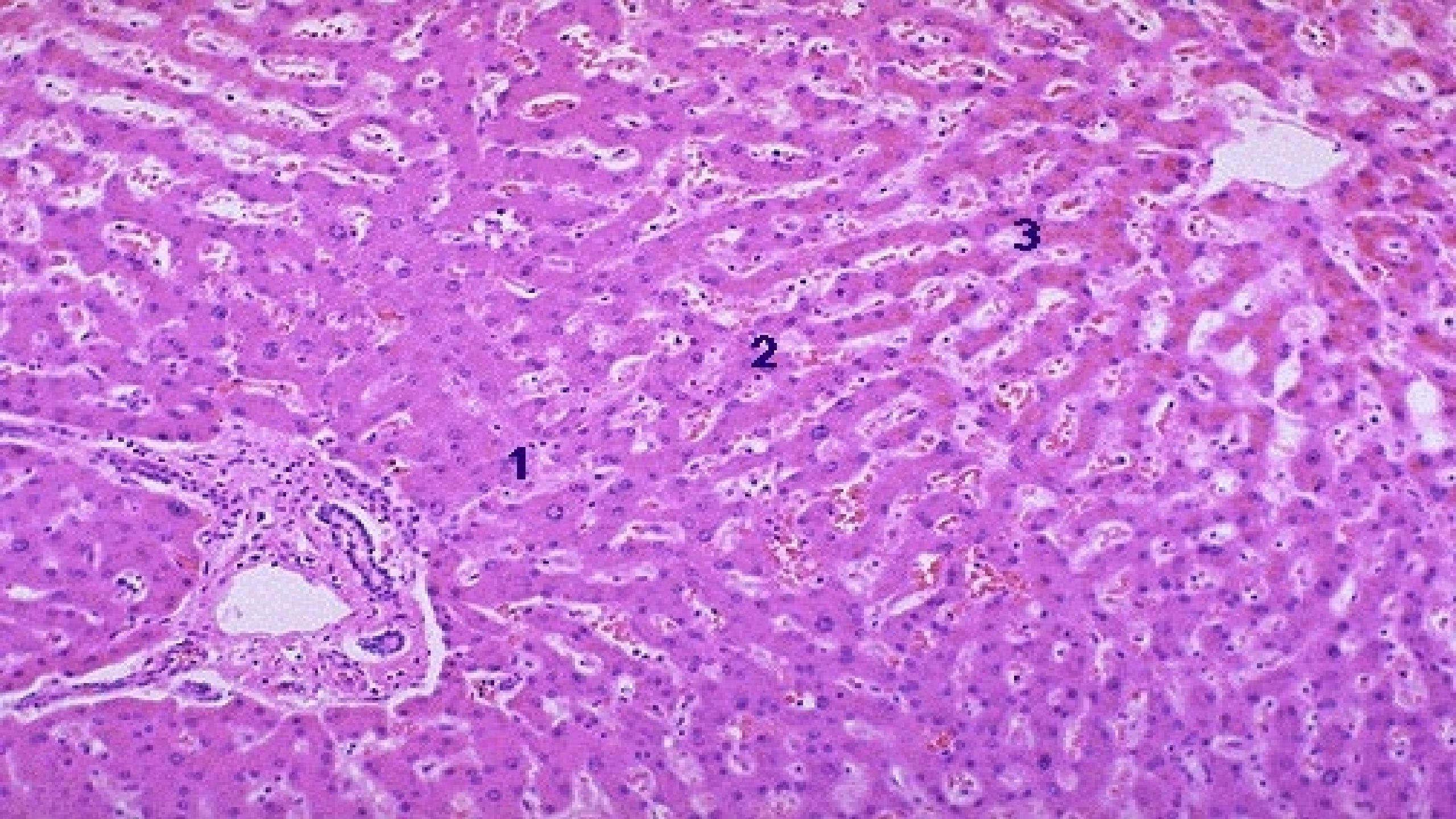




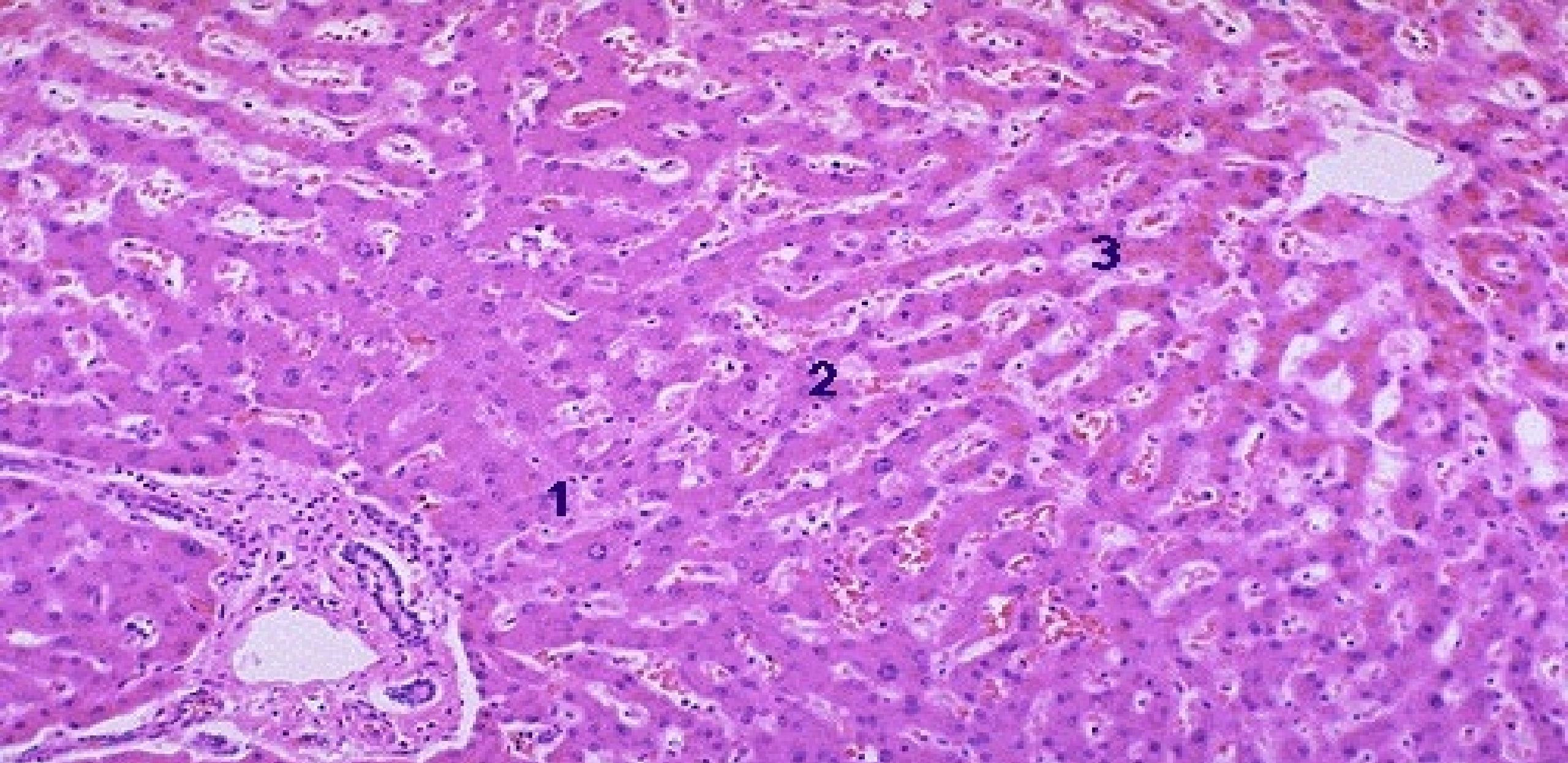








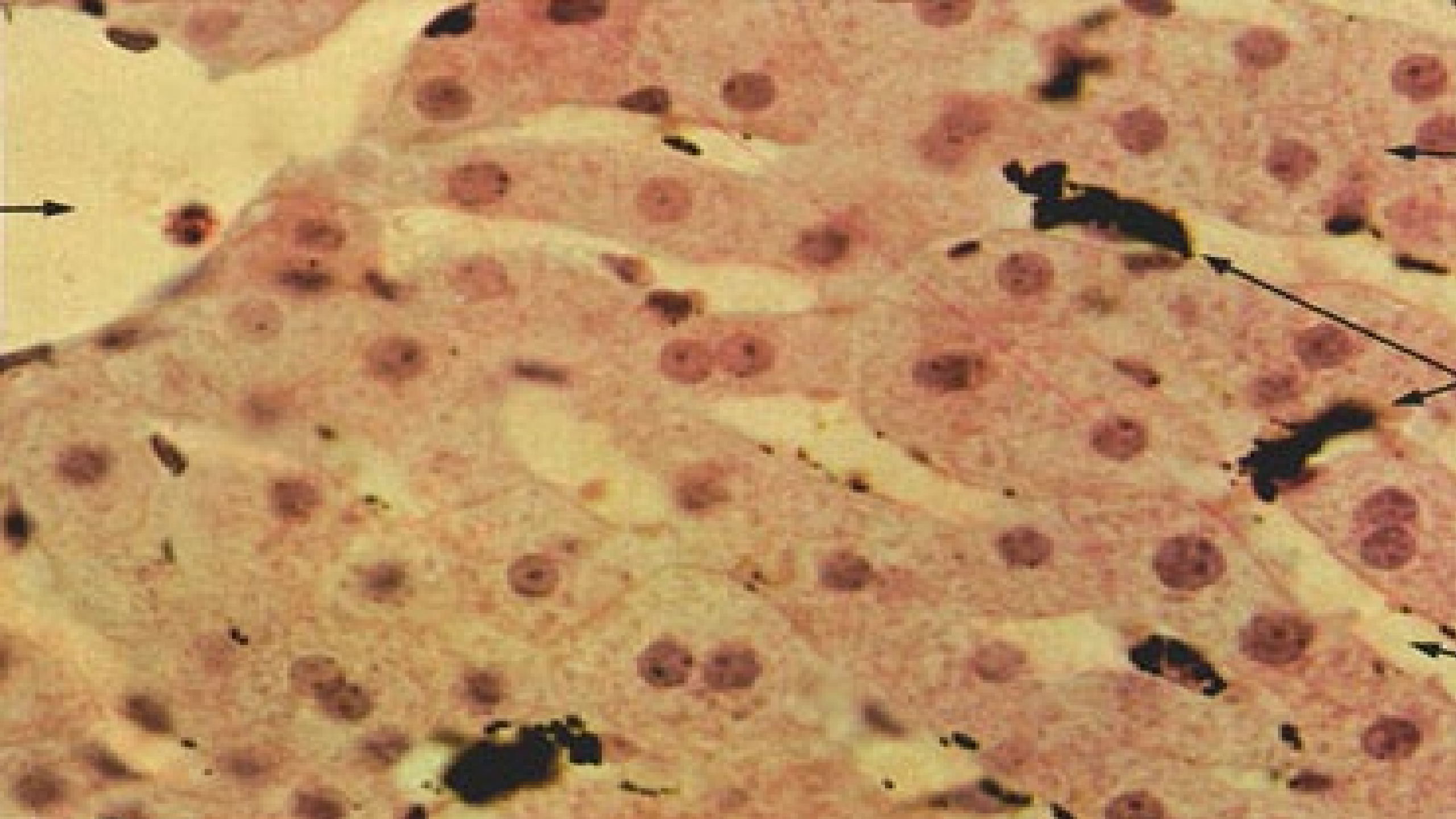


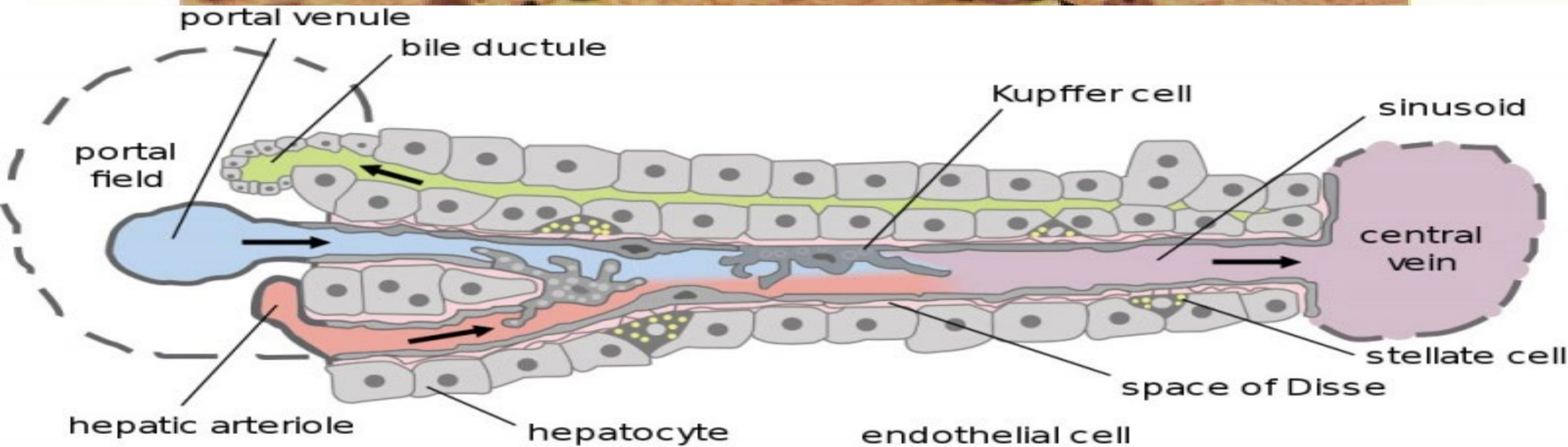
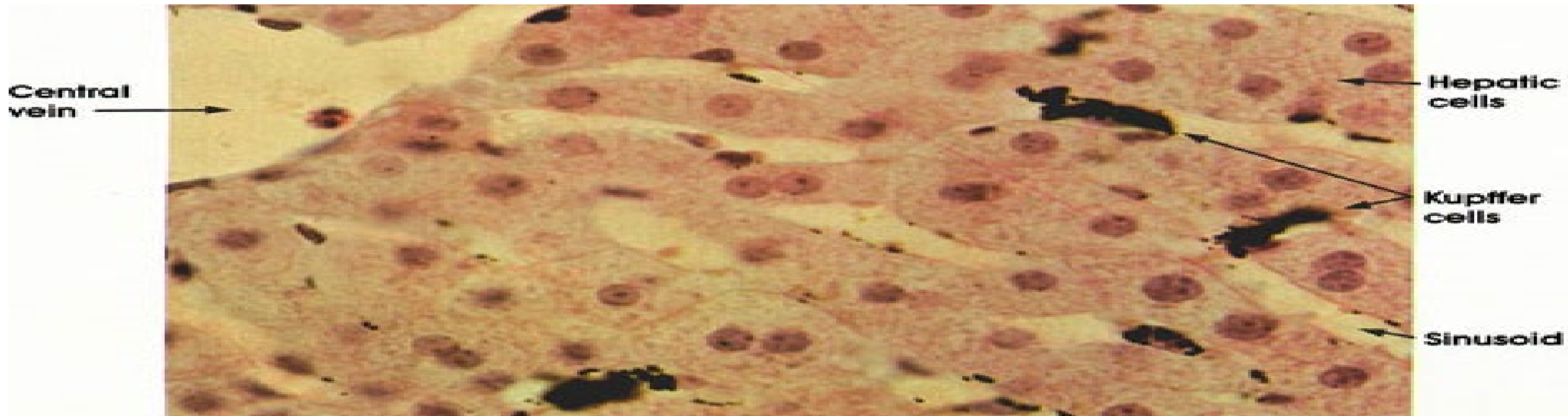


This is normal liver at medium power with zone 1 in periportal region, zone 2 in the middle of the lobule, and zone 3 in centrilobular region.

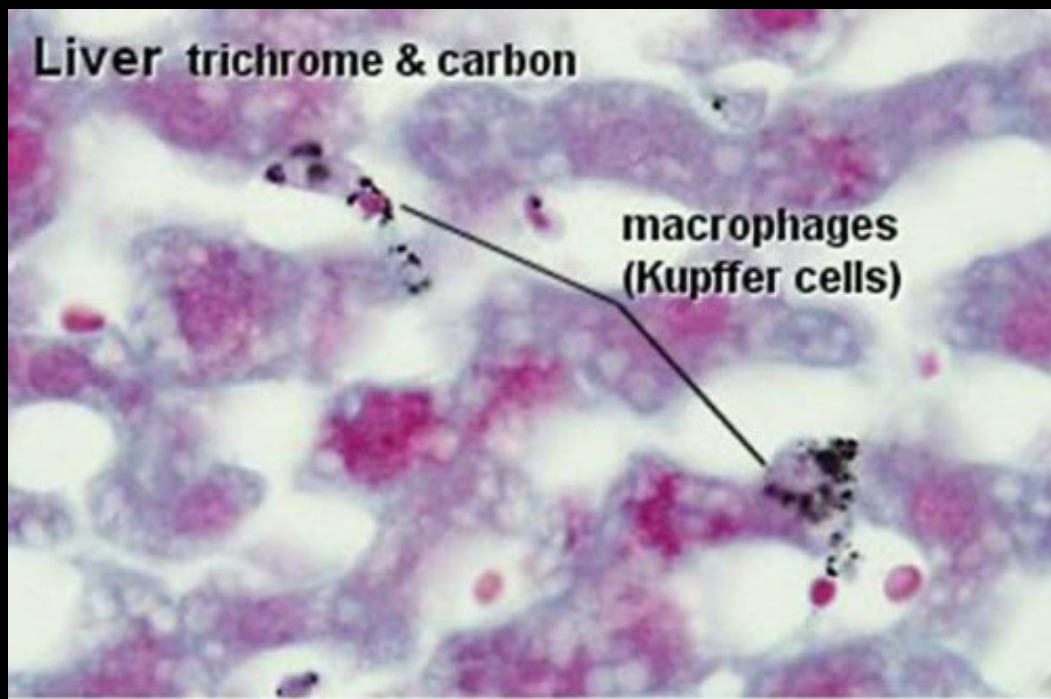
A **central vein** and a **portal triad** define the lobule.





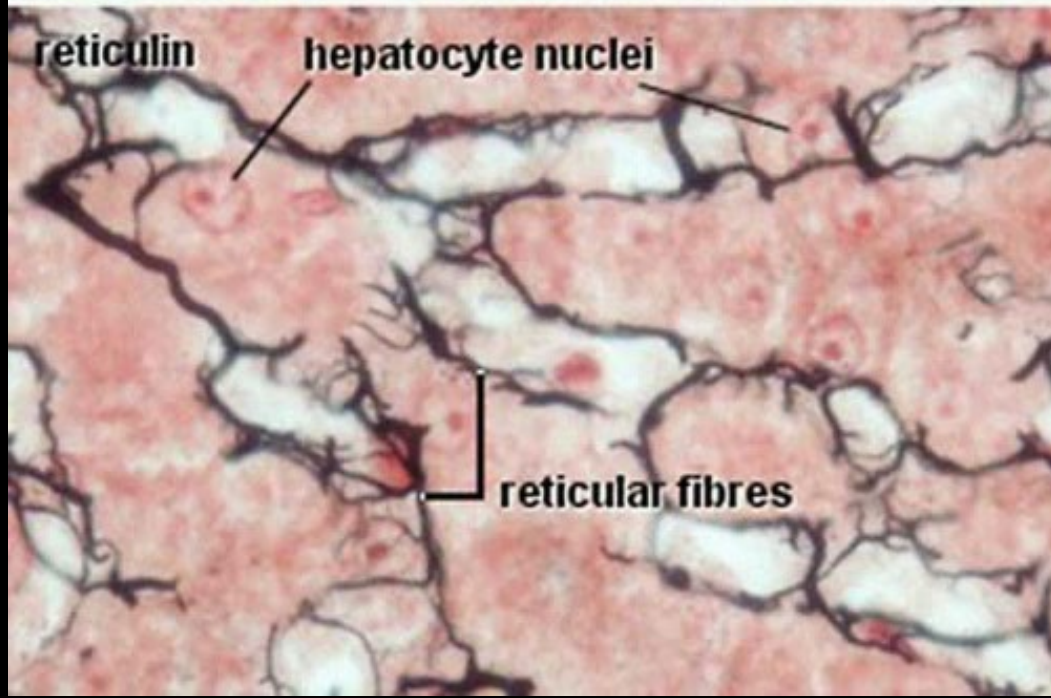


**Liver trichrome & carbon**



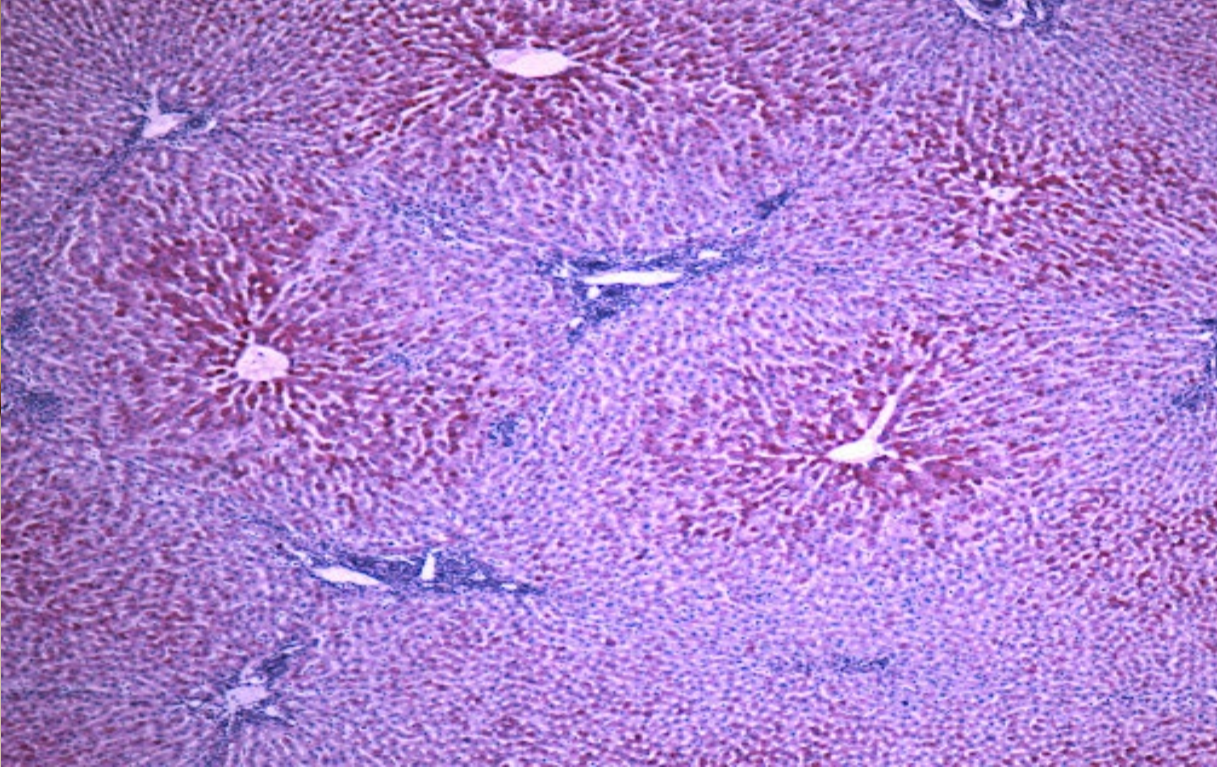
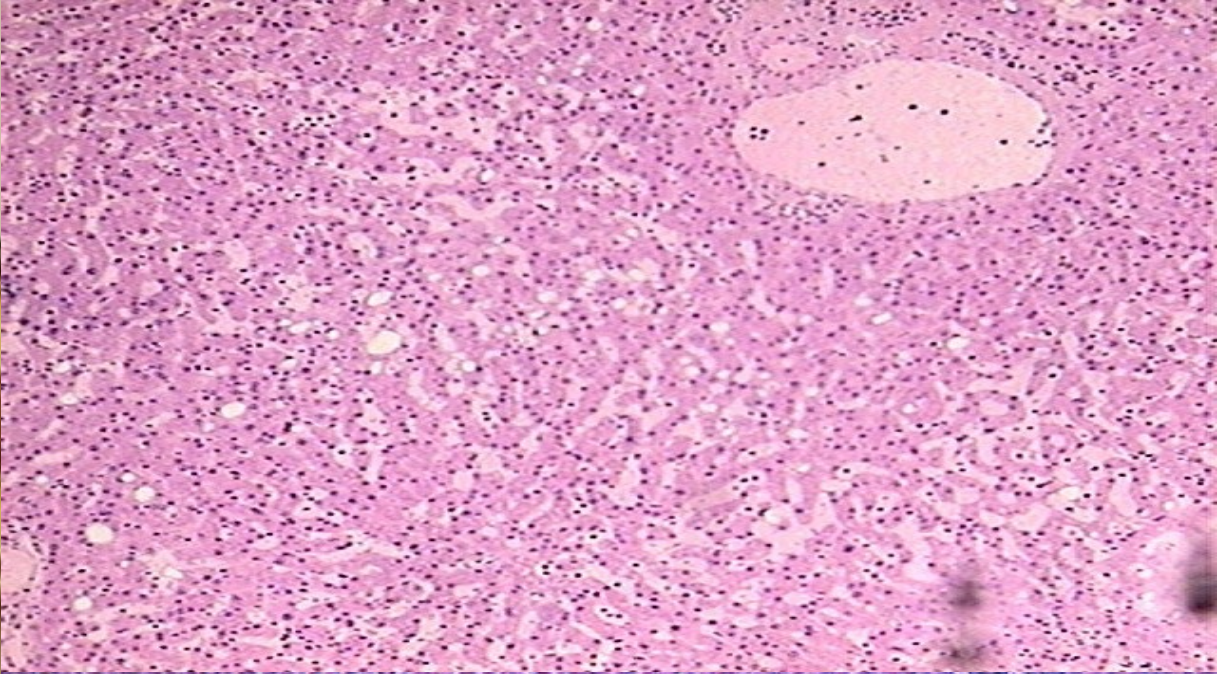
**macrophages  
(Kupfer cells)**

**reticulin**      **hepatocyte nuclei**



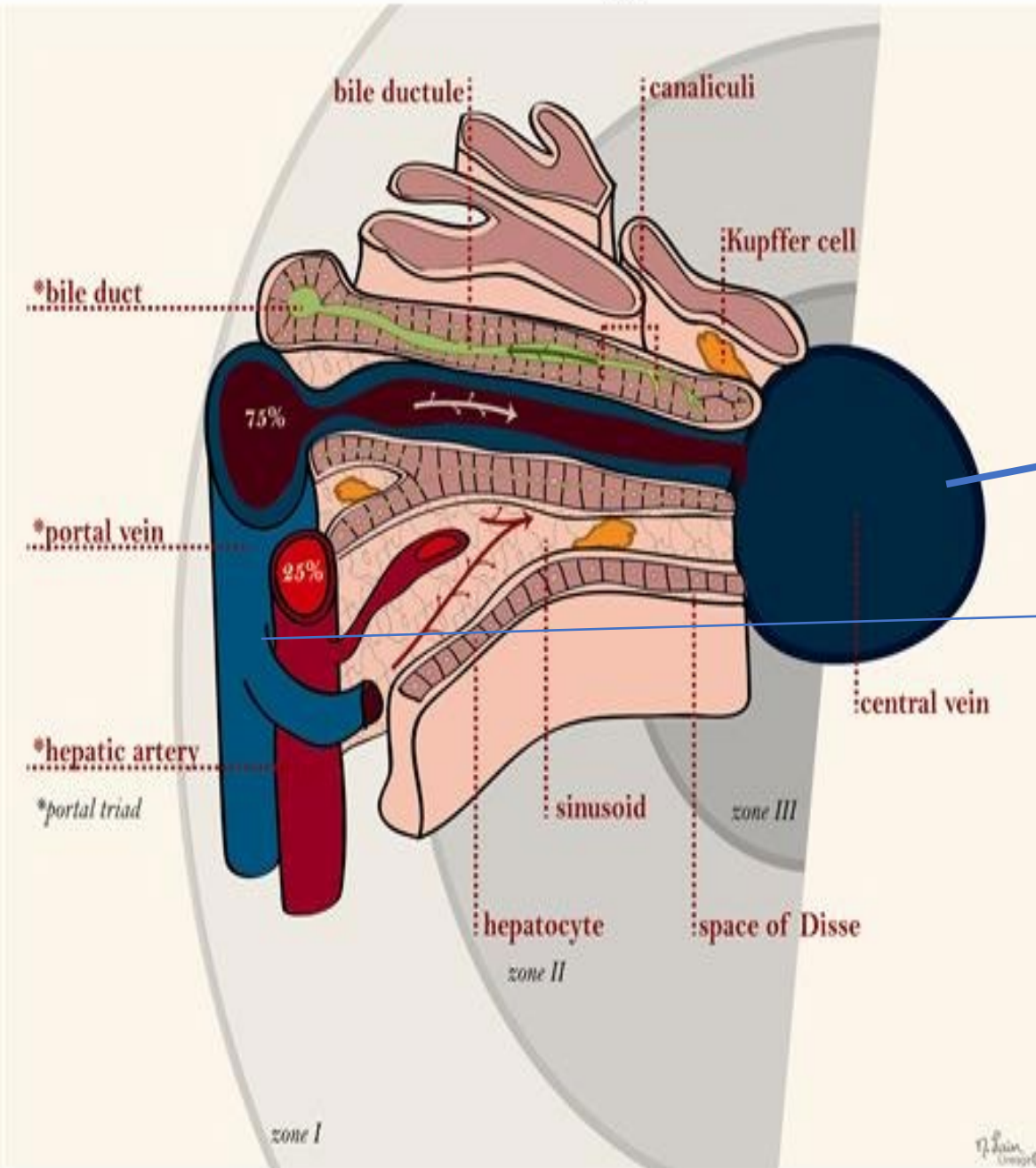
**reticular fibres**

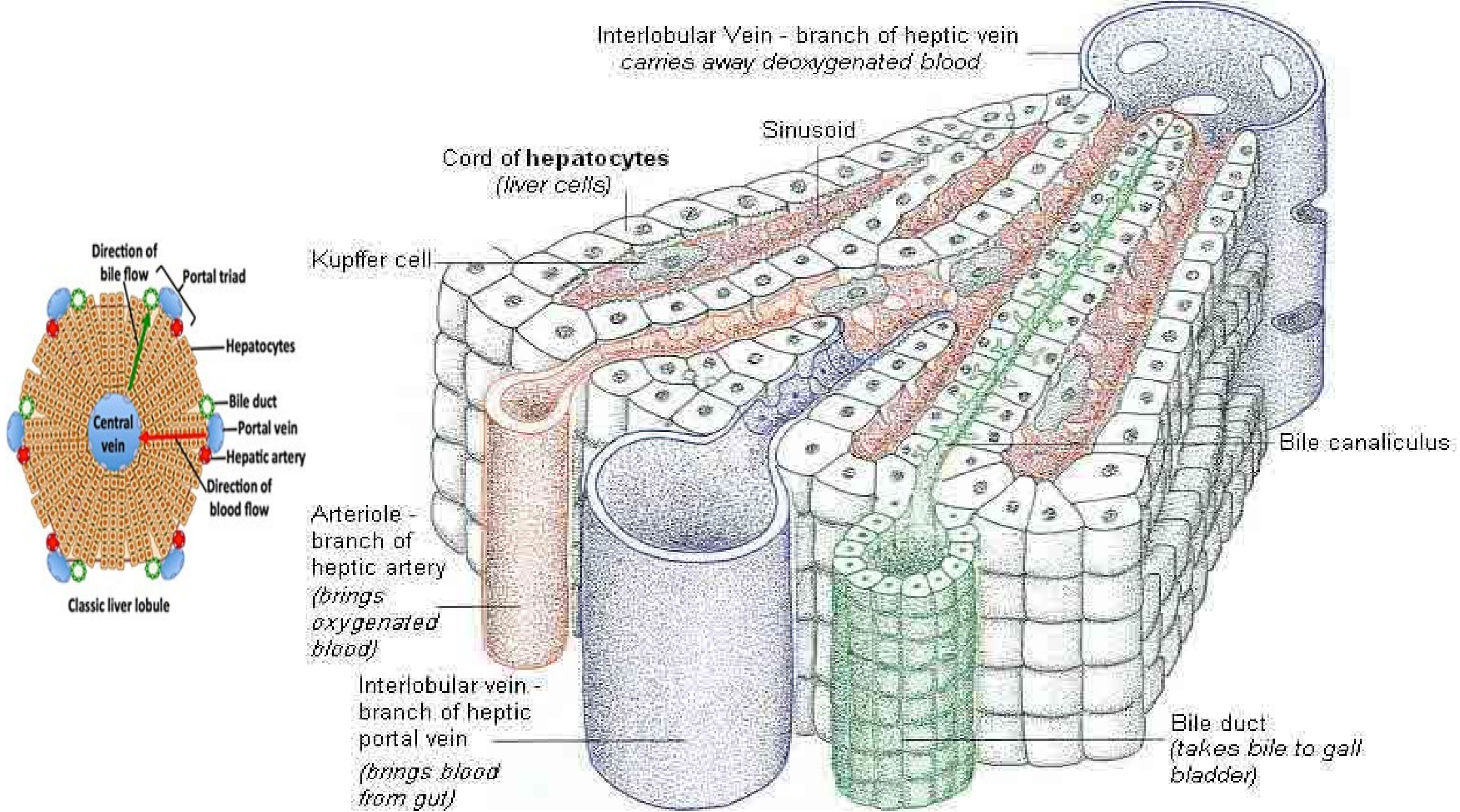






# Liver Histology





Interlobular Vein - branch of heptic vein  
*carries away deoxygenated blood*

Sinusoid

Cord of **hepatocytes**  
*(liver cells)*

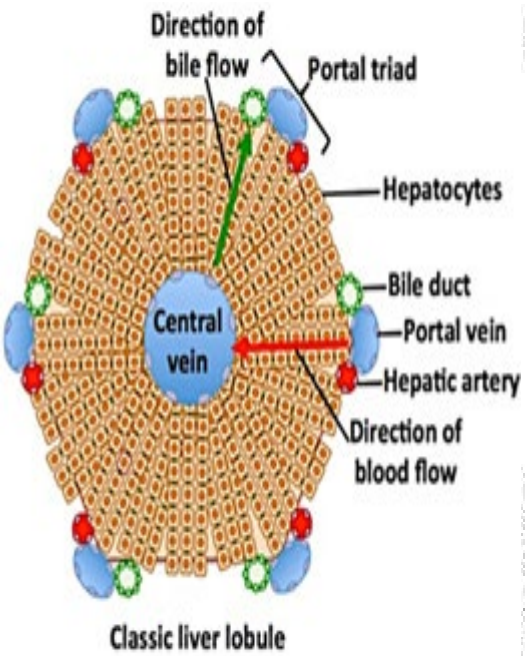
Kupffer cell

Bile canaliculus

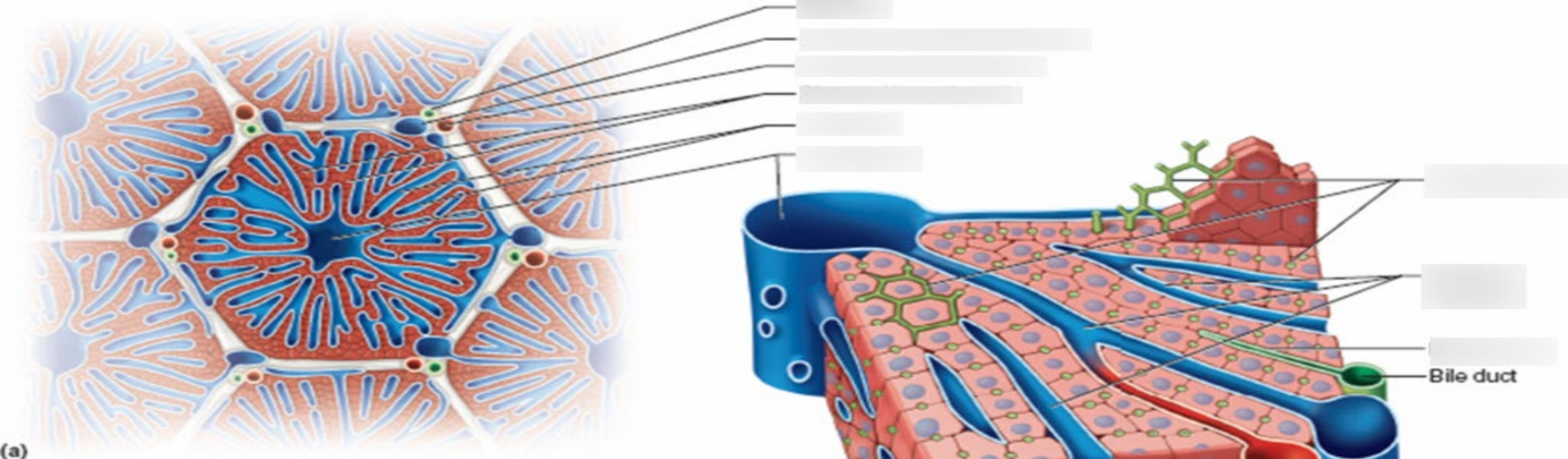
Arteriole -  
branch of  
heptic artery  
*(brings  
oxygenated  
blood)*

Interlobular vein -  
branch of heptic  
portal vein  
*(brings blood  
from gut)*

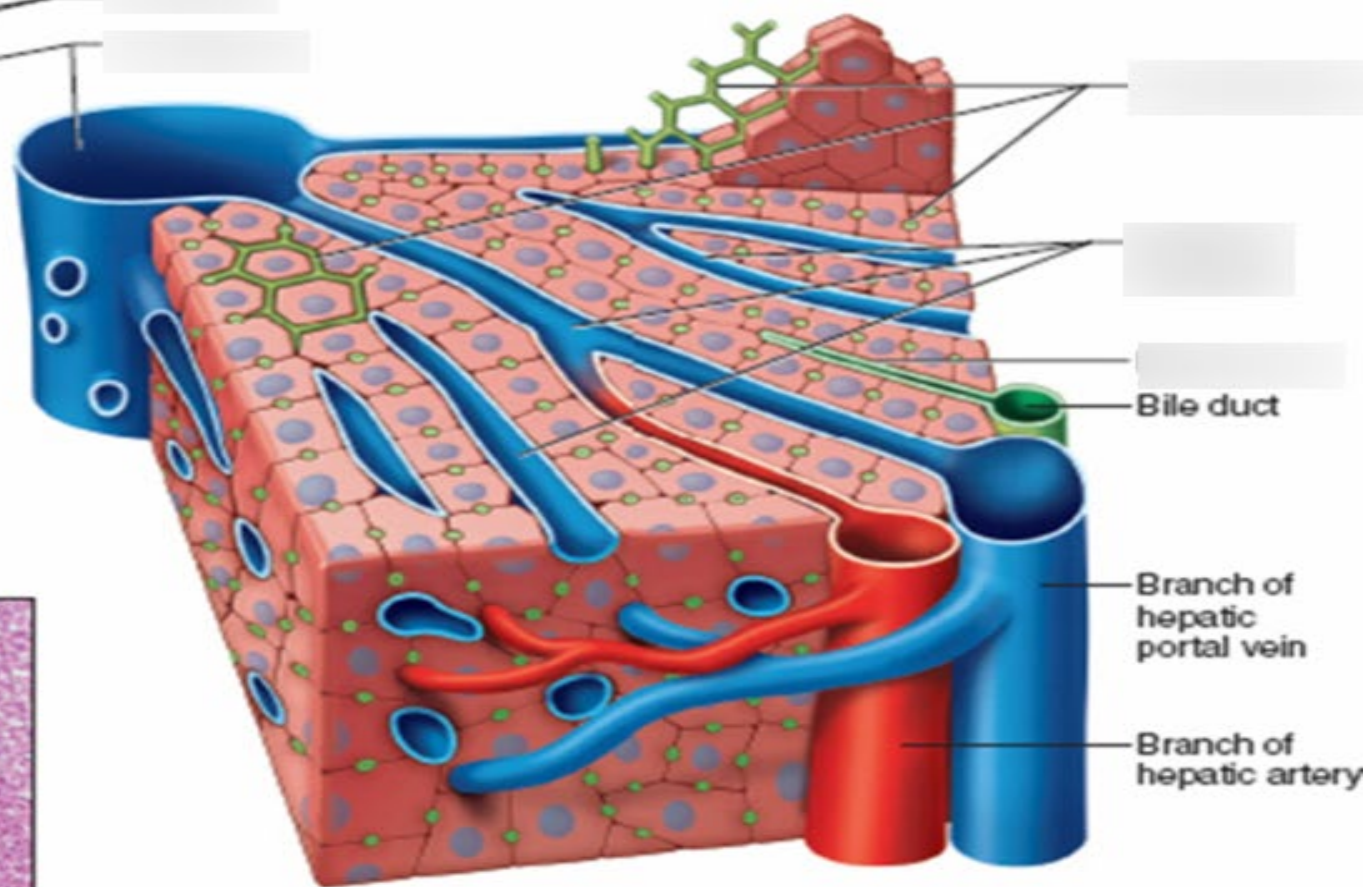
Bile duct  
*(takes bile to gall  
bladder)*



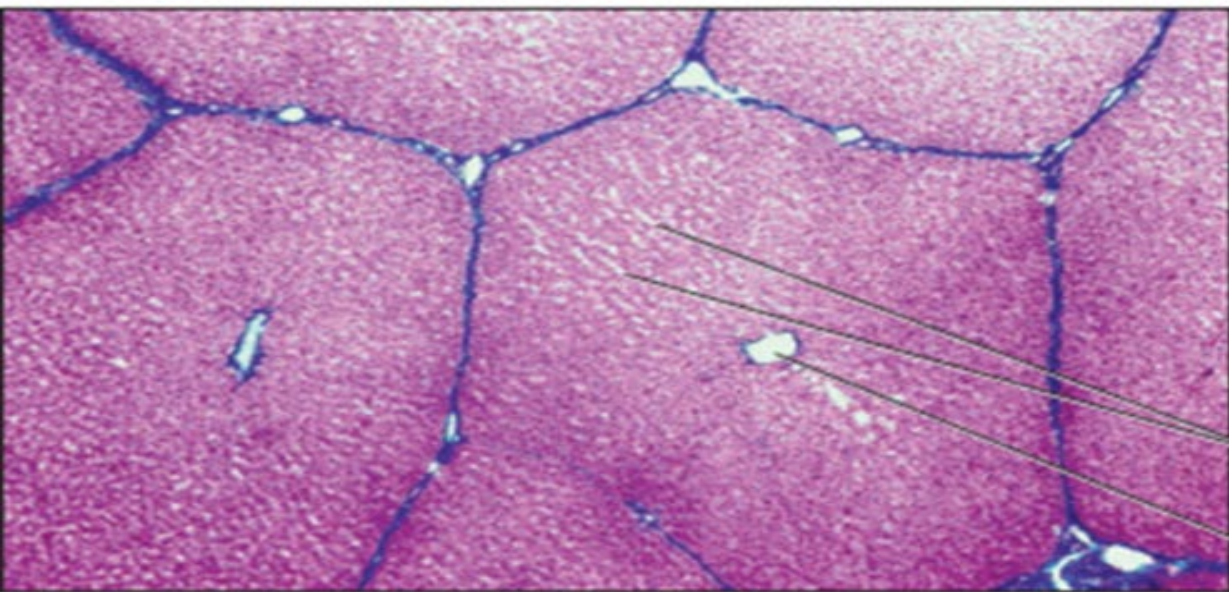




(a)



(b)

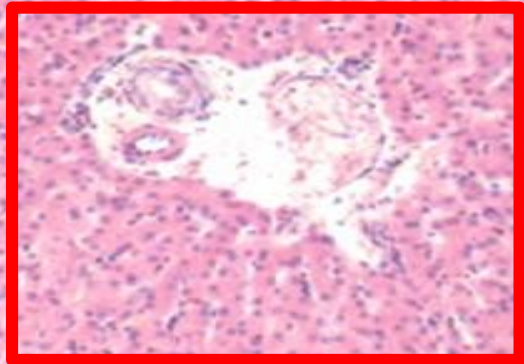


(c)

Sinusoids

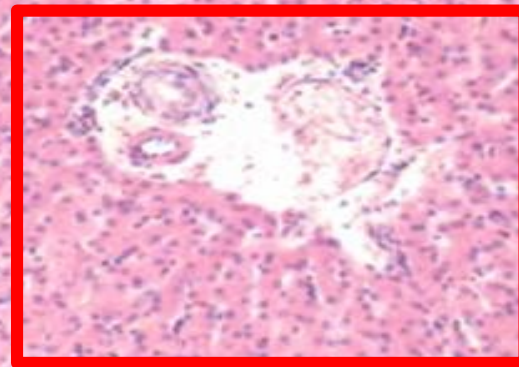
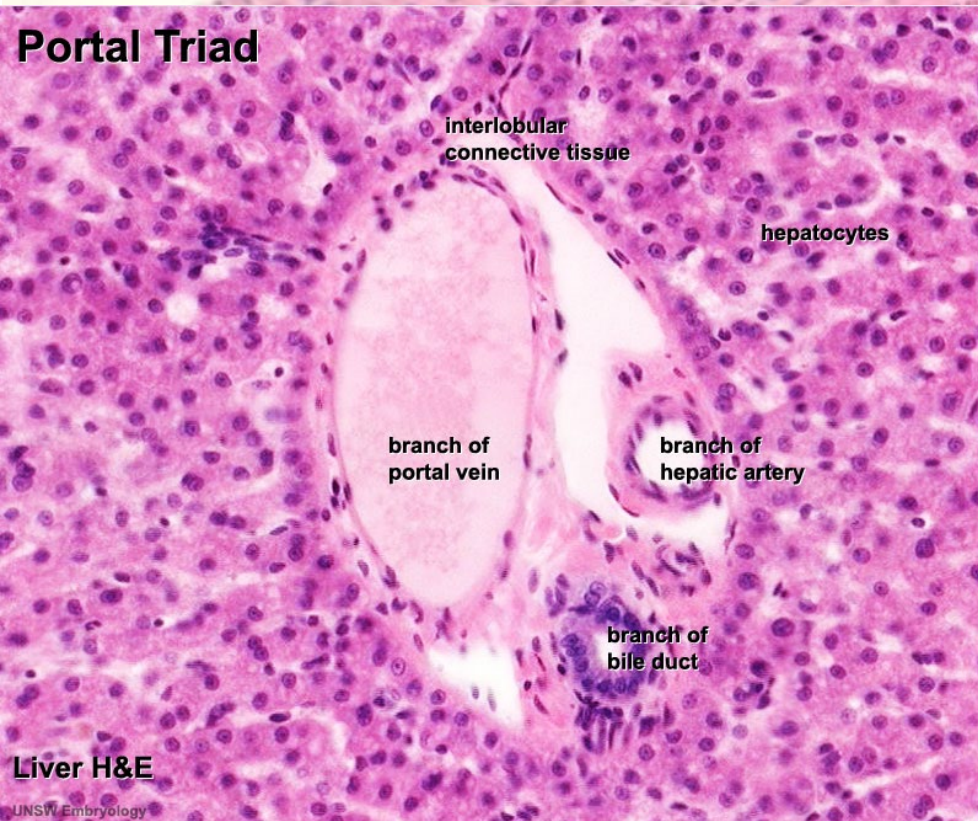
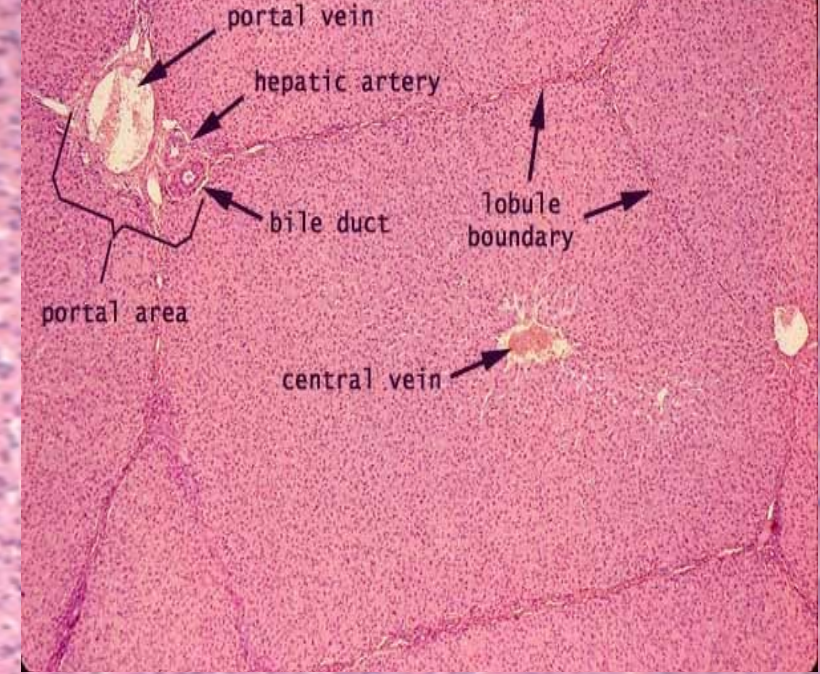
Central vein



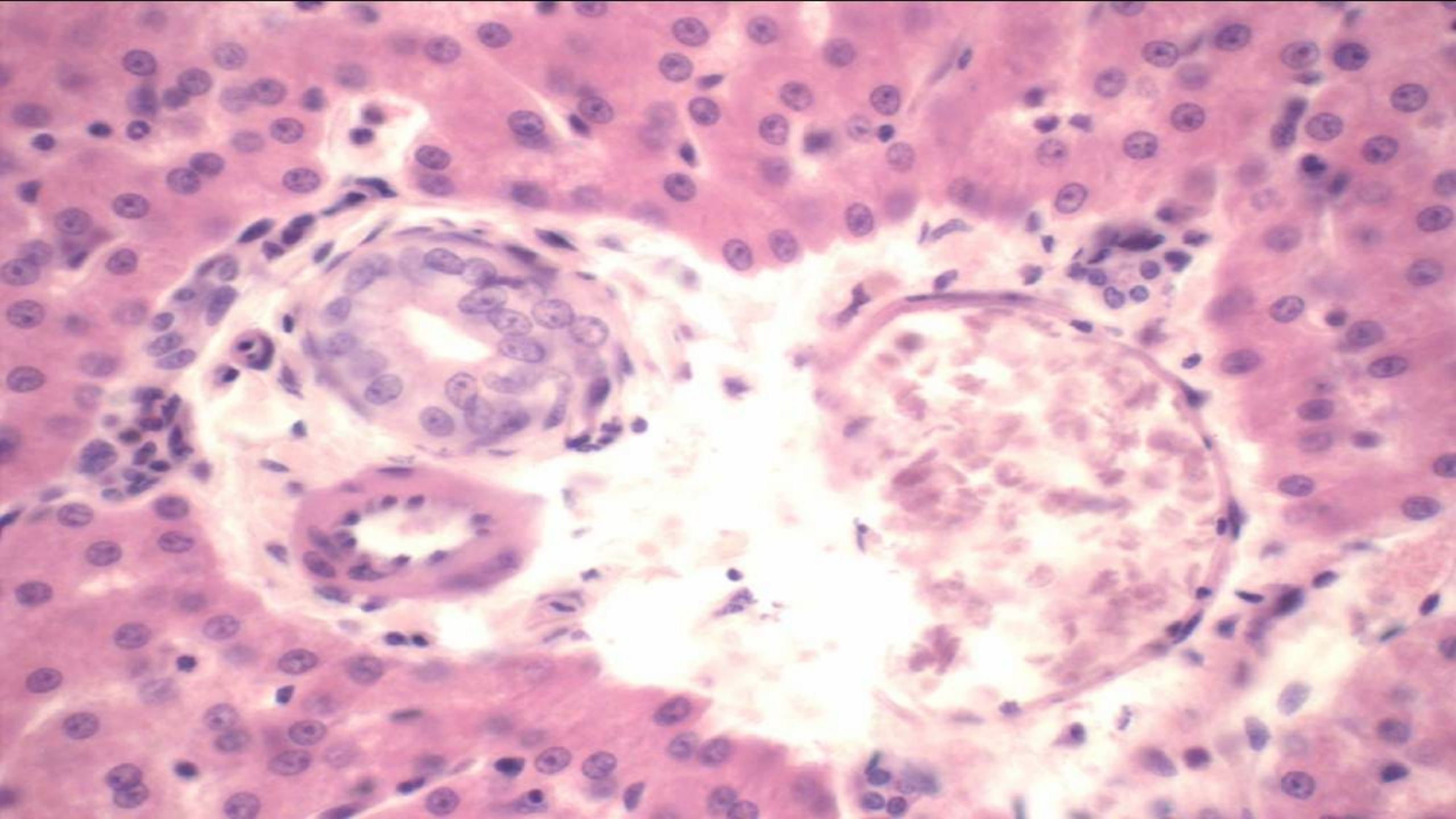




# PORTAL TRIAD

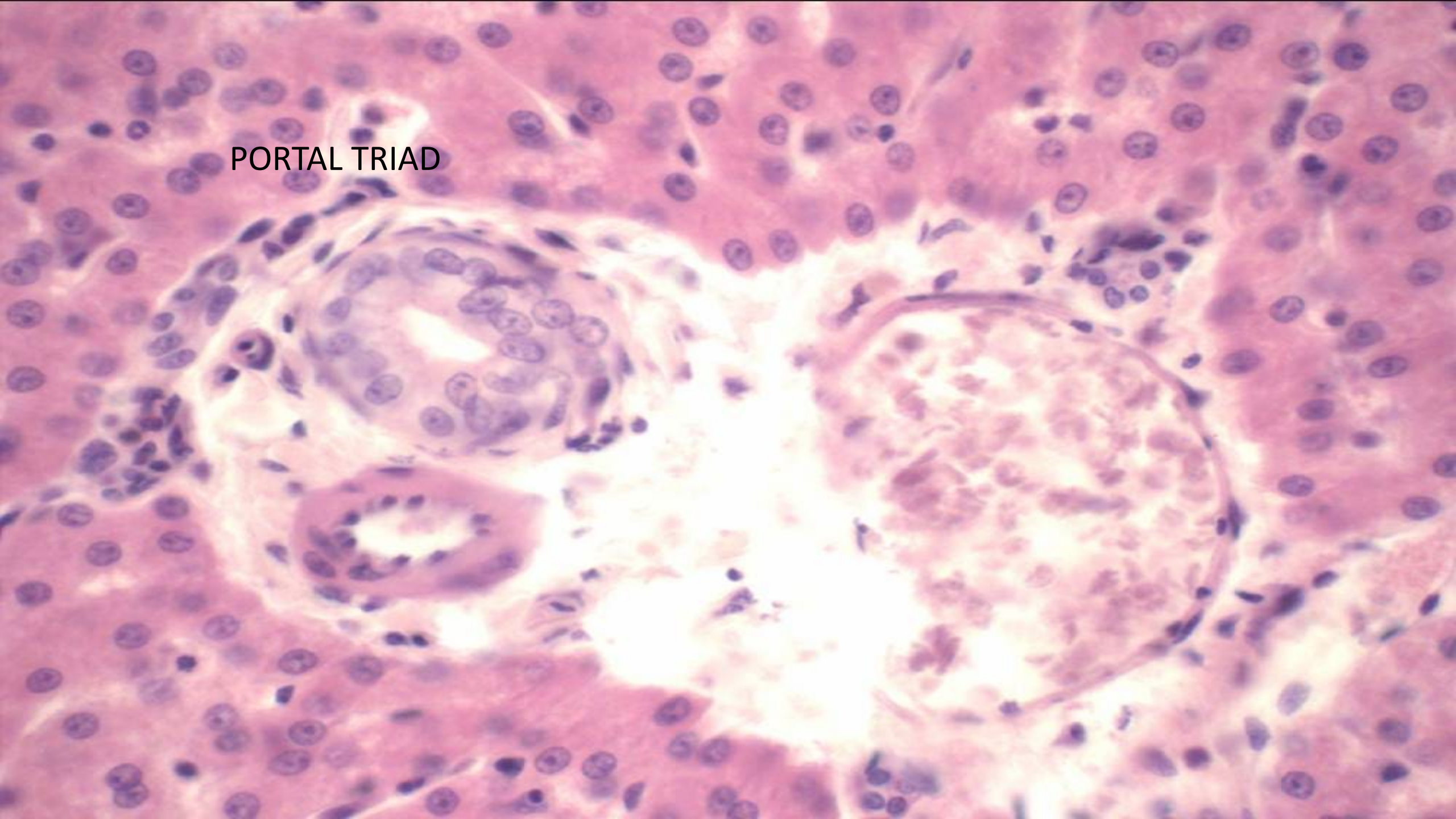






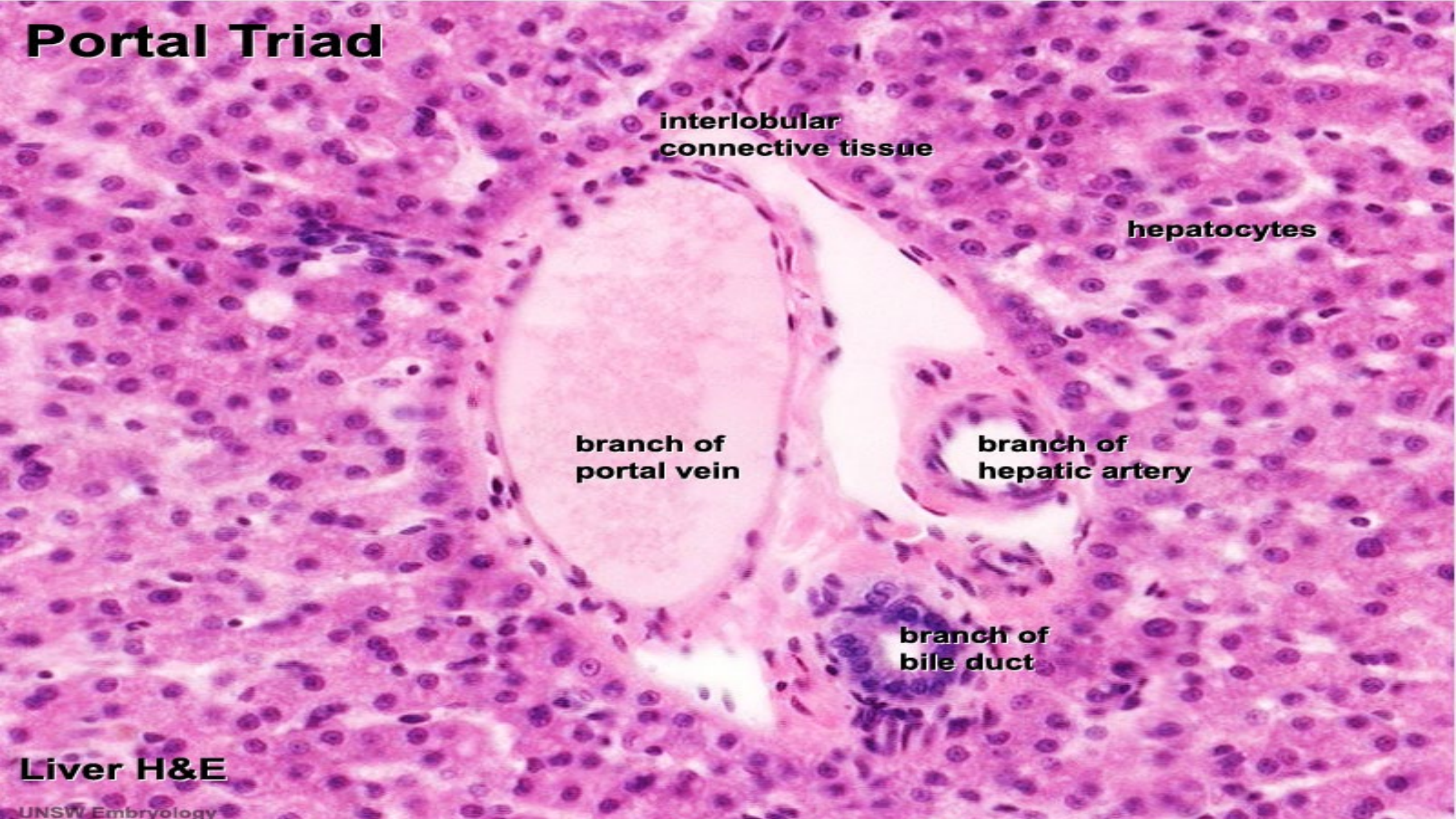


PORTAL TRIAD





# Portal Triad



interlobular  
connective tissue

hepatocytes

branch of  
portal vein

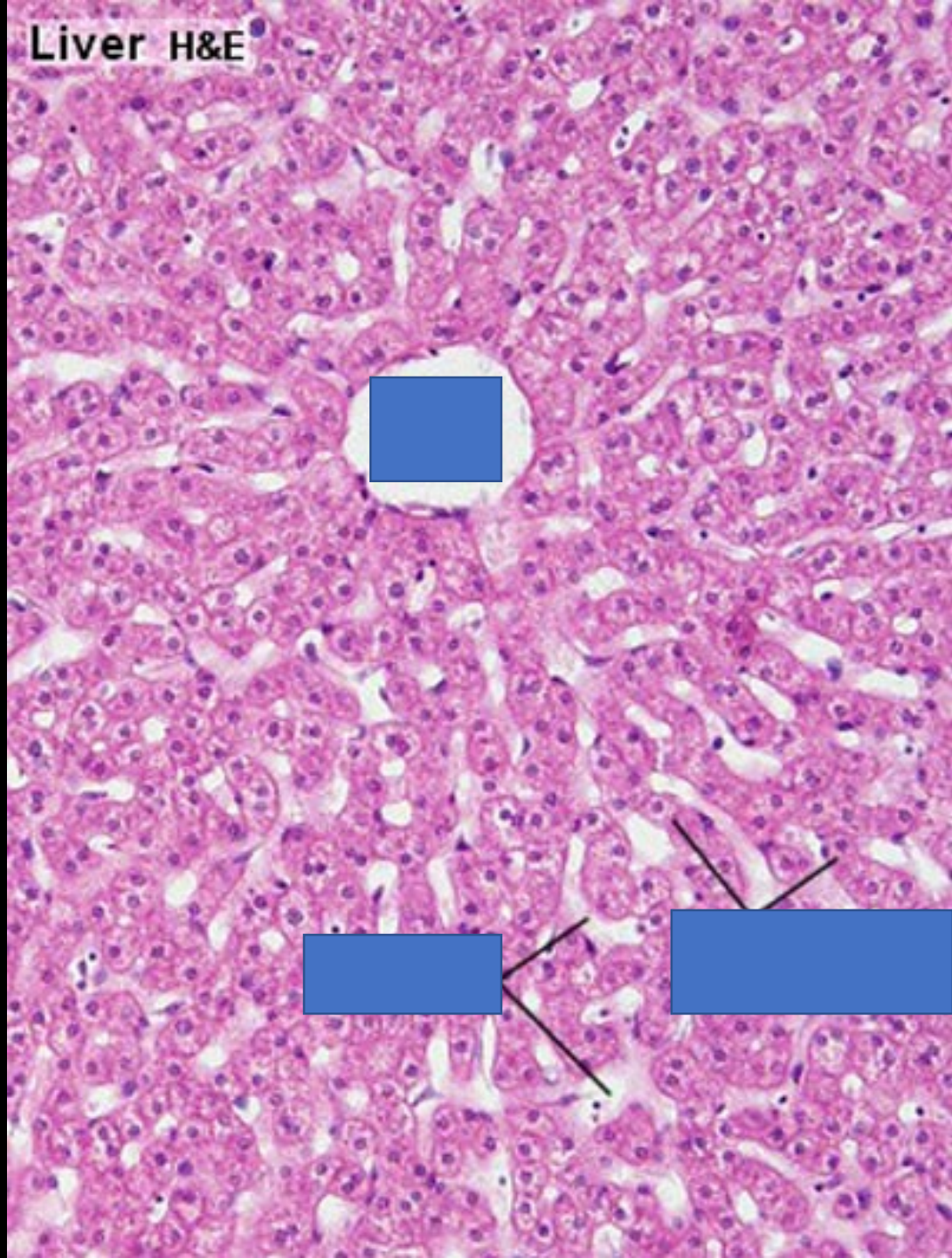
branch of  
hepatic artery

branch of  
bile duct

Liver H&E

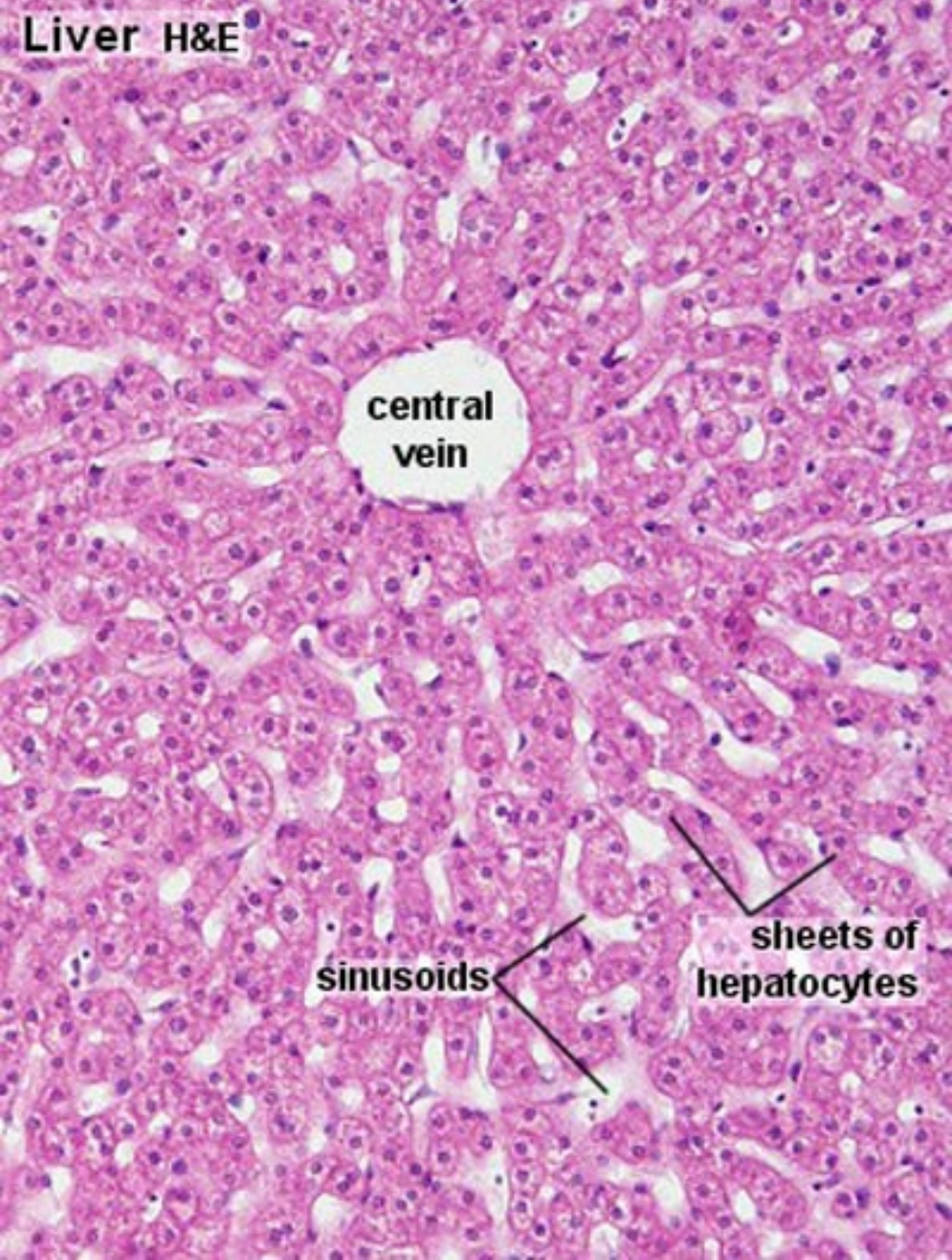


Liver H&E





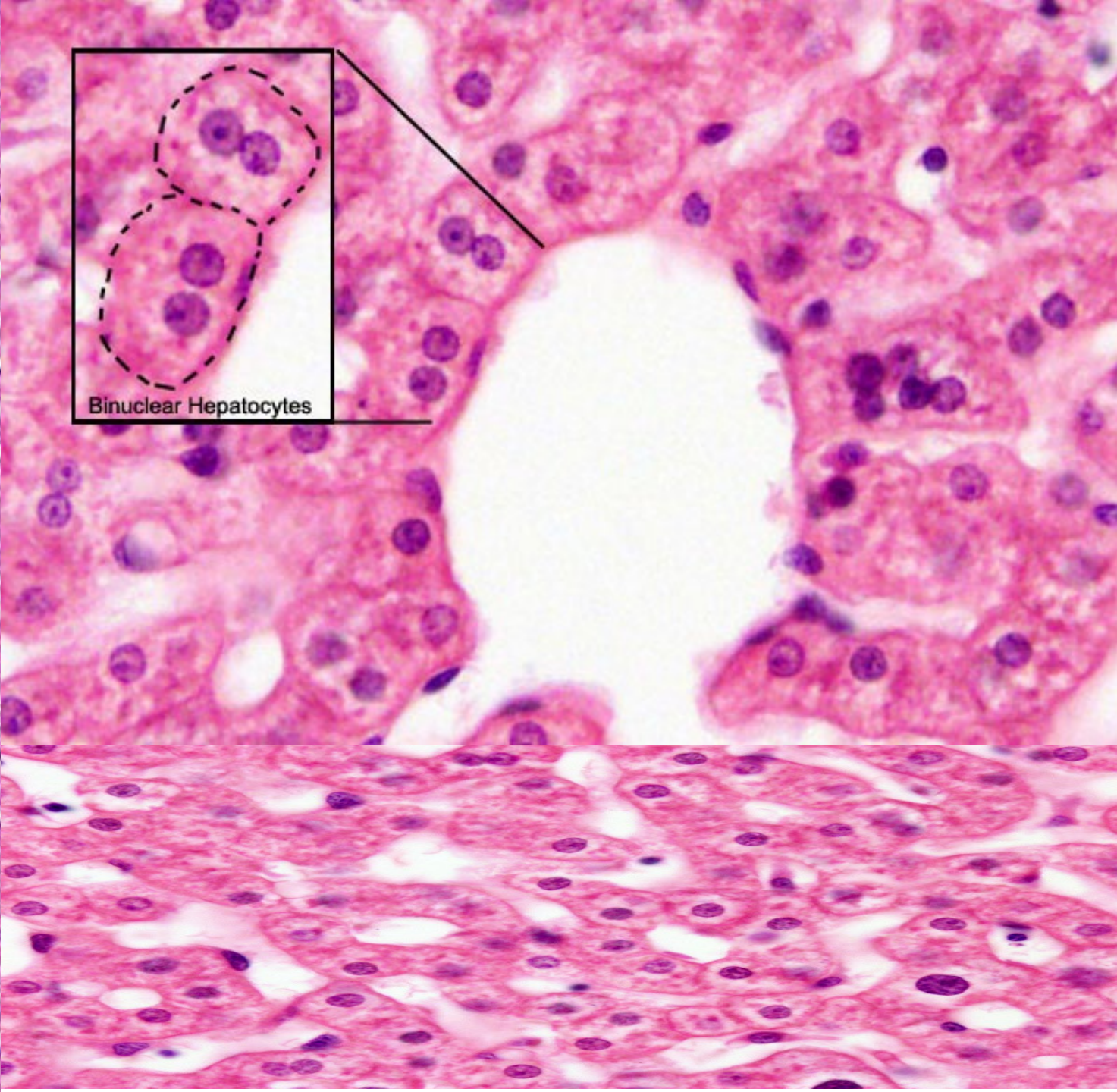
**Liver H&E**



**central vein**

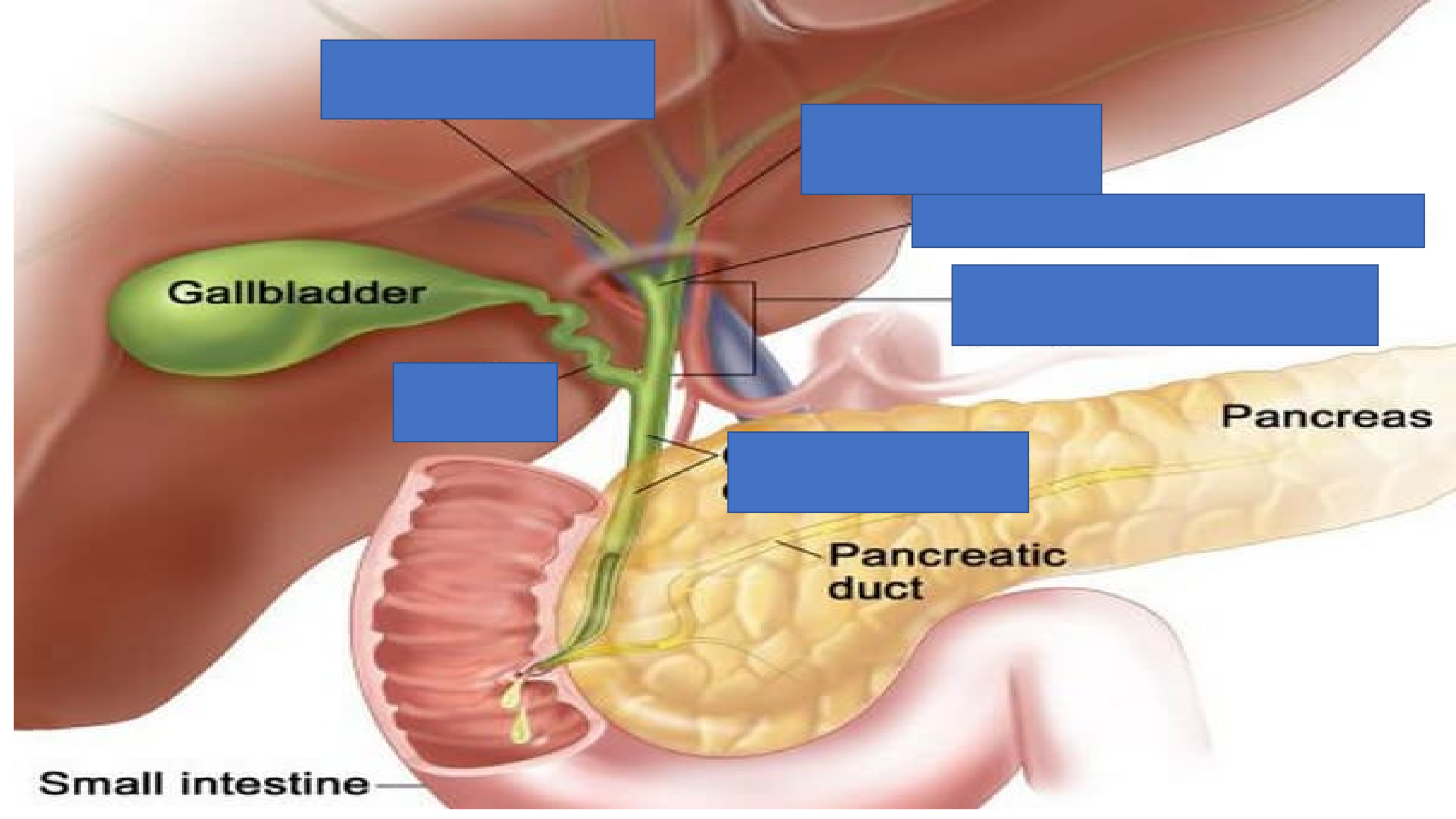
**sinusoids**

**sheets of hepatocytes**



**Binuclear Hepatocytes**



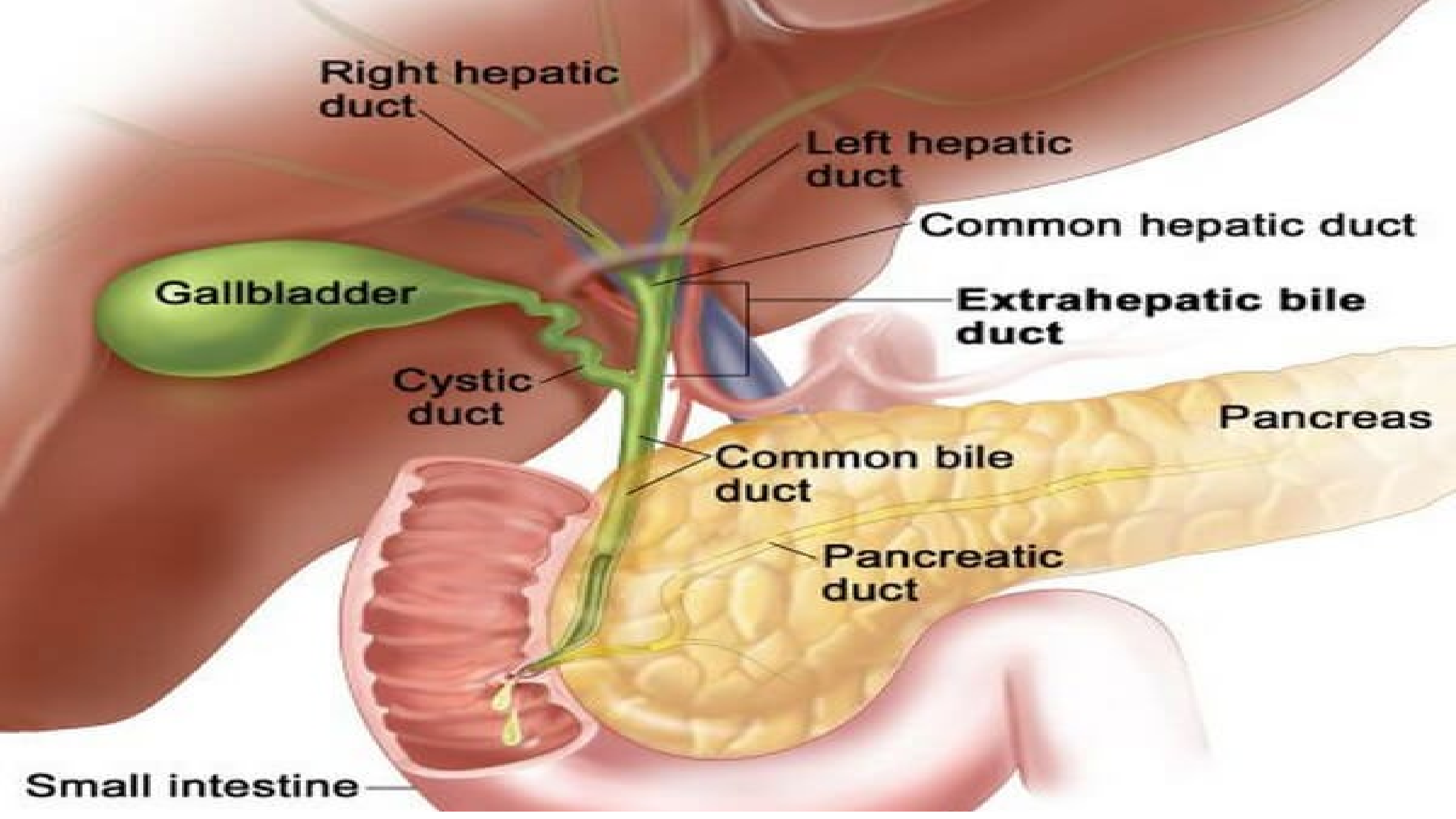


**Gallbladder**

**Pancreas**

**Pancreatic duct**

**Small intestine**



Right hepatic duct

Left hepatic duct

Common hepatic duct

Gallbladder

Extrahepatic bile duct

Cystic duct

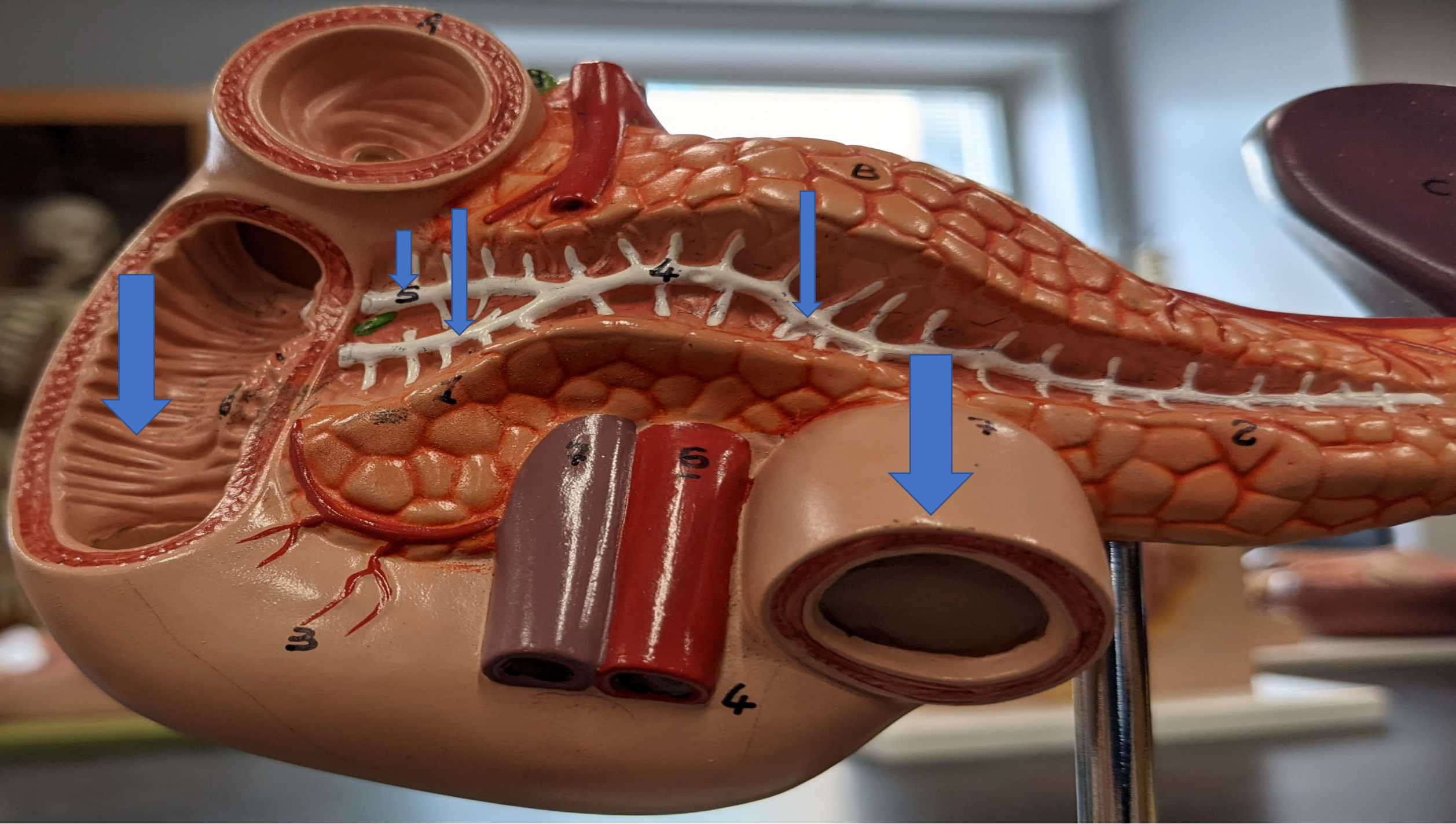
Pancreas

Common bile duct

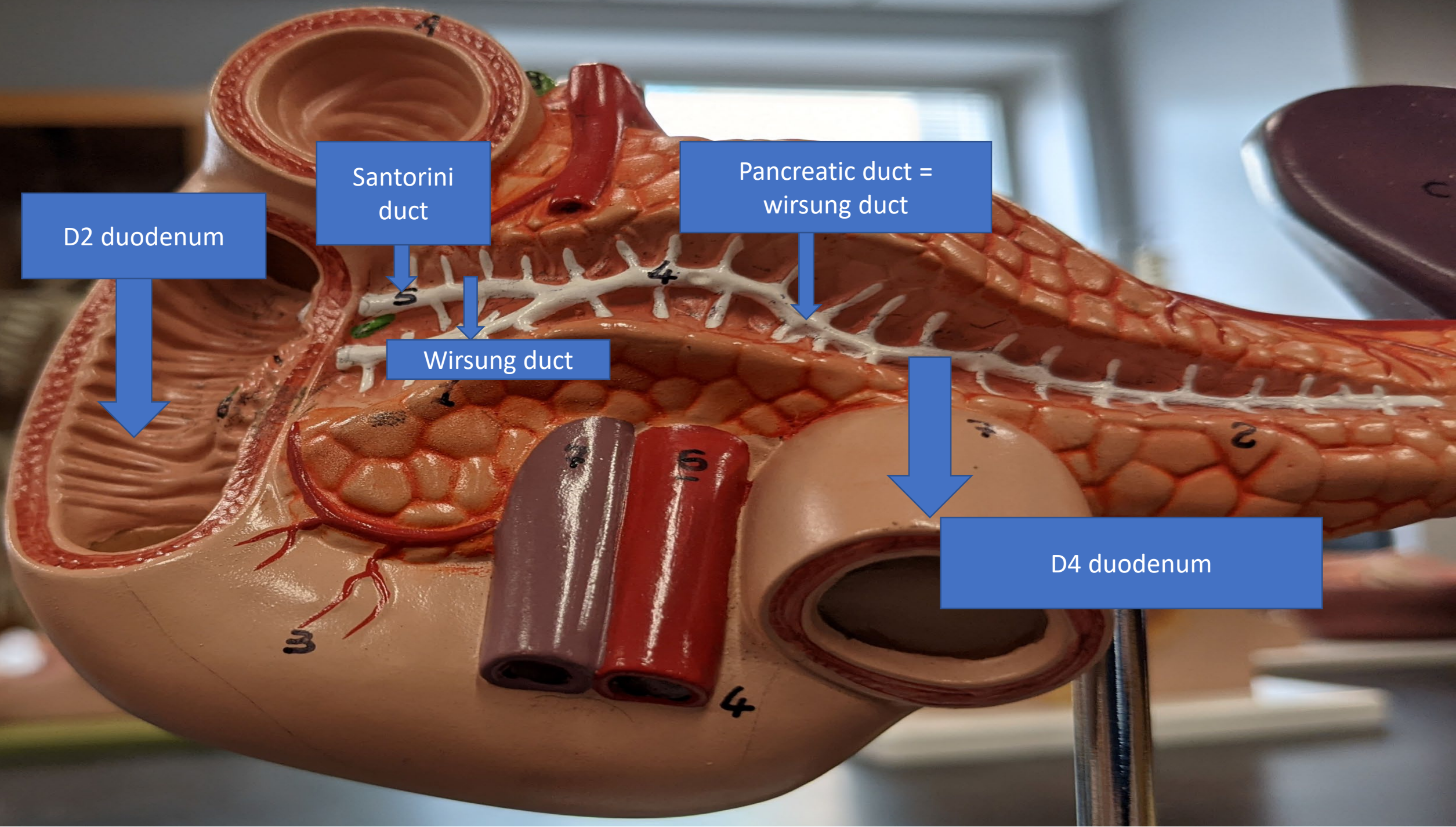
Pancreatic duct

Small intestine









D2 duodenum

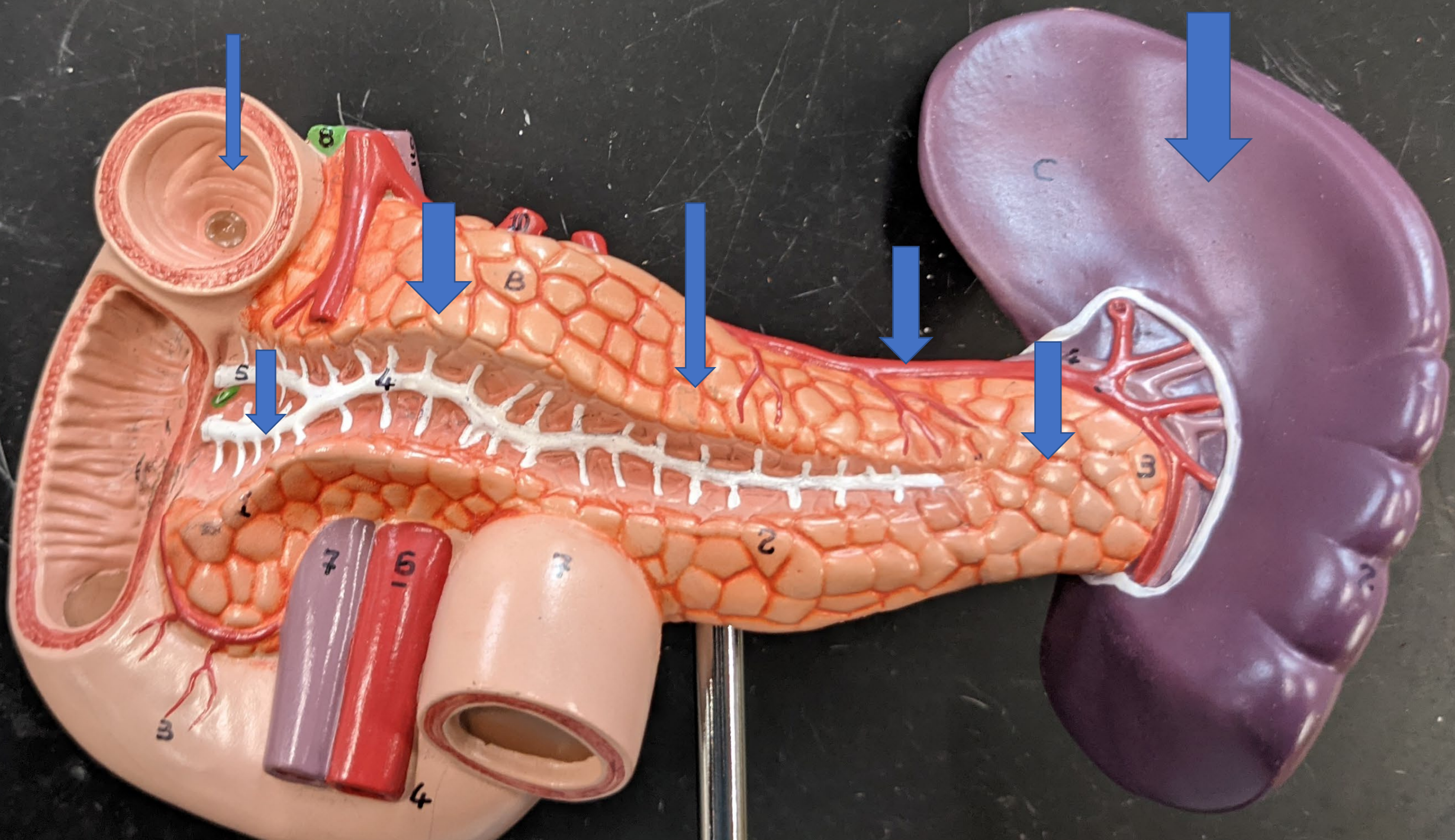
Santorini duct

Pancreatic duct = Wirsung duct

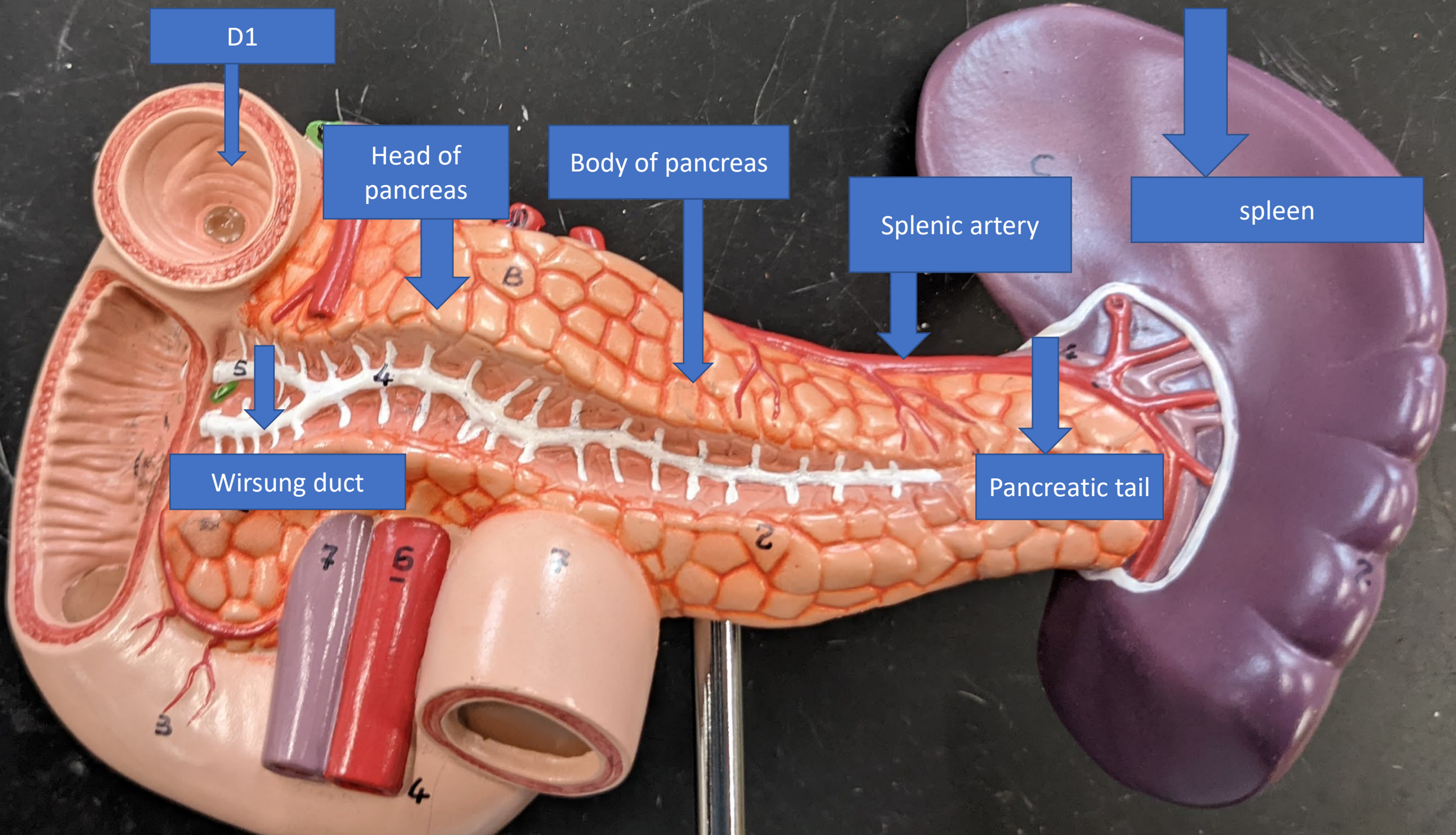
Wirsung duct

D4 duodenum









D1

Head of pancreas

Body of pancreas

Splenic artery

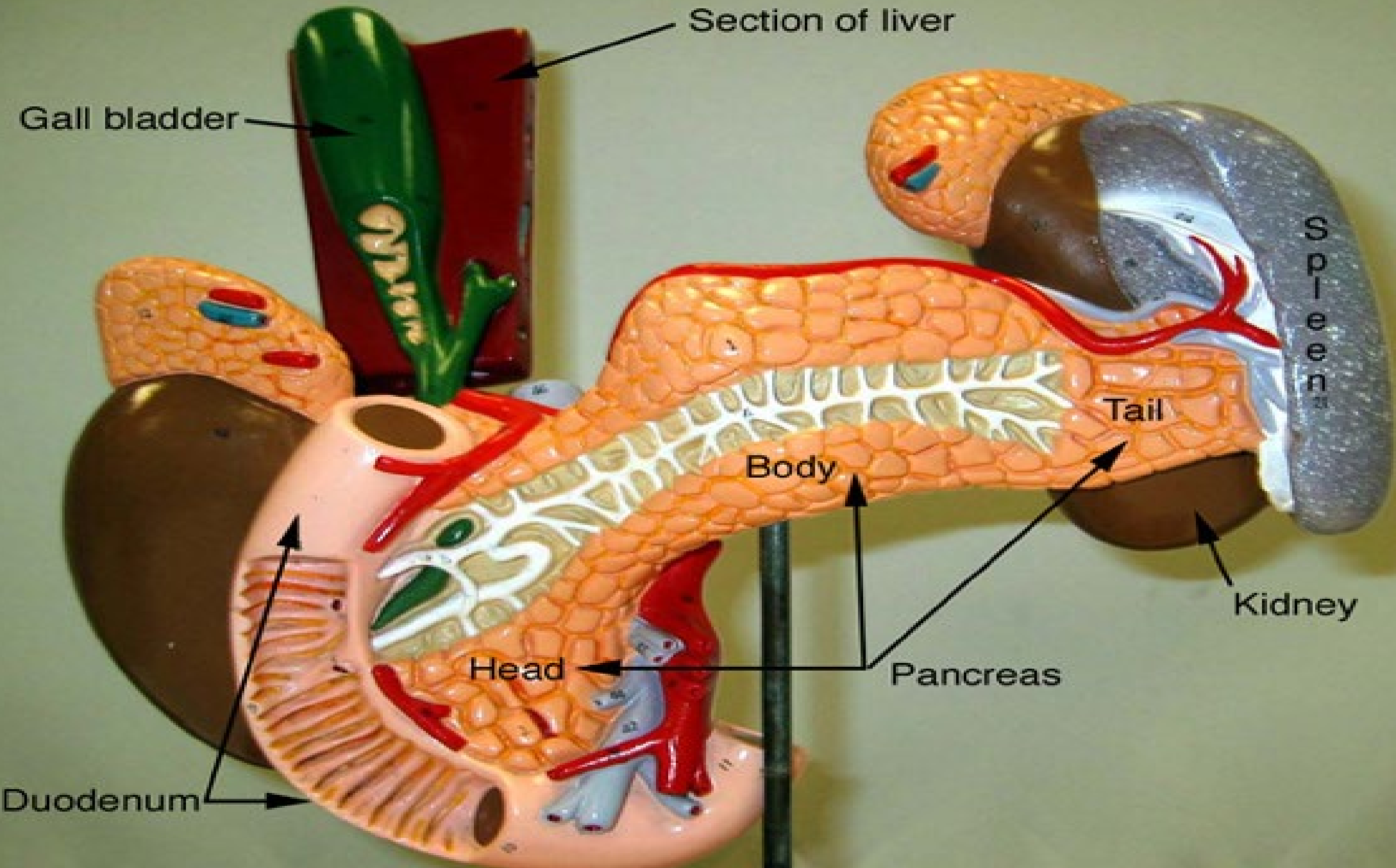
spleen

Wirsung duct

Pancreatic tail







Section of liver

Gall bladder

Spleen

Tail

Body

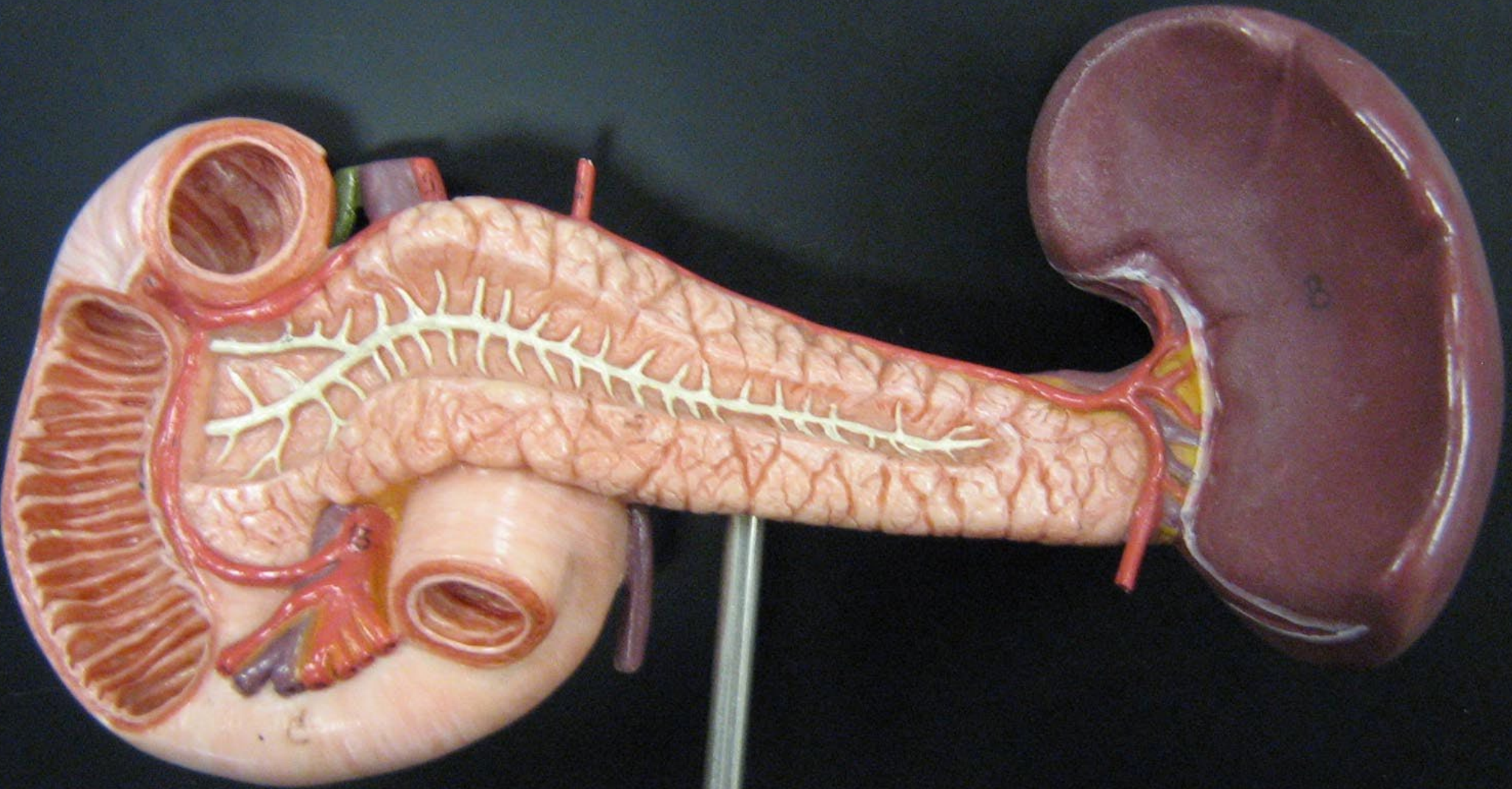
Kidney

Head

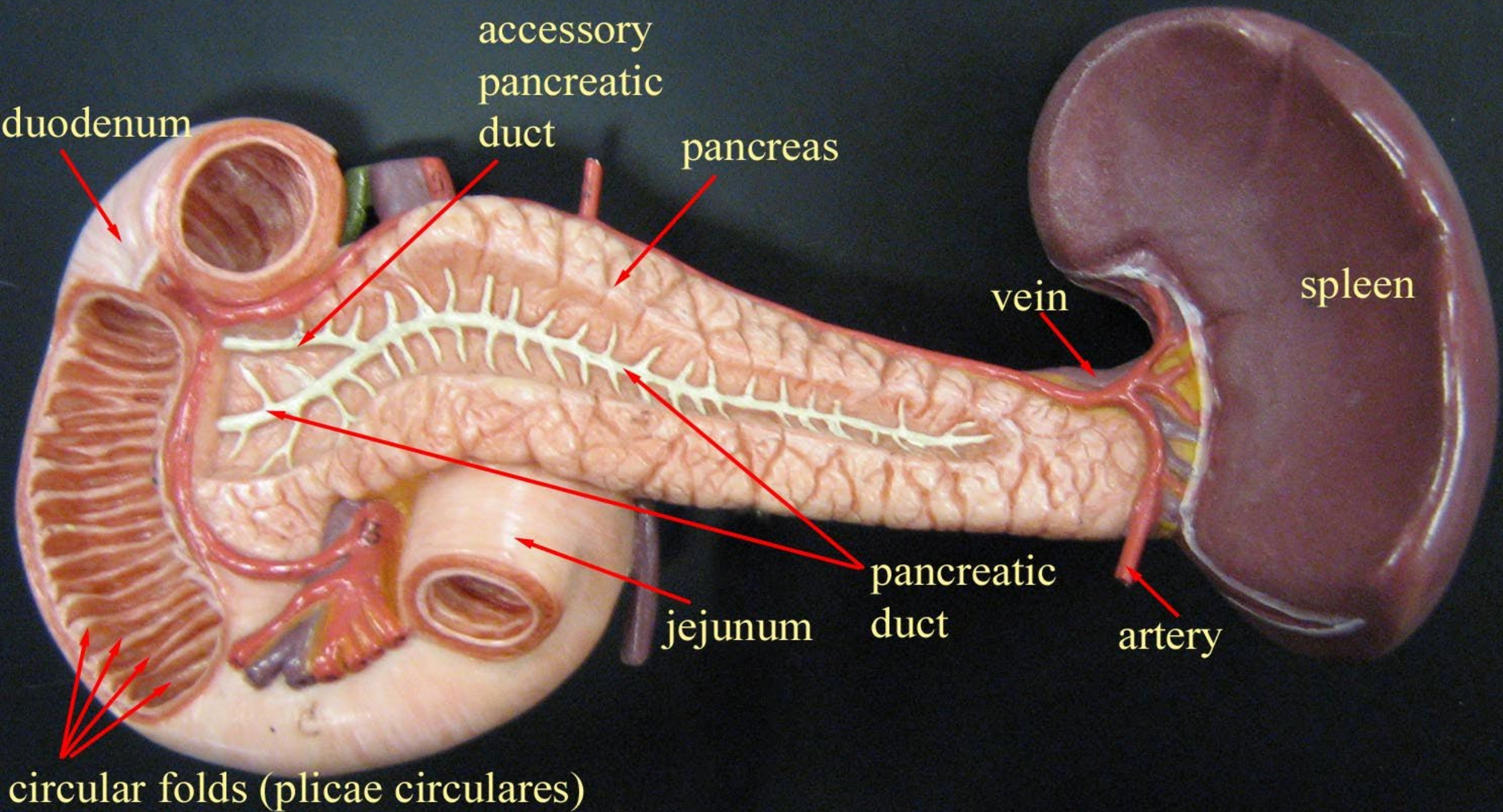
Pancreas

Duodenum

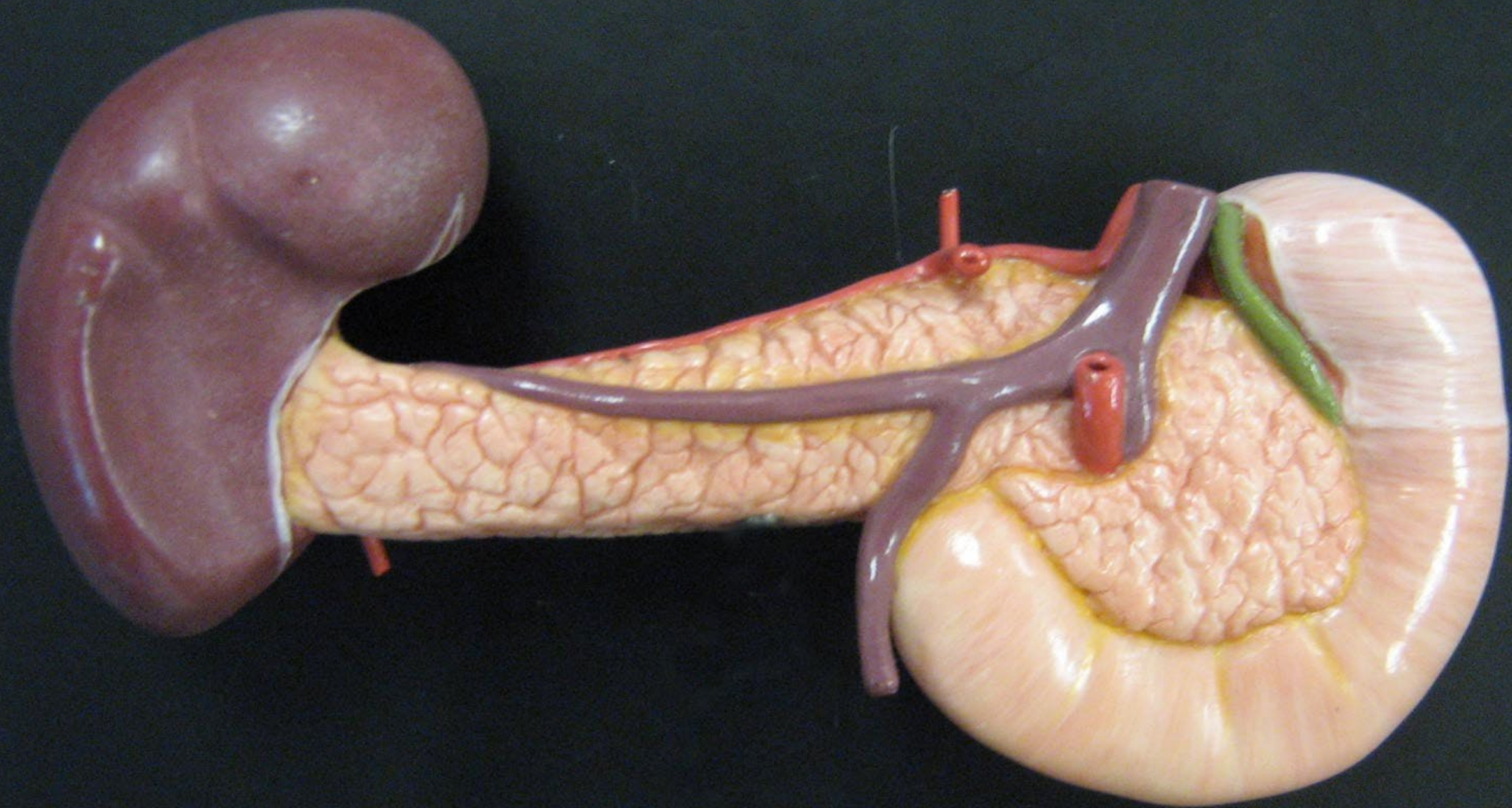




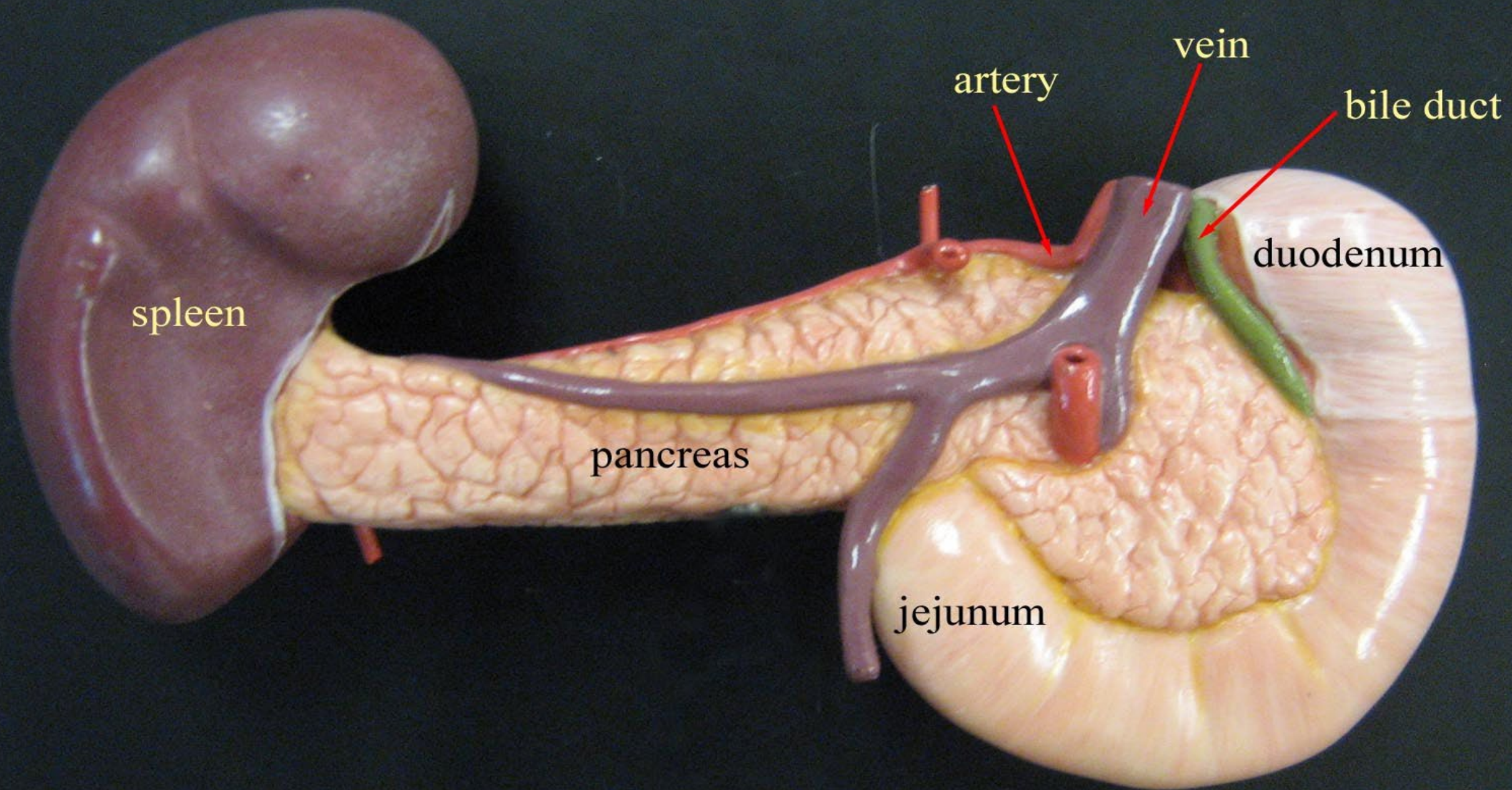


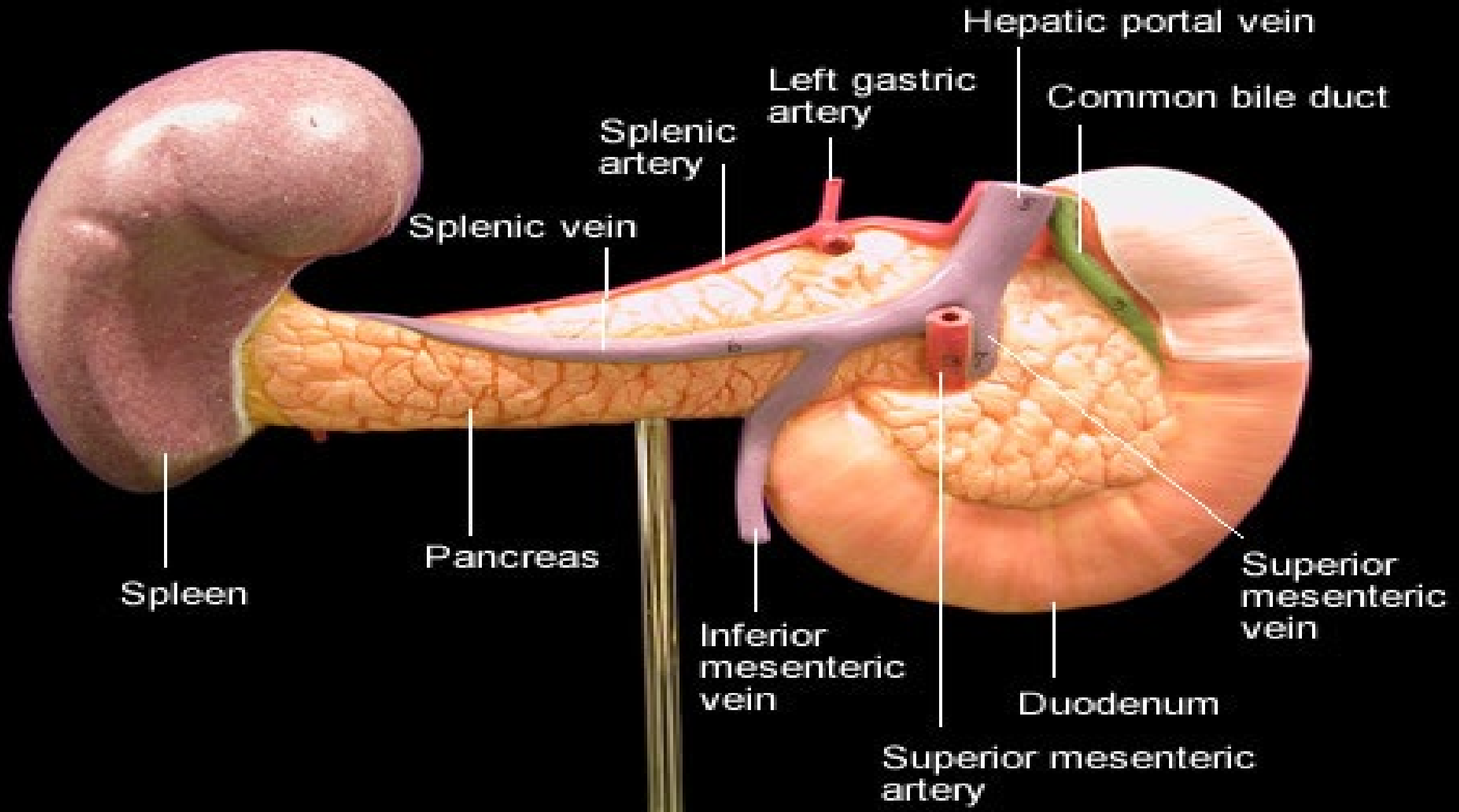




















Gall bladder

Cystic duct

Hepatic duct

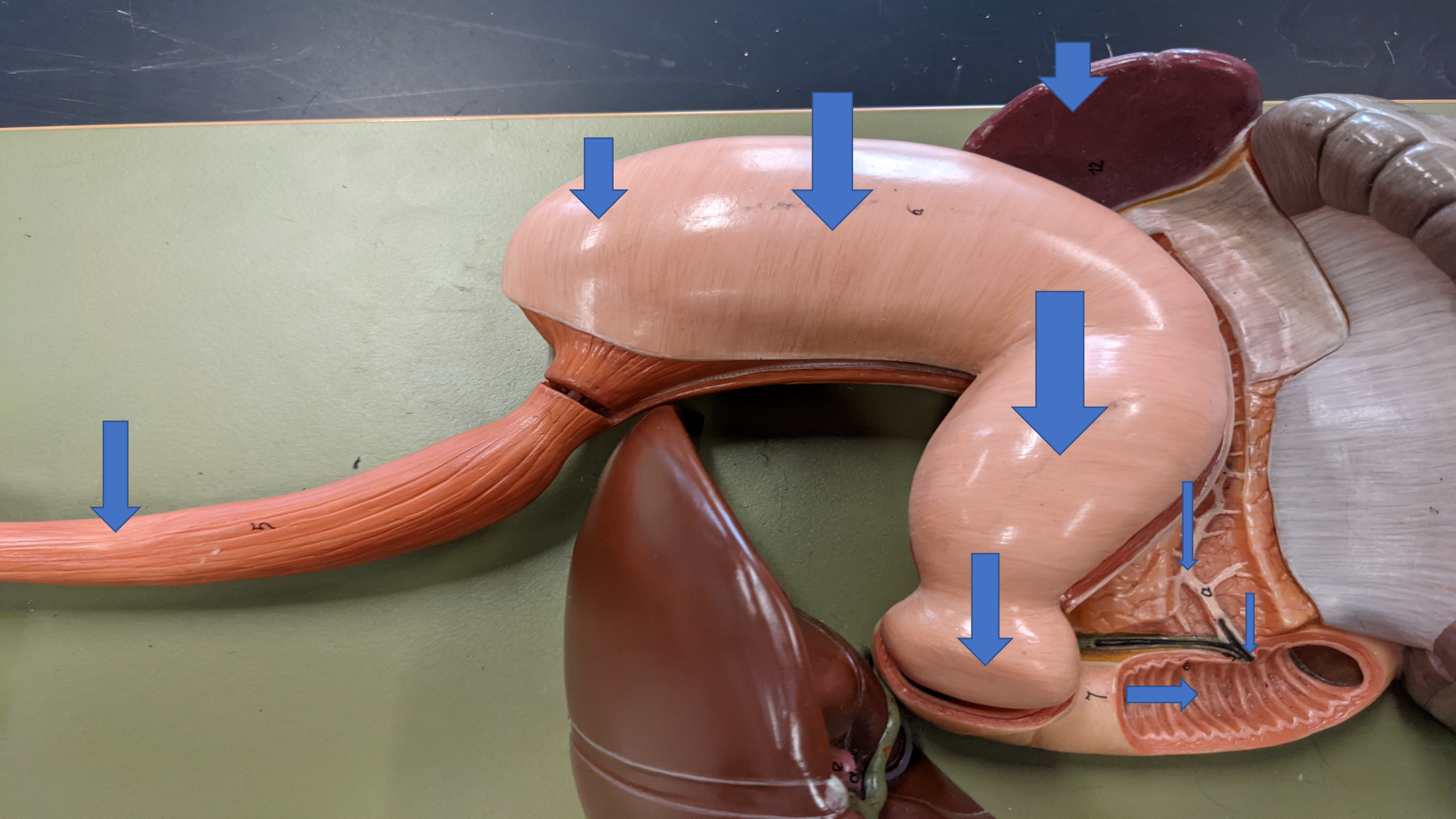
Accessory pancreatic duct

Common bile duct

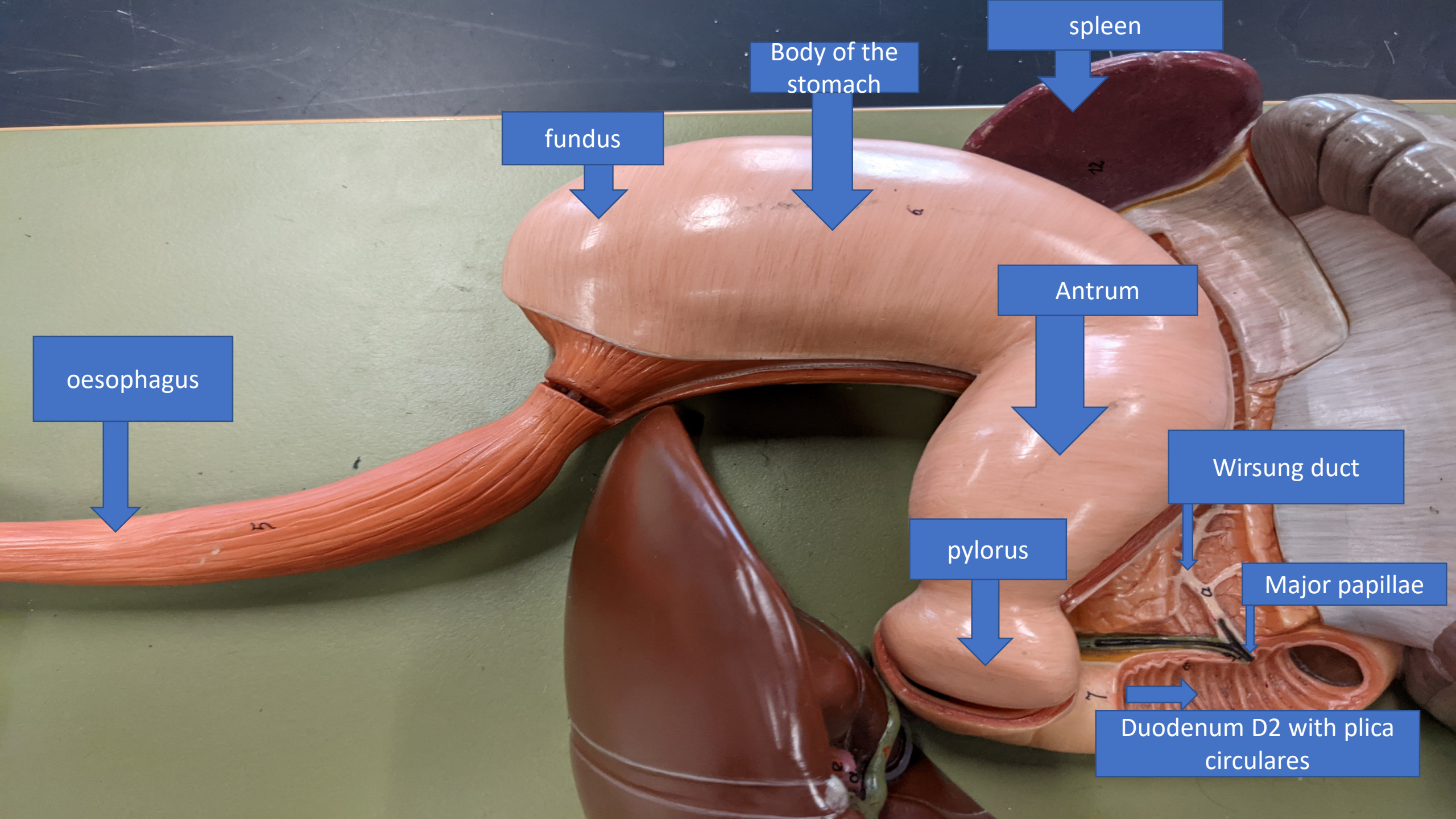
Pancreatic duct

Plicae circulares









spleen

Body of the stomach

fundus

Antrum

oesophagus

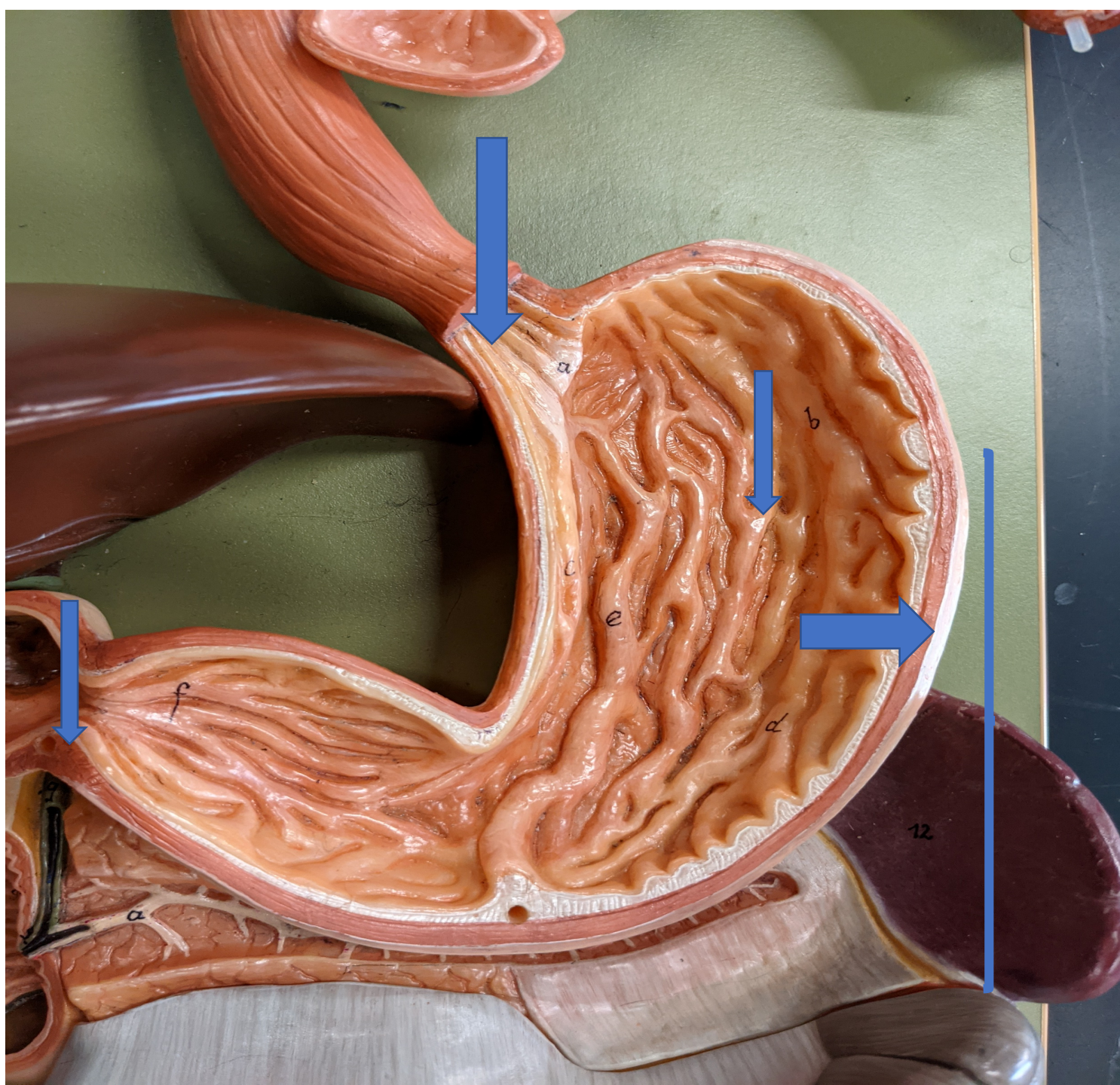
Wirsung duct

pylorus

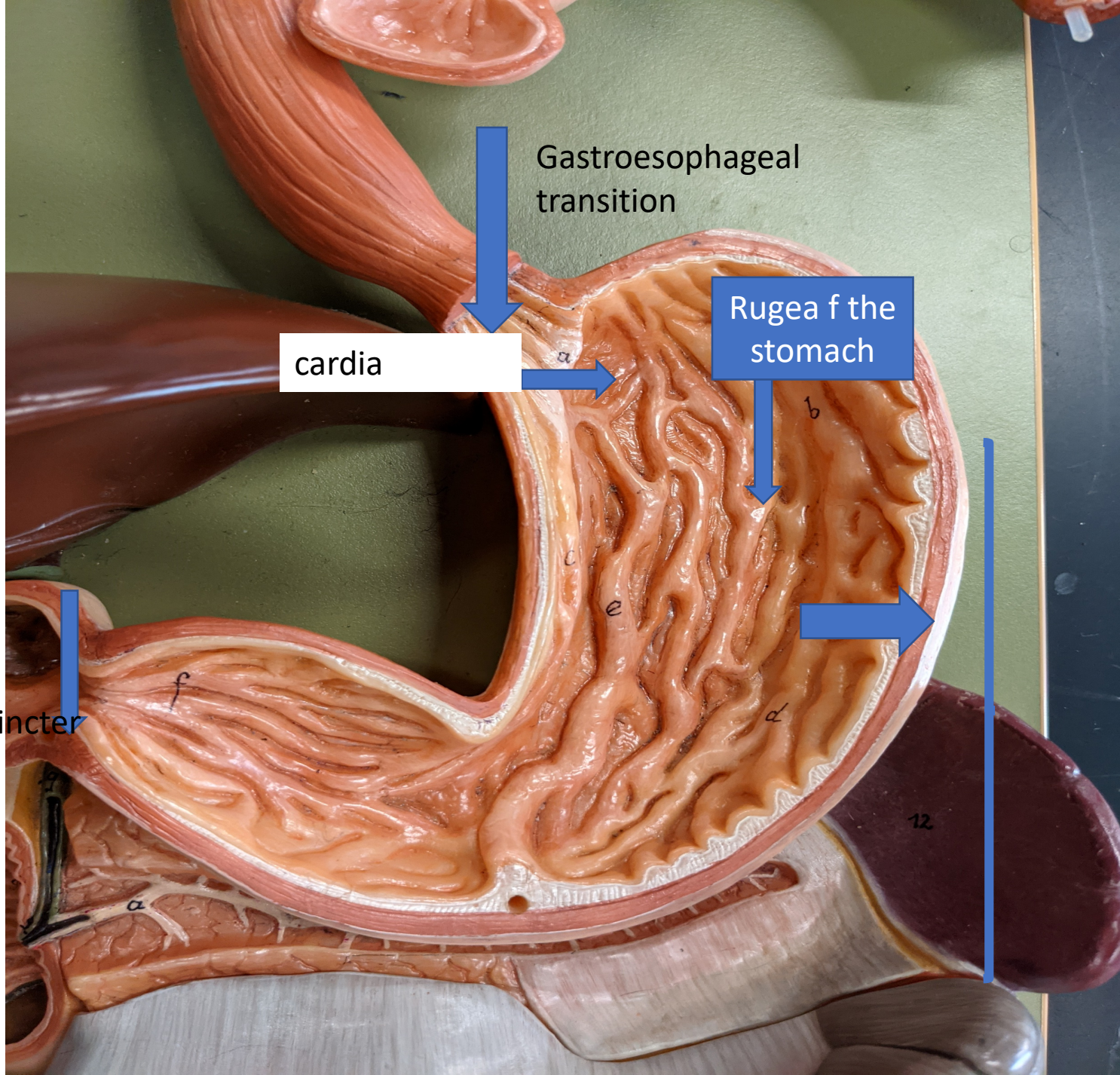
Major papillae

Duodenum D2 with plica circulares









Gastroesophageal transition

cardia

Rugea f the stomach

Pylorus sphincter

Great curb of stomach

a

b

c

e

d

f

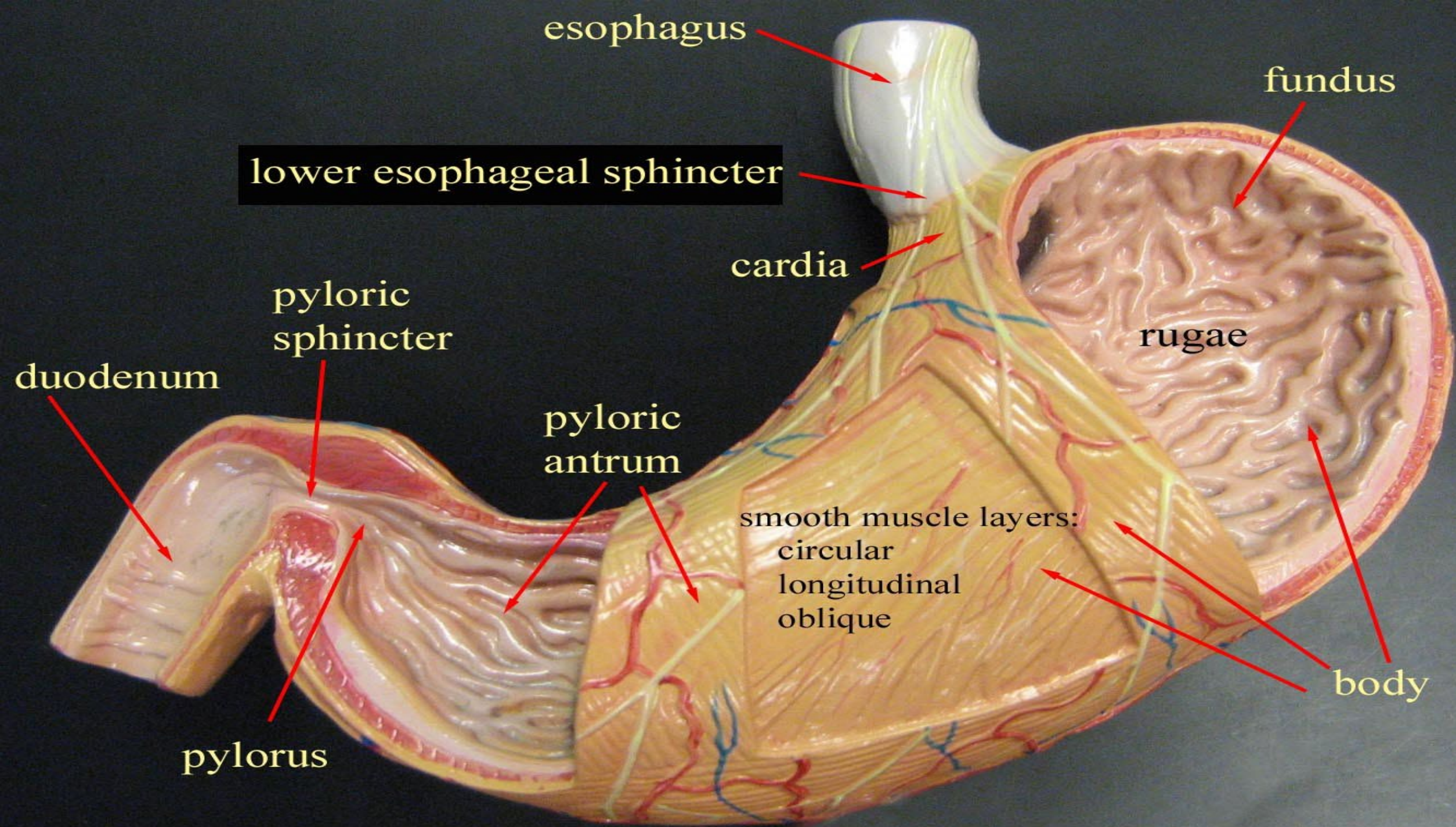
12

a









esophagus

fundus

lower esophageal sphincter

cardia

rugae

pyloric  
sphincter

duodenum

pyloric  
antrum

smooth muscle layers:  
circular  
longitudinal  
oblique

body

pylorus



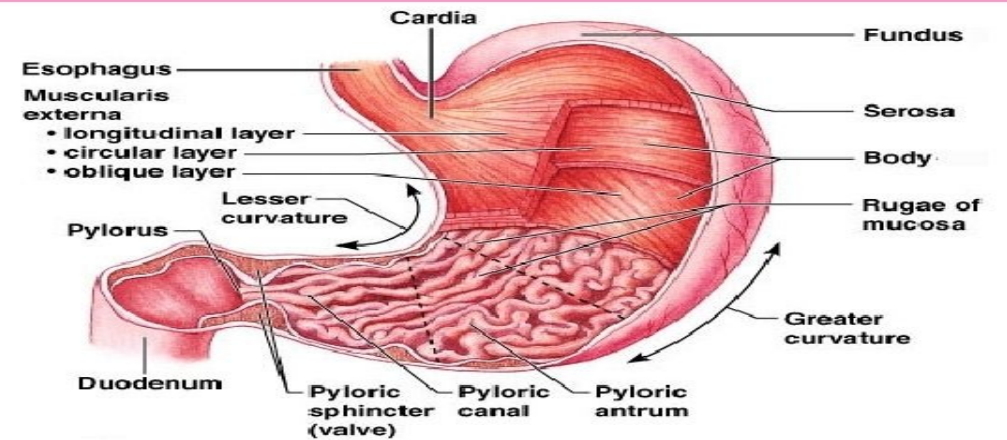




Stomach rugae

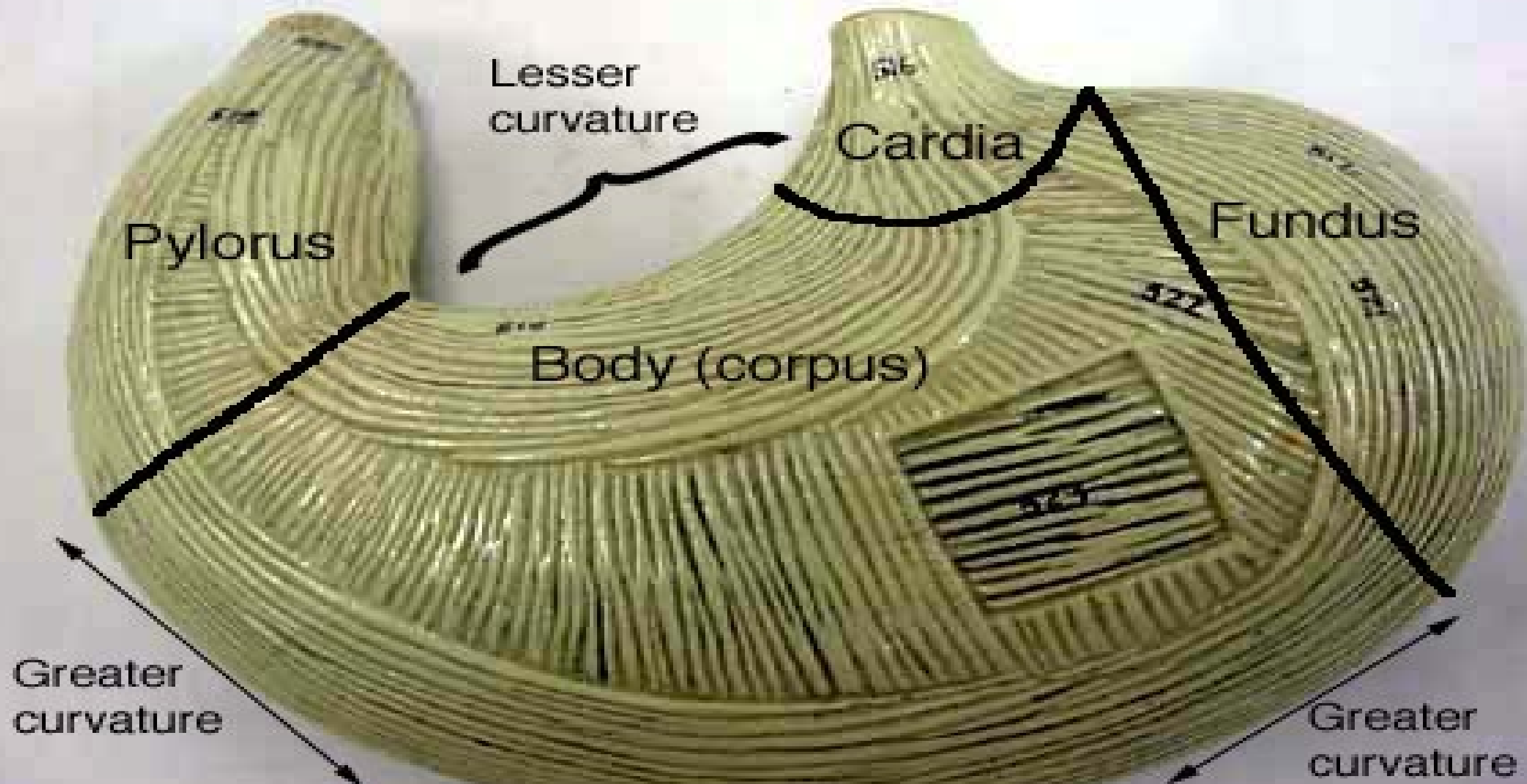


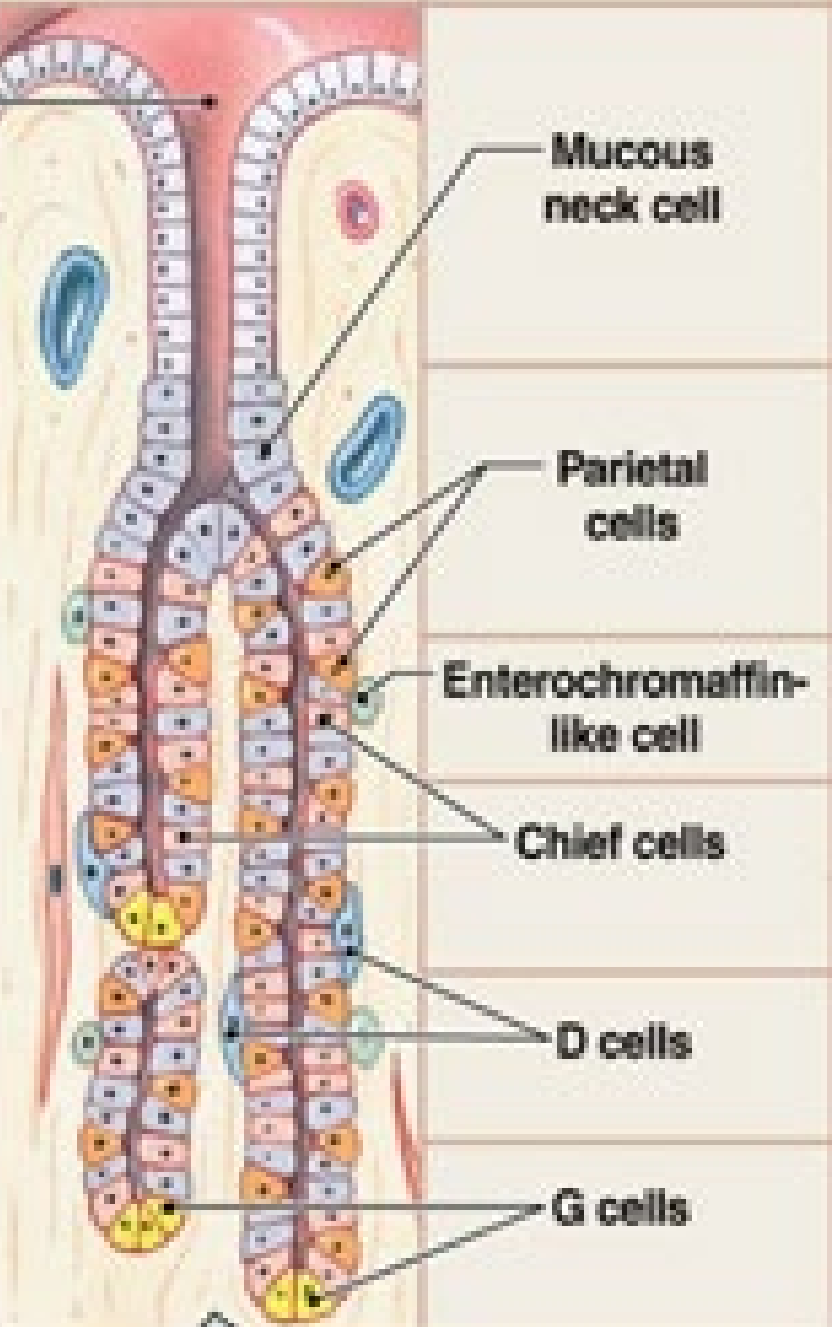
## Stomach Rugae



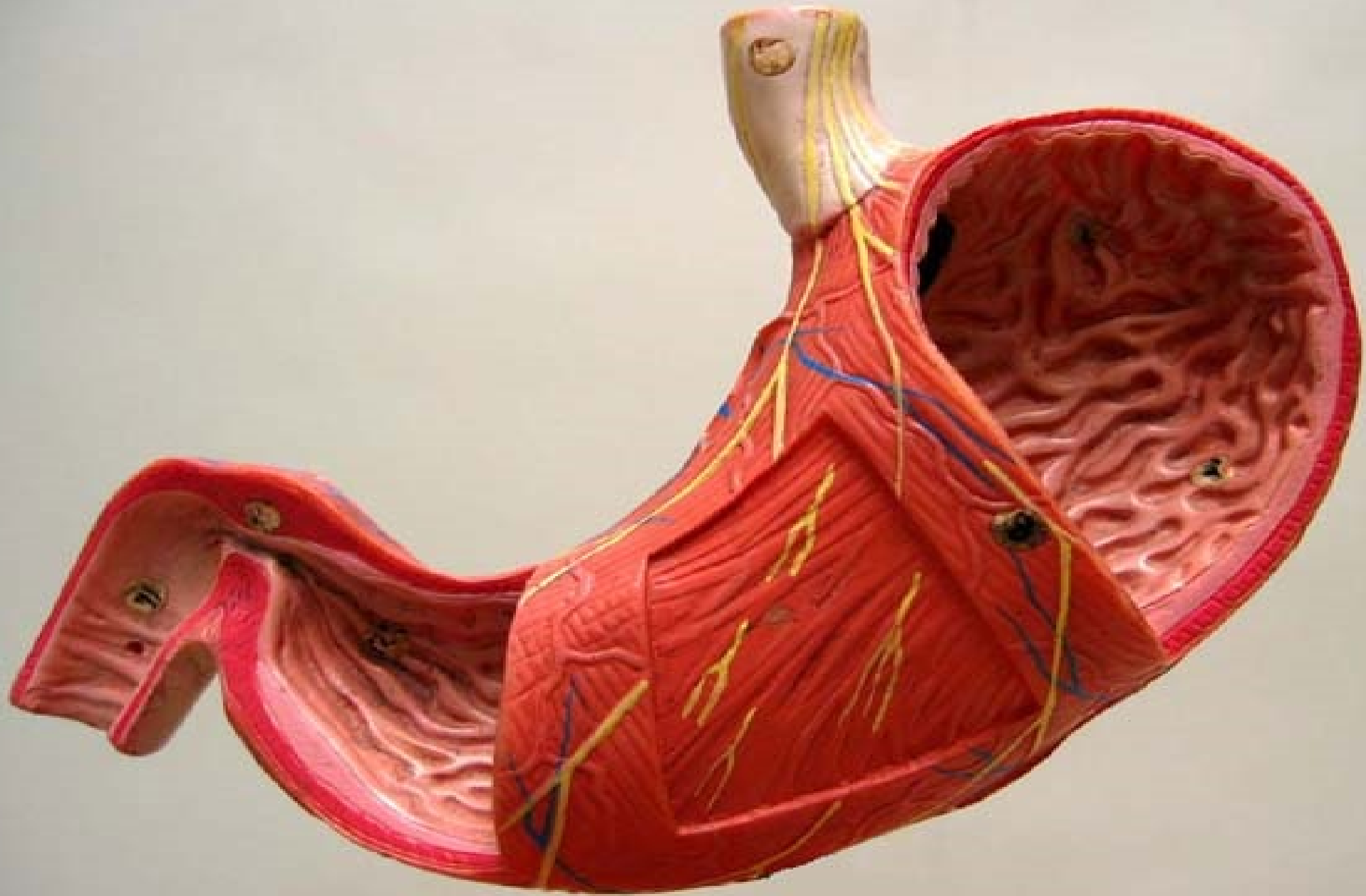


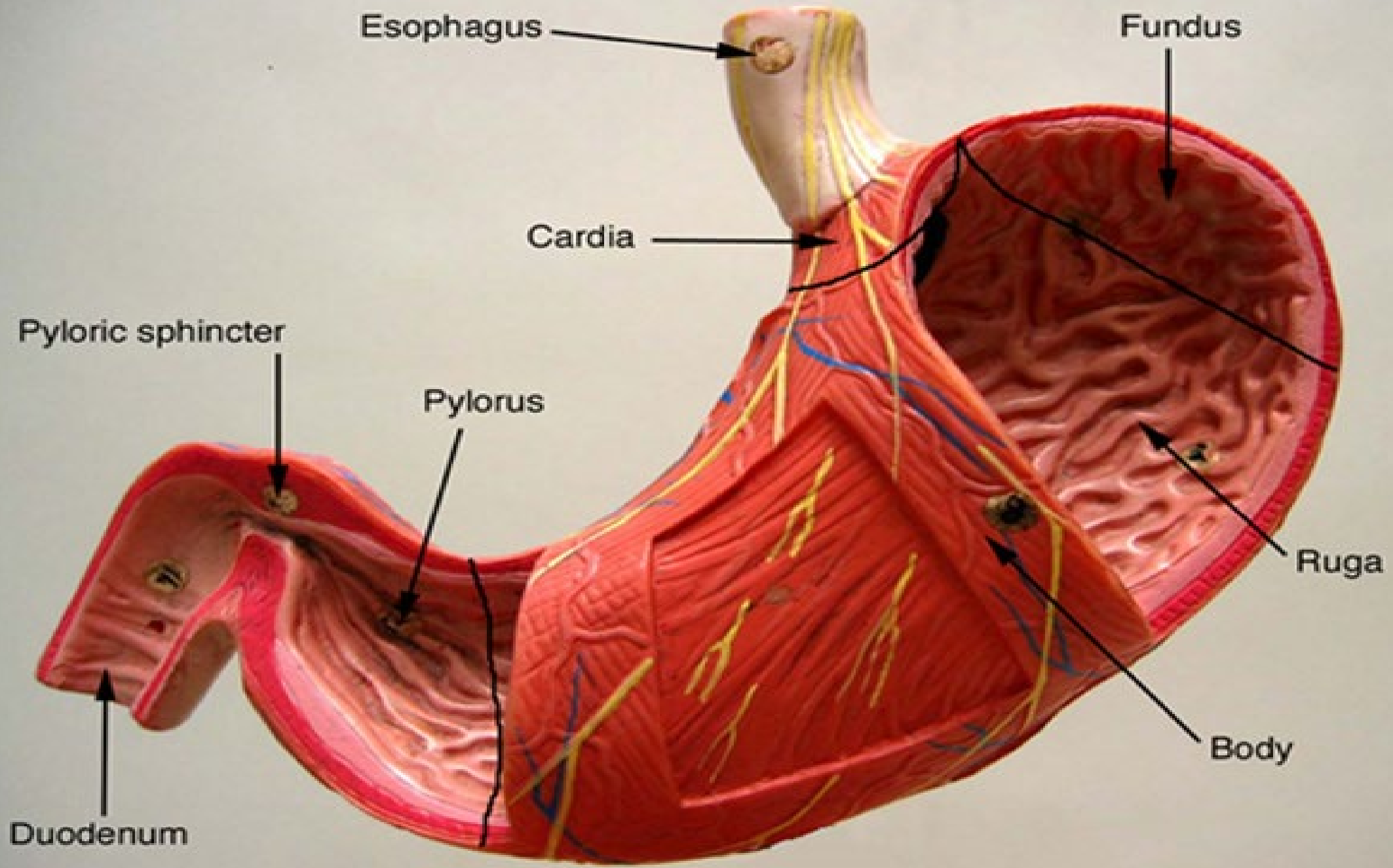




GASTRIC MUCOSA	CELL TYPES	SUBSTANCE SECRETED	STIMULUS FOR RELEASE	FUNCTION OF SECRETION
	Mucous neck cell	Mucus	Tonic secretion; with irritation of mucosa	Physical barrier between lumen and epithelium
		Bicarbonate	Secreted with mucus	Buffers gastric acid to prevent damage to epithelium
	Parietal cells	Gastric acid (HCl)	Acetylcholine, gastrin, histamine	Activates pepsin; kills bacteria
		Intrinsic factor		Complexes with vitamin B <sub>12</sub> to permit absorption
	Enterochromaffin-like cell	Histamine	Acetylcholine, gastrin	Stimulates gastric acid secretion
	Chief cells	Pepsin(ogen)	Acetylcholine, acid secretion	Digests proteins
		Gastric lipase		Digests fats
	D cells	Somatostatin	Acid in the stomach	Inhibits gastric acid secretion
	G cells	Gastrin	Acetylcholine, peptides, and amino acids	Stimulates gastric acid secretion







Esophagus

Fundus

Cardia

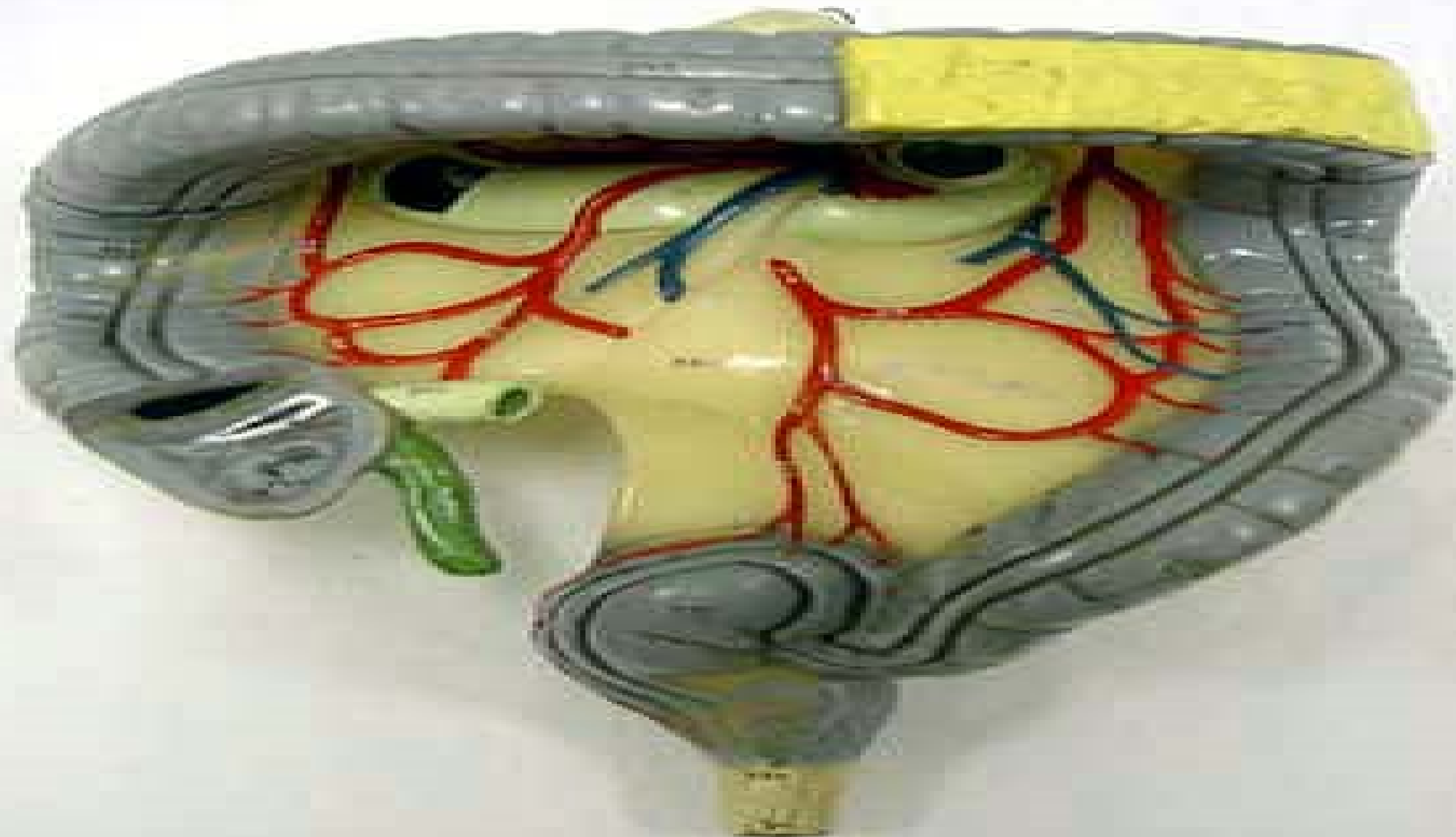
Pyloric sphincter

Pylorus

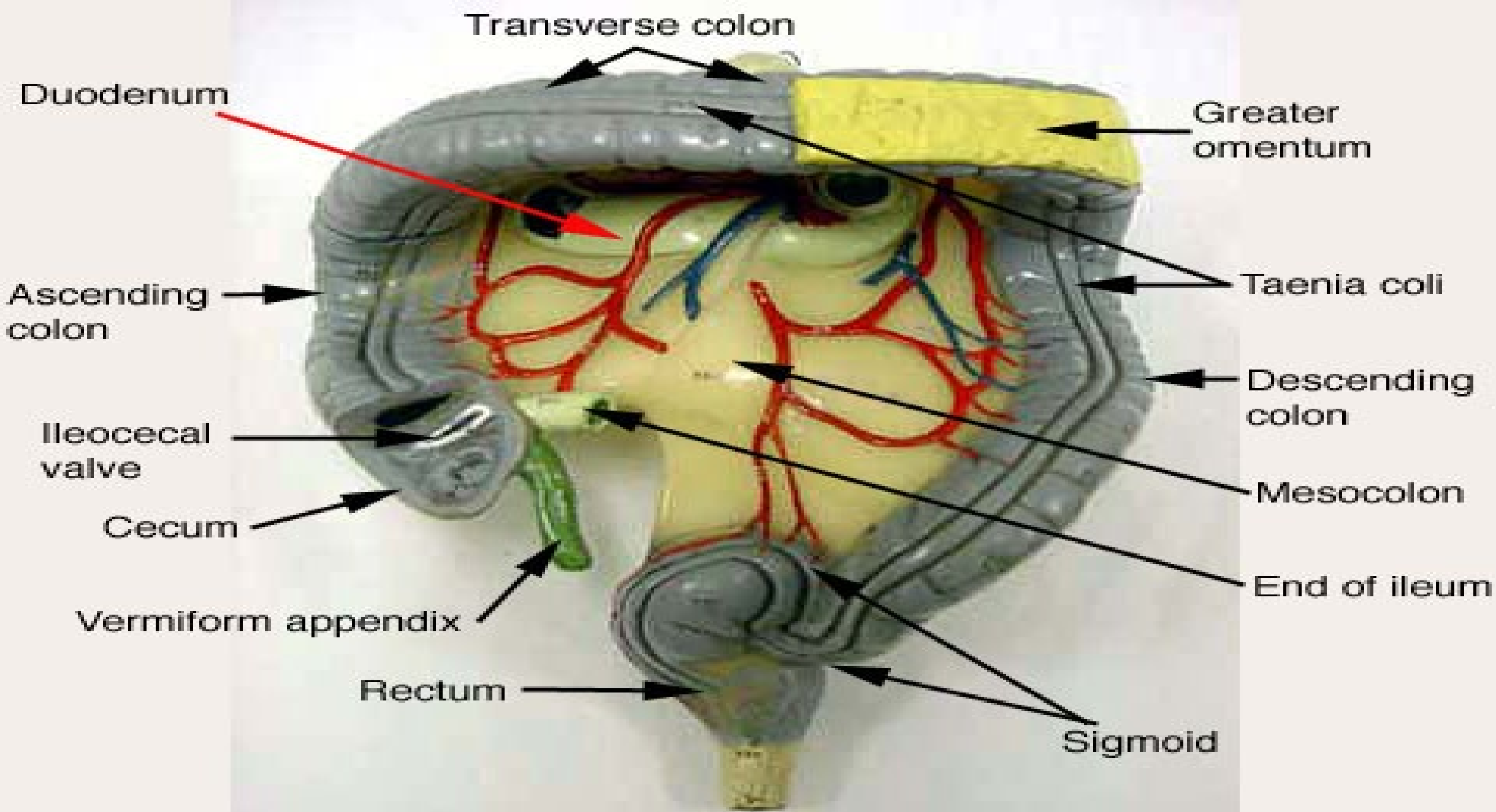
Ruga

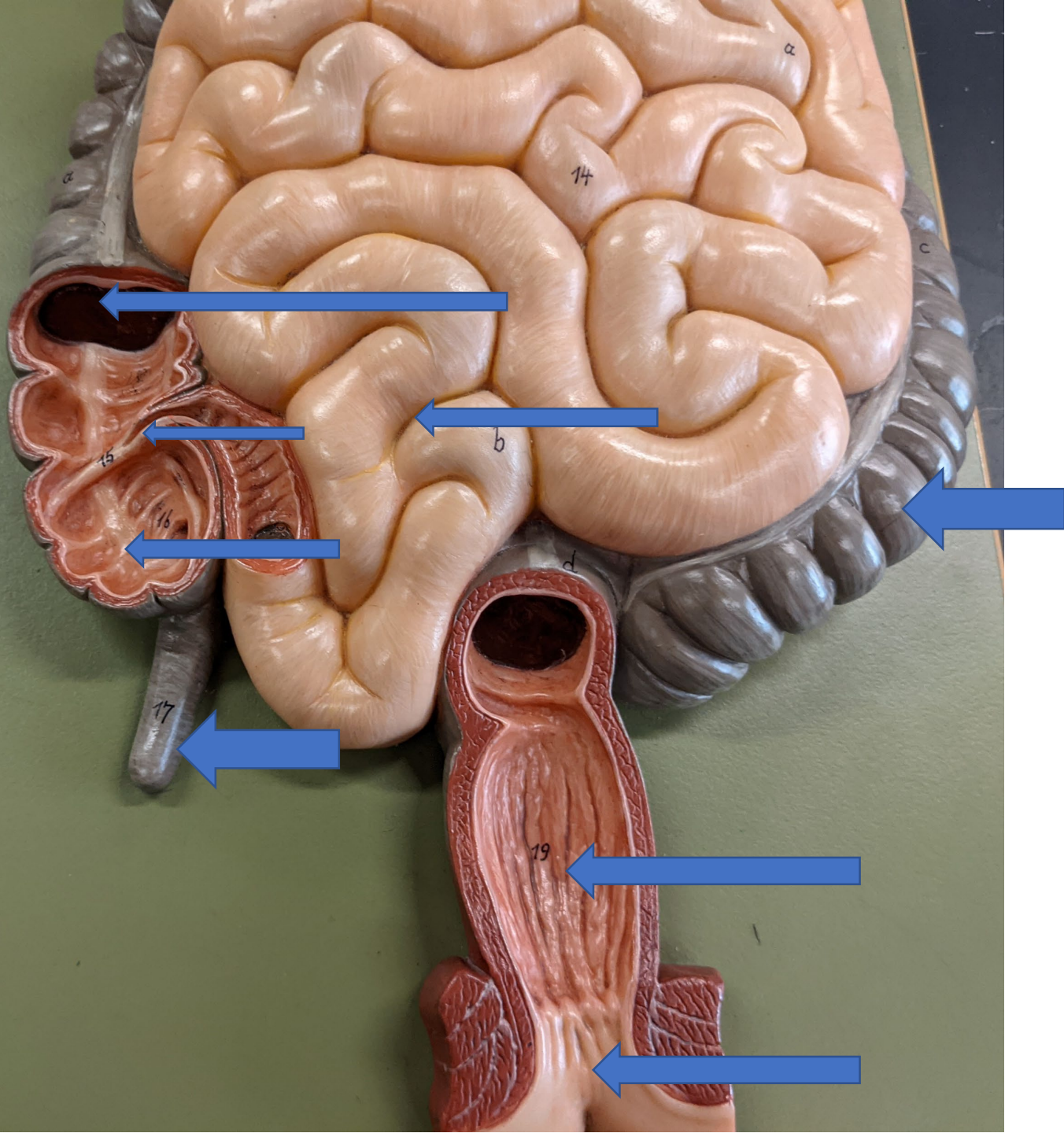
Body

Duodenum

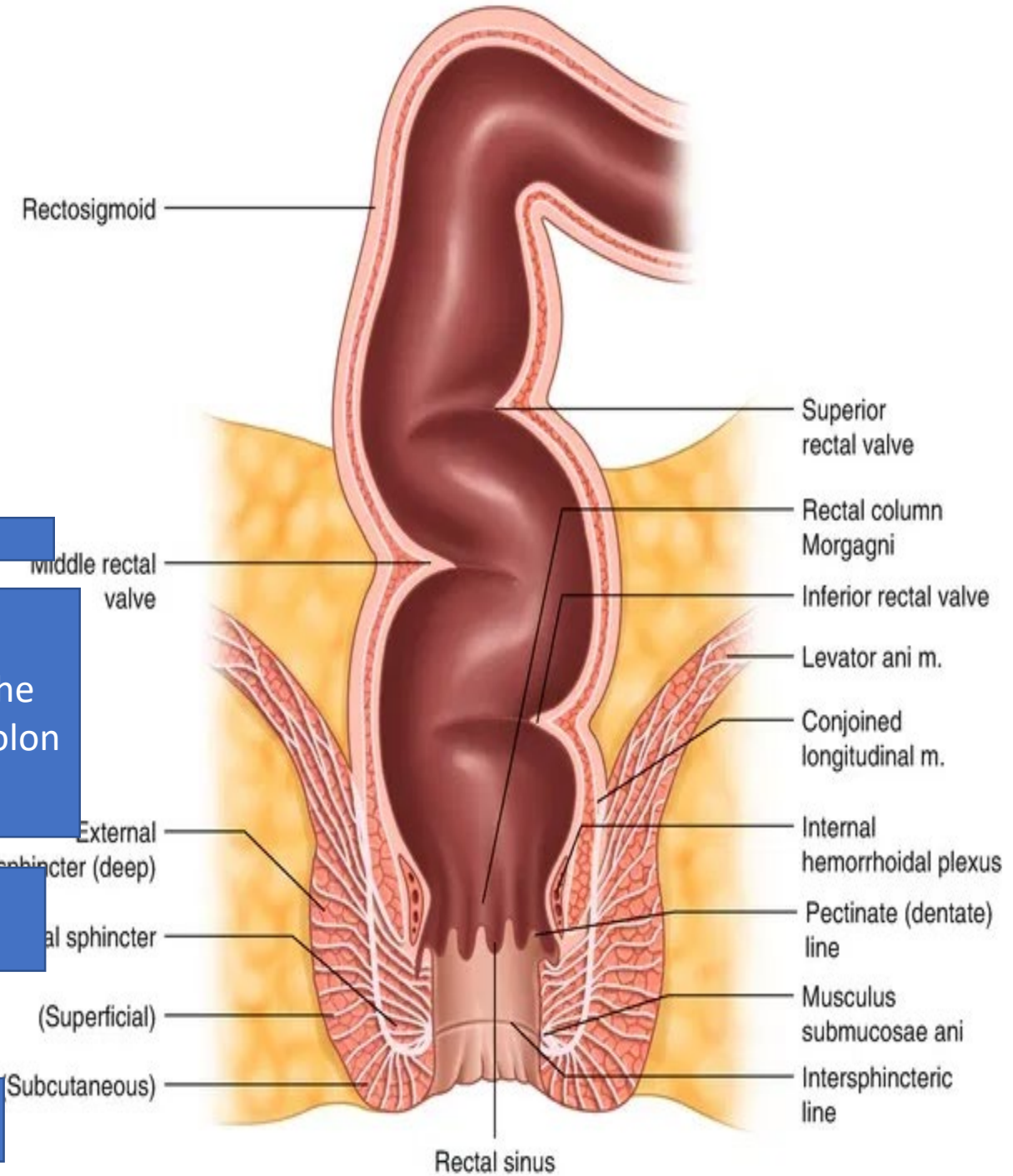
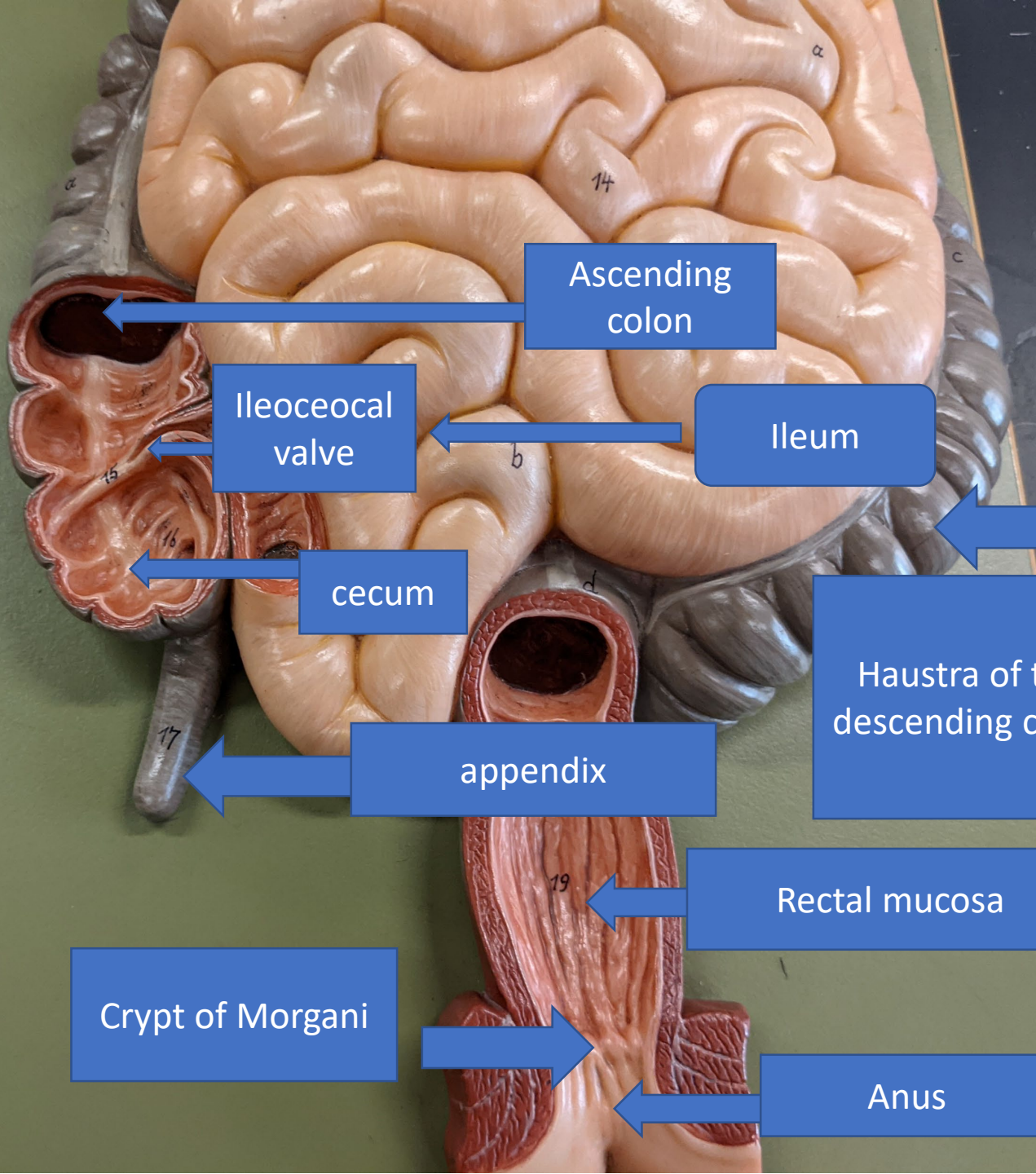






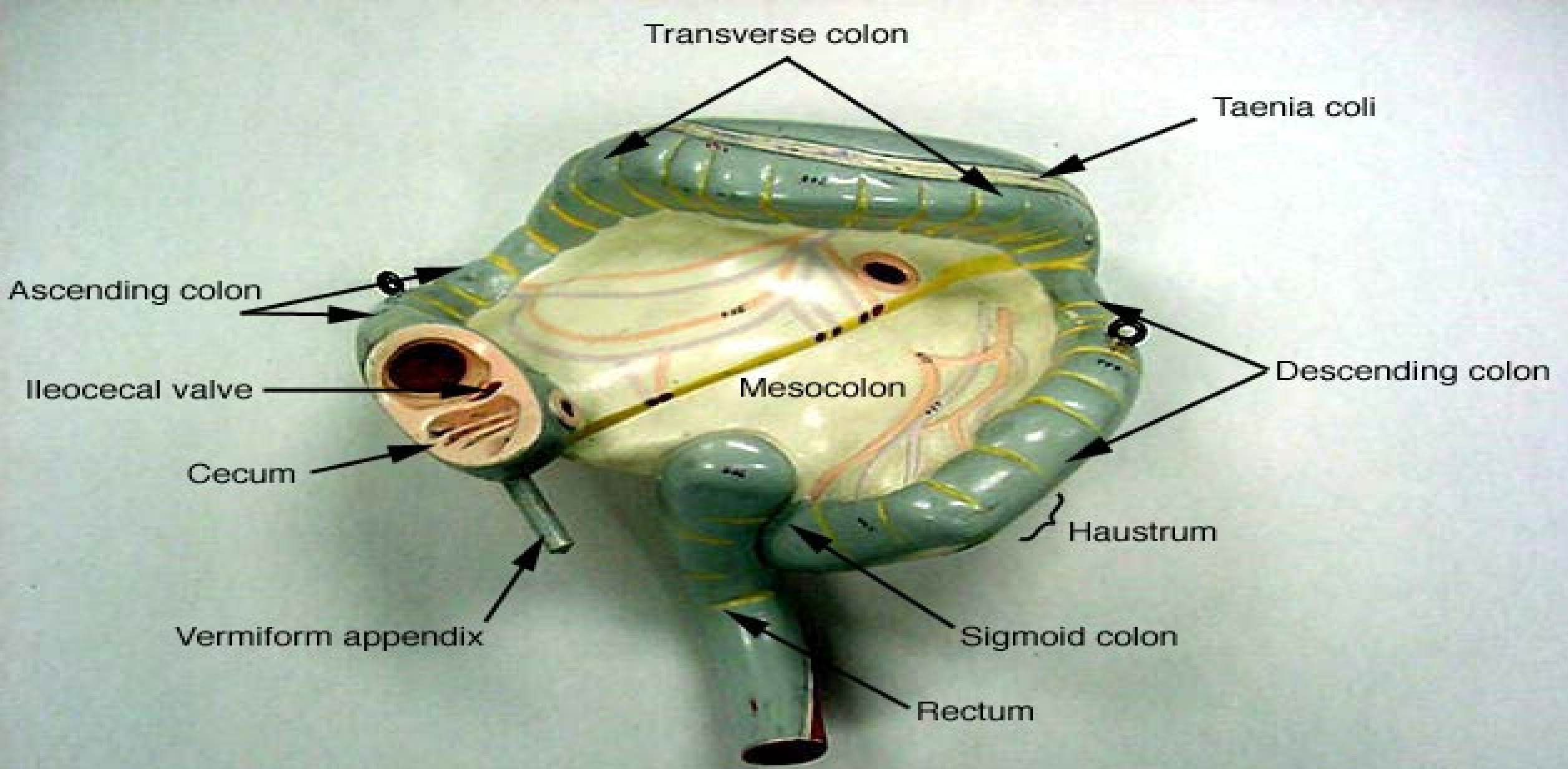














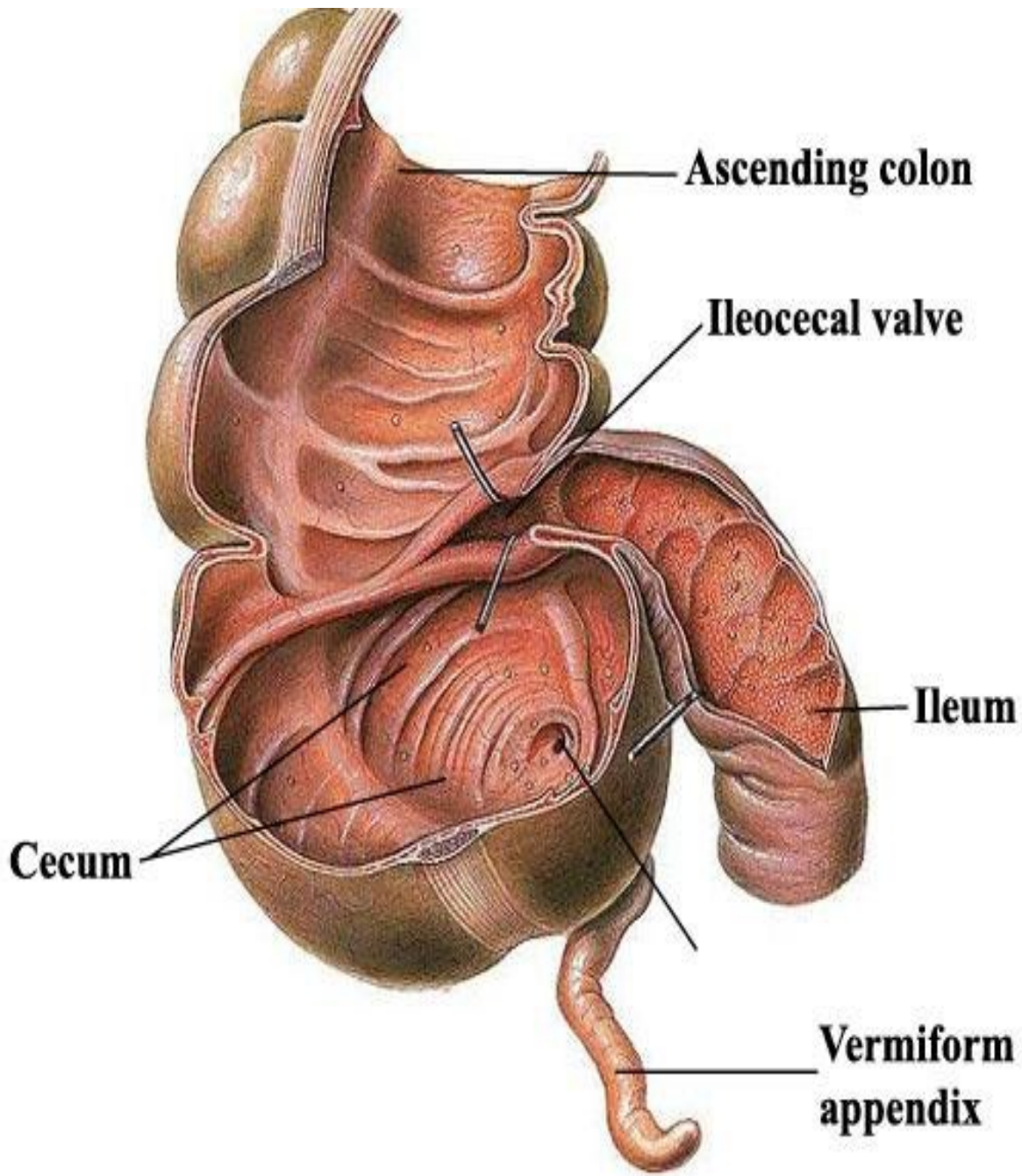


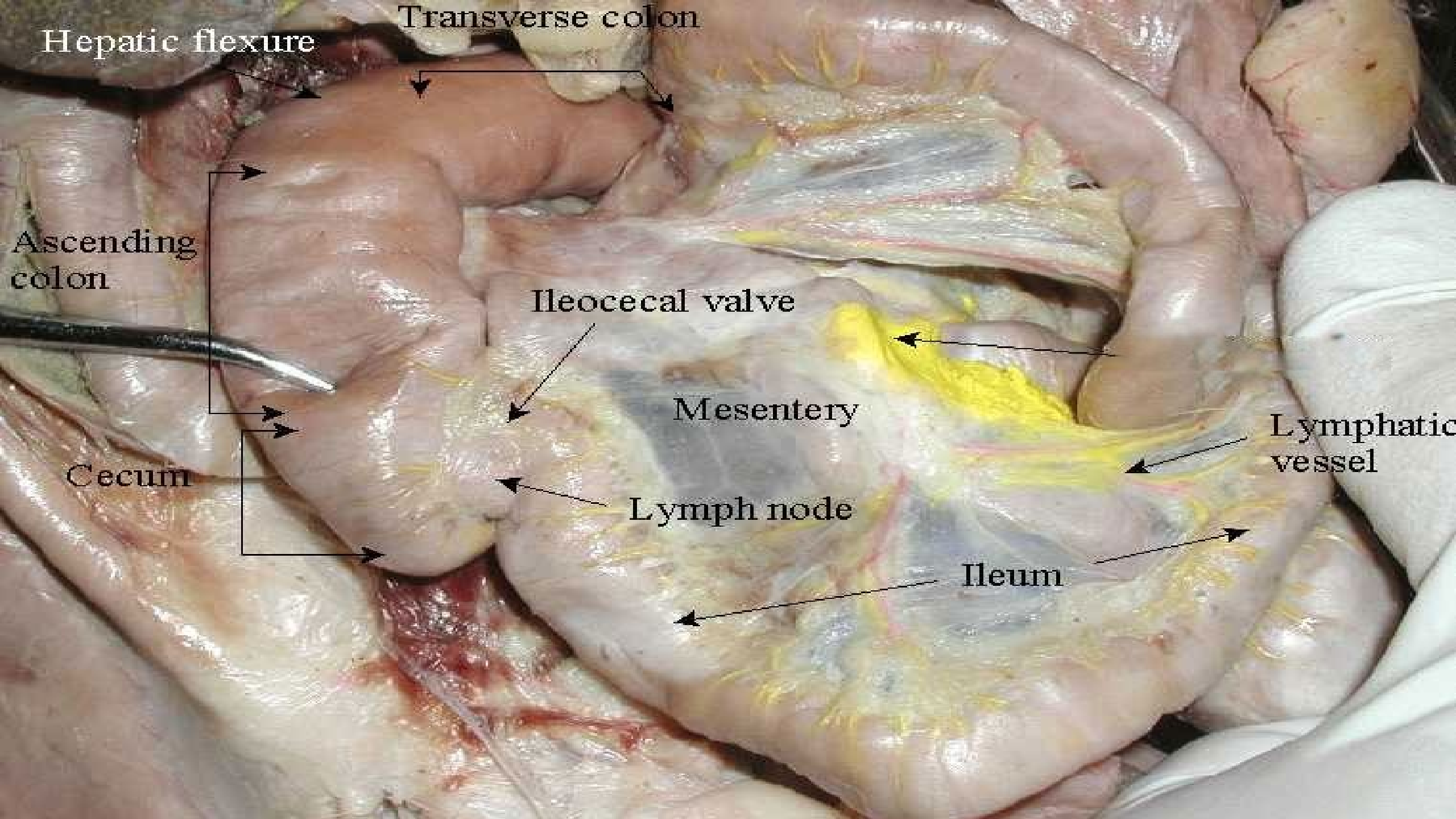
15

16

14







Hepatic flexure

Transverse colon

Ascending  
colon

Ileocecal valve

Mesentery

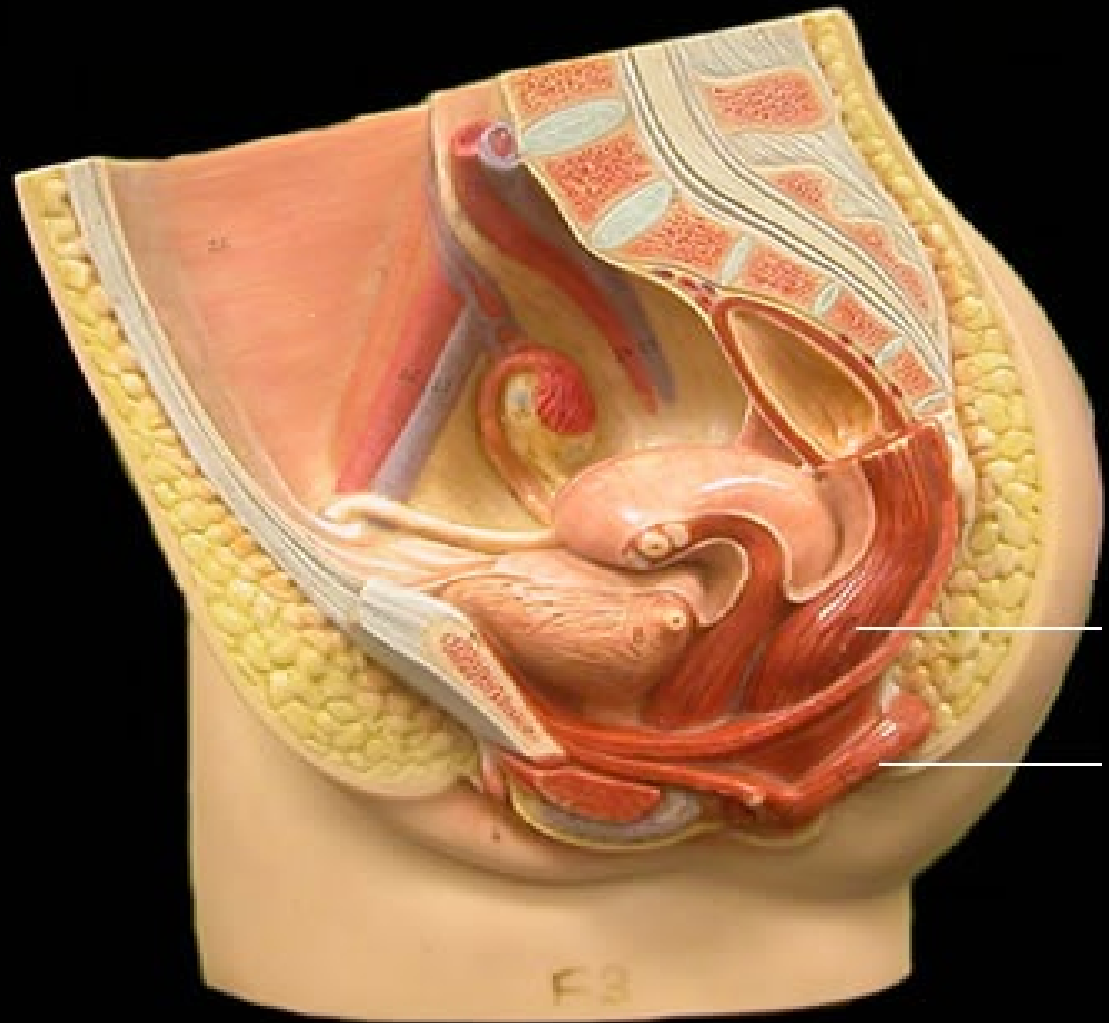
Lymphatic  
vessel

Cecum

Lymph node

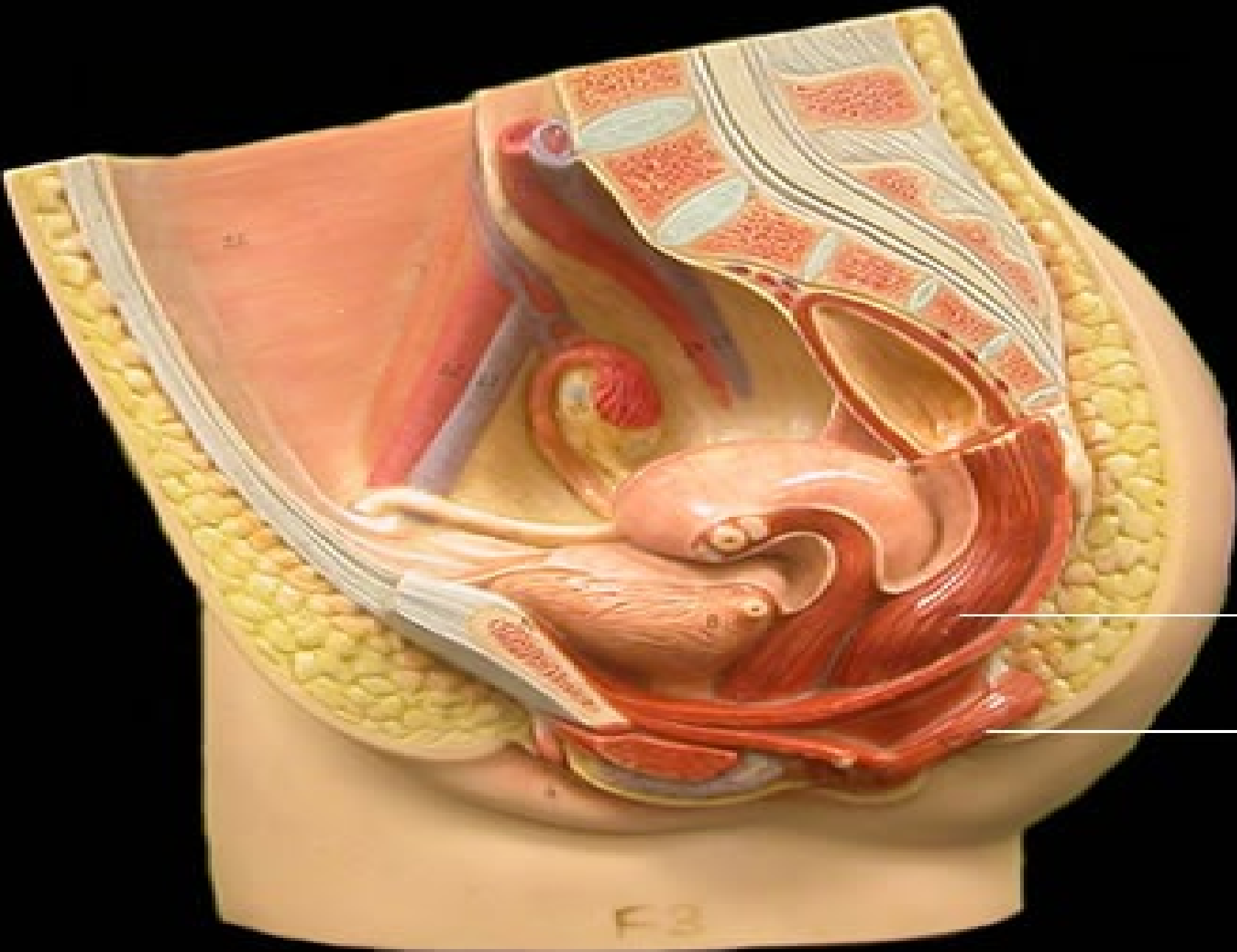
Ileum





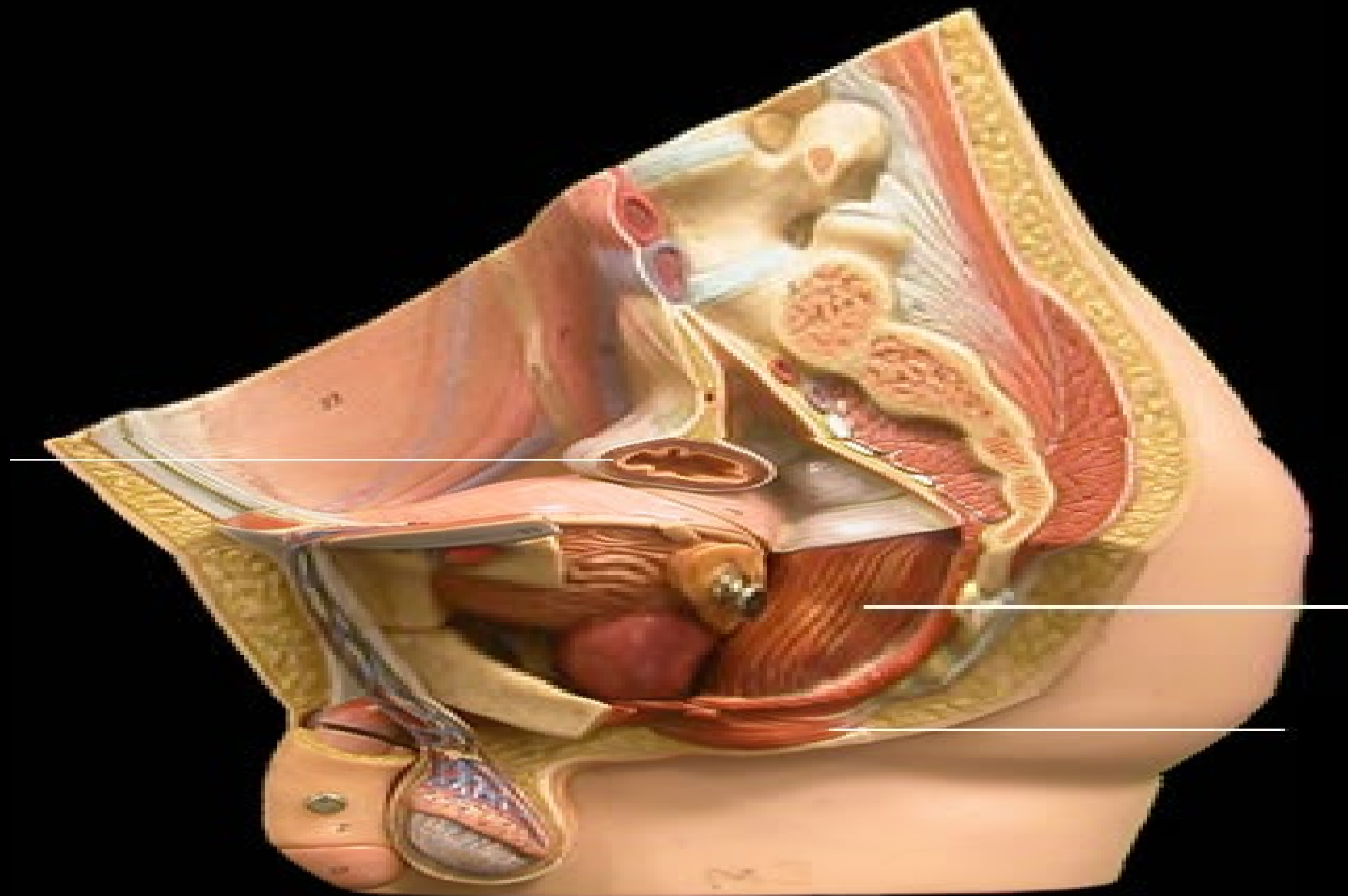


Go to:  
Deep View

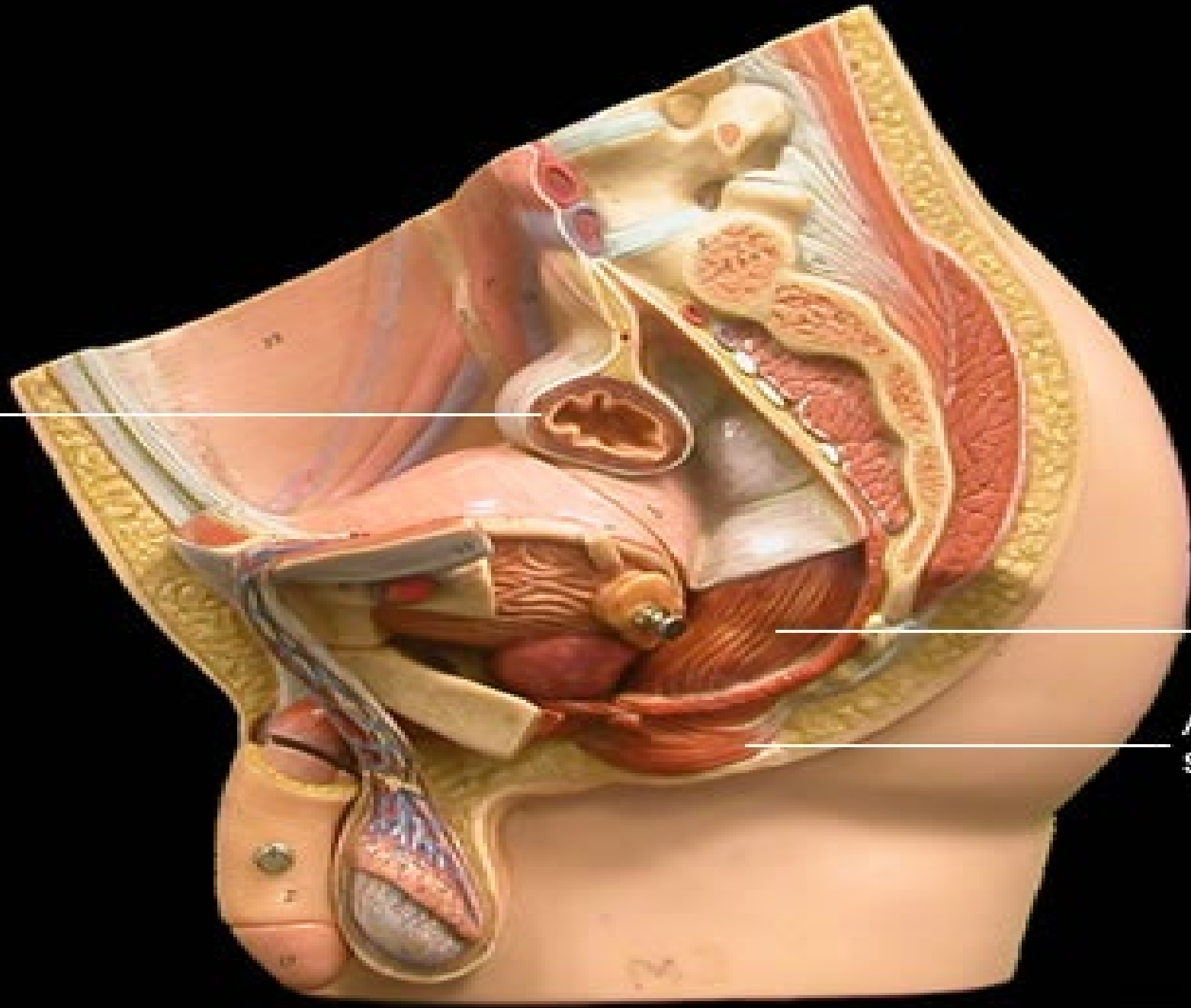


Rectum

Anal  
sphincter



Sigmoid colon

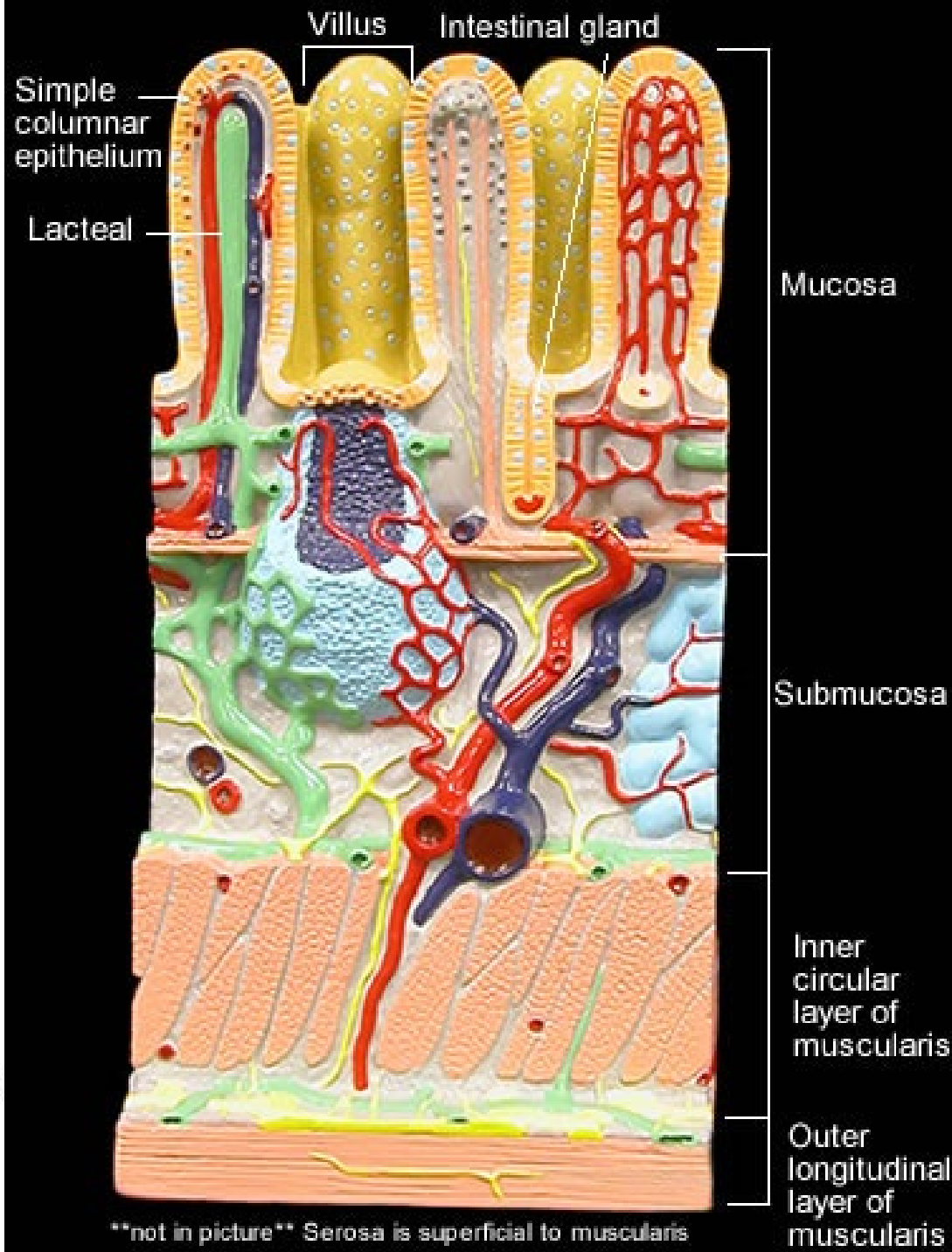
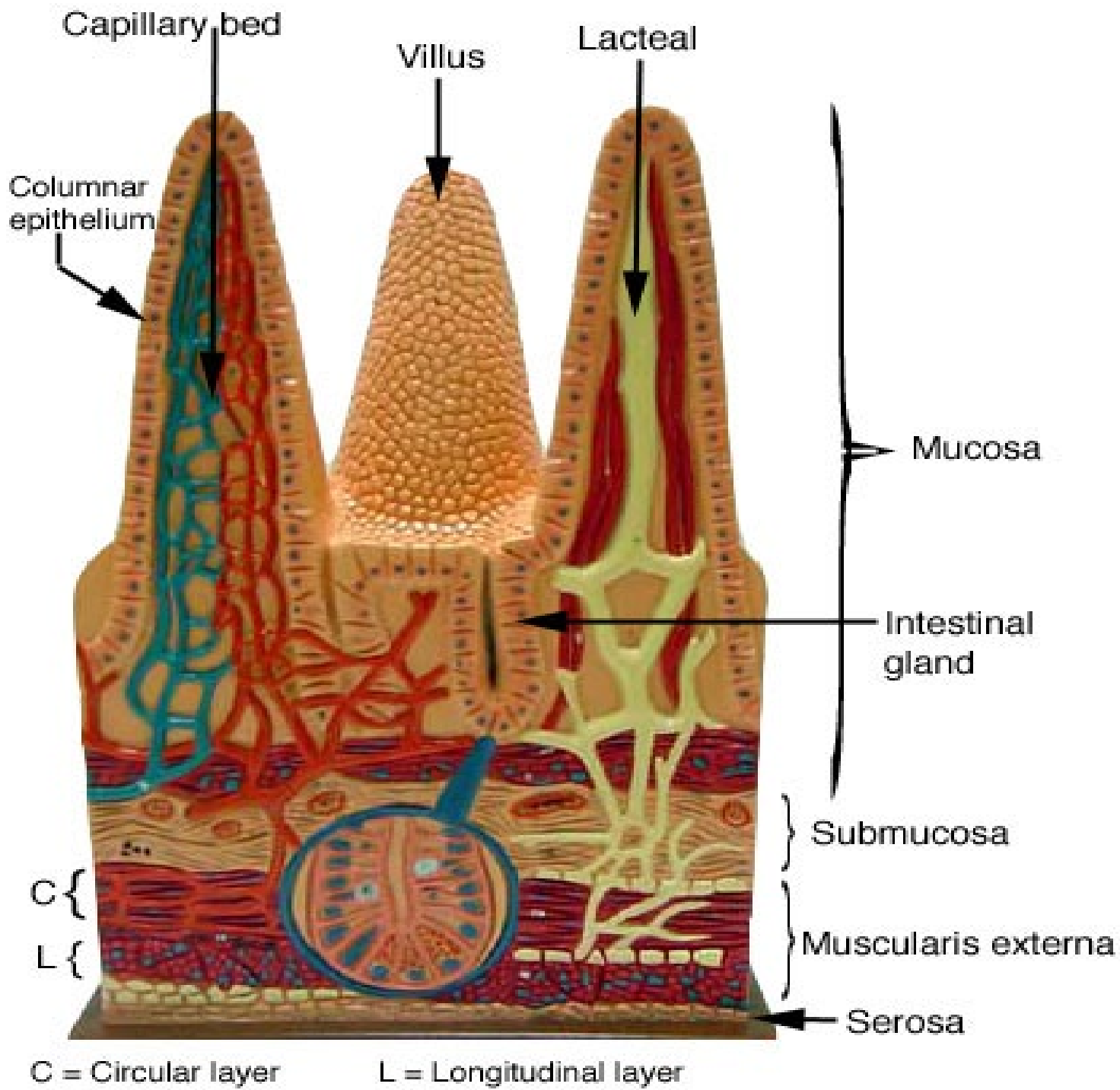


Rectum

Anal  
sphincter















PLICA CIRCULARIS OR VALVE OF KIRCKING

This anatomical model shows a section of the large intestine. The top part is the cecum, followed by the ascending colon, which is marked with the number '18'. The transverse colon is visible in the middle, with the 'TEANIA COLI' (taenia coli) muscle layer highlighted in blue and labeled. The descending colon is marked with the letter 'b'. The sigmoid colon is at the bottom, labeled 'JEJUNUM'. The ileocecal junction is labeled 'PLICA CIRCULARIS OR VALVE OF KIRCKING'. The haustra are the sac-like protrusions of the colon, labeled 'HAUSTRUM'. The model is made of a greyish material with a textured surface, and the labels are in blue boxes with arrows pointing to the corresponding structures.

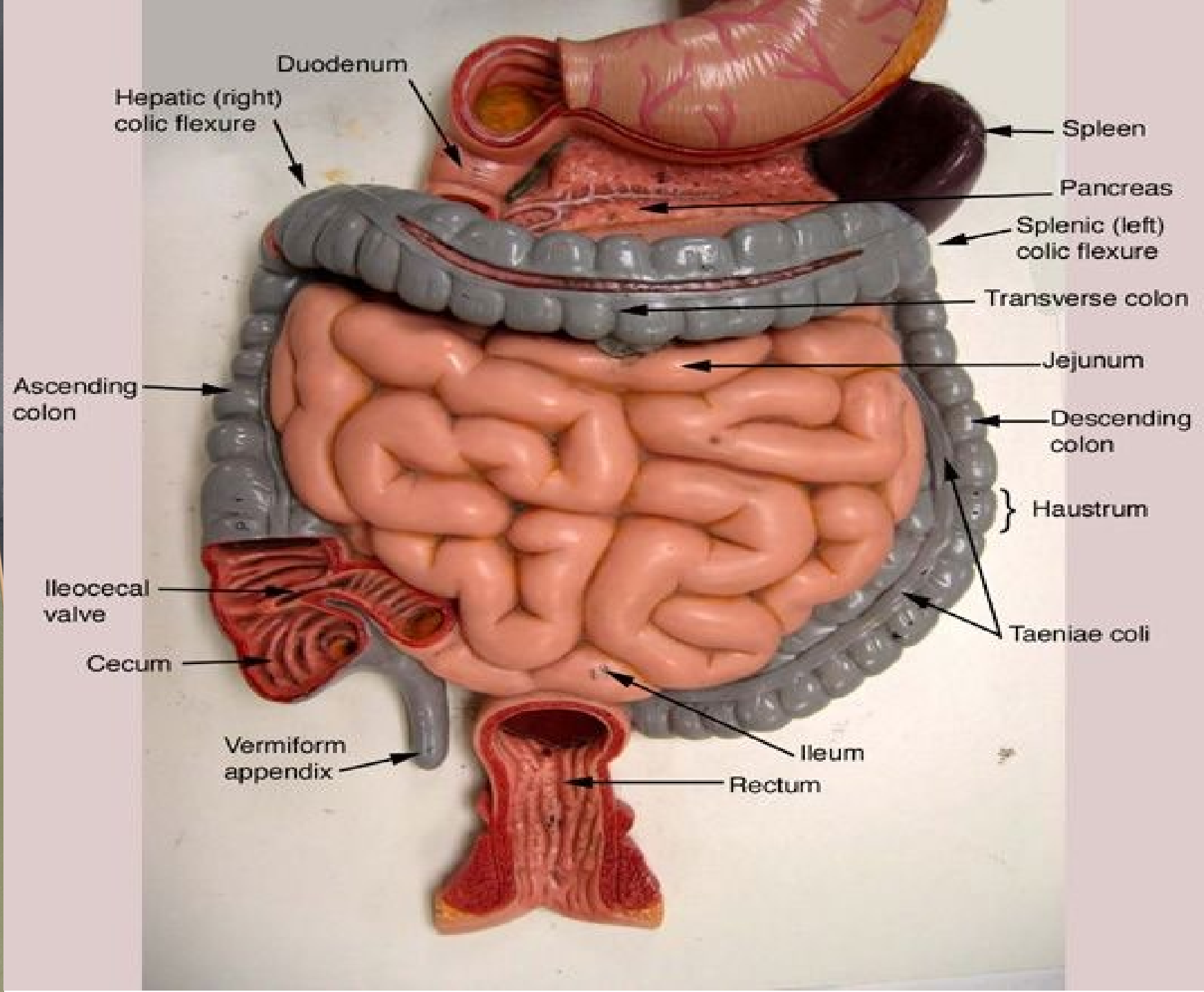
HAUSTRUM

TEANIA COLI

JEJUNUM

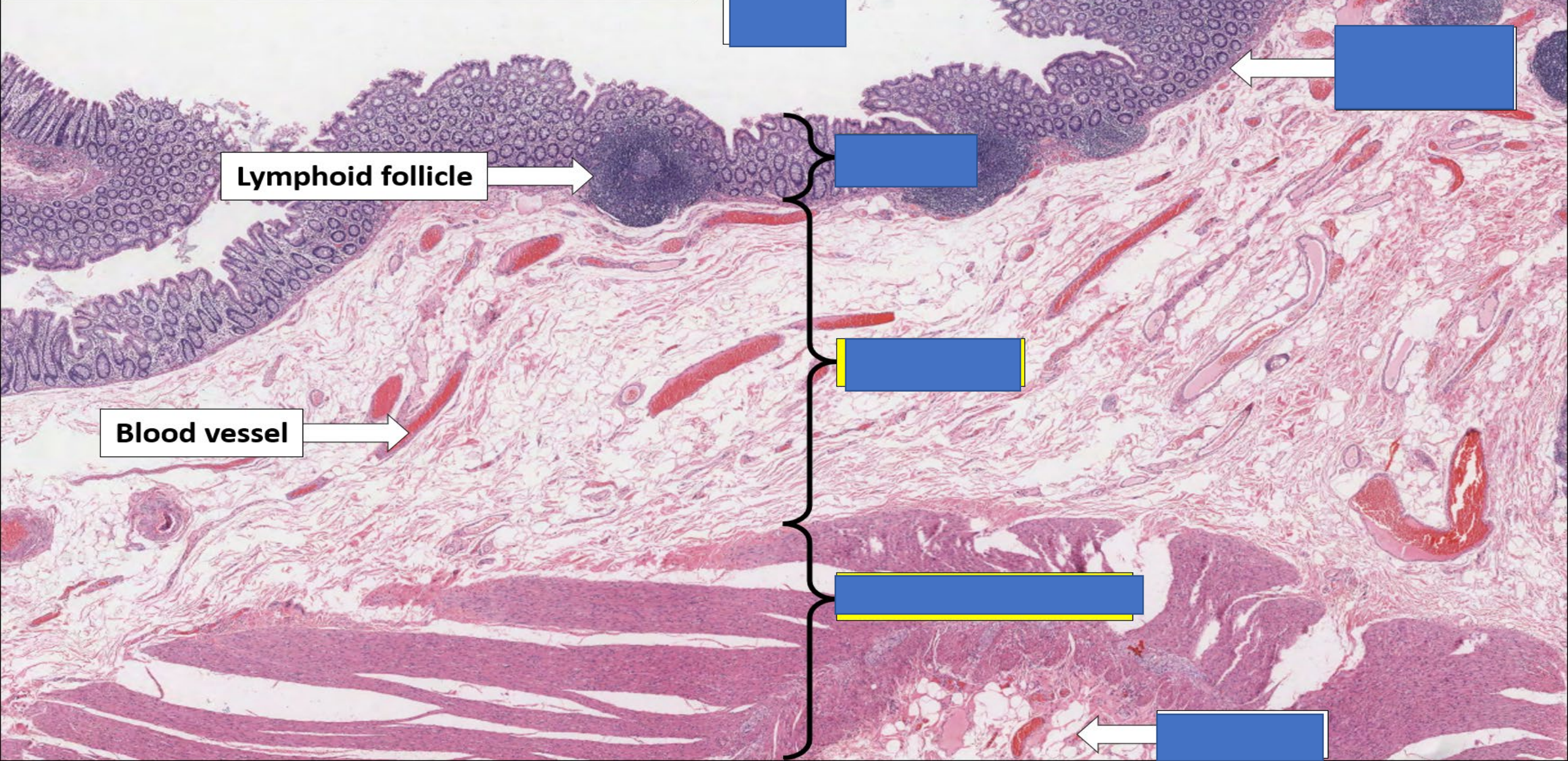








**Colon (low power):**  
A section of the colon. The mucosa contains crypts but no villi.



**Lymphoid follicle** →

**Blood vessel** →

[Redacted]

← [Redacted]

[Redacted]

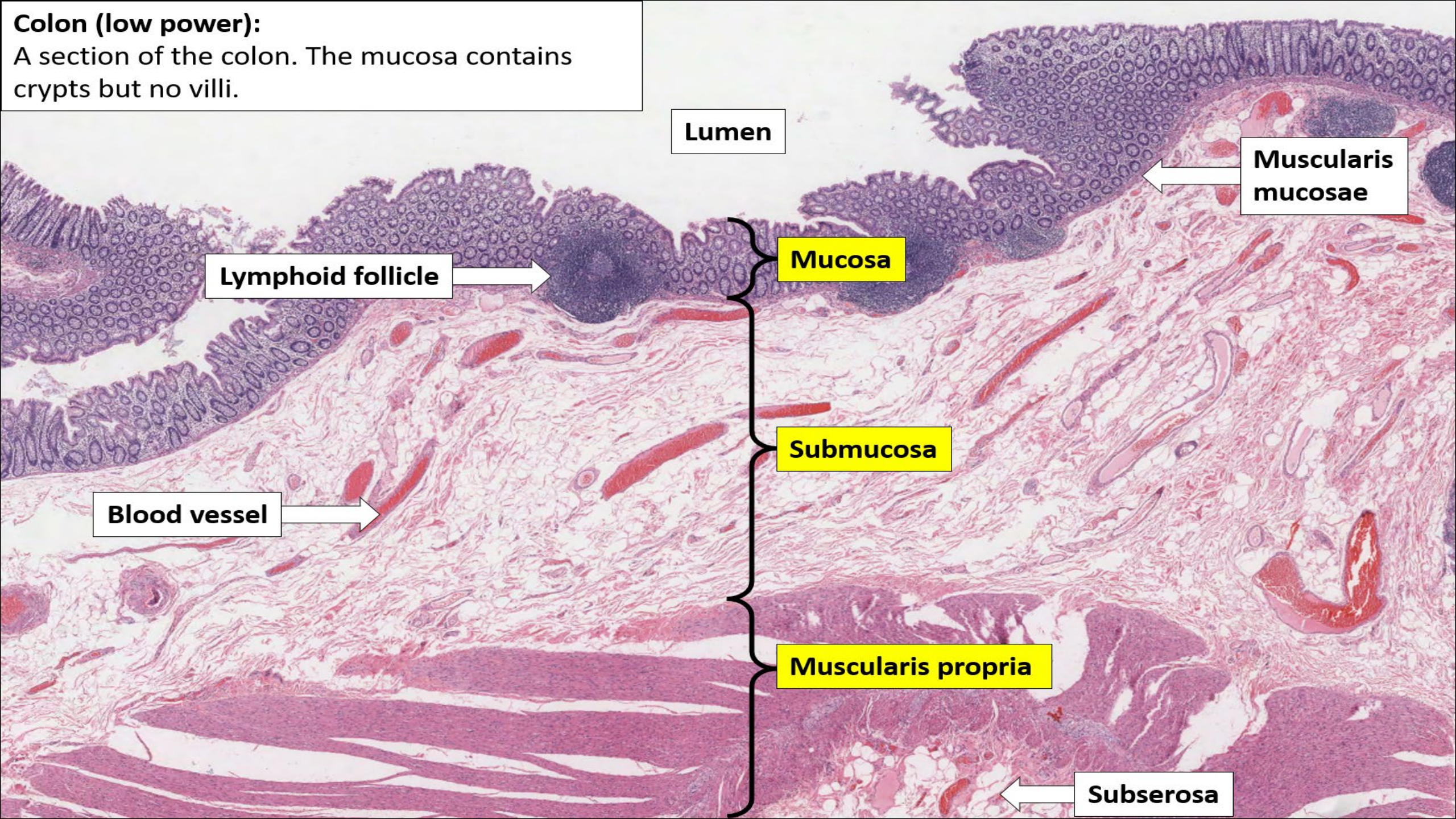
[Redacted]

[Redacted]

← [Redacted]



**Colon (low power):**  
A section of the colon. The mucosa contains crypts but no villi.



Lumen

Muscularis mucosae

Lymphoid follicle

Mucosa

Submucosa

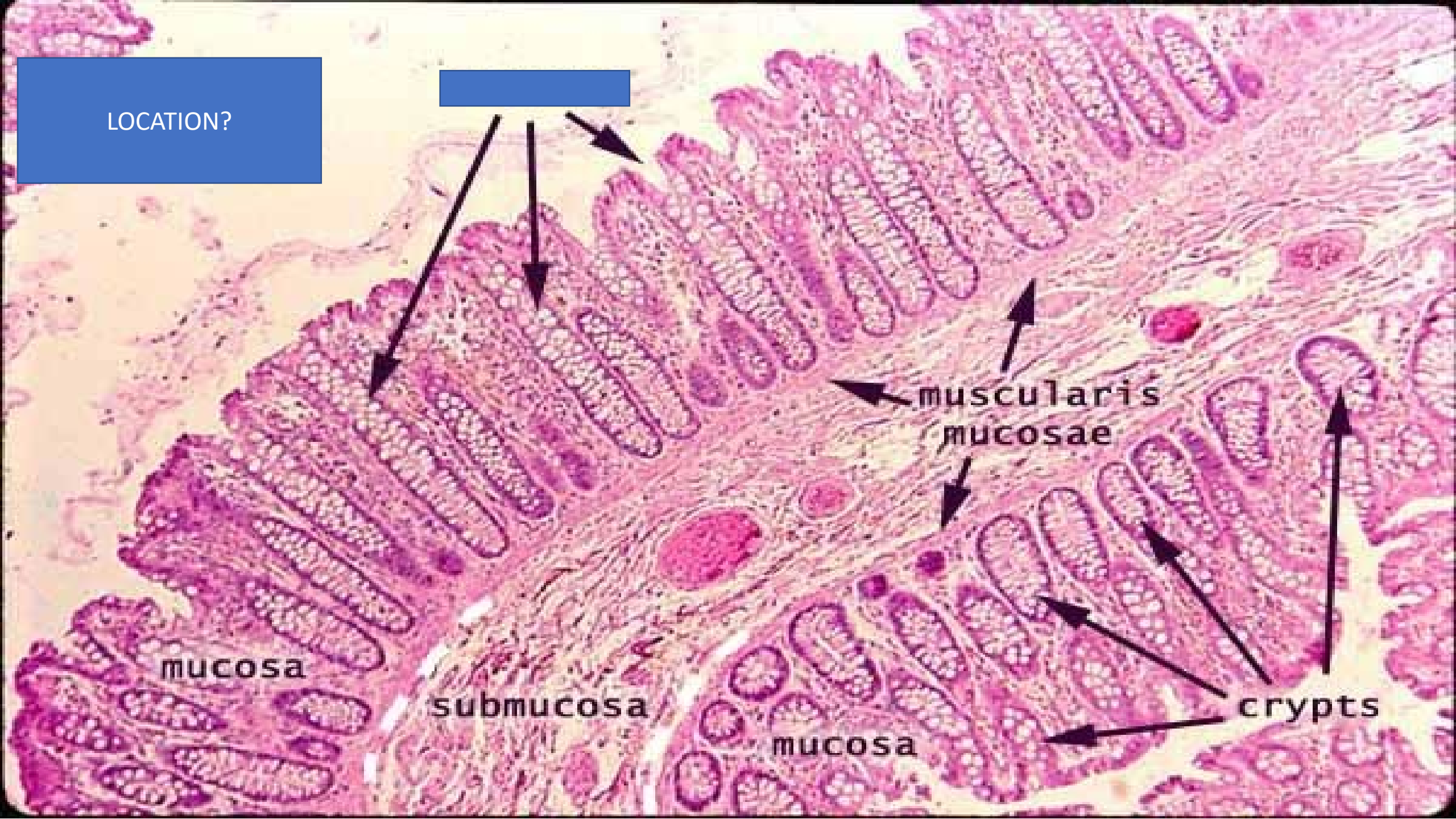
Blood vessel

Muscularis propria

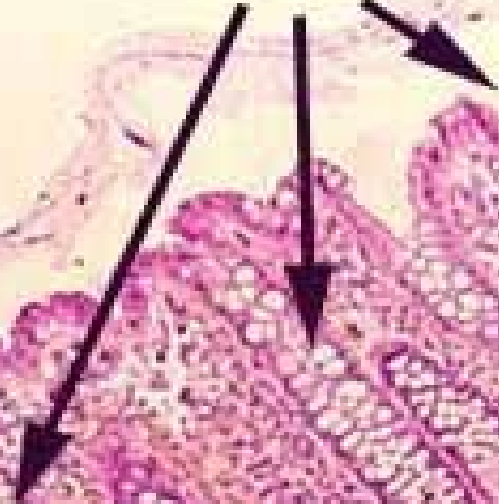
Subserosa



LOCATION?



[Redacted]



muscularis mucosae

mucosa

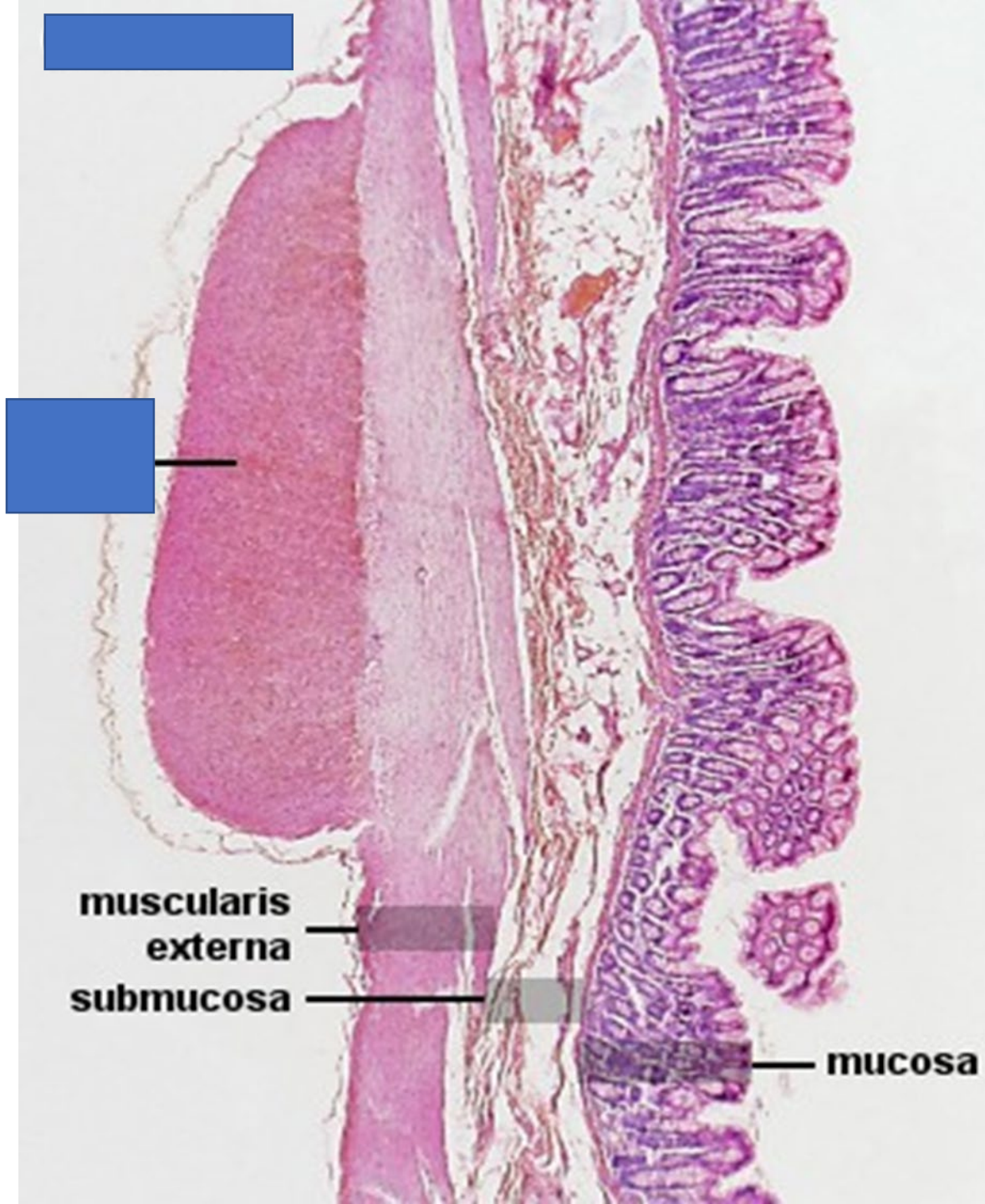
submucosa

mucosa

crypts



COLON



**muscularis  
externa**

**submucosa**

**mucosa**

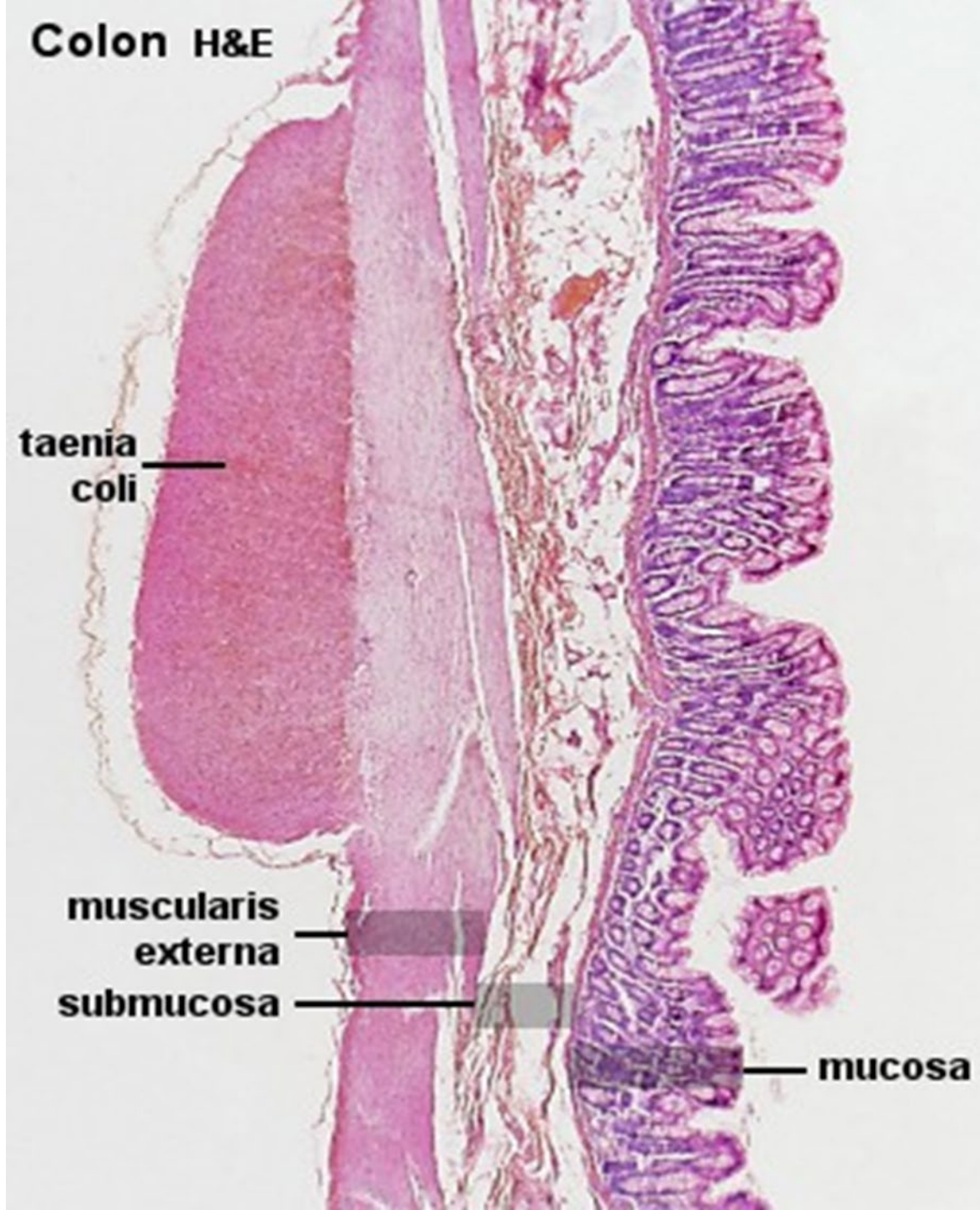
**Colon H&E**

**taenia  
coli**

**muscularis  
externa**

**submucosa**

**mucosa**





**lamina propria**

**muscularis mucosae**

**vein**

**submucosa**

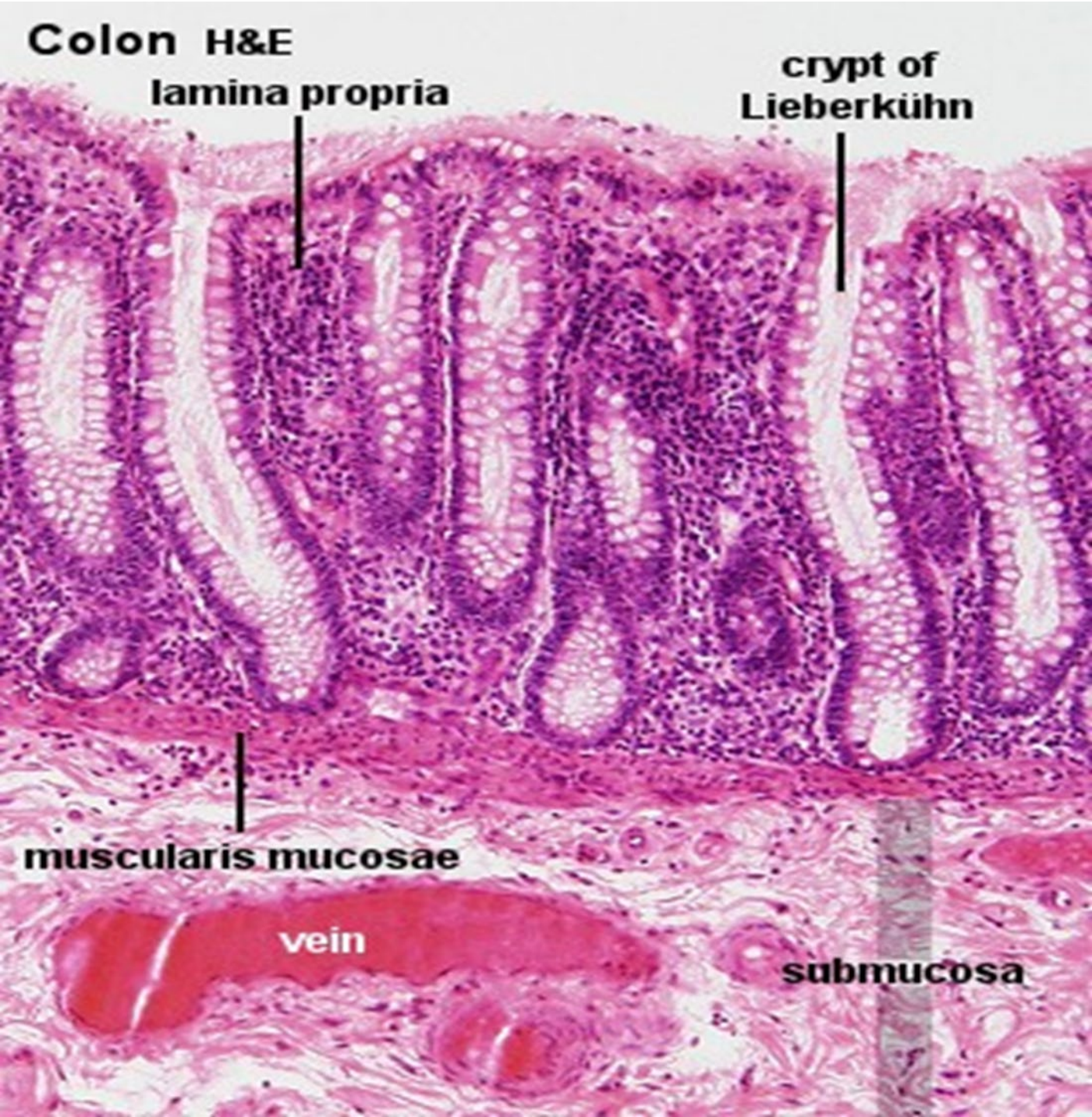




**Colon H&E**

**lamina propria**

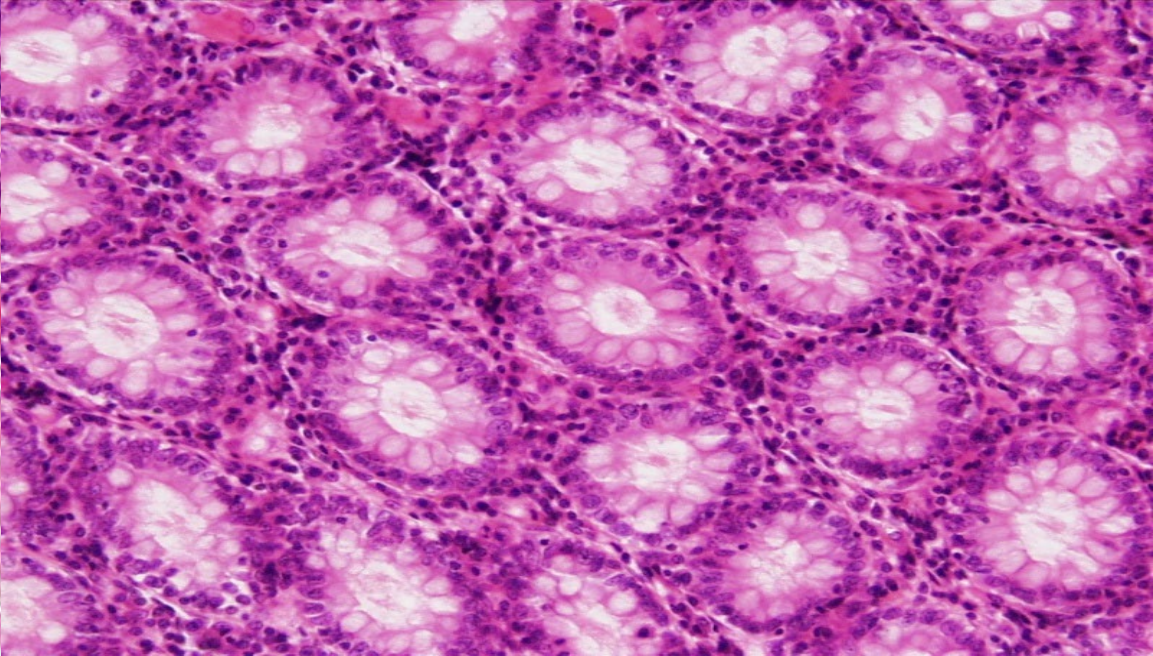
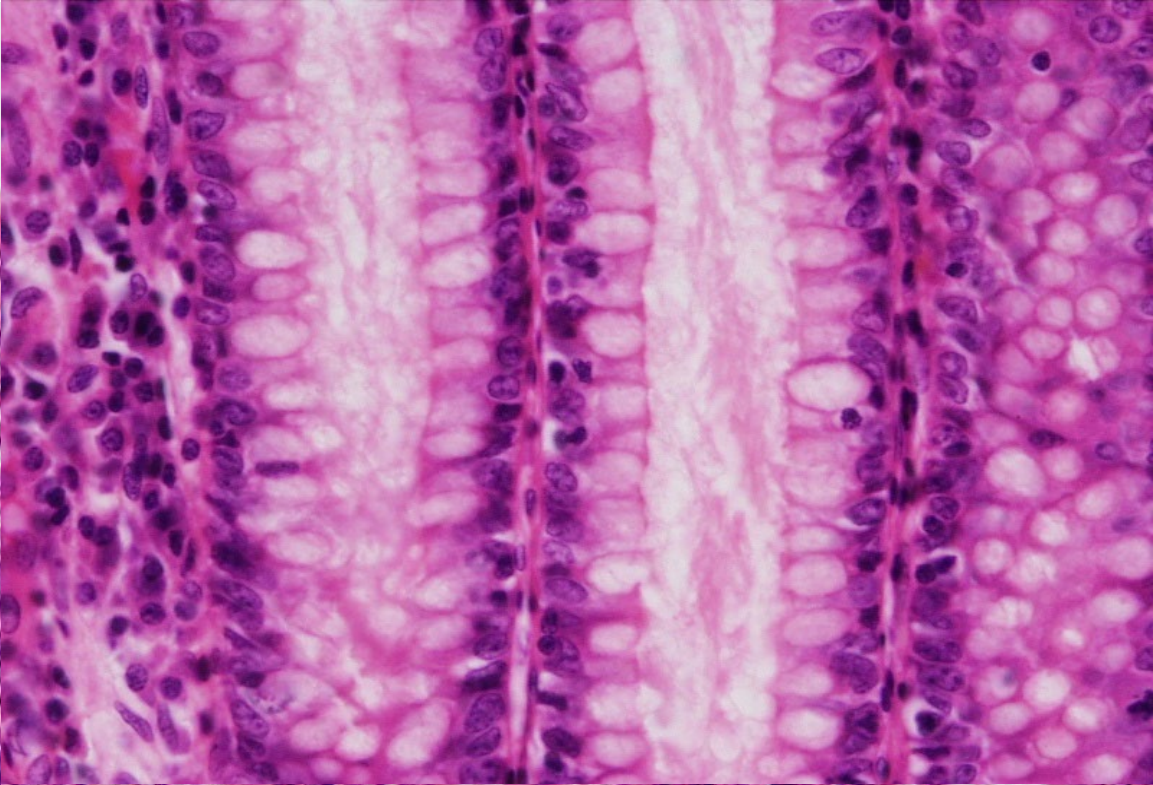
**crypt of  
Lieberkühn**



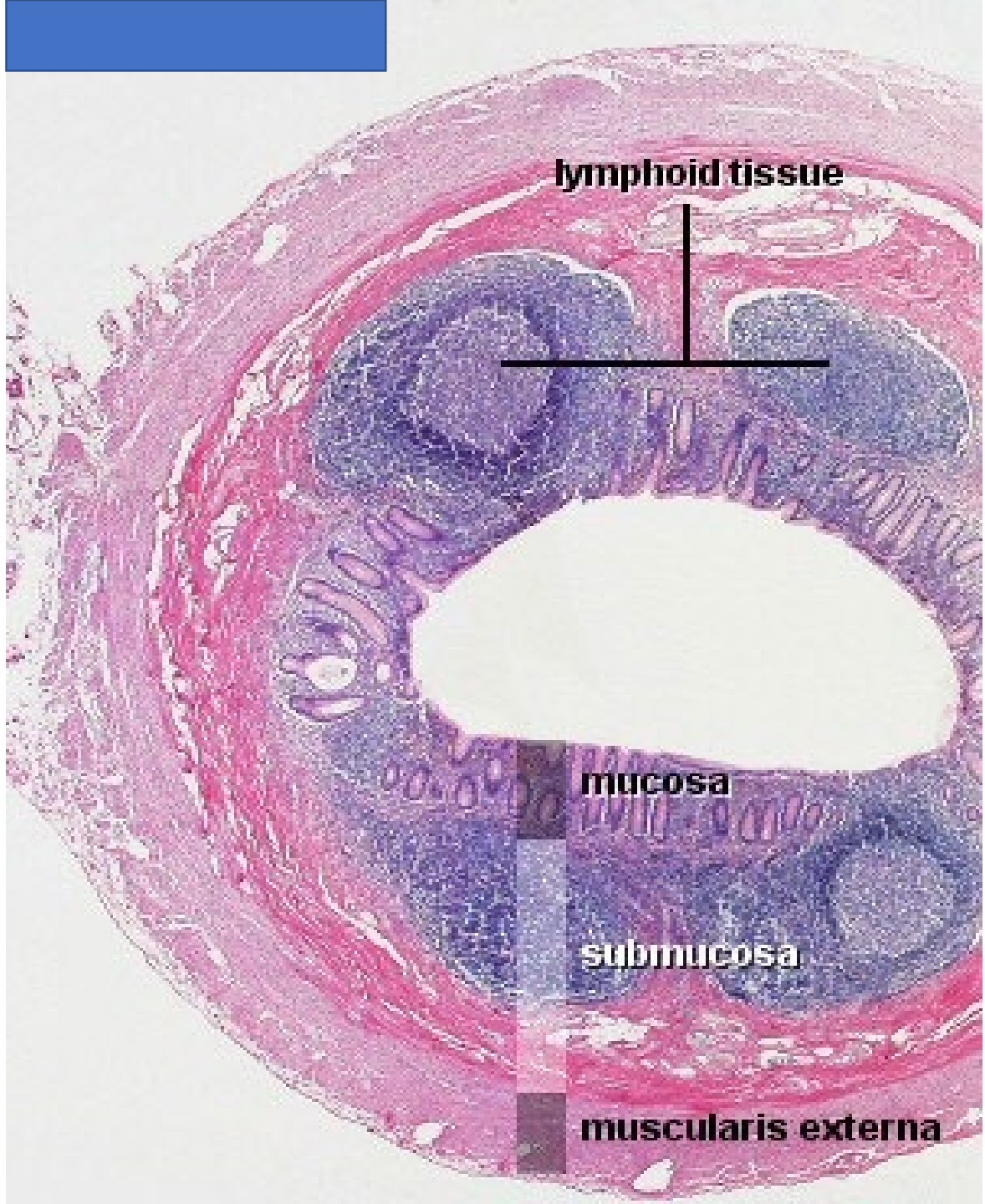
**muscularis mucosae**

**vein**

**submucosa**







lymphoid tissue

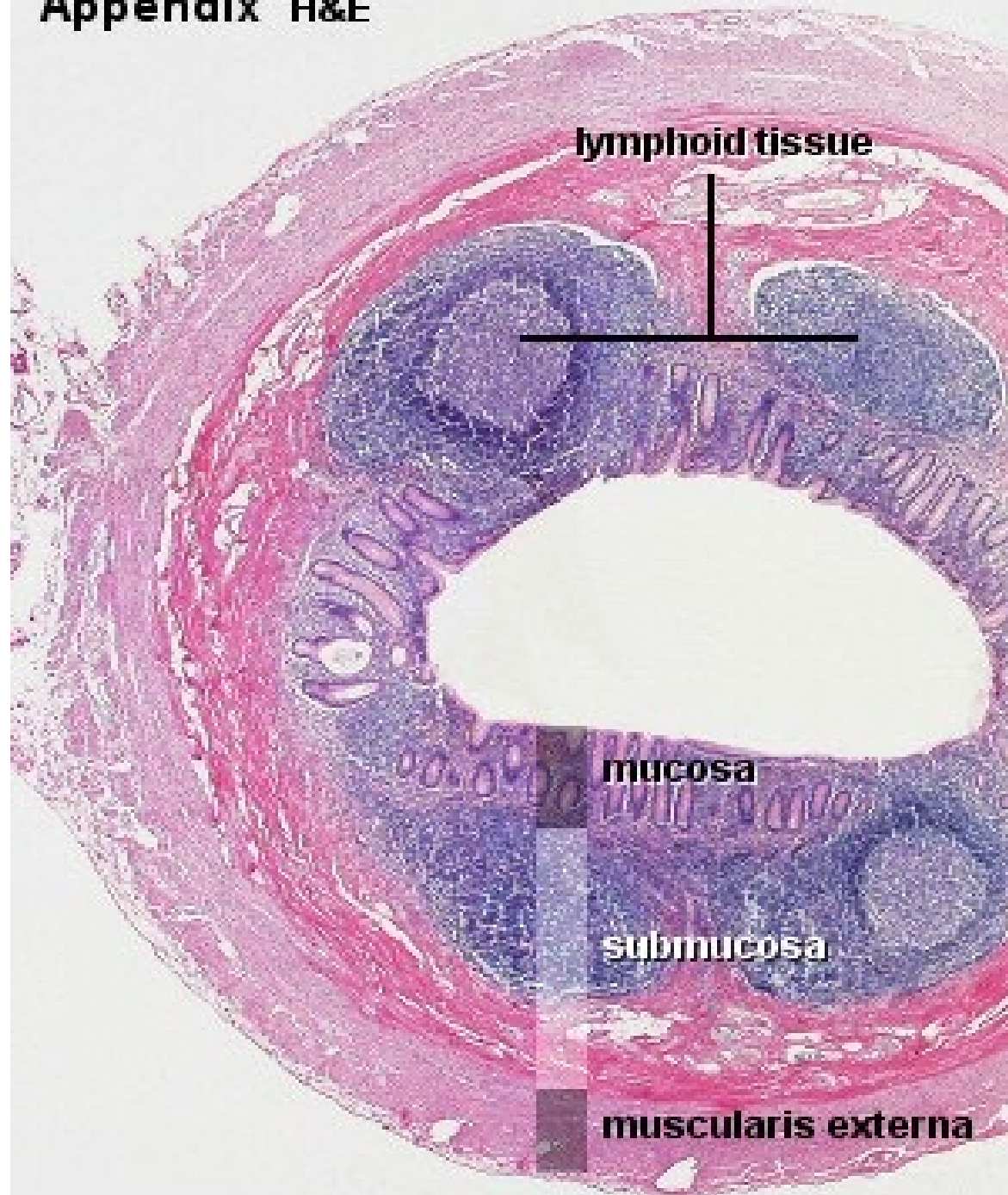
mucosa

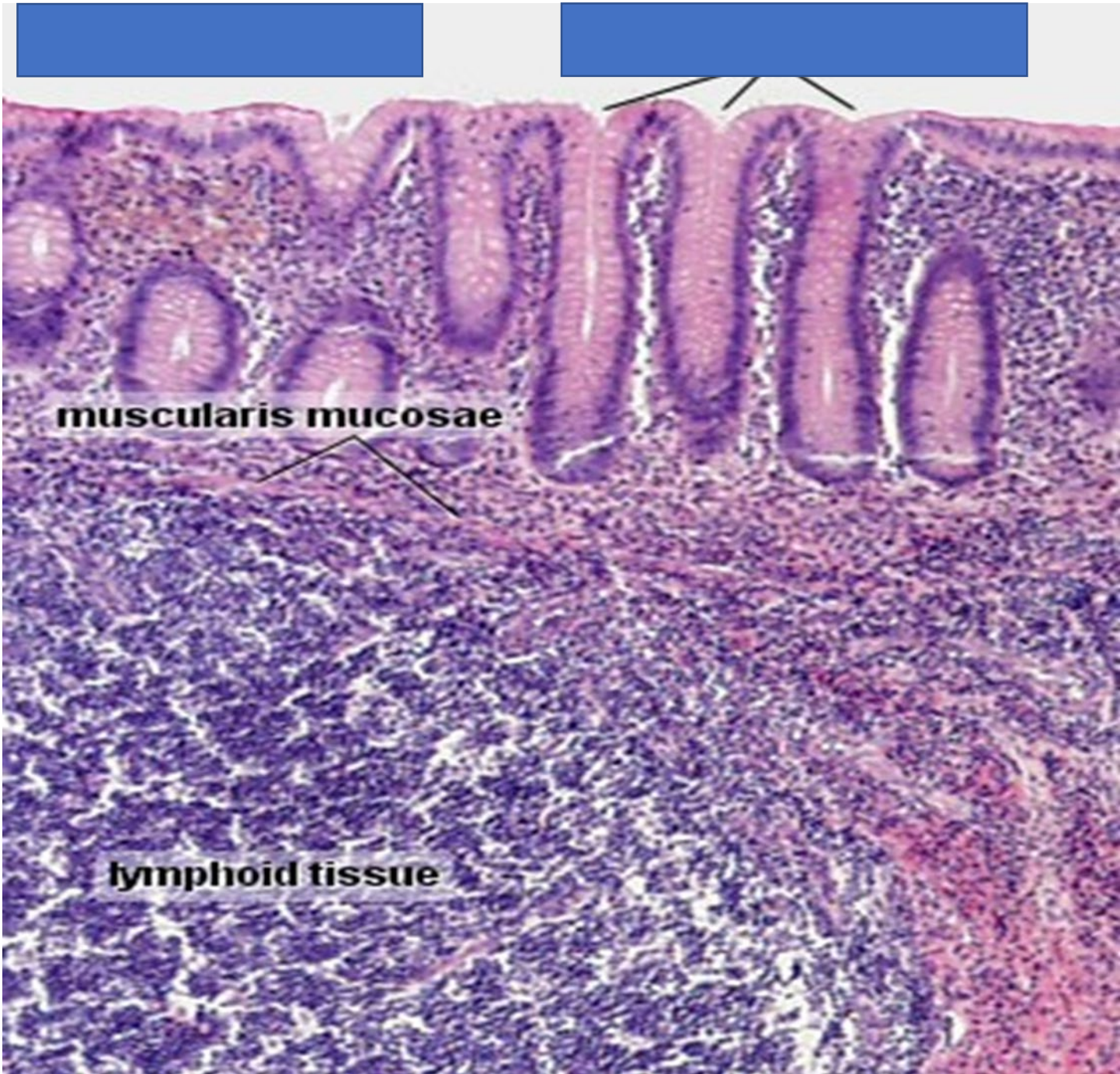
submucosa

muscularis externa



# Appendix H&E





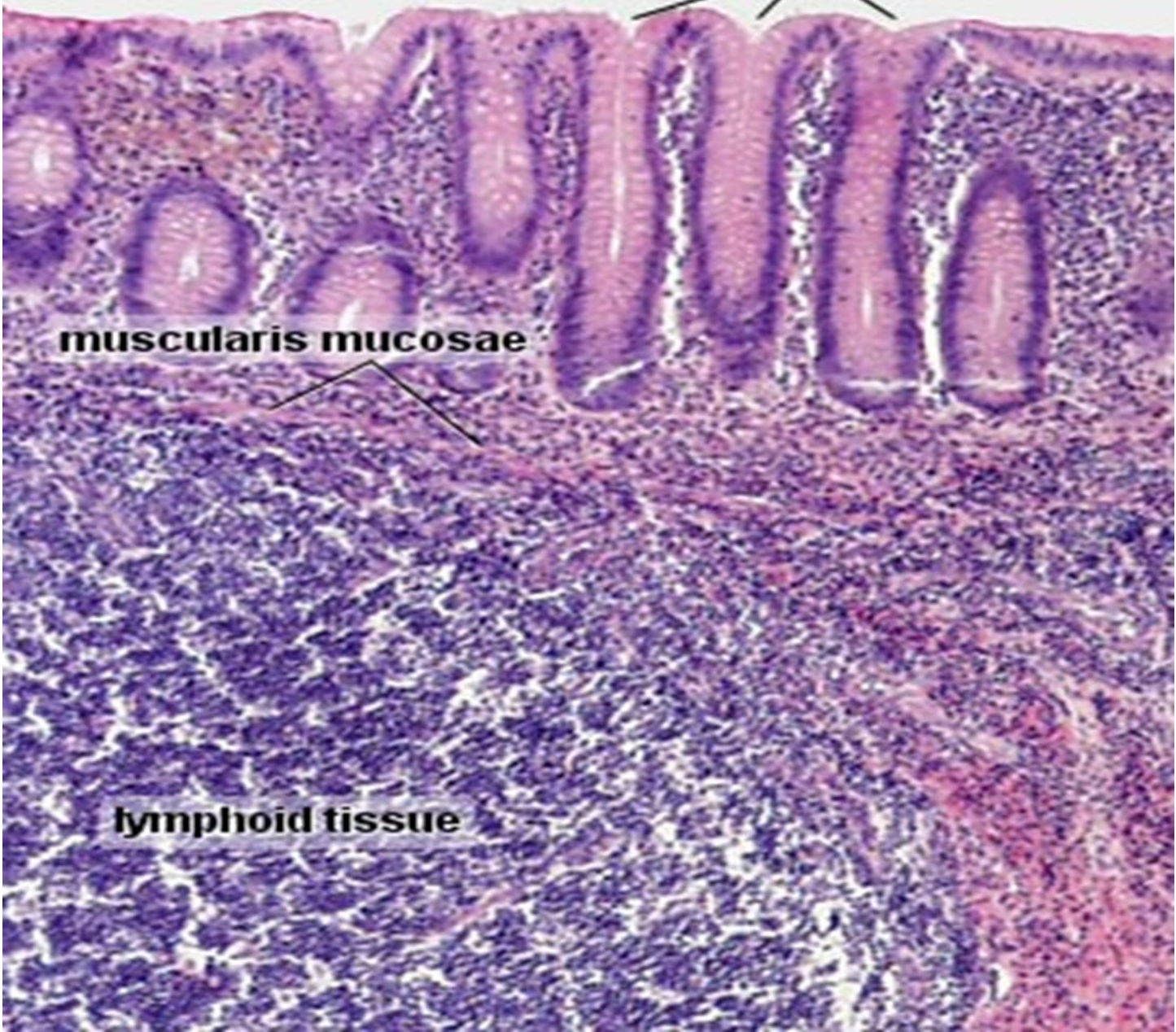
**muscularis mucosae**

**lymphoid tissue**



**Appendix H&E**

**crypts of Lieberkühn**

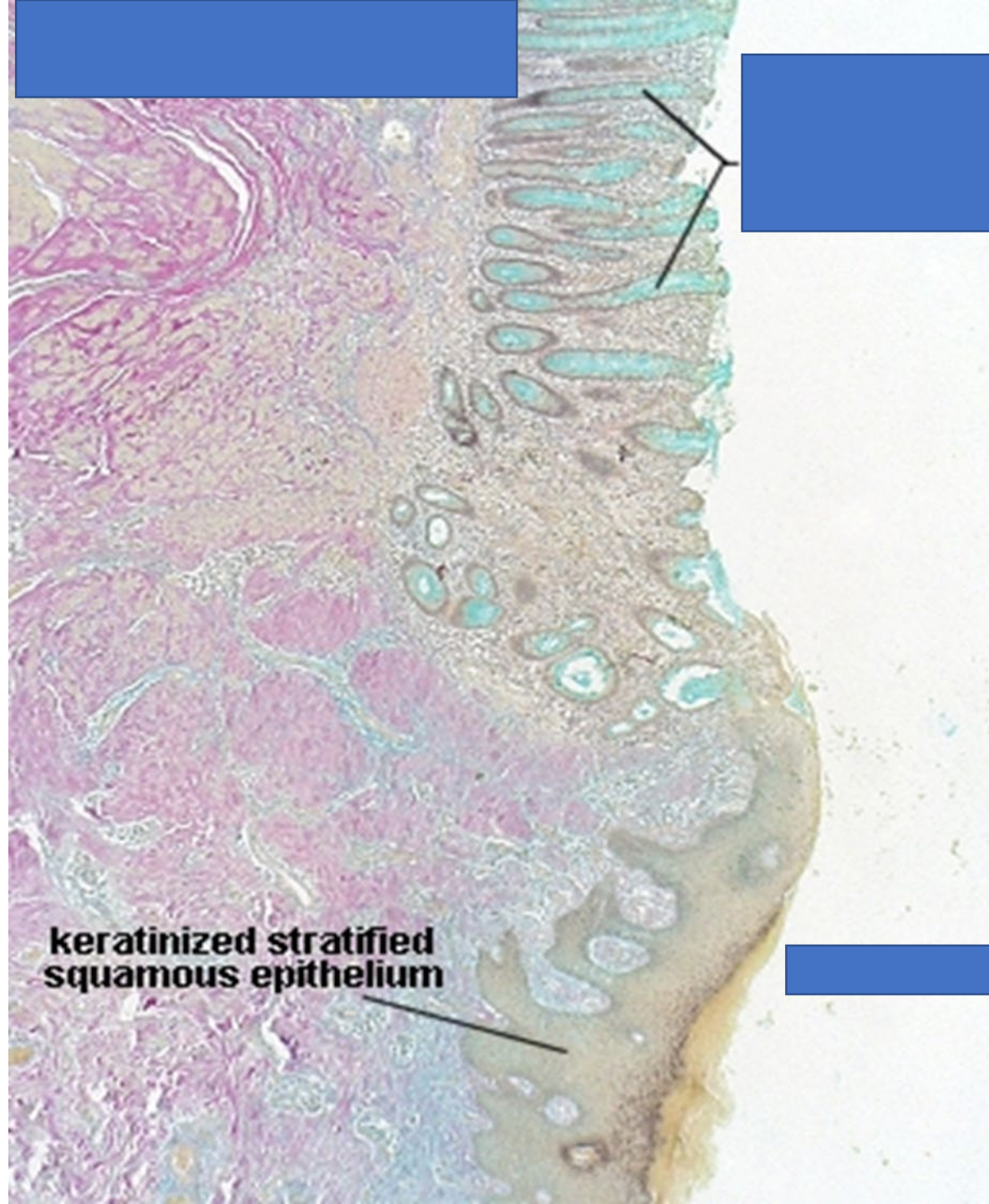


**muscularis mucosae**

**lymphoid tissue**



Location of this slide? (observe well)

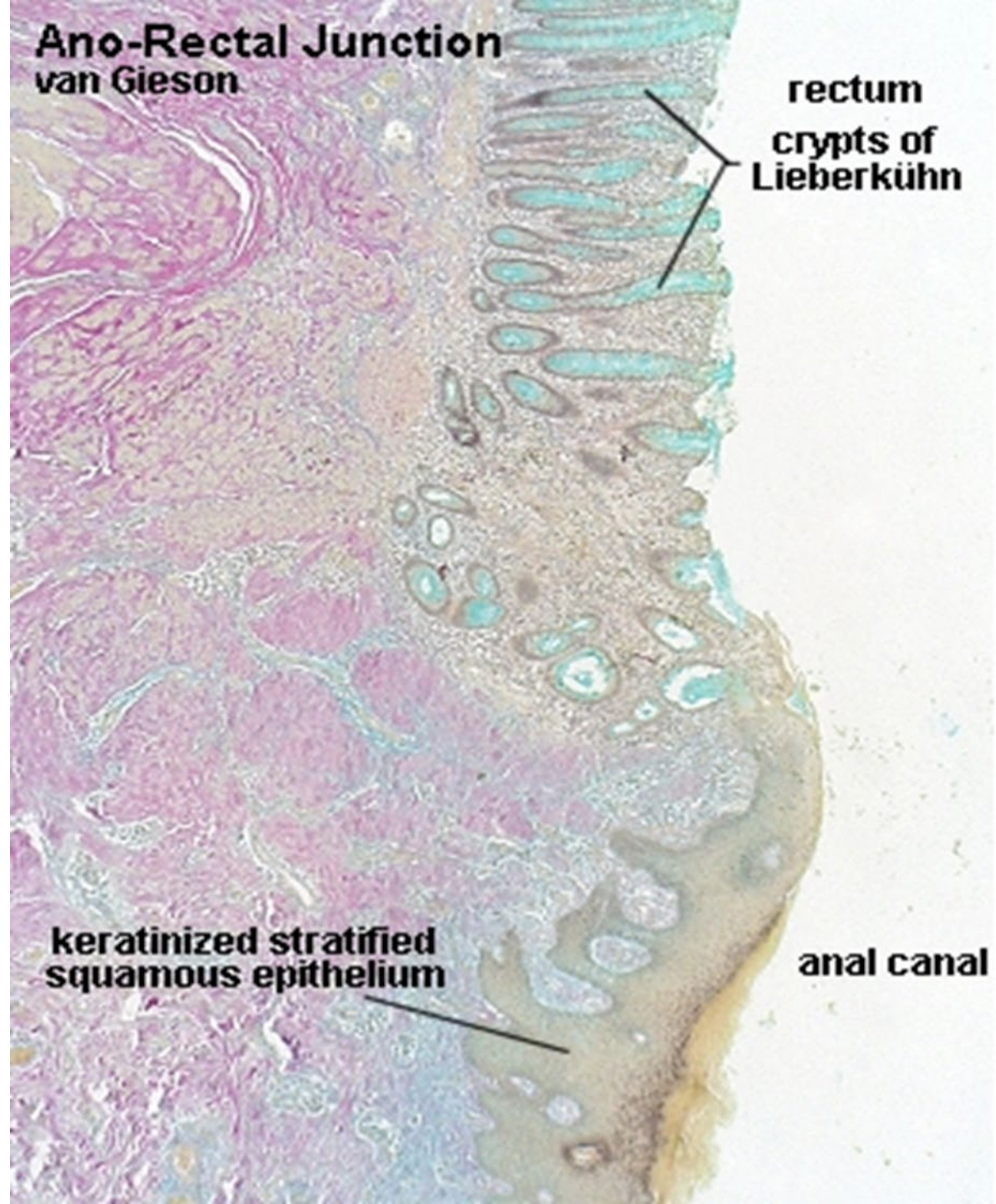


**Ano-Rectal Junction  
van Gieson**

rectum  
crypts of  
Lieberkühn

keratinized stratified  
squamous epithelium

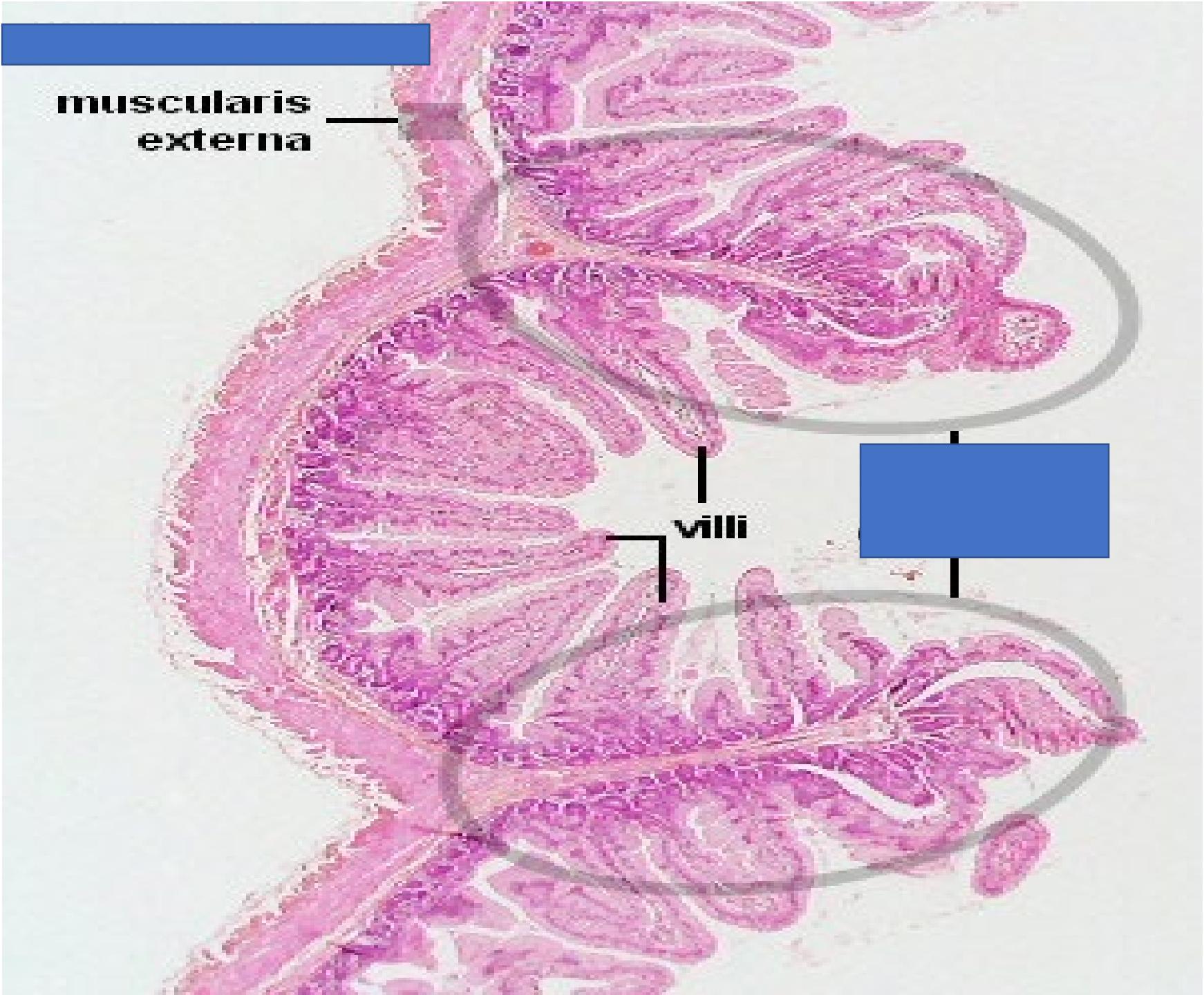
anal canal





**muscularis  
externa**

**villi**



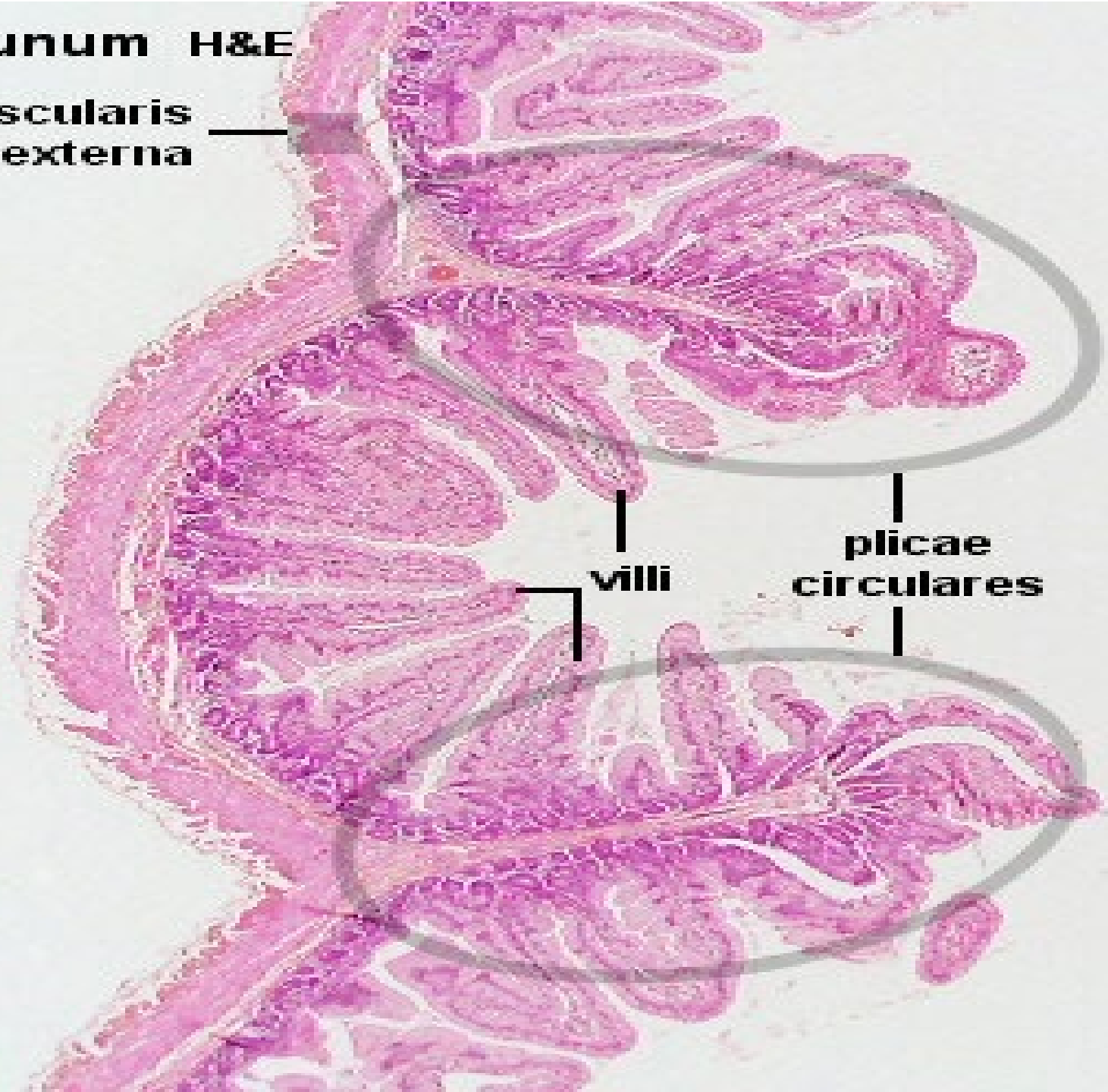


**Jejunum H&E**

**muscularis  
externa**

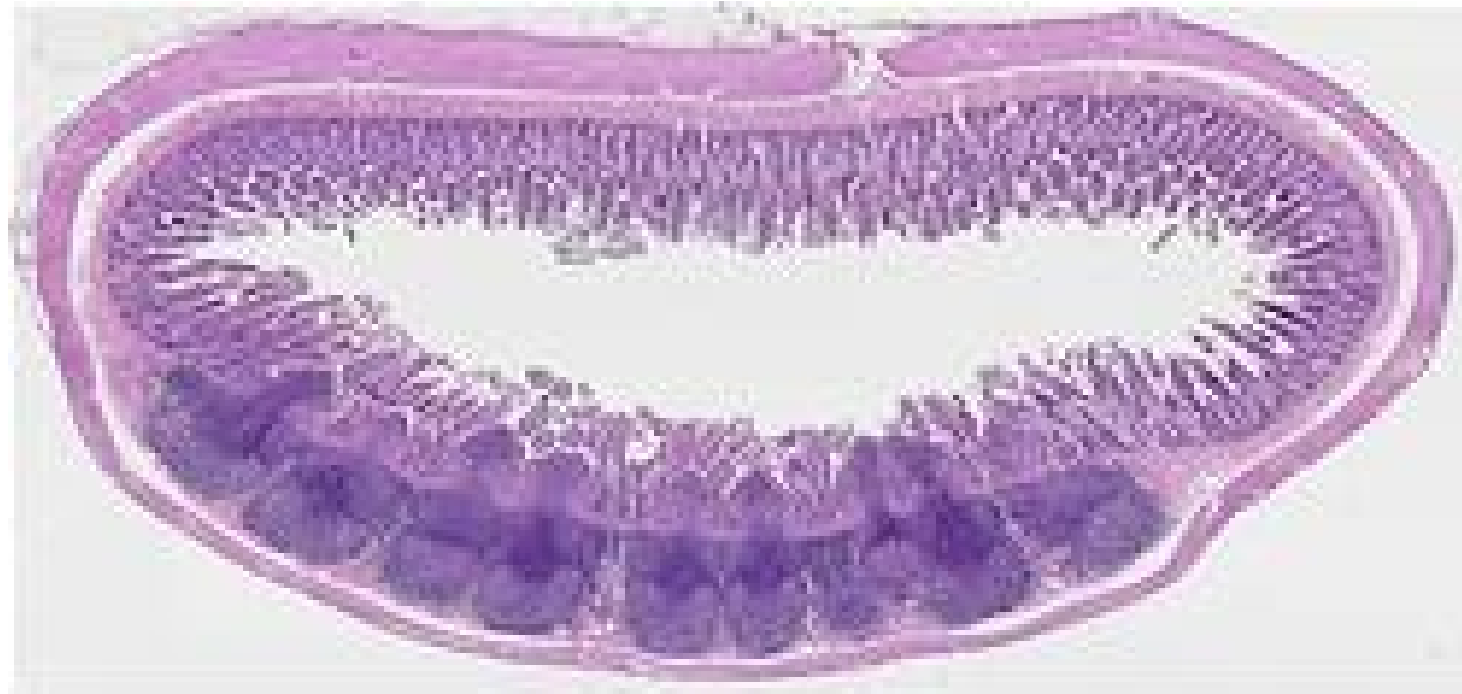
**villi**

**plicae  
circulares**





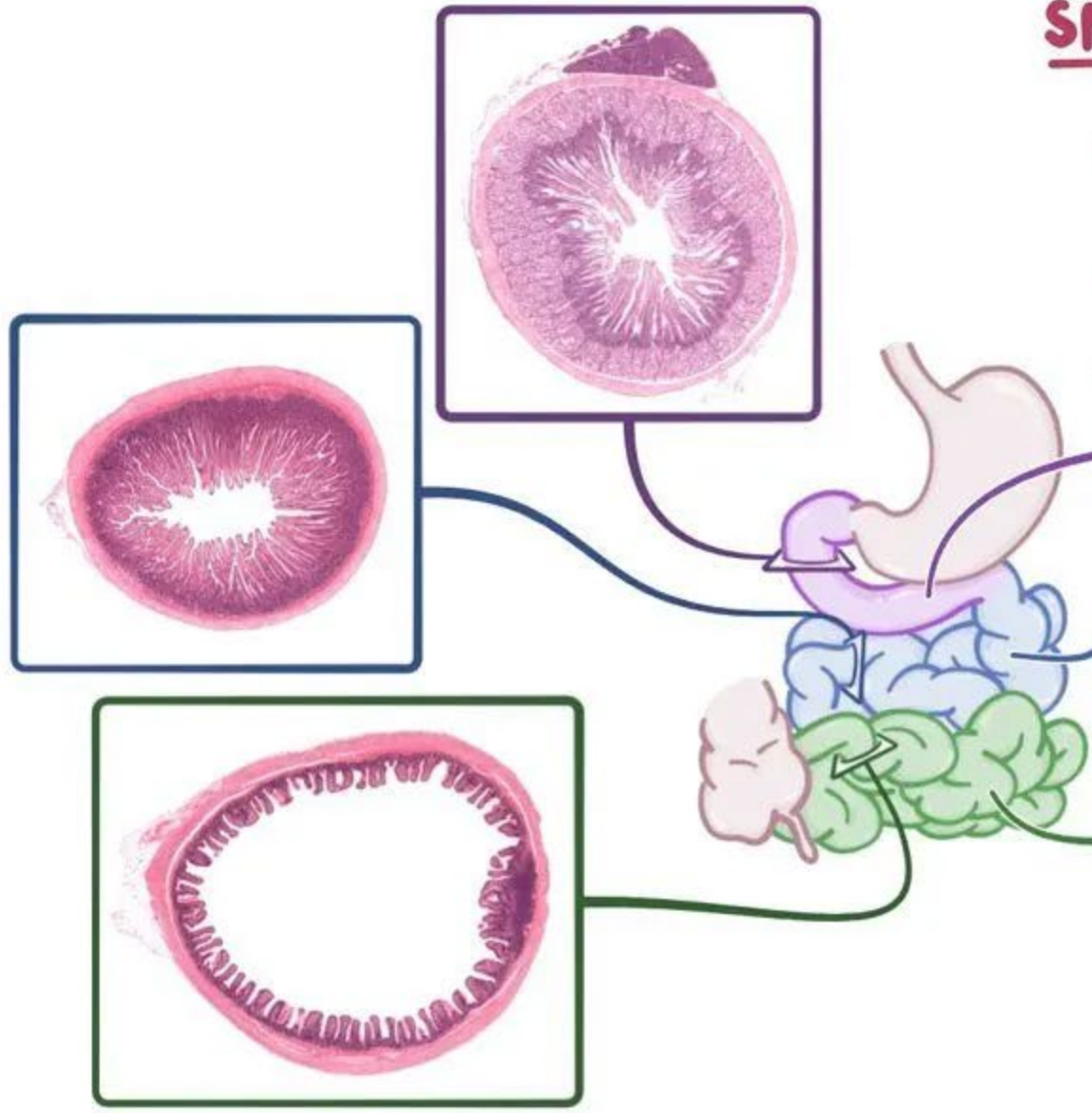
ILEUM





# SMALL INTESTINE

- \* LONGEST PORTION of the GI TRACT (6 METERS in ADULTS)
- \* MAIN SITE for DIGESTION & ABSORPTION of FOOD
- \* THREE MAIN SEGMENTS:



DUODENUM

↳ MOST PROXIMAL & SHORTEST SEGMENT

JEJUNUM

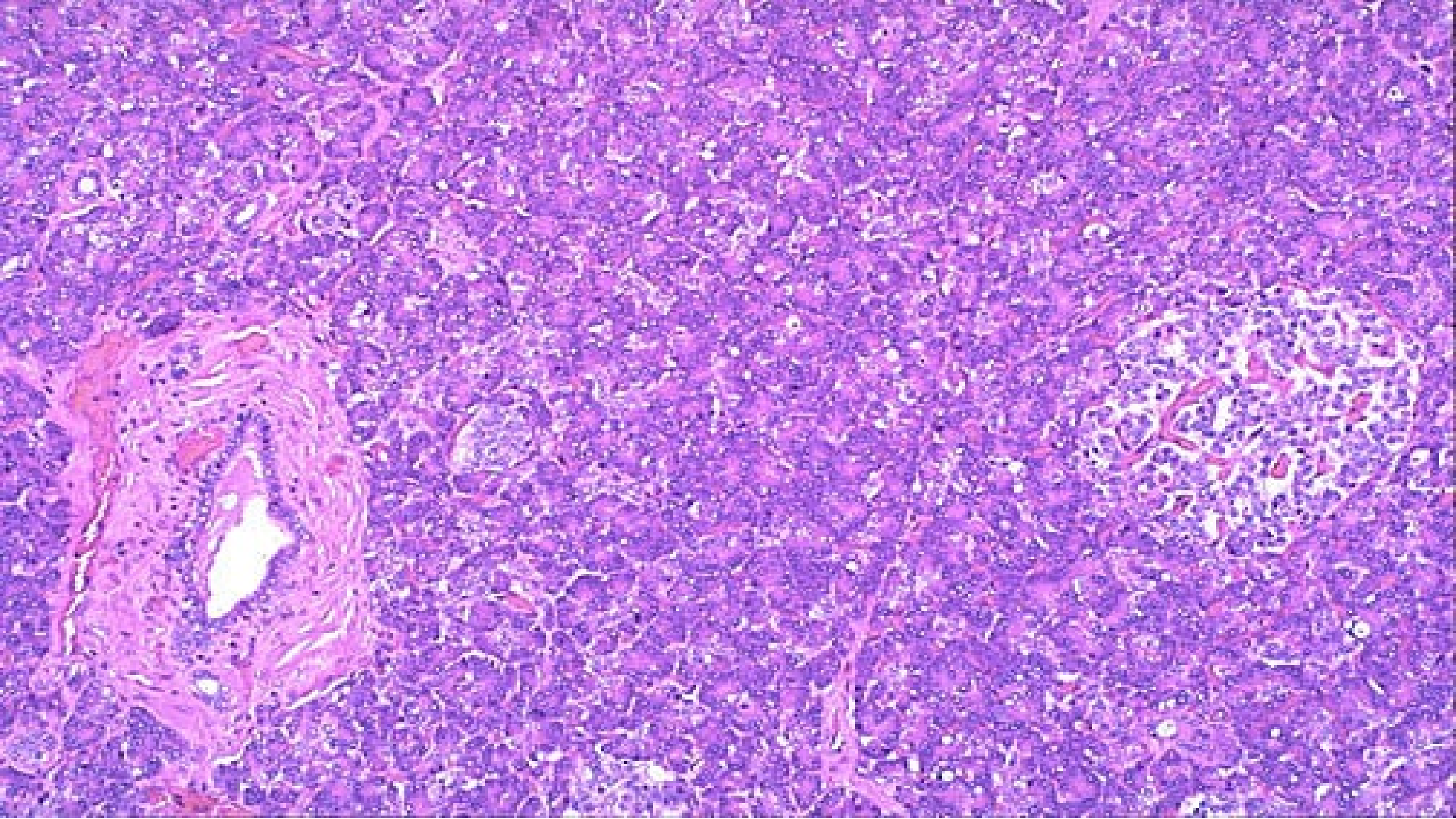
↳ ~2.5 METERS LONG

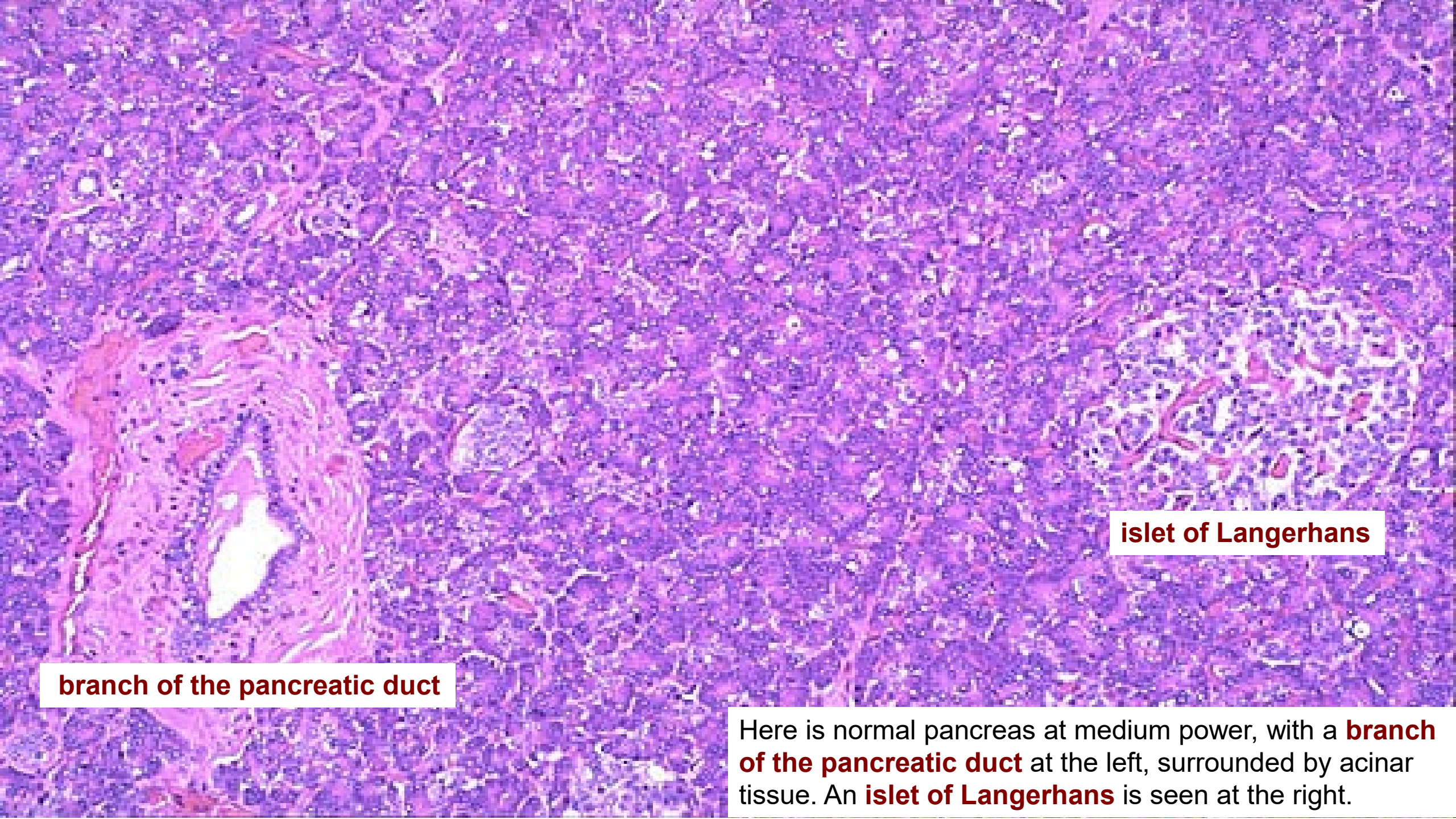
↳ GRADUALLY TRANSITIONS to the ILEUM

ILEUM

↳ 3.5 METERS LONG

↳ LEADS to the CECUM of the LARGE INTESTINE





**branch of the pancreatic duct**

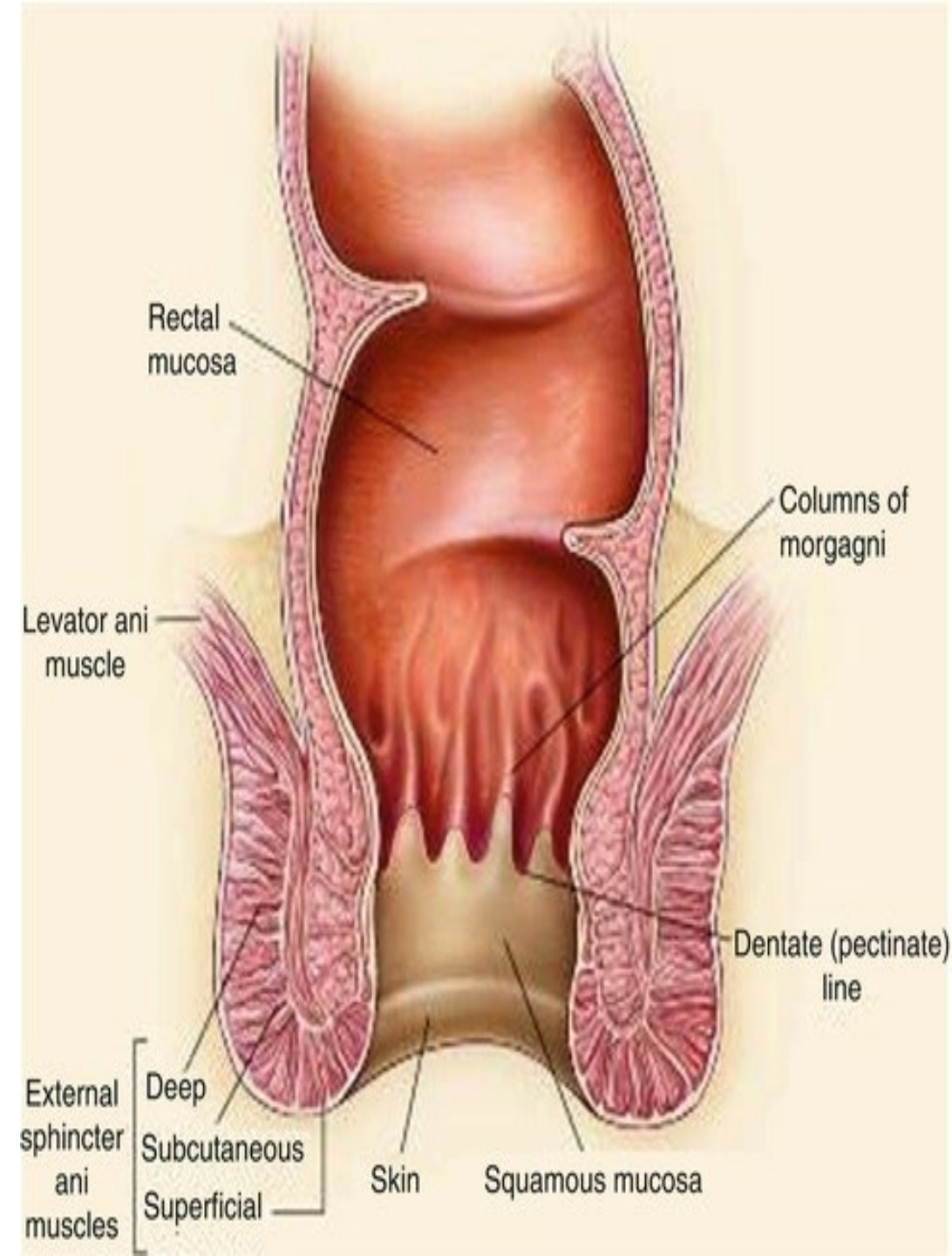
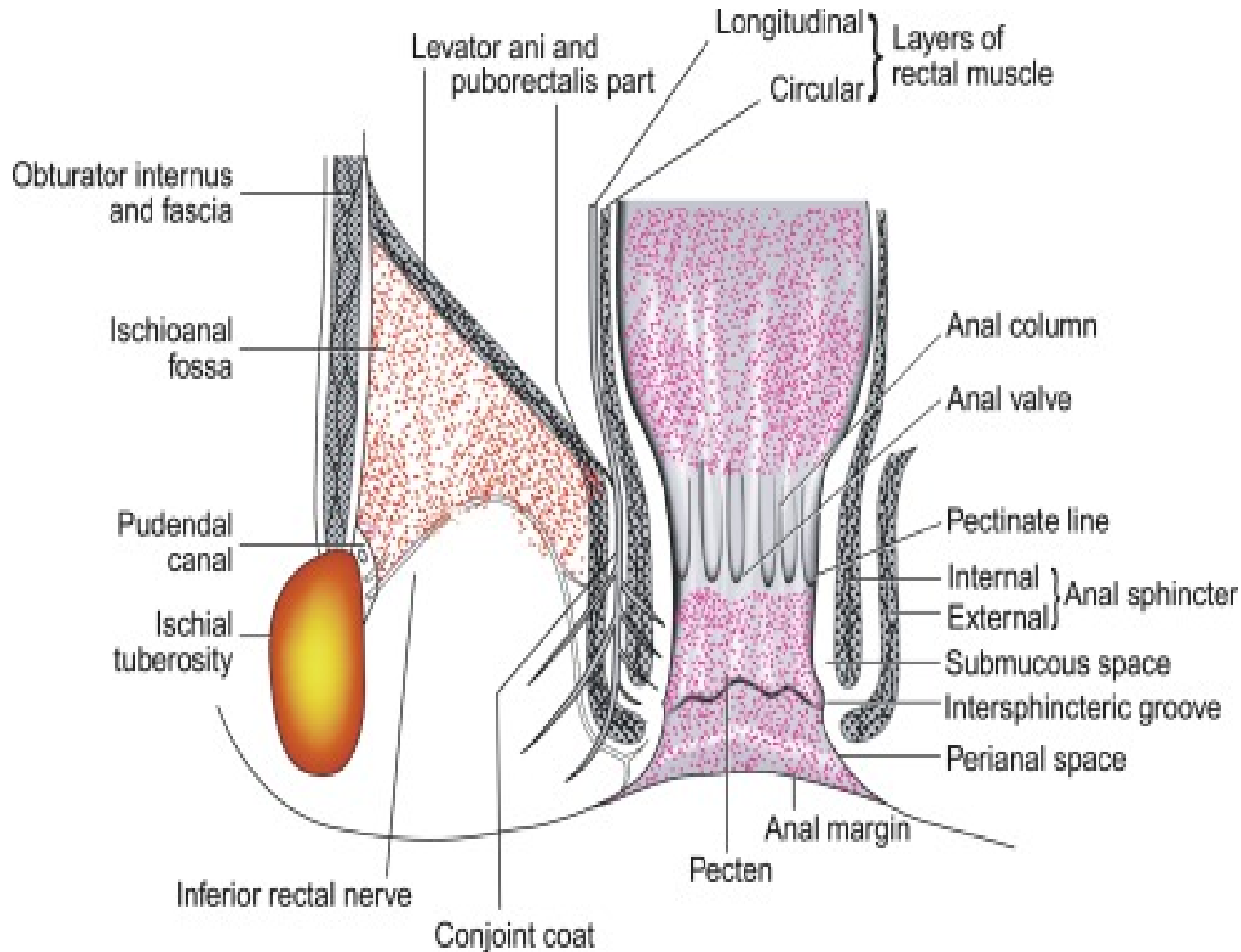
**islet of Langerhans**

Here is normal pancreas at medium power, with a **branch of the pancreatic duct** at the left, surrounded by acinar tissue. An **islet of Langerhans** is seen at the right.



**pectinate line -**

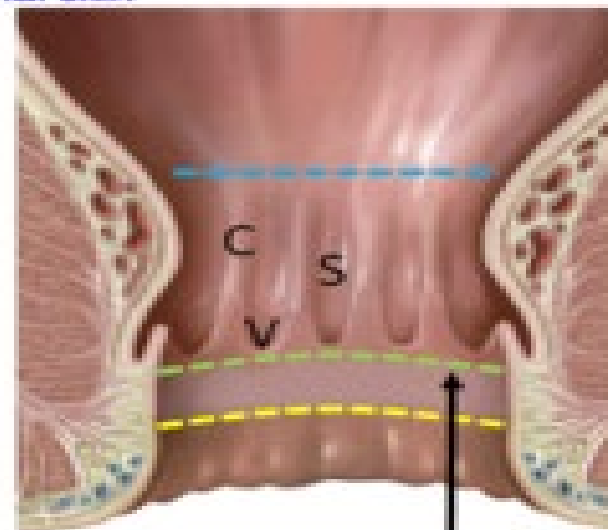
• **pectinate line** - anal canal small mucosal folds between the anal columns (anal valves).



# The Rectum and Anal Canal

transverse folds in the superior portion leads into a swelling called the ampulla and then we have the narrowing (junction)

yellow line is where the mucosal membranes end and we transition into the perianal skin



**Pectinate Line**

where the valves line up

important when we look at the neurovascular supply (green line)

**LEVATOR ANI**

muscles coming in which will be the pelvic floor (puborectalis)

**Internal Anal Sphincter**

next to the anal canal

controlled autonomically

**External Anal Sphincter**

voluntary control

allows for more of a transition to the external surface and this reflects similar to the skin on the rest of the body where it has more of protective mechanisms for the anal orifice and not a mucosa all the way down

Superior Transverse Rectal Fold  
 Middle Transverse Rectal Fold  
 Inferior Transverse Rectal Fold

Rectal Ampulla

Anal Columns

between columns  
 Anal Sinuses

Anal Valves

**ANUS**

Perianal Skin

bottom of the sinuses which provide lubrication for easier fecal matter

**RECTUM**  
 ↑  
**ANORECTAL JUNCTION**  
 transition  
 ↓  
**ANAL CANAL**



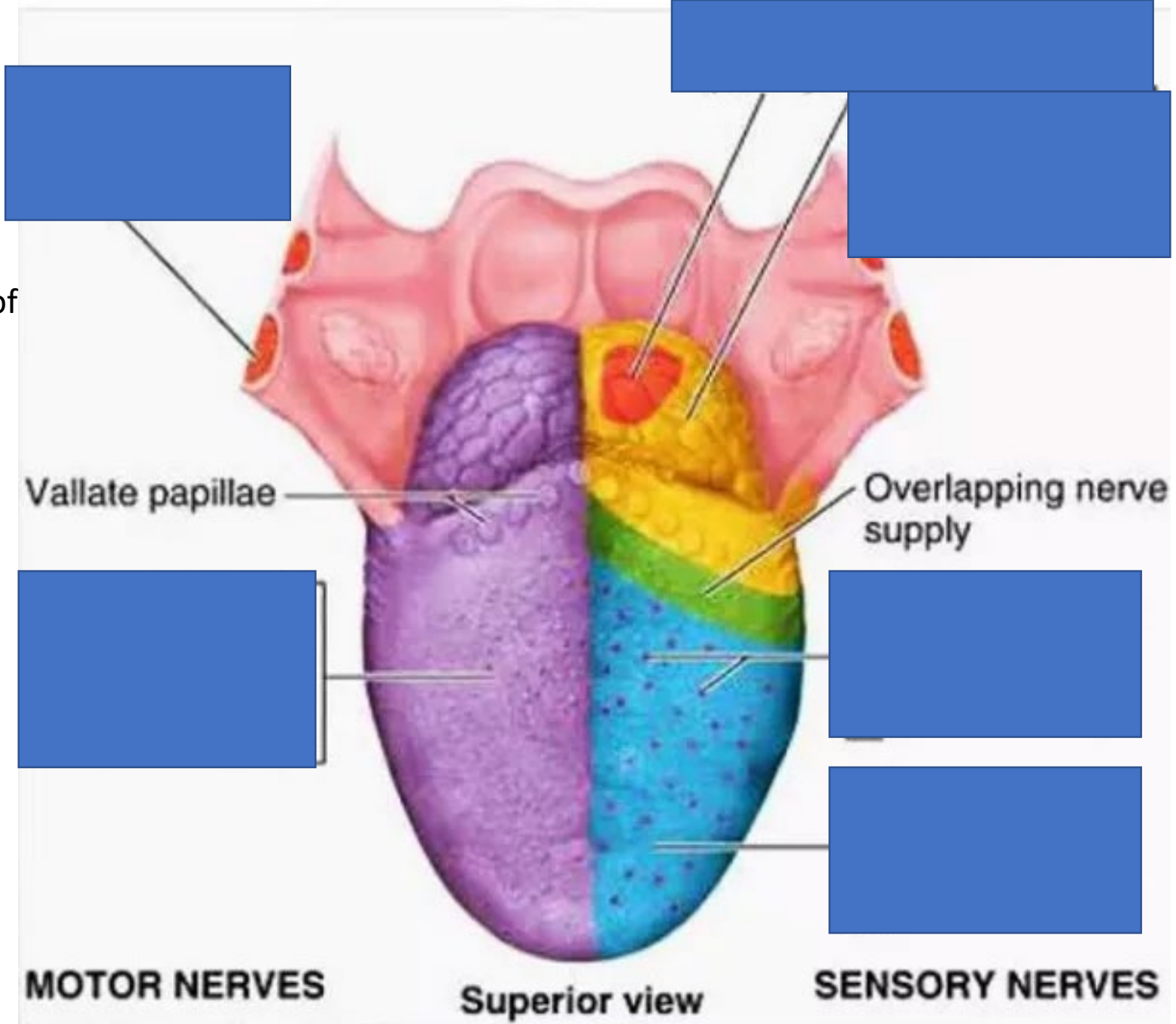
# Abdominal quadrants

<b>Right upper quadrant</b>	<b>Left upper quadrant</b>
<b>Right lower quadrant</b>	<b>Left lower quadrant</b>

# Abdominal quadrants

<b>Right upper quadrant</b>	<b>Left upper quadrant</b>
Liver right lobe Gallbladder, stomach, pylorus, duodenum, Pancreas head, R suprarenal gland, R kidney, R colic flexure, Ascending colon superior part, Transverse colon R half.	Liver left lobe Spleen, stomach, jejunum, prox ileum, pancreas body and tail, left kidney, L suprarenal, left colic flexure, Transverse colon left part, descending colon superior part.
<b>Right lower quadrant</b>	<b>Left lower quadrant</b>
Cecum, Appendix, Ileum, Asc. Colon, R ovary, R uterine tube, R ureter, R spermatic cord, Uterus, Urinary bladder (full)	Sigmoid colon, Desc. Colon, L ovary, L uterine tube, L ureter, L spermatic cord, Uterus enlarge, Urinary bladder ( full).

Innervation of the tongue?

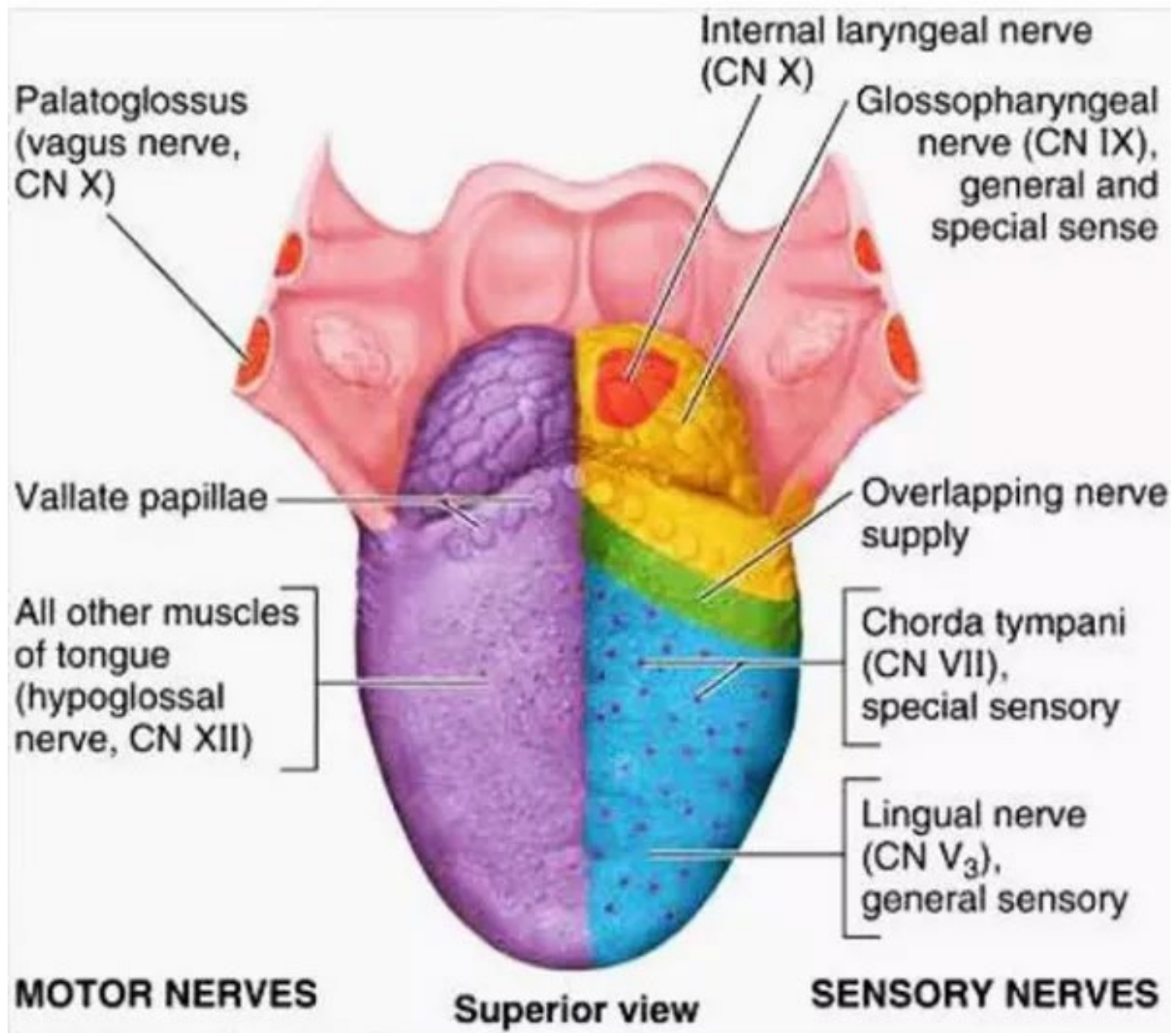


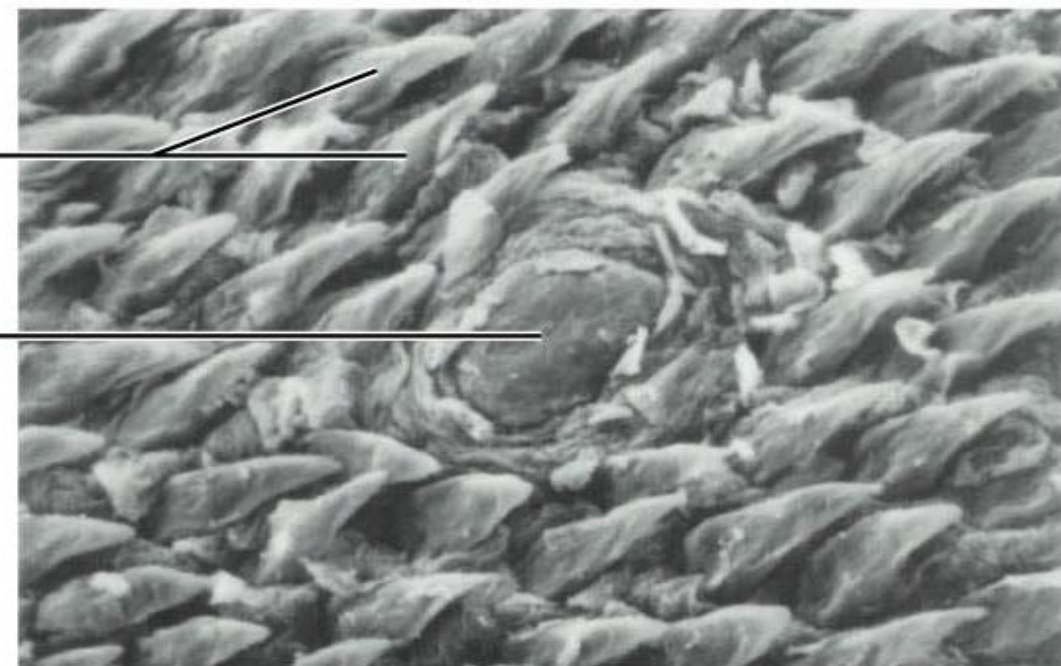
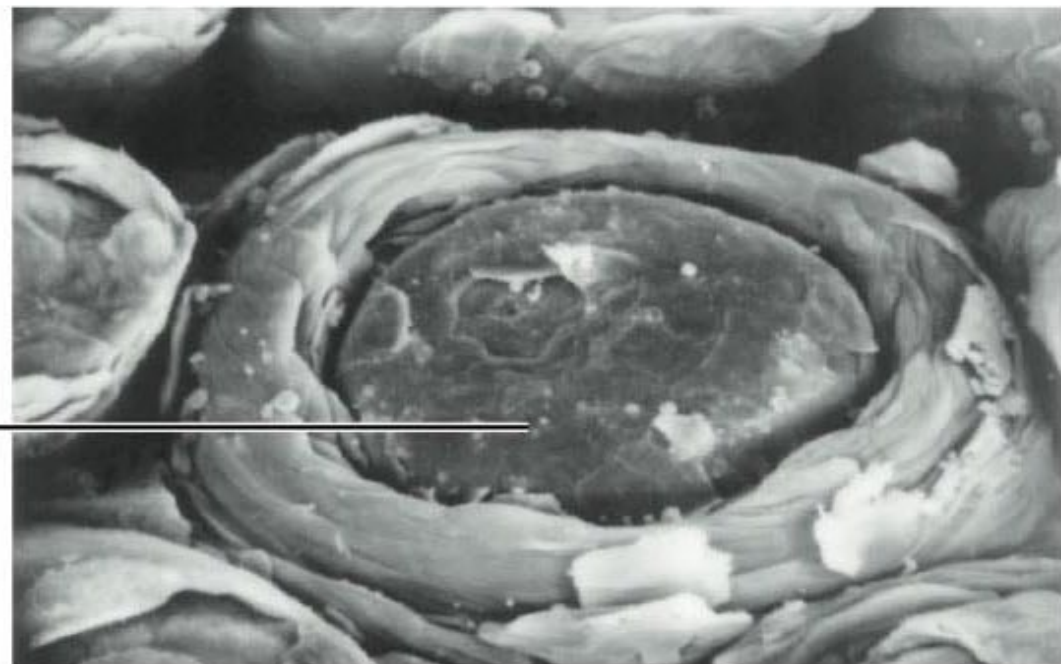
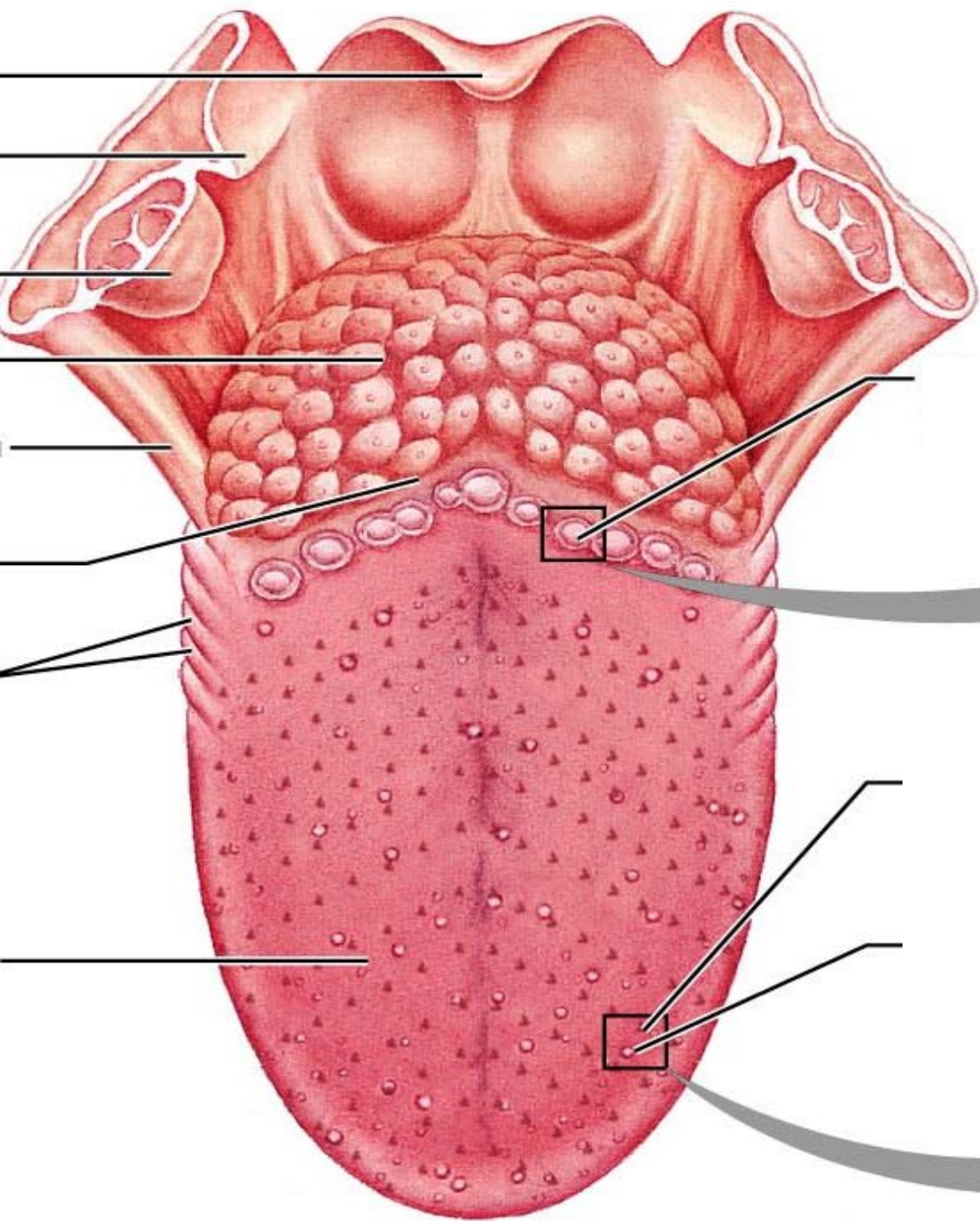
MOTOR NERVES

Superior view

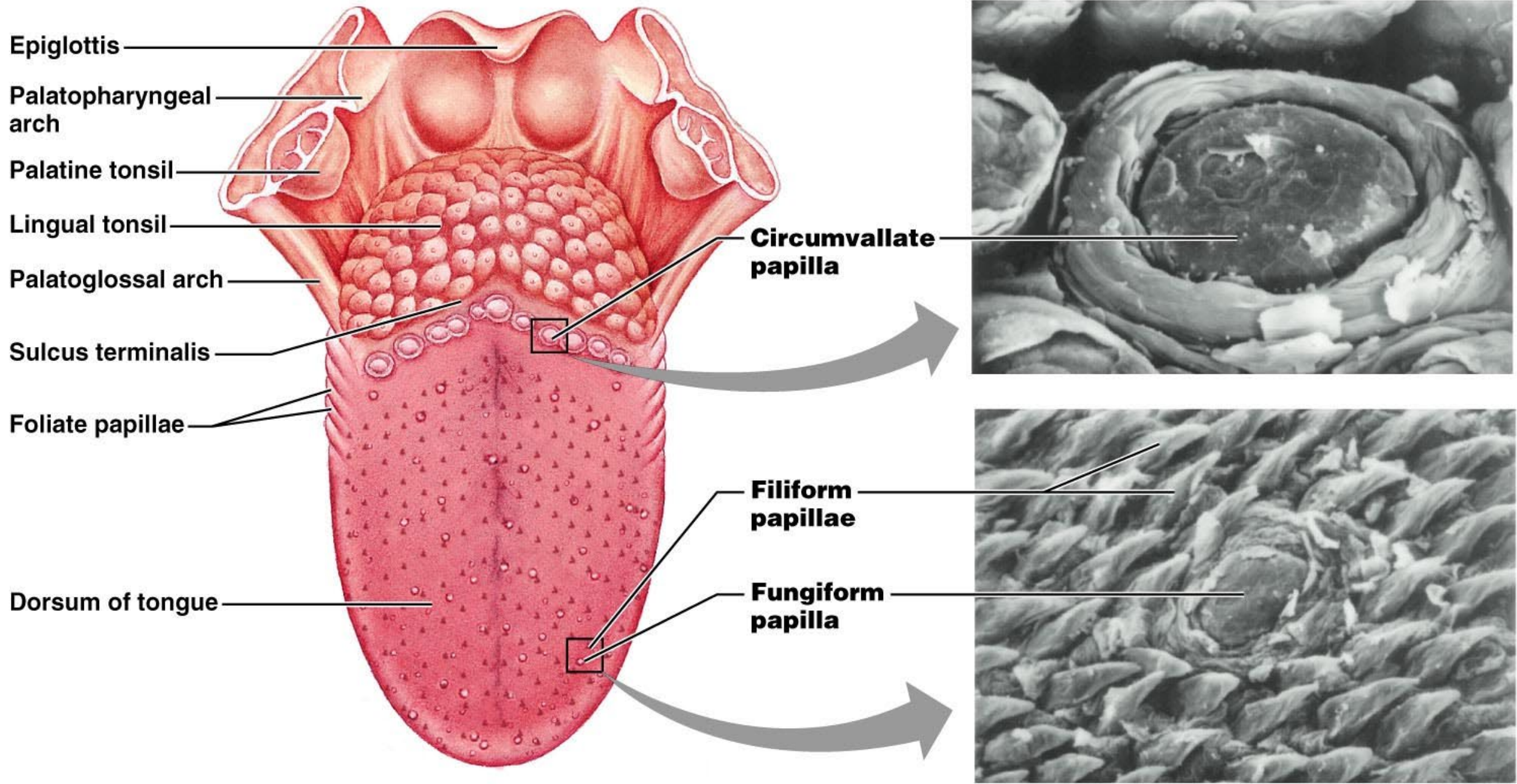
SENSORY NERVES





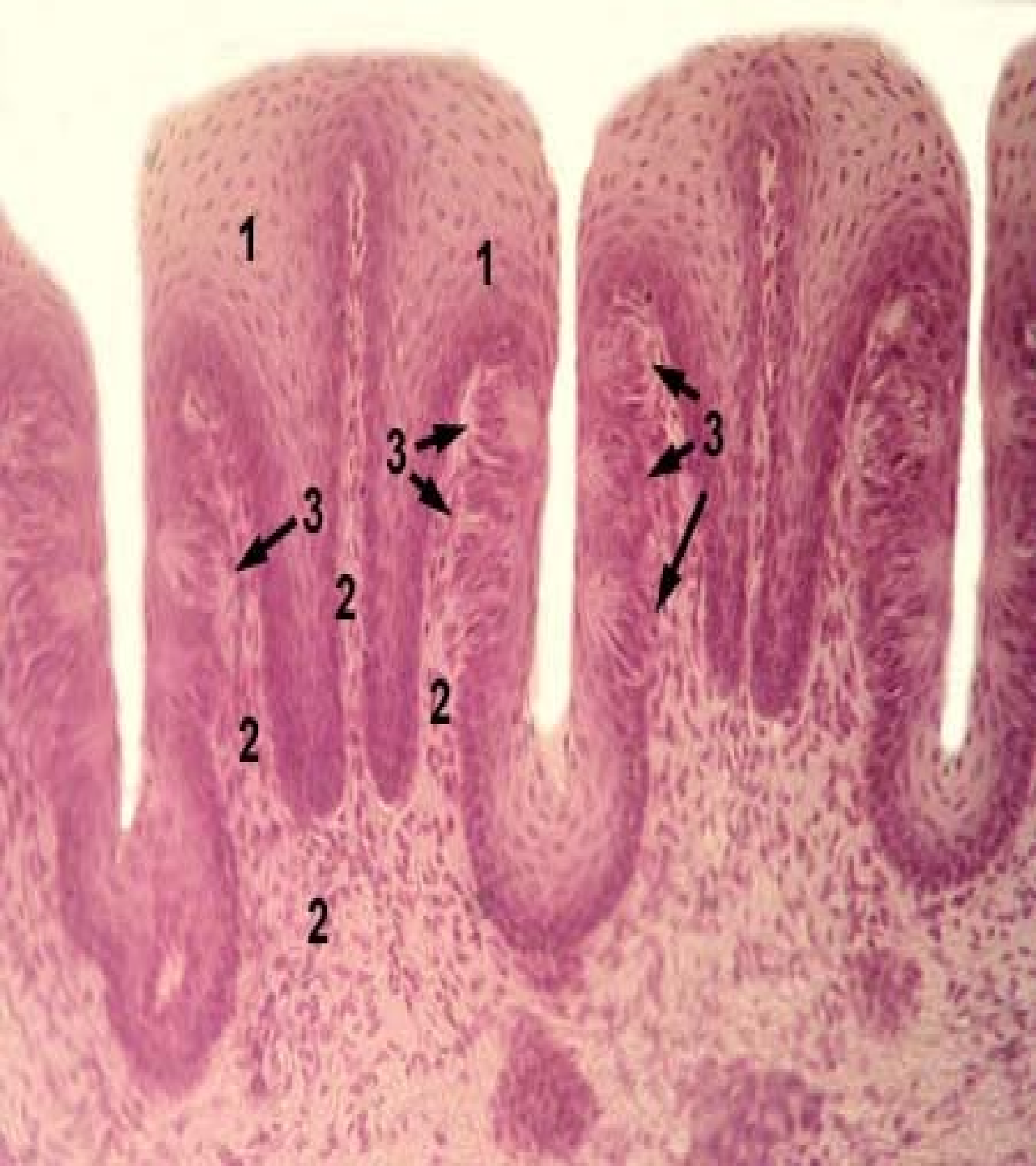






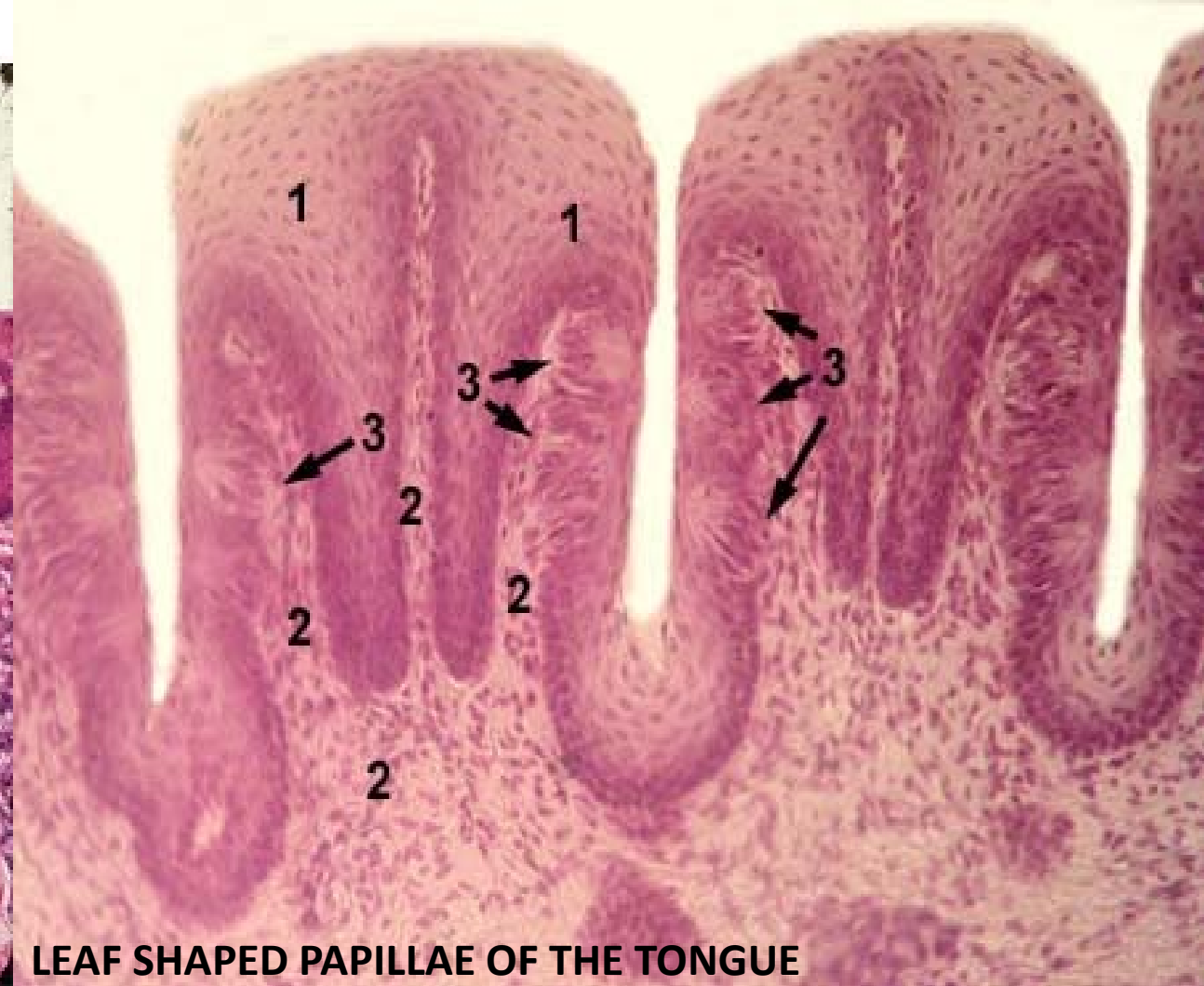


# Histology Lab Part 13: Slide 36





Detail of circumvallate papilla, showing pale taste buds opening into the lumen of the furrow that surrounds the papilla.



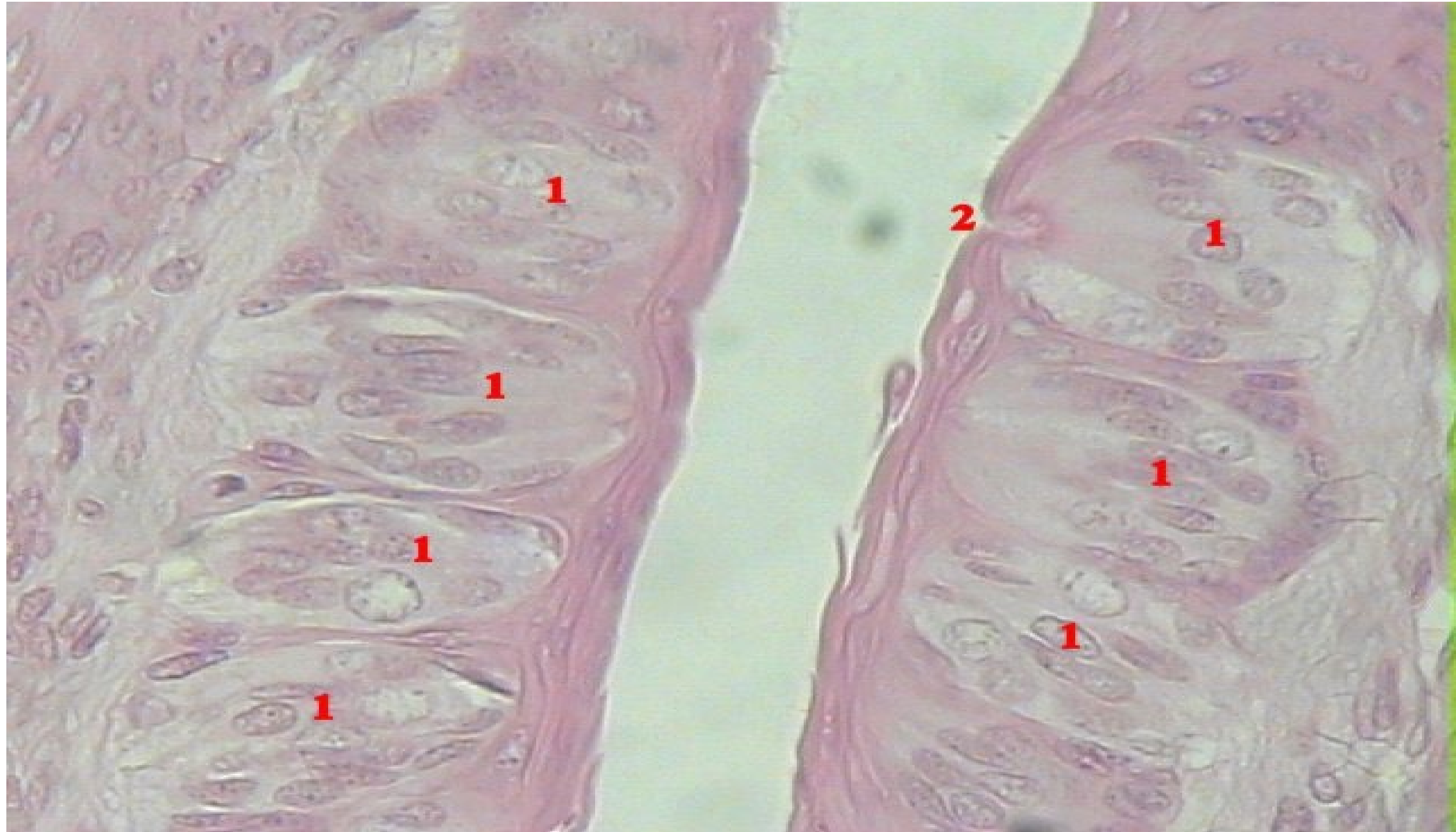
**LEAF SHAPED PAPILLAE OF THE TONGUE**

*Stained with haematoxylin and eosin* 1 - epithelium covering papilla

(stratified squamous nonkeratinizing)

2 - core of the papilla (lamina propria of the mucosa of dorsal surface of the tongue)

3 - taste bud

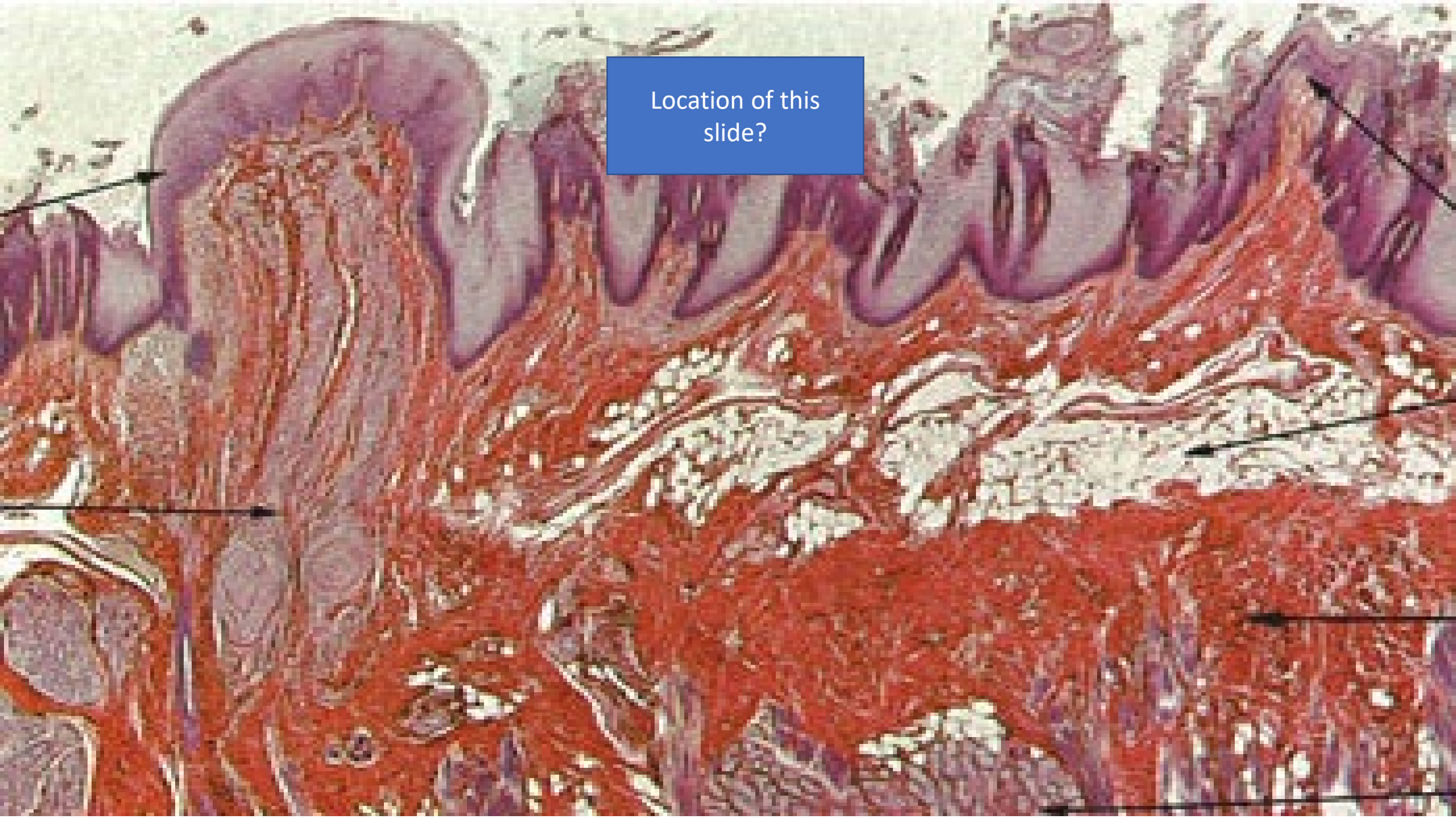


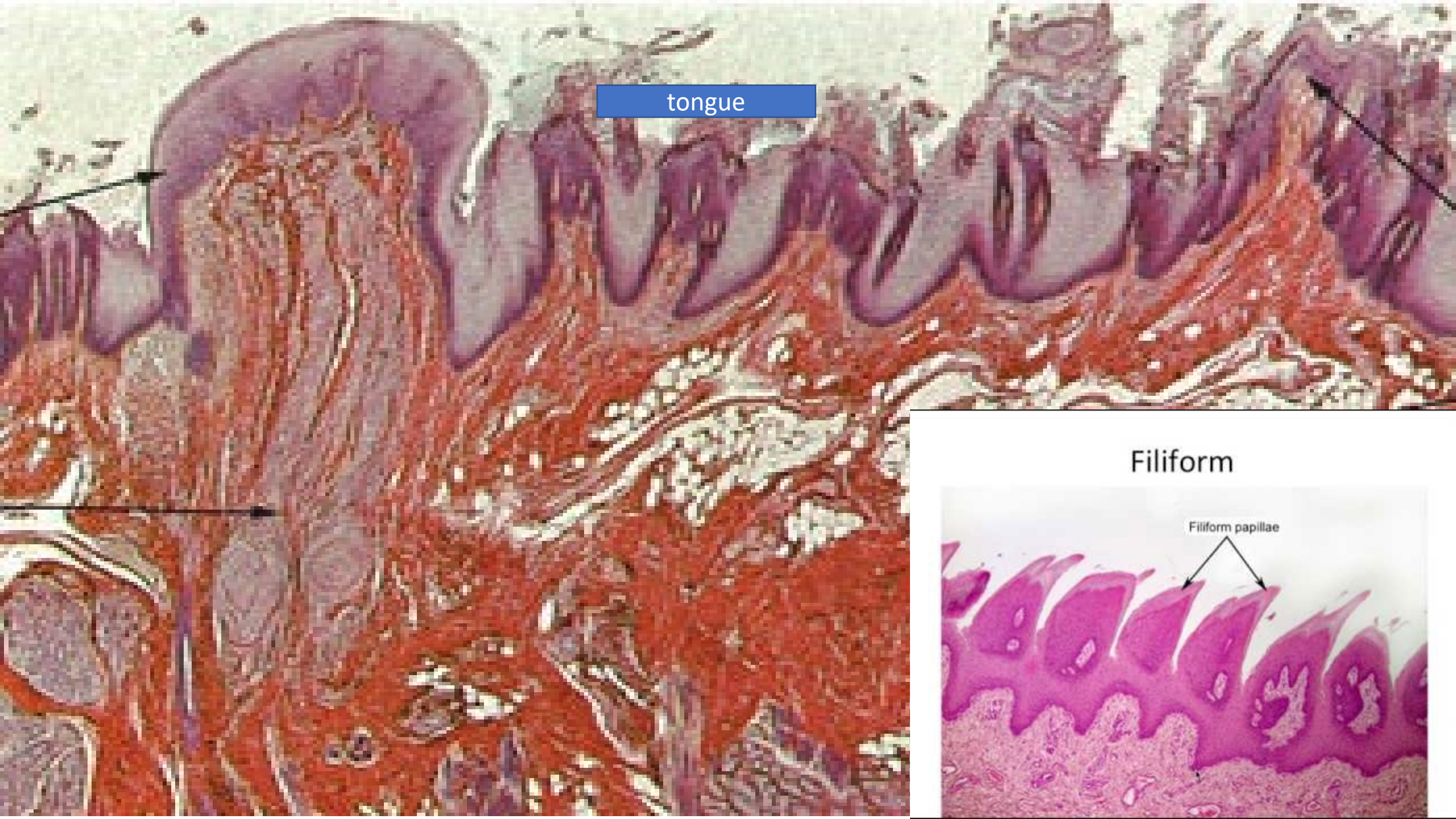


Gustative buds tongue



Location of this slide?





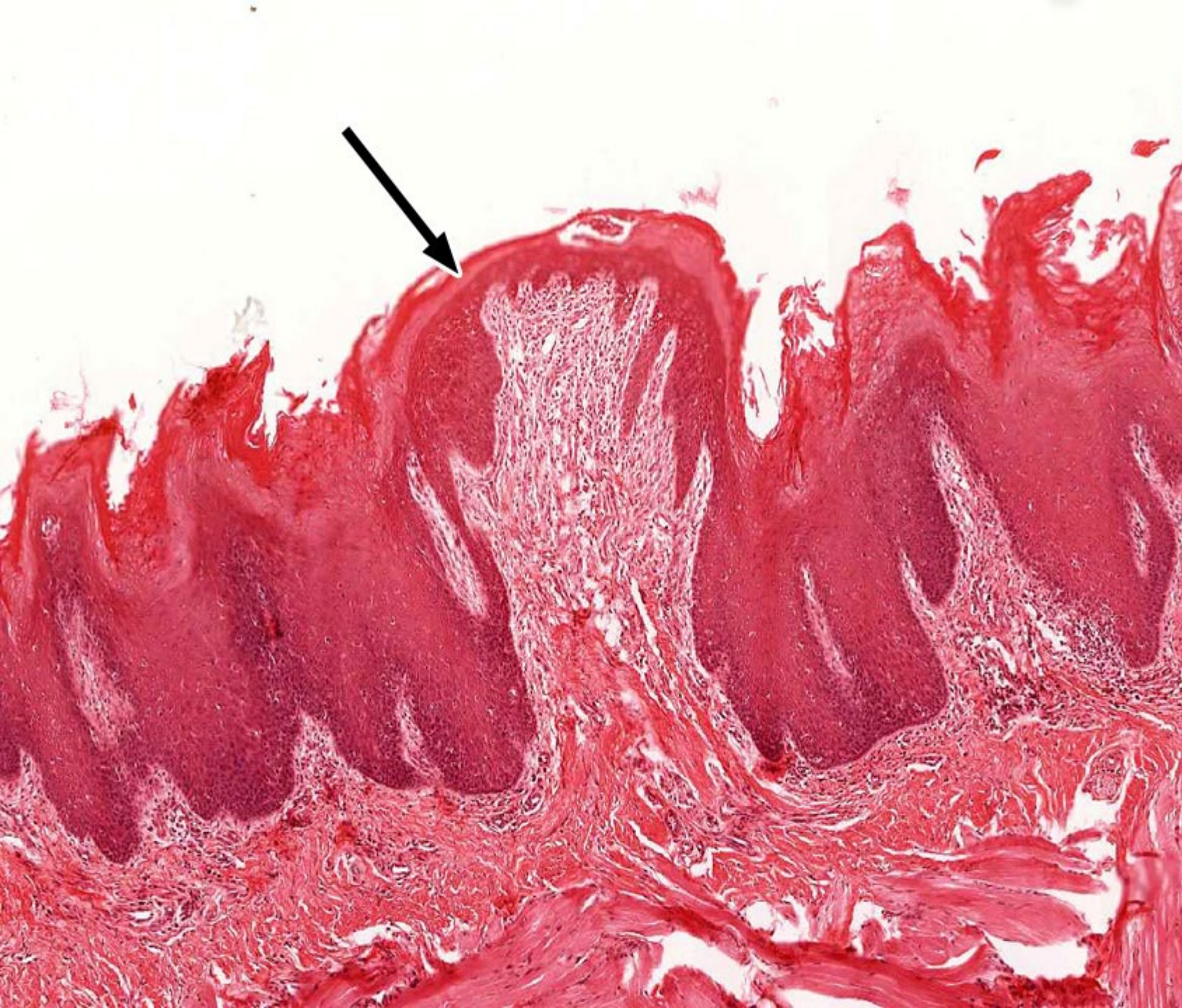
tongue

Filiform



Filiform papillae





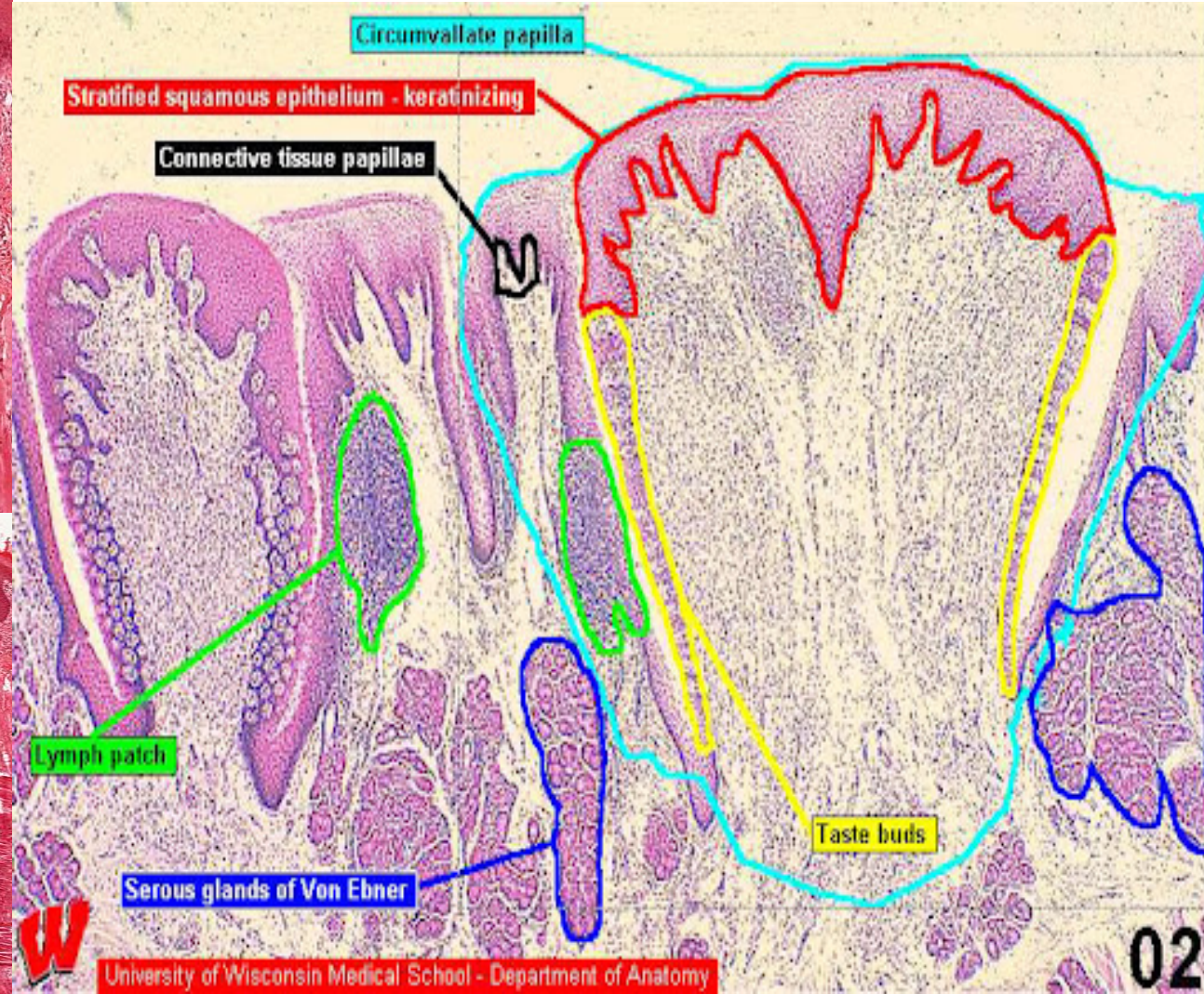
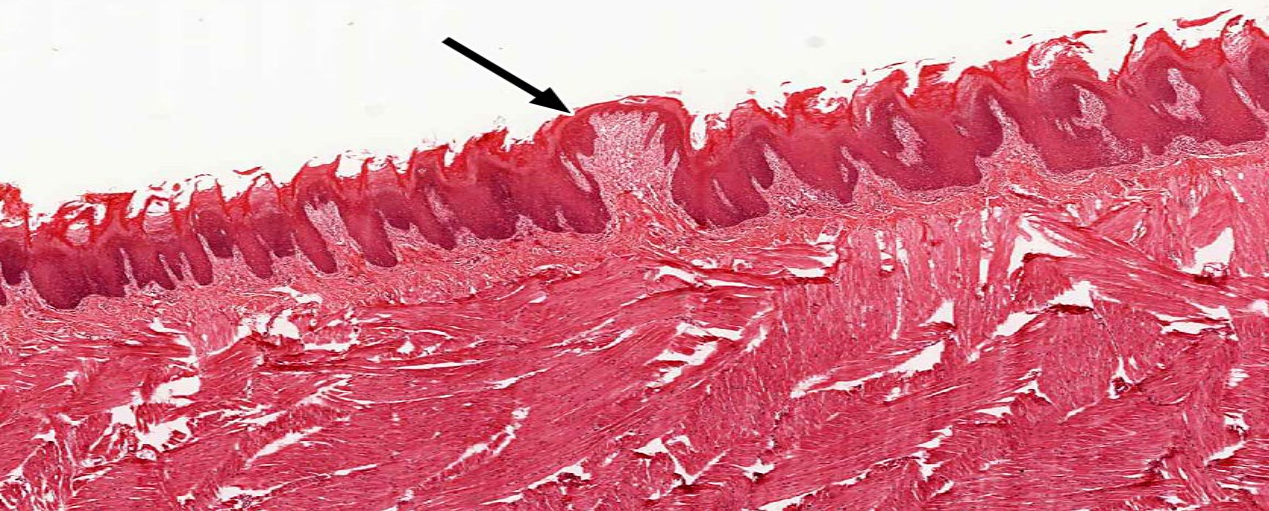
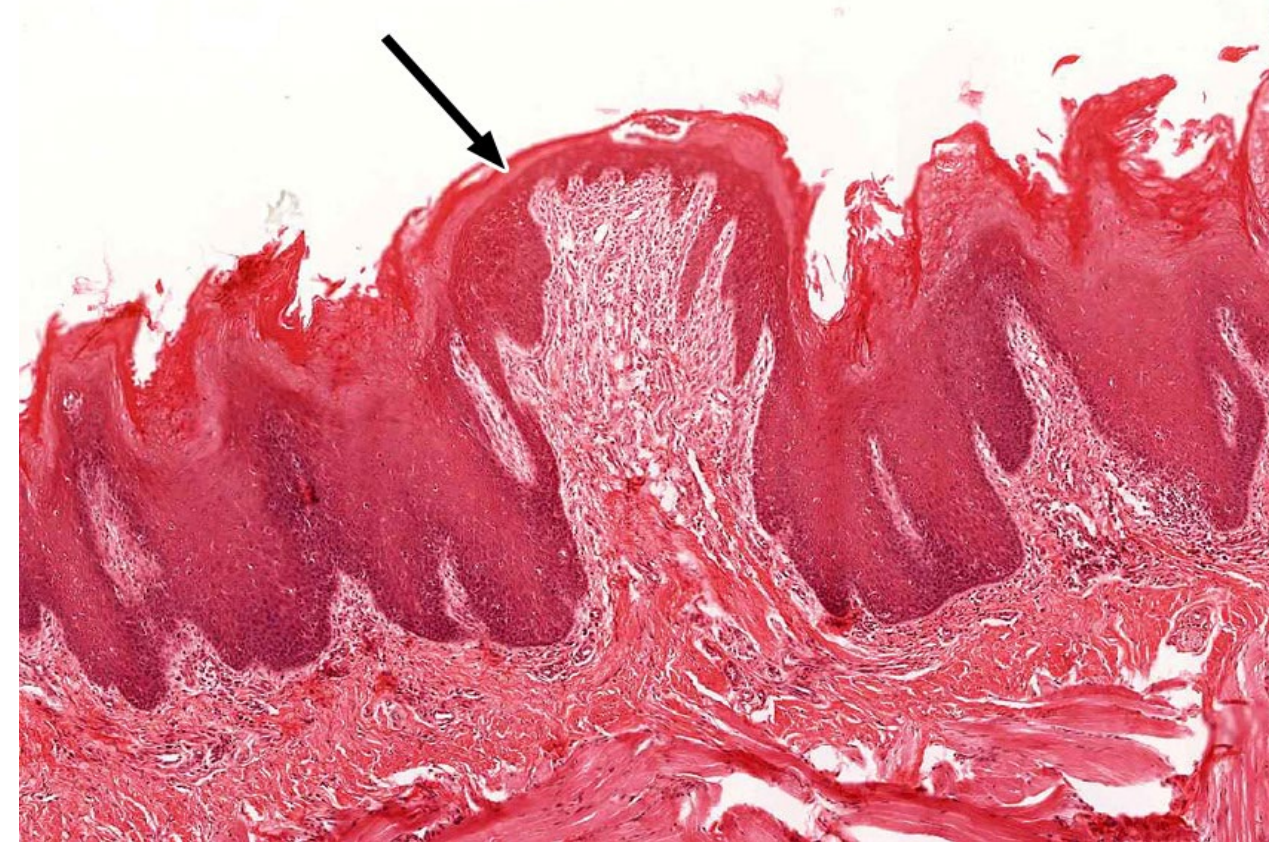
Identify this structure?

1. The vermilion zone of the lip
2. A filiform papilla of tongue
3. A fungiform papilla of tongue
4. A circumvallate papilla of tongue
5. The mucosa of pharynx

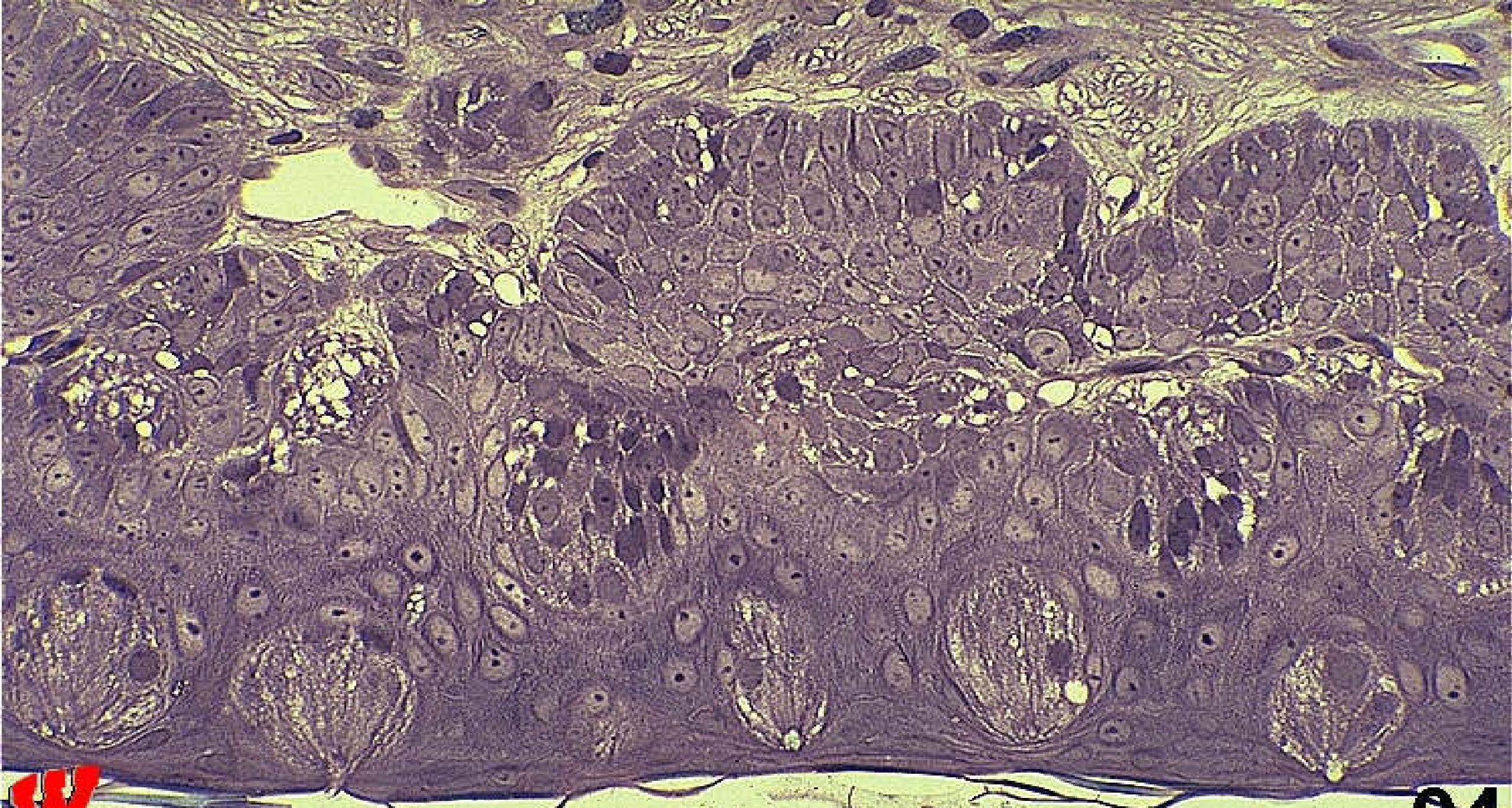


Identify this structure?

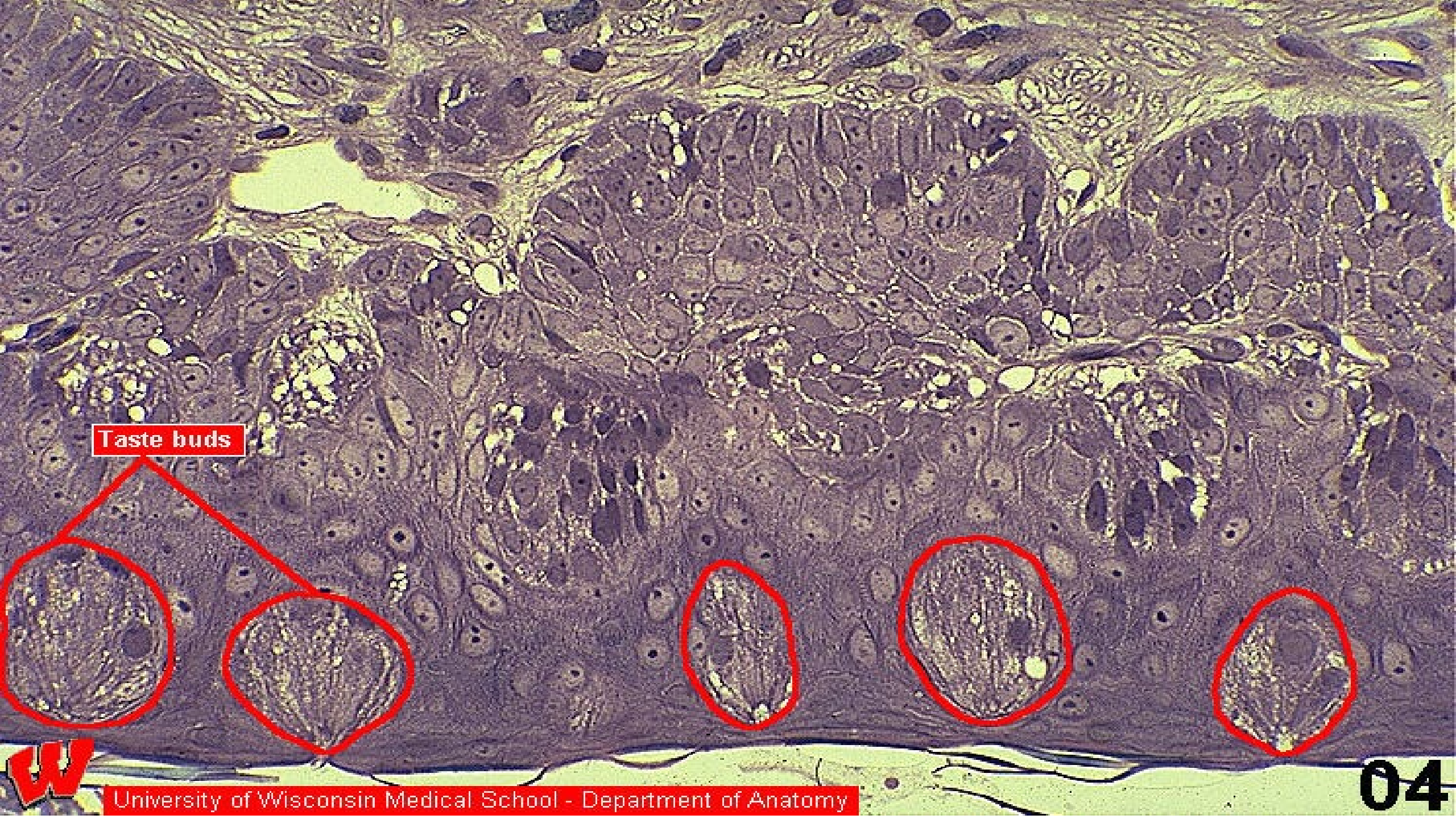
1. The vermilion zone of the lip
2. A filiform papilla of tongue
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4. A circumvallate papilla of tongue
5. The mucosa of pharynx





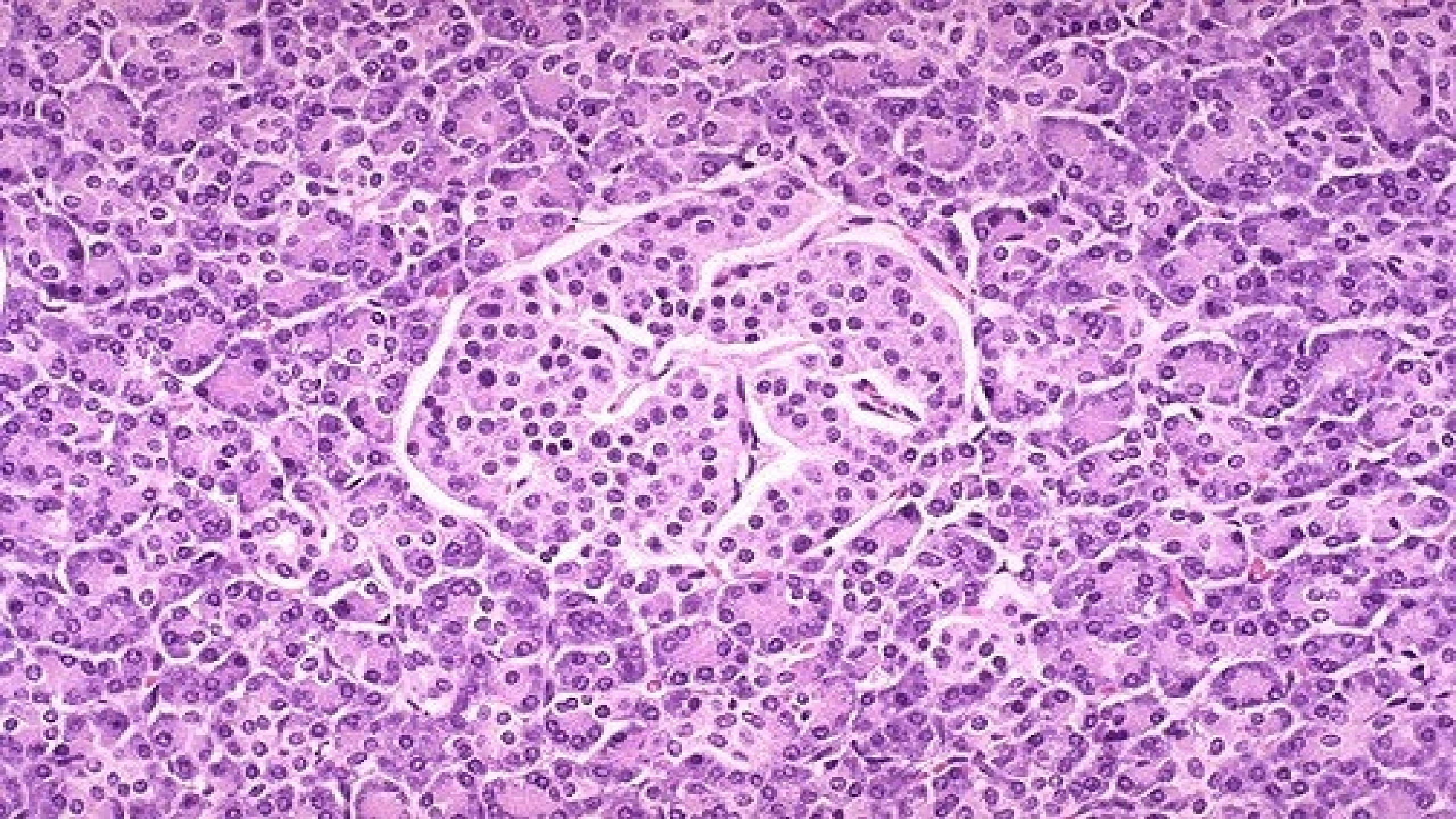


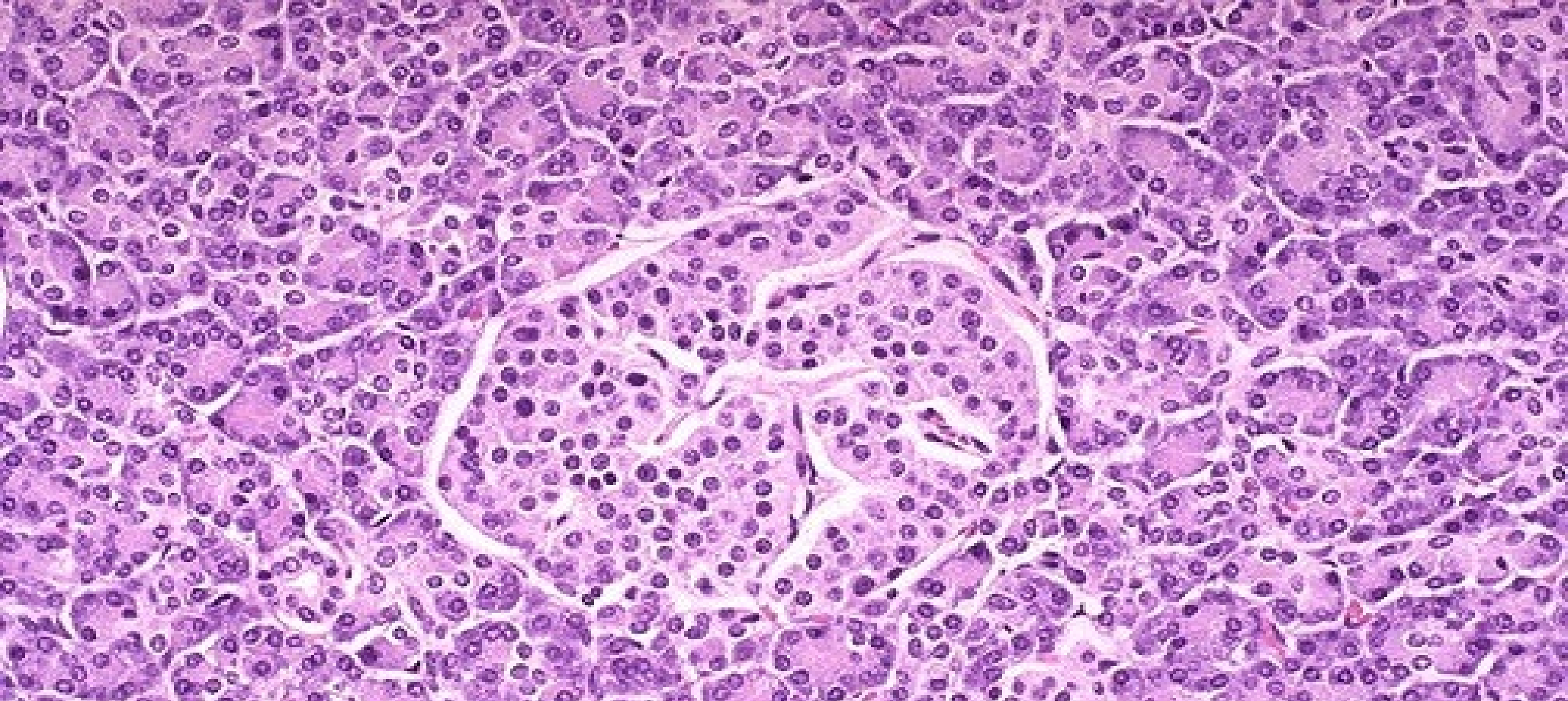




Taste buds

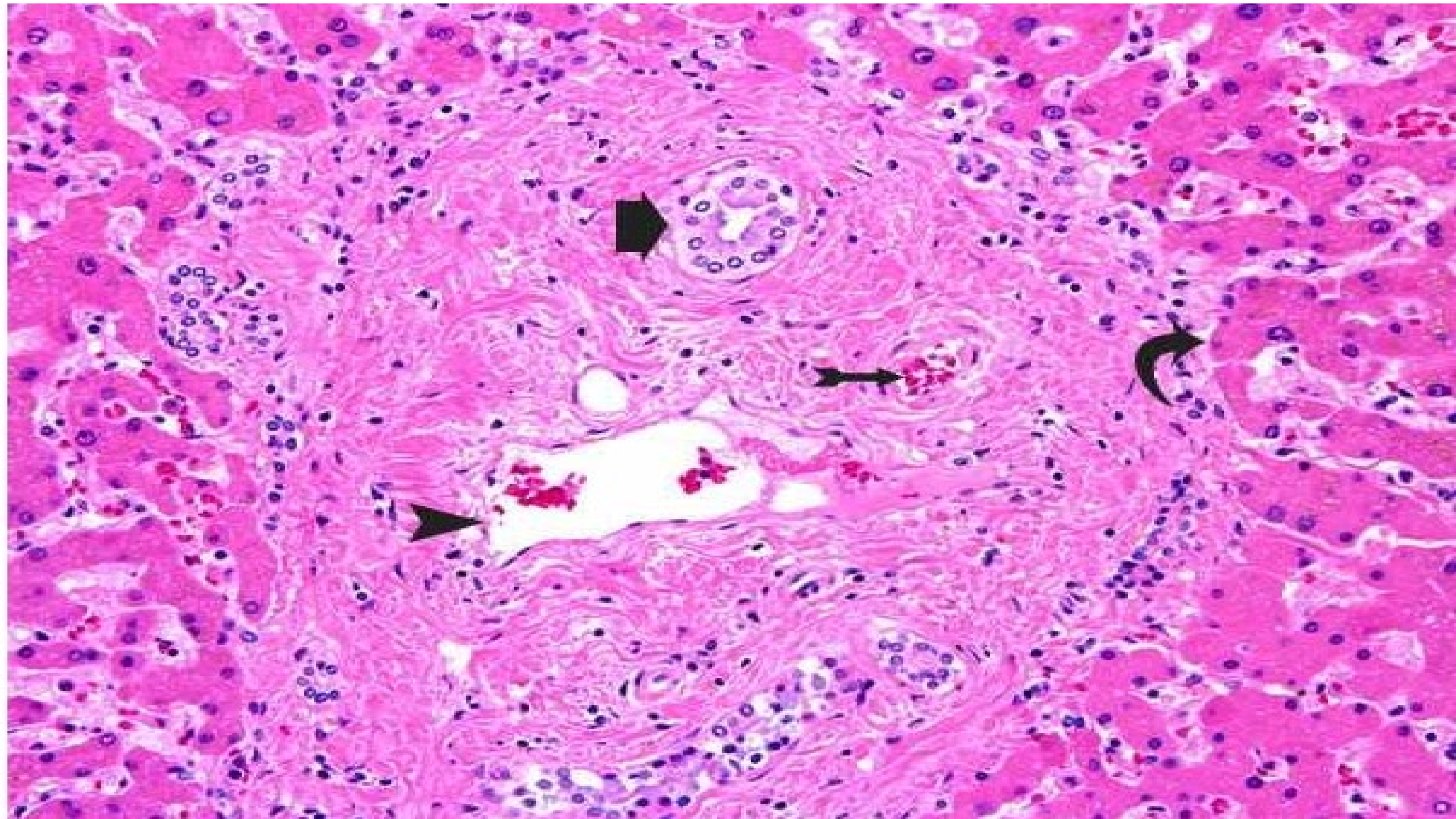




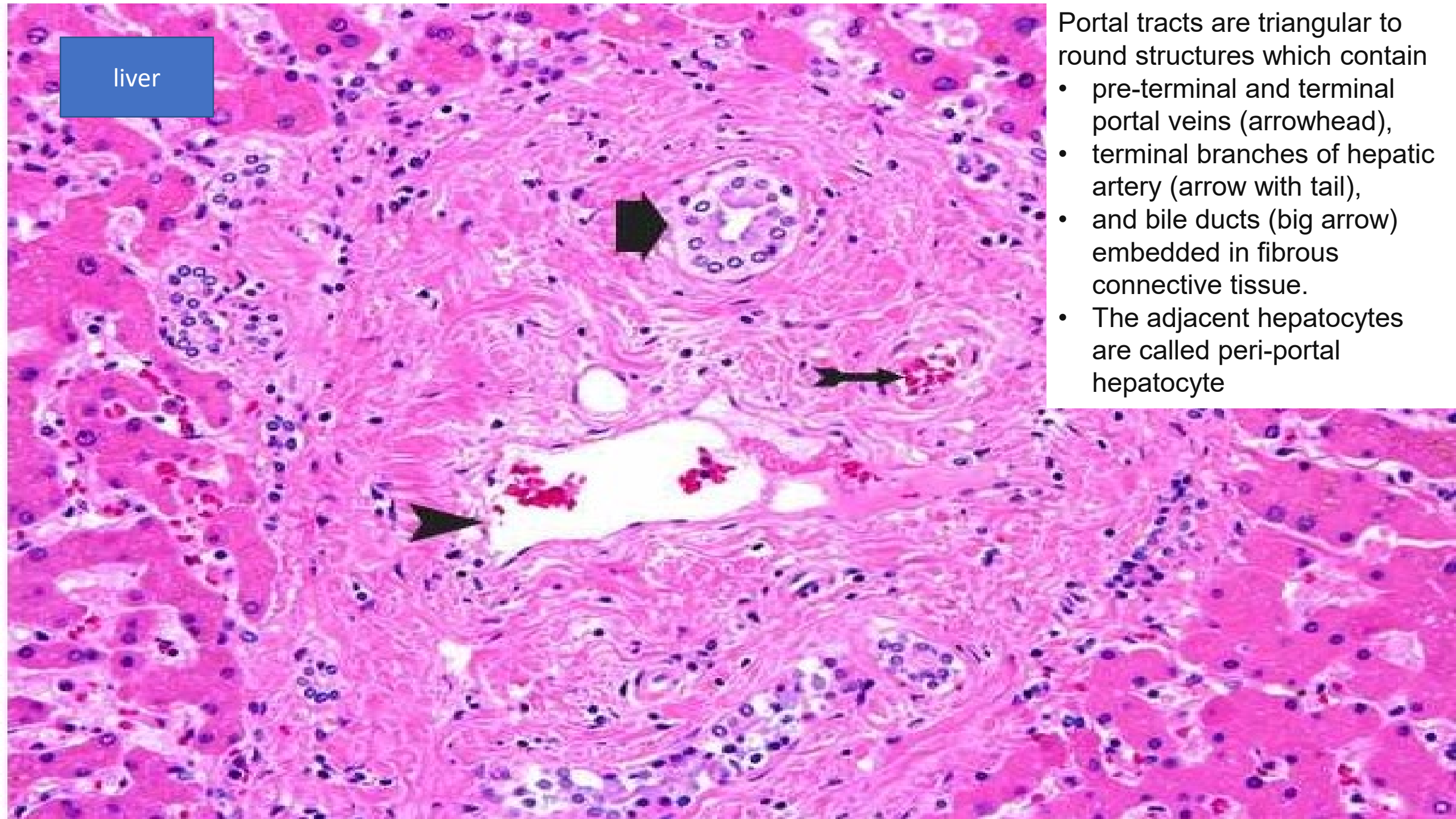


This is a normal **islet of Langerhans** seen at high power, surrounded by acinar pancreas. The endocrine cells of the islet have a similar appearance with H&E staining. Immunohistochemical staining can reveal which are alpha cells (secreting glucagon), beta cells (insulin), and delta cells (somatostatin).

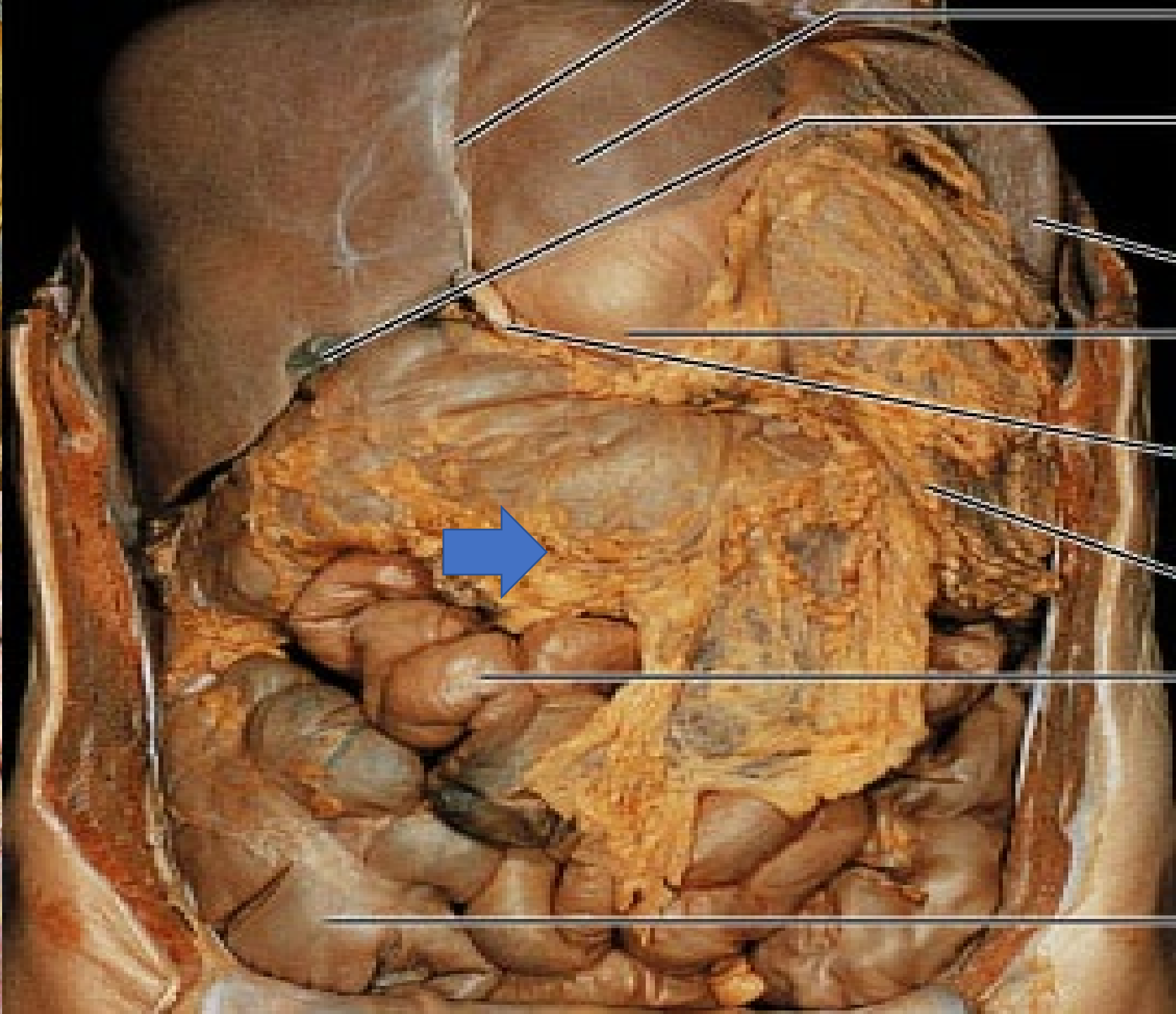
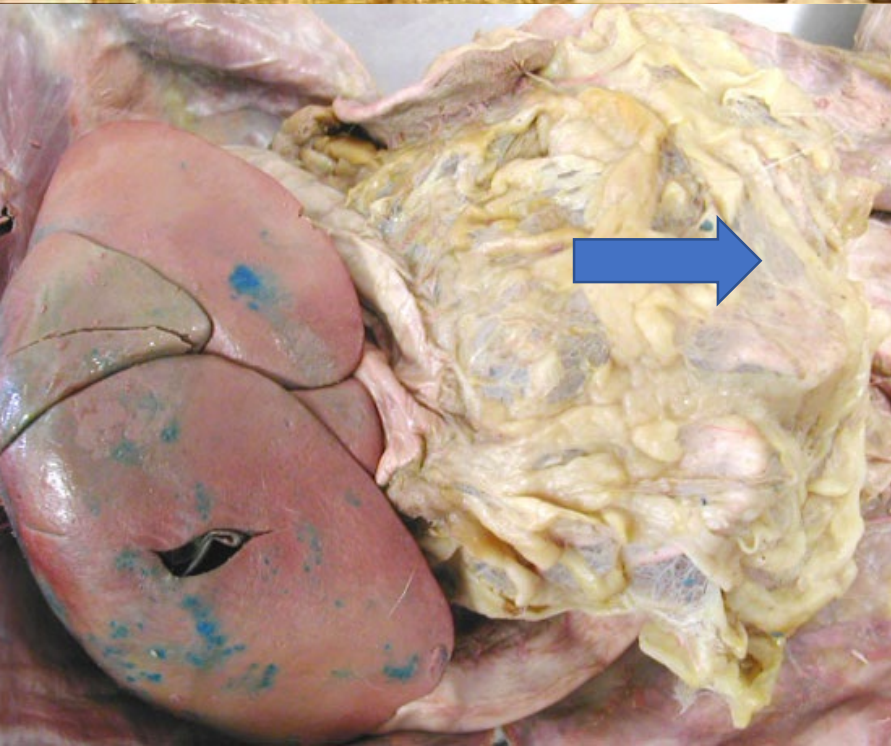




liver



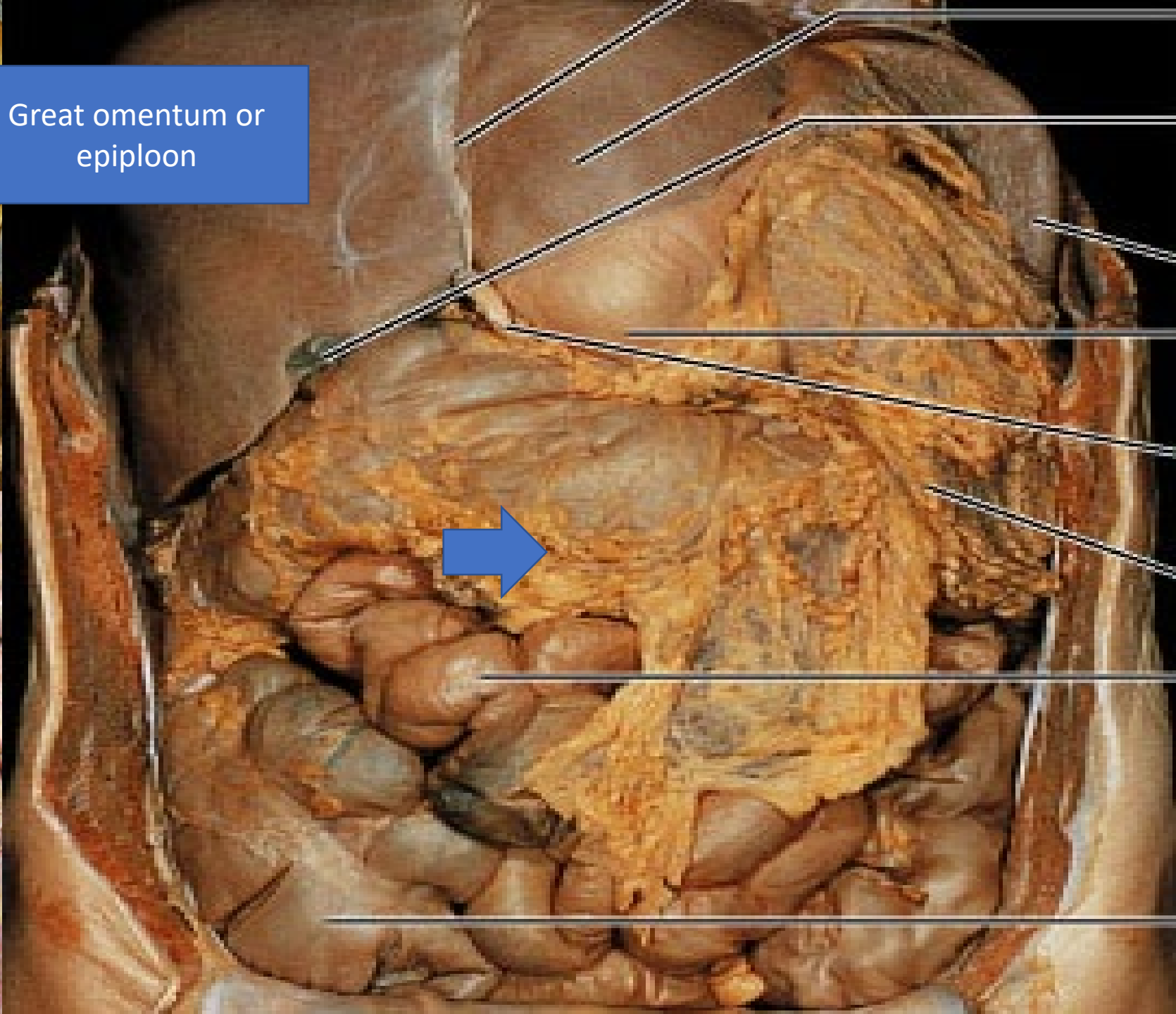
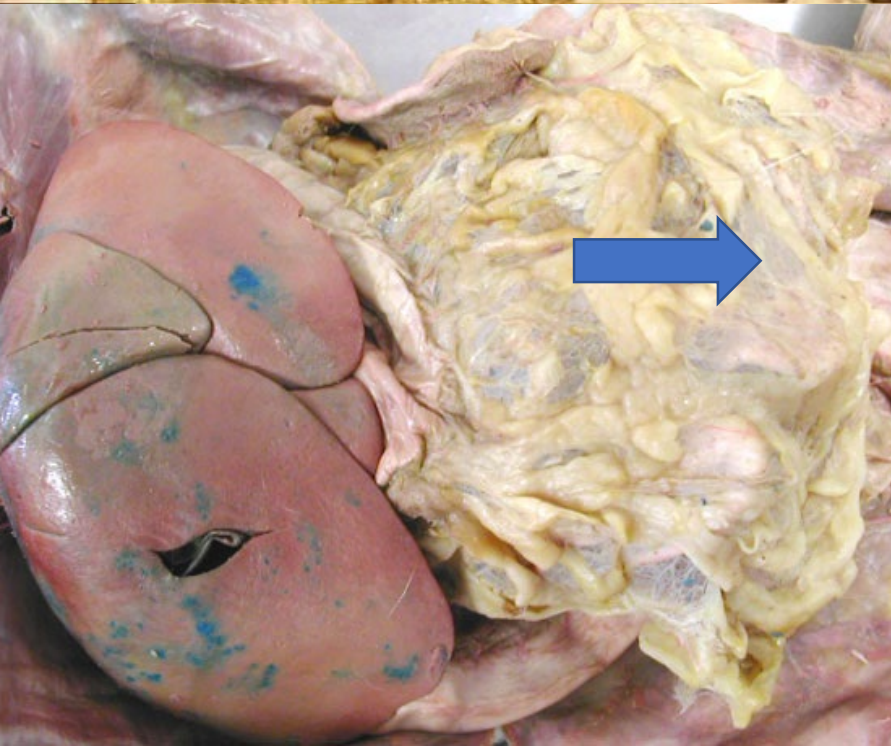
- Portal tracts are triangular to round structures which contain
- pre-terminal and terminal portal veins (arrowhead),
  - terminal branches of hepatic artery (arrow with tail),
  - and bile ducts (big arrow) embedded in fibrous connective tissue.
  - The adjacent hepatocytes are called peri-portal hepatocyte



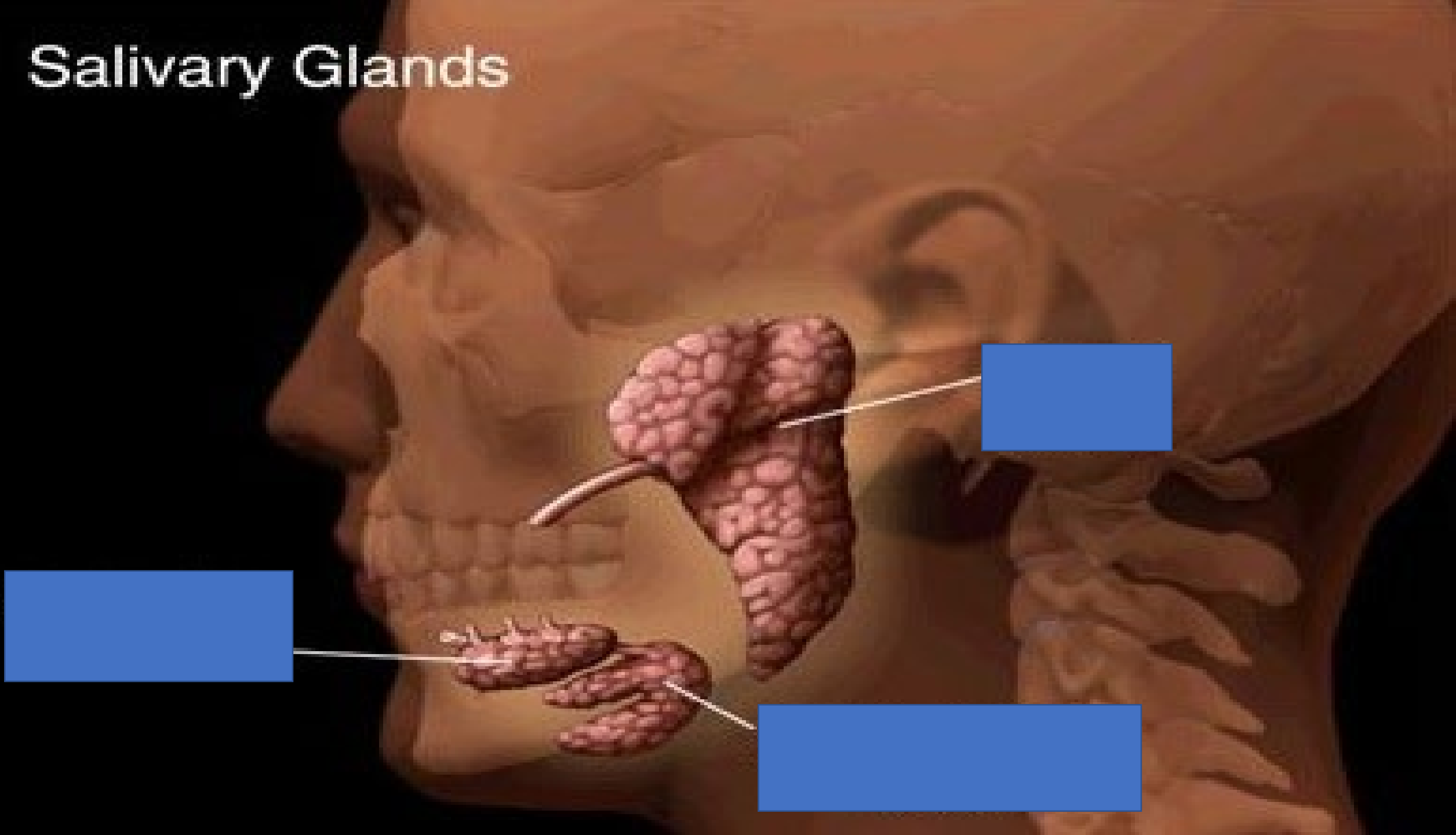




Great omentum or epiploon



# Salivary Glands

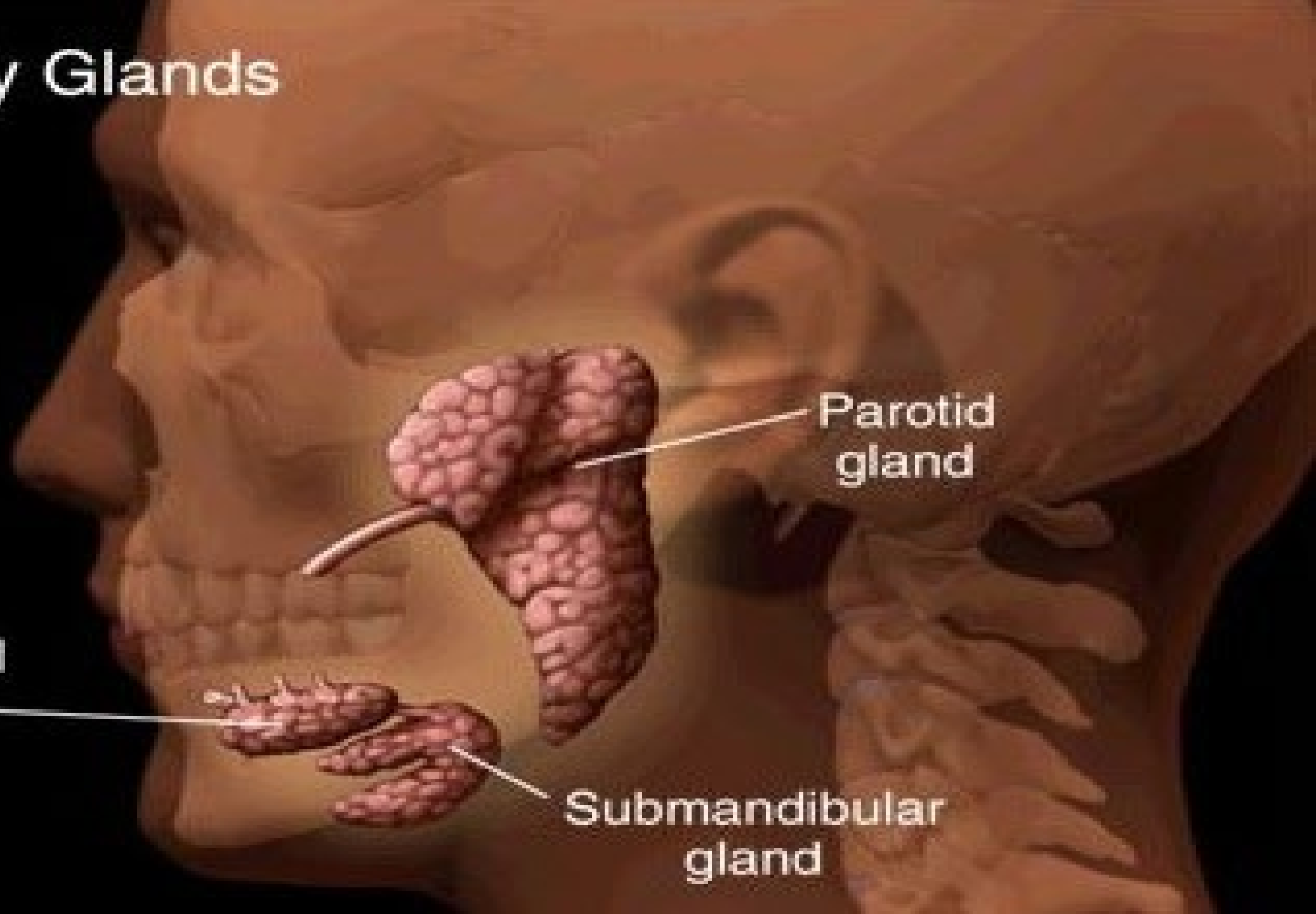


# Salivary Glands

Sublingual  
gland

Parotid  
gland

Submandibular  
gland



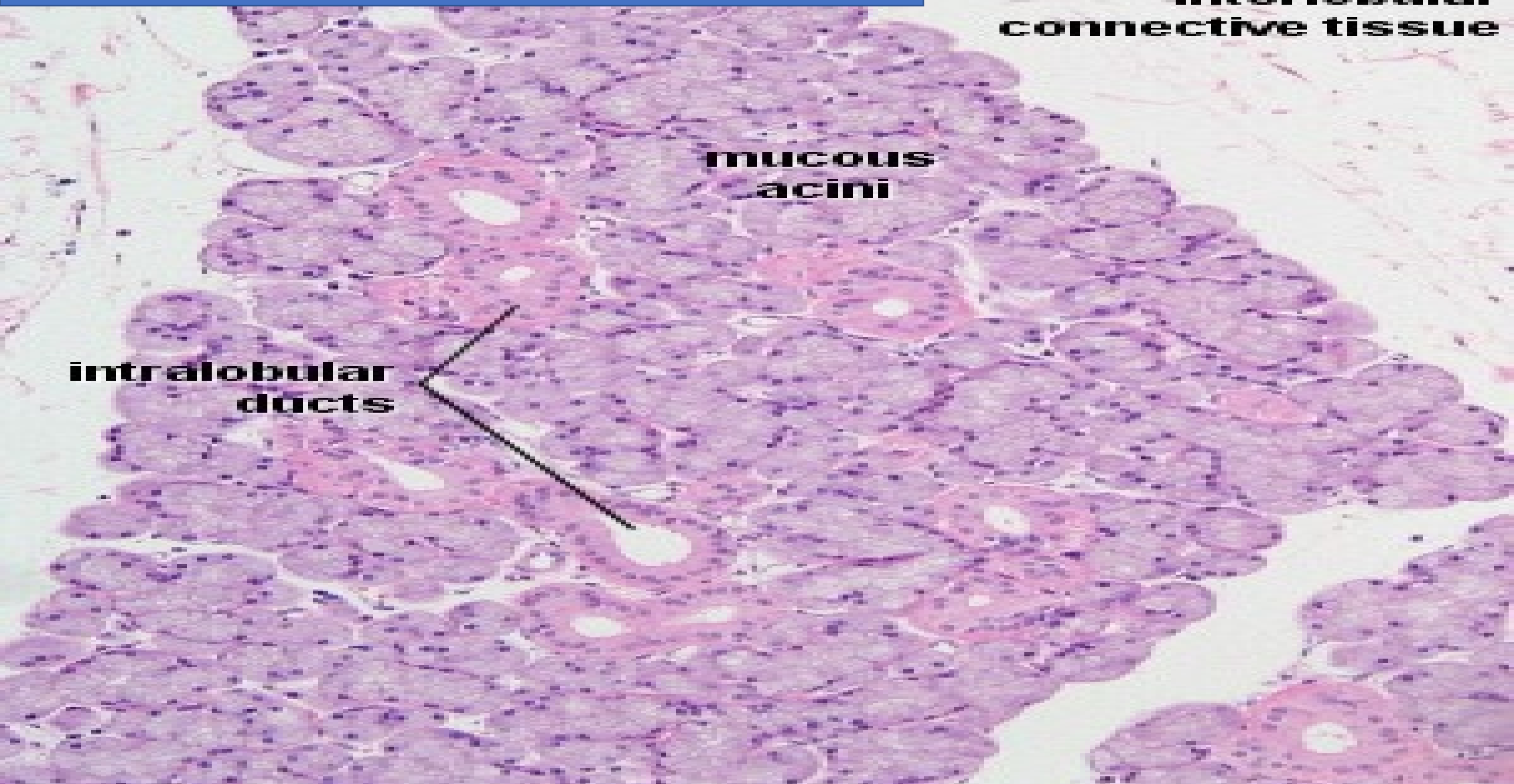




**interlobular  
connective tissue**

**mucous  
acini**

**intralobular  
ducts**

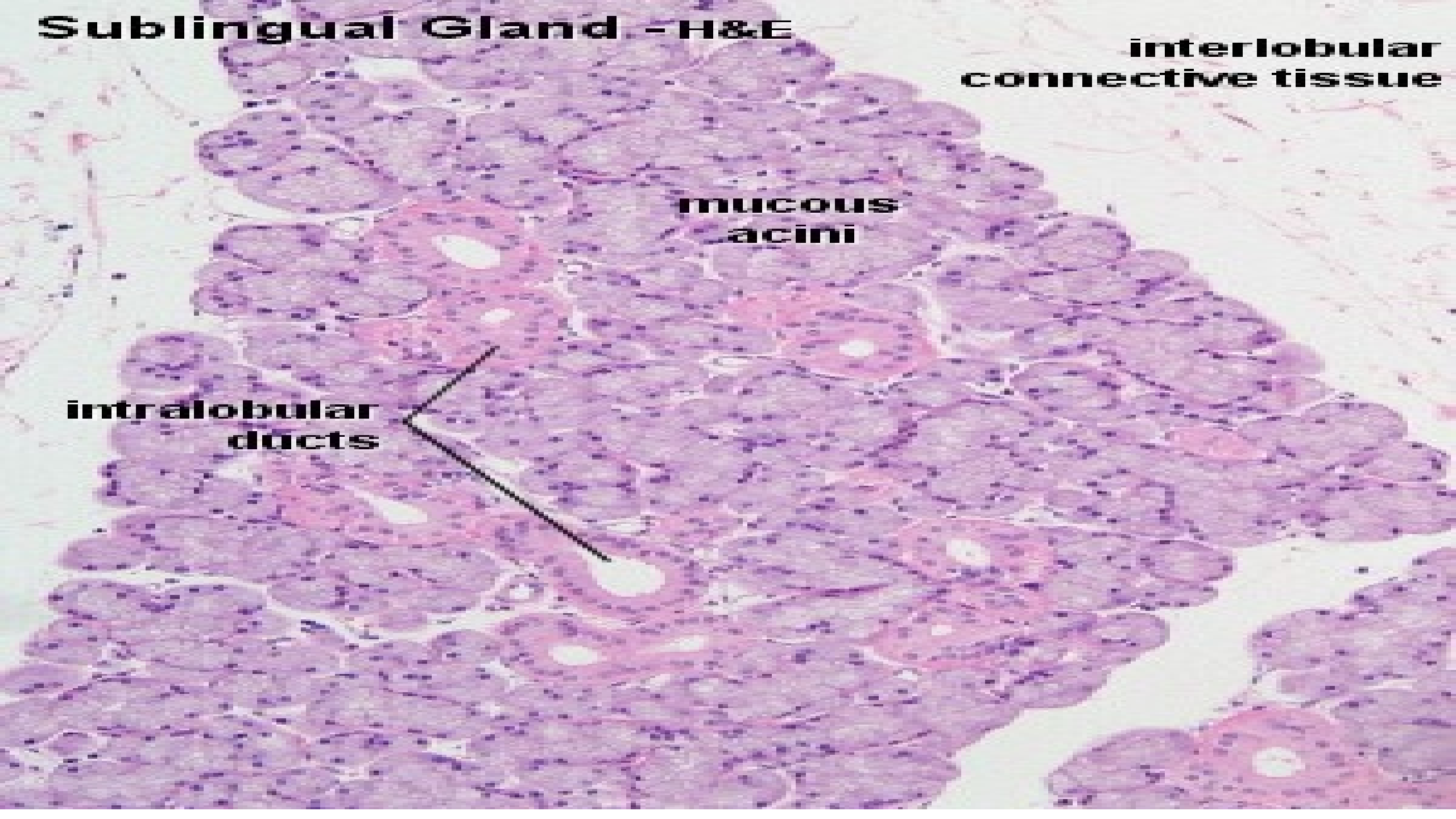


**Sublingual Gland - H&E**

**interlobular  
connective tissue**

**mucous  
acini**

**intralobular  
ducts**



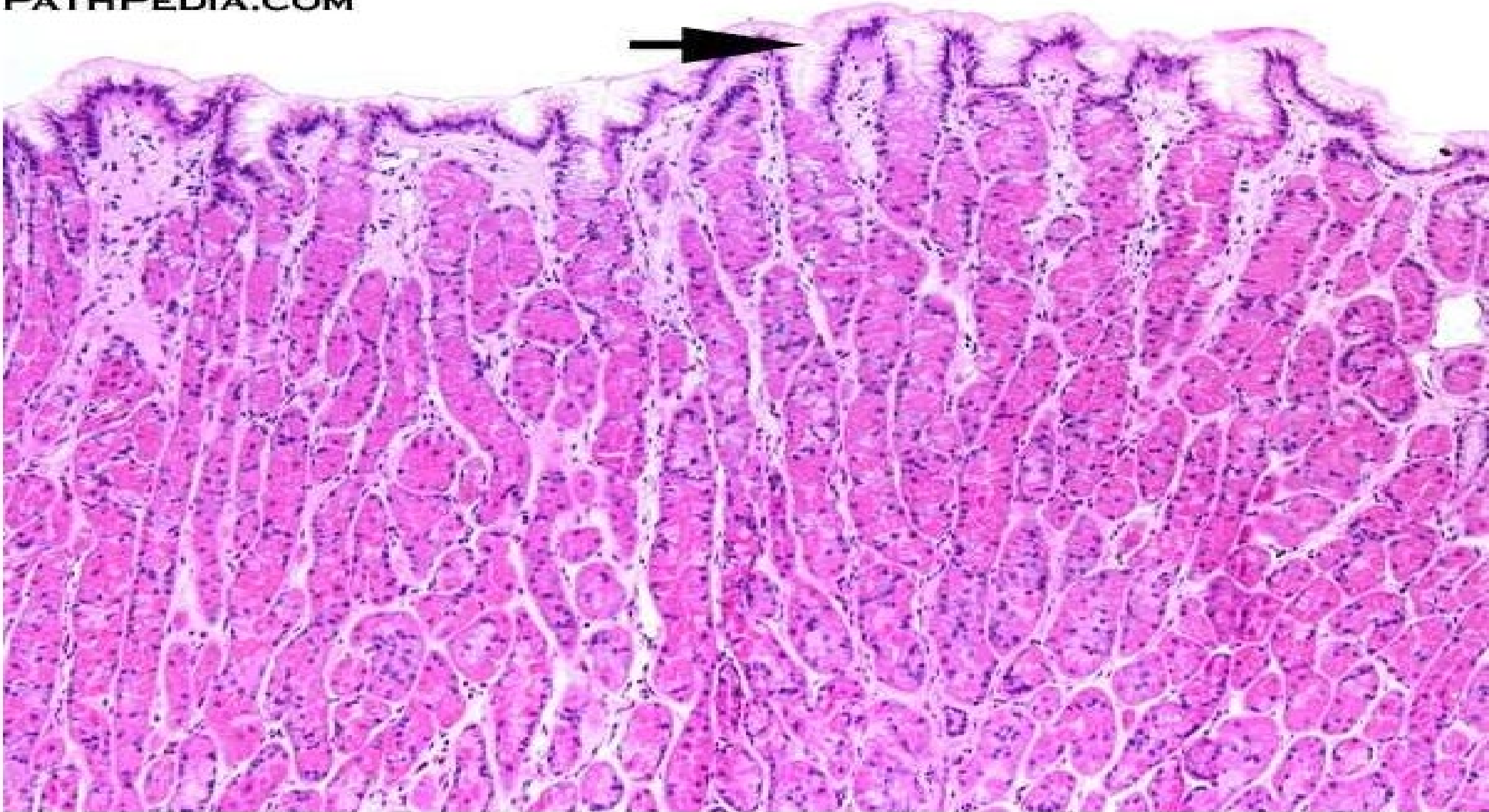


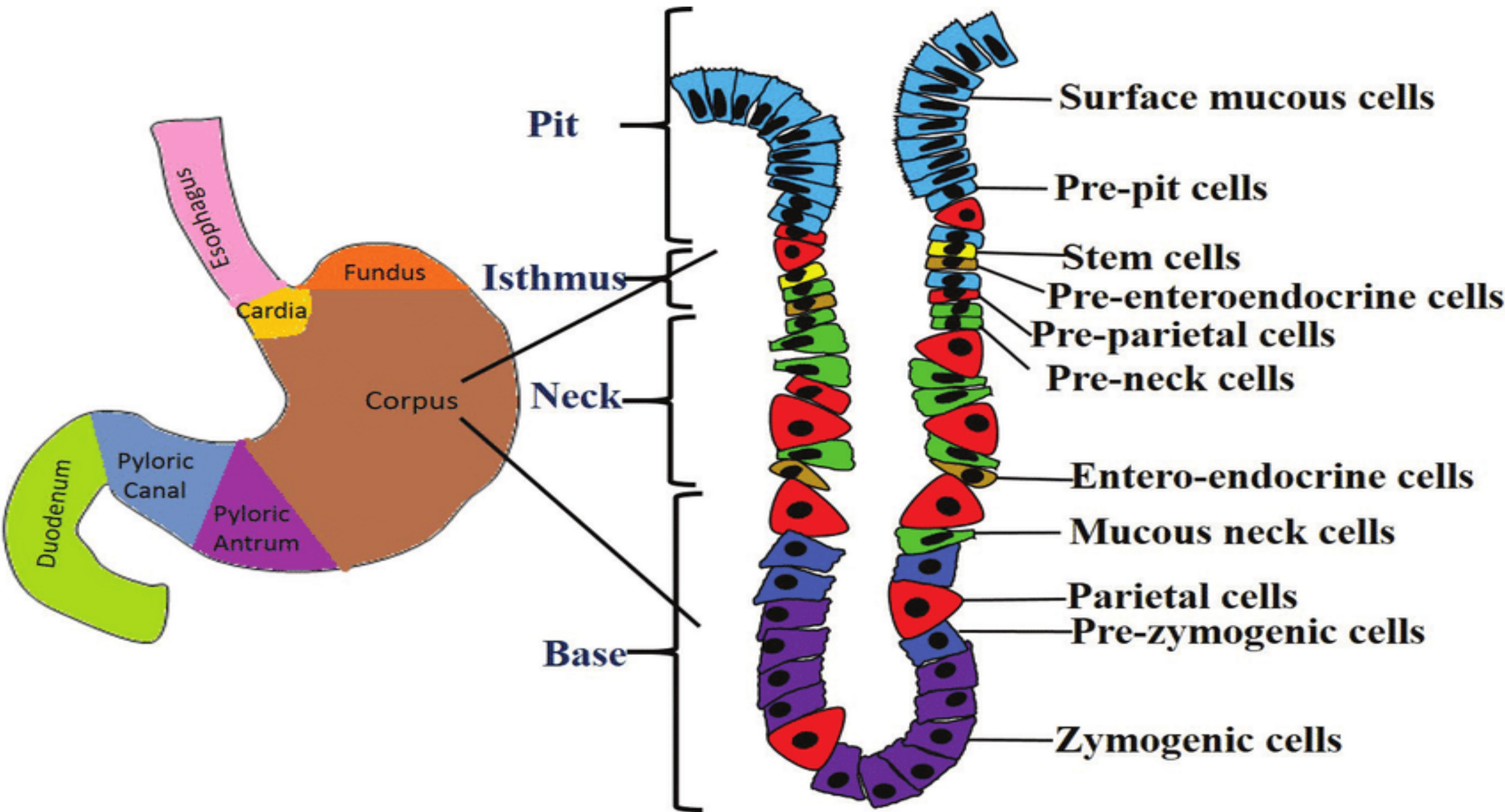




## ILEUM

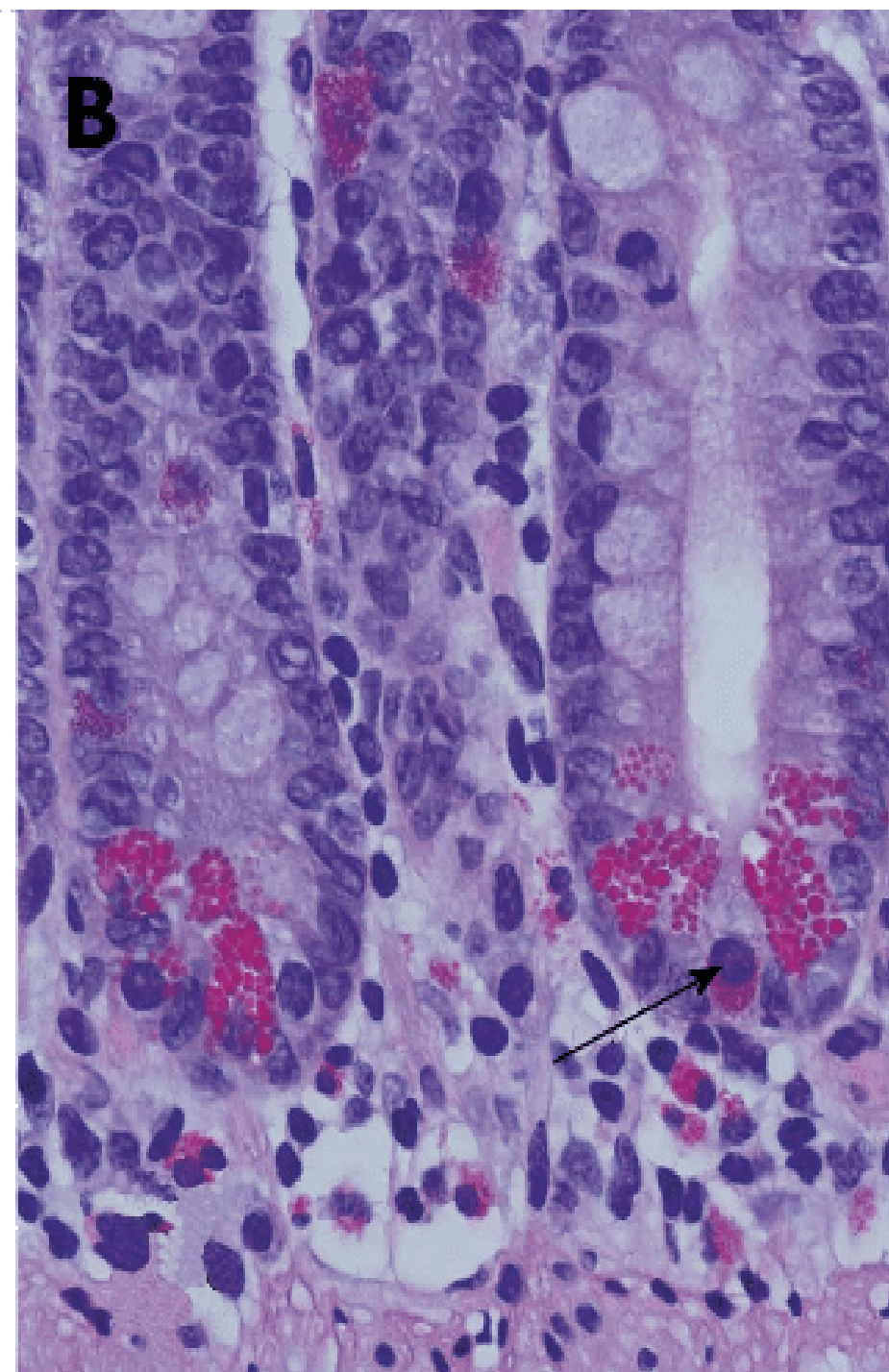
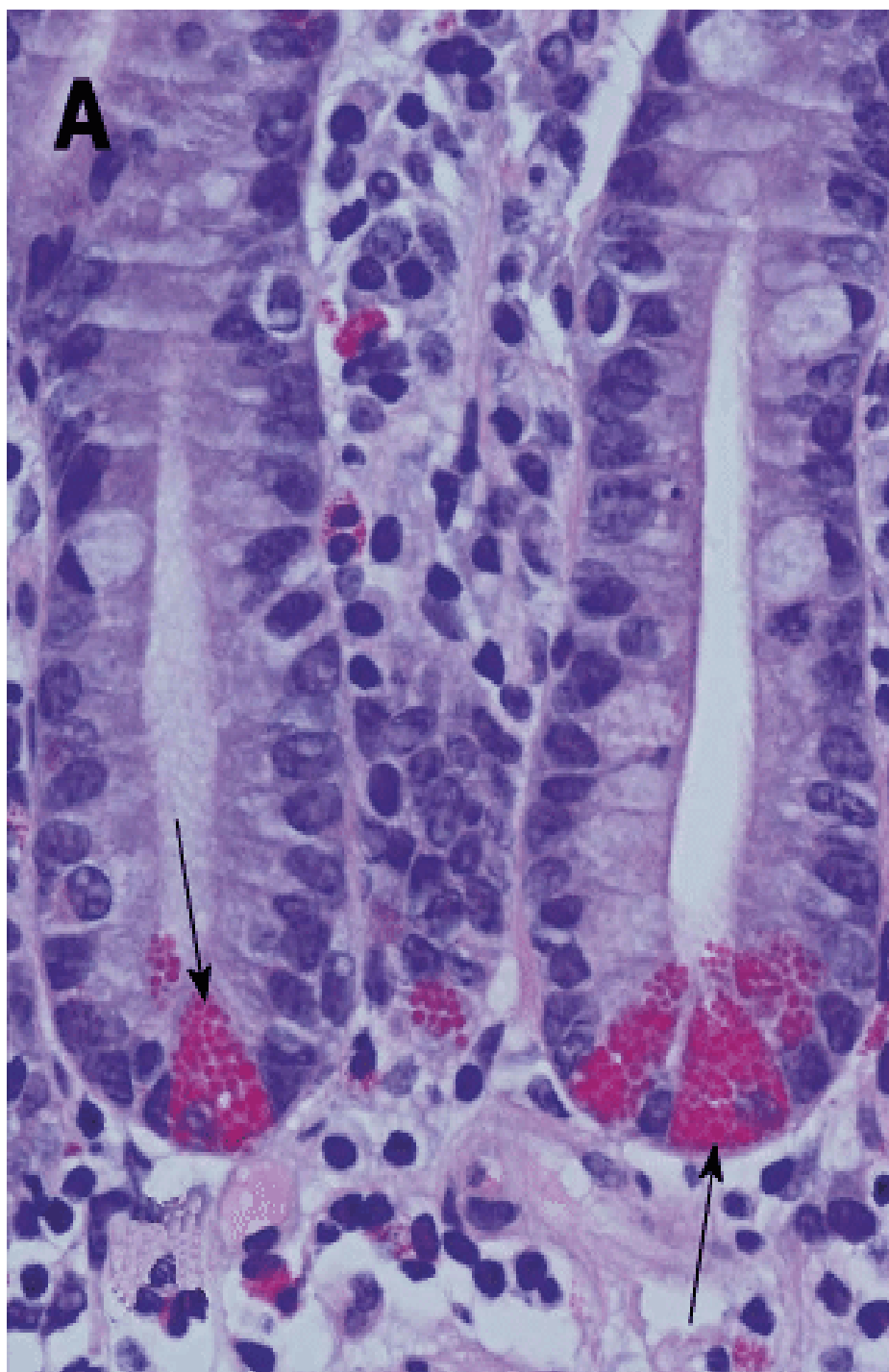
1. Villus
2. Lamina propria of a villus
3. Cluster of goblet cells
4. Intestinal gland
5. Submucosa
6. Peyer's patch





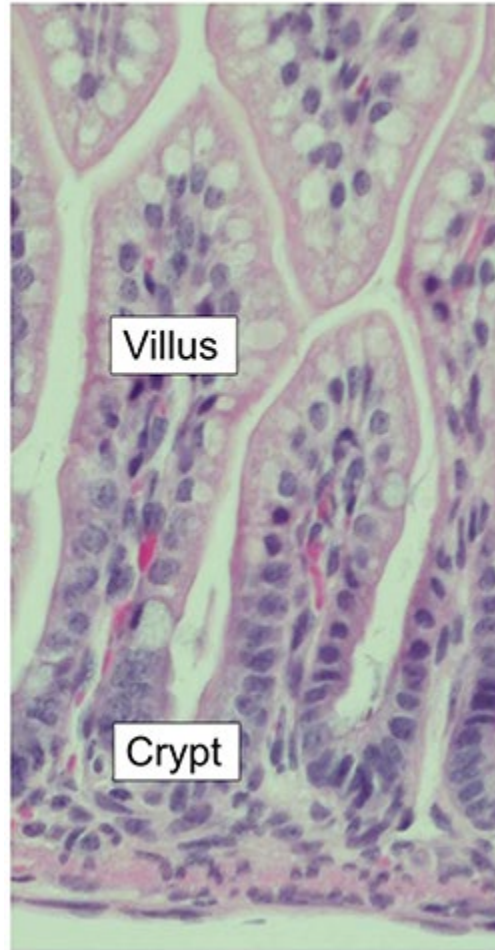


Paneth cells?

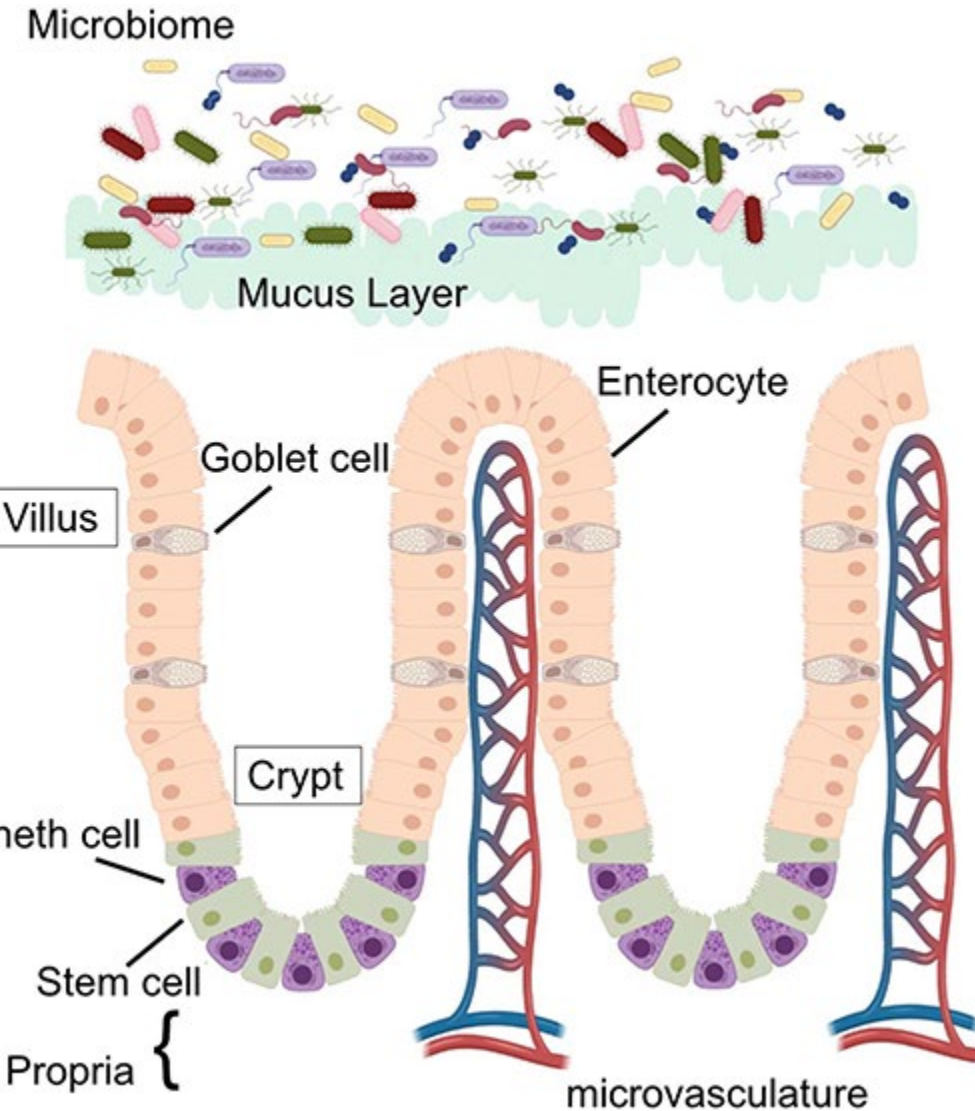


## Paneth cells

- located at the base of the crypts of Lieberkühn
- are pyramidal cells that secrete the antibacterial enzyme lysozyme stored in large, apical, membrane bounded Secretory granules.
- These cells also release other antibacterial agents, defensins and tumor necrosis factor ` and display extensive RER (basally), a large supranuclear Golgi complex, and many mitochondria.
- These agents have the capability of killing bacteria as well as certain protozoa.



} Lamina Propria {



MCQ AND OPEN QUESTION



## **Function ?**

- **Mucosa:**
- **Submucosa:**
- **Muscularis extena:**
- **Serosa:**

- **Mucosa:** Absorption.
- **Submucosa:** Vascular and lymphatic supply.
- **Muscularis extena:** Mechanical mixing, dissociation, and propulsion.
- **Serosa:** Protection

**Structurally, the mucosa has four adaptations that increase the absorptive surface area, what are they?**



**Structurally, the mucosa has four adaptations that increase the absorptive surface area, what are they?**

- **Plicae circulares (circular folds, or valves of Kerckring)**
- **Intestinal villi**
- **Intestinal glands**
- **Microvilli on the apical epithelium**

1. Describe the changes in epithelial structure at each of the following four junctions in the GI tract:

- gastro-esophageal
- gastro-duodenal
- ileo-cecal
- recto-anal

Gastro-esophageal: Simple columnar (Gastric) -> stratified squamous (esophagus).

Gastro-duodenal: Epithelial glands in mucosa (Gastric) -> Epithelial glands in sub-mucosa (Duodenum).

Ileo-cecal: Epithelium in villi (ileum) -> no villi (large intestine).

Recto-anal: Simple columnar (rectum) -> stratified squamous (anal)



What are the four types of gastrointestinal mucosa, and what are their key characteristics?

- Protective (stratified squamous epithelium),
- secretory (gastric glands),
- absorptive (villi and crypts),
- absorptive/protective (glands with many goblet cells).

What are the two plexuses of the enteric nervous system and which muscular layers do they control?



- Meissner's (submucosal) plexus controls the muscularis mucosa;
- Auerbach's plexus (myenteric) controls the muscularis propria.

Match the cell type with its secretion:

1. Goblet Cell	A. gastrin
2. Parietal Cell	B. histamine
3. Chief Cell	C. pepsinogen
4. G-cell	D. intrinsic factor
5. ECL Cell	E. mucous

- Goblet Cell: mucous,
- Parietal Cell: intrinsic factor,
- Chief Cell: pepsinogen,
- G-cell: gastrin,
- ECL cell: histamine.



A gastric biopsy is taken from a 42-year-old man. As the pathologist inspects the specimen, he observes numerous, normal cuboidal-to-columnar cells with apical membrane-bound secretion granules in the gastric glands. From which area of the stomach was the biopsy most likely taken?

- A. Cardiac region
- B. Columns of Morgagni
- C. Fundic region
- D. Greater omentum
- E. Pyloric region

Explanation:

A 36-year-old Asian male complains of difficulty swallowing. Esophagoscopy reveals a polypoid mass that is subsequently biopsied. In addition to tumor cells, the esophageal biopsy shows normal smooth muscle and striated muscle in the same section. Which portion of the esophagus was the source of this biopsy?

- A. Lower esophageal sphincter
- B. Lower third of the esophagus
- C. Middle third of the esophagus
- D. Upper esophageal sphincter
- E. Upper third of the esophagus

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Explanation:

The correct answer is C

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- B. Lower third of the esophagus
- C. Middle third of the esophagus
- D. Upper esophageal sphincter
- E. Upper third of the esophagus

The correct answer is C

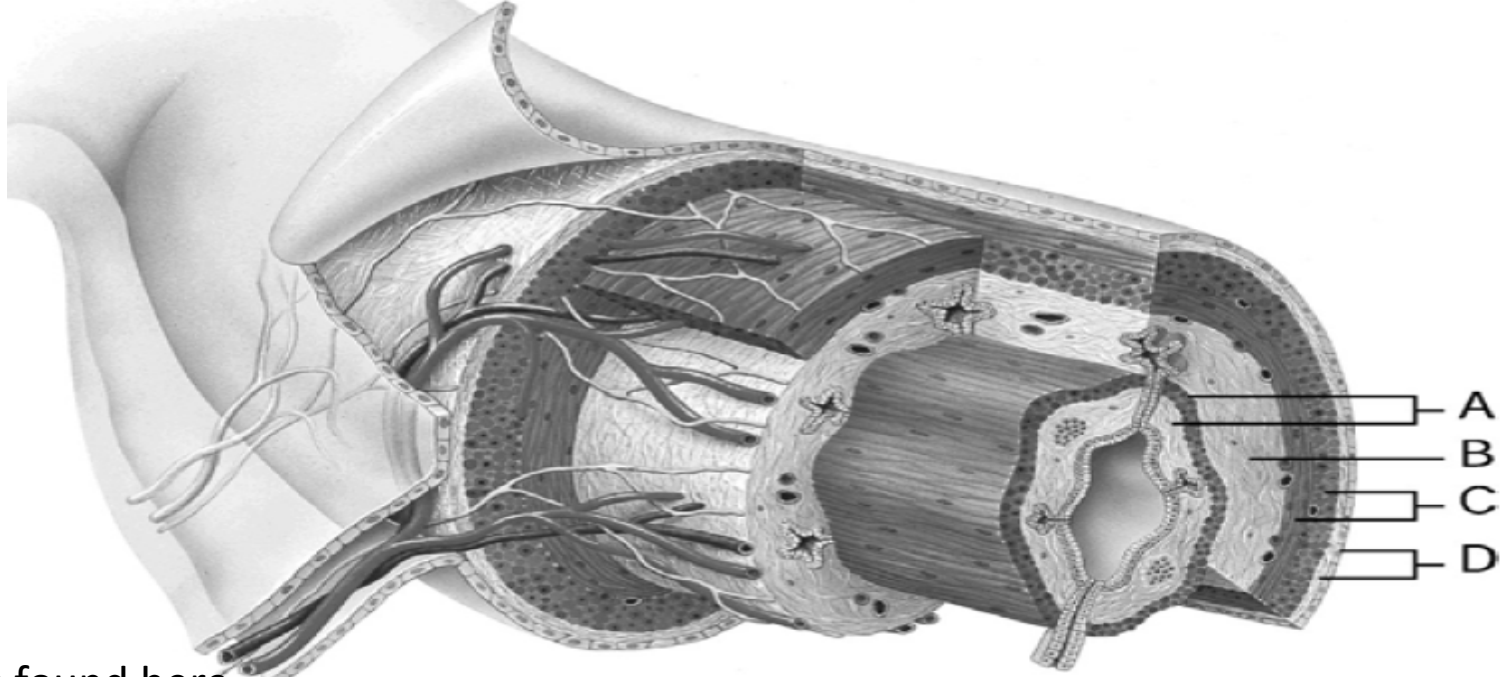
In which test tube would protein digestion occur at the highest rate?

1. Tube containing pepsinogen and salivary amylase
2. Tube containing pepsinogen
3. Tube containing HCl
4. Tube containing HCl and intestinal amylase
5. Tube containing HCl and pepsinogen



In which test tube would protein digestion occur at the highest rate?

1. Tube containing pepsinogen and salivary amylase
2. Tube containing pepsinogen
3. Tube containing HCl
4. Tube containing HCl and intestinal amylase
5. Tube containing HCl and pepsinogen



17/ Mucosa.

18/ Duodenal glands found here.

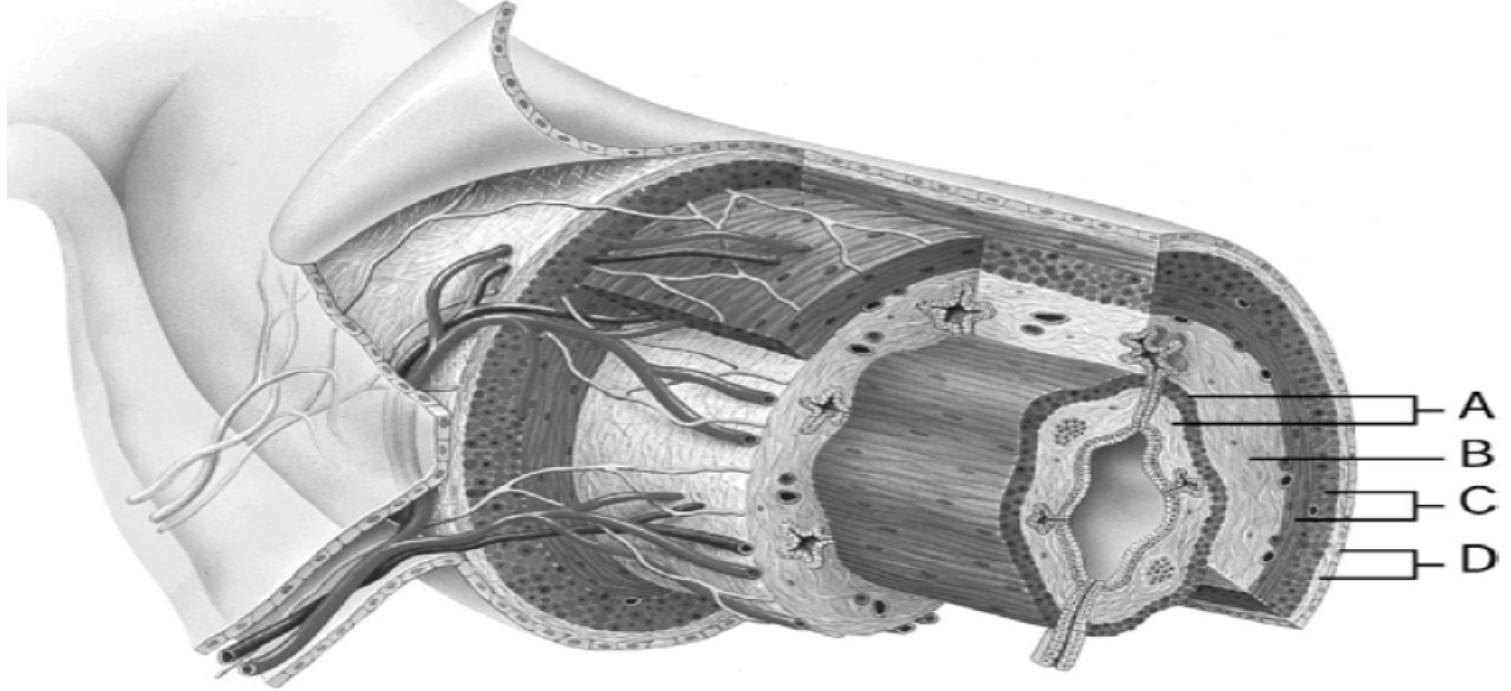
19/ Smooth muscle layer.

20/ MALT found here.

21/ Serosa.

22/ Area of the lamina propria.

23/ Continuation of the mesentery.



17/ Mucosa.

Answer: A

18/ Duodenal glands found here.

Answer: B

19/ Smooth muscle layer.

Answer: C

20/ MALT found here.

Answer: B

21/ Serosa.

Answer: D

22/ Area of the lamina propria.

Answer: A

23/ Continuation of the mesentery.

Answer: D



Gastric mucosal cells ?production?

## **Cell Types of Gastric Mucosa??**

**Body** of stomach contains?

**Antrum**

Gastric mucosal cells secrete **gastric juice**

**HCl** and **pepsinogen** initiate protein digestion

**Intrinsic factor** required for absorption of vitamin B<sub>12</sub>

**Mucus** protects gastric mucosa from HCl

## **Cell Types of Gastric Mucosa**

**Body** of stomach contains oxyntic glands

**Parietal cells** → HCl and Intrinsic Factor

**Chief cells** → Pepsinogen

**Antrum** of stomach contains pyloric glands

**G cells** → Gastrin *into the circulation*

**Mucous neck cells** → Mucus, HCO<sub>3</sub><sup>-</sup>, and Pepsinogen

1 Which of the following cell types is present in the small bowel and ascending colon but not in the descending colon?

- a Endocrine cells
- b Goblet cells
- c Paneth cells
- d Plasma cells
- e Eosinophils

2 Which of the following organs lacks lymphatic vessels in the lamina propria?

- a Esophagus
- b Stomach
- c Small bowel
- d Colon
- e All of the above

3 Which of the following choices correctly pairs the nerve plexi with their locations?

- a Meissner's plexus in lamina propria, Auerbach's plexus in submucosa
- b Meissner's plexus in submucosa, Auerbach's plexus in muscularis propria
- c Meissner's plexus in muscularis propria, Auerbach's plexus in muscularis mucosae
- d Meissner's plexus in muscularis mucosae, Auerbach's plexus in serosa
- e Meissner's plexus in serosa, Auerbach's plexus in lamina propria

4 Which of the following layers would be present in a mucosal biopsy?

- 1) Lamina propria
- 2) Muscularis propria
- 3) Epithelium
- 4) Serosa
- 5) Submucosa
- 6) Muscularis mucosae

- a 1, 3, 6
- b 2, 3, 5
- c 1, 2, 3, 5
- d 2, 4, 5
- e 3, 4, 5, 6



1 Which of the following cell types is present in the small bowel and ascending colon but not in the descending colon?

- a Endocrine cells
- b Goblet cells
- c **Paneth cells**
- d Plasma cells
- e Eosinophils

2 Which of the following organs lacks lymphatic vessels in the lamina propria?

- a Esophagus
- b Stomach
- c Small bowel
- d **Colon**
- e All of the above

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- a Meissner's plexus in lamina propria, Auerbach's plexus in submucosa
- b **Meissner's plexus in submucosa, Auerbach's plexus in muscularis propria**
- c Meissner's plexus in muscularis propria, Auerbach's plexus in muscularis mucosae
- d Meissner's plexus in muscularis mucosae, Auerbach's plexus in serosa
- e Meissner's plexus in serosa, Auerbach's plexus in lamina propria

4 Which of the following layers would be present in a mucosal biopsy?

- 1) Lamina propria
- 2) Muscularis propria
- 3) Epithelium
- 4) Serosa
- 5) Submucosa
- 6) Muscularis mucosae

a **1, 3, 6**

b 2, 3, 5

c 1, 2, 3, 5

d 2, 4, 5

e 3, 4, 5, 6

5 Which of the following cell types is not present in the body of the stomach?

a Parietal cells

b Chief cells

c Enterochromaffin-like cells

d Foveolar cells

e G cells

5 Which of the following cell types is not present in the body of the stomach?

a Parietal cells

b Chief cells

c Enterochromaffin-like cells

d Foveolar cells

e G cells



<b>Component</b>	<b>Source</b>	<b>Function</b>
<b>Hydrochloric acid (HCl)</b>		<p>Converts pepsinogen to pepsin; kills pathogens</p>
<b>Pepsinogen</b>		<p>Inactive form of pepsin</p>
<b>Pepsin</b>		<p>Protein-splitting enzyme</p>
<b>Mucus</b>		<p>Protects the mucosa</p>
<b>Intrinsic factor</b>		<p>Aids absorption of vitamin B12</p>
<b>Serotonin &amp; histamine</b>		<p>Autocrine regulators</p>
<b>Gastrin</b>		<p>Stimulates secretion of HCl and pepsin</p>

<b>Component</b>	<b>Source</b>	<b>Function</b>
<b>Hydrochloric acid (HCl)</b>	Parietal cells	Converts pepsinogen to pepsin; kills pathogens
<b>Pepsinogen</b>	Chief cells	Inactive form of pepsin
<b>Pepsin</b>	From pepsinogen in the presence of HCl	Protein-splitting enzyme
<b>Mucus</b>	Goblet cells	Protects the mucosa
<b>Intrinsic factor</b>	Parietal cells	Aids absorption of vitamin B12
<b>Serotonin &amp; histamine</b>	Argentaffin cells	Autocrine regulators
<b>Gastrin</b>	G cells	Stimulates secretion of HCl and pepsin